

## WebTrac: New Parks & Recreation Online Registration Site!

It's EASY to register! Set up your account in just a few simple steps: Do it BEFORE registration dates to save time!

1. Go to:  
[webtrac.maplegrovmn.gov](http://webtrac.maplegrovmn.gov)
2. Click "Create an Account" on the homepage and complete information.
3. Create a login (your email address) and password.

# Winter 2016



**General program** registration starts on **Wednesday, December 9 at 9:00 a.m.**

Seniors/55 Forward program registration starts on **Tuesday, December 8 at 9:00 a.m.**

Swim and evening Water Aerobics registration begins **Thursday, December 10, 9:00 a.m.**

**Don't waste time standing in line! Register with the new WebTrac.**

Faxed and mailed registrations processed at random. See page 70.



## Maple Grove Parks & Recreation Board

[www.maplegrovmn.gov](http://www.maplegrovmn.gov) 763-494-6500

12951 Weaver Lake Rd, Maple Grove MN 55369



The Parks and Recreation Board office is located at the Maple Grove Community Center, 12951 Weaver Lake Road, Maple Grove, MN and is open 8:00 a.m. - 4:30 p.m., Monday through Friday. Phone number is 763-494-6500. Recreation registration is accepted from 7:00 a.m. to 6:00 p.m., Monday through Friday.

### HOLIDAY CLOSURES

The Parks and Recreation Board office will be closed on the following days:

- Thursday, December 24 (Christmas observance)
- Friday, December 25 (Christmas observance)
- Friday, January 1 (New Years Day)
- Monday, January 18 (Martin Luther King Day)
- Monday, February 15 (Presidents' Day)

### PHONE NUMBERS

Main number .....	763-494-6500
Website .....	<a href="http://www.maplegrovmn.gov">www.maplegrovmn.gov</a>
Ballfield Reservations.....	763-494-6560
CC Birthday Party Packages.....	763-494-5966
CC Group Reservations, Room Rentals.....	763-494-5969
Central Park Information.....	763-494-6474
Eagle Lake Bldg Reservations .....	763-494-6507
Ice Arena Office .....	763-494-5968
Park Reservations .....	763-494-6507
Program/Game Status Recording.....	763-494-5959
Sports Dome Reservations.....	763-494-6480
Town Green Reservations.....	763-494-5969

### PARKS AND RECREATION BOARD

Parks and Recreation Board office.....	763-494-6500
Chair: Timothy Phenow.....	763-420-6465
John Ferm.....	612-328-1765
Ken Helvey .....	763-416-2049
Bill Lewis .....	763-494-4084
Troy Nygaard .....	763-420-0256
Terry Sharp.....	763-420-9374
Deb Syhre .....	763-420-7258
Council Representative: Phil Leith.....	763-425-1414

### Park Board Meetings

Regular meetings of the Maple Grove Parks & Recreation Board are held the third Thursday of every month at the Maple Grove Community Center beginning at 7:30 p.m. Residents are invited and encouraged to attend these meetings. Anyone wishing to present a topic for discussion should call 763-494-6500.

### Parks and Recreation Board Staff

Director .....	Terry Just
Superintendent of Recreation .....	Mark Saari
Superintendent of Parks and Planning.....	Chuck Stifter
Park Supervisor .....	Scott Roberts
Administrative Supervisor.....	Patty Anderson
Recreation Program Specialist.....	Michelle DeBace
Recreation Program Specialist.....	Katie Lallier
Rec. Facilities Operations Supervisor .....	Jeanne Vestal
Special Events & Volunteer Coordinator .....	Deb Coss
Senior Citizen Coordinator.....	Kris Orluck
Community Center Manager .....	Lisa Jost
Community Ctr Operations Supervisor .....	Frank Weber
Community Ctr Facility Maint Coord.....	Paul Mertes
Community Ctr Facility Coord .....	Sam Ellingson
Community Ctr Aquatics Supervisor.....	Lisa Gedker
Community Ctr Aquatics Coordinator .....	Adrienne Vassar
Youth Outreach Coordinator.....	Tanya Hilger
Playhouse Preschool Teacher.....	Gayle Selsback

### REDUCED FEE RECREATION PROGRAM

Through the financial assistance of local community groups and organizations, the Maple Grove Parks and Recreation Board offers reduced fee recreation programs to low income families living in the City of Maple Grove or have children that attend school in the City of Maple Grove. Families that qualify may have each child in the family participate in one program each year for 50% of the normal participation fee (not to exceed \$100.00). If you are interested in receiving eligibility guidelines or have any questions about the program, please contact Mark Saari at 763-494-6510.

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*It's all inside! Your recreation destination!*

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# Registration Information

## Registration Start Dates

Program registration (except Swim Lessons, Water Aerobics, Sr. Programs and those noted) begins on **Wednesday, December 9** at 9:00 a.m. This includes online, mail-in, fax and walk-in (household information form required) registrations. **Seniors/55 Forward** registration begins **Tuesday, December 8** at 9:00 am. **Swim and evening Water Aerobics** registration begins on **Thursday, December 10** at 9:00 a.m. See page 70.

### Using the new WebTrac Registration Site

- 1. GO TO** [webtrac.maplegrovern.gov](http://webtrac.maplegrovern.gov)
- 2. CREATE AN ACCOUNT** through the site by providing basic information about you and your family.
- 3. CREATE A LOGIN** (your email address) and choose a password.

Once registered, you can use your login and password to sign up for all activities on the site. If you forget your password, the site can send you a reminder email. Note that the new site is part of new Parks and Recreation software that will be in use at Maple Grove Community Center. The only change you should see beyond the new online registration website is a new format for the activity numbers that have identified programs in our previous brochures. If you have questions, please don't hesitate to contact Parks and Recreation at (763) 494-6500.

All Parks and Recreation programs are available to register online **EXCEPT** music, Playhouse Preschool, Defensive Driving and programs with a tiered-fee structure.

## General Information

- Residents are citizens who live within the City of Maple Grove boundaries.
- If a class is full, you can waitlist online or call 763-494-6500. If an opening comes up, we will call from the waitlist in the order that they were placed.
- Instructors are not authorized to accept registrations at the activity location.
- Class fees are not prorated for late registrations.
- Parks & Recreation will charge a \$15.00 fee for all NSF checks.

## Refund Policy

- Requests for refunds must be received at least three full business days before the first class session.** There will be a \$5.00 processing fee charged for each program. No refunds will be issued after the first class meeting unless for bona fide medical reasons.
- No refunds will be issued for any bus trips, but you may find someone to take your place - notify the office.
- Full refunds will be issued for all classes or trips cancelled by Parks and Recreation.

## Photo Policy

Please be advised that all participants involved in any department programs or special events are subject to possibly being photographed for promotional purposes. Such photographs may be used by Maple Grove Parks and Recreation without an obligation to provide compensation to those photographed.

## Corrections and Updates

Staff makes every effort to ensure the brochure is free from errors, however sometimes errors or revisions in program details do occur. We appreciate your understanding when this occurs.

# New Year's Eve at the Community Center

## Dance the Year Away!

Grab your dancing shoes because you're invited to a fun party for the whole family! The music of "Jack and Kitty" will get the young and the young at heart singing and dancing. But that's not all! Swimming, skating, Maple Maze, inflatables, crafts and a 9:45 p.m. balloon drop all make for a great way to welcome in 2016.

~ December 31, 2015 ~ 6:00 p.m. - 10:00 p.m. ~ \$9 per person  
Registration taken immediately. **On-line registration** ([Tickets-New Years Eve](#))

**Register by family or group.**

- [webtrac.maplegrovern.gov](http://webtrac.maplegrovern.gov)

Tickets can be purchased from December 1 through December 31 at 3:00 p.m. on-line or at the Community Center (Mon-Fri, 8:00 am - 4:30 pm). Online purchases can be printed at home or call the office, 763-494-6500 if you need assistance. If available, tickets at the door are \$12.

Tickets are non-refundable.

Community Center closes 4:00-6:00 p.m. on December 31 for party preparation.

Free skate rental while supply lasts.

Socks are required to play in the Maple Maze.

Concessions are an additional charge.

## Around Town



### MAPLE GROVE SPORTS DOME

The Maple Grove Sports Dome began its fifth season of operation in early November. The facility, located at 9880 Fernbrook La N (north side of MGSH) is a 92,000 square foot inflated dome that provides much needed space for various resident activities.

The Dome serves as a training and game site that is used by local youth baseball, softball, soccer and lacrosse groups. In addition to the primary field usage area, the Sports Dome possesses a blue colored track on the perimeter for use during the dome season, with evening and weekend hours of operation. Track hours vary dependent on compatibility with turf use. Four baseball/softball hitting tunnels are also available to rent.

For information:

- Availability of Dome turf rental, contact Jeanne Vestal, Recreation Facilities Operations Supervisor at [jvestal@maplegrovern.gov](mailto:jvestal@maplegrovern.gov) or phone 763-494-6480.
- Batting tunnel reservations - online [www.tunnelsatmg.com](http://www.tunnelsatmg.com) (scheduling begins early November).
- Availability calendar for "The Track" at the Sports Dome - online at [www.maplegrovern.gov](http://www.maplegrovern.gov). Click "around the city" & "Sports Dome" (calendar available beginning November 1, 2015).

### ACTIVE LIVING EVERY DAY Get on Track to an Active Life

Many of us have started exercise programs only to lose motivation because of a busy schedule at home and work. Others find the thought of committing to a gym routine several times a week intimidating. If this sounds familiar to you, you are not alone. The good news is that just because the weather has changed doesn't mean we can't make some positive healthy changes in our lives. Maple Grove Hospital, Fairview Maple Grove Medical Center and Maple Grove Parks and Recreation Board are pleased to offer the Active Living Every Day (ALED). This 12-week program, taught by a dietician from Maple Grove Hospital, will teach you how to make simple lifestyle changes, overcome your own barriers, set realistic goals, build confidence and stay motivated. Active Living Every Day works because the classes are practical and personal. You will discover ways to become active that work for you.

Maple Grove Senior High, Room # 250/251

Tuesdays, Jan 5 – April 5 (ex March 1 & 22)

6:30 – 7:30 p.m. \$60 (12 ses)

109217-01

(Registration fee supplemented by a grant from the Fairview Foundation)



### WINTER NEWS FOR RICE LAKE

#### I-94 Trail Underpasses Will Not Be Plowed This Winter

Vehicle access on the I-94 trail underpasses is restricted until needed repairs are completed. This means both underpasses to connect east and west trails will not be plowed this winter.

#### Thin Ice

Open Water Warning - An aerator will be used to circulate water to protect game fish recently stocked in Rice Lake. This may cause open water and thin ice – access lake with extreme caution!

# Central Park of Maple Grove



12000 Central Park Way, Maple Grove  
763-494-6474

Winter at Central Park of Maple Grove brings a whole new outdoor experience. The new ice loop will be open through mid-March. The LED lit refrigerated ice loop is 20 feet wide and 810 feet long, designed for leisure skating (no hockey sticks or pucks). Skating is free and skate rental is available. Skating not your speed? How about a walk on the plowed trails or a cup of cocoa by the fire? The park building offers restrooms, concessions, boot cubbies and a cozy fireplace for chilly evenings. Embrace the winter at Central Park!

## Skate rental and concession hours

Monday-Friday, 4:00 pm – 9:30 pm  
Saturday-Sunday, 10:00 am-9:30 pm

## Restroom hours

Monday-Friday, noon-9:30 pm  
Saturday-Sunday, 10:00 am-9:30 pm

## Holiday hours

Thanksgiving Day and Christmas Day, building closed  
Christmas Eve, 10:00 am – 4:00 pm  
New Year's Eve and New Year's Day, 10:00 am – 9:30 pm  
Non-school days, 10:00 am – 9:30 pm



Check <https://www.facebook.com/MapleGroveParksandRecreation> or 763-494-5959 for weather related information.

Skate rental.....\$6 (child size 8 - adult size 13 available)

Skate sharpening.....\$4



7991 Main St N  
Maple Grove, MN  
763-494-6500  
www.maplegrovern.gov

### Rental Opportunities

#### The Meeting Room

Tables and seating for up to 30 persons.  
Available year-round. Easy on-street parking.  
\$10 to \$30 per hour.

#### The Bandshell

Terraced seating walls for 300 persons and a stage  
with sound equipment and theatrical lighting.  
\$600 - \$700

#### The Point

A peninsula with a raised pergola.  
\$200 - \$300

Now booking summer 2016 wedding  
and private parties. Catering available.

“The Lawn” with a small stage and “The Plaza”  
are also available for rental.

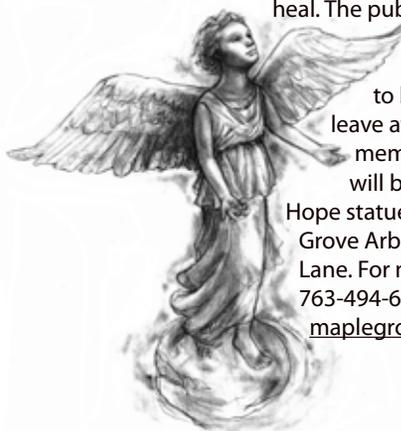
For information about renting the Town Green for  
your event, call 763-494-5969. Additional charges  
might apply. 14 days notice required. All fees are  
subject to change.



### Special Interest

#### ANGEL OF HOPE CANDLELIGHT MEMORIAL

Every year on December 6<sup>th</sup> at 7:00 p.m. a candlelight memorial  
is held at the Angel of Hope Statue in Maple Grove. The Angel  
of Hope is one of many Christmas Box Angels throughout the  
United States that are replicates of a statue commissioned by  
Richard Paul Evans, author of *The Christmas Box*, in response to  
reports that mourning parents were seeking a place to grieve and  
heal. The public is invited to attend this



short, simple ceremony.  
Attendees are invited  
to bring a white flower to  
leave at the base of the statue in  
memory of loved ones. Candles  
will be provided. The Angel of  
Hope statue is located in the Maple  
Grove Arboretum, 9400 Fernbrook  
Lane. For more information, call  
763-494-6535 or email, [dcoss@  
maplegrovern.gov](mailto:dcoss@maplegrovern.gov).



#### ENJOY THE INDOOR FARMERS MARKET

You are invited to step in out of the elements and shop the Indoor  
Farmers Market. A wide variety of locally-grown seasonal produce  
and vendor-made specialty items await you inside the Maple  
Grove Community Center. Make Thursdays your Market Day. Join  
us from 3 to 6 p.m. on the following Thursdays: December 3 & 17,  
January 14, February 11, March 17 and April 4.

- |                  |                  |                      |
|------------------|------------------|----------------------|
| Artisan breads   | Meats            | Eggs                 |
| Pickled products | Cheese           | Candies/Cookies      |
| Jams/jellies     | Maple Syrup      | Salsa                |
| Canned goods     | Honey            | Flax                 |
| Pasta            | Cereal           | Herbal Care Products |
| Seasonal produce | Pickled products |                      |

Enjoy the atmosphere: Live music and free recipes each market  
day, and a big plus - it's toasty warm inside the Community  
Center. Other special items are in the works for the indoor season.  
Stay in the loop; sign up for email updates at [www.maplegrove-  
farmersmarket.com](http://www.maplegrove-farmersmarket.com) and follow the Maple Grove Farmers Market  
on Facebook and Twitter.



**PLAYHOUSE PRESCHOOL  
2016-2017 SCHOOL YEAR**

The Playhouse Preschool is located in the Maple Grove Community Center, 12951 Weaver Lake Road. This is a State licensed program for children 3, 4 and 5 years of age. Through our curriculum we try to involve the children in a wide variety of experiences in order to arouse their curiosity, challenge their physical and intellectual abilities and encourage self-expression. The learning program is designed with the individual child's development in mind. Child must be 3 by September 1, 2016.

If you are interested in sending your child to preschool in the fall of 2016, please contact the Maple Grove Parks and Recreation Board office at 763-494-6505. Your child's name will be placed on a waiting list. You will be contacted sometime in late winter.

**Tuition**

A \$25.00 non-refundable registration fee is charged once during each school year. Payments are made on a monthly basis. You will be given a coupon book to make monthly payments. Tuition is due the first of each month. A \$10.00 late fee is assessed if the payment is not received by the tenth of the month.

**Non-Resident Fee**

Anyone who does not live in Maple Grove on a permanent basis will be required to pay a non-resident fee of \$5.00 per person. This fee will be assessed only once during each school year.

**Playhouse Schedule**

- Session 1 Mondays and Wednesdays  
9:00 a.m. - 11:30 a.m. - 4 and 5 year olds  
12:15 p.m. - 2:45 p.m. - 3, 4 and 5 year olds
- Session 2 Tuesdays and Thursdays  
9:00 a.m. - 11:30 a.m. - 3, 4 and 5 year olds  
12:15 p.m. - 2:45 p.m. - 4 and 5 year olds
- Session 3 Fridays only  
9:00 a.m. - 11:30 a.m. - 3 year olds only  
12:15 p.m. - 2:45 p.m. - 4 and 5 year olds

For further information, please contact Jody at 763-494-6505.



**VALENTINE'S DAY PARENT'S NIGHT OUT**

*Ages (fully potty trained) 3 - 12*

Treat yourself to an evening out and give your kids something fun to do as well. The Maple Grove Teen Advisory Group has teamed up with the Teen Center staff to offer a fun-filled evening of games, pizza and fun activities – including playing in the Maple Maze. There is a limit of 30 children. The registration deadline is Friday, February 5<sup>th</sup> or until spaces fill. All parents will be required to leave an emergency phone number. There will be a 5/1 ratio of children to adult and high school youth supervision. Socks are required to play in the Maple Maze. A \$5.00 per child late fee will apply for any child picked up after 9:00 p.m.

**Maple Grove Community Center**

Sunday, February 14

Drop off between 5:30 - 6:30 p.m., Pick up by 9:00 p.m.

\$25 per child

101206-01



**ONCE UPON A STAR PARTY  
DADDY/DAUGHTER PRINCESS BALL**  
*with Belle, Sleeping Beauty and Queen Elsa!*

*Ages 3 - 8 with dad (or parent)*

Join ONCE UPON A STAR'S Princesses: Belle, Aurora & Queen Elsa for an enchanting evening with your special adult-date! We'll enjoy fairy tale BINGO, beading a jewelry craft, dancing and more royal fun! Each princess will receive her own personalized princess tote bag and castle gift to take home. All couples will have a photo taken with their date with next-day proof access. **Adults – please bring your camera for memorable photo opportunities ...including a group-princess photo with your daughter.**

**Maple Grove Community Center, Banquet Room**

Friday, February 26

6:30 - 8:00 p.m. \$29 (per couple) 101203-01

Saturday, February 27

10:00-11:30 a.m. \$29 (per couple) 101203-02

# Adaptive Recreational Activities

## AMERICANS WITH DISABILITIES ACT NOTICE

In compliance with the Americans with Disabilities Act of 1990, upon request, reasonable accommodations can be provided to allow individuals with a disability to participate in Maple Grove Parks and Recreation Board services, programs and activities. Please call 763-494-6500 or TTY 763-494-6525.



## ADAPTIVE RECREATION

The adaptive recreation program is a cooperative effort between the cities of Brooklyn Park, Brooklyn Center, Golden Valley, Maple Grove, Plymouth, and REACH for Resources. REACH is an agency, which serves individuals with developmental disabilities and their families in the West and Northwest metro area. Services include information, referral, advocacy and counseling. Programs include social/recreation groups and education programs. For information and registration procedures, call Sarah at 952-988-4177. NOTE: For persons not living in one of the above communities, you are considered a non-resident and need to add the indicated non-resident fee to the registration fee. **Participants must PRE-register with REACH.**

### ADULT ACTIVITIES

**Wednesday Night Social** - Various North Metro community locations (Wednesdays, 6:30-8:30 p.m.) \$45 Res, \$53 Non-Res

**Young Adult Group** - Living Waters Café, Minnetonka (Wednesdays, 5:00-6:30 pm) \$200

**Bowling** - Doyle's in Crystal (Saturdays 12:00-2:00 p.m. or 2:00-4:00 pm) \$40 Res, \$48 Non-Res with an additional \$3.50/week

**On the Town I** - Ages 18 + (Fri. evening) Requires an intake please call REACH. Fees depend on activity.

**On the Town II** - Ages 18 + (Saturday Nights) Requires an intake please call REACH. Fees depend on activity.

**Yoga & Family** - Get into shape while gaining flexibility. St Louis Park Rec. Center (Tuesday evenings, 7:00-8:00 p.m. \$42 Res. \$50 Non-Res, Family Fee: \$52 per parent/Child (\$20.00 for each additional family member.

**Zumba** - Get into shape while learning popular dance moves. St Louis Park Rec. Center (Monday evenings, 6:30-7:30 p.m. \$55 Res, \$63 Non-Res

**Non-Competitive Basketball** - Brooklyn Center Youth Rec Center (Thursday evenings, 6:30-8:00 p.m.) \$40 Res, \$48 Non-Res

### TEEN ACTIVITIES

**Bowling** - Doyle's in Crystal (Saturdays 12:00-2:00 p.m. or 2:00-4:00 pm) \$40 Res, \$48 Non-Res with an additional \$3.50 each week

**Social Seekers** - This is a program for teens that have Asperger's Syndrome. Program meets once a week for fun and social interaction. Groups are available for varying age levels. Please call for more information at 952-200-3030.

**High School Group** - The Depot Coffee Shop (Mondays, 5:45-7:15 pm) \$200

**Young Adult Group** - Living Waters Café, Minnetonka (Wednesdays, 5:00-6:30 pm) \$200

**Teen Explorers** - Meet new friends, games, art, movies, community events and more. Various metro locations (Tuesday evenings, 6:30-8:30 pm) \$45 Res, \$53 Non-Res



### YOUTH ACTIVITIES

**Bowling** - Doyle's in Crystal (Saturdays 12:00-2:00 p.m. or 2:00-4:00 pm) \$40 Res, \$48 Non-Res with an additional \$3.50 each week

**Yoga & Family** - Get into shape while gaining flexibility. St Louis Park Rec. Center (Tuesday evenings, 7:00-8:00 p.m. \$42 Res. \$50 Non-Res, Family Fee: \$52 per parent/Child (\$20.00 for each additional family member.

### SPECIAL EVENTS

**Annual Meeting, Holiday Party & Art Showcase** - Annual Meeting, Holiday Party & Art Showcase - Minnetonka Community Center (Thursday, Dec 3rd - 6:30-8:00 pm) \$10 Pre-Registration Required. (Must register by Nov 25th)



**Bingo Night** - Night of fun and prizes. Friday, Feb 12th - Brooklyn Park Community Center 6:30-8:00 p.m. Cost \$5.00

**Friday Night Dances** - Join your friends and groove to all the latest hits! (St Louis Park High School- Jan 15th, Feb 19th & March 18th) (Brooklyn Park Community Center - Feb 13th Valentine's Day Party) Cost: \$5 at the door, all dances are from 7:00-9:00 p.m.

#### **Weekend Ventures: Mall of America**

Spend a weekend at a hotel in Bloomington. Explore the Mall of America and More! This is a weekend respite program for ages 16+ (Fri, March 4th, 6:00 p.m. - March 6th 11:00 a.m.) Cost: \$400.00 for the weekend.

#### **Weekend Ventures: Down Town Minneapolis**

Spend a weekend at a fabulous hotel downtown, go to a live show and enjoy some fun winter activities. This is a weekend respite program for ages 16+ (Fri, Dec 4th, 6:00 p.m. - Dec 6th 11:00 a.m.) Cost: \$400.00 for the weekend.

# Volunteer Opportunities - We Need You

## MAPLE GROVE AMBASSADORS

For 16 years, the Ambassador program has provided young women of Maple Grove ages 17-21, the opportunity to grow personally and professionally through community involvement, networking and leadership opportunities in Maple Grove and across the greater Twin Cities area. With support from local businesses and organizations, the program has awarded more than \$100,000 in educational scholarships to alumnae Ambassadors. For more information email [info@maplegroveambassadors.com](mailto:info@maplegroveambassadors.com) or visit [maplegroveambassadors.com](http://maplegroveambassadors.com) or Facebook page "Maple Grove Ambassador Scholarship Program".



## MAPLE GROVE JAZZ ENSEMBLE

The Maple Grove Jazz Ensemble rehearses Monday nights 7:00 – 9:00 p.m. at Osseo Middle School under the direction of Paul Mazzacano, award-winning professional musician, arranger, composer, conductor and educator. Any musician interested in auditioning or who would like more information should contact the director at [PTMANO@q.com](mailto:PTMANO@q.com) or call him at 763-566-5150. The Jazz Ensemble is available for performances throughout the Twin Cities and for presenting jazz clinics at junior and senior high schools.

## MAPLE GROVE COMMUNITY ORGANIZATION

Did you enjoy Maple Grove Days this year? Are you looking for a way to become involved in your community? MGCO is a dedicated, fun group of volunteers who plan Maple Grove Days, Family Fun Halloween Event, Breakfast and Lunch with Santa and Sleigh Bells and Sparkle Parade. Volunteers and new members are always welcome to work together to celebrate Maple Grove. Meetings are the 4th Tuesday of each month at 7:00 p.m. at the Community Center. For more information visit [www.maplegrovedays.org](http://www.maplegrovedays.org) or call 763-494-5985.

## BREAKFAST AND LUNCH WITH SANTA

Enjoy a special morning with a very special couple - Santa Claus and Mrs. Claus! This annual event includes breakfast or lunch, photo opportunities with Santa, face painting, crafts and fun, fun, fun! Bring your own camera. Pre-registration is required; on-line registration ONLY at [www.maplegrovedays.org](http://www.maplegrovedays.org). Registration began November 1. Registration is limited.

Maple Grove Community Center, 12951 Weaver Lake Road  
Saturday, December 5

Breakfast	\$4.00, pastries and juice	8:30 a.m. – 10:00 a.m.
Lunch	\$6.00, pizza and pop	11:00 a.m. – 1:00 p.m.

## SLEIGH BELLS & SPARKLE PARADE

Here's the perfect way to begin the holiday season and create a fun family & friends tradition. Maple Grove Community Organization and Maple Grove Women of Today present the Sleigh Bells & Sparkle Parade. Watch as the holiday themed floats from local businesses travel down Main Street, lighting up the night sky with twinkling lights and maybe a few snowflakes. Of course, that most important visitor of all will join the lineup; Santa Claus and Mrs. Claus. Travel with them to the Holiday Tree Lighting at the Government Center following the parade. Free to watch or to enter a float. For information visit [www.maplegrovedays.org](http://www.maplegrovedays.org) or call voicemail line 763-494-5985.  
Main Street Maple Grove  
Saturday, December 5 at 5:00 pm

## ADOPT-A-PARK

Adopt-A-Park is an opportunity for volunteers to help keep Maple Grove parks and trails beautiful. Adopt-A-Park is open to schools, community groups, civic organizations, faith communities, businesses, families and individuals. For information on Adopt-A-Park or to find out what areas are still available for adoption, please call 763-494-6535 or email [dcoss@maplegrovern.gov](mailto:dcoss@maplegrovern.gov).

*Many thanks to the groups and individuals who have adopted a park or trail. All who use these areas appreciate your help.*

Basswood Elementary 5th grade classes, BMO Harris Bank Maple Grove, Bob Peterson, Boy Scout Troop 584, BSA Troop 211, Cintas Corporation, Cub Scout Pack 531, Cub Scout Pack 684, Cyber Advisors, Eagle Lake Preservation Association, Fish Lake Woods Home Owners Association, Girl Scout Troops 16242 and 17215, Great River Energy, Henning family, Jatko family, LDS Church – Maple Grove Ward Scout Pack 247, LDS Cub Scout Pack 742, Lindley family, Lonesky family, Lord of Life Lutheran Church, Maple Grove Middle School, Maple Grove North Super Target Team Members, Maple Grove TAG, MOMS Club of Maple Grove – Fish Lake, MOMS Club of Maple Grove – Rush Creek, Norman family, Northwest Hennepin County Rotary Club, Oak View Elementary Student Council, Pam and Jim Crenna, Pruhs family, Rice Lake MOMS Club, Rosen family, Rush Creek Elementary, Sam's Club, Sandy and Jessica Rocheleau, Seeling family, Spark! Kids, the Jonquil Group, Timur's family, Weber family, Yousef M. and Elizabeth K. families and several anonymous volunteers.

## DONATION OPPORTUNITIES

*Arbor Lake Area and Central Park Garden Benches* - Give the gift of relaxation. Park benches marked with a plaque will be a long-lasting remembrance. \$1800

*Angel of Hope Brick Memorial* - Give a gift of caring. The memorial brick paver program supports the on-going care of the Angel of Hope statue. \$125

*Maple Grove Parks and Recreation Board* - Give a gift of community. The Parks and Recreation Board welcomes donations of any amount. Donations can be for the general support of Parks and Recreation or specified for certain programs or areas.

Please contact Patty at 763-494-6504 or email [panderson@maplegrovern.gov](mailto:panderson@maplegrovern.gov) for more information.



## 2015 Gifts, Donations & Grants Annual Summary



### **Gifts & Donations to \$250:**

Chick-fil-A  
 Chipotle  
 Cold Stone Creamery  
 Costco  
 Cub Foods  
 Domino's Pizza  
 Donato's Floral  
 Great South Bank  
 Jimmy John's  
 Life Spa  
 Lookout Bar and Grill  
 Love That Olive  
 Lynde Greenhouse  
 Mainstream Boutique  
 Malone's Bar and Grill  
 Menchie's Frozen Yogurt  
 Old Country Buffet  
 PCI Academy  
 Pop Art Snacks  
 Shoppes of Arbor Lakes

### **Gifts & Donations \$250 - \$1,999:**

Cl!x Portrait Studios  
 Claddagh Irish Pub

### **Gifts & Donations over \$5,000:**

Maple Grove Lions  
 MGCO  
 OMGHA

### **Angel of Hope Bricks In memory of:**

Aiden Koch  
 Allison Jane Callahan  
 Augustus Gordon Engel  
 Austin Heiderscheid  
 Barry Bruce Ertl  
 Bernadette Ann Miller  
 Blake Steven Buckmaster  
 Blake Steven Gragert  
 Calvin J. Steen  
 Dale D. Lehrke  
 DeAcon Isaac Lee Ford  
 Dom Dom  
 Eli Michael Roth  
 Evan and Baby Gerard  
 Evelyn Rose Jensen  
 Gloria C. Burns  
 Grace Heitzig  
 Grace Lily Kilkelly  
 Hannah Rose Middleton

### **Angel of Hope Bricks In memory of:**

Haven Rae Hirji-Walji  
 Jacob Daniel Steuernagel  
 Johnson Family  
 Landon Fuller  
 Larry A. Haney Jr.  
 Nora Love Lambert  
 Persephonee Nefzger Banks  
 Reid Ferguson  
 Richard Carlson  
 Ruthie & Elise Furber  
 Ryan Horton  
 Sierra Turner  
 Thomas & Willem Gehlen  
 Todd Christopher Hoffstrom  
 Tristan James McIlveen  
 Victoria O'Day  
 Violet Ann Verkennis  
 Zachary Nelson

### **Bench Sponsorships In memory of:**

Tim Huebsch  
 Dorothy & Joe Iannello  
 Jess Michael Stanchfield  
 Doris Tadych



Sincere appreciation is extended to the individuals, businesses and organizations that have generously provided cash donations, products or services to benefit the Community Center visitors, park users and recreation programs.





## SKATE WITH US OUTDOORS.. 2015-2016

Season Schedule (weather permitting)

Kickoff/Opening Date: Saturday, December 12, 2015

Target Closing Date: When ice is no longer suitable for skating



### COMMUNITY RINK HOURS

Warming Shelter, hockey and pleasure rinks, lights and Attendant on duty

#### Monday through Friday

Boundary Creek, Donahue North, Elm Creek, Gleason,

Kerber, MG Middle School, Weaver Lake ..... 4:00 p.m. - 8:30 p.m.

Cedar Island..... 4:30 p.m. - 8:30 p.m.

#### Saturday

Boundary Creek, Donahue No., Elm Creek, MG Middle School, Weaver Lake..... 12:00 noon - 6:00 p.m.

Kerber, Cedar Island and Gleason ..... 12:00 noon - 8:30 p.m.

#### Sunday

Boundary Creek, Cedar Island, Donahue North, Elm Creek,

Gleason, Kerber, MG Middle School, Weaver Lake ..... 1:00 p.m. - 6:00 p.m.

#### Winter Vacation Hours (12/21/15 - 1/1/16)

Monday through Friday ..... 12:00 noon - 8:30 p.m.

Christmas Eve ..... 12:00 noon - 4:00 p.m.

Christmas Day ..... Closed

New Year's Eve ..... 12:00 noon - 4:00 p.m.

New Year's Day ..... 12:00 p.m. - 8:30 p.m.

#### National Holiday & Non-School Days

Martin Luther King Day (1/18/16) ..... 12:00 noon - 8:30 p.m.

Release Days (2/1/16) ..... 12:00 noon - 8:30 p.m.

Presidents' Day (2/15/16) ..... 12:00 noon - 8:30 p.m.

### NEIGHBORHOOD RINKS

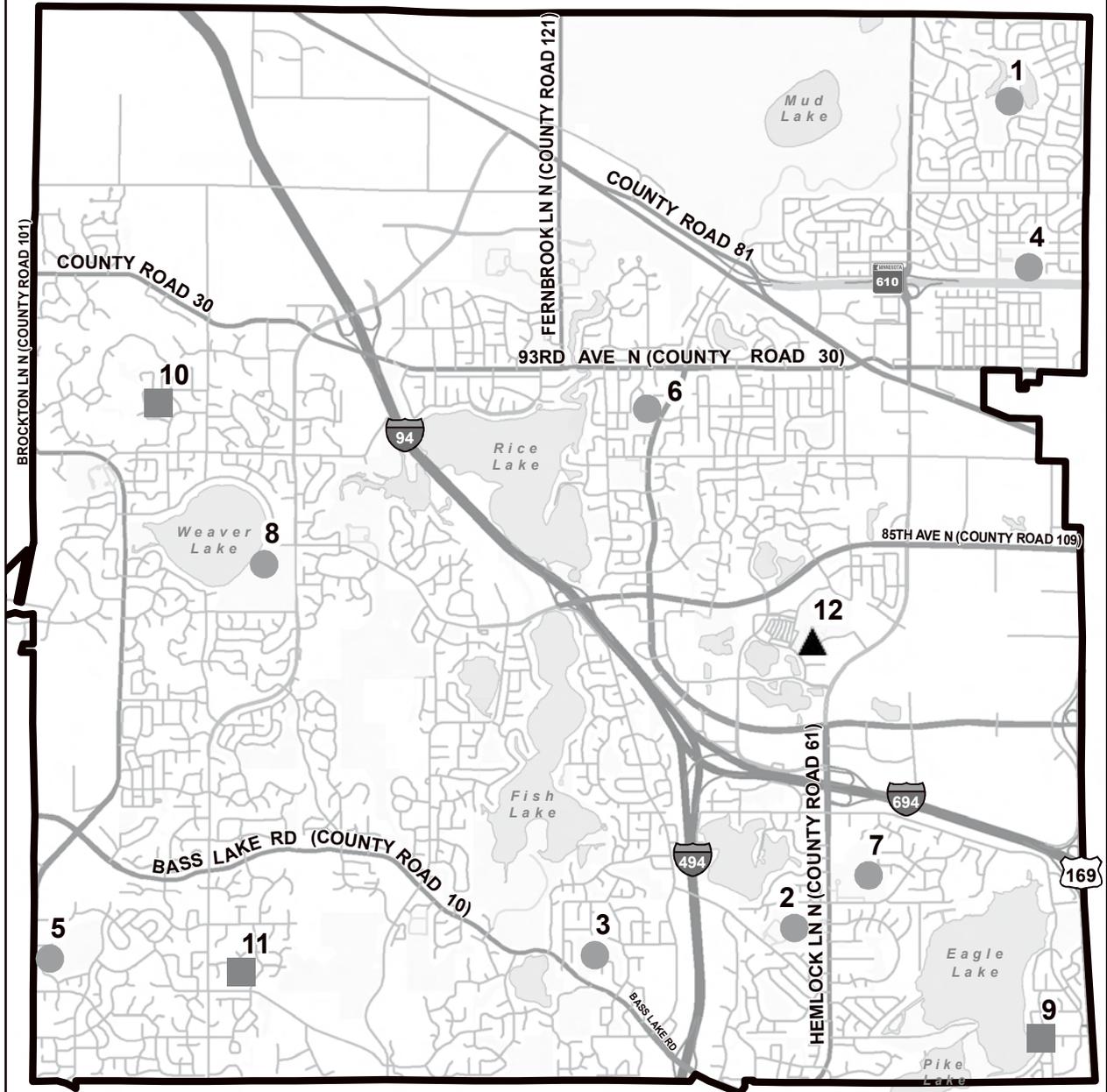
Thoresen Park, Hidden Meadows and South Elm Road – Pleasure rink, no warming shelter or lights

### OSSEO-MAPLE GROVE HOCKEY

All Community Rinks have some scheduled ice time reserved for use by the Osseo-Maple Grove Hockey Association Monday through Friday between 5:30 p.m. and 8:30 p.m. each night. All Community Rinks will also have unscheduled ice time for open hockey. *Check your local rink for unscheduled ice time.*

- For current conditions of outdoor ice, contact the pre-recorded weather line at 763-494-5959. Line will be updated daily by 4:00 p.m.
- Ice rentals available during non-business hours. To schedule your time, contact Michelle at 763-494-6516.

# Skating Rink Location Map



**Community Rinks**
 **Neighborhood Rinks**
 **Central Park of Maple Grove**

*(Hockey and Pleasure Rinks, Shelter, Lights)*

1. Boundary Creek Neighborhood Park  
10122 104th Avenue
2. Cedar Island School Community Playfield  
6701 East Fish Lake Road
3. Donahue North Community Playfield  
6632 Annapolis Lane
4. Elm Creek School Community Playfield  
9820 Revere Lane
5. Gleason Fields Community Playfield  
18815 67th Avenue
6. Kerber Community Playfield  
9095 Elm Creek Boulevard
7. Maple Grove Middle School Community Playfield  
7000 Hemlock Lane
8. Weaver Lake Community Playfield  
8401 Dunkirk Lane

*(Pleasure Rinks without Shelter Building)*

9. Thoresen Special Use Park  
6359 Eagle Lake Drive
10. Hidden Meadows Neighborhood Park  
9100 Ranier Lane
11. South Elm Road Neighborhood Park  
17255 66th Place

*(Pleasure Skating only - Shelter and Lights)*

12. Skate Trail Loop  
12000 Central Park Way

**For more information on outdoor skating facilities contact the Maple Grove Park and Recreation offices at 763-494-6500 or visit [www.maplegrovern.gov](http://www.maplegrovern.gov)**

**For current outdoor ice conditions contact our pre-recorded weather line at 763-494-5959.**



Map Date  
10/14/2015

Document Path: S:\GIS\_Data\Department\Projects\Ice Rink Location Map.mxd

# Youth Sports

## YOUTH ATHLETIC ASSOCIATIONS

Many Maple Grove youth sports are administered by volunteer organizations. Each organization has a Board of Directors and is run independently.

### BASEBALL/FASTPITCH SOFTBALL

**Organization:** OMGAA - Osseo Maple Grove Athletic Association  
**Program:** House Leagues - BB/FP Ages 9-18  
Traveling Teams - BB Ages 10-15 & FP ages 9-18  
**Information:** at [www.omgaa.org](http://www.omgaa.org)

### BASKETBALL

**Organization:** OMGBA - Osseo Maple Grove Basketball Association  
**Program:** House Leagues - Grades K-12  
Traveling Teams - Grades 5-8  
**Information:** [www.omgba.net](http://www.omgba.net)

### HOCKEY

**Organization:** OMGHA - Osseo Maple Grove Hockey Association  
**Program:** House Leagues - Ages 4-15 (4 by 7/1/14)  
Traveling Teams - Ages 9-17  
**Information:** [www.omgha.com](http://www.omgha.com)

### SOCCER

**Organization:** Maplebrook Soccer Association  
**Program:** Traveling Teams - Ages 19 & under  
**Information:** [www.maplebrooksoccer.com](http://www.maplebrooksoccer.com)

### FOOTBALL

**Organization:** OFA - Osseo Football Assn  
MGYFA - Maple Grove Youth Football Assn  
**Program:** House Leagues - Grades 2 - 8  
**Information:** [www.osseofootball.org](http://www.osseofootball.org)  
[www.mgyfa.com](http://www.mgyfa.com)

### SWIMMING

**Organization:** NHCP Swim Club  
**Program:** Competitive Swimming - Ages 6 - 18  
**Information:** [www.teamunify.com/mnnhcp](http://www.teamunify.com/mnnhcp)

### WRESTLING

**Organization:** Osseo, Maple Grove Youth Wrestling  
**Program:** Pre-Kindergarten - grade 6  
**Information:** [www.osseoyouthwrestling.org](http://www.osseoyouthwrestling.org)

### TENNIS

**Organization:** Maple Grove Crimson Tennis Assn. Inc.  
**Program:** Youth, ages 14 and older  
**Information:** [mqcrimsontennis@yahoo.com](mailto:mqcrimsontennis@yahoo.com)

### LACROSSE

**Organizations:** Maple Grove Lacrosse Association  
Maple Grove Girls Lacrosse  
Osseo Park Center Boys & Girls Lacrosse  
**Program:** Youth, grades 3 - 8 traveling  
**Information:** [www.mglax.com](http://www.mglax.com)  
MG Girls Lacrosse email [corr0205@umn.edu](mailto:corr0205@umn.edu)  
[www.opcyouthlax.com](http://www.opcyouthlax.com)

## 2016 OMGAA BASEBALL & FASTPITCH SOFTBALL PROGRAM

For information on the 2016 Baseball and Fastpitch Softball season, check out the Osseo-Maple Grove Association website at [www.omgaa.org](http://www.omgaa.org). Watch for 2016 registration around the first of the year.



## PARKS AND RECREATION SPORTS

Looking for a fun recreational sport opportunity for your child? Try a Parks and Recreation league! Registration information for the following sports will be available in late February 2016. Leagues begin practice starting in early May and games run through July.

**Cub Baseball** - Grades 1 & 2 (separate girls and boys leagues)

**Slow-Pitch Softball** - Grades 3 - 6 (girls)

**Soccer** - Grades 1 - 9 (separate girls and boys leagues)

Check out the 2016 Spring Brochure or online at [www.maplegrovern.gov](http://www.maplegrovern.gov) mid-February for registration details.

Don't forget - Sign up in the spring for summer sports!



## MAPLE GROVE SKATING SCHOOL LEARN TO SKATE PROGRAM

*An Indoor Ice Skating Program at the Maple Grove Community Center Ice Arena*

The Maple Grove Skating School Learn To Skate Program is an indoor ice skating program for all ages, 3 through Adult, designed by U.S. Figure Skating as the Basic Skills Program which provides a simple but progressive method of group ice skating instruction. Class titles include: Hockey Skating Development, Snowplow Sam, Skating School, Adult, Advanced Skating School, Junior Club 1, Junior Club 2, Senior Club, Bridge Beyond The Basics, High Bridge Beyond The Basics, and Jump To New Heights. Please register for classes as soon as possible, as classes fill quickly. Registrations are NOT accepted at the arena on the first day of the session. Class fees are not prorated for late registrations. On the first day of class, all participants MUST check in at the Maple Grove Skating School Participant Check-In located in the Warm Area between the Premier Bank Rink and the West Rink in the lower level of the arena. You MUST bring your Class Registration receipt to the first day of class to verify your registration. Note: At times, participants may repeat a level before advancing to the next level. Attendance is important in order to learn new skills that build on the skills learned during the previous class. Participants will be evaluated on the first day of class to verify that they have been registered for the appropriate level. Contact the Skating Director, Mandy Pirich, at 763-494-5967 or email [mgskatingschool@maplegrovern.gov](mailto:mgskatingschool@maplegrovern.gov) with any questions.

### SKATING EQUIPMENT

Single blade skates are allowed for classes. Double blades are not allowed at any time. During each class, a limited number of skate rentals (sizes youth 8 to adult 12) are available, per pair, for a nominal fee. Sticks, pucks and skate trainers are not allowed at any time.

### CLOTHING RECOMMENDATIONS

Warm, flexible clothing that includes mittens/gloves, a jacket, snow pants/leggings and a hockey/bike helmet.

### \*NEW\* On-Ice Harness and Off-Ice Harness

The Maple Grove Skating School and the City of Maple Grove are proud to announce that an on-ice harness and off-ice harness are now available for use by Maple Grove Skating School participants. The on-ice harness and off-ice harness are tools that will assist participants by alleviating the fear of falling when learning new on-ice jumps and/or perfecting already consistent on-ice jumps. The Maple Grove Skating School Learn To Skate Program information contains all information regarding the new "JUMP TO NEW HEIGHTS" off-ice harness class and the existing classes that will now utilize the on-ice harness and off-ice harness. This is truly an exceptional opportunity for the Maple Grove Skating School participants! Register today!



**Maple Grove  
Skating School**

### 16<sup>th</sup> ANNUAL ICE SHOW (Ages 3 – Adult)

Any participant registered CONTINUOUSLY in the Maple Grove Skating School Learn To Skate Program at the Maple Grove Community Center Ice Arena, from October 2015 through April 2016, is eligible to participate in the 2016 Maple Grove Ice Show. The Ice Show is scheduled for April 16, 2016. Further information will be distributed during classes. Registration for the 16th Annual Ice Show will take place in mid-November 2015. All ages, 3 – adult, and all abilities are welcome to participate.

### National Skating Month - January 2016

January is National Skating Month for U.S. Figure Skating, USA Hockey and US Speedskating. During the classes of January 26-30, 2016, the Maple Grove Skating School will offer Figure Skating Exhibitions and National Skating Month related prizes. The Gently Used Skate and Skate Wear Sale will be held on Wednesday, January 13, 2016. Information regarding National Skating Month will be posted in the Maple Grove Skating School display case located at the bottom of the steps to the lower level of the arena. Mark your calendar and experience the excitement of National Skating Month!

### MAPLE GROVE SKATING SCHOOL OFFICIAL APPAREL

The Maple Grove Skating School and the City of Maple Grove are proud to present the Official Apparel for the Maple Grove Skating School. The Official Apparel consists of a black polyknit, long sleeved, full zipper jacket with the Maple Grove Skating School logo embroidered on the back and a black polyknit pant. Show your pride for the Maple Grove Skating School by wearing the Official Apparel. Purchase and wear the jacket alone or purchase the jacket and pant together. Orders take place twice a year: June and November. Contact the Skating Director, Mandy Pirich, at 763-494-5967 or email [mgskatingschool@maplegrovern.gov](mailto:mgskatingschool@maplegrovern.gov) for information regarding the sizing chart, prices and order form.

### MAPLE GROVE SKATING SCHOOL ON FACEBOOK

The Maple Grove Skating School is on Facebook. Become a fan and receive Maple Grove Skating School updates. "Like" the official Maple Grove Skating School page on Facebook today!



**Like us on Facebook!**

[www.facebook.com/  
maplegroveskatingschool](http://www.facebook.com/maplegroveskatingschool)

# Learn To Skate

## SNOWPLOW SAM (SNOWPLOW SAM 1 – 3)

*Ages 3 – 5*

Snowplow Sam teaches the U.S. Figure Skating Snowplow Sam 1 – 3 levels. It is designed to help young participants develop the coordination and strength necessary to maneuver on skates. Examples of elements taught include: standing up, forward/backward skating, forward/backward swizzles, forward one-foot glides, forward stopping, etc. Each class consists of a 30 minute group lesson and a 30 minute practice session. One parent/guardian is encouraged to participate with his/her participant in the first two classes of the session. Parents/guardians are required to wear skates if they wish to participate on the ice.

*~A helmet (hockey/bike) is highly recommended.*

*~Please arrive at the arena 30 minutes prior to the group lesson on the first day of class.*

**Maple Grove Community Center Ice Arena**

<b>Wednesdays, January 6 – February 24 (ex Jan 20)</b>		
6:00 – 6:30 p.m.	\$89, \$94 NR (7 ses)	103102-01
6:30 – 7:00 p.m.	practice time	
<b>Wednesdays, January 6 – February 24 (ex Jan 20)</b>		
6:30 – 7:00 p.m.	\$89, \$94 NR (7 ses)	103102-02
6:00 – 6:30 p.m.	practice time	
<b>Wednesdays, March 2 – April 6 (ex March 23)</b>		
6:00 – 6:30 p.m.	\$66, \$71 NR (5 ses)	103102-03
6:30 – 7:00 p.m.	practice time	
<b>Wednesdays, March 2 – April 6 (ex March 23)</b>		
6:30 – 7:00 p.m.	\$66, \$71 NR (5 ses)	103102-04
6:00 – 6:30 p.m.	practice time	
<b>Saturdays, January 9 – February 27 (ex Jan 23 &amp; Feb 6)</b>		
10:45 – 11:15 a.m.	\$78, \$83 NR (6 ses)	103102-05
11:15 – 11:45 a.m.	practice time	
<b>Saturdays, January 9 – February 27 (ex Jan 23 &amp; Feb 6)</b>		
11:15 – 11:45 a.m.	\$78, \$83 NR (6 ses)	103102-06
10:45 – 11:15 a.m.	practice time	
<b>Saturdays, January 9 – February 27 (ex Jan 23 &amp; Feb 6)</b>		
11:45 – 12:15 p.m.	\$78, \$83 NR (6 ses)	103102-07
11:15 – 11:45 a.m.	practice time	
<b>Saturdays, March 5 – April 9 (ex March 26)</b>		
10:45 – 11:15 a.m.	\$66, \$71 NR (5 ses)	103102-08
11:15 – 11:45 a.m.	practice time	
<b>Saturdays, March 5 – April 9 (ex March 26)</b>		
11:15 – 11:45 a.m.	\$66, \$71 NR (5 ses)	103102-09
10:45 – 11:15 a.m.	practice time	
<b>Saturdays, March 5 – April 9 (ex March 26)</b>		
11:45 – 12:15 p.m.	\$66, \$71 NR (5 ses)	103102-10
11:15 – 11:45 a.m.	practice time	

## DAYTIME SNOWPLOW SAM (SNOWPLOW SAM 1 – 3)

*Ages 3 – 5*

Snowplow Sam teaches the U.S. Figure Skating Snowplow Sam 1 – 3 levels. It is designed to help young participants develop the coordination and strength necessary to maneuver on skates. Examples of elements taught include: standing up, forward/backward skating, forward/backward swizzles, forward one-foot glides, forward stopping, etc. Each class consists of a 30 minute group lesson and a 30 minute practice session. One parent/guardian is encouraged to participate with his/her participant in the first two classes of the session. Parents/guardians are required to wear skates if they wish to participate on the ice.

*~A helmet (hockey/bike) is highly recommended.*

*~Please arrive at the arena 20 minutes prior to the group lesson on the first day of class.*

**Maple Grove Community Center Ice Arena**

<u>Ages 3 – 4</u>		
<b>Tuesdays, January 5 – February 23 (ex Jan 19)</b>		
10:15 – 10:45 a.m.	\$89, \$94 NR (7 ses)	103101-01
10:45 – 11:15 a.m.	practice time	
<u>Ages 4 – 5</u>		
<b>Tuesdays, January 5 – February 23 (ex Jan 19)</b>		
10:45 – 11:15 a.m.	\$89, \$94 NR (7 ses)	103101-02
10:15 – 10:45 a.m.	practice time	
<u>Ages 3 – 4</u>		
<b>Tuesdays, March 1 – April 19 (ex Mar 22)</b>		
10:15 – 10:45 a.m.	\$89, \$94 NR (7 ses)	103101-03
10:45 – 11:15 a.m.	practice time	
<u>Ages 4 – 5</u>		
<b>Tuesdays, March 1 – April 19 (ex Mar 22)</b>		
10:45 – 11:15 a.m.	\$89, \$94 NR (7 ses)	103101-04
10:15 – 10:45 a.m.	practice time	
<u>Ages 3 – 5</u>		
<b>Thursdays, January 7 – February 25 (ex Jan 21 &amp; Feb 4)</b>		
10:15 – 10:45 a.m.	\$78, \$83 NR (6 ses)	103101-05
10:45 – 11:15 a.m.	practice time	
<u>Ages 3 – 5</u>		
<b>Thursdays, March 3 – April 21 (ex Mar 24)</b>		
10:15 – 10:45 a.m.	\$89, \$94 NR (7 ses)	103101-06
10:45 – 11:15 a.m.	practice time	



# Learn To Skate

## SKATING SCHOOL (BASIC 1 – 3)

*Ages 6 – 12 or passed Snowplow Sam 3*

Skating School teaches the U.S. Figure Skating Basic 1 – 3 levels. It is designed to help participants develop the coordination and strength necessary to maneuver on skates. Examples of elements taught include: forward/backward skating, forward/backward swizzles, forward/backward one-foot glides, forward stopping, forward to backward two-foot turns, etc. Each class consists of a 30 minute group lesson and a 30 minute practice session.

*~A helmet (hockey/bike) is highly recommended.*

*~Please arrive at the arena 30 minutes prior to the group lesson on the first day of class.*

**Maple Grove Community Center Ice Arena**

Basic 1 – 3

**Wednesdays, January 6 – February 24 (ex Jan 20)**

7:00 – 7:30 p.m.	\$89, \$94 NR (7 ses)	103103-01
7:30 – 8:00 p.m.	practice time	

Basic 1 – 3

**Wednesdays, March 2 – April 6 (ex Mar 23)**

7:00 – 7:30 p.m.	\$66, \$71 NR (5 ses)	103103-02
7:30 – 8:00 p.m.	practice time	

Basic 1

**Saturdays, January 9 – February 27 (ex Jan 23 & Feb 6)**

11:45 – 12:15 p.m.	\$78, \$83 NR (6 ses)	103103-03
11:15 – 11:45 a.m.	practice time	

Basic 2 – 3

**Saturdays, January 9 – February 27 (ex Jan 23 & Feb 6)**

12:15 – 12:45 p.m.	\$78, \$83 NR (6 ses)	103103-04
11:45 – 12:15 p.m.	practice time	

Basic 1

**Saturdays, March 5 – April 9 (ex Mar 26)**

11:45 – 12:15 p.m.	\$66, \$71 NR (5 ses)	103103-05
11:15 – 11:45 a.m.	practice time	

Basic 2 – 3

**Saturdays, March 5 – April 9 (ex Mar 26)**

12:15 – 12:45 p.m.	\$66, \$71 NR (5 ses)	103103-06
11:45 – 12:15 p.m.	practice time	



## DAYTIME SKATING SCHOOL (BASIC 1 – 3)

*Ages 6 – 12 or passed Snowplow Sam 3*

Skating School teaches the U.S. Figure Skating Basic 1 – 3 levels. It is designed to help participants develop the coordination and strength necessary to maneuver on skates. Examples of elements taught include: forward/backward skating, forward/backward swizzles, forward/backward one-foot glides, forward stopping, forward to backward two-foot turns, etc. Each class consists of a 30 minute group lesson and a 30 minute practice session.

*~A helmet (hockey/bike) is highly recommended.*

*~Please arrive at the arena 20 minutes prior to the group lesson on the first day of class.*

**Maple Grove Community Center Ice Arena**

**Thursdays, January 7 – February 25 (ex Jan 21 & Feb 4)**

10:45 – 11:15 a.m.	\$78, \$83 NR (6 ses)	103104-01
10:15 – 10:45 a.m.	practice time	

**Thursdays, March 3 – April 21 (ex Mar 24)**

10:45 – 11:15 a.m.	\$89, \$94 NR (7 ses)	103104-02
10:15 – 10:45 a.m.	practice time	

## HOCKEY SKATING DEVELOPMENT

**(HOCKEY 1 – 4)**

*Ages 6 – 12 or passed Snowplow Sam 3*

The most important skill in the development of a hockey player is skating technique and it is the primary focus of this hockey program. Participants will learn to maneuver faster and become more agile on the ice. There are four levels for this hockey program: Hockey 1 – 4. This program is endorsed by USA Hockey. Participants who are new to the program will be placed in Hockey 1 and progress through all four levels in order to learn all of the fundamentals. This hockey program will NOT talk about the game of hockey or use sticks or pucks. Each class consists of a 30 minute group lesson and a 30 minute practice session.

*~A helmet (hockey) is highly recommended.*

*~Please arrive at the arena 30 minutes prior to the group lesson on the first day of class.*

**Maple Grove Community Center Ice Arena**

**Wednesdays, January 6 – February 24 (ex Jan 20)**

6:00 – 6:30 p.m.	\$89, \$94 NR (7 ses)	103205-01
6:30 – 7:00 p.m.	practice time	

**Wednesdays, March 2 – April 6 (ex Mar 23)**

6:00 – 6:30 p.m.	\$66, \$71 NR (5 ses)	103205-02
6:30 – 7:00 p.m.	practice time	

**Saturdays, January 9 – February 27 (ex Jan 23 & Feb 6)**

10:45 – 11:15 a.m.	\$78, \$83 NR (6 ses)	103205-03
11:15 – 11:45 a.m.	practice time	

**Saturdays, March 5 – April 9 (ex Mar 26)**

10:45 – 11:15 a.m.	\$66, \$71 NR (5 ses)	103205-04
11:15 – 11:45 a.m.	practice time	

# Learn To Skate

## ADULT (ADULT 1 – 6)

*Ages 13 – Adult*

Adult teaches the U.S. Figure Skating Adult 1 – 6 levels. It is designed to help participants develop the coordination and strength necessary to maneuver on skates. Examples of elements taught include: forward/backward skating, forward/backward swizzles, forward/backward one-foot glides, forward stopping, forward/backward edges, forward/backward crossovers, etc. Each class consists of a 30 minute group lesson and a 30 minute practice session.

~A helmet (hockey/bike) is highly recommended.

~Please arrive at the arena 30 minutes prior to the group lesson on the first day of class.

**Maple Grove Community Center Ice Arena**

Wednesdays, January 6 – February 24 (ex Jan 20)  
 7:00 – 7:30 p.m. \$89, \$94 NR (7 ses) 103106-01  
 7:30 – 8:00 p.m. practice time

Wednesdays, March 2 – April 6 (ex Mar 23)  
 7:00 – 7:30 p.m. \$66, \$71 NR (5 ses) 103106-02  
 7:30 – 8:00 p.m. practice time

Saturdays, January 9 – February 27 (ex Jan 23 & Feb 6)  
 12:15 – 12:45 p.m. \$78, \$83 NR (6 ses) 103106-03  
 11:45 – 12:15 p.m. practice time

Saturdays, March 5 – April 9 (ex Mar 26)  
 12:15 – 12:45 p.m. \$66, \$71 NR (5 ses) 103106-04  
 11:45 – 12:15 p.m. practice time

## ADVANCED SKATING SCHOOL (BASIC 4 – 6)

*Participants who have passed Basic 3*

Advanced Skating School teaches the U.S. Figure Skating Basic 4 – 6 levels. Examples of elements taught include: forward/backward crossovers, forward outside/inside three turns, hockey stops, forward spirals, backward to forward two-foot turns, etc. Each class consists of a 45 minute group lesson and a 60 minute practice session.

~Skating attire is highly recommended and jeans are not allowed. Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.

~Please arrive at the arena 20 minutes prior to the group lesson on the first day of class.

**Maple Grove Community Center Ice Arena**

Wednesdays, January 6 – February 24 (ex Jan 20)  
 7:30 – 8:15 p.m. \$95, \$100 NR (7 ses) 103107-01  
 6:30 – 7:30 p.m. practice time

Wednesdays, March 2 – April 6 (ex Mar 23)  
 7:30 – 8:15 p.m. \$71, \$76 NR (5 ses) 103107-02  
 6:30 – 7:30 p.m. practice time

Saturdays, January 9 – February 27 (ex Jan 23 & Feb 6)  
 9:45 – 10:30 a.m. \$83 \$88 NR (6 ses) 103107-03  
 10:45 – 11:45 a.m. practice time

Saturdays, March 5 – April 9 (ex Mar 26)  
 9:45 – 10:30 a.m. \$71, \$76 NR (5 ses) 103107-04  
 10:45 – 11:45 a.m. practice time

## JUNIOR CLUB 1 (BASIC 7 - 8)

*Participants who have passed Basic 6*

Junior Club 1 teaches the U.S. Figure Skating Basic 7 – 8 levels. Examples of elements taught include: mohawks, moving three turns, pivots, beginning one foot spins, ballet jumps, etc. Each class consists of a 60 minute group lesson and a 60 minute practice session.

~Skating attire is highly recommended and jeans are not allowed. Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.

~Please arrive at the arena 20 minutes prior to the group lesson on the first day of class.

**Maple Grove Community Center Ice Arena**

Saturdays, January 9 – February 27 (ex Jan 23 & Feb 6)  
 8:45 – 9:45 a.m. \$89, \$94 NR (6 ses) 103108-01  
 9:45 – 11:00 a.m. practice time  
 (ice resurface from 10:30 – 10:45 a.m.)

Saturdays, March 5 – April 9 (ex Mar 26)  
 8:45 – 9:45 a.m. \$74, \$79 NR (5 ses) 103108-02  
 9:45 – 11:00 a.m. practice time  
 (ice resurface from 10:30 – 10:45 a.m.)



## JUNIOR CLUB 2 (FREE SKATE 1 - 3)

*Participants who have passed Basic 8*

Junior Club 2 teaches the U.S. Figure Skating Free Skate 1 – 3 levels. Examples of elements taught include: forward/backward edges on an axis, forward/backward scratch spins, waltz jumps, toe loops, etc. Each class consists of a 60 minute group lesson and a 60 minute practice session.

~Skating attire is highly recommended and jeans are not allowed. Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.

~Please arrive at the arena 20 minutes prior to the group lesson on the first day of class.

**Maple Grove Community Center Ice Arena**

Saturdays, January 9 – February 27 (ex Jan 23 & Feb 6)  
 8:45 – 9:45 a.m. \$89, \$94 NR (6 ses) 103109-01  
 9:45 – 11:00 a.m. practice time  
 (ice resurface from 10:30 – 10:45 a.m.)

Saturdays, March 5 – April 9 (ex Mar 26)  
 8:45 – 9:45 a.m. \$74, \$79 NR (5 ses) 103109-02  
 9:45 – 11:00 a.m. practice time  
 (ice resurface from 10:30 – 10:45 a.m.)

# Learn To Skate

## SENIOR CLUB (FREE SKATE 4 – 6)

*Participants who have passed Free Skate 3*

Senior Club teaches the U.S. Figure Skating Free Skate 4 – 6 levels. Examples of elements taught include: forward/backward power three turns, spiral sequences, camel spins, loop jumps, the axel, etc. Participants will have access to the on-ice harness and off-ice harness. Each class consists of a 60 minute group lesson, 15 minute break, 30 minute off-ice group lesson, and a 60 minute practice session..

*~Skating attire is highly recommended and jeans are not allowed. Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.*

*~Please arrive at the arena 20 minutes prior to the group lesson on the first day of class.*

**Maple Grove Community Center Ice Arena**

Saturdays, January 9 – February 27 (ex Jan 23 & Feb 6)  
7:45 – 9:30 a.m. \$100, \$105 NR (6 ses) 103110-01  
9:45 – 11:00 a.m. practice time  
(ice resurface from 10:30 – 10:45 a.m.)

Saturdays, March 5 – April 9 (ex Mar 26)  
7:45 – 9:30 a.m. \$84, \$89 NR (5 ses) 103110-02  
9:45 – 11:00 a.m. practice time  
(ice resurface from 10:30 – 10:45 a.m.)

## BRIDGE BEYOND THE BASICS

*Participants who are ALSO registered for Free Skate 1-6*

Elements in Free Skate 1 – 6 are difficult and many participants repeat these levels. Participants will receive both group and individualized instruction that will assist participants to pass the Free Skate 1 – 6 levels. The focus of this class will be the individual participant. Each participant will concentrate on the specific elements that must still be achieved by the participant in order to pass the Free Skate 1 – 6 levels. Participants will have access to the on-ice harness at the Free Skate 4 – 6 levels. This is an additional class offered exclusively to participants who are also registered for Free Skate 1 – 6. Participants must continue to be registered for Free Skate 1 – 6 in order to participate in Bridge Beyond The Basics.

*~Skating attire is highly recommended and jeans are not allowed. Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.*

*~If a participant is registered for Bridge Beyond The Basics, his/her Junior Club 2/Senior Club practice time will be changed from 9:45 – 11:00 a.m. to 10:45 – 11:45 a.m on Saturdays.*

*~Note: Bridge Beyond The Basics is offered on both Wednesday evenings and Saturday mornings.*

*~Please arrive at the arena 20 minutes prior to the group lesson on the first day of class.*

**Maple Grove Community Center Ice Arena**

Wednesdays, January 6 – February 24 (ex Jan 20)  
7:30 – 8:15 p.m. \$95, \$100 NR (7 ses) 103111-01  
Wednesdays, March 2 – April 6 (ex Mar 23)  
7:30 – 8:15 p.m. \$71, \$76 NR (5 ses) 103111-02

Saturdays, January 9 – February 27 (ex Jan 23 & Feb 6)  
9:45 – 10:30 a.m. \$83, \$88 NR (6 ses) 103111-03  
Saturdays, March 5 – April 9 (ex Mar 26)  
9:45 – 10:30 a.m. \$71, \$76 NR (5 ses) 103111-04

## HIGH BRIDGE BEYOND THE BASICS

*Participants who have passed Free Skate 6*

High Bridge Beyond The Basics teaches advanced elements and assists in preparing participants for U.S. Figure Skating introductory tests and competitions. Participants will receive both group and individualized instruction. There will be a progression of class levels that will focus on stroking/edges/power skating/spins/jumps, the on-ice warm up and off-ice cool down, proper ice etiquette, introductory U.S. Figure Skating Moves in the Field patterns, introductory U.S. Figure Skating test/competition elements, proper stretching techniques, goal setting/positive thinking, boot/blade education, and parent/guardian education. Participants will have access to the on-ice harness and off-ice harness. Each class consists of a 60 minute on-ice session, 15 minute break, 30 minute off-ice group lesson, and a 60 minute practice session.

*~Skating attire is highly recommended and jeans are not allowed. Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.*

*~Arrive at the arena 20 minutes prior to the on-ice session on the first day of class.*

**Maple Grove Community Center Ice Arena**

Saturdays, January 9 – February 27 (ex Jan 23 & Feb 6)  
7:45 – 9:30 a.m. \$100, \$105 NR (6 ses) 103112-01  
9:45 – 11:00 a.m. practice time  
(ice resurface from 10:30 – 10:45 a.m.)

Saturdays, March 5 – April 9 (ex Mar 26)  
7:45 – 9:30 a.m. \$84, \$89 NR (5 ses) 103112-02  
9:45 – 11:00 a.m. practice time  
(ice resurface from 10:30 – 10:45 a.m.)



## JUMP TO NEW HEIGHTS

### Off-Ice Harness Class

*Participants who are ALSO registered for Junior Club 1, Junior Club 2, Senior Club, or High Bridge Beyond Basics*

Jump To New Heights is an off-ice harness class that teaches proper jump rotation utilizing the off-ice harness. This 15 minute class is limited to 3 participants and will offer off-ice harness instruction and off-ice jump technique instruction. Participants will receive immediate feedback and analysis of his/her jump rotation. Mastering jump rotation is essential when learning new on-ice jumps and/or perfecting already consistent on-ice jumps. Participants may wear either their skates or shoes during this class.

*~Skating attire is highly recommended and jeans are not allowed. Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.*

**Maple Grove Community Center Ice Arena**

**Sundays, January 10 - February 21 (ex Jan 24 & Feb 7)**

9:00 – 9:15 a.m.	\$20, \$25 NR (5 ses)	103113-01
9:15 – 9:30 a.m.	\$20, \$25 NR (5 ses)	103113-02

**Sundays, March 6 - April 10 (ex Mar 27)**

9:00 – 9:15 a.m.	\$20, \$25 NR (5 ses)	103113-03
9:15 – 9:30 a.m.	\$20, \$25 NR (5 ses)	103113-04

**Wednesdays, January 6 - February 24 (ex Jan 20)**

7:40 – 7:55 p.m.	\$28, \$33 NR (7 ses)	103113-05
7:55 – 8:10 p.m.	\$28, \$33 NR (7 ses)	103113-06

**Wednesdays, March 2 - April 6 (ex Mar 23)**

7:40 – 7:55 p.m.	\$20, \$25 NR (5 ses)	103113-07
7:55 – 8:10 p.m.	\$20, \$25 NR (5 ses)	103113-08

**Saturdays, January 9 - February 27 (ex Jan 23 & Feb 6)**

8:20 – 8:35 a.m.	\$24, \$29 NR (6 ses)	103113-09
9:35 – 9:50 a.m.	\$24, \$29 NR (6 ses)	103113-10
9:50 – 10:05 a.m.	\$24, \$29 NR (6 ses)	103113-11
10:05 – 10:20 a.m.	\$24, \$29 NR (6 ses)	103113-12

**Saturdays, March 5 - April 9 (ex Mar 26)**

8:20 – 8:35 a.m.	\$20, \$25 NR (5 ses)	103113-13
9:35 – 9:50 a.m.	\$20, \$25 NR (5 ses)	103113-14
9:50 – 10:05 a.m.	\$20, \$25 NR (5 ses)	103113-15
10:05 – 10:20 a.m.	\$20, \$25 NR (5 ses)	103113-16



## OPEN FREESTYLE

*Participants who have passed Basic 6*

Open Freestyle is a 45 minute or 60 minute session where a participant can make use of additional practice time on a full sheet of ice, and if interested, private lessons with a U.S. Figure Skating Coach. Open Freestyle is available to participants who have passed Basic 6 and above. Private lessons are available and contracted separately between a participant and a U.S. Figure Skating Coach. The use of the on-ice harness will be available on this session and may be used only by a participant along with a Maple Grove Skating School staff member who has been trained in the use of the on-ice harness. Registration fees submitted here only provide entrance and access to the Open Freestyle ice session. The Maple Grove Community Center All Building Membership or Open Ice Skating Coupons are NOT VALID for Open Freestyle. If you are interested in more information regarding Open Freestyle or private lessons, please contact the Skating Director, Mandy Pirich, at 763-494-5967 or email [mgskatingschool@maplegrovmn.gov](mailto:mgskatingschool@maplegrovmn.gov) with any questions.

*~Note: If a participant does not pre-register for Open Freestyle, the fee for each 45 minute session will be \$9.75 and payable to the Maple Grove Ice Arena Attendant before the session begins.*

*~Note: If a participant does not pre-register for Open Freestyle, the fee for each 60 minute session will be \$13.00 and payable to the Maple Grove Ice Arena Attendant before the session begins.*

*~Skating attire is highly recommended and jeans are not allowed. Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.*

**Maple Grove Community Center Ice Arena**

**Wednesdays, January 6 - March 16 (ex Jan 20)**

5:15 – 6:00 p.m.	\$82.50, \$87.50 NR (10 ses)	103114-01
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**Wednesdays, January 6 - March 16 (ex Jan 20)**

8:15 – 9:15 p.m.	\$110, \$115 NR (10 ses)	103114-02
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# Music For Everyone

## MUSIC FOR EVERYONE

This is a program that offers private music lessons and group activities for students of all ages, from pre-schoolers to adults. The cities of *Maple Grove, Brooklyn Park, Golden Valley, New Hope and Plymouth* have formed this music consortium to present quality music instruction to their residents. Persons not living in one of the above communities have the opportunity to take part in these lessons, but will be charged an additional \$10.00 non-resident fee per program.

**NOT  
available  
for Internet  
registration!**

## PRIVATE LESSONS

*Ages 7 – Adult*

The private music lesson program is ultimately designed to be a 12 month continuum for the entire year. Registration fees are taken on a quarterly basis. New students can enroll for private lessons at any time during the quarter, as space allows and fees can be pro-rated. Lesson times will be arranged by individual teachers. All private lessons are 30 minutes long and meet once per week. Additional costs will occur for lesson books and materials. In the event that an instructor has to cancel due to an emergency, the instructor will try to make-up the lesson or a refund will be issued at the request of the participant. The lessons are held at the **Maple Grove Community Center** and the **Lakeview Knolls Village Hall, 9391 Fernbrook Lane, (west of Arbor View in upper parking lot)**

The winter session begins the week of January 4th. A variety of days and times are offered. **Call Alyssa (763-509-5224) to arrange a private lesson day and time prior to registration.**

**\$242.00 residents, \$252.00 non-residents • 11 lessons**

(non-resident fees are charged to participants not living in a member city)

- ◆ For time arrangements and program content, call Alyssa at 763-509-5224.
- ◆ Registration is available in person during Parks & Recreation business hours, by fax, 763-494-6456 (Visa, MasterCard or Discover) or by mail. **Electronic registration is not available.**
- ◆ All students must bring their receipt to their first private lesson.
- ◆ See registration procedures on page 70.



## PRIVATE PIANO

Weekly lessons are offered for beginner, intermediate and advanced students. This course includes basic and advanced keyboard technique, sight reading, basic music theory and ensemble playing.

**104201-01**

**NOT  
available  
for Internet  
registration!**

## PRIVATE GUITAR

From beginning classical to jazz, to acoustic to electric expertise, a course of study can be designed for a life-long guitar playing experience.

**104202-01**



## PRIVATE VIOLIN/VIOLA

Get more enjoyment from your school orchestra by improving your performing skills. If you are just getting started, in the middle, or even an advanced player – just sign up! You will study technique, musicianship, sight reading and interpretation.

**104203-01**

## PRIVATE VOICE

Instruction will include proper voice placement, breath control, diction, note reading and intonation. Whether a beginner or a more experienced singer, our teachers will be able to increase your level of performance.

**104204-01**

## PRIVATE BRASS

Develop a rich and beautiful tone, improve your sight-reading, expand your range, play classical and jazz styles. Beginner to advanced students welcome on trumpet, trombone and baritone.

**104205-01**

## PRIVATE WOODWINDS

Learn new skills or improve those you already have on flute, clarinet and saxophone. Develop tone, rhythm and reading skills.

**104206-01**

## PRIVATE HARP

Individual lessons on folk and lever harp will teach beginning to intermediate techniques, sight and note-reading, rhythm and give you an introduction to literature.

**104207-01**

## Music For Everyone - Group

### FIRST STEPS IN MUSICLAND

*Ages 18 months - 3 years with a parent*

This preschool class teaches toddlers basic musical concepts. In this educational class, parents and children will have fun dancing, singing and playing instruments while the children learn valuable skills such as rhythm, eye-hand coordination, gross motor and focused learning. This class is taught by a licensed music educator. Come for fun and leave with a foundation for future musical skills and knowledge. Parents participate with their child. All registration accepted immediately

Village Hall (Lakeview Knolls Park Bldg), 9391 Fernbrook Lane  
(Park building behind Arbor View)

Mondays, January 4 – February 8

9:30 – 10:15 a.m.	\$49(R), \$54(NR)	104108-01
10:20 – 11:05 a.m.	\$49(R), \$54(NR)	104108-02

Mondays, February 15 – March 21

9:30 – 10:15 a.m.	\$49(R), \$54(NR)	104108-03
10:20 – 11:05 a.m.	\$49(R), \$54(NR)	104108-04

**NOT  
available  
for Internet  
registration!**



### PIANO FOR LITTLE MOZARTS

*Ages 4 - 6*

Find a friend or a sibling to explore beginning steps at the piano with a Little Mozart's partners-lesson. Students will receive a fantastic jump start on the piano with hands-on activities. Each lesson includes music facts, movements, singing, percussion instruments and time on the keyboard. Students will also be exposed to the rich heritage of classical music by some of the greats--Mozart, Beethoven, and many more.

Village Hall (Lakeview Knolls Park Bldg), 9391 Fernbrook Lane  
(Park building behind Arbor View)

Mondays, January 4 - February 8

11:15 – 11:45 a.m.	\$72(R), \$80(NR)	104109-01
11:45 - 12:15 p.m.	\$72(R), \$80(NR)	104109-02

Mondays, February 15 - March 21

11:15 – 11:45 a.m.	\$72(R), \$80(NR)	104109-03
11:45 - 12:15 p.m.	\$72(R), \$80(NR)	104109-04

## Family Fun Activities



### SESAME STREET LIVE presents *Make A New Friend*

No matter where you're from or where you've been, everyone is special - so join in! Elmo, Grover, Abby Cadabby, and their Sesame Street friends welcome Chamki, Grover's friend from India, to Sesame Street. Together, they explore the universal fun of friendship and celebrate cultural similarities, from singing and dancing, to sharing cookies! You will be notified when the tickets arrive at the Parks & Recreation office for pick-up. All registration accepted immediately. The deadline is Friday, January 1 or until spaces fill.

Please arrive at least ½ hour before the performance.

Target Center, 600 First Ave N, Minneapolis

Friday, January 15,		Ticket
10:30 a.m.	\$10.50 (lower level)	Sesame Street Live-Fri
Saturday, January 16		Ticket
10:30 a.m.	\$23.50 (lower level)	Sesame Street Live-Sat



### DISNEY ON ICE presents *Let's Celebrate!*

It's one colossal party on ice, with all your favorite Disney friends at Disney On Ice presents Let's Celebrate! Presented by Stonyfield YoKids. Join Mickey Mouse and Minnie Mouse as they celebrate a magical medley of holidays, celebrations and festivities from around the globe. Come join the party when Disney On Ice skates into Target Center! Registration accepted immediately. Registration deadline is February 12 or until spaces fill.

Target Center, 600 First Ave N, Minneapolis

Thursday, February 25		Ticket
10:30 am	\$12.75 (lower level corners)	Disney on Ice-Thur
Saturday, February 27		Ticket
11:00 am	\$24.50 (lower level corners)	Disney on Ice-Sat

## Family Fun Activities



### HARLEM GLOBETROTTERS *Children and adults*

The Harlem Globetrotters are preparing for their most epic tour in history, as the world famous team celebrates its 90th anniversary world tour, with over 320 games in North America alone. A star-studded roster will have fans on the edge of their seats to witness the ball handling wizardry, basketball artistry and one-of-a-kind family entertainment that thrills fans of all ages. The Globetrotters tipped off their historic 90th year of smiles, sportsmanship and service in the fall of 2015. After every game, Globetrotters stars remain on the court for autographs and photographs with fans. Registration accepted immediately. Registration deadline is Wednesday, March 16 or until spaces fill.

**Target Center, 600 First Ave N, Minneapolis**

Saturday, March 26 Ticket  
1:00 p.m. **\$29 (lower level corners)** **Harlem Globetrotter**



### MARVEL UNIVERSE - LIVE!

Marvel fans, assemble! Marvel Universe LIVE! is taking the live entertainment experience to a whole new level, with a mind-blowing show unlike anything you've seen before. Watch your favorite Marvel Super Heroes including Spider Man and The Avengers (Iron Man, Black Widow, Hulk and more) and threatening villains come to life in an action-packed arena extravaganza, coming to Minneapolis. You'll definitely feel the energy with cutting-edge special effects, pyrotechnics, aerial stunts, martial arts, motorcycles and more. It's being hailed as the most technically advanced live show ever. Join Marvel fans of all ages for this once-in-a-lifetime, monumental performance. The fate of the universe depends on it! These are lower level side seats. Registration accepted immediately. Registration deadline is Friday, March 25 or until spaces fill.

**Target Center, 600 First Ave N, Minneapolis**

Saturday, April 9 Ticket  
11:00 am **\$23.50 (lower level side)** **Marvel Universe-Sat**

Sunday, April 10 Ticket  
1:00 pm **\$23.50 (lower level side)** **Marvel Universe-Sun**

## Kids World- Creative Kids

### PRESCHOOL ADVENTURES

*Ages 3½ - 5 (without a parent)*



#### Who's Inside the Mitten?

Come and join us as we explore the wonderful story, "The Mitten" by Jan Brett. We will learn how these cozy, warm, fuzzy cuddly mittens kept the animals warm and safe and how they keep our hands warm too. We will create a fun mitten craft and end our time with a cozy snack. Instructor, Barb Hiltner.

**Maple Grove Community Center**

Monday, January 11

9:30 – 11:30 a.m.	\$13	105306-01
12:00 – 2:00 p.m.	\$13	105306-02



#### Mmmm Chocolate!

What is better than chocolate? Come and help us explore the joys of chocolate by playing with chocolate scented playdoh and creating a chocolate project. We will also go on a chocolate kiss hunt and enjoy a sweet treat! Instructor, Barb Hiltner.

**Maple Grove Community Center**

Monday, February 8

9:30 – 11:30 a.m.	\$13	105306-03
12:00 – 2:00 p.m.	\$13	105306-04



#### Jelly Bean Jamboree

Do you like jelly beans? This is a sweet way to explore colors. We will make a jelly bean craft, sing songs and enjoy a sweet treat. Come and join us! Instructor, Barb Hiltner.

**Maple Grove Community Center**

Monday, March 21

9:30 – 11:30 a.m.	\$13	105306-05
12:00 – 2:00 p.m.	\$13	105306-06

# Kids World- Creative Kids

## ARTISTIC MOMENTS - PRESCHOOL

*Ages 3 - 5 with a parent*

Artistic Moments are designed to meet the artistic needs of all children. Children will have the opportunity to work with a variety of materials they may not ordinarily have access to. Fees include all supplies. These classes are taught by Kris Holtmeyer, Artistic Moments Instructor.

**Classes differ in locations.**



### Valentine's Cupcake Art, Mom (Or Dad) & Me

You will want to share these creative Valentine cupcakes with someone special! Learn the basic skills of cupcake decorating. Have fun using different decorating tips and colorful tubes of icing to create your edible works of art. You will make four festive cupcakes to take home. All artistic abilities welcome! Be prepared to have a great time!

**Maple Grove Senior High, Room 277**

Tuesday, January 26

6:00 - 7:30 pm

\$18.00

105301-01

### Painting on Canvas

Do you like art? Would you like to learn how to paint your favorite photograph? Come and join us for a fun-filled adventure in the world of painting! Learn how to use a variety of brushes and techniques to explore painting on canvas. Have fun mixing and applying easy-to-use acrylic paints to create your very own work of art! Bring in your favorite 8.5" x 11" picture (photograph or photocopy). All artistic abilities are welcome! *An art shirt is advisable.*

**Maple Grove Middle School, Room A137**

Saturday, February 20

9:00 - 10:30 am

\$18.00

105301-02

### Cookie Creations Art Mom (Or Dad) & Me

You might not want to share these creative cookies with anyone! Learn the basic skills of cookie decorating. Have fun using different decorating tips and colorful tubes of icing to create your edible works of art. You will make four-five festive cookies to take home. All artistic abilities welcome! Be prepared to have a great time!

**Maple Grove Senior High, Room 277**

Saturday, March 12

9:00 - 10:30 am

\$18.00

105301-03

## ARTISTIC MOMENTS - ELEMENTARY

*Grades K - 4*

Artistic Moments are designed to meet the artistic needs of all children. Children will have the opportunity to work with a variety of materials they may not ordinarily have access to. These classes are taught by Kris Holtmeyer, Artistic Moments Instructor. Supplies are included; bring a paint shirt.

**Classes differ in locations.**

### Valentine's Cupcake Art

You will want to share these creative Valentine cupcakes with someone special! Learn the basic skills of cupcake decorating. Have fun using different decorating tips and colorful tubes of icing to create your edible works of art. You will make four festive cupcakes to take home. All artistic abilities welcome! Be prepared to have a great time!

**Maple Grove Middle School, Room A137**

Thursday, January 28

6:00 - 7:30 pm

\$18.00

105301-04

### Painting on Canvas

Do you like art? Would you like to learn how to paint your favorite photograph? Come and join us for a fun-filled adventure in the world of painting! Learn how to use a variety of brushes and techniques to explore painting on canvas. Have fun mixing and applying easy-to-use acrylic paints to create your very own work of art! Bring in your favorite 8.5" x 11" picture (photograph or photocopy). All artistic abilities are welcome! *An art shirt is advisable.*

**Maple Grove Middle School, Room A137**

Saturday, February 20

10:45 - 12:15 pm

\$18.00

105301-05



### Cookie Creations Art

You might not want to share these creative cookies with anyone! Learn the basic skills of cookie decorating. Have fun using different decorating tips and colorful tubes of icing to create your edible works of art. You will make four-five festive cookies to take home. All artistic abilities welcome! Be prepared to have a great time!

**Maple Grove Senior High, Room 277**

Saturday, March 12

10:45 - 12:15 pm

\$18.00

105301-06

## KIDCREATE STUDIO

Kidcreate Studio launches children into the incredible world of art. Our energized classes, camps and birthday parties offer an exciting format for art exploration. We focus on art creation and art education. Lesson plans, designed by an art education professional, are age appropriate and devised to inspire the individual child. Our teachers provide a positive, fun, self-esteem building atmosphere where children learn to express themselves through the visual arts. Parents can be assured their child is being educated in a supportive environment where giggles and grins are encouraged. For more information about Kidcreate Studio visit the Web site at [www.kidcreatestudio.com](http://www.kidcreatestudio.com)

Village Hall (Lakeview Knolls Park), 9391 Fernbrook Lane  
(Upper Arbor View parking lot)



### Mess Mania PJ Party with Kidcreate Studio

*Ages 3 - 6*

Making a mess is the best, but getting messy while wearing your jammies is even better! That's exactly what we'll be doing this morning as we create magnificently messy paintings. *Please pack a nut free snack and drink for your child and wear your jammies.*

**Saturday, March 12**

9:00 – 12:00 noon      \$33      105304-04

### Barn Yard Buddies Art with Kidcreate Studio

*Ages 18 months - 6 years with parent*

Moo! Meow! Woof! All your child's favorite farm friends will come to life! We'll create puppies, horses, cows and more using several simple artistic techniques. This class is so much fun, it's like having your very own petting zoo! Come and create right along with your child in these hands on classes! Children must be accompanied by a caregiver.

**Thursdays, Jan 7 – 28**

9:30 - 10:30 a.m.      \$56      105304-01

### Valentine's Day with Kidcreate Studio

*Ages 4 - 9*

It's Valentine's Day and romance is in the air. Sign your kids up for some Valentine's Day fun of their own. The kids will create clay mosaics in the shape of a heart. A great gift for someone they love! Register early for this class, it will fill up fast! *Please pack a nut free snack and drink for your child.*

**Saturday, February 13**

9:00 – 12:00 noon      \$33      105304-05

### Dinomania Art with Kidcreate Studio

*Ages 18 months - 6 years with parent*

Is your child crazy about dinosaurs? Tyrannosaurs Rex, Triceratops and Diplodocus - they love them all! The kids will learn cool facts about our extinct friends and be inspired to create fantastic works of dino art. We'll be creating fossils, dino eggs, dioramas and more! A variety of art materials such as papier maché, clay, paint, and Legos will be used as we explore these enormous creatures. Come and create right along with your child. Children must be accompanied by a caregiver.

**Thursdays, Feb 4 – 25**

9:30 – 10:30 a.m.      \$56      105304-02

### Super-Duper Messy Art with Kidcreate Studio

*Ages 4 - 9*

Hey kids, do you love to get messy? Then this is the art class for you! We'll use tissue paper to papier maché an adorable puppy dog onto a real canvas board. This project is so sloppy your mom would never let you make it at home! Isn't making a mess the best?!?! *Please pack a nut free snack and drink for your child.*

**Saturday, January 30**

9:00 – 12:00 noon      \$33      105304-06



### Art Zoo with Kidcreate Studio

*Ages 18 months - 6 years with parent*

We're going to the zoo, zoo, zoo. How about you, you, you? Join us as we explore the wonder and beauty of zoo animals. We will take a virtual zoo tour each day as we learn about animals and create animal inspired art. We'll use a variety of art media to create "wild" projects the children can look at, play with or wear. Come and create right along with your child. Children must be accompanied by a caregiver.

**Thursdays, March 3 - 24**

9:30 – 10:30 a.m.      \$56      105304-03

### Candy Crafts with Kidcreate Studio

*Ages 5 - 12*

Come and join us as we create art out of candy and other sweet art supplies! The art materials of choice will be frosting, gummy bears, gumdrops, marshmallows and other candy treats along with clay and paint. We will create a winter wonderland scene, a jumbo piece of candy and more in this extremely yummy class. *Please pack a nut free snack and drink for your child.*

**Monday, January 18**

1:00 – 4:00 p.m.      \$33      105304-07

### Paint like Picasso Art with Kidcreate Studio

*Ages 5 - 12*

This is your child's chance to paint on a real canvas board, just like Picasso! We'll learn all about the Cubist style as we draw and paint our own self-portrait. *Please pack a nut free snack and drink for your child.*

**Monday, March 21**

1:00 – 4:00 p.m.      \$33      105304-08



## SCIENCE EXPLORERS – PRESCHOOL

*Ages 3½ - 6*

These classes are designed to meet the needs of children by providing them with high quality, hands-on science programs. Fee includes all supplies.

**Maple Grove Community Center, meeting room as posted**

### Science in the Kitchen

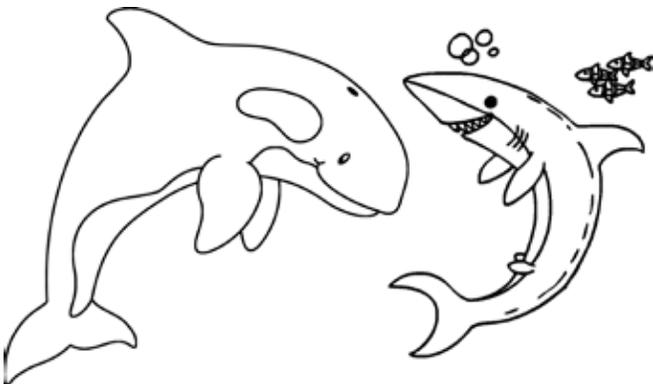
Our kitchens can be amazing science labs...so join Science Explorers as we throw open the kitchen cabinets and enjoy fun, "hands-in" science. We will explore states of matter, chemical reactions and more with experiments that bubble, fizzle, crackle and pop. Be sure to dress so you can get messy. Note: Corn, wheat and dairy may be used in this class, but not consumed.

**Tuesdays, Jan 19 – Feb 9**

9:30 - 11:00 a.m.

\$54 (4 ses)

105702-01



### Under the Sea

Join Science Explorers as we explore the ocean by discovering dolphins, whales, sharks and more. We will also investigate the differences between fish and mammals, learn how large whales really are, and explore the deepest parts of the oceans. Don't miss the fun as we journey to the world under the sea.

**Tuesdays, Feb 23 - Mar 15**

9:30 - 11:00 a.m.

\$54 (4 ses)

105702-02

## SCIENCE EXPLORERS – ELEMENTARY AGE

*Grades K - 5*

These classes are designed to meet the needs of children by providing them with high quality, hands-on science programs. All supplies are included with the program fees.

**Maple Grove Community Center, meeting room as posted**



### Sloppy, Goopy, Slimes

It's time to get mixed-up in some ooey, goopy, slimy science! Join Science Explorers for experiments that are icky, sticky and sloppy. You will explore the properties of a polymer by making and experimenting with different slimes, including one that will glow in the dark. This class is more than hands-on; it's hands in! Come prepared to have fun and get messy.

**Monday, Jan 18**

9:30 - 11:30 a.m.

\$19

105702-03



### Mummies, Mysteries and More

The Egyptian civilization was one of the richest cultures of the ancient world. Join Science Explorers as we uncover this fascinating time in history as we learn about mummification and dig for artifacts. Then have fun building and learning about pyramids and their mysterious curses. Come prepared to dig in and explore the past through archaeology

**Monday, Feb 15**

9:30 - 11:30 a.m.

\$19

105702-04



### Spy Science

Go undercover with Science Explorers and become a spy as we unlock the science behind secret messages, create simple spy tools including a Cipher Wheel, spy-glasses and more in this class of espionage and fun.

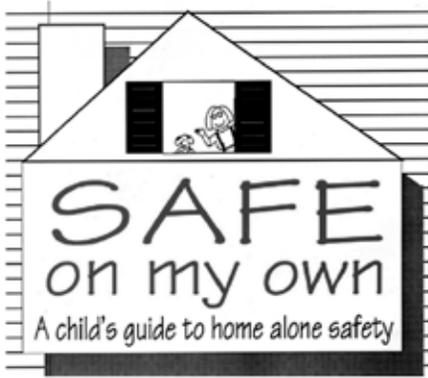
**Tuesday, March 22**

10:00 am - noon

\$19

105702-05

# Kids World - Safety Classes



## SAFE ON MY OWN

*Ages 7 - 10*

This course is ideal for children 7-10 years of age. Children learn how to prevent and prepare for emergencies, safety when home alone, phone safety, and what to do if someone is choking or bleeding. No pressure, no stress, just an esteem-building education that participating youth can use to keep themselves safe. Fee includes all materials. This course is sponsored by the American Red Cross.

**Maple Grove Community Center**

**Saturday, January 23**

9:00 - 10:30 a.m.

\$16

105503-01

## HOME ALONE - FOR PARENTS & CHILDREN

*Youth & Adults*

Is your child prepared to stay home alone? Does he or she know what to do in case of a fire, if there is a stranger at the door, when friends come to play, when using the internet, if they get hungry and want a snack? Be sure that you have the frank conversations and all of the necessary tools in place so your child is well equipped to stay home without an adult. Home Alone is taught by Sheryl Nefstead, a District 279 teacher with significant experience teaching teens safety and home life skills. She will guide you and your child through the important questions to consider and share the tools you need before you make the important decision to leave your child home alone. A Maple Grove Police Officer will provide your family with Hennepin County guidelines, various safety considerations and a child safety checklist. This class will help your child feel comfortable and provide you with the information you need to assure that your family is safe in all settings, but mostly when you prepare for the big step of leaving your child home alone. A collaborative program offered by Maple Grove Parks and Recreation and District 279 Community Education. Instructors, Sheryl Nefstead & Maple Grove Police Officer.

**Maple Grove Middle School**

**Wednesday, January 20**

6:30 - 8:00 p.m.

\$19.00/adult-child pair

105502-02

\$5.00/additional adult

\$5.00/additional child

## BABYSITTING WORKSHOP

*Ages 11 - 15*

This course is ideal for current and future babysitters, teaching them the best ways to be safe and keep the children in their care safe. Training for real life, includes essential professional leadership and caregiving skills, safety skills to prevent emergencies, how to manage real-life problems, including emergencies and tips on finding babysitting jobs. No pressure, no stress, just an esteem-building education that participating youth will use throughout their lives. This course is sponsored by the American Red Cross. Students 11 years of age or older who correctly demonstrate all skills and complete all course worksheets are eligible to receive a certificate of completion. This course is based on hands-on skills. No written test will be given. *\*Children 10 years of age may take the course, however, they will not receive the certification.* Students should bring a bag lunch.

**Maple Grove Community Center**

**Saturday, January 9**

9:00 - 4:30 p.m.

\$81

105501-01

**Saturday, February 13**

9:00 - 4:30 p.m.

\$81

105501-02

**Saturday, March 12**

9:00 - 4:30 p.m.

\$81

105501-03





## TODDLER & ME DANCE CLASS

18 months – 3 years with a parent

Music, movement, balance and the basic dance steps are introduced in a fun, friendly and positive manner. This class includes mom, dad or another loved one's participation with their little dancer. The teacher will keep the class moving along while parents take an active role in encouraging, supporting and keeping the little dance on track. Great intro to dance!

[Maple Grove Middle School Community Gym](#)

Mondays, Jan 11 – March 7 (ex Jan 18)

9:15 – 10:00 a.m.      \$88 (8 ses)      105403-01

## BALLET, TAP & JAZZ COMBO

Ages 2 - 3½

Come little ones, here's your chance to move. This class incorporates ballet, tap and jazz techniques while also encouraging self-expression and creativity. High energy music is used throughout the class to get dancers moving and having fun! Dancers will have a small performance for parents the last day of class. *Tap shoes are required.*

[Maple Grove Middle School Community Gym](#)

Mondays, Jan 11 – March 7 (ex Jan 18)

10:15 – 11:00 a.m.      \$88 (8 ses)      105402-01

## BALLET, TAP & JAZZ COMBO 2

Ages 3-5

For Little Ones who have taken our Tippie Toes Ballet, Tap, Jazz Combo class previously, our Level 2 class continues to encourage self-expression and creativity through dance while introducing new dance steps and high energy music to keep dancers moving and having fun. Dancers will have a small performance for parents the last day of class. *Tap shoes required.*

[Maple Grove Middle School Community Gym](#)

Mondays, Jan 11 – March 7 (ex Jan 18)

10:15 – 11:00 a.m.      \$88 (8 ses)      105402-02

## INTRODUCTION TO JAZZ, TAP & BALLET

Ages 4 - 8

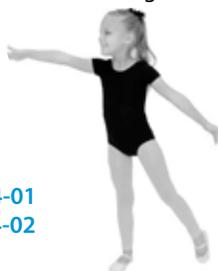
Welcome to the world of dance! This Jazz, Tap and Ballet class is for dancers who would like to learn dance routines through a variety of games and activities. Participants will dance to a variety of musical styles to learn techniques. Emphasis will be on having fun. **Tap shoes are required, and if needed, they can be purchased at Payless Shoes. Ballet shoes are recommended but not required. Please wear comfortable clothing.**

[Cedar Island Elementary School, Cafeteria](#)

Mondays, Jan 11 – Feb 29 (ex Jan 18)

6:00 – 6:50 p.m. • Ages 4 & 5 \$46 (7 ses)      105404-01

7:00 – 7:50 p.m. • Ages 6 - 8 \$46 (7 ses)      105404-02



## DANCE FANTASIA

Ages 3 & 4

Little ones, get ready to move! This introduction to creative movement and ballet will focus on having fun while learning coordination, ballet positions and a few beginning ballet steps. Join the fun! *Parent viewing is first and last lesson only.*

[Fernbrook Elementary School, Cafeteria](#)

Wednesdays, Jan 13 – March 2

6:00 – 6:45 p.m.      \$48 (8 ses)      105401-01

## HIP HOP & JAZZ COMBO

Ages 6 - 8

Learn the basics of hip-hop and jazz in this fun exciting introductory dance class. This class will foster your child's creativity and expression in a supportive dance setting. Your child will move and groove to fun upbeat music while exploring their own individuality. Come join us!

[Fernbrook Elementary, Cafeteria](#)

Wednesdays, Jan 13 – March 2

7:00 - 7:50 p.m.      \$52 (8 ses)      105405-01

## KARATE FOR CHILDREN

Ages 5 – 12

A program structured to teach children the understanding of respect and discipline while learning basic Taekwondo. Classes start with a basic warm up and stretching. Classes are not progressive. Karate uniforms may be purchased at the school, but are not required. Loose fitting clothing is acceptable.

[Maple Grove World Taekwondo Academy](#)

6493 Sycamore Court, Maple Grove, 763-559-7091

Mondays, Jan 4 – Feb 8

5:30 - 6:15 p.m.      \$50 (6 les)      105110-01

Mondays, Feb 15 – March 21

5:30 - 6:15 p.m.      \$50 (6 les)      105110-02

[Osseo/MG World Taekwondo Academy \(Next to Osseo Mid Sc\)](#)

10401 93rd Ave N, Maple Grove, 763-315-4491

Saturdays, Jan 9 – Feb 13

12:00 noon – 12:45 p.m. \$50 (6 les)      105110-03

Saturdays, Feb 20 – March 26

12:00 noon – 12:45 p.m. \$50 (6 les)      105110-04

## LITTLE DRAGONS

Karate for ages 3 & 4

Little Dragons is a program designed for children ages 3 and 4. The classes will cover basic Taekwondo skills, balance, coordination, self control, respect and most importantly, the kids will have fun. Uniforms are not mandatory but may be purchased at the school. Wear loose fitting clothing. Classes taught by certified black belts.

[Maple Grove World Taekwondo Academy](#)

6493 Sycamore Court, Maple Grove, 763-559-7091

Tuesdays, Jan 5 – Feb 9

10:30 – 11:00 a.m.      \$50 (6 les)      105111-01

Tuesdays, Feb 16 – March 22

10:30 – 11:00 a.m.      \$50 (6 les)      105111-02

# Kids World - Active Kids

## TOTS IN MOTION

*Ages 2½ - 4 with a parent*

This program is designed especially for parent(s) and child. Explore the joys of learning through body awareness. Children participate in games and songs to help develop motor skills, coordination, and promote social interaction. *Children must be 2½ by the time class begins and accompanied by a parent or responsible teenager.* Students should wear comfortable clothing and tennis shoes. Instructor, Renae Cole.

Maple Grove Community Center, Gym

Thursdays, Jan 14 - March 3

9:30 - 10:15 a.m.      \$52 (8 ses)      105108-01

## KIDS IN MOTION

*Ages 3½ - 6*

Come move with us! This class is all about fitness and movement. Exciting games and fitness activities that develop a child's mind and body are all included. This class will focus on fun and fitness while achieving a good sense of self-awareness. *Child must be 3½ by the time class begins.* Students should wear comfortable clothing and tennis shoes. Instructor, Renae Cole.

Maple Grove Community Center, Gym

Thursdays, Jan 14 - March 3

10:30 - 11:15 a.m.      \$52 (8 ses)      105108-02



## TINY TOT GYMNASTICS

*Ages 2 & 3 with a parent*

Come on little ones, here is your chance to try out your tumbling skills in a safe environment. In this class children will be introduced to a variety of mat exercises, low balance beam, tumbling and games that develop coordination. *Students should wear leotards or shorts, please no tights.*

Maple Grove Middle School, Auxiliary Gym

Wednesdays, Jan 20 - March 9

5:30 - 6:05 p.m.      \$52 (8 ses)      105106-01  
6:15 - 6:50 p.m.      \$52 (8 ses)      105106-02

Saturdays, Jan 16 - March 5

9:00 - 9:35 a.m.      \$52 (8 ses)      105106-03  
9:45 - 10:20 a.m.      \$52 (8 ses)      105106-04  
10:30 - 11:05 a.m.      \$52 (8 ses)      105106-05

## TINY TOT GYMNASTICS

*Ages 3½ - 4*

This course is designed to be movement based and will focus on development of coordination. Tumbling, uneven bars, low balance beam and a variety of mat exercises will be introduced. *Parent viewing first and last lesson only.* Child must be 3½ years of age by the start of class. *Students should wear leotards or shorts, please no tights.*

Maple Grove Middle School, Auxiliary Gym

Wednesdays, Jan 20 - March 9

7:00 - 7:45 p.m.      \$52 (8 ses)      105106-06

Saturdays, Jan 16 - March 5

11:15 - 12:00 p.m.      \$52 (8 ses)      105106-07

## PRE-SCHOOL GYMNASTICS

*Ages 4½ - Kindergarten*

This course will include tumbling, low balance beam work and a variety of mat exercises. *Child must be 4½ years of age by the start of class.* Leotards or shorts may be worn, no tights. Lessons missed by students will not be made up. *Parent viewing first and last lesson only.*

Maple Grove Middle School, Auxiliary Gym

Tuesdays, Jan 19 - March 15 (ex Mar 1)

6:00 - 6:45 p.m.      \$52 (8 ses)      105107-01

7:00 - 7:45 p.m.      \$52 (8 ses)      105107-02

Thursdays, Jan 28 - March 17

6:00 - 6:45 p.m.      \$52 (8 ses)      105107-03



## ELEMENTARY GYMNASTICS

*Grades 1 - 6*

A program designed whereby students complete a variety of skills before moving on to a more difficult level. Students should wear leotards or shorts, please no tights. Lessons missed by students will not be made up. *Parent viewing first and last lesson only.*

Instructor, Jodi Hartwig.

•**Beginner 1** - No previous experience or limited instruction.

•**Beginner 2** - Completed Beginner 1 or tested to verify ability.

•**Intermediate** - Completed Beginner 2 or tested to verify ability.

Maple Grove Middle School, Auxiliary Gym

Mondays, Jan 25 - March 14

6:00 - 7:00 p.m. • *Beg 1*      \$56 (8 ses)      105105-01

7:05 - 8:05 p.m. • *Beg 2/Int*      \$56 (8 ses)      105105-02

Thursdays, Jan 28 - March 17

7:00 - 8:00 p.m. • *Beg 1*      \$56 (8 ses)      105105-03



## HORSE BACK RIDING LESSONS

*Ages 6 – 11*

For those of you who want to try riding for the first time and experience the thrill of being astride a beautiful horse, or for the experienced rider that wants to brush up on their skills; join us at Caille Farm. Learn basic care, stable safety, handling and feeding of horses. Lessons will be on well trained horses that give confidence to new riders, yet deliver challenge to the more advanced. Lessons will be held at Caille Farms indoor arena for your comfort. You provide your own transportation. Parent viewing can be done from 9:00-9:30 a.m. and 2:30-3:00 p.m. or at specific riding time arranged at Caille Farms. For further information or directions contact Barb at 763-295-5250. *Long pants and tennis shoes are required. Attention Parents: A waiver needs to be signed by a parent prior to lessons.* If you need a copy of the waiver prior to lessons, you can access that at [www.caillefarms.com](http://www.caillefarms.com) click on camps. Please bring a bag lunch. Instructor, Barb Anderson Whiteis and staff.

Caille Farm, 9209 Iffert Ave NE, Monticello, MN 55362

9:00 a.m. – 3:00 p.m

Monday, Jan 18	\$70	105109-01
Monday, Feb 15	\$70	105109-02
Friday, Mar 11	\$70	105109-03
Wednesday, Mar 23	\$70	105109-04

## MAPLE GROVE YOUTH WRESTLING

*Grades 4 - 8*

This program is primarily for beginner or intermediate wrestlers and is open to all athletes regardless of future high school affiliation. Focus will be put on incorporating the fun and competitive aspects of the sport. Participants should wear shorts, t-shirts and wrestling or gym shoes for practices. Participants will receive a Maple Grove Wrestling t-shirt. Parents are responsible for transportation to and from practices and meets. If needed, the coaches will help arrange carpooling. Meet schedules are not yet available. Questions call Troy Seubert at 763-913-0601 or email [mgwrestling@gmail.com](mailto:mgwrestling@gmail.com).

Maple Grove Senior High, Wrestling Gym

Practices, Mondays, Tuesdays & Thursdays

January 4 – February 29 (ex Jan 5, 12, 18, 19, 26 & 28, Feb 4, 8 & 22)

6:00 – 7:30 p.m.	\$30	107117-01
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## OSSEO CHEERLEADING CLINIC

*Grades K – 6*

Come join the Osseo Senior High cheerleaders for a fun competition style cheerleading clinic! At the clinic you will learn a routine that the little leaders will be performing on **Saturday, December 12th** at the Osseo Senior High Cheerfest Competition! Performance on Saturday is tentatively at noon - you will learn the exact time at the clinic. Each little leader will get into the competition free along with 1 additional ticket. The fee includes a t-shirt. *Please indicate shirt size when registering. Registration taken immediately.*

Osseo Senior High, Cafeteria

Friday, December 11

4:00 – 6:30 p.m.	\$30	107303-01
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## FENCING FOR YOUTH

*Ages 7 – 13*

Fencing is a vigorous sport that requires and develops stamina, quick reactions, speed, accuracy of movement and excellent coordination. More than a game, fencing requires a mental attitude of self-discipline involving total manipulation of mind and body in perfect harmony. It utilizes natural body movement to create simple and effective self-protection techniques with the sword. Attacking, defense, timing and intense tactics are all integrated into this beginning class. Whether you're fencing for a good work out, or gaining points for the Olympics, fencing is fun for the entire family. We provide everything needed to fence (mask, jacket, glove and weapon). *The fencer need only to come dressed comfortably (for freedom of movement) including long sweat pants and running shoes.*

Maple Grove Community Center, Gymnasium

Saturdays, Jan 16 – Feb 20

10:00 – 11:00 a.m.	\$72 (6 ses)	105104-01
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## 5th through 8th Grade Ski Trips

### 5th-8th GRADE SKI & SNOWBOARD TRIPS

#### Trollhaugen - Dresser, WI

**Monday, January 18 (Martin Luther King Day) 105114-01**

Bus departs the Community Center at 7:45 a.m. with approximate return time at 4:45 p.m. Registration is being taken online, in person and in the schools (see details below.) Deadline is Friday, January 8 or until spaces fill.

**Registration held at Osseo and Maple Grove Middle School during lunches on January 1 & 8.**

**\$50.00 Lift, bus, chaperone - pay at registration**

**\$19.00 Rental, includes skis, boots & poles - pay at ski area**

**\$19.00 Rental, includes snowboard and boots - pay at ski area**  
**Free Lesson**

#### Trollhaugen - Dresser, WI

**Monday, February 15 (Presidents' Day) 105114-02**

Bus departs the Community Center at 7:45 a.m. with approximate return time at 4:45 p.m. Registration is being taken online, in person and in the schools (see details below.) Deadline is Friday, February 5 or until spaces fill.

**Registration held at Osseo and Maple Grove Middle School during lunches on February 4 & 5.**

**\$50.00 Lift, bus, chaperone - pay at registration**

**\$19.00 Rental, includes skis, boots & poles - pay at ski area**

**\$19.00 Rental, includes snowboard and boots - pay at ski area**  
**Free Lesson**

- ◆ Trips are for those presently in grades 5 through 8. All youth skiing for the first time must take the beginner lesson.
- ◆ Registration accepted on-line or in-person, in addition to:
  - ▶ Registration will also be taken at the Maple Grove and Osseo Middle Schools during all lunch hours prior to the trips. Have correct change when registering. Checks are to be made out to: MAPLE GROVE PARKS AND RECREATION BOARD. Checks made out to the school will not be accepted.
- ◆ Volunteer chaperones (mature individuals, post high school age) are needed. All ski fees are paid; lift, rental and lesson. Contact Mark Saari at 763 494-6510 for a volunteer application.
- ◆ Children should bring a bag lunch to be eaten at the ski area, or extra money for food.
- ◆ No refunds will be issued after the registration deadline. A \$5.00 cancellation fee will be assessed for all cancellations prior to the registration deadline.
- ◆ Parents are responsible for picking their children up on time.
- ◆ Trips may be cancelled due to low enrollment or weather conditions and full refunds will then be issued.



## Teen Center & Happenings

### TEEN CENTER - HOURS OF OPERATION

If you are a teen then this place is for you! We have computers for youth to do homework, play games and access the Internet. The center is also a great place to hang out with friends, listen to music and play video games. The teen center has a jukebox, pool tables, video games, a projection screen TV, lounge area, Xbox 360 and more!

The Teen Center is located inside the Community Center so teens have access to the gymnasium, Grove Cove Aquatic Center, ice arena, and concession stand. Student I.D. is recommended when entering Community Center property.

#### When Are We Open?

##### **School days, (non-vacation days)**

**Monday – Thursday\* 3:00 p.m - 9:00 p.m.**

**\*Beginning January 2016 Teen Center will be open Monday-Wednesday, 3:00 pm - 8:00 p.m**

**Friday 3:00 p.m. - 10:00 p.m.**

**Teen Center is not open to teens during regular school hours.**

**Saturday 10:00 a.m. - 10:00 p.m.**

**Sunday 12:00 p.m. - 6:00 p.m.**

##### **Non-school days, (student vacation days)**

**Monday – Thursday 10:00 a.m. - 9:00 p.m.**

**Friday 10:00 a.m. - 10:00 p.m.**

Hours of operation may be restricted to certain ages and/or changes due to pool leagues, special events, etc.



Like us on Facebook/  
**MapleGroveTeenCenter**



#### **HOLIDAY HOURS in the Teen Center**

##### **Closed for Christmas Eve**

**Thursday, 12/24**

##### **Closed for Christmas Day**

**Friday, 12/25**

##### **Community Center New Year's Eve Party - Preregister**

**Thursday, 12/31 6:00 – 10:00 p.m.**

**Teen Center closes at 4:00 p.m.**

##### **New Year's Day**

**Friday, 1/1 12:00 - 6:00 p.m.**

## Teen Happenings

### VALENTINE'S DAY PARENTS NIGHT OUT VOLUNTEERS NEEDED

We are looking for youth to volunteer their time to help out planning and implementing the Parent's Night Out event on Sunday, February 14 from 5:30 pm to 9:00 pm (listed on page 8.) Join our Teen Advisory Group to plan the fun games and activities for the younger youth; enjoy a fun night of crafts, games and playing in the Maple Maze. We need at least 6 adult and high school teens at the event to supervise 30 children. Contact Tanya at [thilger@maplegrovern.gov](mailto:thilger@maplegrovern.gov) or 763-494-6512 to sign up for volunteering.



### TEEN CENTER BIRTHDAY PARTIES Grades 7 - 12

Celebrate your birthday with your friends in our Teen Center. We will supply the cake and some decorations; you bring your friends! You will have access to the Teen Center and all it has to offer, including unlimited access to the pool tables, juke box and the Xbox 360. You can watch your favorite movies, listen to your favorite music on our juke box and so much more. All parties come with a free roll of quarters! Your birthday is special, so celebrate it at the Maple Grove Teen Center. Call 763-494-5969 to make your reservation.

**\$85.00** Teen Center will be open to the public  
**\$90.00** Private Teen Parties are available on Sunday evenings starting at 6:00 p.m. You will have exclusive use of the Teen Center for 2 hours.



### TEEN CENTER RENTAL INFORMATION

Do you have a birthday, sports team party or special occasion to celebrate? The Maple Grove Teen Center is available to rent for any teen related party. For information call the Rental Coordinator, 763-494-5969

### TEEN DANCES

Join us this winter for some of the best dances of the year. Parks and Recreation welcomes all students attending Maple Grove Middle School and Osseo Middle School to participate in our teen dances. All other students attending middle school, but not attending Maple Grove or Osseo must be invited by a Maple Grove or Osseo student and purchase a guest pass from the Parks and Recreation office prior to the dance. Guest passes must be purchased before 5:30 p.m. on the Friday of the dance. **Guest passes must be purchased by the Osseo or Maple Grove Middle School student; a school I.D. is required at the time of purchase. Middle School identification will be checked.** For more details contact Tanya at 763-494-6512.

#### December 2015 - Ugly Sweater Dance

Osseo Middle School, gymnasium

Friday, December 18

7:00 - 9:00 p.m.

\$7 (pay at the door)

#### February 2016 - Valentine's Day Dance

Maple Grove Middle School, gymnasium

Friday, February 12

7:00 - 9:00 p.m.

\$7 (pay at the door)

#### March 2016 - Club Night Spring Break Kick-Off Party

Maple Grove Community Center, Teen Center

Friday, March 18

7:00 - 10:00 p.m.

\$5 (pay at the door)

### TEEN DANCE COMMITTEE

Grades 6 - 8

This all-teen committee will help plan the upcoming dances. Participants will help promote and encourage fellow students to attend, help with set up and work for a short time at the dance. Committee members get in free to the dances held at their school.

Osseo Middle School, Cafeteria

Monday, December 14 for the December dance.

2:40 - 4:15 p.m.

No charge

Maple Grove Middle School, Room H149

Monday, February 8 for the February dance.

2:40 - 4:15 p.m.

No charge

### NEED A RIDE? CALL MAPLE GROVE DIAL-A-RIDE

Advance reservation van service is available for all residents. This service is offered weekdays, 6:00 a.m. – 6:00 p.m. and Saturdays, 9:00 a.m. – 5:00 p.m. Ride to the Community Center, work or anywhere within the City of Maple Grove. Call 763-493-2200 for reservations.

## Teen Happenings

### MAPLE GROVE TEEN ADVISORY GROUP MG-TAG

*Calling all Maple Grove Teens!*

We are looking for dynamic youth who are willing to volunteer a few hours a month serving their community and other teens. These youth will help design programs, assist with special events, and organize service work in the community. If you are a natural leader, a creative mind, a hard worker and an active individual: in grades 6-12 Sign up now!!

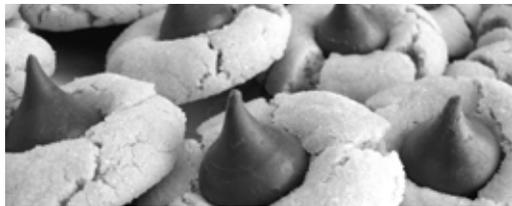


Some of the events we have participated in are Maple Grove Days, Adopt-a-Park, Parents Night Out, Sleigh Bells & Sparkle Parade and Club Night.

Meetings are held at the Maple Grove Teen Center on the 1st and 3rd Thursday of every month at 4:00 pm in the Teen Center. If you are interested in joining please call 763-494-6512!

#### **What are the Membership Requirements?**

Youth grades 6 to 12, able to attend monthly meetings, willing to participate in MG-TAG discussions and projects and willing to respect the involvement, privacy and opinions of others.



### HOLIDAY COOKIE BAKE AND TAKE

*Ages 11 - 17*

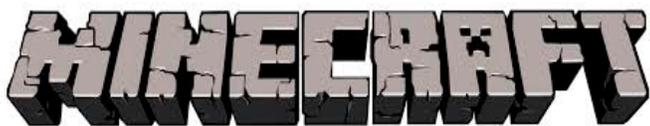
Delight your family with homemade treats. Use pre-made dough to make classic favorites such as peanut butter stars and colorful sugar cookies. Also, try out some new recipes and surprise your family. All bakers will take home approximately five dozen treats. *Bring two cookie sheets, a dish cloth & towel and containers.*

Osseo Middle School, Room (food lab)

Saturday, December 19

9:30 a.m. - 12:00 p.m. \$25

108402-01



### MINECRAFTING MULTIPLAYER: CITY BUILDER

*Ages 10 - 16*

Collaborate with fellow students to construct a city! Students will take home their completed world file at the end of class. Beginners and experienced Minecrafters alike will love this action packed camp! *Bring your own snacks and lunch or bring money to visit the concession stand at the Community Center.* Need a minimum of 8 participants.

Maple Grove Community Center

Saturday, January 30

9:00 - 3:00 p.m. \$70

108409-01

### ICE FISHING WITH THREE RIVERS PARK DISTRICT

*Youth ages 11-17*

Learn what equipment is needed to have a successful ice fishing trip. See types of lures and bait. Class includes ice and cold weather safety and emergency response. After instructions, participants will have a hands-on experience fishing from a freshly cut hole in the ice. All equipment and bait is provided. Dress appropriately to be outside for the afternoon. Meet at the main pavilion at Fish Lake Regional Park.



Fish Lake Regional Park

14900 Bass Lake Rd, Maple Grove MN 55311

Monday, January 18

1:00 - 3:00 p.m.

\$20

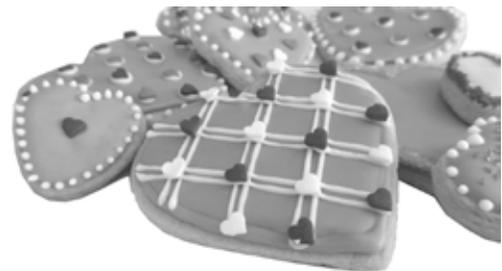
108202-01

### SUPERBOWL PARTY

Enjoy the game with friends on our 8x8 foot big screen television. Free pop and popcorn; door prizes and trivia games will be played. Must be present to win! Contact Crystal Anderson, 763-494-6522 with any questions.

Maple Grove Teen Center

Sunday, February 1 5:00 p.m. until the game ends Free



### COOKIE DECORATING WITH ARTISTIC MOMENTS \*NEW\*

*Ages 10-17*

Are you looking for a creative artistic project? Then you will definitely want to participate in this fun edible art class! You will be introduced to beginning cookie decorating. Create your own designs or use the instructor's photos as guides. Have fun learning basic preparation and easy decorating techniques. You will use colorful bags of icing and a variety of metal decorating tips to create your vibrant works of art! All artistic abilities welcome! Supplies are included in this class.

**Please note: Undecorated cookies are purchased through Cub Foods. If you have any food allergies, please contact the Maple Grove Cub Foods Bakery to inquire about all ingredients used in these products.**

Maple Grove Community Center

Monday, February 15

10:00 - 12:00 noon

\$20

108411-01

# Adult Fitness

## BEGINNING YOGA

After a long day, join this relaxing class to reduce stress, increase flexibility and restore a healthy, positive mind and body balance. Recommended for those interested in a slower paced environment or have not advanced Yoga experience. Come stretch and relax. Instructor, Dee James. *Bring a mat for floor work.*

**Weaver Lake Elementary School, Cafeteria**

Mondays, Jan 4 – March 14 (ex Jan 18 & Feb 29)

6:00 - 7:00 p.m. \$63 (9 ses) 109204-01

Wednesdays, Jan 6 – March 16

6:00 - 7:00 p.m. \$77 (11 ses) 109204-02

## ALL-LEVELS YOGA

*\*New Morning Class Offered*

Reduce stress, increase flexibility, restore a healthy, positive mind and body balance. Gentle Vinyasa Flow builds heat, strength and flexibility through holding positions. For those who have some experience with yoga or new to Yoga but are active. Instructor, Dee James. *Bring a mat for floor work.*

**Maple Grove Middle School, Community Gyms**

Wednesdays, Jan 6 – March 16

9:30 - 10:30 a.m. \$77 (11 ses) 109204-03

## VINYASA FLOW YOGA

*Intermediate/Advanced*

After a long day, join this relaxing class to reduce stress, and to restore a healthy, positive mind and body balance. This Vinyasa Flow class builds heat in the body with sun salutation and builds strength and flexibility through holding poses. Recommended for those who have done yoga before who are active and want a faster paced practice. Instructor, Dee James. *Bring a mat for floor work.*

**Weaver Lake Elementary School, Cafeteria**

Mondays, Jan 4 – March 14 (ex Jan 18 & Feb 29)

7:10 - 8:10 p.m. \$63 (9 ses) 109212-01



## YOGILATES

Come join us for a class designed to reduce stress and restore a healthy and balanced mind and body. Yogilates combines the slow controlled breathing and stretching of yoga with the core strengthening of Pilates. Yogilates is designed to relieve tension and help calm the mind while also increasing strength, balance, flexibility and coordination. Class sessions will include yoga and Pilates exercises, balance poses, stretching and a stress-reducing, relaxation segment. Options and modifications will be given to include all levels. *Bring a mat for floor work.* Instructor, Kristie Walker.

**Oak View Elementary School, Cafeteria**

Thursdays, Jan 7 – March 17 (ex Feb 11)

6:00 - 7:00 p.m. \$70 (10 ses) 109214-01

## PRENATAL YOGA

Join Blooma certified Prenatal Yoga Instructor and birth doula Laura Honeck for 60 minutes of strength building, birth preparation and total bliss. No experience is needed for this all-levels class which focuses on connecting with your incredible body and the baby in your belly. We'll build endurance and move organically while preparing the body for birth and the emotional-marathon of motherhood that exists beyond labor. At the center of this class is breath and an attitude of gratitude. All levels of experience and pregnancy welcome - yoga mats, props, tea and aromatherapy provided. This is a class for women only.

**Classes held at Yogastudio, 3900 Vinewood Lane, Plymouth, MN**  
Thursdays, Jan 7 – March 17

7:45 - 8:45 p.m. \$80 (11 ses) 109208-01



## BLOOMA CHILDBIRTH EDUCATION CLASS

As a complete childbirth education course, The Blooma Birth Class pledges to build confidence and reduce fear by presenting evidence-based information with interesting visual aids and learning techniques in a fun, interactive setting. The course is taught by a team of current doulas and childbirth educators who are up to date on the trends and policies at local hospitals and birth centers. In this efficient, one-month course, get inspired, empowered and educated for birth. From the initial moments of wondering "Am I really in labor?" to those first few amazing days with your newborn; discover what your body is capable of and learn what you can do to support your body's wisdom. Bond with a small group of parents-to-be from your area as you connect with your body, your birth team and your baby.

**What we'll cover:** ~ Evidence-based practices for normal, safe birth influenced by The Lamaze 6 Healthy Birth. ~ Practices. ~ Commonly suggested interventions & what they're used for. ~ Hands-on comfort to support your birthing body. ~ How to make the most of your labor support team. ~ Support for breastfeeding and bonding with baby. ~ Postpartum healing and expectations.

**Please feel free to contact us: [community@blooma.com](mailto:community@blooma.com) or [nicole@blooma.com](mailto:nicole@blooma.com).**

**Classes held at Yogastudio, 3900 Vinewood Lane, Plymouth, MN**  
Wednesdays, Feb 3 – 24

6:15 - 9:15 p.m. \$175/2 people (4 ses) 109219-01

# Adult Fitness

## TABATA FITNESS

Tabata is High Intensity Interval Training (H.I.I.T.) and is the ultimate workout for cardio and fat burning. Tabata is an intense interval training circuit, which gets the body's major muscle groups involved. With high intensity exercise your body continues to burn fat long after your workout is complete. Each session consists of 20 seconds high intensity work, followed by 10 seconds rest. This pattern repeats for 4 minutes. There are 8 sessions per workout. The class begins with a warm up and ends with a stretch/cool down. Modifications for exercises are offered, so it's perfect for any fitness level. This full body workout is guaranteed to transform your body! *Please bring an exercise mat and medium weight dumbbells.*

**Fernbrook Elementary School, Cafeteria**

Mondays, Jan 4 – March 14 (ex Jan 18 & Feb 8)

6:00 - 7:00 p.m.

\$63 (9 ses)

109211-01

## STRENGTH TRAINING AND TONING

This class is designed for all fitness levels. This program will assist in building bone density, losing weight and strength & energy building. Basic exercises using weights are geared toward individuals' abilities, and can help with providing for a healthier, more active lifestyle. Authorities suggest that strength training can lower your risk of heart disease, diabetes and osteoporosis. Come join this class for an energy overhaul. Instructor, Renae Cole. *Wear comfortable clothing and bring a mat for floor exercises.*

**Rice Lake Elementary School, Gymnasium**

Mondays, Jan 4 – March 14 (ex Jan 18 & Feb 29)

7:30 – 8:20 p.m.

\$63 (9 ses)

109209-01

Wednesdays, Jan 6 – March 9

6:30 – 7:20 p.m.

\$70 (10 ses)

109209-01



## XA BEAT FITNESS

XaBeat Fitness is a dance-fitness program that provides high intensity cardio and toning in a party-like atmosphere. The routines are easy and simple to follow allowing participants to concentrate on getting a better workout! XaBeat participants burn calories without realizing they are working out! Top rated, highly energetic American music is used so participants can relate. The music sets the mood and creates an environment that leaves participants wanting more!

**Weaver Lake Elementary School, Cafeteria\***

\*Class on Feb 23 & Mar 15 will be held at **Rush Creek Elementary Cafeteria**

Tuesdays, Jan 5 – March 15 (ex Mar 1)

6:00 – 7:00 p.m.

\$70 (10 ses)

109213-01

## 50/50 COMBO FITNESS

Half cardio, half strength, 100% Fun! A low impact, moderate to intense class that includes cardio training for 50% of the class, & strength training for the other 50%. A great total body workout. *Please wear appropriate workout shoes and clothes. Bring a mat for the cool down segment.* Instructor, Renae Cole.

**Rice Lake Elementary, Gymnasium**

Wednesdays, Jan 6 – March 9

7:30 - 8:20 p.m.

\$70 (10 ses)

109206-01



## KETTLEBELL FITNESS

The Russian Kettlebell has forever altered the landscape of American fitness, with the breakthrough system for achieving astonishingly rapid yet consistent gains in muscle strength, explosive power, energy and functional performance with a single, simple tool. The Kettlebell is now becoming the favored fitness training for busy men, women, elite athletes and those simply wishing to attain their highest possible level of physical excellence. Certified Kettlebell Instructor Roxanne Altmeyer RKC & EMT, gives you a perfect mix of follow-along Kettlebell workouts to rapidly burn off unwanted pounds! This workout is done in bare feet or flat soled shoes. Wear loose-fitting clothing, bring water and your own bells if you have them! If pre-existing health conditions or injuries exist, please check with your doctor before starting this physically challenging class. *Don't forget the sweat towel!*

**Maple Grove Middle School, Cafeteria**

Tuesdays, Jan 12 – March 15 (ex March 1)

6:00 - 7:00 p.m.

\$63 (9 ses)

109207-01

## FIT FUSION

Join us for a group fitness class that combines pilates, dance, yoga, and sculpting movements. Using predominantly bodyweight, this class challenges the whole body, especially the muscles of the legs, butt and core in a completely new way to tighten and tone, without adding bulk. This class will enhance flexibility and both muscular and cardiovascular endurance through joint-friendly, low-impact movements. Whether performing exercises lying down, seated, or standing, the focus is always on maintaining proper alignment and core stabilization to create a fun, yet effective, workout experience. This class is designed for healthy individuals with no previous dance experience. *Please bring a mat to class.* Instructor, Kristie Walker.

**Oak View Elementary School, Cafeteria**

Thursdays, Jan 7 - March 17 (ex Feb 11)

7:10 – 8:10 p.m.

\$70 (10 ses)

109218-01

See more Exercise Classes next page →

## Adult Fitness & Dance

### TAI CHI EXERCISE

Tai Chi Ch'uan is a traditional Chinese exercise system which has been widely practiced for preventative and therapeutic purposes. Occasionally referred to as "moving meditation" or "moving pole", it is one of the most popular exercise programs of Chinese tradition for improving personal fitness for people of any age. The primary benefits include postural control and balance, flexibility, coordination, agility, strength and power, sensitivity and awareness, reaction time and confidence. The movements are practiced in the beginning as slow and relaxed to develop strength while eliminating tension and increasing energy. As you advance in practice the movements will offer a practical way to learn to work with others and still reduce stress and tension. Taught by Gold Tai Chi group head instructor, Elaine Schrade.

**Weaver Lake Elementary School, Cafeteria\***

**\*Class on Feb 23 & Mar 15 will be held at Rush Creek Elementary Cafeteria**

Tuesdays, Jan 5 – March 15 (ex Mar 1)

7:05 – 8:05 p.m.

\$70 (10 ses)

109210-01



### ZUMBA FITNESS

Come sweat away your worries. Zumba is a fun and easy to do workout that feels more like a dance party. Inspired by high energy and motivating Latin and international music, Zumba is a dynamic, exciting, effective head-to-toe fitness system. Zumba combines fast and slow paced rhythms that tone and sculpt the body using aerobic interval training. Zumba is fun and great for the mind and body. No previous dance experience necessary. Come ready for a workout in tennis shoes. Instructor, Susan Gahan. *Bring a water bottle and a sweat towel.*

**Basswood Elementary School, Gymnasium**

Mondays, Jan 4 – March 14 (ex Jan 18 & 25)

6:30 – 7:30 p.m.

\$63 (9 ses)

109215-01

Wednesdays, Jan 6 – March 16 (ex Jan 27)

6:30 – 7:30 p.m.

\$70 (10 ses)

109215-02

**Maple Grove Middle School, Cafeteria**

Saturdays, Jan 9 - March 19 (ex Jan 30)

8:30 – 9:30 a.m.

\$70 (10 ses)

109215-03

### ZUMBA FITNESS PUNCH CARD

Can't decide what Zumba class to attend. Schedule too busy to commit to a certain night? Why not try a quarterly punch card? Ten punches for \$70.00. You may attend any winter Zumba class. Other exercise classes are not included.

- **Fee is \$70.00 for 10 punches** 109216-01
- Times not used are not transferable to another quarter.
- Refunds are not issued for punch cards.
- Registration begins on Wednesday, December 9 at 9:00 a.m.
- Punch cards and a calendar will be sent in the mail.
- Questions? Call Michelle DeBace at 763-494-6516.

### SWING & SOCIAL BALLROOM DANCE FOR BEGINNERS

**Ages 16-adult (Youth welcome if dancing w/adult)**

Learn several basic steps in the most popular ballroom dances, including: Waltz, Foxtrot, Swing, Hustle, Cha Cha, Salsa & Polka! This is the perfect course to get you started and to help gain confidence on the dance floor. Getting ready for a wedding or a party, or just looking for something to do together with your spouse or friend? Classes are fun and easy! You'll be glad you tried them! Instructor offers free repeat and make up classes at other locations. The Constantine family has been offering quality ballroom instruction in the Twin Cities for over 50 years! Deanna Constantine provides simple instruction intended for the brand new beginning level dancer. Everyone who



attends will be successful learning to dance. To reserve your spot in class, or if you have questions, please call Deanna at 612-240-8329 or visit [www.ConstantineDance.com](http://www.ConstantineDance.com). **No advance payment required. Reservations recommended. Payable by cash or check to the instructor!**

**Maple Grove Middle School, Cafeteria**

Sundays, January 10-31 (4 ses)

6:30 - 8:00 p.m. \$55 per person (payable to instructor)

### MODERN AMERICAN SQUARE DANCING

**Ages 6- Adult**

People of all ages, come join Maple Grove's Square Dance Club for some great exercise and lots of fun! This class is designed for beginners of all ages and will teach calls from the mainstream level of American square dancing. Couples, singles, young or old are welcome and encouraged to come and meet new friends while dancing to lively music in a safe, enjoyable environment. For more information, please call 763-425-1661 or 612-801-6064 or visit us at [www.squaredancemaplegrove.com](http://www.squaredancemaplegrove.com).

**Oak View Elementary School, Cafeteria\***

Wednesdays, Jan 6 – March 16\*

\*Classes on Feb 17, 24 & March 9 will be held at Maple Grove Middle School, Cafeteria

7:00 – 9:00 p.m.

\$44 (11 ses) 109102-01

### SQUARE DANCES

**Ages 6 – Adult**

Square dancers of all ages, join the Single Circles Square Dance Club at monthly dances. Callers from around the state will be working the dances. Anyone who has completed Modern Square Dance lessons is invited to join us for a swinging good time.

**Children must be accompanied by a paying adult.**

**Oak View Elementary School, Cafeteria**

Fridays, Jan 15, Feb 19 & March 18

7:30 - 10:00 p.m.

\$6 per adult (pay at door)

\$3 under 18 (pay at door)

# Adult Leagues

## ADULT CO-REC VOLLEYBALL LEAGUE

*Power Volleyball for Adults, Ages 18+*

Online and in-person registration is **accepted immediately**. Registration deadline is Friday, December 18. Teams must provide an email address. All correspondence will be by email only. Questions may be directed to Katie Lallier at [klallier@maplegrovmn.gov](mailto:klallier@maplegrovmn.gov) or by calling 763-494-6511.

Upper Division teams must be proficient at power volleyball. Teams will register by division. League Director reserves the right to move teams to other divisions depending on previous year/season's standings.

**Maple Grove Middle School, 7000 Hemlock Lane N**

Wednesday evenings, beginning January 6  
Game times of 6:15, 7:15, 8:15 and 9:15 p.m.

<b>Upper Division Class B</b>	<b>\$375.00 per team</b>	<b>110105-01</b>
<b>Middle Division Class C</b>	<b>\$375.00 per team</b>	<b>110105-02</b>
<b>Lower Division Class D</b>	<b>\$375.00 per team</b>	<b>110105-03</b>
<i>*fee includes sales tax</i>		

Teams are required to submit league fees at the time of registration. Cancellation of a team after the registration deadline constitutes forfeiture of the team fee.

**Note: This is an adult activity. Child care is not provided!**

## 3 PERSON BASKETBALL

*Adults, Ages 18+*

This is a half court unaffiliated league. All registration **accepted immediately**. On-line registration is available. The registration deadline is Friday, December 18 or until spaces fill. Late registrations will not be accepted due to tight timeframe. Questions may be directed to Katie Lallier, [klallier@maplegrovmn.gov](mailto:klallier@maplegrovmn.gov) or by calling 763-494-6511.

**Maple Grove Middle School, 7000 Hemlock Lane**

Tuesdays, January 5 - April 12  
Game times of 7:00, 8:00 & 9:00 p.m.

<b>Open Division</b>	<b>\$90 per team</b>	<b>110101-01</b>
<b>Over 30 Division</b>	<b>\$90 per team</b>	<b>110101-02</b>
<i>*fee includes sales tax</i>		



## BOOT HOCKEY

*Adults, Ages 18+*

6 on 6 unaffiliated league open to both men and women. All registration **accepted immediately**. Questions may be directed to Katie Lallier, [klallier@maplegrovmn.gov](mailto:klallier@maplegrovmn.gov) or by calling 763-494-6511. The registration deadline is Friday, December 18 or until spaces fill.

**Kerber Park, Hockey rinks**

Sundays, beginning January 10 (6 league games)  
Game times 10:00 a.m. or 11:00 a.m.

<b>\$100 per team (includes sales tax)</b>	<b>110107-01</b>
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## WOMEN'S UNOFFICIATED VOLLEYBALL

*Adult, Ages 18+*

All registration **accepted immediately**. Online registration is available. Questions may be directed to Katie Lallier, [klallier@maplegrovmn.gov](mailto:klallier@maplegrovmn.gov) or by calling 763-494-6511. The registration deadline is Friday, December 18 or until spaces fill.

**Oak View Elementary, 6710 E Fish Lake Rd**

Mondays, beginning January 4 (ex Jan 18)  
Game times 6:15, 7:20, 8:25 or 9:30 p.m.

<b>Spiking League</b>	<b>\$100 per team</b>	<b>110106-01</b>
<b>Non-Spiking League</b>	<b>\$100 per team</b>	<b>110106-02</b>
<i>*fee includes sales tax</i>		

## THINK SPRING! ADULT SOFTBALL

Information for the 2016 summer Adult Softball will be available from the Maple Grove Parks and Recreation office beginning mid-January. If you are new to the program and are interested in registering a team, call 763-494-6500 to request information. The season begins the last week of April.

## ADULT OPEN GYM

*Adults, Ages 18+*

Offered for those interested in playing basketball. *This is an adult activity and children are not permitted in the gym at this time. Child care is not available.*

**Osseo Middle School**  
10223 93rd Ave N

Mondays, January 4 - April 11 (ex Jan 18)

**8:00 - 10:00 p.m.**  
**\$5 (pay at door)**



# Adult/55 Forward Health & Fitness

## STRENGTH & BALANCE TRAINING

Age 50 or 90, this program can help increase your energy level, build bone density, lose weight and gain strength along with better balance! Strength training can decrease risk for diabetes, heart disease, osteoporosis and other conditions. Join this class for an energy and confidence overhaul! *Bring weights to class.* Instructor, Cyndy Long.

Crosswinds United Methodist Church, 15051 Weaver Lake Rd

Wednesdays, January 6 – March 30

9:00 – 9:55 a.m.	\$52 (13 ses)	111211-01
10:00 – 10:55 a.m.	\$52 (13 ses)	111211-02



## FOUNDATION FITNESS

Life Time Fitness and Maple Grove Parks and Recreation join together to offer this fitness class. The class is designed for those who are looking for ways to add exercise and movement to their life. Foundation Fitness combines strength training, flexibility and cardiovascular conditioning in one class. We will be using small hand weights as you work with the instructor to modify exercises to a level that is a perfect fit for you. Instructors, Tina Kuharski, Wendy Green & Kathy Bennethum .

Life Time Fitness Center, Aerobics Room

**Mondays, January 4 – March 28**

10:40 – 11:40 a.m.	\$52 (13 ses)	111207-01
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**Wednesdays, January 6 – March 30**

10:40 – 11:40 a.m.	\$52 (13 ses)	111207-02
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**Fridays, January 8 – April 1**

10:40 – 11:40 a.m.	\$52 (13 ses)	111207-03
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## FITNESS WALKING

Maple Grove Residents, 62+

Don't let the snow and cold of the season stop your walking program. LifeTime Fitness and Maple Grove Parks and Recreation invite you to join a walking club, using the Athletic Club's walking track,. *All registrations will be handled at Life Time Fitness, Membership Services.* For additional information, call Kris at 763-494-6514.

Life Time Fitness walking track

**Monday – Friday, ongoing**

9:00 – 11:00 a.m. & 1:00 – 3:00 p.m. \$10 monthly

## INDOOR NORDIC WALKING

Don't let the cold weather stop you from getting some walking in and some general exercises using your poles. We want to keep moving even through the challenging Minnesota weather, so join Sher as she moves inside to walk at the Maple Grove Community Gyms.

Maple Grove Middle School, Community Gyms

**Wednesdays, January 6 - March 30**

8:00 – 9:00 a.m.	\$25	111214-01
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## SOCK HOP

Grab your socks (and shoes) and get ready to reminisce as you dance to some of your old time favorites! Whether it's 'Going to the Chapel' with the Dixie Cups, or 'Sincerely' swaying to the smooth sound of the McGuire Sister, you're bound to have fun while getting some exercise to boot! Hit songs by Frank Sinatra, Tom Jones, Nat King Cole, the Supremes, Roger Miller, the Beatles and Danny and the Juniors are among the many artists you'll hear 'At the Hop!' Sock Hop is all about fun and freestyle movement. Join instructor Karen Gaskell as she dances and acts out many of top hits of the 50's and 60's!

Maple Grove Community Center

**Fridays, January 22 - March 11**

10:30 - 11:30 a.m.	\$32 (8 ses)	111215-01
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## SWIM FITNESS: MORNINGS

Jump into the water for a great way to exercise your way to better health! Tone your muscles, improve your cardiovascular system, have fun, stay fit and do it with the help and buoyancy of water to support your joints. A great form of exercise for people with arthritis or water lovers. Instructor, Jean Holub

Maple Grove Community Center Pool

**Tuesdays, January 12 – March 22 - Aerobics-lap pool**

8:00 - 9:00 a.m.	\$44 (11 ses)	111212-01
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**Wednesdays, January 13 – March 23 - Strengthening-leisure pool**

8:00 - 9:00 a.m.	\$44 (11 ses)	111212-02
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**Thursdays, January 14 – March 24 - Aerobics-lap pool**

8:00 - 9:00 a.m.	\$44 (11 ses)	111212-03
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## SWIM FITNESS: AFTERNOON

The same great class as the morning, just later in the day! Using the warm water of the leisure pool you will tone your muscles, improve your cardiovascular system, have fun, and stay fit.

Maple Grove Community Center Pool

**Mondays, January 4 – March 14 (ex Jan 18, Feb 1 & Feb 15)**

**Aerobics/Strengthening**

1:00 – 2:00 p.m.	\$32 (8 ses)	111212-04
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**Wednesdays, January 6 – March 16**

**Aerobics/Strengthening**

1:00 – 2:00 p.m.	\$44 (11 ses)	111212-05
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## ARTHRITIS FOUNDATION AQUATIC EXERCISE

The Arthritis Foundation's Aquatic Program is a water exercise program designed for people with arthritis. This class is taught by volunteers trained through the Arthritis Foundation, and follows the standardized format of the Arthritis Foundation. All classes are held in the leisure pool, which is maintained at a warmer temperature. The program is a recreational program that does not replace a prescribed regimen of therapeutic exercises. Instructor, Carol Zemke

Maple Grove Community Center Leisure Pool

**Mondays/Fridays, January 4 – April 1**

8:00 – 9:00 a.m.	\$98 (26 ses)	111203-01
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**Tuesdays/Thursdays, January 5 – March 31**

9:00 – 10:00 a.m.	\$98 (26 ses)	111203-02
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# Adult/55 Forward Health & Fitness



## EASY, BEGINNING YOGA

Join this class to reduce stress, increase flexibility and strength and restore a healthy balance to your body. This class is recommended for those interested in a slower paced class. Come, give Yoga a try and see the benefits of this form of exercise! NOTE: Must be able to get up and down from the floor. Instructor, Dee James

**K Hovnanian's Four Seasons at Rush Creek, Community Clubhouse Ballroom**  
7550 Ranier La N, Maple Grove MN 55311

Tuesdays, January 5 – February 23		
9:00 – 10:00 a.m.	\$32 (8 ses)	111205-01
10:15 – 11:15 a.m.	\$32 (8 ses)	111205-02
Thursdays, January 7 – February 25		
9:00 – 10:00 a.m.	\$32 (8 ses)	111205-03
10:15 – 11:15 a.m.	\$32 (8 ses)	111205-04
Tuesdays, March 1 – April 19		
9:00 – 10:00 a.m.	\$32 (8 ses)	111205-05
10:15 – 11:15 a.m.	\$32 (8 ses)	111205-06
Thursdays, March 3 – April 21		
9:00 – 10:00 a.m.	\$32 (8 ses)	111205-07
10:15 – 11:15 a.m.	\$32 (8 ses)	111205-08



## CHAIR YOGA

A seated yoga on chairs with yoga postures to improve flexibility, strength, coordination, balance and to relax the mind and body to handle the stresses of everyday life. Instructor, Cyndy Long.

**Crosswinds United Methodist Church, 15051 Weaver Lake Rd**  
Wednesdays, January 6 – March 30  
11:00 – Noon \$52 (13 ses) 111204-01

## TAI CHI

Tai Chi is slow, rhythmical movement that offers healing benefits to people of all ages and physical abilities. Regular Tai Chi practice can be used to gain a greater sense of well-being, increased flexibility and muscle strength; it can improve balance, increase relaxation, reduce stress, and help manage health concerns such as high blood pressure, diabetes and arthritis. Instructor, Karine Platt

**Village Hall (Lakeview Knolls Park), 9391 Fernbrook Lane**  
(Upper Arbor View parking lot)

**Beginning Tai Chi for Health:** A beginner's class, designed by Dr. Paul Lam and a team of medical experts, that teaches movements combined from the Sun and Yang Style Tai Chi forms.

Tuesdays, January 5 – March 1 (ex Jan 19)  
8:30 - 9:30 a.m. \$48 (8 ses) 111213-01

**Tai Chi 2:** An advanced beginner's class, continuing on the moves and lessons taught in the beginning class.

Tuesdays, January 5 – March 1 (ex Jan 19)  
11:00 a.m. - noon \$48 (8 ses) 111213-02

**Ongoing Tai Chi for Health:** For people who have taken beginning Tai Chi for health, or those who are familiar with the moves designed by Dr. Paul Lam and a team of medical experts, which teaches movements from the Sun Style Tai Chi form that are specific to arthritis.

Tuesdays, January 5 – March 1 (ex Jan 19)  
9:45 – 10:45 a.m. \$48 (8 ses) 111213-03



## SHIBASHI TAI CHI

Shibashi Tai Chi Qigong, as developed by Lin Hoa Sheng in China, is designed to improve your general health and wellbeing. The gentle rocking motions and stretching movements improve circulation and digestion. The chest exercises and controlled breathing are good for lung conditions and asthma. And the overall effect of the exercise is to reduce mental stress and physical tension carried in the muscles of the body. This Qigong is very effective and easy to learn. It is practiced around the world by over 10 million people, and is considered a national health exercise in Malaysia, Thailand and Indonesia. Instructor, Karine Platt

**Town Green Meeting Room, 7991 Main St**  
Thursdays, January 7 – Mar 3 (ex Jan 21)  
4:00 – 5:00 p.m. \$48 (8 ses) 111209-01

# Pickleball

## PICKLEBALL – INDOORS

This exciting game (mixed levels) is a combination of ping-pong, tennis and badminton and is played with a smaller racquet/paddle and a whiffle ball.

### OPEN GYM PICKLEBALL

Ongoing open games. Join the fun!! Pickleball Memberships, Coupon Book or Gym Fees apply.

#### Maple Grove Community Center

Wednesday 7:30 – 10:00 p.m.

Saturday 7:00 – 9:00 a.m.

Sunday 6:00 – 8:00 p.m.

#### Maple Grove Middle School, Community Gyms

Tuesday, Thursday, Friday: 7:00 a.m. – Noon

Monday, Wednesday: 7:00 – 9:00 a.m. & 11:30 a.m. – 2:30 p.m.

### PICKLEBALL FEE OPTIONS

**Annual Membership** includes both Community Center & MG Middle School Community Gyms - **\$175 resident, \$195 NR**

**Coupon Books** (Community Center & MG Middle School Community Gyms) - **\$35 for 10 pass coupon book**

**Daily Entry** - \$5 - \$7

### PICKLEBALL INTRO LESSONS

Want to learn the very basics and get to know the game of Pickleball? Free lessons will be given monthly as people are interested. This one day, 2 hour lesson will provide you the chance to learn skills, and play with other like players. It is a fun game, you can learn quickly and improve on the more you play. *These lessons are free, but you must call Kris at 763-494-6514 to participate.*

#### Maple Grove Middle School, Community Gyms

1<sup>st</sup> Mondays monthly starting January 4

12:30 – 3:30 p.m.

### HAPPY FEET FOOT CARE

Well cared for feet will help your entire body to feel better! Happy Feet, a service of Happy Helpers, Inc., provides a quality foot care service. They specialize in routine foot care for elder and diabetic feet, and are able to meet the special needs you may have. A foot soak and massage are provided with each visit along with the care needed. Call 763-560-5136, Happy Helpers Inc. to schedule an appointment.

#### Maple Grove Community Center

2nd Thursday and 4th Monday of each month

9:00 – 12:00 noon, appointments required

\$34.00 per visit

### HEALTH INSURANCE HELP

Wondering about your choices with supplemental coverage? Have questions about Part D? Worried about the details in filing a claim or appeal? Do you need help through the Medicare maze? Trained volunteers will help answer these questions and more in a one-on-one information session. *No fee, appointment required by calling Kris at 763-494-6514 at least one week in advance.*

#### Maple Grove Community Center

2<sup>nd</sup> Thursday monthly by appointment, starting at 12:30 p.m.

## EYE TO EYE - CATARACTS EDUCATION

Everyone will develop a cataract with age, which is why cataract surgery is one of the most common surgeries in the world. Advances in techniques have made cataract surgery a modern day surgical marvel. This course will review what a cataract is, when cataract surgery is indicated, and the surgical options to correct vision. Learn about the most common aging changes to vision and how they are detected and treated. Presented by Dr. Jordan Keith of Maple Grove's Eye Care Center *No fee, but RSVP required to Kris at 763-494-6514.*

#### Maple Grove Community Center

Thursday, March 10

9:30 – 10:30 a.m.

### MEET THE PHARMACIST

Ryan Froelich of Walgreens Pharmacy comes to share his expertise on various topics. This is a great chance to ask your questions and learn about various prescriptions and over the counter medications. *Sessions are free, but you must RSVP to Kris at 763-494-6514.*

**Tuesday, January 26, 3:00-4:00 pm - Cough & Cold; Remedies and Treatments**

**Tuesday, March 22, 3:00-4:00 pm - Vitamins, Herbals and Supplements**

### NAVIGATING MEDICARE

Thinking or getting ready to retire? Family member or a caregiver to someone that has Medicare coverage? Already have Medicare and just want to know what is going on with Medicare? This class is a chance for anyone to learn about Medicare. Spend the evening learning about the Medicare Adventure. We will discuss Medicare Parts A, B, C and D coverages, supplement types and Part D plans. The class is an educational opportunity and not a sales pitch; it is offered in cooperation with SCS (Senior Community Services), a non-profit agency. A nominal \$10 dollar fee is collected for materials.

#### Maple Grove Community Center

Thursday, March 24

6:30 – 8:30 p.m.

\$10

111310-01

### SOCIAL SECURITY PLANNING: A DISCUSSION

Please join Thrivent Financial Representatives, Michael Coughlin and Michelle Nisbet for a discussion on how to be savvy with your social security. This educational session covers the basics of Social Security and reveals strategies for maximizing your benefits, including: the five factors to consider when deciding when to apply for benefits, how to minimize taxes on Social Security benefits, how to coordinate Social Security with your other sources of retirement income. *Classes are free, but you must RSVP to Kris at 763-494-6514.*

#### Maple Grove Community Center

Tuesday, January 12 **OR** Tuesday, February 9

6:30 – 8:00 p.m.

# Computer Education

## COMPUTER EDUCATION

### on Windows 10 systems!

Would you like to learn new computer skills? The Maple Grove Computer Learning Center offers courses to adults who want to use computers for fun and profit. The computer lab, which is located in the Senior Center, can accommodate six learners. Our volunteer instructors and coaches pace classroom and individualized instruction to learners' needs. *Learning Center volunteers provide additional support and time to practice new skills during open lab every Wednesday from 11:30 to 2:00.* We use Microsoft Windows 10, Office 365, Adobe Family Tree Maker and Photoshop Elements software. Class fees include instruction materials and a flash drive with your work and files for home use. Call Kris 763-494-6514 with questions. The following classes are offered at [Maple Grove Community Center, Sr. Computer Lab.](#)

### INTRODUCTION TO COMPUTERS & MICROSOFT OFFICE 2013

This course is intended for beginner level users or the novice who wants to learn the concepts of a computer and get hands-on experience. Learn about word processing, spreadsheet, database and e-mail and Internet applications. There are eight 2½ hour weekly lessons using Microsoft Office. *Proficiency with the mouse is helpful for this class.*

Mondays, January 18 – March 7

9:00 - 11:30 a.m.      \$60 (8 ses)      111408-01

### WINDOWS 10 OPERATING SYSTEM & FILE MANAGEMENT

Have you ventured into Windows 10? Thinking about making the change, or purchasing a new computer with this operating system? Need to understand apps, what the tiled desktop does, how to make your computer look and work the way you want it to? Customize your computer using Windows options for shortcuts, icons, taskbar, program menu, start menu and the desktop arrangement. Learn to use Windows Explorer to find, save, move, copy and delete files and folders. Also, learn to rename files, back-up files, use system restore and do basic preventative maintenance on the computer.

Thursdays, January 21 – March 10

1:00 - 3:30 P.M.      \$60 (8 ses)      111411-01

Fridays, January 22 – March 11

9:00 - 11:00 a.m.      \$60 (8 ses)      111411-02

### GOOGLE CHROME

Search the internet the fast and easy way with Google Chrome's free web browser. Google Chrome works on the personal computers, Mac computers and mobile devices. Using Google Chrome on a personal computer, you will search the internet using voice recognition, create and organize bookmarks into folders, do tab browsing, set the homepage, view your history and learn about the privacy features in Google Chrome. Other features covered are creating a Google account, setting up the account, and sync your bookmarks to your other computers and mobile devices.

Tuesdays, January 19 & 26

9:00 – 11:30 a.m.      \$15 (2 ses)      111406-01

Tuesdays, February 16 & 23

9:00 – 11:30 a.m.      \$15 (2 ses)      111406-02

### G-MAIL

G-mail is a popular web-based email service provided by Google that works on personal computers, Mac computers and most mobile devices. Working on a personal computer learn how to compose, send and respond to emails, then explore G-mail's features for managing your email. Some of the features covered are setting up a G-mail account, sending attachments, forwarding, creating contacts, setting privacy rules, organizing email, creating an e-mail signature and creating web and email links.

Tuesdays, February 2 & 9

9:00 – 11:30 a.m.      \$15 (2 ses)      111405-01

Tuesdays, March 1 & 8

9:00 – 11:30 a.m.      \$15 (2 ses)      111405-02

### GENEALOGY & FAMILY TREE MAKER

Come learn the program Family Tree Maker, and how it can help you study your own roots. Spend time understanding research sites and techniques, and then apply your knowledge to the fabulous organization provided by Family Tree Maker! This class will give you the resources to search for your ancestors and create a family file, ancestor chart, descendant chart and more. If you have always wanted to get started with the search on your family or are currently involved in a search and would like a great format to put it in, here is the class for you! **Prerequisite:** *Introduction to Computers.*

Wednesdays, January 20 – March 9

9:00 – 11:30 a.m.      \$60 (8 ses)      111404-01



### MICROSOFT EDGE ON WINDOWS 10

Explore the new features of the web browser Microsoft Edge for Windows 10. Features such as Cortana (a virtual assistant), Reading View, Web Note and Importing Bookmarks. Some other topics covered are: How to locate websites of interest to adults, create and organize favorites, view and delete browsing history, use tabs and short cuts to browse more efficiently. Also included are how to copy and paste web addresses, change your home page, add other search engines, download pictures from the internet and print selected information.

Thursdays, February 4 - 25

9:00 – 11:30 a.m.      \$25 (4 ses)      111407-01

### FACEBOOK

Wondering what all the conversation is about? Just starting or wanting to learn how to do more with your Facebook account? We will cover starting a Facebook account, security measures to take, settings and notifications, finding friends, posting comments, adding pictures, creating an event and inviting family.

Thursday, March 3

9:00 – 11:30 a.m.      \$10 (1 ses)      111402-01

See more Computer Classes next page ➔

## Computer Education

### EXCEL SPREADSHEETS, MICROSOFT OFFICE 2013

Spreadsheets provide you with a variety of tools; Create mailing labels, maintain your household budget, track your investments, keep your checkbook, create an itemized list of your possessions. These and so many more reasons are why you want to learn Excel. This class will help you understand formulas, creating sequences and worksheets, format cells, design a spreadsheet, and more!

**Prerequisite:** *Introduction to Computers, or equivalent experience.*

Maple Grove Community Center, Computer Lab

Mondays, January 18 – March 7

1:00 – 3:30 p.m.

\$60 (8 ses)

111401-01

### PHOTOSHOP ELEMENTS

Step-by-step, learn the basics of PhotoShop Elements software (Version 13). Transfer photos to the classroom computer from your own digital camera or a flash drive. Tag, move, organize, find, and improve selected photos. Experience the satisfaction of learning how to straighten and crop, repair damaged and faded photos, move an object from one photo to another, and create a high-quality print. Our on-screen demos, clear instructions, and knowledgeable coaches provide the support you need. This course is challenging. Expect to practice the lessons on your home computer. **Prerequisite:** *Fun with Graphics or previous photo-editing experience.*

Maple Grove Community Center, Computer Lab

Tuesdays, January 19 – March 8

1:00 – 4:00 p.m.

\$60 (8 ses)

111409-01



### FUN WITH GRAPHICS

Learn to use the many capabilities of the surprisingly powerful Print Artist software, (Version 24 or 25). Learn with our on-screen demonstrations of computer graphics techniques, our step-by-step instructions, and volunteer coaches. Every week get a printed lesson for learning in the computer lab and on your home computer. Enjoy the experience of designing personalized greeting cards, labels, business cards, bookmarks, and album pages. Use a fast, touchscreen computer and a color laser printer for a professional finish to your graphic creations. **Prerequisite:** *Introduction to Using Your Computer, a basic understanding of computer files management and accuracy in using a mouse.*

Maple Grove Community Center, Computer Lab

Fridays, January 22 – March 11

1:00 – 4:00 a.m.

\$60 (8 ses)

111403-01

### OPEN LAB ON COMPUTERS

Maple Grove Community Center, Senior Center

Wednesdays 11:30 – 2:00 p.m.

**There is no fee for current students, but pre-registration is required by calling Kris at 763-494-6514.**

## Food & Fellowship

### FOOD AND FELLOWSHIP

A time to gather at the Senior Center for a monthly meal.

**Luncheons will be served on the 3<sup>rd</sup> Thursday monthly.** Come for a meal and stay for the company and entertainment; or even after that for card games. The cost of the meal is determined by the menu and entertainment costs.

Maple Grove Community Center, Banquet Room

Gather 11:30, Lunch 12:00, Entertainment follows

#### **Thursday, Jan 21 – Shakin' the Winter Blues**

Let's begin with a tasty and delectable lasagna and green beans w/ almonds then finish with a delicious brownie or lemon bar straight from the Lookout. Colleen Wold Hiebeler will be here playing her guitar and keeping the mood upbeat and filled with entertaining songs and laughter. Colleen's resume speaks volumes of her reputation, talent and adaptability. She was the opening act for Wayne Newton, Rich Little and Loretta Lynn. Colleen has done hundreds of overseas shows for the military and USO. So today, let that cabin fever go by the wayside and join us for a fulfilled afternoon.

\$11

January Luncheon

#### **Thursday, February 18 – Jazzy Classic LOVE Songs with Tara B**

The Lookout will be here to start your afternoon off with a delightful taste of scrumptious pot roast and mashed potatoes with gravy meal. But be sure to grab that smooth French silk dessert before you sit for Tara's beautiful melodies with her beautiful voice and soothing sounds of the piano. Tara has been here several times in the past and you always have requested that she come back! So during this month of LOVE, she will highlight some jazz classics from some of the greatest writers featuring songs by Irving Berlin, the Gershwin brothers, Cole Porter and Dorothy Fields as well as other classic songs from the 1920's-1950's! So come in from the chilly weather and soothe your soul with some LOVE songs!

\$11

February Luncheon

#### **Thursday, March 17 – Happy St. Pat's Day**

Join us today for a 'Wee bit of Irish' being St. Patrick's Day and all! Today, enjoy the traditional Irish meal of corn beef and cabbage catered by the Lookout. Of course, for those less green at heart, you may preorder an alternate of a seasoned chicken breast. Finish the afternoon with some Irish dancing with the Rince na Chroi (pronounced Rink-a na Cree), Gaelic for "dance of the heart", from an Irish dance school in St Paul. This Gaelic storm will leave your toes tapping as you dance your way home on this festive afternoon

\$11

March Luncheon

#### **Thursday, April 21 – Our Mighty Mississippi**

Come dine with us for a delicious meal of grilled seasoned chicken breasts with wild rice and pie a la mode catered by the Lookout. Then join the acclaimed baritone singer and storyteller, Steven Marking, while he presents a feast of songs, stories, film and photos capturing life on the Mississippi River. After spending 20 years in New York singing opera, Steven returned to Minnesota and discovered a new passion and talent. He has an amazing eye for photographing all things on the Mississippi River, such as wildlife, people, towns, boats. He has woven and edited these images and videos together as a background for the river songs that he sings so beautifully—from "Ol' Man River" to "Bridge Over Troubled Water" to "Up a Lazy River". He is a regular entertainer on the Queen of the Mississippi and the Minnesota Centennial Showboat. This is a performance you just can't miss!

\$11

April Luncheon

### WILL YOU RUN OUT OF MONEY IN RETIREMENT?

Would you like to know how to get the most from Social Security, including all the brand new benefits? Discover how to avoid running out of money during retirement? Or, how to increase your payment, even if you're already on Social Security? Now you can, at a complimentary "Social Security -Informational Meeting" presented by Industry Leader, Jim Bear. There is no charge for this special event, for Baby Boomers and Seniors, who are retired or planning retirement. It's your money and it's your life, so it's your personal responsibility to get the information you need to make the right choices. When you attend, you receive a complimentary copy of The Social Security Decisions, a helpful guide that reveals how to increase your Social Security benefits (a lot of people already have) ... how to get a huge lump sum Social Security payoff ... how you may be cheating yourself out of your Social Security benefits ... and more. Call Kris at 763-494-6514 to RSVP.

**Maple Grove Community Center**

Tuesday, Dec 1 or Tuesday, Feb 2, or Tuesday, Mar 1  
6:00 – 7:00 p.m.

### THE RETIREMENT TRAP

Did you know - **One of every two Americans has less than \$25,000 saved for retirement.** If that's you or a loved one, you may find yourself in trouble in your golden years...and worried about outliving your savings or becoming a burden to your family. New information is available that can help you avoid 5 mistakes that can wreck your retirement savings. Here's what you'll discover at this No Cost community event: Why you could be over-paying the Government on taxes and court expenses, How to keep your children and grandchildren from fighting each other in probate court, The easy way to make sure your retirement savings will support your lifestyle, Fact: Past employers can legally siphon off your retirement savings. Here's how to stop them. Presented by Twin-Cities top financial planner, Jim Bear.

**Maple Grove Community Center**

Tuesday, January 26 or Tuesday, March 8  
6:00 – 7:00 p.m.



### LEAVING A LEGACY

Join Attorney Chuck Roulet and discover how to make sure your wishes are carried out exactly as you want. Even if you have an estate plan or a living trust, new laws and often overlooked items make this a must attend workshop! You won't hear a bunch of legal mumbojumbo, just straight talk. You'll hear exactly the differences between a will and a trust, what probate is and how it works, planning for incapacity, taxes, long-term care planning, leaving a real legacy, and still have plenty of time for individual questions and answers. *There is no fee, but pre-registration is required by calling Kris at 763-494-6514.*

Wednesday, March 30  
10:00 – 11:00 a.m.

### SHOULD I STAY OR SHOULD I GO?

You know it is time to make some kind of change with your housing situation. But what should it be? Should you stay in your home and make some changes to make it safer and more convenient to be in, maybe add some services to help around the house? Or should you move to another home? There are so many options to choose from. Over 1200 companies in the Twin Cities work exclusively with seniors and many more that can provide services to help you stay in your home. There are nine types of senior living communities offered by more than 800 properties and organizations to choose from. This workshop will cover the kinds of changes you can make to your home and identify the hundreds of companies that can help. Then the nine different types of senior living communities will be explained and provide you the options to explore. **To reserve seating, contact Kris at 763-494-6514.**

**Maple Grove Community Center**

Tuesday, January 26  
6:30 – 8:00 p.m. OR  
Thursday, January 28  
1:30 – 3:00 p.m.



### HOUSEHOLD AND OUTSIDE MAINTENANCE FOR ELDERLY

Seniors, are you looking for some assistance with your household chores? H.O.M.E. is now providing services to the residents of Maple Grove. H.O.M.E. is a program that helps older adults (age 60 plus) remain independent by providing services they are unable to do for themselves. Service costs are based on a sliding contribution scale. Our core staff, with a network of skilled workers and volunteers will perform painting, minor repairs, raking, snow shoveling, lawn mowing, house cleaning, laundry and grocery shopping. H.O.M.E. is a program of Senior Community Services.  
**CALL: 952-746-4046**

### PLANNING YOUR MOVE

Whether you're thinking about selling your home this fall or next spring, now's the time to get thinking about one of your biggest investment and what it means for your future. Planning Your Move will bring in three experts to teach you about getting your home ready to sell. Hear from local REALTOR, GRI Renee Miller of Keller Williams Classic Realty she'll touch on understanding home values, timing your move, market statistics and how realtors market your home. Joe Van Orsdol, Chief Home Inspector and Owner at Right Home Inspections will share tips on what to expect from a home inspection and how to prepare for it. Finally what to do with all of your treasures as you downsize and how to prepare for the physical move are important steps to consider as well. Cathy Matrajec of a move management company will share her expertise to round out your day. Guaranteed to get you inspired and organized for your "next steps".

**Maple Grove Community Center**

Thursday, February 11  
10:00 a.m. - Noon

\$5

111311-01

## Classes, Conversations and More...

### AARP SMART DRIVER COURSE

This is the nation's first curriculum designed specifically for mature drivers to review important safety tips. Taught by trained volunteers, you will learn and review tips and tactics for safe driving on our ever busy roads. Upon completion of the course, persons may apply for a 10% discount on their auto insurance. All registration accepted immediately. **The course fee is \$17 for AARP members and \$22 for non-members. Included in this cost are the AARP materials and a \$2 facility fee. – Must present your membership card at registration for the discount!** Electronic registration is not available for this program. Checks, cash or credit card accepted at the time of registration. **Checks should be written to MGPR.**

**NOT  
available  
for Internet  
registration!**

#### Maple Grove Community Center

**8 Hour Driver Safety Course:** This 8 hour class is for those who have never taken a course. Saturday, February 27

9:00 a.m. – 5:00 p.m.      \$17/\$22      111701-01

**4 Hour Refresher Course:** This class is for those who have taken the 8-hour course and whose eligibility for a 3-year auto insurance discount is expiring.

Wednesday, January 6  
1:00 – 5:00 p.m.      \$17/\$22      111701-02

Monday, February 22  
9:00 – 1:00 p.m.      \$17/\$22      111701-03

Tuesday, March 15  
5:30 – 9:30 p.m.      \$17/\$22      111701-04

### MHSRC DRIVING CLASSES

This course is taught by MN Hwy Safety Center certified instructors. The class will explore the latest in vehicle technology, changes in laws and review defensive driving principles. The classroom-style sessions are available in an eight hour course or a four hour refresher course. Minnesota state law allows a 10% reduction on auto insurance premiums each year for three years to individuals completing the course. To register, visit the MN Hwy Safety Center website at [www.mnsafetycenter.org](http://www.mnsafetycenter.org) or call 1-888-234-1294. The instructor will collect fees during class. **The 8 hour class fee is \$24, the 4 hour class fee is \$20.**

#### Maple Grove Community Center

**8-Hour Full Course:** This class is required if you have not taken a full class previously.

Mon/Tues, February 1 & 2      5:30 – 9:30 p.m.

**4-Hour Refresher Course:** This class is for those who have taken the 8-hour course and eligibility for a 3-year auto insurance discount is expiring.

Thursday, January 14      12:30 – 4:30 p.m.  
Tuesday, January 19      5:30 – 9:30 p.m.  
Thursday, January 28      8:30 a.m. – 12:30 p.m.  
Thursday, February 11      8:30 a.m. – 12:30 p.m.  
Tuesday, February 16      12:30 – 4:30 p.m.  
Tuesday, March 1      5:30 – 9:30 p.m.  
Thursday, March 10      12:30 – 4:30 p.m.  
Thursday, March 24      8:30 a.m. – 12:30 p.m.



### GREAT DECISIONS

Explore great topics, delve into great discussions, experience great decisions in this program, co-sponsored by the Minnesota International Center. Examine the 'hot' topics of the time, from local events to world dilemmas; there is much to learn from instructors and conversation with your neighbors. Each session will include a speaker or program to increase our knowledge of the topic and then allow time to maximize our learning through discussion. Each topic will be covered in a single lesson. Register for any that interest you. Topic books are available for purchase, if desired (\$15.00 for yearly topics), for an additional fee. For book purchase, see Kris Orluck.

#### Maple Grove Community Center

#### Middle East

From a proxy war in Yemen to an ongoing civil war in Syria, a number of ongoing conflicts have shaken the traditional alliances in the Middle East to their core. As alliances between state and non-state actors in the region are constantly shifting, the U.S. has found itself between a rock and a hard place. In a series of conflicts that are far from being black-and-white, what can the U.S. do to secure its interests in the region without causing further damage and disruption?

Wednesday, February 17

9:30 – 11:30 a.m.      \$8      111305-01

#### The Rise of ISIS

Born out of an umbrella organization of Al Qaeda in Iraq, the Islamic State in Iraq and Syria (ISIS) burst onto the international stage after it seized Falluja in December 2013. Since then, the group has seized control of a number of critical strongholds in the country and declared itself a caliphate, known as the Islamic State. Still, the question remains: What is ISIS, and what danger does it pose to U.S. interests?

Wednesday, March 16

9:30 – 11:30 a.m.      \$8      111305-02



## FREE TAX PREPARATION AND E-FILING

### [AARP Foundation Tax-Aide](#)

For taxpayers with low- and middle-income, with special attention to those age 60 and older. Items to bring when you have your taxes done: last year's tax returns, Social Security cards or comparable documentation for all taxpayers and dependents, photo ID, all income statements (including: W-2's, 1099's (Pension and Distributions from IRA's), SSA-1099 (Social Security received in 2015), 1099-INT (Interest received in 2015), 1099-DIV (Dividends received in 2015), Statement of Unemployment compensation received, Any other INCOME information), Mortgage interest paid in 2015, Real Estate taxes paid in 2015 or Hennepin County 2015 Property Tax Statement, Certificate of Rent Paid in 2015, Hennepin County 2015 Property Tax Statement (not available until March 2016), A check with your name printed on it for direct deposit/debit of any refund/balance due. Used only to verify routing and account information.

**Wednesdays, February 3 – April 13**

**10:00 a.m. – 2:00 p.m.**

## SENIOR MATTERS

Are your children or grandchildren at risk of becoming an Elder Orphan? Some 40-percent of U.S. men and women, age 40 and older, doubt they will be able to afford long-term care when the time comes. "Elder Orphans" is one of six thought-provoking topics longtime journalist and researcher Karen Gaskell will explore in her Senior Matters series. "Surprising Health Conditions Linked to Obesity", "The Tragic Link Between High-Tech Bullying and Depression/Suicide in Children", "Depression and Chemical Dependency in Older Adults," and "Healthy Aging - Developing a Positive Partnership with Mother Nature" will be discussed during this 1 hour, 8 session class.

[Maple Grove Community Center](#)

Thursdays, January 21 - March 10

**9:30 – 10:30 a.m.**

**\$42 (8 ses)**

**111314-01**

## SENIOR MATTERS PLUS

Karen Gaskell, a longtime journalist and researcher will share her findings on these topics at the Maple Grove Community Center:

**Are certain cancers harmless and best left alone?** There are numerous types of cancer cells, including those which might be innocuous. Karen will look into why treatment is often recommended for cancers that are not life threatening.

[Maple Grove Community Center](#)

Monday Feb 29

**9:30 - 11:00 am**

**\$6 (1 ses)**

**111315-01**

**Potential new treatment options and medications for Alzheimer's disease.** Karen shares her findings on promising laser therapy and other gripping scientific research which may eventually help reverse the symptoms of Alzheimer's disease. Slowing the progression of the disease with the latest drug therapy and potential new medications will also be discussed.

[Maple Grove Community Center](#)

Monday March 7

**9:30 - 11:00 am**

**\$6 (1 ses)**

**111315-02**

## LIFE TRANSITIONS

Are you planning to retire or move to a smaller home? Have you recently lost a loved one? Do you want less stuff in your life? Come learn how to downsize your things in the midst of emotional situations. Go from stuck and overwhelmed to hopeful and confident. Gain the tools you need to reclaim your space. Topics include "How will I know when I'm ready?", "What feelings might arise?" and "How do I do it my way?" Marcie Spears is an Organizing Angel. She specializes in helping clients to downsize after the death of a loved one or a significant life transition. She understands that it's not about the things; it's about the emotions, memories and personal relationships represented by the things. Join with Marcie and declutter your life. Learn more at [www.MarcieSpears.com](http://www.MarcieSpears.com).

[Maple Grove Community Center](#)

Thursday, March 31

**6:30 - 8:30 p.m.**

## COLOR ME HAPPY

With each development in technology, our lives become more complicated. This non-stop stimulation has left us stressed-out and distanced from the joys of the present moment. Art therapist Lacy Mucklow and artist Angela Porter offer a simple and satisfying solution to this disconnect from reality. Join Kris and Brenda as we try adult coloring. One the latest trends, coloring for adults is good for us. It allows relaxation, gives us a chance to be social, reduces stress & anxiety, trains your brain to focus and allows you to have fun and just be you! Featuring over 100 joyful coloring templates, Color Me Happy is a coloring book designed for busy adults. Learn the benefits of putting pencil/pen to paper and experience an opportunity to channel your anxiety into a joyful creative accomplishment. Color Me Happy is the perfect way to step back from the chaos of everyday life, color, and feel happy! All supplies provided for this one time workshop. If there is interest in creating a regular group, we will discuss and plan from this gathering. Call Kris to RSVP 763-494-6514.

[Maple Grove Community Center](#)

Monday, February 22

**9:30 – 11:30 a.m.**

## THE ART & HISTORY OF ROME with Greg Pulles

Greg is an author and photographer, and has been to Rome some 12 times. In this series he takes us with his photography through the five epochs of Art in Rome. First the ancient classical, up to the time of Constantine the Great in the first quarter of the 4th Century, then the early Christian classical period which ended in the 6th century with the fall of the Gothic Kingdom of Italy, then the Cosmati rebirth, when in the 12th and 13th century Rome brought the Cosmati stonecutters/sculptors from Lake Como to the eternal city, then the Renaissance with Giotto, Cavallini, Torriti, Arnolfo di Cambio, Michelangelo, Bramante and Raphael, and Caravaggio, and finally the Baroque of the 17th century with Bernini, Borromini and da Cortona. Greg has authored/ photographed several books on Rome, Sacred Places-Rediscovering the Churches of Rome (800 pages with over 1500 photographs), and Due Centi Luoghi-a guidebook to the 220 must see places in Rome. His website is [Sacredplacesitaly.com](http://Sacredplacesitaly.com).

**Wednesdays, January 13, February 10, and March 9**

**9:30 - 11:30 am**

**\$15**

**111301-02**

# Cupcakes & Conversations

## CUPCAKE CONVERSATIONS

### *Minneapolis Madams: The Lost History of Prostitution on the Riverfront*

A real-life detective story uncovering the history of brothels in nineteenth-century Minneapolis! *Minneapolis Madams* is the surprising and riveting account of the Minneapolis red-light district and the powerful madams who ran it. Penny A. Petersen brings to life this nearly forgotten chapter of Minneapolis history, tracing the story of how these "houses of ill fame" rose to prominence in the late nineteenth century and were finally shut down in the early twentieth century. Her insight into the madams of Minneapolis will be illustrated today by tracing this little-known chapter of nineteenth-century Minneapolis history. In an age when most women held little political and economic power, a group of Minneapolis madams exerted a surprising level of civic and political influence in the city. A topic for history buffs and those that are fascinated with the extraordinary city of Minneapolis! **No cost, but preregistration is required.** Please call Kris Orluck at 763-494-6514 to reserve by Monday, January 4, 2016.

Maple Grove Community Center

Wednesday, January 6

10:00 a.m.

Free

## Creative Opportunities

### OIL PAINTING

Spend an afternoon each week learning a new art skill! Complete an oil painting in just four sessions. No prior experience is necessary. You will be proud of the beautiful picture you create. Frame it for yourself or give it as a special gift. The paintings may be viewed at the Maple Grove Community Center. Supply list on request, or purchase all supplies to complete the picture from the instructor for \$15.00. Instructor, Dianne Swanson.

Maple Grove Community Center

#### Lighthouse on a Quiet Bay

Thursdays, January 7 – 28

1:00 – 3:30 p.m.	\$40 (4 ses)	111501-01
6:00 – 8:30 p.m.	\$40 (4 ses)	111501-02

#### A Field High in the Mountains

Thursdays, February 4 – 25

1:00 – 3:30 p.m.	\$40 (4 ses)	111501-03
6:00 – 8:30 p.m.	\$40 (4 ses)	111501-04

#### Still Life of Favorite Things

Thursdays, March 3 – 24

1:00 – 3:30 p.m.	\$40 (4 ses)	111501-05
6:00 – 8:30 p.m.	\$40 (4 ses)	111501-06

### BEGINNING WATERCOLOR

See peace and tranquility through this medium. Watercolor is both delicate and dynamic. Explore the basics of this painting technique that can travel anywhere you go. Complete one or more paintings each week. Learn to paint trees, water, clouds, and rocks. Purchase supply kit from the instructor for \$50.00. Instructor, Dianne Swanson.

Maple Grove Community Center

Wednesdays, January 13 – February 10

1:00 – 3:30 p.m.	\$50 (5 ses)	111505-01
6:00 – 8:30 p.m.	\$50 (5 ses)	111505-02

### WATERCOLOR 2

#### *Make your own greeting cards*

You know the joy and delight of painting and want to learn new techniques and skills? This advanced course will give you the opportunity to fine-tune your painting skills. We will work on new designs each week. Surprise your friends with a very special card: valentines, birthday - you name it! Come and be surprised. **Prerequisite is Beginning Watercolor.** Instructor, Dianne Swanson.

Maple Grove Community Center

Wednesdays, February 17 – March 16

1:00 – 3:00 p.m.	\$50 (5 ses)	111506-01
6:00 – 8:00 p.m.	\$50 (5 ses)	111506-02

### STUDIO ARTS

#### *Need help with your painting, drawing or other medium?*

Express yourself and share and learn ideas from your peers. This is the class for the person with some art experience who wants to move beyond a step by step approach to art. In other words, "do you own thing", but have help when needed. The instructor will help you on perfecting technique, composition, problem solving perspective and other elements. Bring your own supplies and start a new project or finish those projects you've tucked away!

Maple Grove Community Center

Tuesdays, January 5 – February 2

9:30 – 12:00 p.m.	\$45 (5 ses)	111503-01
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Tuesdays, February 9 – March 8

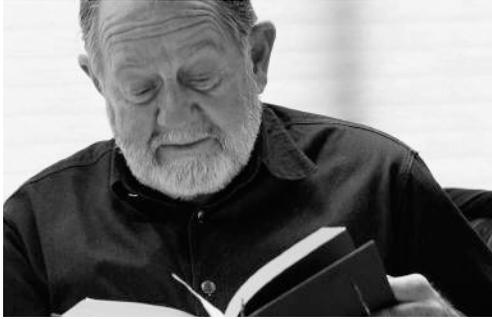
9:30 – 12:00 p.m.	\$45 (5 ses)	111503-02
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Tuesdays, March 15 – April 12

9:30 – 12:00 p.m.	\$45 (5 ses)	111503-03
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## Craft, Game & Card Clubs

New look for registration for these  
Craft, Game and Card Clubs!  
Log in to  
[webtrac.maplegrovern.gov](http://webtrac.maplegrovern.gov)  
and click on the link on the front page.



### BOOKS, BOOKS, BOOKS!

Energize your reading, with new and different book selections followed by stimulating discussions! Join in this ongoing book club. It is a continuous program (meeting monthly), reading and discussing a variety of books. This is a great opportunity for all of you avid readers to share your enthusiasm for books. Books will be selected from the Book Kits offered by the Hennepin County Library System. These kits provide a number of books in the kit and questions for discussion. Please join us to learn more about the books and discussion, or call Kris for the reading list.

[Maple Grove Community Center, Senior Center](#)

1st Wednesday of each month

9:30 – 11:30 a.m. \$10 (yearly) Book Club

### CRIBBAGE

Calling all Cribbage players - join in the fun! We've had requests to start a regular playing time for this game, so come and play with others from the area. We'll make teams and games as people arrive.

[Maple Grove Community Center](#)

Mondays weekly

1:00 – 4:00 p.m. \$10 (yearly) Cribbage Game Club

### DOMINO'S MEXICAN TRAIN

Come and learn this simple game played with double twelve dominos. It is easy, fun, entertaining and a great way to socialize. Whether you know how to play or are new to "Mexican Train", you will have a great time!

[Maple Grove Community Center](#)

Tuesdays weekly

1:00 – 4:00 p.m. \$10 (yearly) Dominos Game Club

### CRAFTERS

Whether you knit, crochet, cross stitch, scrapbook, quilt... you are invited to join this informal group! Pull together your supplies and come weekly to share ideas, learn new skills, laugh and enjoy the company while you "work"!

[Maple Grove Community Center](#)

Every Wednesday

9:00 a.m. – Noon \$10 (yearly) Crafters Club

### TIME TO QUILT TOGETHER

Share idea patterns, conversation and a passion for quilting! Whether you are working on hand piecing, or a machine, or if you are making a placemat or a king size quilt, this informal group allows you to gather the 1<sup>st</sup> and 3<sup>rd</sup> Wednesday monthly to work on projects. This group works on their own projects and also makes lap-sized quilts for North Memorial Hospice. So if you are a novice or an accomplished quilter, you are welcome to come and share your time and visit with other quilters. Minimal instruction is available. Bring your own sewing machine (if needed) and project.

[Maple Grove Community Center, Senior Center](#)

1st & 3rd Wednesday each month

9:30 – 4:00 p.m. \$10 (yearly) Quilting Club

### WOODCARVING

Come to a mutual aid society! Any level of woodcarver is invited to join this group! If you are a beginner or a master woodcarver, you are welcome to join in. The purpose of this group is to share ideas and techniques while having fun! If you want to learn, a woodcarver will work on a select project with you, starting with a blank chunk of wood that you will shape into a finished product. Bring your project and woodcarving tools!

[Maple Grove Community Center](#)

Every Tuesday

1:00 – 3:00 p.m. \$10 (yearly) Woodcarving Club

### THE KNITTING GRANDMAS AND FRIENDS

We are currently making newborn hats for babies at Maple Grove Hospital (400+/month). We are looking for an additional 10-12 experienced knitters to join our efforts. The hats are knit with double pointed or circular needles, (sz 4) There is a sample pattern available to pick up at the Community Center. Simply Soft yarn is recommended; the hat pattern was written for that brand of yarn. If you are interested, please pick up a pattern, knit it and come to one of our meetings. We have knit and donated over 20,000 hats since the hospital opened in December of 2009. The hats require about 2.5 – 4 hours to knit. The Knitting Grandmas are a wonderful group of people; come and join us. Call Kris 763-494-6514 with questions.

[Maple Grove Community Center, Senior Center](#)

Mondays weekly

## Movies

### MOVIES, SODA, POPCORN!

Movies will be shown at the Arbor Lakes Senior Living.

Any questions, please call Kris, 763-494-6514 or Brenda, 763-494-6499. Show times are 9:30 a.m. and 12:30 p.m. We will limit seating to 25 per time slot! Please call to reserve a seat.

**Movies dates: Mondays, January 11 & 25, February 8 & 22, March 14 & 28**

## Craft, Game & Card Clubs

New look for registration for these  
Craft, Game and Card Clubs!  
Log in to  
[webtrac.maplegrovern.gov](http://webtrac.maplegrovern.gov)  
and click on the link on the front page.



### SCRABBLE

Get those cobwebs out of your head. Use the vocabulary skills you rarely get to challenge yourself with. Join in this informal "come when available" game among friends that meets every Friday afternoon. Feel free to join in a game when you find yourself looking for a fun encounter on Friday. Beginners are welcome!

[Maple Grove Community Center, Senior Center](#)

Fridays weekly

1:00 – 3:30 p.m.    \$10 (yearly)    [Scrabble Game Club](#)

### EUCHRE

Social time, a few laughs, great conversation and cards too! This game is similar to 500. If you've never played, give this card game a try! Beginners are welcome.

[Arbor Lakes Senior Living Bldg, 12001 80th Ave N](#)

Mondays weekly

1:00 – 3:30 p.m.    \$10 (yearly)    [Euchre Card Club](#)

### MAH JONG

Born in China, hugely popular in the USA in the 1920's, Mah Jong is back and more fun than ever. Blending elements of rummy and dominos, it's lively, addictive entertainment for family and friends. Learn the game or join with other skilled players. This group plays the more traditional Chinese format, and the yearly "card". Call Kris at 763-494-6514 with questions.

[Maple Grove Community Center](#)

Thursdays weekly

9:00 – noon    \$10 (yearly)    [Mah Jong Game Club](#)

### HAND AND FOOT

If you love playing cards, and wish you could play a game for hours, this might be for you! Hand and Foot is a North American game related to Canasta, in which each player is dealt two sets of cards - the **hand**, which is played first, and the **foot**, which is played when the hand has been used up. Start something new, or continue to play and perfect your skills. The group meets each week, and welcomes beginners.

[Maple Grove Community Center](#)

Tuesdays weekly

9:00 – 12:00 p.m.    \$10 (yearly)    [Hand & Foot Card Club](#)

### 500 CARD CLUB

Bauers, No Trump, Nula and Slam are some of the terms you'll hear on Thursday afternoons. If you enjoy 500, here is your chance to find area friends and master the always exciting game of 500. No partners needed. This is an open game, and we will make partners and tables as you arrive. A 50¢ prize fee will be collected at the start of each game date. Arrive early, game starts officially at 1:00!

[Maple Grove Community Center, Senior Center](#)

Thursdays weekly

1:00 - 3:30 p.m.    \$10 (yearly)    [500 Card Club](#)

### PINOCHLE

Want a night out of the house to socialize and play cards? A pinochle group is playing weekly on Tuesday evenings. If you love to play Pinochle, come join this fun group.

[Maple Grove Community Center](#)

Tuesdays weekly

6:30 – 9:30 p.m.    \$10 (yearly)    [Pinochle Card Club](#)



### SOCIAL BRIDGE

Enhance your bridge skill, build new friendships, and gather to enjoy a great game! This is intermediate "party bridge", meeting weekly. No partners needed to attend, we form tables as individuals arrive. A prize fee of 50¢ is collected at each meeting.

[Maple Grove Community Center, Senior Center](#)

Wednesdays weekly

12:30 - 3:30 p.m.    \$10 (yearly)    [Social Bridge Card Club](#)

### DUPLICATE BRIDGE

Challenge your mind and improve your bridge skill level! This stimulating game of duplicate is played on Tuesdays at the Community Center. You must bring a partner! Only full tables play. Call Kris, 763-494-6514 if you need a partner. Arrive early, play starts at NOON!

[Maple Grove Community Center](#)

Tuesdays weekly

12:00 - 3:30 p.m.    \$10 (yearly)    [Duplicate Bridge Card Club](#)

### ACBL SANCTIONED DUPLICATE BRIDGE

This game will be run by Scott Smith, allowing opportunity for you to receive master points. For more information or if you need a partner, contact Scott at 612-845-8090. **\$5.00 paid weekly at the game to the director.** Wireless scoring and hand records.

[Maple Grove Community Center](#)

Thursdays weekly

12:00 – 3:30 p.m.    \$5.00 (weekly-pay the Game Director)

# Adult Trips

## ADULT TRIPS

### Trip Registration & Cancellation Policy

Trip registration is accepted by Internet, at the Community Center or through the mail-in process. **All registration is accepted immediately.** Participants may cancel trips with refund prior to the registration deadline date (a \$5.00 processing fee is charged). If you need to cancel after the registration deadline, a refund will be given *only* if your spot can be filled from the waiting list. If Maple Grove Parks and Recreation cancels a trip, a full refund check will be sent.



**Bus transportation leaves from the Community Center front entrance at the time listed. Return times for all trips are approximations and may be adjusted due to weather, traffic or scheduling conflicts.**

Trip registrations must now be made individually with each person's name, phone, etc. Sorry, we can no longer offer group registrations!

## COMO ZOO CONSERVATORY & MUFFULETTA'S

Let's start the day with a locally-sourced, internationally-influenced cuisine! Muffuletta's places a premium on freshness, quality of ingredients and simplicity of preparation. Here you will have your choice of the **Muffuletta's sandwich with sweet potato fries, Chicken Caesar Salad or Fish and Chips.** Then, not too far away we will travel through the many gardens of the Marjorie McNeely Conservatory as you explore this historic treasure with your tour guide from Como Educational staff. Next, we will test your comfort zone with an up-close animal encounter in a classroom setting! Definitely a wonderful and tranquil place to spend a winter afternoon! Last day to register or cancel is December 11.

Tuesday, January 12

10:15 a.m. – 3:45 p.m. \$34

111801-01



## THE WEDDING SINGER

Old Log Theatre

Start with lunch and your choice of **Beef Short Ribs, Pan Seared Tilapia, Vegetarian Pasta or Roasted Chicken Breast.** After lunch, enjoy your choice of comfortable seating in the theater for a new musical based on the movie of the same name. Robbie Hart is New Jersey's favorite wedding singer until his fiancée leaves him at the altar. Heartbroken, he is forced to re-examine the meaning of love and marriage with the help of Julia, a waitress from one of his wedding-singing venues. Last day to register or cancel January 12.

Wednesday, January 27

10:30 – 5:00 p.m. \$57

111801-02

## ESCAPE TO TROPICS AND CHOCOLATES

The IMAX Theater at the Minnesota Zoo will take you on a breathtaking adventure with the movie "Journey to the South Pacific". See the lush tropical islands of West Papua on a seven-story screen. Life flourishes above and below the sea. Enjoy your many options for lunch on your own. Of course we can't go home without a visit to Abdallah's Chocolates. You'll have time to have some samples and purchase chocolates for that special one here! Last day to register or cancel is January 26.

Tuesday, February 2

8:45a.m. – 3:30p.m. \$27

111801-03

## NEWSIES

Orpheum Theatre

They delivered the papers, until they made the headlines... Direct from Broadway comes *Newsies*, the smash-hit, crowd-pleasing new musical from Disney. Winner of the 2012 Tony Awards® for Best Score and Best Choreography, *Newsies* has audiences and critics alike calling it "A musical worth singing about!" (*The New York Times*). Filled with one heart-pounding number after another, it's a high-energy explosion of song and dance you just don't want to miss. Based on true events, *Newsies* tells the captivating story of a band of underdogs who become unlikely heroes when they stand up to the most powerful men in New York. It's a rousing tale about fighting for what's right...and staying true to who you are. Now is the time to seize the day with *Newsies*. Last day to register or cancel is December 4.

Wednesday, February 10

6:30 – 11:30 p.m. \$55

111801-04



## FLY ME TO THE MOON: LOVE SONGS FROM THE BIG BAND ERA

Orchestra Hall

We start our special day off with brunch at Henry's Café. Many have never experienced this small café with big flavors. Henry himself will prepare a brunch including eggs, sausage, homemade carmel/cinnamon rolls and fresh fruit. If you've not tried Henry's, here is your chance! Then off to Orchestra Hall, where we kick off Valentine's Day with fresh takes on classic love songs made famous during the glamorous Big Band Era. Revisit beloved standards including Embraceable You, Honeysuckle Rose and Fly Me to the Moon - and discover new favorites with a contemporary flair. Jazz trumpet plus a swinging rhythm section: the cocktail of musical romance, served up just for you! Last day to register or cancel is January 12.

Sunday, February 14

11:30 am – 5:00 pm \$56

111801-05

## Adult Trips

### ST. CROIX CASINO

Receive \$5.00 on your casino card upon arrival to the casino... but even better... it is yours today! Everyone over the age of 50 gets an amount of at least \$5.00! That's \$10.00 or more to anyone over 50! (This is given to you on your TLC card, not in cash.) Enjoy your four hour stay with the variety of gaming choices and many lunch options. Fee includes casino incentives\* and motor coach. Last day to register or cancel is February 17.

**\*Special Registration Note: When you register, you will be asked to provide your TLC number or birthdate. When you provide this information you are giving Maple Grove Parks and Recreation permission to share your name, address and birthdate (private data) with the casino. You are welcome to sign up for the trip and decline to provide permission; however, doing so will eliminate your cash incentives.**

Wednesday, February 24

8:00 - 3:00 p.m.

\$5

111801-06



### ITALIAN DINNER & LAKE WOBEGON BRASS BAND

*Phipps Theatre*

We start with dinner at Mama Maria's in Hudson. Here you will have your choice of **Tortellini con Pesto e Portobello (cheese tortellini with Portobello mushrooms in pesto cream sauce) Spaghetti Salsicci (spaghetti and meat sauce), Fetuccinie Alfredo con Pollo (alfredo with chicken) or Cannelloni Classico (pasta rolled around pork, spinach, cheese, baked and topped with tomato meat sauce)**. All dinners include salad, dessert and rolls. After our hearty Italian meal, we head to the Phipps Theatre to hear a Phipps favorite, the 30-member British-style brass band returns with an entertaining and diverse program of marches, classical, quasi-jazz and popular selections. Last day to register or cancel is February 5.

Saturday, March 5

4:30 - 10:30 pm

\$64

111801-07

### 'RING OF KERRY' AND ANTONS SUPPER CLUB

After fifteen years of evolving their Irish sound, Ring of Kerry celebrates the season with a delightful Post-Paddy's Concert while the St. Paul Irish Dancers fly through the music with grace, beauty and thunder! Before this enthusiastic gala we will have a delicious meal at the eclectic and unique Anton's Restaurant known for their giant popovers which is nestled along the Sauk River in an authentic log cabin. Relax with the beautiful view and great food and your choice of **chicken almond stuffed popover, pan fried walleye or their award winning BBQ ribs**. A perfect way to continue the St. Pat's Day celebration with the Irish jigs and this historic supper club! Last day to register or cancel is February 18.

Friday, March 18

9:45 p.m. - 5:00 a.m.

\$55

111801-08

### WATERMELON HILL & ST. PAUL GRILL

*History Theatre*

We start with a morning show at the History Theater. Share in this piece of Minnesota history - 1965. Imagine yourself as a teenage girl - pregnant and unwed. After a painful confession to your mother, you are sent away to the Catholic Infant Home on Cathedral Hill to deliver your baby and give it up for adoption. You are given a new name and strict instructions: "Do not reveal your real name. Do not discuss this episode in your life with anyone. Have your baby, go back to school, and make a fresh start - as if nothing ever happened. Once you leave this place, you must never look back." But that's impossible. Decades later, three courageous women relive their shared experiences at the home, personal moments of love and loss and reunions with the children they never forgot.

After the show we enjoy lunch at the St. Paul Hotel, St. Paul Grill where you have a choice of **Landmark Salad, The Grill Charlie's, Chicken Pot Pie, Walleye Sandwich or Black & Blue Burger**. Last day to register or cancel is February 18.

Thursday, March 24

9:00 am - 3:00 pm

\$55

111801-09

### JOSEPH & THE AMAZING TECHNICOLOR DREAM COAT

*Orpheum Theater*



One of the most enduring shows of all time, Tim Rice & Andrew Lloyd Webber's **Joseph And The Amazing Technicolor Dreamcoat** is the irresistible family musical about the trials and triumphs of Joseph, Israel's favorite son. Directed and choreographed by Tony® Award-winner Andy Blankenbuehler, this new production is a reimagining of the Biblical story of Joseph, his eleven brothers and the coat of many colors. The magical musical is full of unforgettable songs, including "Go Go Go Joseph," "Any Dream Will Do" and "Close Every Door." Tickets on main floor, side starting in row N. Last day to register or cancel is January 25.

Sunday, April 3

Noon - 4:00 pm

\$53

111801-10

### BLITHE SPIRIT

*Old Log Theatre*

As always we start our afternoon in the dining room, where you have your choice of **Beef Short Rib, Tilapia, Vegetarian Pasta or Boneless Chicken Breast**. Then move into the theater for "The most spirited comedy you've seen in years!" Researching for his new novel, Charles Comdomine invites the implausible medium Madame Arcati to his house for a séance. While consumed in a trance, Madame Arcati unwittingly summons the ghost of Charles' dead wife Elvira. Appearing only to Charles, Elvira soon makes a play to reclaim her husband, much to the chagrin of Charles' new wife Ruth. If he wants his latest marriage to stand a GHOST of a chance, he'd better conjure up a solution quickly. One husband, two feuding wives and a whisper of mischief in the air - who will win in Coward's unworldly comedy? New York Times hails "a laugh machine". Last date to register or cancel is April 8.

Wednesday, April 27

10:45 am - 5:00 pm

\$57

111801-11

## OLE AND LENA'S 50th WEDDING ANNIVERSARY AND VOW RENEWAL

*Paramount Theatre*

First stop is at Texas Roadhouse in Waite Park for your choice of **8 oz. pulled pork or 6 oz sirloin steak**, then onto the matinee show at the beautiful Paramount Theatre in downtown St Cloud. Lena saw a couple renew their vows on Dr. Phil and immediately decides that's what she and Ole are going to do for their 50th wedding anniversary. But the only thing on Ole's mind these days is the Lodge's upcoming yearly fishing tournament and how he and his neighbor, Sven, are going to win the "whole deal." Will Lena get Ole to the altar to renew his vows? Will Ole talk Sven into getting him out of having to go through with the ceremony so they can both fish in the tournament? Find out in this wonderfully warm hearted comedy about love, marriage, family and growing old together. Fee includes lunch, show tickets and motor coach bus. Last day to register or cancel is April 8th.

**Wednesday, May 11**

10:00 – 5:00 p.m.

\$51

111801-12

## BRIDGES OF MADISON COUNTY

*Orpheum Theater*

The Bridges of Madison County, one of the most romantic stories ever written, is now an irresistible, two-time Tony Award®-winning Broadway musical. Based on the best-selling novel by Robert James Waller, The Bridges of Madison County tells the story of Iowa housewife Francesca Johnson and her life-changing, four-day whirlwind romance with traveling photographer Robert Kincaid. It's an unforgettable story of two people caught between decision and desire, as a chance encounter becomes a second chance at so much more. This stunning new production features gorgeous, soulful music by Tony Award®-winning composer Jason Robert Brown that draws upon the rich textures of Americana and folk and the sweeping, expressive balladry of classic Broadway. The Daily News hails it as "one of Broadway's best scores in the last decade." NPR posts, "The Bridges of Madison County is an afternoon you will cherish long after the show's over!" Last day to register or cancel is April 15th.

**Sunday, June 26**

Noon – 4:30 pm

\$54

111801-13

## DISNEY'S LION KING

*Orpheum Theater*

Seating on the main floor, starting in row K... great seats for this amazing show! More than 70 million people around the world have experienced the phenomenon of Disney's The Lion King, and now you can too, when Minneapolis' best-loved musical returns to the Orpheum Theatre. Winner of six Tony Awards®, including Best Musical, this landmark musical event brings together one of the most imaginative creative teams on Broadway. Tony Award®-winning director Julie Taymor brings to life a story filled with hope and adventure set against an amazing backdrop of stunning visuals. The Lion King also features some of Broadway's most recognizable music, crafted by Tony Award®-winning artists Elton John and Tim Rice. There is simply nothing else like The Lion King. Last day to register or cancel is March 18.

**Thursday, August 4**

1:00 – 5:00 pm

\$64

111801-14

**WORLD TRAVEL 2016**

There are options on where to travel this year. Come to one of the information sessions listed and learn about the trips.

## CUBA: THE NEW BEGINNING

Traveling with Central Holidays, you're sure to enjoy this once in a lifetime chance to experience Cuba in its 1950's splendor. Before the cruise lines make it a Port of Call, and before travel changes its character, enjoy the charm and character that is Cuba. We start in Miami with an overnight stay before we head to Santa Maria Cuba, Enjoy this sea side town for two nights. From here we move to Havana where we have a 4 night stay. Experience the history, architecture, arts, music and best, the people of Cuba on this exciting adventure. **Traveling March 16 – 23. Travel information discussion Thursday, December 10, 5:30 – 7:00 pm.** Call Kris 763-494-6514 to RSVP or for more information.

## IRELAND: IRISH SPLENDOR

Collette Travel brings you the opportunity to savor a true taste of "Irish Splendor" when you spend the night in a stately castle and have dinner in Ireland's oldest pub. Learn to pour the perfect pint at the Guinness Storehouse. Stand in awe on the Cliffs of Moher. Tour rollicking Dublin and share a conversation with the locals at a pub featuring traditional Irish entertainers. Sip on the "Water of Life" at the Tullamore Whiskey Distillery. Visit St. Patrick's Cathedral. Explore the spectacular Dingle Peninsula and drive the Sleat Head road for majestic coastal views. Gaze upon the historic Rock of Cashel. Visit the famous Blarney Woolen Mills and the Gap of Dunloe where you can shop for traditional Irish goods. Meet a local family and enjoy tea and scones at their farm. Kiss the Blarney Stone at Blarney Castle. From the breathtaking sights of Kerry to the historic Rock of Cashel, gaze across the countryside and culture of Ireland. A dream destination and we hit all the highlights! **Travel dates, October 18 – 25. Travel information discussion Thursday, January 14, 2016 at 6:00 pm.** Call Kris 763-494-6514 to RSVP or for more information.

## COSTA DEL SOL, SPAIN

Central Holidays hosts this tour. When it comes to combining natural beauty and man-made brilliance, few places can master the magic of Costa del Sol. Known as the "Coast of the Sun", the region epitomizes the magnificence & beauty associated with Andalusia, in southern Spain. Stay 7 nights in one luxurious hotel and venture out from there. Upon arrival you will be transported to the Mediterranean resort town of Torremolinos. Spend time enjoying the town, the scenery, and visit Seville, Ronda, Tangier (optional), Gibraltar Granada and more. Sites and sounds of history, and the beauty of a rugged coastline; all wrapped up into this great experience. **Travel dates are November 1 – 9. Travel information Thursday, December 10, 2015, 5:30 – 7:00 pm.** Call Kris 763-494-6514 to RSVP or for more information.

All classes, trips and programs are planned for seniors' participation, but are open to any adult interested. Call Kris Orluck at 763-494-6514 with any questions.

# Community Center

## MAPLE GROVE COMMUNITY CENTER 12951 Weaver Lake Road, Maple Grove, MN 55369

### Community Center Hours:

Monday-Friday ..... 6:00 a.m. - 10:00 p.m.  
Saturday..... 8:00 a.m. - 10:00 p.m.  
Sunday..... 10:00 a.m. - 10:00 p.m.

### Community Center Holiday Hours:

Thursday, December 24, Christmas Eve ..... 6:00 am - 12:00 noon  
Friday, December 25, Christmas Day.....Closed  
Thursday, December 31, New Year's Eve.....6:00 a.m. - 4:00 p.m.  
Friday, January 1, New Year's Day ..... 12:00 p.m. - 6:00 p.m.

### Telephone numbers

Banquet Room, Mtg Room Rentals.....763-494-5969  
Birthday Party Packages .....763-494-5966  
Group Reservations .....763-494-5969  
Ice Arena Dead Ice Times.....763-494-5951  
Ice Arena Office .....763-494-5968  
Ice Arena Rentals .....763-494-6465  
Main Number .....763-494-6500  
Membership Support Services.....763-494-6508  
Website ..... [www.maplegrovecommunitycenter.org](http://www.maplegrovecommunitycenter.org)  
Facebook ..... [facebook.com/maplegrovecommunitycenter](https://facebook.com/maplegrovecommunitycenter)

### All Building Daily Pass

The All Building Daily Pass allows access to the Grove Cove Aquatic Center, the Maple Maze indoor playground, gymnasium, open ice skating, and adult open hockey.

Daily Admission	Regular/Non-Res.	Resident
Single, under 1 free	\$10.00	\$9.00
Family	\$33.00	\$28.00

Coupon Book	Regular/Non-Res.	Resident
10 coupons/book-all ages	\$80.00	\$80.00

### Fee Guidelines

Resident: Individual that lives or works full-time in Maple Grove. Residency will apply to immediate family members for family memberships and for family admissions only when the adult meeting the criteria is present at the time of paying the admission. The regular/non-resident fee will be charged to additional family members. Regular/non-resident fees will be charged when an individual cannot provide acceptable proof of residency.

### Acceptable Forms of ID

- ♦ Drivers License or State ID
- ♦ MGCC Membership ID
- ♦ ID and current pay stub from Maple Grove business

### Age Criteria

- ♦ Youth - Age 17 and under
- ♦ Adult - Age 18-61
- ♦ Senior - Age 62 and above
- ♦ Family - consists of immediate family of up to two adults and five children ages 17 and under living at the same address and full-time college students ages 18-24 (with proof of full-time college status) at the same address. Multiple families living at the same residence will be charged separately at the family rate.

### Gift Cards

Gift cards to the Community Center can be used on admissions, concessions, room rentals, memberships, etc. for any amount.

## Membership Options

You can choose from an Annual Membership (payment is made by cash, check, credit card or direct payment) or a Continual Membership (using the direct payment option using your checking account).

You can renew your annual membership online using eConnect registration by using a Visa, MasterCard or Discover Card. Use your log-in ID and account PIN and go to:

[www.maplegrovecommunitycenter.org](http://www.maplegrovecommunitycenter.org)

and look for Community Center Memberships.

### Online purchases for memberships are not available if you want to do the following: (you must register in person)

- ♦ If you plan on paying by check, cash or using the Direct Payment monthly option.
- ♦ If you work full-time in Maple Grove and want to receive the resident rate you must register in person and bring a current pay stub from a Maple Grove business showing a Maple Grove address.
- ♦ If you want to receive the MERSC rate you must register in person and bring a valid company ID or pay stub for proof of current employment.

Members are to present the ID each visit. If you are using a PCA, nanny or have a college student age 18-24 living at home (must show proof of full-time college status) you can add them to your Membership, but you must fill out a Special Request Form every year or they will automatically be removed from your account.

Terms and conditions will be given to you upon purchasing the membership or mailed to you for online purchases.

## Community Center Memberships

The Community Center is the perfect place to spend time with your friends and family all year long! Select from the All Building Membership for all the recreational areas, the Pool Only membership or the Pickleball Membership. The All Building Membership allows access to the Grove Cove Aquatic Center, the Maple MAZE Indoor Playground, Gymnasium, Open Ice Skating, Adult Open Hockey, Low Test Freestyle and Dead Ice. The Pool Membership allows access to the Grove Cove Aquatic Center. The Pickleball Membership includes access to the CC Gym and MG Middle School Community Gyms during Open Pickleball only.

### All Building Memberships:

	Regular/Non-Res. Annual / Monthly	Resident Annual / Monthly
Youth/Senior	\$195.00 / \$16.25	\$175.00 / \$14.58
Adult	\$235.00 / \$19.58	\$195.00 / \$16.25
Family	\$475.00 / \$39.58	\$375.00 / \$31.25

### Pool Annual Memberships:

	Regular/Non-Res. Annual / Monthly	Resident Annual / Monthly
Youth/Senior	\$160.00 / \$13.33	\$135.00 / \$11.25
Adult	\$185.00 / \$15.42	\$160.00 / \$13.33
Family	\$375.00 / \$31.25	\$325.00 / \$27.08

### Pickleball Memberships:

	Regular/Non-Res. Annual / Monthly	Resident Annual / Monthly
Adults	\$195.00 / \$16.25	\$175.00 / \$14.58

# Community Center Rentals & Groups



## Groups, Home Schools & Private Rentals

The Community Center is available for groups, overnight and after-hours private rentals. Choose from the pool, indoor playground, gym or ice skating. The Teen Center and meeting rooms can be added. Let us customize a package that works for your group. For details call the Rental Coordinator at 763-494-5969.

### Group Rates

Group rates are available for 25 or more in all areas and 10 or more in the Maple Maze indoor playground. Advance reservations are required for all groups and payment must be made with one transaction. Chaperones are free and are based on a 1/10 ratio of adult/youth.

### Group Rates: single activity

Gym .....	\$2.50
Ice Skating.....	\$3.75
Maple Maze, Indoor Playground.....	\$3.75
Grove Cove Aquatic Center.....	\$5.00

### Group Rates: multiple activities

Grove Cove Aquatic Center & Maple Maze .....	\$6.00
Grove Cove Aquatic Center & Gym .....	\$6.00
Grove Cove Aquatic Center & Ice Skating.....	\$6.00
Grove Cove Aquatic Center, Maze & Ice Skating .....	\$7.00
Grove Cove Aquatic Center, Maze & Gym.....	\$7.00
All Building Daily Admission .....	\$8.00

### Private Maple Maze Rentals

Rent the Maple Maze indoor playground for your private party on Sundays from 6:15 p.m. - 8:15 p.m. or Saturdays from 8:15 p.m. - 10:15 p.m. The fee of \$150 includes use of a room for up to 40 people for an hour.

### Late Night or Overnight Rentals

Private parties are available after regular business hours. Prices will vary, but can start as low as \$350 for the Maze and lobby late night rental to a full overnight lock-in. For details call 763-494-5969.

### Homeschoolers

Calling all homeschoolers! You can be eligible for discount gym admission. Refer to the gym schedule for dedicated Homeschool gym times. Use the gym for educational purposes. Questions, call Lisa at 763-494-6517 or email [ljost@maplegrovern.gov](mailto:ljost@maplegrovern.gov).

## Room Rental Information

Call the Community Center room rental pre-recorded information line at 763-494-5969. The Rental Coordinator works from 8:00 am – 4:30 pm, Monday - Friday. Please leave a number where you can be reached during these hours. Call two weeks or more in advance to assure a room is available. Call/emails are processed in order received.

Room rental requests can also be made in person, by mail or by fax (fax number is 763-494-6453). You can also email the Rental Coordinator at [ljundquist@maplegrovern.gov](mailto:ljundquist@maplegrovern.gov)

You will receive a phone call within 1 business day to confirm your reservation. Once you receive your permit, you will have 5 working days to sign the permit and return with your rental payment and damage deposit.

**We are changing to a new software program and re-building our entire database! We will not be accepting any new rental requests for one week; January 4-8 in order for staff to migrate existing rentals to the new system.**

## Meeting Rooms

From seminars and meetings to birthday parties, you'll want to schedule your next event here! Call the pre-recorded line at 763-494-5969 to reserve your room now! Leave your name, address, phone number and preferred dates and times. Cancellations require a two-week notice to receive a refund. A \$50 damage deposit is required two weeks prior to the event.

### Hours Rooms are available:

Monday-Friday .....	6:00 a.m. – 10:00 p.m.
Saturday.....	8:00 a.m. – 10:00 p.m.
Sunday.....	1:00 p.m. – 10:00 p.m.

### Fees:

(Monday-Sunday)	<b>Regular/Non-Res.</b>	<b>Resident</b>
<i>Private/Business</i>	\$30.00/hr	\$25.00/hr
<b>*Add 7.275% Sales Tax</b>		

The room sizes vary to accommodate 15-40 people, depending on room set up. Audiovisual equipment is available to rent.

**Decorations:** You are welcome to bring in your own decorations. Tape or adhesives are not allowed. We will provide ceiling hooks, magnets for whiteboards for your use.

**Food/Beverage:** Bring your own food or schedule our food service upon scheduling the room. Select from coffee, pop, juice, and muffins. NO RED BEVERAGES. No alcohol allowed in the small meeting/party rooms.

Parties or gift openings are not allowed in the open lobby areas. Your party group is certainly welcome, however you will be asked by staff to store your belongings in your vehicle.

## Early Morning Room Special

Kick start your weekday with a great deal. Schedule a small meeting room Monday thru Friday between 6:00 a.m. - 10:00 a.m. for only \$10 an hour plus tax. This is ideal for networking groups or businesses to take care of business at a great rate. Call 763-494-6527 for availability. This offer is valid at the Community Center or Town Green Meeting Room. Rentals must be done by 10:00 a.m.

# Community Center Large Area Rentals



## Banquet Room

The Banquet Room serves as a premier banquet and meeting facility seating up to 250 people, formal seating. The warm, attractive decor is inviting for all occasions. This room is sure to meet your needs whether it is for a wedding, anniversary, banquet, company picnic or holiday party, training seminars, conferences, and tradeshow or craft sales. Quality sound and audiovisual equipment offer spectacular presentations and training. Outside, our beautifully landscaped flower garden and picturesque patio are a perfect complement to the large meeting room. Call 763-494-5969 to process a room rental request.

**Hours:** This room is available Monday - Thursday from 6:00 a.m. to 10:00 p.m.; Friday and Saturday until 1:00 a.m.; Sunday from 2:00 p.m. to 10:00 p.m.

**Table Set-Up:** Tables are 5-foot rounds and can seat up to 8 people. Layout is confirmed during the reservation process.

**Other:** You are welcome to bring in your own decorations. Ask to see our photo book for ideas. **Red beverages** are not allowed excluding red wine when served through the exclusive liquor provider.

**Food/Beverage:** Renters must select from four exclusive caterers for food served at events for an additional fee: Lookout Catering, Lynde's Catering, India Spice House and Holy Land. A licensed caterer is required to serve your refreshments and meal for an additional fee. A portable beverage bar with a pop dispenser is available. Rentals are required to use the exclusive liquor provider licensed to sell alcohol at MGCC. When alcohol is served a security guard is required to be present. Call 763-494-5969 for details.

<b>Fees:</b>	<b>Regular/Non-Res.</b>	<b>Resident</b>
<b>Private Function</b>		
Monday - Thursday	\$375.00	\$325.00
Friday & Sunday	\$425.00	\$375.00
Saturday	\$725.00	\$675.00

**\*Add 7.275% Sales Tax**

**Kitchen Fee** \$75.00 \$75.00  
(Kitchen is for caterer's use only)

We are changing to a new software program and re-building our entire database! We will not be accepting any new rental requests for one week; January 4-8 in order for staff to migrate existing rentals to the new system.

## Room 112

An excellent room for family gatherings, end of season parties, large meetings or seminars, sample sales and more! The room has seating for up to 80 people, features a walk out patio, a large screen for presentations. Food may be catered or brought in. Licensed caterers have access to the small kitchen facilities. Potluck events are allowed, however, renters will not have access to the kitchen per state health codes. Alcohol is allowed. Ask for guidelines and fees for liquor providers, security services and beverage bar fees.

<b>Fees:</b>	<b>Regular/Non-Res.</b>	<b>Resident</b>
<b>Private/Business Function</b>		
Mon-Sun (1-5 hours)	\$45.00/hr	\$40.00/hr
Fri-Sat-Sun (5+ hours)	\$270.00	\$240.00

**\*Add 7.275% Sales Tax**

## Gymnasium Rental

The Maple Grove Community Center Gymnasium has two half courts (one full) gymnasium which offers a great variety of options for your rental needs. Each half court has 3 basketball hoops and is lined for basketball, volleyball and pickleball. Two of the hoops have adjustable heights.

### 1/2 Court Rental Fees

<b>Regular/Non-Res.</b>	<b>Resident</b>
\$55.00 per hour	\$50.00 per hour

**MGCC Membership holders will receive \$10.00 off a private rental**

To check availability or make a reservation, contact the Rental Coordinator at 763-494-5969.

# Community Center Gym & Indoor Playground

## Gymnasium

<b>Daily Admission</b>	<b>Regular/Non-Res.</b>	<b>Resident</b>
Tots-Parents free with Tot*	\$3.00	\$2.50
Single	\$5.00	\$4.00
Home School **	\$2.50	\$2.50

**Coupon Book** \$35.00 \$35.00

10 coupons/book-all ages

\*Parents are free during scheduled tot time only.

\*\*Home School rate during designated times only.

**Everyone 9 and older MUST register to use the gym. All gym users must pay for and wear a wristband.** The gymnasium schedule has specific times for drop-in basketball. Monthly schedules list gym closures; large group use, tot time and resident open gym times.

**A zero tolerance policy is enforced.**

**Registration:** The gym registration is free of charge. Each patron is required to fill out a registration form and show a photo ID with an address. A digital picture is taken to confirm a person's identity and residency each visit.

**Be Prepared:** Bring accurate information of the patron's name, address, current home telephone number, and date of birth. Falsifying information is an automatic expulsion from MGCC property indefinitely. Youth under age 16 are required to have a parent present to sign the registration form and provide proof of residency for each youth registering. Youth 16-17 with a valid driver's license or MN ID card can register without a parent being present. The gym registration form will not be allowed to be sent home for signatures or to have the parent come at a later date. Age 9 and older need to sign the form to confirm their understanding of the gym rules. Residents and non-residents of all ages are required to present an acceptable form of ID.

**Residency** as referred to on the gym schedule is defined as people who live in Maple Grove or have full-time employment in Maple Grove.

Acceptable Forms of ID to Register

- Drivers license with current address.
- Non-residents working full time in Maple Grove are to bring a current pay stub and drivers license.
- MGCC Resident ID.
- MN ID with photo with current address.
- State ID and utility billing in the patron's name.

### Each Gym Visit & Admissions

Patrons must provide their home telephone number or individual barcode. Membership Holders will scan their ID's at the gym desk. All patrons must wear a wristband.

### Gym Schedules

Monthly gym schedules are available in racks near the customer service desks or on our website at

[www.maplegrovecommunitycenter.org](http://www.maplegrovecommunitycenter.org)

### Maple Maze - Indoor Playground

It's an AMAZING fun time for children ages 12 and under. Start on the first level by climbing the rock wall, hopping on the pogo stick or enter the tree house and climb to the second level. Multiple routes bring more to discover in the jungle of the MAZE. Four slides entice children to keep crawling back up to discover new routes to slide down, long tubes to push through and Hoover rings to crawl over. A special toddler area is available for children ages three and under. Toddlers are able to crawl into the lion's mouth and back down a slide to venture on to the molded alligator, hippo and more. Activity panels keep the young minds intrigued and active. Let your child be the judge of the fun!



### Hours of Operation

Monday – Saturday ..... 9:00 a.m. – 8:00 p.m.

Sundays ..... 10:00 a.m. – 6:00 p.m.

### Daily Admission

	<b>Regular/Non-Res.</b>	<b>Resident</b>
Youth ages 1-12	\$5.50	\$4.50
Toddlers under age one	Free	Free
Socks	\$3.00/pair	\$3.00/pair

### Coupon Book

	<b>Regular/Non-Res.</b>	<b>Resident</b>
10 Coupons/all ages	\$40.00	\$40.00

### Specials

#### Twilight Special

Pay \$3.00 to play in the Maple MAZE anytime after 7:00 p.m. Monday – Saturday and after 5:00 p.m. on Sunday.

#### Daycare Provider Rate

Home Licensed Daycare Providers receive a discounted rate of \$3.25 per child when purchasing 9 or less Maze admissions. Ten or more Maze admissions will be at the group rate of \$3.75 per child. **Daycare Providers must present a current copy of their daycare license and a driver's license. Offer not valid on school release days and during the summer.**

### Indoor Playground Rules

- The Indoor Playground is supervised during anticipated HIGH VOLUME USE only.
- Wristband must be worn.
- Socks must be worn.
- Children 8 years & under must be accompanied by an adult.
- No food or beverages in the playground.
- The toddler area is restricted to children 3 and under.
- Groups visiting the Indoor Playground with reservations are posted.

### Private Maple Maze Rentals

Rent the Maple Maze indoor playground for your private party on Sundays from 6:15-8:15 p.m. or Saturdays from 8:15-10:15 p.m. The fee of \$150 includes use of a room for up to 40 people for an hour. Contact Lynne Lundquist at 763-494-6527 for availability.

# Community Center Birthday Party Packages

## Birthday Party Packages

Celebrate your child's birthday or bring a group of children to party at the Community Center!

### Call the Birthday Party Hot Line at

**763-494-5966.** State your name, address, phone number, the package, a preferred date and the estimated number who will attend the party. Your call will be returned within a 48-hour period. **Calls are returned in the afternoons, evenings and on weekends.**



### Basic Package

The cost is \$100 for up to 10 youth, including the birthday person. The birthday boy/girl can choose one or two activities: playtime in the Grove Cove Aquatic Center pools, the Maple MAZE Indoor Playground or ice-skating. Skating is available most Fridays 7:15 - 8:45 p.m. and Saturdays & Sundays 1:00 p.m. - 2:30 p.m. Parties include a private decorated party room for 90 minutes, a t-shirt for the birthday boy/girl, paper products (cups, plates, sporks and napkins) and beverages (pop or juice boxes). Place settings for two adults are included. Planning is a breeze when you let us help with scheduling the party. \$5.00 per additional child. Call the Birthday Party Hotline at 763-494-5966 today!

### Reservation Information

Packages are offered Friday, Saturday and Sundays. A minimum of ten guests (youth) is required and pays the base rate. Additional guests can be added for a group up to 30 people. Rates per guest are dependent upon the package selected. A minimum of one adult must accompany youth.

A \$50.00 damage/security deposit is required within 48 hours of booking the event. Full payment is accepted on the event day. Cancellations must be received ten business days prior to the event in order for the security/damage deposit to be returned. Deposit will be processed for no shows.

### Additional Options that can be added to any package:

- ◆ \$3.50 per person for a hot dog and chips
- ◆ \$12.00 per one topping pizza. Select from cheese, pepperoni or sausage pizza. Additional toppings are \$1.50 per topping. Must place pizza order during the reservation process.
- ◆ \$5.00 for extra paper supplies for up to 15 adults
- ◆ \$4.00 per pitcher of pop
- ◆ \$4.50 per adult to swim
- ◆ \$2.00 per adult for ice skating & \$2.50 for skate rental
- ◆ \$15.00 for a 10" white or chocolate cake
- ◆ \$25/hour & tax for Residents and \$30/hour & tax for Non-Residents for additional room time.

**\*Add 7.275% Sales Tax**

### Private Maple Maze Rentals

Rent the Maple Maze indoor playground for your private party on Sundays from 6:15 p.m. - 8:15 p.m. or Saturdays from 8:15 p.m. - 10:15 p.m. The fee of \$150 includes use of a room for up to 40 people for an hour. Contact Lynne Lundquist at 763-494-6527 for additional information and availability.

## POOL SUPERVISION POLICY!

All children under 42" tall must have an adult in the water within arms reach to use the Grove Cove Aquatic Center Pools. One adult may be responsible for supervising up to 3 children under 42".

**LIFEGUARDS + PARENTS = SAFE KIDS!**



### Princess Party

Come celebrate your birthday in royal style at the Community Center. Be a princess for the day! The cost is \$130.00 for up to 10 youth including the birthday princess and \$5.00 for each additional child. Place settings for two adults are also included. The princess and her royal court are able to choose up to two activities; swimming at the Grove Cove Aquatic Center Pools, the Maple Maze indoor playground or ice skating. Ice skating is available most Fridays 7:15-8:45 p.m. and Saturdays & Sundays 1:00-2:30 p.m. Parties include a private party room for 90 minutes, decorated in the princess theme, pink and purple paper products (cups, plates, sporks and napkins) and beverages (soda or juice boxes). You will also receive a royal 5" pink and purple colored cake and ten cupcakes, tiaras or crowns for everyone and a T-shirt for the guest of honor. Call the birthday party hotline at 763-494-5966 to reserve.

### Super Hero Party

Let your child be a super hero for the day! The private party room is decorated in favorite super hero cutouts and decor to set the stage for a super fun birthday! The cost is \$130 for up to 10 children including the guest of honor and \$5 for each additional child. The super hero can choose up to two activities: swimming at the Grove Cove Aquatic Center Pools, the Maple MAZE Indoor Playground or ice skating. Ice skating is available most Fridays 7:15 - 8:45 p.m., Saturdays & Sundays from 1:00 - 2:30 p.m. Your party includes a decorated private room for 90 minutes, paper products (cups, plates, sporks and napkins) and beverages (soda or juice boxes). You will also receive a 5" blue and green colored cake with ten cupcakes, super hero masks and a T-shirt for the guest of honor. Call the Birthday Party hotline at 763-494-5966 to make your reservation!

[See Teen Center Birthday celebrations on page 32!](#)

# Community Center Ice Arena

## Ice Arena

The Ice Arena offers great opportunities to get together with family and friends. Open skating, adult open hockey, low test freestyle skating are available at scheduled times. Open skating schedules are updated monthly and made available at the ice arena office and customer service desks. Pick up an hour of ice time to skate with friends, family or co-workers. Call 763-494-6465 to schedule ice time.

Daily Admission	Regular/Non-Res.	Resident
Weekend/Evening Open Skate	\$6.00	\$5.00
Weekday Open Skate*	\$2.50	\$2.50
*Not valid during school release days. (Youth 4 and under are free)		
Adult Open Hockey	\$6.50	\$6.50
Low Test Freestyle	\$6.50	\$6.50
Dead Ice	\$7.00	\$7.00
Coupon Book Open Skate	\$45.00	\$45.00
	10 coupons/book-all ages	

For exclusion dates please see the monthly schedule available online at [www.maplegrovecommunitycenter.org](http://www.maplegrovecommunitycenter.org) or call the ice arena office at 763-494-5968.

### Skating Services

Skate Rentals (sizes youth 8 to adult 12)	\$2.50 per pair
Skate Sharpening	\$4.00 per pair

All Building Membership offers year round access to open skating, adult open hockey, Low Test Freestyle and Dead Ice.

### Dead Ice Hotline

What is Dead Ice? Dead Ice is a block of time that has not been reserved by anyone. No Dead Ice is available on weekends. Skaters may use the ice until the next reserved hour. Admission is \$7.00 per skater. For more information call 763-494-5951.

### Ice Rental Rates

<b>Prime Time Ice (Sept. - May)</b>	\$190.00/hour + tax
Mon - Fri	2:00 p.m. - 11:00 p.m.
Sat & Sun	6:00 a.m. - 11:00 p.m.
<b>Non-Prime Time Ice (June-August)</b>	\$155.00/hour + tax
Mon - Fri	11:01 p.m. - 1:59 p.m.
Sat - Sun	11:01 p.m. - 5:59 a.m.



### Weekday Open Skate

Tuesday & Thursday ..... 11:30 a.m. – 1:00 p.m.  
Youth ages 4 and under are free. Adult supervision is required.

### Weekend Open Skate

Fridays ..... 7:15 p.m. – 8:45 p.m.  
Saturdays ..... 1:00 p.m. – 2:30 p.m.  
Sundays ..... 1:00 p.m. – 2:30 p.m.  
Youth ages 4 and under are free. Adult supervision is required.

### Adult Open Hockey

Sundays ..... 11:15 a.m. – 12:45 p.m.  
Fridays ..... 11:30 a.m. – 1:00 p.m.  
Helmets and shin pads are required. Skaters must be 18 years or older.

### Low Test Freestyle

Sundays ..... 9:30 a.m. – 11:00 a.m.

For exclusion dates please see the monthly schedule available online at [www.maplegrovecommunitycenter.org](http://www.maplegrovecommunitycenter.org) or call the ice arena office at 763-494-5968.

### School Vacation and Release Days Open Skate

\$5.00 resident & \$6.00 non-resident.  
Youth ages 4 and under are free. Adult supervision is required.

Thursday, December 24 ..... 10:30 a.m. – 12:00 noon  
Monday, December 28 ..... 11:30 a.m. – 1:00 p.m.  
Tuesday, December 29 ..... 11:30 a.m. – 1:00 p.m.  
Wednesday, December 30 ..... 11:30 a.m. – 1:00 p.m.  
Thursday, December 31 ..... 11:30 a.m. – 2:30 p.m.  
Friday, January 1 ..... 11:30 a.m. – 2:30 p.m.  
Monday, January 18 ..... 11:30 a.m. – 1:00 p.m.  
Monday, February 1 ..... 11:30 a.m. – 1:00 p.m.  
Monday, February 15 ..... 11:30 a.m. – 1:00 p.m.

### Senior Open Skate (ages 50 and older)

Tuesdays & Thursdays ..... 9:00 a.m. – 10:00 a.m.  
No Charge

### 2015-2016 Winter Open Skate Specials

Friday, December 18 ..... 7:15 p.m. - 8:45 p.m.  
**The Holiday Gift** - Any family or individual bringing in a holiday shopping receipt for more than \$100 deserves a 50% discount on admission!

Friday, January 8 ..... 7:15 p.m. - 8:45 p.m.  
**Skate in the Sunshine** - All skaters dressed in yellow will receive a 50% discount on admission.

Friday, February 12 ..... 7:15 p.m. - 8:45 p.m.  
**Skate in Red** - All skaters dressed in red and couples will receive a 50% discount on admission.

### Ice Arena Concession Stand

Thanks to OMGHA for providing volunteers and quality services with a friendly smile. Stop in for a cup of hot coffee, hot dog, cookies, french fries and more items at the lower level concession stand.



# Community Center Grove Cove Aquatic Center



Admission fee provides access to the lap and leisure pools, offering activities for the entire family. The indoor leisure pool features a zero-depth beach area, water spray activities, a 130-foot water-slide and a tot slide. The lap pool features 25-yard lap lanes, a climbing wall and a rope swing that drops into 12.5 feet of water. The outdoor pool features a lazy river, tumble buckets, log walk and water sprays. The pool schedule is listed on page 59. Patrons under the age of 1 are free with a paying adult.

Daily Admission	Regular/Non-Res	Resident
Single - under 1 free	\$7.00	\$6.00
Family	\$25.00	\$22.00

Coupon Book	Regular/Non-Res	Resident
10 coupons/book-all ages	\$55.00	\$55.00

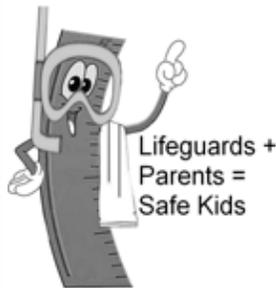
## Hours of Operation

Pool schedules list hours for open swim, waterslide, rope swing and hours the pools are closed for instructional programs. Lap swim hours are updated weekly. Pool schedules are available at the customer service desks or on our website at [www.maplegrovecommunitycenter.org](http://www.maplegrovecommunitycenter.org)

## POOL SUPERVISION POLICY!

All children under 42" tall must have an adult in the water within arms reach to use the Grove Cove Aquatic Center Pools. One adult may be responsible for supervising up to 3 children under 42".

**LIFEGUARDS + PARENTS = SAFE KIDS!**



## Group Rates

Group rates are available for 25 or more swimmers at \$5.00 per person. A two-week advance reservation is required and you must pay with one transaction. Groups are scheduled Thursdays and Fridays during the school year from 10:00 a.m. – 12:00 p.m., or after hours any night of the week. Groups may be scheduled after noon on weekends and District #279 no school days. A minimum of 50 swimmers is required to make the water slide, rope swing & climbing wall available. Call 763-494-5969 to schedule your group now.

**Please bring your lifejackets and diving masks to the pool office to be checked before using!**

## SPECIAL EVENTS AND FAMILY FUN

### Friday Family Fundays

Stay warm this winter with Friday Family Fundays at the Grove Cove! You will find admission discounts, concession specials, flotation fun and even fabulous prize drawings!

**Daily admission for Friday Family Fundays** is \$5.00/individual or \$19.00/family for ALL visitors. Prices are good every Friday.

**Concession specials** will be offered all day, every Friday!



### Flotation Fun!

During designated times, the lap pool will have fun flotation items available for you to play with! All persons using the lap pool during this time must be capable of swimming in deep water unassisted, and may be tested by a lifeguard. Please DO NOT bring your own flotation! We will provide everything you need for a fabulous float time!

*Flotation Fun is available on Fridays from 7:00 - 8:00 p.m., and Saturdays and Sundays from 3:00 - 4:00 p.m.*

*The climbing wall, rope swing and volleyball net will not be available during float times.*

### Age Limit

Patrons with children age 4 and older must use the same-sex lockerroom or the family changing rooms.

### Pool Rules

- ◆ US Coast Guard approved lifejackets are allowed if there is an adult in the water within arms reach. Lifejackets may not be worn on the rope swing, climbing wall, waterslides (except the tot slide) or during lap swim or flotation fun. Lifejackets may not be inflatable. No other flotation devices are allowed, including water wings, noodles, kickboards, tubes and air mattresses, unless approved by the Supervisor on Duty in the case of a therapeutic, instructional or exercise program or a special need.
- ◆ Parents are **required** to be in the water with all children under 42" tall.
- ◆ Swim diapers are required for all non-trained swimmers, and are available to purchase at the lower level customer service desk.
- ◆ Small toys, diving rings, and beach balls are allowed if used in a safe manner and do not endanger other swimmers. Footballs, baseballs, tennis balls, hockey pucks and other hard objects are not allowed.
- ◆ No diving in any of the pools.
- ◆ No diving masks with glass lenses are allowed in the pool.
- ◆ No glass, street shoes, food or beverages in the pool area.
- ◆ No refunds are issued for pool closure due to defecation, vomit, weather, or other unforeseen situations.

# THE GROVE COVE AQUATIC CENTER WINTER SCHEDULE

Come in and join the fun at the Grove Cove Aquatic Center! There are activities and features for the entire family. The Leisure Pool features a zero-depth beach area and water spray activities including a teacup, umbrella jet, water geysers and a bubble bench. This pool also includes a twisting 130-foot long waterslide that empties into 3½ feet of warm water. The Lap Pool features 25-yard lap lanes, a volleyball net, and a rope swing and climbing wall that both drop into 12½ feet of water.

## LEISURE POOL SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>6:00 am</b>	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Pool Closed	Pool Closed
<b>7:00 am</b>	6:00am-8:00am	6:00am-9:00am	6:00am-8:00am	6:00am-9:00am	6:00am-8:00am	Lessons / Open 8:00am-12:00 pm	Open Swim 10:00am-12:00pm
<b>8:00 am</b>	Arthritis / Open		Sr Swim / Open		Arthritis / Open		
<b>9:00 am</b>	Lessons / Open	Arthritis / Lessons	Lessons / Open	Arthritis / Lessons	Open Swim (Groups may use Pools from 10am- 12pm. Pools will be open to Public)	Open Swim with Waterslide 12:00pm-8:00pm	Open Swim with Waterslide 12:00pm-6:00pm
<b>10:00 am</b>	9:15am-12:40pm	Lessons / Open	9:15am-12:40pm	Open Swim (Groups may use Pools from 10am- 12pm. Pools will be open to Public)			
<b>11:00 am</b>		Lessons / Open					
<b>12:00 pm</b>		Open Swim					
<b>1:00 pm</b>	Sr Swim / Open	12:40pm-3:40pm	Sr Swim / Open				
<b>2:00 pm</b>	Open Swim		Open Swim		Open Swim with Waterslide 5:00pm-9:00 pm	Pool Closed	
<b>3:00 pm</b>	Lessons / Open	Lessons / Open	Lessons / Open	Lessons / Open			
<b>4:00 pm</b>	3:40pm-6:30 pm	3:40pm-6:30 pm	3:40pm-6:30 pm	3:40pm-6:30 pm			
<b>5:00 pm</b>							
<b>6:00 pm</b>	Open Swim with Waterslide	Open Swim with Waterslide	Open Swim with Waterslide	Open Swim with Waterslide			
<b>7:00 pm</b>	6:30pm-9:00 pm	6:30pm-9:00 pm	6:30pm-9:00 pm	6:30pm-9:00 pm	6:30pm-9:00 pm	Pool Closed	
<b>8:00 pm</b>						Pool Closed	

**NOTE:** The Leisure Pool will remain open to the Public during swim lessons and classes. We ask that open swim patrons please be respectful of classes. Instructional equipment is for class use only. **PLEASE NOTE:** The water spray features may be turned OFF during classes! On dates when lessons or classes are not in session, the entire Leisure Pool will be available for Open Swim.

## LAP POOL SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>6:00 am</b>	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Pool Closed	Pool Closed
<b>7:00 am</b>	6:00am-9:15am	6:00am-8:00am	6:00am-9:00am	6:00am-8:00am	6:00am-9:00am	LTF Aerobics	Lap Swim 10:00am-1:00pm
<b>8:00 am</b>		Sr Swim Fitness		Sr Swim Fitness			
<b>9:00 am</b>	LTF Aerobics	Lap Swim 9:00am-3:40pm	LTF Aerobics	Lap Swim	LTF Aerobics	Lessons / Lap 9:00am-12:00pm	Lap Swim 10:00am-1:00pm
<b>10:00 am</b>	9:15am-10:30am		Lap Swim	Groups***	Groups***		
<b>11:00 am</b>	Lap Swim		10:00am-3:40pm	10:00am-12:00pm	10:00am-12:00pm		
<b>12:00 pm</b>	10:30am-3:40pm			Lap Swim	Lap Swim		
<b>1:00 pm</b>				12:00pm-3:40pm	12:00pm-5:00pm		
<b>2:00 pm</b>					Open Swim with *Rope Swing / Climbing Wall 1:00pm-8:00pm	Open Swim with *Rope Swing / Climbing Wall 1:00pm-6:00pm	
<b>3:00 pm</b>							
<b>4:00 pm</b>	Lessons / Lap	Lessons / Lap	Lessons / Lap	Lessons / Lap			
<b>5:00 pm</b>	3:40-6:00 pm	3:40-6:00 pm	3:40-6:00 pm	3:40-6:00 pm			
<b>6:00 pm</b>	Lap Swim	Lap Swim	Lap Swim	Lap Swim			
<b>7:00 pm</b>	MGPR Aerobics	LTF Aerobics	MGPR Aerobics	Open	Open Swim with *Rope Swing / Climbing Wall 5:00-9:00 pm	Pool Closed	
<b>8:00 pm</b>	Lap Swim	Tri Training/Lap	Lap Swim	Lap Swim			

**NOTE:** At least one Lap Lane will remain open during afternoon swim lessons, and at least three Lap Lanes will remain open during Saturday morning swim lessons. The Lap Pool will NOT be available during Aerobics classes! On dates when lessons or classes are not in session, the Lap Pool will be open for Lap Swim. \*\*\*On Thursday and Friday mornings, when NO GROUPS are scheduled, all Lap Lanes will be available for Lap Swim. Weekly Lap Swim schedules are available at the Customer Service desks or in the literature racks located around the Community Center. \*During these times, the Rope Swing and Climbing Wall will be open on an alternating basis as determined by staff.

The Pools will have **Special Hours** on the following dates due to Holidays or District #279 No School Days:

- 12/21/15-12/23/15.....Rope Swing / Climbing Wall open from 1:00-5:00 pm. Waterslide open 12:00-9:00 pm.
- 12/24/15.....Pools open from 6:00 am - 12:00 pm. No Rope Swing / Climbing Wall or Waterslide. **(Tentative Schedule)**
- 12/25/15.....**POOLS & COMMUNITY CENTER CLOSED.**
- 12/28/15-12/30/15.....Rope Swing / Climbing Wall open from 1:00-5:00 pm. Waterslide open 12:00-9:00 pm.
- 12/31/15.....Rope Swing / Climbing Wall open 1:00-4:00 pm. Waterslide open 12:00-4:00 pm.
- \*\*\*Pools and Community Center close at 4:00pm for Family New Year's Eve Event.
- 1/1/16.....Pools open 12 pm - 6 pm. Rope Swing/Climbing Wall open 1:00-6:00pm. Waterslide open 12:00-6:00pm.
- 1/18/16.....Rope Swing / Climbing Wall open from 1:00-5:00 pm. Waterslide open 12:00-9:00 pm.
- 2/1/16.....Rope Swing / Climbing Wall open from 1:00-5:00 pm. Waterslide open 12:00-9:00 pm.
- 2/15/16.....Rope Swing / Climbing Wall open from 1:00-5:00 pm. Waterslide open 12:00-9:00 pm.
- 3/11/16.....Rope Swing / Climbing Wall open from 1:00-5:00 pm and 7:00-9:00 pm. Waterslide open 12:00-9:00 pm.

# Learn to Swim

## RED CROSS CERTIFICATION

New look! Now sorted by skill level!

Maple Grove Middle School  
7000 Hemlock Lane North  
Maple Grove Community Center  
12951 Weaver Lake Road

Miscellaneous: **Lessons missed by students will not be made up.** You can purchase a cap for \$2.00 and goggles for \$6.00 from the Pool Supervisor.

The American Red Cross offers six comprehensive course levels that teach anyone 18 months through adult to be safe in, on and around water. The prerequisite for each level is the successful demonstration of the skills from the preceding level, except for Level 1, which has no prerequisite. Each level of Learn to Swim includes training in basic water safety and helping a swimmer in distress, in addition to swim skills. Exit skills are a combination of skills learned. Instructors will be checking skills the first day of class to confirm that swimmers are placed in the appropriate class. If you have any questions or concerns, contact Adrienne Vassar, 763-494-6493.

### SESSIONS

- 01. Maple Grove Middle School - Mondays, January 4 – March 7 (ex Jan 18, Feb 1 & 15) - 7 lessons**
- 02. Maple Grove Middle School - Wednesdays, January 6-February 3 (ex Jan 20) - 4 lessons (mini-session)**
- 03. Maple Grove Middle School - Wednesdays, February 10-March 9 - 5 lessons**
- 04. Maple Grove Community Center - Saturdays, January 23-March 5 (ex Feb 13) 6 lessons**
- 05. Maple Grove Community Center - Mondays, January 4 – March 7 (ex Jan 18, Feb 1 & 15) - 7 lessons**
- 06. Maple Grove Community Center - Tuesdays, January 5 – February 2 - 5 lessons**
- 07. Maple Grove Community Center - Tuesdays, February 9 - March 8 - 5 lessons**
- 08. Maple Grove Community Center - Wednesdays, January 6 - February 3 - 5 lessons**
- 09. Maple Grove Community Center - Wednesdays, February 10 - March 9 - 5 lessons**
- 10. Maple Grove Community Center - Tues & Thurs, January 12-28 - 6 lessons**
- 11. Maple Grove Community Center - Tues & Thurs, February 2-18 - 6 lessons**
- 12. Maple Grove Community Center - Tues & Thurs, Feb 23-March 10 - 6 lessons**

### Parent/Child - 30 Minute Classes

**Ages 18 months - 5 years with adult.** Adult and child are in the water together. Includes ~ Submerging mouth, nose and eyes in water. ~ Floating on front and back. ~ Entering and exiting the water. ~ Glide on front and back with support. ~ Begin leg and arm movement.

Skill Level	Time	Cost	Location	Date	Code	Sess
Parent/Child	6:45-7:15 pm	\$86	MG Mid School	Mon, Jan 4-Mar 7 (ex Jan 18, Feb 1 & 15)	112101-01	01
Parent/Child	6:45-7:15 pm	\$51	MG Mid School	Wed, Jan 6-Feb 3 (ex Jan 20)	112101-02	02
Parent/Child	6:45-7:15 pm	\$63	MG Mid School	Wed, Feb 10-Mar 9	112101-03	03
Parent/Child	10:20–10:50 am	\$74	Comm Center	Sat, Jan 23-Mar 5 (ex Feb 13)	112101-04	04
Parent/Child	6-6:30 pm	\$86	Comm Center	Mon, Jan 4-Mar 7 (ex Jan 18, Feb 1 & Feb 15)	112101-05	05
Parent/Child	9:50-10:20 am	\$86	Comm Center	Mon, Jan 4-Mar 7 (ex Jan 18, Feb 1 & Feb 15) DAYTIME	112101-06	05
Parent/Child	10:25-10:55 am	\$63	Comm Center	Tue, Jan 5-Feb 2 DAYTIME	112101-07	06
Parent/Child	10:25-10:55 am	\$63	Comm Center	Tue, Feb 9-Mar 8 DAYTIME	112101-08	07
Parent/Child	6-6:30 pm	\$63	Comm Center	Wed, Jan 6-Feb 3	112101-09	08
Parent/Child	10:25-10:55 am	\$63	Comm Center	Wed, Jan 6-Feb 3 DAYTIME	112101-10	08
Parent/Child	6-6:30 pm	\$63	Comm Center	Wed, Feb 10-Mar 9	112101-11	09
Parent/Child	10:25-10:55 am	\$63	Comm Center	Wed, Feb 10-Mar 9 DAYTIME	112101-12	09
Parent/Child	6-6:30 pm	\$74	Comm Center	Tue & Thur, Jan 12-Jan 28	112101-13	10
Parent/Child	6-6:30 pm	\$74	Comm Center	Tue & Thur, Feb 2-Feb 18	112101-14	11
Parent/Child	6-6:30 pm	\$74	Comm Center	Tue & Thur, Feb 23-Mar 10	112101-15	12

# Learn to Swim

## Age 3 without parent - 30 Minute Classes

Designed for cautious swimmers. Includes ~ Submerge face in the water. ~ Glide on front and back with support. ~ Begin arm stroke and kicks. If your child shows he or she is not ready to be without a parent, you and your child may join the Parent/Child class. Ratio is 3:1.

Skill Level	Time	Cost	Location	Date	Code	Sess
Age 3 w/o parent	10:20–10:50 am	\$74	Comm Center	Sat, Jan 23-Mar 5 (ex Feb 13)	112102-01	04
Age 3 w/o parent	6-6:30 pm	\$86	Comm Center	Mon, Jan 4-Mar 7 (ex Jan 18, Feb 1 & Feb 15)	112102-02	05
Age 3 w/o parent	9:50-10:20 am 10:25-10:55 am	\$86	Comm Center	Mon, Jan 4-Mar 7 (ex Jan 18, Feb 1 & Feb 15) DAYTIME	112102-03 112102-04	05
Age 3 w/o parent	10:25-10:55 am	\$63	Comm Center	Tue, Jan 5-Feb 2 DAYTIME	112102-05	06
Age 3 w/o parent	10:25-10:55 am	\$63	Comm Center	Tue, Feb 9-Mar 8 DAYTIME	112102-06	07
Age 3 w/o parent	6-6:30 pm	\$63	Comm Center	Wed, Jan 6-Feb 3	112102-07	08
Age 3 w/o parent	9:50-10:20 am 10:25-10:55 am	\$63	Comm Center	Wed, Jan 6-Feb 3 DAYTIME	112102-08 112102-09	08
Age 3 w/o parent	6-6:30 pm	\$63	Comm Center	Wed, Feb 10-Mar 9	112102-10	09
Age 3 w/o parent	9:50-10:20 am 10:25-10:55 am	\$63	Comm Center	Wed, Feb 10-Mar 9 DAYTIME	112102-11 112102-12	09
Age 3 w/o parent	6-6:30 pm	\$74	Comm Center	Tue & Thur, Jan 12-Jan 28	112102-13	10
Age 3 w/o parent	6-6:30 pm	\$74	Comm Center	Tue & Thur, Feb 2-Feb 18	112102-14	11
Age 3 w/o parent	6-6:30 pm	\$74	Comm Center	Tue & Thur, Feb 23-Mar 10	112102-15	12

## Ages 4-5 without parent - 30 Minute Classes

Designed for swimmers who are comfortable in the water. Includes ~ Float independently. ~ Glide on front and back, roll over and float for 5 seconds with support. ~ Combine arm and leg action on front and back with support. ~ Enter and exit the water independently. ~ Use combined arm and leg action for 5 body lengths independently. If your child shows he or she is not ready to be without a parent, you and your child may join the Parent/Child class. Ratio is 3:1.

Skill Level	Time	Cost	Location	Date	Code	Sess
Age 4-5 w/o parent	6:45-7:15 pm 7:20-7:50 pm	\$86	MG Mid School	Mon, Jan 4-Mar 7 (ex Jan 18, Feb 1 & 15)	112103-01 112103-02	01
Age 4-5 w/o parent	6:45-7:15 pm 7:20-7:50 pm	\$51	MG Mid School	Wed, Jan 6-Feb 3 (ex Jan 20)	112103-03 112103-04	02
Age 4-5 w/o parent	6:45-7:15 pm 7:20-7:50 pm	\$63	MG Mid School	Wed, Feb 10-Mar 9	112103-05 112103-06	03
Age 4-5 w/o parent	9:10-9:40 am 9:45–10:15 am 10:55–11:25 am	\$74	Comm Center	Sat, Jan 23-Mar 5 (ex Feb 13)	112103-07 112103-08 112103-09	04
Age 4-5 w/o parent	3:40-4:10 pm 4:15-4:45 pm 5:25-5:55 pm	\$86	Comm Center	Mon, Jan 4-Mar 7 (ex Jan 18, Feb 1 & Feb 15)	112103-10 112103-11 112103-12	05
Age 4-5 w/o parent	10:25-10:55 am 11:00-11:30 am 11:35-12:05 pm 12:10-12:40 pm	\$86	Comm Center	Mon, Jan 4-Mar 7 (ex Jan 18, Feb 1 & Feb 15) DAYTIME	112103-13 112103-14 112103-15 112103-16	05
Age 4-5 w/o parent	11:35-12:05 pm 12:10-12:40 pm	\$63	Comm Center	Tue, Jan 5-Feb 2 DAYTIME	112103-17 112103-18	06
Age 4-5 w/o parent	11:35-12:05 pm 12:10-12:40 pm	\$63	Comm Center	Tue, Feb 9-Mar 8 DAYTIME	112103-19 112103-20	07
Age 4-5 w/o parent	3:40-4:10 pm 4:15-4:45 pm	\$63	Comm Center	Wed, Jan 6-Feb 3	112103-21 112103-22	08
Age 4-5 w/o parent	9:50-10:20 am 11:00-11:30 am 12:10-12:40 pm	\$63	Comm Center	Wed, Jan 6-Feb 3 DAYTIME	112103-23 112103-24 112103-25	08

See more ages 4-5 next page

## Learn to Swim

### Ages 4-5 without parent - 30 Minute Classes

Designed for swimmers who are comfortable in the water. Includes ~ Float independently. ~ Glide on front and back, roll over and float for 5 seconds with support. ~ Combine arm and leg action on front and back with support. ~ Enter and exit the water independently. ~ Use combined arm and leg action for 5 body lengths independently. If your child shows he or she is not ready to be without a parent, you and your child **may join the Parent/Child class**. Ratio is 3:1.

Skill Level	Time	Cost	Location	Date	Code	Sess
Age 4-5 w/o parent	3:40-4:10 pm 4:15-4:45 pm 5:25-5:55 pm	\$63	Comm Center	Wed, Feb 10-Mar 9	112103-26 112103-27 112103-28	09
Age 4-5 w/o parent	9:50-10:20 am 11:00-11:30 am 12:10-12:40 pm	\$63	Comm Center	Wed, Feb 10-Mar 9 <span style="color: #0070C0;">DAYTIME</span>	112103-29 112103-30 112103-31	09
Age 4-5 w/o parent	3:40-4:10 pm 4:15-4:45 pm 5:25-5:55 pm	\$74	Comm Center	Tue & Thur, Jan 12-Jan 28	112103-32 112103-33 112103-34	10
Age 4-5 w/o parent	3:40-4:10 pm 4:15-4:45 pm 5:25-5:55 pm	\$74	Comm Center	Tue & Thur, Feb 2-Feb 18	112103-35 112103-36 112103-37	11
Age 4-5 w/o parent	3:40-4:10 pm 4:15-4:45 pm 5:25-5:55 pm	\$74	Comm Center	Tue & Thur, Feb 23-Mar 10	112103-38 112103-39 112103-40	12

### Ages 6 and older - 45 Minute Classes

Classes are 45 minutes long with 1 teacher to 3 - 6 children. List swim level when prompted. See below for Level selection. Skills are checked the first day of lessons to confirm that swimmers are placed in the appropriate level.

**Level 1 - Introduction to Water Skills:** Designed for beginning swimmers. Includes ~ Submerge entire head. ~ Glide on front and back with support. ~ Combine arm and leg action on front and back with support.

**Level 2 - Fundamental Aquatic Skills:** Includes ~ Tread water. ~ Glide independently. ~ Float on front and back for 5 seconds independently. ~ Use combined arm and leg action on front and back for 5 body lengths independently.

**Level 3 - Stroke Development:** Builds on skills with practice in deeper water. Includes ~ Front crawl for 15 yards. ~ Tread in deep water for 30 seconds. ~ Swim elementary backstroke for 15 yards.

**Level 4 - Stroke Improvement:** Develops confidence and improves skills. Includes ~ Swim front crawl and elementary backstroke for 25 yards. ~ Swim breaststroke, butterfly, sidestroke and backstroke for 15 yards.

**Level 5 - Stroke Refinement:** Develops stroke refinement and endurance. Includes ~ Swim front crawl and elementary backstroke for 50 yards. ~ Swim breaststroke, butterfly, sidestroke and backstroke for 25 yards.

**Level 6 - Swimming and Skill Proficiency:** Level 6 has Fitness and Diving menu options in addition to ~ Endurance for front crawl, back crawl, breaststroke, elementary back stroke, sidestroke and butterfly and open and flip turns. ~ Swim 500 yards continuously using 3 strokes.

Skill Level	Time	Cost	Location	Date	Code	Sess
Levels 1-2	8:10-8:55 am	\$74	Comm Center	Sat, Jan 23-Mar 5 (ex Feb 13)	112104-01	04
Levels 1-3	6:45-7:30 pm	\$86	MG Mid School	Mon, Jan 4-Mar 7 (ex Jan 18, Feb 1 & 15)	112105-01	01
Levels 1-3	6:45-7:30 pm	\$51	MG Mid School	Wed, Jan 6-Feb 3 (ex Jan 20)	112105-02	02
Levels 1-3	6:45-7:30 pm	\$63	MG Mid School	Wed, Feb 10-Mar 9	112105-03	03
Levels 1-4	5:10-5:55 pm	\$86	Comm Center	Mon, Jan 4-Mar 7 (ex Jan 18, Feb 1 & Feb 15)	112106-01	05
Levels 1-4	5:10-5:55 pm	\$63	Comm Center	Wed, Jan 6-Feb 3	112106-02	08
Levels 1-4	5:10-5:55 pm	\$63	Comm Center	Wed, Feb 10-Mar 9	112106-03	09
Levels 1-4	5:10-5:55 pm	\$74	Comm Center	Tue & Thur, Jan 12-Jan 28	112106-04	10
Levels 1-4	5:10-5:55 pm	\$74	Comm Center	Tue & Thur, Feb 2-Feb 18	112106-05	11
Levels 1-4	5:10-5:55 pm	\$74	Comm Center	Tue & Thur, Feb 23-Mar 10	112106-06	12

See more Levels 1-6 next page

# Learn to Swim

## Ages 6 and older - 45 Minute Classes

Classes are 45 minutes long with 1 teacher to 3 - 6 children. List swim level when prompted. See page 62 for Level selection. Skills are checked the first day of lessons to confirm that swimmers are placed in the appropriate level.

Skill Level	Time	Cost	Location	Date	Code	Sess
Levels 2-3	10:40-11:25 am	\$74	Comm Center	Sat, Jan 23-Mar 5 (ex Feb 13)	112107-01	04
Levels 3-4	9-9:45 am	\$74	Comm Center	Sat, Jan 23-Mar 5 (ex Feb 13)	112108-01	04
Levels 4-6 (6Diving)	7:35-8:20 pm	\$51	MG Mid School	Wed, Jan 6-Feb 3 (ex Jan 20)	112109-01	02
Levels 4-6 (6Diving)	7:35-8:20 pm	\$63	MG Mid School	Wed, Feb 10-Mar 9	112109-02	03
Levels 4-6 (6Fitness)	7:35-8:20 pm	\$86	MG Mid School	Mon, Jan 4-Mar 7 (ex Jan 18, Feb 1 & 15)	112110-01	01
Levels 4-6 (6Fitness)	9:50-10:35 am	\$74	Comm Center	Sat, Jan 23-Mar 5 (ex Feb 13)	112110-02	04
Levels 4-6 (6Fitness)	4:20-5:05 pm	\$86	Comm Center	Mon, Jan 4-Mar 7 (ex Jan 18, Feb 1 & Feb 15)	112110-03	05
Levels 4-6 (6Fitness)	4:20-5:05 pm	\$63	Comm Center	Wed, Jan 6-Feb 3	112110-04	08
Levels 4-6 (6Fitness)	4:20-5:05 pm	\$63	Comm Center	Wed, Feb 10-Mar 9	112110-05	09
Levels 4-6 (6Fitness)	4:20-5:05 pm	\$74	Comm Center	Tue & Thur, Jan 12-Jan 28	112110-06	10
Levels 4-6 (6Fitness)	4:20-5:05 pm	\$74	Comm Center	Tue & Thur, Feb 2-Feb 18	112110-07	11
Levels 4-6 (6Fitness)	4:20-5:05 pm	\$74	Comm Center	Tue & Thur, Feb 23-Mar 10	112110-08	12
Levels all Adult & Teen	7:35-8:20 pm	\$86	MG Mid School	Mon, Jan 4-Mar 7 (ex Jan 18, Feb 1 & 15)	112111-01	01
Levels all Adult & Teen	9:50-10:35 am	\$74	Comm Center	Sat, Jan 23-Mar 5 (ex Feb 13) DAYTIME	112111-02	04



# Learn to Swim

## SESSIONS

- [01. Maple Grove Middle School - Mondays, January 4 – March 7 \(ex Jan 18, Feb 1 & 15\) - 7 lessons](#)
- [02. Maple Grove Middle School - Wednesdays, January 6-February 3 \(ex Jan 20\) - 4 lessons \(mini-session\)](#)
- [03. Maple Grove Middle School - Wednesdays, February 10-March 9 - 5 lessons](#)
- [04. Maple Grove Community Center - Saturdays, January 23-March 5 \(ex Feb 13\) 6 lessons](#)
- [05. Maple Grove Community Center - Mondays, January 4 – March 7 \(ex Jan 18, Feb 1 & 15\) - 7 lessons](#)
- [06. Maple Grove Community Center - Tuesdays, January 5 – February 2 - 5 lessons](#)
- [07. Maple Grove Community Center - Tuesdays, February 9 - March 8 - 5 lessons](#)
- [08. Maple Grove Community Center - Wednesdays, January 6 - February 3 - 5 lessons](#)
- [09. Maple Grove Community Center - Wednesdays, February 10 - March 9 - 5 lessons](#)
- [10. Maple Grove Community Center - Tues & Thurs, January 12-28 - 6 lessons](#)
- [11. Maple Grove Community Center - Tues & Thurs, February 2-18 - 6 lessons](#)
- [12. Maple Grove Community Center - Tues & Thurs, Feb 23-March 10 - 6 lessons](#)

### Private Lessons - 30 Minute Classes

Class size is 1 teacher to 1 swimmer for age 18 months and older with any swimming ability.  
List swim level when prompted. [See page 62 for Level selection.](#)

Skill Level	Time	Cost	Location	Date	Code	Sess
Private all levels	7:55-8:25 pm 8:30-9:00 pm	\$123	MG Mid School	Mon, Jan 4-Mar 7 (ex Jan 18, Feb 1 & 15)	112201-01 112201-02	01
Private all levels	7:55-8:25 pm 8:30-9:00 pm	\$72	MG Mid School	Wed, Jan 6-Feb 3 (ex Jan 20)	112201-03 112201-04	02
Private all levels	7:55-8:25 pm 8:30-9:00 pm	\$89	MG Mid School	Wed, Feb 10-Mar 9	112201-05 112201-06	03
Private all levels	9:10–9:40 am 9:45–10:15 am 10:55-11:25 am 11:30-noon	\$106	Comm Center	Sat, Jan 23-Mar 5 (ex Feb 13)	112201-07 112201-08 112201-09 112201-10	04
Private all levels	3:40-4:10 pm 4:15-4:45 pm 4:50-5:20 pm	\$123	Comm Center	Mon, Jan 4-Mar 7 (ex Jan 18, Feb 1 & Feb 15)	112201-11 112201-12 112201-13	05
Private all levels	11:00-11:30 am 11:35-12:05 pm	\$123	Comm Center	Mon, Jan 4-Mar 7 (ex Jan 18, Feb 1 & Feb 15) DAYTIME	112201-14 112201-15	05
Private all levels	9:15-9:45 am 9:50-10:20 am 11-11:30 am 11:35-12:05 pm	\$89	Comm Center	Tue, Jan 5-Feb 2 DAYTIME	112201-16 112201-17 112201-18 112201-19	06
Private all levels	9:15-9:45 am 9:50-10:20 am 11-11:30 am 11:35-12:05 pm	\$89	Comm Center	Tue, Feb 9-Mar 8 DAYTIME	112201-20 112201-21 112201-22 112201-23	07
Private all levels	3:40-4:10 pm 4:15-4:45 pm 4:50-5:20 pm	\$89	Comm Center	Wed, Jan 6-Feb 3	112201-24 112201-25 112201-26	08
Private all levels	11-11:30 am 11:35-12:05 pm	\$89	Comm Center	Wed, Jan 6-Feb 3 DAYTIME	112201-27 112201-28	08

See more Private Lessons next page



# Learn to Swim

## Private Lessons - 30 Minute Classes

Class size is 1 teacher to 1 swimmer for age 18 months and older with any swimming ability.  
List swim level when prompted. [See page 62 for Level selection.](#)

Skill Level	Time	Cost	Location	Date	Code	Sess
Private all levels	3:40-4:10 pm 4:15-4:45 pm 4:50-5:20 pm	\$89	Comm Center	Wed, Feb 10-Mar 9	112201-29 112201-30 112201-31	09
Private all levels	11-11:30 am 11:35-12:05 pm	\$89	Comm Center	Wed, Feb 10-Mar 9 DAYTIME	112201-32 112201-33	09
Private all levels	3:40-4:10 pm 4:15-4:45 pm 4:50-5:20 pm	\$106	Comm Center	Tue & Thur, Jan 12-Jan 28	112201-34 112201-35 112201-36	10
Private all levels	3:40-4:10 pm 4:15-4:45 pm 4:50-5:20 pm	\$106	Comm Center	Tue & Thur, Feb 2-Feb 18	112201-37 112201-38 112201-39	11
Private all levels	3:40-4:10 pm 4:15-4:45 pm 4:50-5:20 pm	\$106	Comm Center	Tue & Thur, Feb 23-Mar 10	112201-40 112201-41 112201-42	12
Private levels 1-2	8-8:30 am 8:25-8:55 am 8:35-9:05 am	\$106	Comm Center	Sat, Jan 23-Mar 5 (ex Feb 13)	112202-01 112202-02 112202-03	04
Private levels 1-2	6-6:30 pm	\$123	Comm Center	Mon, Jan 4-Mar 7 (ex Jan 18, Feb 1 & Feb 15)	112202-04	05
Private levels 1-2	9:15-9:45 am	\$123	Comm Center	Mon, Jan 4-Mar 7 (ex Jan 18, Feb 1 & Feb 15) DAYTIME	112202-05	05
Private levels 1-2	6-6:30 pm	\$89	Comm Center	Wed, Jan 6-Feb 3	112202-06	08
Private levels 1-2	9:15-9:45 am	\$89	Comm Center	Wed, Jan 6-Feb 3 DAYTIME	112202-07	08
Private levels 1-2	6-6:30 pm	\$89	Comm Center	Wed, Feb 10-Mar 9	112202-08	09
Private levels 1-2	9:15-9:45 am	\$89	Comm Center	Wed, Feb 10-Mar 9 DAYTIME	112202-09	09
Private levels 1-2	6-6:30 pm	\$106	Comm Center	Tue & Thur, Jan 12-Jan 28	112202-10	10
Private levels 1-2	6-6:30 pm	\$106	Comm Center	Tue & Thur, Feb 2-Feb 18	112202-11	11
Private levels 1-2	6-6:30 pm	\$106	Comm Center	Tue & Thur, Feb 23-Mar 10	112202-12	12



# Learn to Swim

## Semi-Private Lessons - 30 Minute Classes

These lessons are for **2 swimmers ages 3 years and older of similar skill level taught by 1 teacher**. Sign up for only ONE spot and list the name of the second swimmer when prompted. List swim levels when prompted. See page 62 for Level selection.

Skill Level	Time	Cost	Location	Date	Code	Sess
Semi-Private all levels	7:20-7:50 pm 7:55-8:25 pm	\$205	MG Mid School	Mon, Jan 4-Mar 7 (ex Jan 18, Feb 1 & 15)	112203-01 112203-02	01
Semi-Private all levels	7:20-7:50 pm 7:55-8:25 pm	\$119	MG Mid School	Wed, Jan 6-Feb 3 (ex Jan 20)	112203-03 112203-04	02
Semi-Private all levels	7:20-7:50 pm 7:55-8:25 pm	\$148	MG Mid School	Wed, Feb 10-Mar 9	112203-05 112203-06	03
Semi-Private all levels	11:30-noon	\$176	Comm Center	Sat, Jan 23-Mar 5 (ex Feb 13)	112203-07	04
Semi-Private all levels	3:40-4:10 pm 5:25-5:55 pm	\$205	Comm Center	Mon, Jan 4-Mar 7 (ex Jan 18, Feb 1 & Feb 15)	112203-08 112203-09	05
Semi-Private all levels	12:10-12:40 pm	\$205	Comm Center	Mon, Jan 4-Mar 7 (ex Jan 18, Feb 1 & Feb 15) DAYTIME	112203-10	05
Semi-Private all levels	9:15-9:45 am 9:50-10:20 am 12:10-12:40 pm	\$148	Comm Center	Tue, Jan 5-Feb 2 DAYTIME	112203-11 112203-12 112203-13	06
Semi-Private all levels	9:15-9:45 am 9:50-10:20 am 12:10-12:40 pm	\$148	Comm Center	Tue, Feb 9-Mar 8 DAYTIME	112203-14 112203-15 112203-16	07
Semi-Private all levels	3:40-4:10 pm 5:25-5:55 pm	\$148	Comm Center	Wed, Jan 6-Feb 3	112203-17 112203-18	08
Semi-Private all levels	11:35-12:05 pm 12:10-12:40 pm	\$148	Comm Center	Wed, Jan 6-Feb 3 DAYTIME	112203-19 112203-20	08
Semi-Private all levels	3:40-4:10 pm 5:25-5:55 pm	\$148	Comm Center	Wed, Feb 10-Mar 9	112203-21 112203-22	09
Semi-Private all levels	11:35-12:05 pm 12:10-12:40 pm	\$148	Comm Center	Wed, Feb 10-Mar 9 DAYTIME	112203-23 112203-24	09
Semi-Private all levels	3:40-4:10 pm 5:25-5:55 pm	\$176	Comm Center	Tue & Thur, Jan 12-Jan 28	112203-25 112203-26	10
Semi-Private all levels	3:40-4:10 pm 5:25-5:55 pm	\$176	Comm Center	Tue & Thur, Feb 2-Feb 18	112203-27 112203-28	11
Semi-Private all levels	3:40-4:10 pm 5:25-5:55 pm	\$176	Comm Center	Tue & Thur, Feb 23-Mar 10	112203-29 112203-30	12
Semi-Private levels 1-2	8-8:30 am 8:35-9:05 am	\$176	Comm Center	Sat, Jan 23-Mar 5 (ex Feb 13)	112204-01 112204-02	04
Semi-Private levels 1-2	9:15-9:45 am	\$205	Comm Center	Mon, Jan 4-Mar 7 (ex Jan 18, Feb 1 & Feb 15) DAYTIME	112204-03	05
Semi-Private levels 1-2	9:15-9:45 am	\$148	Comm Center	Wed, Jan 6-Feb 3 DAYTIME	112204-04	08
Semi-Private levels 1-2	9:15-9:45 am	\$148	Comm Center	Wed, Feb 10-Mar 9 DAYTIME	112204-05	09



## Specialized Aquatic Classes



### WATER AEROBICS

Let's stay in shape! Tone your muscles, improve your cardiovascular system, have fun and stay fit with the help and buoyancy of water to support your joints. This is a great form of exercise for water lovers.

**Maple Grove Community Center Pool**

Mondays, January 4 – March 14

7:15 – 8:00 p.m.      \$88 (11 ses)

112401-01

Wednesdays, January 6 - March 16

7:15 – 8:00 p.m.      \$88 (11 ses)

112401-02

Note: If your child has any type of disability such as learning, hearing, is a diabetic, has asthma, etc., please indicate this on your mail-in form. This information will enable us to provide a more positive learning experience for your child. If you are not mailing in a registration, contact Michelle DeBace at 763-494-6516 to make her aware of special needs.

Like us on Facebook!

[www.facebook.com/grovecoveaquaticcenter](http://www.facebook.com/grovecoveaquaticcenter)



# Specialized Aquatic Programs

## BASIC LIFEGUARD TRAINING

### Purpose

The purpose of the American Red Cross Lifeguarding course is to provide entry-level lifeguard participants with the knowledge and skills to prevent, recognize and respond to aquatic emergencies and to provide care for breathing and cardiac emergencies, injuries and sudden illnesses until emergency medical services (EMS) personnel take over.

### Prerequisites

1. Must be 15 years old on or before the final scheduled session of this course.
2. Swim 300 yards continuously demonstrating breath control and rhythmic breathing. Candidates may swim using the front crawl, breaststroke or a combination of both but swimming on the back or side is not allowed. Swim goggles may be used.
3. Tread water for 2 minutes using only the legs. Candidates should place their hands under the armpits.
4. Complete a timed event within 1 minute, 40 seconds.
  - Starting in the water, swim 20 yards. The face may be in or out of the water. **Swim goggles are not allowed.**
  - Surface dive, feet-first or head-first, to a depth of 7 to 10 feet to retrieve a 10 pound object.
  - Return to the surface and swim 20 yards on the back to return to the starting point with both hands holding the object and keeping the face at or near the surface so you are able to get a breath. Candidates should not swim the distance under water. Exit the water without using a ladder or steps.

*The skills evaluation will occur on the first day of the course. Please bring a swimsuit and towel for the skills evaluation and for every class. Bring proof of age to the pre-course session to continue class. A birth certificate, passport, driver's permit or license will work to prove age.*

### Certification Requirements

- Attend and participate in all seven class sessions.
- Demonstrate competency in all required skills and activities.
- Demonstrate competency in all required final rescue skill scenarios.
- Pass both the Section 1 – CPR/AED for the Professional Rescuer and First Aid and Section 2 – Lifeguarding Skills final written exams with minimum grades of 80 percent.

### Certificate Issued and Validity Period

American Red Cross Certificate for Lifeguarding/First Aid/CPR/AED: 2 years. Contact Adrienne Vassar, 763-494-6493 with questions. Minimum requirement of 6 participants for the class.

### Maple Grove Community Center Pool

Thursday, Jan 21

7:00 – 9:00 p.m.

Fridays, Jan 22 & 29

5:00 – 10:00 p.m.

Saturdays, Jan 23 & 30

5:00 – 10:00 p.m.

Sundays, Jan 24 & 31

5:00 – 9:00 p.m.

\$250

112402-01



## BASIC LIFEGUARD REVIEW CLASS

[Here is your opportunity to renew your lifeguarding!](#)

This course is designed to recertify those who have current certification for Basic Lifeguard. You are required to complete the pre-course test listed under the lifeguard training full class to continue the class.

There will be a lecture, video and practice time to prepare for the final written tests and scenarios. You need proof that you are currently certified with your Lifeguard/First Aid/CPR/AED at the time of this class. If you are a Waterfront Lifeguard with the American Red Cross you may renew the basic component of your certification with this review. To complete this class you must attend all sessions, pass the skills and pass the written tests by 80%. When this course is completed you will receive a 2 year certification for Basic Lifeguard/First Aid/CPR/AED.

Bring your swim wear, towel, goggles, lifeguard book and snacks or money for concessions.

There is a minimum requirement of 6 participants to run the program. Questions can be directed to Adrienne Vassar at 763-494-6493.

### Maple Grove Community Center Pool

Thursday - Saturday, March 3-5

5:00 – 10:00 p.m.

\$150

112403-01

## WATERFRONT MODULE

This module renews your waterfront if you also do the Basic Lifeguard Class. Waterfront Module may be added to your current American Red Cross Basic Lifeguard or Water Park certification. You will need proof that you are currently certified with the American Red Cross with Basic, or Water Park Lifeguard.

### Maple Grove Community Center Pool

Sunday, March 6

4:00 – 10:00 p.m.

\$50

112404-01

## Specialized Aquatic Programs

### AMERICAN RED CROSS WATER SAFETY INSTRUCTOR

The purpose of the American Red Cross Water Safety Instructor Course is to train instructor candidates to teach courses and presentations in the American Red Cross Swimming and Water Safety program by developing their understanding of how to use the course materials, how to conduct training sessions and how to evaluate participants' progress.

#### Prerequisites:

To participate in the Water Safety Instructor course, individuals must - Be at least 16 years of age on or before the final scheduled lesson of this course. Bring proof of age to the first class. To prove age bring a driver's license, state identification card, birth certification or passport or other government-issued photo identification.

Demonstrate the ability to perform the following swimming skills to continue in this class:

1. Swim the following strokes consistent with the Stroke Performance Charts, Level 4
  - Front crawl – 25 yard
  - Back crawl – 25 yards
  - Breaststroke – 25 yards
  - Elementary backstroke – 25 yards
  - Sidestroke – 25 yards
  - Butterfly – 15 yards
2. Maintain position on back for 1 minute in deep water (floating or sculling).
3. Tread water for 1 minute

*Part of this class is online. You will need access to the internet and a printer. After you enroll, you will be given a link to the American Red Cross to have access to the online portion of the class. You will also need to pay a fee of \$35 to the American Red Cross when you link up the first time. Minimum required for class is 6 participants or the class will be cancelled. If there are any questions regarding this course, please contact Adrienne Vassar at 763-494-6493. The last day to register is Monday, February 3 or until spaces fill. Must attend all sessions for certification.*

#### Maple Grove Community Center Pool

Thursday, February 18

7:00 – 9:00 p.m.

Fridays, February 19 & 26

5:00 – 10:00 p.m.

Saturdays, February 20 & 27

5:00 – 10:00 p.m.

Sundays, February 21 & 28

5:00 - 10:00 p.m.

\$225

112405-01



### NHCP SWIM CLUB

The NHCP Swim Club provides an opportunity for boys and girls, ages 6-18, to acquire the skills for competitive swimming through professional coaching, teamwork and self-discipline. The club is sanctioned by United States Swimming and promotes good sportsmanship, fitness, fun and friendship. Competitive swim meets are held throughout the state of Minnesota, with most in the metropolitan area.

This is a year-round program with fall, winter, spring and summer sessions. Each session has a different schedule. Splash Opportunities (tryouts) are held throughout the year as well as individual assessments for team readiness and placement. For more information or to contact the head coach visit [www.teamunify.com/mnnhpc](http://www.teamunify.com/mnnhpc).

### GROUP POOL RENTAL

The Maple Grove and Osseo Middle School pools are available on a limited basis for group gatherings. Use of the pool and lockerrooms, including supervision and lifeguards is \$90.00 per hour on weekdays and \$135.00 per hour on weekends. For additional information and scheduling, contact Lisa Gedker, 763-494-6494 or [lgedker@maplegrove.mn.gov](mailto:lgedker@maplegrove.mn.gov) a minimum of two weeks in advance of your requested date.



# Registration Dates

Most registration begins on **Wednesday, December 9 at 9:00 a.m.** This includes online, mail, fax and walk-in. Seniors/55 Forward registration starts **Tuesday, Dec. 8 at 9:00 am.** Swim and evening Water Aerobics registration begins on **Thursday, December 10 at 9:00 a.m.**

The fastest and easiest way to register is online at [webtrac.maplegrovern.gov](http://webtrac.maplegrovern.gov). All Parks & Recreation programs are available to register online **EXCEPT** music, Playhouse Preschool, Defensive Driving and tiered-fee programs. Set up your new account BEFORE registration to save time!

## Four Easy Ways To Register!



### **DON'T STAND IN LINE!**

#### **ONLINE WITH WebTrac**

Log on to  
[webtrac.maplegrovern.gov](http://webtrac.maplegrovern.gov)  
Click on Create an Account.  
Create a login (your email address).

*If you already submitted your household information at the Recreation office, your initial password is also your email address which you will then need to change.*

Or complete the registration form on page 71 and mail, drop off or fax your registration form and payment in. Be sure to write down the activity number, activity name and fee for each program you're registering for. Missing information can delay your registration. Payment must accompany registration. We accept VISA, MasterCard, Discover, cash and checks. Make checks payable to Maple Grove Parks and Recreation. Sorry, we cannot accept registrations over the phone.

We do not send enrollment confirmations. You will be contacted only if the program is canceled or changed.



### **MAIL (processed at random)**

Fill out form on page 71.  
Mail to: Maple Grove Parks & Recreation  
12951 Weaver Lake Rd, Maple Grove,  
MN 55369-9409. Make checks payable  
to Maple Grove Parks/Rec. Visa,  
Mastercard and Discover accepted.

### **WALK-IN REGISTRATION**

Registrations can be handled  
Monday through Friday,  
7:00 a.m. - 6:00 p.m. at the  
Maple Grove Community  
Center, 12951 Weaver  
Lake Rd, Maple Grove.  
**You will need to fill  
out a first-time family  
information form to establish  
a RecTrac account.** To avoid  
standing in line, register on-line!



### **FAX (processed at random)**

Fill out form on page 71.  
Fax to secure printer 763-494-6456  
Visa, Mastercard and Discover accepted.

#### Agreement and Consent

I shall indemnify, defend, and hold the City of Maple Grove and the Parks and Recreation Board harmless from any liability against all claims, losses, damages, person's injury or worse during participation in registered programs. In accordance with the Minnesota Government Data Practices Act, the Park Board hereby informs you that the personal information we are requesting of you and/or your child or guardian is considered private. This private data is available to you, city staff, coaches and instructors who need this information to perform their duties, but not to the public. While you may choose to withhold this data, the consequences could be that you may not receive updated program information such as schedule changes. I further give consent to have any photos or videos taken during the program to be used for promotional materials. Either/both of these consents may be cancelled in writing at any time. The completion of this form signifies your acceptance with the hold harmless agreement and two consents.

**MAIL-IN AND FAX (763-494-6456) REGISTRATION FORM (processed at random)**

NAME \_\_\_\_\_ GENDER \_\_\_\_ AGE \_\_\_\_ BIRTHDATE \_\_\_\_\_  
ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ ZIP \_\_\_\_\_  
PHONE: HOME \_\_\_\_\_ BEST DAY NUMBER \_\_\_\_\_ CELLPHONE \_\_\_\_\_  
E-MAIL \_\_\_\_\_  
ACTIVITY CODE \_\_\_\_\_ ACTIVITY TITLE \_\_\_\_\_ SKILL LEVEL (if applicable) \_\_\_\_\_  
LOCATION \_\_\_\_\_ DATE \_\_\_\_\_ TIME \_\_\_\_\_ AMOUNT \_\_\_\_\_

**CONSENT TO RELEASE INFORMATION & RELEASE OF LIABILITY**

I shall indemnify, defend, and hold the City of Maple Grove and the Parks and Recreation Board harmless from any liability against all claims, losses, damages, person's injury or worse during participation in registered programs. In accordance with the Minnesota Government Data Practices Act, the Park Board hereby informs you that the personal information we are requesting of you and/or your child or guardian on this form is considered private. This private data is available to you, city staff, coaches and instructors who need this information to perform their duties, but not to the public. While you may choose to withhold this data, the consequences could be that you may not receive updated program information such as schedule changes. I further give consent to have any photos or videos taken during the program to be used for promotional materials. Either/both of these consents may be cancelled in writing at any time. The completion of this form signifies your acceptance with the hold harmless agreement and two consents.

\_\_\_\_\_  
Parent's Signature (if minor) or Participant's Signature

CREDIT CARD AUTHORIZED SIGNATURE \_\_\_\_\_

CHECK NO. \_\_\_\_\_ VISA/DISCOVER/MASTERCARD # \_\_\_\_\_ EXPIRATION DATE \_\_\_\_\_

**MAIL-IN AND FAX (763-494-6456) REGISTRATION FORM (processed at random)**

NAME \_\_\_\_\_ GENDER \_\_\_\_ AGE \_\_\_\_ BIRTHDATE \_\_\_\_\_  
ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ ZIP \_\_\_\_\_  
PHONE: HOME \_\_\_\_\_ BEST DAY NUMBER \_\_\_\_\_ CELLPHONE \_\_\_\_\_  
E-MAIL \_\_\_\_\_  
ACTIVITY CODE \_\_\_\_\_ ACTIVITY TITLE \_\_\_\_\_ SKILL LEVEL (if applicable) \_\_\_\_\_  
LOCATION \_\_\_\_\_ DATE \_\_\_\_\_ TIME \_\_\_\_\_ AMOUNT \_\_\_\_\_

**CONSENT TO RELEASE INFORMATION & RELEASE OF LIABILITY**

I shall indemnify, defend, and hold the City of Maple Grove and the Parks and Recreation Board harmless from any liability against all claims, losses, damages, person's injury or worse during participation in registered programs. In accordance with the Minnesota Government Data Practices Act, the Park Board hereby informs you that the personal information we are requesting of you and/or your child or guardian on this form is considered private. This private data is available to you, city staff, coaches and instructors who need this information to perform their duties, but not to the public. While you may choose to withhold this data, the consequences could be that you may not receive updated program information such as schedule changes. I further give consent to have any photos or videos taken during the program to be used for promotional materials. Either/both of these consents may be cancelled in writing at any time. The completion of this form signifies your acceptance with the hold harmless agreement and two consents.

\_\_\_\_\_  
Parent's Signature (if minor) or Participant's Signature

CREDIT CARD AUTHORIZED SIGNATURE \_\_\_\_\_

CHECK NO. \_\_\_\_\_ VISA/DISCOVER/MASTERCARD # \_\_\_\_\_ EXPIRATION DATE \_\_\_\_\_

\*\*\*\*\* ECRWSS \*\*  
**POSTAL CUSTOMER**

## Central Park of Maple Grove

Central Park of  
Maple Grove is a  
44 acre park that  
can be enjoyed all  
day long and all  
year long!

**Play!**  
**Relax!**  
**Rejuvenate!**

**See page 6**



## Get on Track to an Active Life!

Are you looking to make simple changes in your life to be a happier, healthier you? The good news is that just because the weather has changed doesn't mean you can't make positive healthy changes in your life now.

**Active Living Every Day** is a 12-week program offered to community members interested in ways to get moving this winter and get on track to a more active life year round. The registration fee is \$60. Registration information is inside this brochure. Classes will take place at Maple Grove Senior High School and are taught by a dietician from Maple Grove Hospital. Classes begin on January 5, 2016! **See page 5**