



# SENIORS OF THE GROVE AUGUST UPDATES

## Arbor Lakes Style Show

The Lookout will be serving a Chicken Kiev meal. The Maple Grove Parks & Recreation Department and the Shoppes of Arbor Lakes will be hosting our 5th annual "Fashion Flair of Maple Grove". Enjoy ideas for updating your wardrobe while you preview the newest and upcoming styles for this fall.

**Limited Seating Remains!**

**WHERE:** Maple Grove Community Center

**DATE:** Thursday, August 20

**TIME:** Gather 11:30 a.m., lunch 12:00 p.m. with entertainment to follow.

**COST:** \$10.00 **Code:** 52299

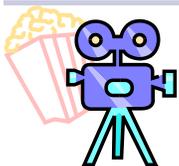
**Register by August 17th**

**Pre-registration required:** internet, mail or in person

### CONTACT INFORMATION

- Kris Orluck  
763-494-6514  
korluck@maplegrovern.gov
- Brenda Krapfl  
763-494-6499  
bkrapfl@maplegrovern.gov

*Change is good as long as I don't have to do anything different.*



## Monday Movies & Popcorn

All movies are shown at Arbor Lakes

Senior Living (12001 80th Ave N)  
You must call Kris at 763-494-6514 or Brenda at 763-494-6499 for a reservation.  
Show times are 9:30 a.m. & 12:30 p.m.

**August movies are full.**

**Note: If you are registered and not able to attend, please notify Kris or Brenda.** We have a waitlist. If you are a no show—without calling—we will remove you from future movies you have registered for. Attendance will be taken at all shows. Please understand the popularity of this event & help us fill the seats. The parking at Arbor Lakes is a challenge with construction, please be patient & understanding.

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## UTILITY MAILING VOLUNTEERS NEEDED

Thursday, August 6th at  
9:30 a.m. at the Maple Grove Community Center

## Tea on the Terrace

Where: MGCC  
 When: Monday, August 17  
 Time: 1:00 pm—2:30 pm  
 Fee: \$5.00—tea & treats  
 RSVP to Kris at 763-494-6514  
 by August 13 to reserve your  
 seat.



## Happy Feet



Routine feet care including a  
 foot soak and massage - \$34.00.

**2nd Thursday & 4th Monday  
 monthly.**

**\*You MUST Call 763-560-5136 for  
 an appointment.\***

## LUNCH OUT



Meet at **12:30  
 p.m.** and tell the  
 hostess you are with  
 Maple Grove Seniors upon  
 arrival.

August 10: Red Lobster

**Call Kris at 763-494-6514 by  
 Friday, August 7th to RSVP and  
 to reserve your seat.**

## Confused About Medicare?

Help is on the way if you  
 need assistance with:

- ◆ Comparing various types of  
 health insurance options.
- ◆ Sorting your  
 medical and  
 hospital bills.
- ◆ Figuring out

Help is here to walk you through  
 the Medicare Maze! Get help  
 with understanding your  
 supplemental options.

Medicare or insurance forms.

- ◆ Dealing with a problem with  
 your health  
 insurance.

A health insurance  
 counselor from  
 Health Insurance

Help, a program of Senior  
 Community Services, will be  
 available by appointment on  
**Thursday, August 13.**  
 Call Kris, at least one week in  
 advance, at 763-494-6514 to  
 make an appointment .



## REGULAR HAPPENINGS AT SENIORS OF THE GROVE



### Mondays

- Knitting Group, 12:00 p.m.
- Cribbage, 1:00 p.m.

### Tuesdays

- Hand & Foot, 9:00 a.m.
- Duplicate Bridge, 12:00 p.m.
- Pinochle, 6:30 p.m.

- Mexican Train, 1:00 p.m.
- Woodcarving, 12:30 p.m.

### Wednesdays

- Social Bridge, 12:30 p.m.
- 1<sup>st</sup> & 3<sup>rd</sup> Wed. , Quilting, 9:30  
 a.m.
- 1<sup>st</sup> Wed. Book Club, 9:30 a.m.

### Thursdays

- Mah Jong, 9:00 a.m.
- "500", 1:00 p.m.

### Fridays

- Scrabble, 1:00 p.m.
- 2<sup>nd</sup> & 4<sup>th</sup> Fri., Bingo, 1:00 p.m.

Call Kris or Brenda with questions

## Help is Around the Corner!



### Senior Community Services

Senior Community Services is a nonprofit that helps older adults and caregivers navigate aging to maintain independence and quality of life. We work with trusted

professionals and volunteers in your community who are ready to stop and listen to your unique needs, helping you take care of the place you call home. Through our Household & Outside Maintenance for Elderly (HOME) program, we now provide free Home Health and Safety Assessments.

For more information, please call 952-746-4046 or visit our website at [www.seniorcommunity.org](http://www.seniorcommunity.org).

## Planning Group

Monday, August 31

10:00 a.m.—12:00 p.m.

Please bring in any completed mats on or before so we can distribute before cold weather sets in.



## Upcoming Classes at MGCC

Here is a sampling of programs. For more of the program details refer to the Parks & Recreation Brochure, or call Kris at 763-494-6514.

### Classes in August

#### Watercolor Painting

#### Fall Stream in the Woods

Thursday, August 13—Sept. 3

\$40.00 (4 sessions)

1:00 p.m.—3:30 p.m. Code 53096

6:30 p.m.—8:30 p.m. Code 53097

#### Studio Arts

\$45.00 ( 5sessions)

Tuesday, August 4—September 1

9:30 a.m.—12:00 p.m. Code 53102

#### Social Security: Strategize to Maximize

Thursday, August 13

6:30 p.m.—8:00 p.m.

Free but must call Kris at 763-494-6514 to register.



## Cross Meals on Wheels

Are you interested in receiving a home delivered, fresh and delicious meal each weekday? Consider enrolling in the CROSS Meals on Wheels program—which is open to all seniors. If you are in need of financial assistance, please ask about the new sliding free program which the price is determined on eligibility to pay and need.

For information about the Meals on Wheels as well as volunteer opportunities, contact Stephanie at [Stephanie@crossservices.org](mailto:Stephanie@crossservices.org) or 763-425-1050. Cross is a non-profit organization serving families living in Maple Grove, Osseo, Rogers, Champlin (West), Corcoran and Dayton.



**Fifty-Five Forward**

**Old Log**  
THEATRE



**Start with lunch in the totally revised, updated and new chef driven restaurant. You will have your choice of *Beef Short Ribs, Pan Seared Tilapia, Vegetarian Pasta, or Roasted Chicken Breast.* Then enjoy the show in the updated and comfortable seating in the theater. This happy go lucky view of small town vice and statewide political side-stepping recounts the good times and the demise of the Chicken Ranch, known since the 1850s as one of the better pleasure palaces in all of Texas. Governors, senators, mayors, and even victorious college football teams frequent Miss Mona's cozy bordello until that puritan nemesis Watchdog focuses his television cameras and his righteous indignation on the institution.**

**When:** Saturday, August 22, 2015

**Where:** Leave MGCC at 10:30 AM,  
Return approx. 4:30 PM

**Cost:** \$57.00;

Includes: Lunch, Show and Motor coach

**Last day to Reserve/Cancel: August 14, 2015**

Sponsored by **Magenic**

**Old Log THEATRE PRESENTS**  
**THE BEST LITTLE WHOREHOUSE**  
**IN TEXAS**

**"High Spirited... livley razzmatazz.."**  
*"Star Tribune"*

**Saturday, August 22, 2015**

**At The Old Log Theatre**

**Code: 51079**

Name \_\_\_\_\_

Telephone: \_\_\_\_\_

Address \_\_\_\_\_

Email Address \_\_\_\_\_

Number of Tickets \_\_\_\_\_ x \$57.00= \_\_\_\_\_

Mail to: Maple Grove Parks & Rec.,

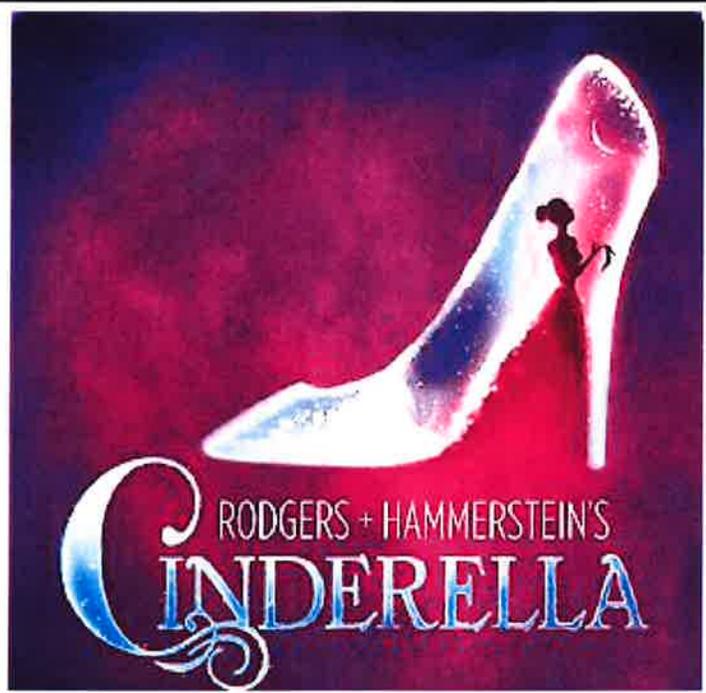
12951 Weaver Lake Rd., Maple Grove, MN 55369

Questions? Kris, 763-494-6514 or Brenda, 763-494-6499

Please Mark
<b>Food Choice</b>
<input type="checkbox"/> Beef Short Rib
<input type="checkbox"/> Pan Seared Tilapia
<input type="checkbox"/> Vegetarian Pasta
<input type="checkbox"/> Roasted Chicken
<input type="checkbox"/> Breast

JOIN FIFTY-FIVE FORWARD AT THE ORPHEUM THEATRE

# Rodgers & Hammerstein's Cinderella



The Tony Award®-winning Broadway musical from the creators of *The Sound of Music* and *South Pacific* that's delighting audiences with its contemporary take on the classic tale. This lush production features an incredible orchestra, jaw-dropping transformations and all the moments you love - the pumpkin, the glass slipper, the masked ball and more - plus some surprising new twists! Be transported back to your childhood as you rediscover some of Rodgers + Hammerstein's most beloved songs, including "In My Own Little Corner," "Impossible/It's Possible" and "Ten Minutes Ago," in this hilarious and romantic Broadway experience for anyone who's ever had a wish, a dream...or a really great pair of shoes.

Wednesday, September 9, 2015
Bus leaves MGCC at 6:30 p.m. Returns approx. 10:30 p.m.
Cost: \$54.00 Balcony Seating Includes; Show ticket and motor coach bus
Last day to register is: August 3, 2015

Wednesday, September 9, 2015

**'Rodgers & Hammerstein's Cinderella at the Orpheum Theatre**

Code: 53075



Name \_\_\_\_\_ Telephone \_\_\_\_\_

Address \_\_\_\_\_

Email Address \_\_\_\_\_

Number of Tickets \_\_\_ x \$54. Balcony Seating = \_\_\_ enclosed

Mail to: Maple Grove Parks & Rec., 12951 Weaver Lake Rd., Maple Grove, MN 55369

Questions? Kris, 763-494-6514 or Brenda, 763-494-6499



JOIN 55 FORWARD!

# MINNEAPOLIS BREWERY

## TOURS



We start our afternoon out at **FULTON BREWING**.

Here we will have a tour of the brew house and learn some of the intricacies of brewing beer. This group of 4 young men, state, "We started home-brewing in a one car garage in a South Minneapolis alley, daydreaming about one day building our own production brewery. Meanwhile, we



built a 10 gallon nano-brewery out of some half-barrel kegs and an old bed frame, and moved our operation into a two car garage." Sit down at a table in the tap room and taste a sample of the various beers Fulton offers. We'll also enjoy lunch here; Pizza and salad from Pizza Luce'.

Following tour, tasting and lunch we move on to another small brewery; **SISYPHUS BREWING**. Meet the brew masters and hear their story. "Our beer list is always changing. Sisyphus Brewing aims to educate beer drinkers about the variety of styles, ingredients and the brewing process." Again, sample a couple more and experience the similarities and differences between the two breweries.

## SISYPHUS BREWING *welcome to*



WEDNESDAY + THURSDAY | 3 - 10 PM  
FRIDAY + SATURDAY | NOON - 12 AM  
SUNDAY | NOON - 5 PM

The final stop of the day is **BOOM ISLAND BREWING**. Here you will again meet the brewers and sample unique, Belgian-inspired craft beers. The founders, professional French horn players who left the orchestra are creating beer like a symphony, full of unique flavors.

**Wed. September 16 Noon – 5:00 p.m. \$48**

**Register by: 9/2**



**Brewery Tours, Wednesday September 16 CODE 53080**

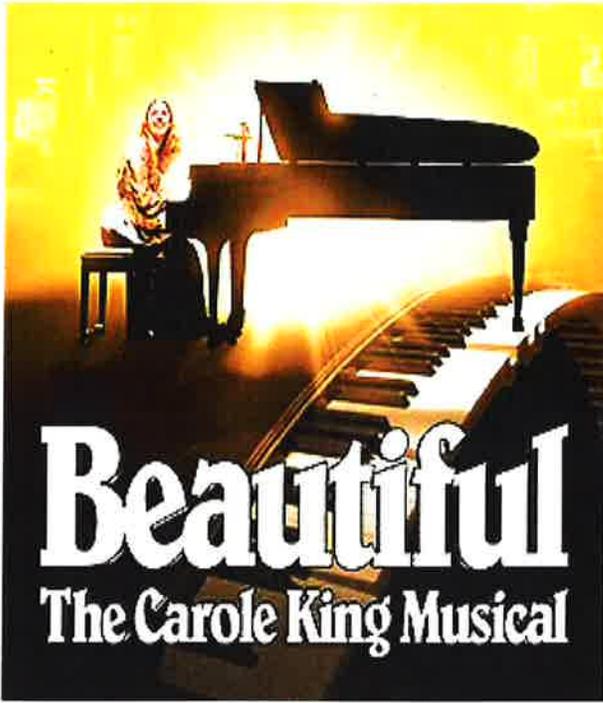
Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ email \_\_\_\_\_

No of spots \_\_\_\_\_ x \$48 = \_\_\_\_\_ enclosed

Mail to Maple Grove Park & Rec. 12951 Weaver Lake Road, Maple Grove, MN 55369

**Join Fifty-Five Forward**



**HENNEPIN THEATRE TRUST**

ORPHEUM ★ STATE ★ PANTAGES ★ NEW CENTURY

*Beautiful – The Carole King Musical* tells the inspiring true story of King’s remarkable rise to stardom, from being part of a hit songwriting team with her husband **Gerry Goffin**, to her relationship with fellow writers and best friends **Cynthia Weil** and **Barry Mann**, to becoming one of the most successful solo acts in popular music history. Along the way, she made more than beautiful music, she wrote the soundtrack to a generation. *Beautiful* has a book by Tony Award-nominee and Academy Award-nominated writer Douglas McGrath, direction by Marc Bruni and choreography by Josh Prince. **Beautiful** is the winner of two 2014 Tony Awards.



Sunday, November 29, 2015	Bus leaves MGCC at 12:00 PM; Returns approx. 4:30 PM	Main Floor Side Seating: Cost: \$90.00 Main Floor Back Row Seats: Cost: \$55.00 Cost Includes Motor coach
<b>Last day to Reserve or Cancel: September 1, 2015</b>		

**Sunday, November 29, 2015~ ‘Beautiful – The Carole King Musical**

Name \_\_\_\_\_ Telephone \_\_\_\_\_  
Address \_\_\_\_\_

Number of Tickets \_\_\_\_\_ x \$90.00 (Main floor side seats) = \_\_\_\_\_ enclosed **Code: 53073**

Number of Tickets \_\_\_\_\_ x \$55.00 (Balcony Seating) = \_\_\_\_\_ enclosed **Code: 53074**

Mail to: Maple Grove Parks & Rec., 12951 Weaver Lake Rd., Maple Grove, MN 55369

Questions? Kris. 763-494-6514 or Brenda. 763-494-6499

# Treasure Island & Spirit of The Water



## Spirit of the Water

## Beautiful Views

## Treasure Island

Enjoy some time gaming at **Treasure Island Casino**, and then sit back and enjoy a leisurely cruise and delicious lunch as the fall colors surround you.

Come aboard the ***Spirit of the Water*** and enjoy a unique experience cruising the beautiful **Mississippi River!** Enjoy a buffet lunch including marinated vegetable salad, grilled flank steak, roasted chicken, fingerling potatoes, chef's choice veggie, then a cookie for a sweet finish!

Enjoying the last of summer while traveling down the river!

**\*Special Registration Note:** *When you register, you will be asked to provide your Treasure Island number or birthdate. When you provide this information you are giving Maple Grove Parks and Recreation permission to share your name, address and birthdate (private data) with the casino. You are welcomed to sign up for the trip and decline to provide permission; however, doing so will eliminate the free bus ride.*

<b>Wednesday, September 30, 2015</b>	<b>Bus leaves MGCC at 7:30 AM; Returns approx. 5:30 PM</b>	<b>Cost: \$40.00 Includes: Cruise, Lunch, Casino and Motor coach</b>
<b>Last day to Register or Cancel: September 11, 2015</b>		

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**Wednesday, September 30, 2015, 'Treasure Island & Spirit of the Water**

Code: 53870



Name \_\_\_\_\_ Telephone \_\_\_\_\_  
 Address \_\_\_\_\_  
 Email address \_\_\_\_\_

TI Number or Birthdate \_\_\_\_\_ Number of Tickets \_\_\_\_\_ x \$40.00= \_\_\_\_\_ enclosed

Mail to: Maple Grove Parks & Recreation Dept., 12951 Weaver Lake Rd., Maple Grove, MN 55369

Questions? Kris, 763-494-6514 or Brenda, 763-494-6499

(All information needed for each participant attending, please use a separate sheet of paper if needed.)

## August 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3 12:00 Knitters 1:00 Cribbage	4 7:00 Swim Fitness 9 – 12:30 Tai Chi 9:00 Hand & Foot 9:30 Studio 12:00 Dup. Bridge 12:30 Mexican Train 12:30 Woodcarvers 5:30 MHSRC Driving 6:30 Pinochle	5 8:00 Nordic Walking 9:00 Crafters 9:30 Book Club 9 & 10 Strengthening 9:00 Quilting 10:00 Mary Poppins Trip 11:00 Chair Yoga 12:30 Bridge 5:30 MHSRC Driving	6 7:00 Swim Fitness 8:30 Shibashi Tai Chi 9:00 Mahjongg 9:30 Utility Mailing 12:00 ACBL Bridge 1:00 500 1 & 6 Oil Ptg	7 9:30 Writers Group 1:00 Scrabble	8
9	10 8:30 MHSRC Refresh 9:30 & 12:30 Movies 12:00 Knitters 1:00 Cribbage	11 7:00 Swimfit 9 – 12:30 Tai Chi 9:00 Hand & Foot 12:00 Dup. Bridge 12:30 Woodcarvers 6:00 Cake Decorating 6:30 Pinochle	12 8:15 Trains & Wood Trip 9:00 Nordic Walking 9:00 Crafters 9 & 10 Strengthening 11:00 Chair Yoga 12:30 Bridge	13 7:00 Swim Fitness 8:30 Shibashi Tai Chi 9:00 Mahjongg 9:00 Happyfeet 12:00 ACBL Bridge 12:30 Insurance Help 1:00 AARP Refresher 1:00 500 1 & 6 Oil Ptg. 6:30 Strategize to Maximize	14 1:00 Scrabble 1:00 BINGO	15
16	17 12:00 Knitters 12:30 Lunch Out 1:00 Tea 1:00 Cribbage	18 7:00 Swim Fitness 9 – 12:30 Tai Chi 9:00 Hand & Foot 12:00 Dup. Bridge 12:30 Mexican Train 12:30 Woodcarvers 6:00 Cake 6:30 Pinochle	19 9:00 Nordic Walking 9:00 Crafters 9:00 Quilting 9 & 10 Strengthening 11:00 Chair Yoga 12:30 Bridge	20 7:00 Swim Fitness 8:30 Shibashi Tai Chi 9:00 Mahjongg 11:30 Lunch & Style Show 12:00 ACBL Bridge 1:00 500 1 & 6:00 Oil Painting	21 9:30 Writers Group 9:00 Happyfeet 1:00 Scrabble	22 10:30 Best Little Whorehouse In Texas Trip
23	24 9:30 & 12:30 Movies 12:00 Knitters 12:30 MHSRC Refresher 1:00 Cribbage	25 7:00 Swim Fitness 9 – 12:30 Tai Chi 9:00 Hand & Foot 9:30 Studio 12:00 Dup. Bridge 12:30 Mexican Train 12:30 Woodcarvers 6:30 Pinochle	26 9:00 Nordic Walking 9:00 Crafters 9 & 10 Strengthening 11:00 Chair Yoga 12:30 Bridge	27 7:00 Swim Fitness 8:30 Shibashi Tai Chi 9:00 Mahjongg 12:00 ACBL Bridge 1:00 500 1 & 6 Oil Ptg	28 1:00 Scrabble 1:00 BINGO	29
30	31 10:30 Al & Alma's Trip 12:00 Knitters 1:00 Cribbage					