

LEAGUE DIRECTOR'S STATEMENT

It is the philosophy of the Maple Grove Parks and Recreation Board to provide leisure time facilities and activities for the residents of Maple Grove and to operate them in as safe and economical manner as possible. These leisure time activities include the operation of an adult Co-Rec Volleyball program.

It is the responsibility of the League Director to enforce all rules and regulations of operating the athletic programs and to make decisions based on these rules. It is the responsibility of the participants to follow the rules and policies of the league and all City and School District policies.

The element of competition is a part of an athletic program. **However, competition should not over-shadow the element of recreation and the social aspect that is involved in sports.** In order to enforce the playing rules and to ensure the efficient operation of the game, officials are hired. All Parks and Recreation Board employees are to receive full respect of all players, managers and spectators while they are on Maple Grove facilities.

ELIGIBILITY

1. The Minnesota Recreation and Park Association no longer requires an individual to live or work in a specific sports community to participate in an M.R.P.A. state tournament. The only residency requirement for all state tournaments is that an individual live or work in the State of Minnesota.
2. Players must be 18 years of age.

DIVISION AND RANKING

The Maple Grove Parks and Recreation Board reserves the right to move teams to a higher division in our league if they finished first, second or third the previous season.

TEAM DISBANDMENT

If a team should disband once the game schedule has been finalized or the season has started, all remaining games will be credited to their scheduled opponent and no refunds will be made.

TIE BREAKING PROCEDURE

The procedure for breaking ties in the standings will be:

1. **Results of games between teams that are tied.**
2. **If #1 does not break the tie, a tie in the standings will be declared and appropriate awards will be made.**

FORFEITS

1. A five (5) minute grace period will be allowed from the scheduled starting time for teams to produce an official line-up. An official line-up consists of six (6) players. A team may play with four (4) players only when 5th & 6th members are not available. **THE 4 PLAYERS MUST CONSIST OF AT LEAST TWO WOMEN. IF A TEAM PLAYS WITH 5 PLAYERS AT LEAST THREE MUST BE WOMEN.**
2. After the first game of the match is forfeited, a game will be forfeited every ten minutes until an official line-up can be established.

PROTESTS

1. Protests are permitted only in respect to official playing rules.
2. Disputes over non-playing rules must be filed with the official prior to the start of the game. This includes eligibility.
3. Disputes over league playing rules will be settled by the game official.
4. Protests will be ruled on by the Protest Committee.
5. The procedure for protests will be:
 - a) Manager must immediately notify the official and the opposing team manager.
 - b) The manager must submit a written protest with a complete description of the incident, the specific rule that was misinterpreted and the point at which the incident occurred to the Parks and Recreation Board office the day after the incident.
 - c) For eligibility protests, the team filing the protest must first prove the eligibility of its entire roster before the protest will be considered. The referee will require each player to produce identification and sign the eligibility protest form. If the protesting team does not produce proper identification, the protest will not be considered. The player(s) whose eligibility is questioned must sign the protest form.
 - d) A \$50.00 bond or check must be submitted with the written protest. The bond will be refunded only if the protest is honored.

OFFICIAL'S DECISIONS

1. Team managers are the only individuals who may question the official's decision on a given play.
2. Any player leaving the bench area or their position to dispute an official's decision will be immediately ejected from the game.

EQUIPMENT AND UNIFORMS

1. No uniform is required, however it is recommended that teams adopt a minimum uniform consisting of matching jerseys.
2. All players must wear shirts, shoes and shorts or pants.
3. The Parks and Recreation Board will supply the game ball, officials and facilities for the event. All other equipment must be provided by the participant.

AWARDS

League champion and runner-up will receive a choice of awards.

CONDUCT OF PLAYERS AND FOLLOWING

1. The manager is responsible for the behavior of all players and team following for the entire time the team is on the playing surface and at the facility.

ALCOHOLIC BEVERAGES

1. Absolutely no alcoholic beverages are permitted at any Maple Grove Parks and Recreation Board sponsored event.

NO SMOKING

1. District #279 School Board has a policy that prohibits the use of tobacco on school grounds, 24 hours a day, seven days a week. It is expected that persons involved in Maple Grove Parks and Recreation Board activities held at District #279 facilities will adhere to this policy.

SPORTSMANSHIP

The Maple Grove Parks and Recreation Board's Player Code of Conduct is:

1. At no time shall any person lay a hand on, shove, strike, use abusive language or threaten bodily harm to an official, league supervisor, league director or an employee of the Parks and Recreation Board before, during or after an event sponsored by the department. Such incidents will require the person(s) involved to be suspended from further participation until the case is considered by the Protest Committee. Maximum penalty for such incidents will be suspension from participation in department athletic competition indefinitely.
2. Profanity and personal baiting of opponents by players and following shall not be permitted. Baiting is defined as remarks referring to the nationality, race, religion, creed or physical/mental characteristics of an individual. The official shall eject from the premises, anyone violating this rule.
3. An individual or individuals ejected from a game has one (1) minute to completely leave the premises if the official so desires, or the game will be forfeited to the opposing team. If players from both teams are involved, a double forfeit will be declared.
4. Any incident of the above described nature shall be reported to the League Director by the umpire and the team manager must submit in person, a written description of the incident to the Maple Grove Parks and Recreation Board within two (2) working days. If no written report is submitted, that team will forfeit their next scheduled game.
5. Physical altercation is not permitted. All players involved in a physical altercation will be immediately ejected from the game and be suspended from further participation until his/her case has been heard by the Protest Committee. No value judgment will be made by the game official as to cause or fault at the time of the incident.

6. Fighting will not be tolerated before, during or immediately after any contest sponsored by the Maple Grove Parks and Recreation Board.

7. If a player is ejected from a game, he/she will automatically be suspended from the next scheduled match. This includes playoff contests.

8. The official's authority at a contest shall not be questioned!!
9. The official or the League Director shall have the authority to determine if a player's physical condition and proper dress will enable him to participate in the contest.
10. Profanity on or about the playing surface is not permitted. Profanity is sufficient grounds for ejection from the premises.
11. Players become spectators after the contest that they are involved in is completed and he/she has left the playing surface and bench area. The individual is still the responsibility of the manager and may still be ejected from the premises by a game official.
12. All players must adhere to any City Ordinances, park rules or building use requirements that affect the contest they are participating in.
13. The Maple Grove Parks and Recreation Board is not responsible for injuries sustained to participants in department sponsored activities.
14. The Maple Grove Parks and Recreation Board does not carry or offer any medical insurance, therefore, players should have family, company or team insurance.

CO-REC VOLLEYBALL RULES

2015-2016 MRPA/USVBA rules will be in effect with the following exceptions:

1. **A match will consist of three games.** All games will be played to 25 points rally scoring with a 27 point cap.
2. Over hand serves are allowed.
3. Substitution may take place as part of the normal rotation. Players may not enter and leave the game so as to change the normal rotation pattern, except in the case of injury.
4. Men and women shall be positioned alternately on the court. One back court player (male or female) may also block when there is only one male player in a front-line position.
5. Time limit - A match will be declared complete 65 minutes after the actual starting time. Teams may use up to 5 minutes as warm up time, leaving 60 minutes for the remainder of the match. If 65 minutes expires during the 3rd game, the game will be awarded to the team that is ahead by at least one point or more at the expiration of playing time. If there is not a one point lead, the game will continue until a one point lead is reached.
Rally Scoring: Point system is not based on ball possession, but rather on point scoring similar to table tennis. Each completed play will result in a point for the team winning the play. Serve possession continues until a fault is committed by the serving team. Games may be won by one point.
6. Team size will be six players. Teams may play with four (4) players only when 5th & 6th members are not available. At no time will the number of men in the game exceed the number of women. Games may be played with more women than men.
7. Players are eligible to play on only one team. Any player reported to have played on more than one team will become ineligible to play on any team.
8. Teams may not use a Libero.
9. Serves that hit the net and go into the receiving court are legal serves.
10. Overhead serve reception is legal.

ADDITIONAL INFORMATION

1. Out of bounds - A ball is out of bounds when it touches any surface or object outside the court or touches the net outside the vertical tape markers. Any part of the ball touching a boundary line is considered in the court.
2. Intrusion of height of court - A ball other than the serve may strike the ceiling and/or fixtures or obstructions which intrude upon the height of the court and is still in play by the offending team. However, no such rebounding ball may legally strike above the opponent's side of the net nor may it legally fall to the opponents playing area. Should a ball come to rest or be wedged, the referee shall declare a replay.
3. Reaching over the net - Players may reach over the net when the following occurs:
 - a. A block or an attempted block.
 - b. Following through on a hit or an attempt to hit made on the player's own side.
 - c. Follow through when spiking the ball.

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4. Incidental net contact - Contact with the net that does not affect play will be allowed.
5. Serving
 - a. Players may serve anywhere behind the back line. (There is no designated service area.)
 - b. At the beginning of each game, the team serving second must rotate one position clockwise.
 - c. Players must serve in a rotation system. The right back player is the starting server with each following server rotating from the right forward position.
6. Simultaneous contact by opponents - If two opponents simultaneously hit the ball above the net, the player behind the direction of the ball is considered as having touched it last.
7. Simultaneous contact by teammates - Simultaneous contacts of the ball by more than one player of the same team are allowed and are considered as one play. Players participating in such a play may participate in the next play.
8. When the ball is contacted more than once by a team on their side, one of the contacts shall be made by a woman.
9. The ball may be played with any part of the body.

NOTE: ADULT CO-REC VOLLEYBALL IS AN ADULT ACTIVITY. PLEASE DO NOT BRING CHILDREN TO THE SCHOOL.

Any child in the gymnasium during adult volleyball must be accompanied by a non-playing adult. Any team violating this rule will be subject to forfeiture of the game and the match. The referee shall stop the game until children are seated on the sidelines out of play with a non-playing adult. Teams will be warned only once. The offending team will then lose 3 points for each minute the game is delayed. After 5 minutes, the match will be forfeited.