



SENIORS OF THE GROVE JULY UPDATES

The Puerto Rican from the Bronx

Enjoy a delicious meal of smoked oven baked glazed ham with specialty blended au gratin potatoes and green beans almandine. Complete this satisfying meal with a scrumptious chocolate cake from Lynde Catering! After that, relax with our 'Puerto Rican' from the Bronx! Manny Cortez and his guitar will transport you back to the 50's and 60's with a variety of sounds including Frank Sinatra style tunes!

WHERE: Maple Grove Community Center

DATE: Thursday, July 16

TIME: Gather 11:30 a.m., lunch 12:00 p.m. with entertainment to follow.

COST: \$10.00 **Code:** 52298

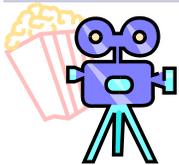
Register by July 13th

Pre-registration required: internet, mail or in person

CONTACT INFORMATION

• Kris Orluck
763-494-6514
korluck@maplegrovern.gov

• Brenda Krapfl
763-494-6499
bkrapfl@maplegrovern.gov



Monday Movies & Popcorn

All movies are shown at Arbor Lakes

Senior Living (12001 80th Ave N)
You must call Kris at 763-494-6514 or Brenda at 763-494-6499 for a reservation.

Show times are 9:30 a.m. & 12:30 p.m. **Space available at 9:30 a.m. shows only**

**July 13—
My Old Lady**

(Kevin Kline, Maggie Smith)
Comedy, Drama

**July 27—
Unbroken**

(Jack O'Connell, Domhnall Gleeson)
Drama, War

UTILITY MAILING VOLUNTEERS NEEDED

Wednesday, July 8th at
9:30 a.m. at the Maple Grove Community Center

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Tea on the Terrace

Where: MGCC
 When: Monday, July 20
 Time: 1:00 pm—2:30 pm
 Fee: \$5.00—tea & treats
 RSVP to Kris at 763-494-6514
 by July 17 to reserve your seat.



Happy Feet



Routine feet care including a foot soak and massage - \$34.00.

2nd Thursday & 4th Monday monthly.

You MUST Call 763-560-5136 for an appointment.

LUNCH OUT



Meet at **12:30 p.m.** and tell the hostess you are with Maple Grove Seniors upon arrival.

July 13: The Lookout

Call Kris at 763-494-6514 by Friday, July 10th to RSVP and to reserve your seat.

Confused About Medicare?

Help is on the way if you need assistance with:

- ◆ Comparing various types of health insurance options.
- ◆ Sorting your medical and hospital bills.
- ◆ Figuring out

Help is here to walk you through the Medicare Maze! Get help with understanding your supplemental options.

Medicare or insurance forms.

- ◆ Dealing with a problem with your health insurance.

A health insurance counselor from Health Insurance

Help, a program of Senior Community Services, will be available by appointment on **Thursday, July 9.**

Call Kris, at least one week in advance, at 763-494-6514 to make an appointment .



REGULAR HAPPENINGS AT SENIORS OF THE GROVE



Mondays

- Euchre, 1:00 p.m.
- Knitting Group, 12:00 p.m.
- Cribbage, 1:00 p.m.

Tuesdays

- Hand & Foot, 9:00 a.m.
- Duplicate Bridge, 12:00 p.m.
- Pinochle, 6:30 p.m.

- Mexican Train, 1:00 p.m.
- Woodcarving, 1:00 p.m.

Wednesdays

- Social Bridge, 12:30 p.m.
- 1st & 3rd Wed. , Quilting, 9:30 a.m.
- 1st Wed. Book Club, 9:30 a.m.

Thursdays

- Mah Jong, 9:00 a.m.
- "500", 1:00 p.m.

Fridays

- Scrabble, 1:00 p.m.
- 2nd & 4th Fri., Bingo, 1:00 p.m.

Call Kris or Brenda with questions

Volunteers Needed

Help is needed for Maple Grove Days

Saturday, July 11

2 Hour Shifts

Welcome Table

Hospitality Room

Call Kris at 763-494-6514 to volunteer.



OUTDOOR CREATIVE ARTS (PLEIN AIR)

Join us to draw or paint in nature. Bring your own supplies and get help planning your composition. Demonstration in your media when you need it. We travel to local parks and locations chosen by the participants. Some of you might like to bring a camera. The first session will be at the Community Center Garden and we will plan future destinations. Instructor, Dianne.

Maple Grove Community Center/
Various Locations

Tuesdays, July 14 – August 4
12:30 p.m. – 2:30 p.m.

\$40 (4 sessions) Code 53103



Upcoming Classes at MGCC

Here is a sampling of programs. For more of the program details refer to the Parks & Recreation Brochure, or call Kris at 763-494-6514.

Shibashi Tai Chi

Improve your general health and wellbeing. The gentle rocking motions and stretching improve circulation and digestion. The chest exercises and controlled breathing are good for lung conditions and asthma.

Thurs., June 16—August 20
\$24.00 (6 sessions)
(Code 52902)
8:30am-9:30am

Don't forget Maple
Grove Days!

July 8—12, 2015

Check out MGCO.org
for events and times.



Cake Decorating

BASIC CAKE DECORATING

Learn the beauty of decorating with buttercream icing. In this class you will learn to make several flowers including drop flowers and the ever popular rose. You will also learn the basket weave design for those very special occasions. Instructor, Pauline Hoffine. *A \$5.00 supply fee will be collected at the first class.*

Wednesdays, July 8 – 29
6:00 – 8:30 p.m.
\$35 (4 sessions)
Code 53105

Tuesdays, August 4 – 25
6:00 – 8:30 p.m.
\$35 (4 sessions)
Code 53106



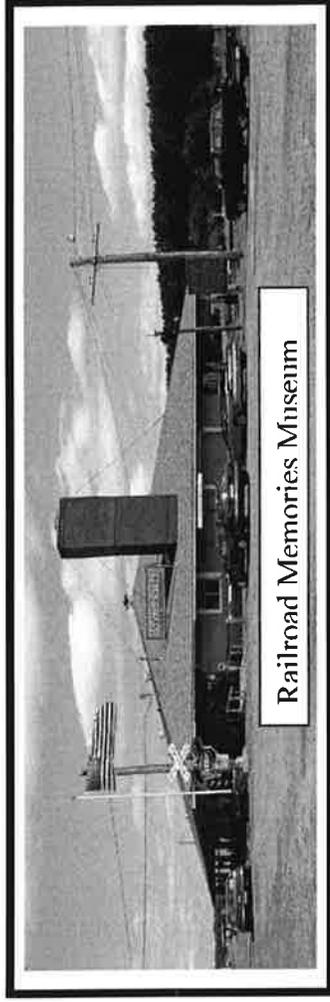
Trains & Woodcarvings in Wisconsin

We will tour **The Museum of Woodcarving** its collection of wood carvings created by one man, Joseph T. Barta. You will see 100 life-size figures and more than 400 miniature figures carved over 30 years. Most of the life-sized carvings follow a biblical theme; his depiction of the Last Supper, for instance, took over four years to complete. "You feel like you're walking through a wooden Bible." Next, let's go to Trego for lunch at the **Dinner Bell Restaurant** with a home cooked delectable grilled chicken breast meal along with a delicious dessert. Then, we plan to stop at the **Railroad Memories Museum** in Spooner. You will have time to wander into the past in this former Chicago & Northwestern Railway depot packed with artifacts and memorabilia of railroad history that is staffed by retired railroaders and volunteers. Here you will find rare uniforms, bells, whistles, tools, books, train interiors, lanterns, signals and lots of history including photos, books and videos, along with a gift shop which offers unique items for the rail fan.

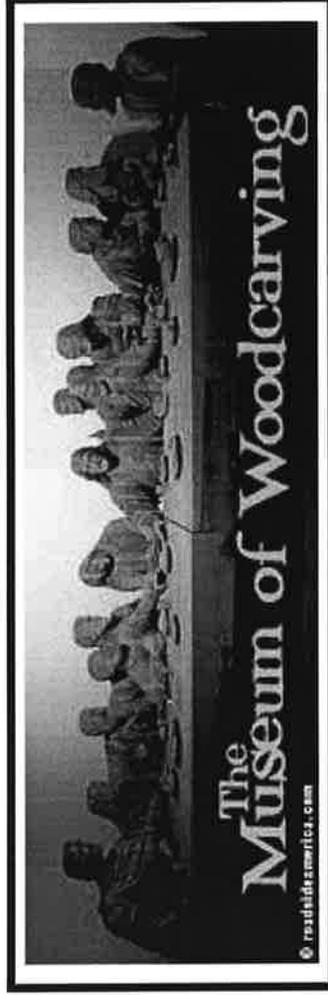


On the way home, the last stop will be at the **Crystal Lake Cheese Factory in Comstock** to purchase cheese. So be sure to bring a little cooler with ice packs for your purchases. This day is for the woodworker or train buff in the family.

JOIN FIFTY-FIVE FORWARD



Railroad Memories Museum



WHEN: WEDNESDAY, AUGUST 12, 2015
WHERE: LEAVE MGCC AT 8:15 AM,
 RETURN APPROX. 5:30 PM
COST: \$60.00;

INCLUDES LUNCH, ADMISSIONS AND MOTOR COACH
LAST DAY TO RESERVE / CANCEL: JULY 17, 2015

TRAINS & WOODCARVINGS IN WISCONSIN
WEDNESDAY, AUGUST 12, 2015

Code: 51073

Name _____ Telephone: _____
 Address _____

Email Address _____

Number of Tickets _____ x \$60.00= _____

Mail to: Maple Grove Parks & Rec.,
 12951 Weaver Lake Rd., Maple Grove, MN 55369
 Questions? Kris, 763-494-6514 or Brenda, 763-494-6499

Join Fifty-Five Forward



Enjoy a delightful summer afternoon cruising one of the most popular lakes in Minnesota. Sit back and let **Al and Alma's** take you around **Lake Minnetonka**, where you will enjoy the beautiful scenery, be amazed at the homes and the miles of shoreline. A light lunch is served while we sit comfortably in the air conditioned cabin, or up top on the open air deck. You'll surely love this close to home experience!

(STEPS ARE REQUIRED TO BOARD THE BOAT, ASSISTANCE PROVIDED BY THE CREW.)



When: Monday, August 31, 2015

Where: Bus leaves MGCC at 10:30 AM;
Returns approx. 2:00 PM

Cost: \$24.00 Includes; Lunch, Boat Ride
and Motor Coach Bus

Last day to Register: July 17, 2015

Al & Alma's Lake Minnetonka Boat Cruise

Monday, August 31, 2015

Code: 51074

Name _____ Telephone _____

Address _____

Number of Tickets ___ x \$24.00= ___ enclosed

Mail to: Maple Grove Parks & Rec., 12951 Weaver Lake Rd., Maple Grove, MN 55369

Questions? Kris, 763-494-6514 or Brenda, 763-494-6499

Fifty-Five Forward

Old THEATRE

Start with lunch in the totally revised, updated and new chef driven restaurant. You will have your choice of *Beef Short Ribs, Pan Seared Tilapia, Vegetarian Pasta, or Roasted Chicken Breast*. Then enjoy the show in the updated and comfortable seating in the theater. This happy go lucky view of small town vice and statewide political side-stepping recounts the good times and the demise of the Chicken Ranch, known since the 1850s as one of the better pleasure palaces in all of Texas. Governors, senators, mayors, and even victorious college football teams frequent Miss Mona's cozy bordello until that puritan nemesis Watchdog focuses his television cameras and his righteous indignation on the institution.

When: Saturday, August 22, 2015

Where: Leave MGCC at 10:30 AM,

Return approx. 4:30 PM

Cost: \$57.00;

Includes: Lunch, Show and Motor coach

Last day to Reserve/Cancel: August 14, 2015



Sponsored by **Magenic**

Old Log THEATRE PRESENTS
**THE BEST LITTLE WHOREHOUSE
 IN TEXAS**

An Utterly
 Charming, Nostalgic
 Musical Comedy!

Saturday, August 22, 2015

At The Old Log Theatre

Code: 51079

Name _____

Telephone: _____

Address _____

Email Address _____

Number of Tickets _____ x \$57.00= _____

Mail to: Maple Grove Parks & Rec.,

12951 Weaver Lake Rd., Maple Grove, MN 55369

Questions? Kris, 763-494-6514 or Brenda, 763-494-6499

Please Mark

Food Choice

___ Beef Short Rib

___ Pan Seared Tilapia

___ Vegetarian Pasta

___ Roasted Chicken

Breast

July 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 8:00 Nordic Walking 9:00 Crafters 9 & 10 Strengthening 9:00 Quilting 9:30 Book Club 11:00 Chair Yoga 12:30 Bridge	2 7:00 Swim Fitness 8:30 Shibashi Tai Chi 9:00 Mahjongg 12:00 ACBL Bridge 1:00 500 1 & 6:30 Oil Painting	3 Independence Day Holiday 	4 
5	9 – 12:30 Tai Chi 12:00 Knitters 1:00 Cribbage	7 7:00 Swim Fitness 9:00 Hand & Foot 12:00 Dup. Bridge 12:30 Mexican Train 12:30 Woodcarvers 6:30 Pinochle	8 8:00 Nordic Walking 9:00 Crafters 9:00 Utility Mailing 9 & 10 Strengthening 11:00 Chair Yoga 12:30 Bridge 6:00 Cake Decorating	9 7:00 Swim Fitness 8:30 Shibashi Tai Chi 12:00 Bridge Tournament 1:00 500 1 & 6 Oil Ptg Maple Grove Days	10 Maple Grove Days	11 Maple Grove Days
12	9:30 & 12:30 Movies 9 – 12:30 Tai Chi 2:00 Knitters 12:30 Lunch Out 1:00 Cribbage	14 7:00 Swim Fitness 12:00 Dup. Bridge 12:30 Mexican Train 12:30 Woodcarvers 6:30 Pinochle	15 8:00 Nordic Walking 9:00 Crafters 9:00 Quilting 9:00 Gull Lake Trip 9 & 10 Strengthening 11:00 Chair Yoga 12:30 Bridge 6:00 Cake Decorating	16 7:00 Swim Fitness 8:30 Shibashi Tai Chi 11:30 Lunch & Entertain 12:00 ACBL Bridge 1:00 500 1 & 6:30 Oil Painting	17 9:30 Writers Group 1:00 Scrabble	18
19 1:00 Don't Drink the Water Trip	9 – 12:30 Tai Chi 12:00 Knitters 1:00 Tea 1:00 Cribbage	21 7:00 Swim Fitness 9:00 Hand & Foot 9:00 Mpls Pops Trip 12:00 Dup. Bridge 12:30 Mexican Train 12:30 Woodcarvers 6:30 Pinochle	22 8:00 Nordic Walking 9:00 Crafters 9 & 10 Strengthening 11:00 Chair Yoga 12:30 Bridge 6:00 Cake Decorating	23 7:00 Swim Fitness 8:30 Shibashi Tai Chi 9:00 Mahjongg 12:00 ACBL Bridge 1:00 500 1 & 6:30 Oil Painting	24 9:00 Happyfeet 1:00 Scrabble 1:00 BINGO	25
26	9 – 12:30 Tai Chi 9:30 & 12:30 Movies 12:00 Knitters 1:00 Cribbage	28 7:00 Swim Fitness 9:00 Hand & Foot 12:00 Dup. Bridge 12:30 Mexican Train 12:30 Woodcarvers 6:30 Pinochle	29 9:00 Crafters 9 & 10 Strengthening 11:00 Chair Yoga 12:30 Bridge 6:30 Kinky Boots Trip	30 7:00 Swim Fitness 8:30 Shibashi Tai Chi 9:00 Mahjongg 12:00 ACBL Bridge 1:00 500 1 & 6:30 Oil Painting	31 1:00 Scrabble	