



SENIORS OF THE GROVE SEPTEMBER UPDATES

A Tribute to the Legends

Join us with Lynde's Catering for a delicious Roast beef and mashed potato lunch and a fabulous apple strudel for dessert! The, settle in with Jim Berner and remember...Frank Sinatra, Dean Martin and those other favorites from the 40's, 50's and 60's! Jim brings them back with his smooth baritone voice and stories! You will truly love the tunes of the past with Jim!

WHERE: Maple Grove Community Center

DATE: Thursday, September 17

TIME: Gather 11:30 a.m., lunch 12:00 p.m. with entertainment to follow.

COST: \$10.00 **Code:** 53574

Register by September 14th

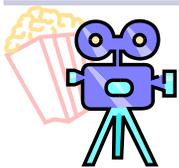
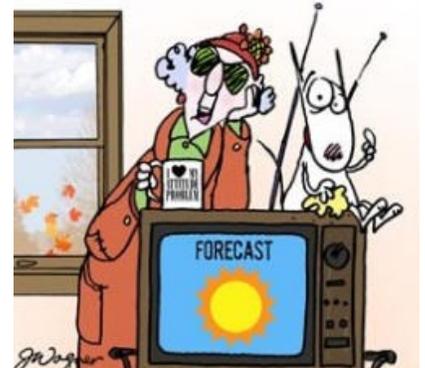
Pre-registration required:
internet, mail or in person

CONTACT INFORMATION

• Kris Orluck
763-494-6514
korluck@maplegrovern.gov

• Brenda Krapfl
763-494-6499
bkrapfl@maplegrovern.gov

Fall is a tough season for weather forecasters ... It's too cool to scare us with the heat index and too warm to scare us with the wind chill.



Monday Movies & Popcorn

All movies are shown at Arbor Lakes

Senior Living (12001 80th Ave N)
You must call Kris at 763-494-6514 or Brenda at 763-494-6499 for a reservation.

Show times are 9:30 a.m. & 12:30 p.m.

Note: If you are registered and not able to attend, please notify Kris or Brenda. If you are a no show—without calling—we will remove you from future movies you have registered for. Attendance will be taken at all shows.

Call Kris or Brenda for availability for September Movies

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UTILITY MAILING VOLUNTEERS NEEDED

Thursday, September 10th at
9:30 a.m. at the Maple Grove Community Center

Tea on the Terrace

Where: MGCC
 When: Monday, Sept. 21
 Time: 1:00 pm—2:30 pm
 Fee: \$5.00—tea & treats
 RSVP to Kris at 763-494-6514
 by August 13 to reserve your
 seat.



Happy Feet



Routine feet care including a
 foot soak and massage - \$34.00.

**2nd Thursday & 4th Monday
 monthly.**

***You MUST Call 763-560-5136 for
 an appointment.***

LUNCH OUT



Meet at **12:30
 p.m.** and tell the
 hostess you are with
 Maple Grove Seniors upon
 arrival.

September 14: Pittsburgh Blue

**Call Kris at 763-494-6514 by
 Friday, September 11th to RSVP
 and to reserve your seat.**

Confused About Medicare?

Help is on the way if you
 need assistance with:

- ◆ Comparing various types of
 health insurance options.
- ◆ Sorting your
 medical and
 hospital bills.
- ◆ Figuring out

Help is here to walk you through
 the Medicare Maze! Get help
 with understanding your
 supplemental options.

Medicare or insurance forms.

- ◆ Dealing with a problem with
 your health
 insurance.

A health insurance
 counselor from
 Health Insurance

Help, a program of Senior
 Community Services, will be
 available by appointment on
Thursday, September 10.
 Call Kris, at least one week in
 advance, at 763-494-6514 to
 make an appointment .



REGULAR HAPPENINGS AT SENIORS OF THE GROVE



Mondays

- Knitting Group, 12:00 p.m.
- Cribbage, 1:00 p.m.

Tuesdays

- Hand & Foot, 9:00 a.m.
- Duplicate Bridge, 12:00 p.m.
- Pinochle, 6:30 p.m.

- Mexican Train, 1:00 p.m.
- Woodcarving, 12:30 p.m.

Wednesdays

- Social Bridge, 12:30 p.m.
- 1st & 3rd Wed. , Quilting, 9:30
 a.m.
- 1st Wed. Book Club, 9:30 a.m.

Thursdays

- Mah Jong, 9:00 a.m.
- "500", 1:00 p.m.

Fridays

- Scrabble, 1:00 p.m.
- 2nd & 4th Fri., Bingo, 1:00 p.m.

Call Kris or Brenda with questions

Planning Your Move

Whether you're thinking about selling your home this fall or next spring, now's the time to get thinking about one of your biggest investment and what it means for your future. Planning Your Move will bring in three experts to teach you about getting your home ready to sell. Hear from local REALTOR, GRI Renee Miller of Keller Williams Classic Realty she'll touch on understanding home values, timing your move, market statistics and how realtors market your home. Joe Van Orsdol, Chief Home Inspector and Owner at Right Home Inspections will share tips on what to expect from a home inspection and how to prepare for it. Finally what to do with all of your treasures as you downsize and how to prepare for the physical move are important steps to consider as well. Sort, Pack, Toss a move management company will share their expertise to round out your day. Guaranteed to get you inspired and organized for your "next steps".

Maple Grove Community Center

Thursday, September 24

10:00 a.m. - Noon \$5 53508

Realife Cooperative of Brooklyn Park

3100 85th Ave N (85th & Xerxes)

Brooklyn Park

Saturday, September, 26 2015

1:00 p.m.—4:00 p.m.

Refreshments Served

Fore more information call 763-315-3993



Upcoming Classes at MGCC

Here is a sampling of programs. For more of the program details refer to the Parks & Recreation Brochure, or call Kris at 763-494-6514.

Classes in September

Oil Painting

Color Mixing

Studio Arts

Cake Decorating

and much more...

Great Decisions

Syria's Refugee Crisis

Syria is on track to become the world's largest refugee population in a matter of months.

Wednesday, September 16

\$8.00 (Code 53513)

9:30am-11:30am



The Aging Eye

Vision changes occur naturally with age. Some are treated with glasses or contacts, some medications, and some require surgery. Some are vision threatening and early detection is important to preserve sight. Learn about the most common aging changes to vision and how they are detected and treated.

No fee, but RSVP required to Kris at 763-494-6514.

Maple Grove Community Center

Thursday, September 3

9:30 a.m. – 10:30 a.m.





The best dining experience in the Lakes Area.
PRAIRIE BAY GRILL & CATERING IS DISTINCTIVE IN PROVIDING OUR GUESTS WITH THE HIGHEST QUALITY, FRESHEST INGREDIENTS AND EXCEPTIONAL SERVICE.



Geritol Frolics

The Geritol Frolics is a musical variety show presented in vaudeville fashion by talented performers over age 55 from around the Brainerd Lakes area.

Originally created as a means of promoting involvement of seniors in community theatre the show has become an entity in its own right delighting audiences with a fast-paced show of song, dance and comedy. Since 2004 the show has played to over 25,000 people from the five state region, many of whom have come by chartered tours. The Franklin Arts Center provides an ideal venue for these energetic performers who stage eight performances each October and who look forward to entertaining you. We think you will leave with a smile on your face and in your heart singing our theme song...

**“YOU’RE AS YOUNG
AS YOU ACT, YOU’RE AS
YOUNG AS YOU FEEL!”**

Before we leave the Brainerd area, let’s stop for a delicious seasonal buffet at Prairie Bay, including beef brisket and ¼ roasted chicken as the entrees. Chef Matt loves food, whether cooking, serving, eating, or just talking about it. Food is his profession and passion and Matt’s rapport with 40 local farmers allows him to use as much local product as he can! So, don't miss this adventure northbound!

Thursday, October 22
Bus leaves MGCC at 12:00 PM
Returns approx. 8:30 PM
Cost: \$58.00 Includes; Show, Dinner and motor coach
Last day to register is: October 1, 2015



*Geritol Frolics in Brainerd
Thursday, October 22, 2015
Code: 53079*

Name _____

Telephone _____

Address _____

Number of Tickets _____ x \$58.00= _____ enclosed

Mail to: Maple Grove Parks & Rec.,
12951 Weaver Lake Rd., Maple Grove, MN 55369

Questions? Kris, 763-494-6514 or Brenda, 763-494-6499

GREAT AMERICAN
History Theatre

Glensheen and Forepaugh's



After brunch we head to experience another mansion at the History Theatre. Enjoy the musical *Glensheen*. An heiress, kind and generous, found dead in her bed. Her night nurse, laying lifeless on the staircase. A robbery? A clumsy break-in? A conspiracy?

A scandal! The Congdon family tragedy splashed across the headlines of every newspaper in Minnesota. But what really happened on that fateful night at the Glensheen Mansion? Whodunit? Hatcher and Poling have concocted a dark musical in the vein of Sondheim's *Sweeney Todd* that tackles this tale with wicked dialogue and incredibly moving songs. It's the most bizarre mystery in Minnesota history!



START THE DAY IN ANOTHER HISTORIC AND CHARMING MANSION WITH BRUNCH SERVED FAMILY STYLE AT FOREPAUGH'S RESTAURANT IN ST PAUL!

<i>Sunday, October 11, 2015</i>
Bus leaves MGCC at 11:30 a.m. Returns approx. 5:30 p.m.
Cost: \$67.00 Includes; Show ticket, Lunch buffet and motor coach bus
Last day to register is: September 10, 2015

***History Theatre and Forepaugh's
Sunday, October 11, 2015***
Code: 53083

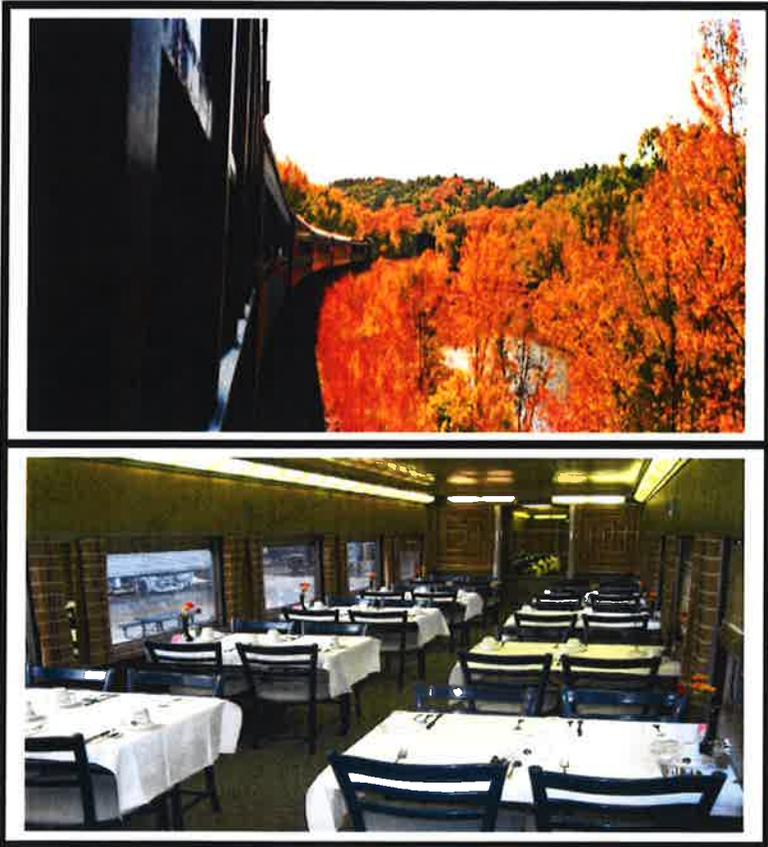
Name _____
Telephone _____
Address _____

of Tickets ___ x \$67.00= ___ enclosed
Mail to: Maple Grove Parks & Rec.
12951 Weaver Lake Rd.
Maple Grove, MN 55369
Questions? Kris, 763-494-6514 or Brenda, 763-494-6499

Join Fifty-Five Forward

St Croix Valley Brunch Train

Brunch and Riding the Rails!



Let's ride the rails with Osceola & St Croix Valley Dinner Train in grand old railroad tradition, while traveling down the St Croix Valley. We will step on board for about a 2 hour journey on their early 1900's first class coaches, while their chef provides a delicious brunch, served on china & fine linen with your choice of champagne, sparkling juice or rich coffee. And, during this journey they added a little dessert to complete this lovely brunch.

Thursday,
October 8, 2015

Bus leaves MGCC at 9:45 AM;
Returns approx. 3:00 PM

Cost: \$67.00;
Includes; Train ride, Brunch and
Motor coach



Last day to Register or Cancel: September 24, 2015

All Aboard!

Osceola and St Croix Train Brunch, Thursday, October 8, 2015

Code: 53076

Name _____ Telephone _____
Address _____
Email Address _____

Number of Tickets _____ x \$67.00= _____ enclosed

Mail to: Maple Grove Parks & Rec., 12951 Weaver Lake Rd., Maple Grove, MN 55369

Questions? Kris / 763-494-6514 or Brenda / 763-494-6499





Join 55 Forward

101 Market Luncheon



You are invited to join us for lunch and time to shop in "The Season's Best", a true family owned and operated business since 1997. Started in a pole building with a temporary greenhouse and then transformed into this beautiful facility on 101 in Otsego. Plan to savor a four-course menu which will include unlimited pots of fresh brewed coffee, a warm scone, delicious soup du jour, chef's choice sandwich or entre and delectable dessert all served on vintage china with fine linens. Consider joining us for this relaxing lunch and social gathering among the beautiful harvest of the season!

Tuesday, September 22, 2015	Bus leaves MGCC at 11:00 AM Returns approx. 2:30 PM	Cost: \$35.00 Includes: Lunch, and motorcoach
Last day to Register / Cancel: September 7, 2015		

101 MARKET LUNCHEON
Code: 53081

Name _____ Telephone _____

Address _____

Email Address _____

Number of Tickets ___ x \$35.00= ___ enclosed

Mail to: Maple Grove Parks & Rec., 12951 Weaver Lake Rd., Maple Grove, MN 55369

Questions? Kris, 763-494-6514 or Brenda, 763-494-6499

'SISTERS OF SWING' AND ANTONS

Let's venture to the beautiful **ST. CLOUD PARAMOUNT THEATRE** while they feature the signature vocal sound of Minnesota's own **Andrews Sisters**. Performers, **Lisa Pallen, Kathy Mueller and Aimee Lee** beautifully recreate the vocal stylings of the first million selling "girl group", backed by an 8-piece band led by two-time Ivey Award-winning arranger and musical director **Raymond Berg**, you'll be sure to enjoy "*Boogie Woogie Bugle Boy*", "*Rum and Coca Cola*", "*Apple Blossom Time*" and many more of their greatest hits. **Bill Arnold** of **Triple Espresso** fame serves as host. Before this high-energy nostalgic trip down memory lane, plan to relish a scrumptious meal at the renowned **ANTON'S SUPPER CLUB**, in an authentic log cabin nestled along the **Sauk River** known for their giant popovers. You will be welcomed with hearty laughter and sounds from the "Roaring 20's". What an enchanting day with the great music of the Swing Era and the historic supper club of Anton's!



The Paramount in 1930 when the theatre underwent its first renovation, adding sound equipment to accommodate the new "talkies" and featuring a new marquee. The Paramount, like so many theatres of its stature, played an integral role in helping the citizens of Central Minnesota through the Great Depression and WWII. After the war, the Paramount was remodeled once again to further improve the acoustics and to change the marquee to its present form. **Most recent update happened this year, with newly installed seating that will provide all the comforts of grandeur stature!**

Tuesday, October 27, 2015
Bus leaves MGCC at 9:45 a.m. Returns approx. 5:00 p.m.
Cost: \$54.00 Includes; Lunch, Show and Motor coach bus
Last day to register is: September 25, 2015



Sisters of Swing & Anton's Supper Club
Tuesday, October 27, 2015
Code: 53082

- Menu Choices**
- Chicken Almond
 - Popover
 - Chicken Boursin
 - Pan Fried Walleye
 - BBQ Ribs

Name _____ Telephone _____

Address _____

Number of Tickets _____ x \$54.00= _____ enclosed

Mail to: Maple Grove Parks & Rec., 12951 Weaver Lake Rd., Maple Grove, MN 55369

Questions? Kris, 763-494-6514 or Brenda, 763-494-6499

September 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 8:30 – 12 Tai Chi 9:00 Hand & Foot 9:30 Yoga 9:30 Studio 10:00 Line Dance 12:00 Dup. Bridge 1:00 Mexican Train 12:30 Woodcarvers 6:30 Pinochle	2 8:00 Nordic Walking 9:00 Crafters 9:00 Quilting 9:30 Book Club 12:30 Bridge	3 9:00 Mahjongg 9:30 Yoga 9:30 The Aging Eye 12:00 ACBL Bridge 1:00 500 1 & 6 Oil Ptg	4 9:30 Writing Group 1:00 Scrabble	5
6	7 Labor Day	8 8:30 – 12 Tai Chi 9:00 Hand & Foot 10:00 Line Dance 12:00 Dup. Bridge 12:30 Woodcarvers 1:00 Mexican Train 5:30 AARP Refresher 6:30 Pinochle	9 8:00 Nordic Walking 9:00 Crafters 12:30 Bridge 6:00 Cake Decorating	10 9:00 Mahjongg 9:00 Happyfeet 9:00 Utility Mailing 9:30 Senior Matters 12:00 ACBL Bridge 12:30 Health Ins Help 1:00 500 4:00 Shibatchi Tai Chi	11 1:00 Scrabble 1:00 BINGO	12
13	14 9:30 & 12:30 Movies 12:00 Knitters 12:30 Lunch Out 1 & 6 Color Mixing	15 8:30 – 12 Tai Chi 9:00 Hand & Foot 9:30 Yoga 10:00 Line Dance 12:00 Dup Bridge 12:30 MHSRC Refresher 1:00 Mexican Train 6:30 Pinochle 6:30 Social Security discuss	16 8:00 Nordic Walking 9:00 Quilting 9:30 Great Decisions 9:00 Crafters 12:00 Brewery Tours 12:30 Bridge 6:00 Cake Decorating	17 9:00 Mahjongg 9:30 Yoga 9:30 Senior Matters 11:30 Lunch & Entertain 1:00 500 1 & 6 Oil Ptg 4:00 Shibatchi Tai Chi	18 9:30 Writing Group 1:00 Scrabble	19
20 Start Computer Classes ↑	21 8:00 Arthritis Swim 8:30 MHSRC Refresher 9:00 Happyfeet 12:00 Knitters 1:00 SwimFitness 1:00 Tea 1 & 6 Color Mixing	22 8:00 SwimFitness 8:30 – 12 Tai Chi 9:00 Hand & Foot 11:00 101 Market Trip 12:00 Dup Bridge 12:30 Woodcarvers 1:00 Mexican Train 6:30 Pinochle 7:00 Savy Social Security	23 8:00 SwimFitness 8:00 Nordic Walking 9:00 Crafters 9 & 11 Strengthening 10:00 Chair Yoga 12:30 Bridge 1:00 SwimFitness 5:30 AARP Driving 6:00 Cake Decorating	24 8:00 SwimFitness 9:00 Mahjongg 9:30 Yoga 9:30 Senior Matters 10:00 Planning Your Move 12:00 ACBL Bridge 1:00 500 1 & 6 Oil Ptg 4:00 Shibatchi Tai Chi	25 8:00 Arthritis Swim 1:00 Scrabble 1:00 BINGO 5:30 AARP Driving	26
27	28 8:00 Arthritis Swim 9:00 Happyfeet 9:30 & 12:30 Movies 12:00 Knitters 1 & 6 Watercolor I 1:00 SwimFitness 1 & 6 Color Mixing	29 8:00 SwimFitness 8:30 – 12 Tai Chi 9:00 Hand & Foot 9:30 Yoga 10:00 Line Dance 12:00 Dup. Bridge 12:30 Woodcarvers 1:00 Mexican Train 5:30 MHSRC Refresher 6:30 Pinochle 7:00 Social Security Seminar	30 7:30 Treasure Island Trip 8:00 SwimFitness 8:00 Nordic Walking 9:00 Crafters 9 & 11 Strengthening 10:00 Chair Yoga 12:30 Bridge 1:00 SwimFitness 6:00 Cake Decorating			