



SENIORS OF THE GROVE SEPTEMBER UPDATES

Accordion Fun Club

We'll begin the afternoon with the Lookout catering a delicious meatloaf meal. Next, enjoy the Accordion Fun Club, founded in 1991. Their mission is to entertain and have fun with the motto "We've got bellowhip"!

Come to hear accordions, a guitar, a tuba a garbage can bass and a washboard percussionist! There will be room to dance a polka if interested!

WHERE: Maple Grove Community Center

DATE: Thursday, September 15
TIME: Gather 11:30 a.m., lunch 12:00 p.m. with entertainment to follow.

COST: \$11.00

Register by September 12

Pre-registration required:
online (WebTrac), mail or in person

CONTACT INFORMATION

• Kris Orluck
763-494-6514
korluck@maplegrovern.gov

• Brenda Krapfl
763-494-6499



Monday Movies & Popcorn

All movies are shown at Arbor Lakes

Senior Living (12001 80th Ave N)
You must call Kris at 763-494-6514 or Brenda at 763-494-6499 for a reservation.
Show times are 9:30 a.m. & 12:30 p.m.

September 12 —
A WALK IN THE WOODS
(Robert Redford, Nick Nolte, Emma Thompson)
Comedy, Drama RATED R

September 26—
CONCUSSION
(Will Smith, Alec Baldwin)
Drama Rated PG13



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UTILITY MAILING VOLUNTEERS NEEDED

Thursday, September 8th at
9:30 a.m. at the Maple Grove Community Center

Tea on the Terrace

Where: MGCC

When: Monday, Sept. 19

Time: 1:00 pm—2:30 pm

Fee: \$5.00—tea & treats

RSVP to Kris at 763-494-6514 to reserve your seat. Reserve by Sept. 15. Space is limited.



Help is on the way if you need assistance with:

- ◆ Comparing various types of health insurance options.
- ◆ Sorting your medical and hospital bills.
- ◆ Figuring out

Help is here to walk you through the Medicare Maze! Get help with understanding your supplemental options.

Medicare or insurance forms.

- ◆ Dealing with a problem with your health insurance.

A health insurance counselor from Health Insurance



REGULAR HAPPENINGS AT SENIORS OF THE GROVE

Mondays

- Knitting Group, 12:00 p.m.
- Cribbage, 1:00 p.m.

Tuesdays

- Hand & Foot, 9:00 a.m.
- Duplicate Bridge, 12:00 p.m.
- Pinochle, 6:30 p.m.

- Mexican Train, 1:00 p.m.
- Woodcarving, 12:30 p.m.

Wednesdays

- Social Bridge, 12:30 p.m.
- 1st & 3rd Wed., Quilting, 9:30 a.m.
- 1st Wed. Book Club, 9:30 a.m.

Thursdays

- Mah Jong, 9:00 a.m.
- "500", 1:00 p.m.

Fridays

- Scrabble, 1:00 p.m.
- 2nd & 4th Fri., Bingo, 1:00 p.m.

Call Kris or Brenda with questions

Happy Feet



Routine feet care including a foot soak and massage - \$36.00.

2nd Thursday & 4th Monday monthly.

You MUST Call 763-560-5136 for an appointment.

Confused About Medicare?



BIKE GROUP FORMING!

Are you a biker (pedal) looking for others to explore with?

Interested in learning about a weekly biking opportunity? Join us for this informal meeting. We will plan a regular biking schedule and discuss trails and locations to ride. Please call Kris at 763-494-6514 to RSVP

Wednesday, September 7

9:00—10:00 am





**Arbor Lakes Common Fundraiser
Pie Social and Craft Sale**

September 10, 2016
11:00 a.m.—4:00 p.m.
8100 Main St
Come and have a slice of homemade pie, ice cream and beverage for a total price of \$5.00 per person. Some of the crafts are custom made jewelry, crocheted items, wreaths, flowers, embroidered dish towels, card making, wall hangings, burlap items, buffalo sausage and more...

Call Bev at 763-898-3040 with any questions.

Raffle prizes available worth \$25.00.

**COMPUTER USERS
GROUP**

“Ask Ray, The Computer Guy” Join in this group conversation. Bring your questions or problems. Have ideas or topics to explore? Ray is here to help! Ray is a computer Science graduate from the U of M and retired from the State Of Minnesota and is serving the public through his technology knowledge. Ray has knowledge in PC and Mac and he wants you to have peace of mind around your computer. www.raythecomputerguy.com

Monday, Sept. 5, 9:00— 10:00 am

FREE HEARING SCREENING

Hearing Health Clinic of Osseo will provide a FREE screening. All participants will receive an emailed copy of their hearing screening. At screening we can also look at hearing devices and do some onsite cleaning of aids.

Tuesday, Sept. 6, starting at 10:00 am, by appointment .



Upcoming Classes

Check out these Sept. Classes!

Mystery Writers Workshop: Learn secrets for crafting a perfect mystery. Thursday, Sept. 29 \$36 411306-01

The United Nations: This Great Decisions topic discusses the 70th birthday and the work that needs to yet be accomplished. Wednesday, Sept. 21, \$8 411305-01

View of Middle East: A historical look of the area with a focus on the two wars involving the US. Multiple sessions available. Pg. 43 Park & Rec Brochure

Civil War Stories: learn about interesting and little known facts, issues and stories that will inform and entertain. Mondays, Sept 12—Oct. 3 9:30—10:30 am 411318-01

Social Security Planning: Thrivent brings us this discussion on how to be savvy with your social security. Tuesday, Sept. 13 6:30—8:30 pm, 411320-19

These are a sampling of programs. For more of the program details refer to the Parks & Recreation Brochure, or call Kris at 763-494-6514.

**TRAVEL SHOW WITH CROSSPOINT
TOURS**

Tuesday, September 20
11:00—Noon

Hear about:

Dinner Theater Christmas Trip and 2017 including a Cruising on a Tall Ship in Feb. and Washington D.C.

RSVP to Kris at 763-494-6514

HEALTHY FALL!

Balance Clinic: Have your balance screened by Dr. Eva Norman, PT to ensure you continue to live an active and healthy life. Appt. needed 494-6514

Medication Use Safety Training: Take control by understanding how aging can impact medication. Free! Sept. 29 6:00—7:30 p.m. 411320—05

Vertigo: When Your World is Spinning: Join Kristi Feriancek, PT, DPT, CKTP a specialist in vertigo treatments and rehabilitations. Free, must register Sept. 28, 2:30—4:00 pm 411320-07

Hearing Solutions: Step-by-step solutions for anyone experiencing a hearing loss. (or someone in their life that is) Free, register. Sept. 6, 1:00—2:00 p.m. 411320-08

Caregiver and Family Support: This Alzheimer’s Association caregiver support group, conducted by a trained facilitator , is a safe place for caregivers and family of persons with dementia. Talk through issues and ways of coping, share feelings, needs and concerns. First Tuesday Monthly, Starting Sept. 6 , 6:00—7:00 pm. 411320-19

MAPLE GROVE COMPUTER EDUCATION, FALL 2016

MAPLE GROVE LEARNING CENTER Call Kris with questions 763-494-6514

Thanks to the Maple Grove Lion's Club, for the computers and touch screen monitors in our computer lab, running Windows 10 Operating System, and using Microsoft Office 365, Family Tree Maker 2013, Adobe Photoshop Elements 11, and Print Artist software

Course	Day / Time	Class Dates	Cost	Code
Introduction to Computers	Mondays, 9:00 – 11:30 am	Sept. 19 – Nov 7	\$60	411408-01
Genealogy (Family Tree)	Wednesday, 9:00 – 11:30 am	Sept. 21 – Nov. 9	\$60	411404-01
Excel	Mondays, 1:00 – 3:30 pm	Sept. 19 – Nov. 7	\$60	411401-01
Windows 10	Thursdays, 1:00 – 3:00 pm	Sept. 22 – Nov. 10	\$60	411411-01
Windows 10	Fridays, 9:00 – 11:30 am	Sept. 23 – Nov. 11	\$60	411411-02
FUN With Graphics	Fridays, 1:00 – 3:30 pm	Sept. 23 – Nov. 11	\$60	411403-01
Photoshop Elements	Tuesdays 1:00 – 3:30 pm	Sept. 20 – Nov. 8	\$60	411409-01
Google Chrome	Tuesdays, 9:00 – 11:30 am	October 4 & 11	\$15	411406-01
G-Mail	Tuesdays, 9:00 – 11:30 am	October 18 & 25	\$15	411405-01
EDGE on Windows 10	Thursdays, 9:00 – 11:30 am	Sept. 22 – Oct. 13	\$25	411407-01
Facebook	Thursday, 9:00 – 11:30 am	November 3	\$10	411402-01
Facebook	Thursday, 9:00 – 11:30 am	November 10	\$10	411402-02

INTRODUCTION TO COMPUTERS: This course is intended for beginner level users, or the novice who wants to learn the concepts of a computer and get hands-on experience. Learn about word processing, spreadsheet, database and e-mail and Internet applications. There are eight 2½ hour weekly lessons using Office 365.

GENEOLOGY, FAMILY TREE MAKER: Come learn the program *Family Tree Maker*, and how it can help you study your own roots. Spend time understanding research sites and techniques, and then apply your knowledge to the fabulous organization provided by Family Tree Maker! This class will give you the resources to search for your ancestors and create a family file, ancestor chart, descendant chart and more. **Prerequisite:** Introduction to Computers

EXCEL SPREADSHEETS, MICROSOFT OFFICE: Spreadsheets provide you with a variety of tools; Create mailing labels, maintain your household budget, track your investments, keep your checkbook, create an itemized list of your possessions. These and so many more reasons are why you want to learn Excel. **Prerequisite:** Introduction to Computers, or equivalent experience.

WINDOWS 10 OPERATING SYSTEM and FILE MANAGEMENT: Have you ventured into Windows 10? Thinking about making the change, or purchasing a new computer with this operating system? Need to understand apps, what the tiled desktop does, how to make your computer look and work the way you want it to? Customize your computer using Windows options for shortcuts, icons, taskbar, program menu, start menu and the desktop arrangement.

GRAPHICS: Create personalized greeting cards, unique signs, and attractive photo album pages. Learn to use the many capabilities of the surprisingly powerful Print Artist software. You will have step-by-step instructions for learning on your home computer. Have fun creating calendars, business cards, bookmarks, and single labels or whole sheets of labels **Prerequisite:** Introduction to Using Your Computer and precision in using a mouse. We'll teach you the rest.

PHOTOSHOP ELEMENTS: Step-by step, learn the basics of Photoshop Elements software (version 13). Transfer photos to the classroom computer from your own digital camera or file. Tag, move, organize find and improve selected photos. Experience the satisfaction of learning how to straighten and crop, repair damaged and faded photos, move an object from one photo to another, and create a high quality print.

GOOGLE CHROME: Search the internet the fast and easy way with Google Chrome's free web browser. Google Chrome works on the personal computers, Mac computers and mobile devices. Using Google chrome on a personal computer, you will search the internet using voice recognition, create and organize bookmarks into folders, do tab browsing, set the homepage, view you history and learn about the privacy features. You'll also get to learn to sync your bookmarks to your other computers and mobile devices.

Gmail: Gmail is a popular web based email service provided by Google that works on personal computers, Mac computers and most mobile devices. Working on a personal computer you will learn how to compose, send and respond to emails, then explore Gmail's features for managing your email. Some of the features covered are setting up a Gmail account, sending attachments, forwarding, creating contacts, setting privacy rules, organizing email and more.

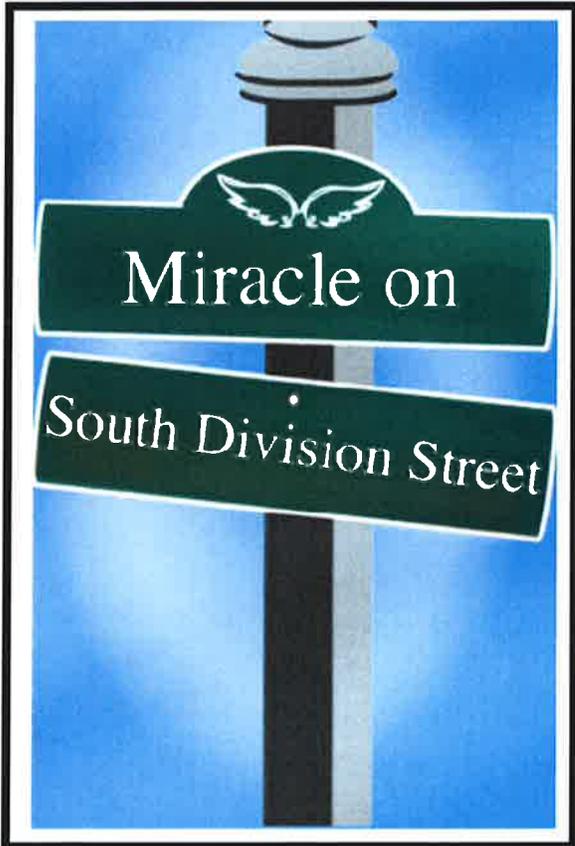
EDGE ON WINDOWS 10: Explore the new features of the web browser Microsoft Edge for Windows 10. Features such as Cordana (a virtual assistant), Reading view, web note and importing bookmarks. Some other topics covered are: how to locate websites of interest to adults, create and organize favorites, view and delete browsing history, use tabs an shortcuts, change your home page, add other search engines, download pictures from the internet and print only selected information.

FACEBOOK: Wondering what all the conversation is about? Just starting or wanting to learn how to do more with your Facebook account? We will cover starting a Facebook account, security measures to take, settings and notifications, finding friends, posting comments, adding pictures, creating an event and more. Bring your questions!

Join Fifty-Five Forward

Miracle On South Division Street

Day Trippers at Bloomington Eagles Club



Start your afternoon out with a delicious lunch including Swedish Meatballs, Chicken Kiev, House Green Salad, Minnesota Macaroni Salad (with peas, cheese and onions), Rice, Rolls and Butter, Mandarin Orange Cake and Coffee or Tea. Following lunch you will enjoy a hilarious and heartfelt play about a “miracle” in the family barbershop. An *All in the Family*-esque comedy delivering a solid message on faith, why we believe what we believe, and how we can adjust to life’s surprises. A family comedy, based on a true story. Meet the Nowaks – a Catholic family living in Buffalo. Clara and her three grown children have always known they were special, ever since the miraculous night in 1942 when the Blessed Mother appeared to grandpa in his barbershop. Since then, the neighborhood has looked upon the Nowak’s 20 foot high commemorative shrine as a beacon of hope and faith in the town. But when daughter Ruth unveils her plan to write a play about the miracle, a long-ago deathbed confession reveals that the family is actually Jewish... and the legend hilariously unravels.

Friday, September 16, 2016	Bus leaves MGCC at 11:30 AM; Returns approx. 4:30 PM	Cost:\$48.00: Includes lunch, show and motor coach
Last day to Register or Cancel: September 2, 2016		

‘Miracle on South Division Street’
Day Trippers Dinner Theatre /Bloomington Eagle Club
Code: 411801-01

Name _____ Telephone _____
Address _____
Email Address _____

Enclosed \$48.00 and registration information for each individual registering.

Mail to: Maple Grove Parks & Rec., 12951 Weaver Lake Rd., Maple Grove, MN 55369

Questions? Kris / 763-494-6514 or Brenda / 763-494-6499

Join Fifty-Five Forward

A DAY AT THE VILLA



SOVEREIGN
WACONIA
MINNESOTA *Estate*

Escape the city for the closest thing to Tuscany, the beautiful Sovereign Estate Winery in Waconia welcomes us with wine tasting of five of their top delicious wines along with cheese and crackers. Next, let's have a vineyard and winery tour with Isaac Savaryn and Ben Banks, they wineries top experts! A delicious Chicken parmesan meal complete with your choice of a glass of wine, sangria, beer or soda and a delectable dessert will be served in the lovely tent pavilion! After lunch have time to stroll in Mary's garden or check out the gift store. Plan to stop at the Deardorf Orchard and Parley Lake winery store on the way home! If the season goes as planned they may even have the Honeycrisp apples in stock!



When: Thursday, September 22, 2016
Where: Bus leaves MGCC at 9:30 AM;
Returns approx. 4:00 PM
Cost: \$74.00 Includes; Wine Tastings, Tour,
Lunch, and Motor Coach Bus
Last day to Register: September 14, 2016

A Day at the Villa
Thursday, September 22, 2016
Code: 411801-02

Name _____ Telephone _____
Address _____
Email Address _____

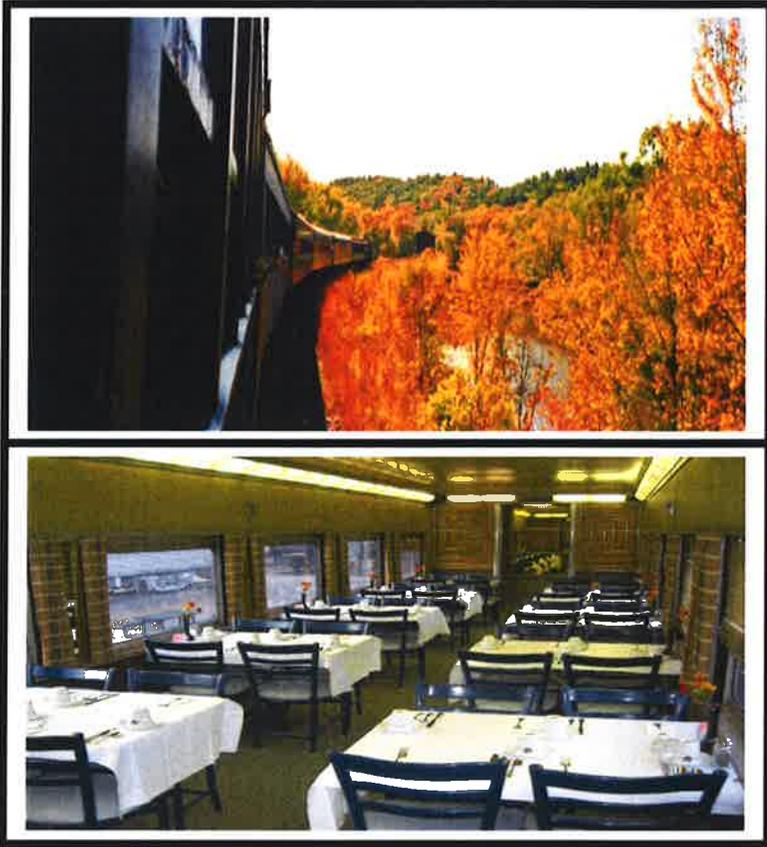
Enclosed is \$74.00 with registration form for each individual registering.
Mail to: Maple Grove Parks & Rec., 12951 Weaver Lake Rd., Maple Grove, MN 55369
Questions? Kris, 763-494-6514 or Brenda, 763-494-6499



Join Fifty-Five Forward

St Croix Valley Lunch Train

Lunch and Riding the Rails!



Hear the clickity-clack and enjoy the fall colors with a ride on the rails with Osceola & St Croix Valley Dinner Train in grand old railroad tradition, while traveling down the St Croix Valley. We will enjoy all the sensations of a bygone era from the vintage turn-of-the-century railcar or in the air-conditioned comfort of a modern streamliner. Take in the stunning vistas of Bridal Veil Falls, Buttermilk Falls and the Cedar Bend Drawbridge while enjoying a delicious lunch of ham, potatoes, served on china & fine linen with an absolutely delightful dessert that will complete this charming lunch! Fee includes train ride, lunch, tip and motorcoach bus.

<p>Wednesday, October 12, 2016</p>	<p>Bus leaves MGCC at 10:30 AM; Returns approx. 3:15 PM</p>	<p>Cost: \$62.00; Includes; Train ride, Lunch, Tip and Motor coach</p>
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Last day to Register or Cancel: September 28, 2016



Osceola and St Croix Train Brunch, Thursday, October 12, 2016
Code: 411801-04

Name _____ Telephone _____
 Address _____
 Email Address _____



Enclosed \$62.00 with registration information for each individual registering.
 Mail to: Maple Grove Parks & Rec., 12951 Weaver Lake Rd., Maple Grove, MN 55369
 Questions? Kris / 763-494-6514 or Brenda / 763-494-6499



The best dining experience in the Lakes Area.

PRAIRIE BAY GRILL & CATERING IS DISTINCTIVE IN PROVIDING OUR GUESTS WITH THE HIGHEST QUALITY, FRESHEST INGREDIENTS AND EXCEPTIONAL SERVICE.



Geritol Frolics

The Geritol Frolics is a musical variety show presented in vaudeville fashion by talented performers over age 55 from around the Brainerd Lakes area.

Originally created as a means of promoting involvement of seniors in community theatre the show has become an entity in its own right delighting audiences with a fast-paced show of song, dance and comedy. Since 2004 the show has played to over 25,000 people from the five state region, many of whom have come by chartered tours. The Franklin Arts Center provides an ideal venue for these energetic performers who stage eight performances each October and who look forward to entertaining you. We think you will leave with a smile on your face and in your heart singing our theme song...

“YOU’RE AS YOUNG AS YOU ACT, YOU’RE AS YOUNG AS YOU FEEL!”

Before we leave the Brainerd area, let’s stop for a delicious seasonal buffet at Prairie Bay, including beef brisket and ¼ roasted chicken as the entrees. Chef Matt loves food, whether cooking, serving, eating, or just talking about it. Food is his profession and passion and Matt’s rapport with 40 local farmers allows him to use as much local product as he can! So, don't miss this adventure northbound!

LAST YEAR WAS A SUCCESS! SO, WE ARE MAKING THE TRIP AGAIN! BE SURE TO JOIN US!

Thursday, October 27
Bus leaves MGCC at Noon
Returns approx. 8:30 PM
Cost: \$67.00 Includes;
Show, Dinner and motor coach
Last day to register is:
October 1, 2016



Geritol Frolics in Brainerd
Thursday, October 27, 2016
Code: 411801-06

Name _____
Telephone _____
Address _____

Email Address _____

Enclosed \$67.00 and registration information for each registrant.

Mail to: Maple Grove Parks & Rec.,
12951 Weaver Lake Rd., Maple Grove, MN 55369
Questions? Kris, 763-494-6514 or Brenda, 763-494-6499

Treasure Island & Spirit of The Water



Sprit of the Water



Beautiful Views



Treasure Island

Enjoy some time gaming at **Treasure Island Casino**, and then sit back and enjoy a leisurely cruise and delicious lunch as the autumn colors surround you. Come aboard the **Spirit of the Water** and enjoy a unique experience cruising the beautiful Mississippi River! Enjoy a buffet luncheon including grilled flank steak, roasted chicken, salad, potatoes and cookies. Register early, it fills fast!

NOTE: walking required to the boat landing. Fee includes buffet, cruise and bus.
**Special Registration Note: When you register, you will be asked to provide your Casino Card number or birthdate. When you provide this information you are giving Maple Grove Parks and Recreation permission to share your name, address and birthdate (private data) with the casino.*

You are welcomed to sign up for the trip and decline to provide permission; however, doing so will eliminate the free bus ride.

<p>Monday, October 24, 2016</p>	<p>Bus leaves MGCC at 7:30 AM; Returns approx. 5:30 PM</p>	<p>Cost: \$40.00 Includes: Cruise, Lunch, Casino and Motor coach</p>
<p>Last day to Register or Cancel: October 3, 2016</p>		

Monday, October 24, 2016, 'Treasure Island & Spirit of the Water

Code: 411801-05



Name _____ Telephone _____

Address _____

Email address _____

TI Number or Birthdate _____ Enclosed \$40.00 with each registrants information.

Mail to: Maple Grove Parks & Recreation Dept., 12951 Weaver Lake Rd., Maple Grove, MN 55369

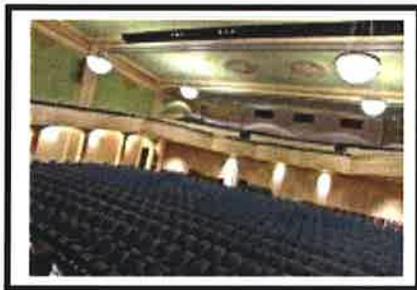
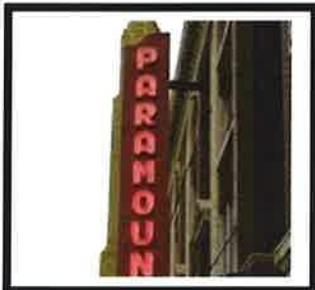
Questions? Kris, 763-494-6514 or Brenda, 763-494-6499

(All information needed for each participant attending, please use a separate sheet of paper if needed.)

TRIPLE ESPRESSO AT ST CLOUD PARAMOUNT



Start the day with a delicious three entrée buffet with fresh popovers at Coyote Moon Grille. Then, let's move onto the beautiful PARAMOUNT THEATRE IN DOWNTOWN ST CLOUD!



Although it was not the first theatre of its kind in St. Cloud, it was said to be the grandest, with seating for 1,700, a decorative lobby and foyer, a majestic theatre organ, and a stage to accommodate large sets. The Sherman Theatre (originally named after well-known Minneapolis motion picture executive Harry A. Sherman) was renamed the Paramount in 1930 when the theatre underwent its first renovation, adding sound equipment to accommodate the new "talkies" and featuring a new marquee. The Paramount, like so many theatres of its stature, played an integral role in helping the citizens of Central Minnesota through the Great Depression and WWII. After the war, the Paramount was remodeled once again to further improve the acoustics and to change the marquee to its present form.



FINALLY – AFTER SEVEN YEARS! TRIPLE ESPRESSO IS RETURNING TO THE PARAMOUNT! But, first let's enjoy a delicious three entrée buffet with fresh popovers at Coyote Moon Grille located at the Territory Golf Club in St. Cloud among its distinctive Minnesota lodge-style architecture overlooking the beautiful course and wetland valley. Next, we will move onto the beautiful Paramount Theatre for Triple Espresso with the irresistible story of a comedy trio going for their big break, only to have their hopes dashed over and over on the rocks of one magnificently funny failure after another. Hugh, Buzz and Bobby reunite for a hilarious afternoon of music, magic and mega-laughs in this audience favorite that appeals to everyone from 6 to 106! "The essence of comedy" says the Minneapolis Star Tribune. The laughter is infectious, so kickback and enjoy the show.

Thursday, November 10, 2016
Bus leaves MGCC at 9:45 a.m.
Returns approx. 5:00 p.m.
Cost: \$49.00 Includes; buffet, Show and Motor coach bus
Last day to register is: October 7, 2016

**'Triple Espresso' & Coyote Moon Grille
Thursday, November 10, 2016**

Code: 411801-07

Name _____ Telephone _____

Address _____

Email Address _____

Enclosed \$49.00 with information for each registrant.

Mail to: Maple Grove Parks & Rec., 12951 Weaver Lake Rd., Maple Grove, MN 55369

Questions? Kris, 763-494-6514 or Brenda, 763-494-6499



September 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4	5 	8:30 – 12 Tai Chi 9:00 Hand & Foot 9:00 – 11:00 Line Dancing 9:00 – 11:00 Yoga 10:00 Hearing Screen 12:00 Dup. Bridge 12:30 Woodcarvers 1:00 Mexican Train 6:00 Caregiver Support Grp 6:30 Pinochle	7:57 Nordic Walking 9:00 Crafters 9:00 Quilting 9:00 Biking Group Meet 9:30 Book Club 9:30 Strengthening 10:30 Chair Yoga 11:30 Church Basement Trip 12:30 Bridge	8 9:00 Mahjongg 9:00 Happyfeet 9:00 – 11:00 Yoga 9:00 Utility Mailing 12:00 ACBL Bridge 12:30 Health Ins Help 12:30 MHSRC 4 Hr Refresh 1:00 500 4:00 Shibatchi Tai Chi 1 & 6 Oil Ptg	9 1:00 Scrabble 1:00 BINGO	10
11	12 9:00 Ask Ray Comp Users Group 9:30 & 12:30 Movies 9:30 Civil War Stories 12:00 Knitters 1:00 Cribbage	13 8:30 – 12 Tai Chi 9:00 Hand & Foot 9:00 – 11:00 Line Dancing 9:00 – 11:00 Yoga 9:30 Yoga 12:00 Dup Bridge 1:00 Mexican Train 5:30 MHSRC 4 HR Refresh 6:30 Pinochle	14 7:57 Nordic Walking 9:00 AARP Refresher 9:00 Crafters 9:00 Biking 12:30 Bridge 9:30 Strengthening 10:30 Chair Yoga	15 9:00 Mahjongg 9:00 – 11:00 Yoga 11:30 Lunch & Entertain 1:00 500 1 & 6 Oil Ptg 4:00 Shibatchi Tai Chi 6:30 Protect Legacy	16 9:30 Writing Group 11:30 Miracle on So Division St Trip 1:00 Scrabble	17
18 Start Computer Classes ↑	19 8:00 Arthritis Swim 9:00 Happyfeet 9:30 Civil War Stories 12:00 Knitters 1:00 SwimFitness 1:00 Tea 1:00 Cribbage	20 8:00 SwimFitness 8:30 – 12 Tai Chi 9:00 Hand & Foot 9:00 – 11:00 Line Dancing 9:00 – 11:00 Yoga 9:00 – 11:00 Hockey Skate 10:00 View of Middle East 12:00 Dup Bridge 12:30 Woodcarvers 1:00 Mexican Train 6:30 Pinochle	21 8:00 SwimFitness 7:57 Nordic Walking 9:00 Quilting 9:00 Crafters 9:00 Biking 9:30 Strengthening 10:30 Chair Yoga 9:30 Great Decisions 12:30 Bridge 1:00 SwimFitness	22 8:00 SwimFitness 8:30 MHSRC 4 HR Refresh 9:00 Mahjongg 9:00 – 11:00 Yoga 9:30 Day at Villa Trip 12:00 ACBL Bridge 1:00 500 1 & 6 Oil Ptg 4:00 Shibatchi Tai Chi	23 8:00 Arthritis Swim 1:00 Scrabble 1:00 BINGO	24 9:00 AARP 8 Hour Driving
25	26 8:00 Arthritis Swim 9:00 Happyfeet 9:30 & 12:30 Movies 9:30 Civil War Stories 9:30 Color Me Happy 12:00 Knitters 1:00 SwimFitness 1:00 Cribbage	27 8:00 SwimFitness 8:30 – 12 Tai Chi 9:00 Hand & Foot 9:00 – 11:00 Yoga 9:00 – 11:00 Hockey Skate 12:00 Dup. Bridge 12:30 Woodcarvers 1:00 Mexican Train 6:30 Pinochle	28 8:00 SwimFitness 7:57 Nordic Walking 9:00 Crafters 9:00 Biking 9:30 Strengthening 10:30 Chair Yoga 12:30 Bridge 1:00 SwimFitness 2:30 Vertigo	29 8:00 SwimFitness 9:00 Mahjongg 9:00 – 11:00 Yoga 12:00 ACBL Bridge 1:00 500 1:00 Mystery Writers Wksp 1 & 6 Oil Ptg 4:00 Shibatchi Tai Chi 6:00 Medication Use Safely	30 8:00 Arthritis Swim 10:00 Balance Clinic 1:00 Scrabble	