



SENIORS OF THE GROVE AUGUST UPDATES

Annual Fashion Flair

We'll begin the afternoon with the Lookout serving a chicken salad croissant or a turkey chapatti sandwich along with pasta salad and mini cheese cake for dessert. The Maple Grove Park & Rec. Dept. and the Shoppes of Arbor Lakes will be hosting yet another 'Fashion Flair of Maple Grove'. Enjoy ideas for upcoming styles for this fall.

WHERE: Maple Grove Community Center

DATE: Thursday, August 18

TIME: Gather 11:30 a.m., lunch 12:00 p.m. with entertainment to follow.

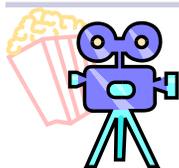
COST: \$11.00

Register by August 15th

Pre-registration required: online (WebTrac), mail or in person

CONTACT INFORMATION

- Kris Orluck
763-494-6514
korluck@maplegrovern.gov
- Brenda Krapfl
763-494-6499
bkrapfl@maplegrovern.gov



Monday Movies & Popcorn

All movies are shown at Arbor Lakes

Senior Living (12001 80th Ave N)
You must call Kris at 763-494-6514 or Brenda at 763-494-6499 for a reservation.
Show times are 9:30 a.m. & 12:30 p.m.

**August 8—
Eddie the Eagle
(Hugh Jackman, Teron Egerton)
Comedy, Drama**

**August 22—
RACE
(Stephan James, Jeremy Irons)
Drama**

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UTILITY MAILING VOLUNTEERS NEEDED

Wednesday, August 10th at
9:30 a.m. at the Maple Grove Community Center

Tea on the Terrace

Where: MGCC

When: Monday, August 15

Time: 1:00 pm—2:30 pm

Fee: \$5.00—tea & treats

RSVP to Kris at 763-494-6514 to reserve your seat. Reserve by August 11. Space is limited.



Happy Feet



Routine feet care including a foot soak and massage - \$34.00.

2nd Thursday & 4th Monday monthly.

You MUST Call 763-560-5136 for an appointment.

SENIORS TEXTING CODE:

ATD: At The Doctors
BFF: Best Friend Fell,
BTW: Bring the Wheelchair,
BYOT: Bring Your Own Teeth,
FWIW: Forgot Where I WAS,
GGPBL: Gotta Go Pacemaker Battery Low,
GHA: Got Heartburn Again,
IMHO: Is My Hearing-Aid On,
LMDO: Laughing My Dentures Out,
OMMR: On My Message Recliner,
OMSG: Oh My! Sorry, Gas,
ROFLACGU: Rolling On Floor Laughing And Can't Get Up
TTYL: Talk To You Louder.



Confused About Medicare?

Help is on the way if you need assistance with:

- ◆ Comparing various types of health insurance options.
- ◆ Sorting your medical and hospital bills.
- ◆ Figuring out

Medicare or insurance forms.

- ◆ Dealing with a problem with your health insurance.

Help is here to walk you through the Medicare Maze! Get help with understanding your supplemental options.

A health insurance counselor from Health Insurance

Help, a program of Senior Community Services, will be available by appointment on **Thursday, August 11 from 2:30 p.m. - 4:00 p.m.**

Call Kris, at least one week in advance, at 763-494-6514 to make an appointment .



REGULAR HAPPENINGS AT SENIORS OF THE GROVE

Mondays

- Knitting Group, 12:00 p.m.
- Cribbage, 1:00 p.m.

Tuesdays

- Hand & Foot, 9:00 a.m.
- Duplicate Bridge, 12:00 p.m.
- Pinochle, 6:30 p.m.

- Mexican Train, 1:00 p.m.
- Woodcarving, 12:30 p.m.

Wednesdays

- Social Bridge, 12:30 p.m.
- 1st & 3rd Wed. , Quilting, 9:30 a.m.
- 1st Wed. Book Club, 9:30 a.m.

Thursdays

- Mah Jong, 9:00 a.m.
- "500", 1:00 p.m.

Fridays

- Scrabble, 1:00 p.m.
- 2nd & 4th Fri., Bingo, 1:00 p.m.



Call Kris or Brenda with questions



Intro To Pickleball

Want to learn the very basics and get to know the game of Pickleball? Free lessons will be given as people are interested. This one day, 2 hour lesson will provide you the chance to learn skills, and play with other like players. It is a fun game, you can learn quickly and improve on the more you play. These lessons are free, but you must call Kris at 763-494-6514 or register online to participate. Space is limited!

Tuesday, August 9
7:00 p.m.
Central Park Pickball Courts
Code: 411320-01

Arbor Lakes Common Fundraiser Pie Social and Craft Sale

September 10, 2016
11:00 a.m.—4:00 p.m.
8100 Main St
Come and have a slice of homemade pie, ice cream and beverage for a total price of \$5.00 per person. Some of the crafts are custom made jewelry, crocheted items, wreaths, flowers, embroidered dish towels, card making, wall hangings, burlap items, buffalo sausage and more...

Call Bev at 763-898-3040 with any questions.

Raffle prizes available worth \$25.00.

Hearing Loss, Treatment & Technology

Hearing losses are very treatable. This class will share what technology and science can do to help almost every loss. We will discuss how Doctors and Audiologist can help. How hearing devices work and how they are ‘fitted’ to exactly your need... not what you are being sold. Prevention solutions will also be discussed.

Tuesday, August 2
1:00 p.m.—2:00 p.m.
Free
Code: 311320-05

Upcoming Classes at MGCC

Here is a sampling of programs. For more of the program details refer to the Parks & Recreation Brochure, or call Kris at 763-494-6514.

Do you have any ideas for new classes or programs that could be offered? Call Kris at 763-494-6514.



Check out these August Classes!
Social Security : Strategize to Maximize
August 18 from 6:30 p.m.—8:00 p.m.
Code: 311320-10

Will You Run Out Money?
August 16 from 6:00 p.m. – 7:00p.m.
Code: 311320-08

Studio Arts
Tuesdays, August 2—August 30
9:30 a.m.—12:00 p.m.
Code: 311503-03



Age Friendly Maple Grove Community Gathering

Wednesday, August 3
7:00 p.m.—8:00 p.m.

Come to learn about this initiative & share your thoughts & ideas for the city.

Refreshments Provided

RSVP to Kris at 763-494-6514





PADDLE THE MISSISSIPPI

Looking for adventure in the heart of the Twin Cities?

Explore the Mighty Mississippi River up close and personal on a half-day

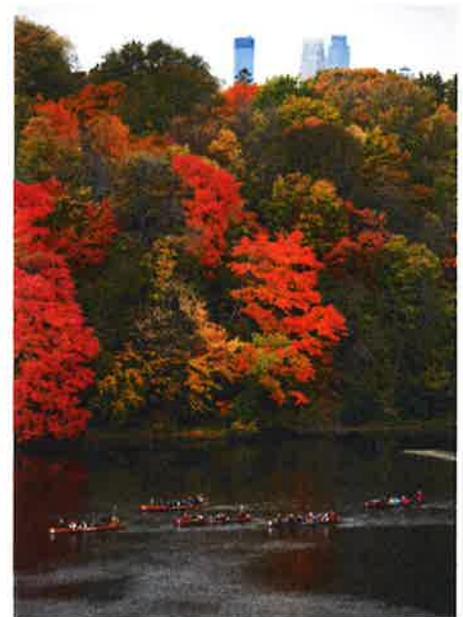
guided canoe trip. Paddling the Mississippi in a beautiful 24 ft cedar strip canoe is easy, fun and everyone enjoys it! Wilderness Inquiry provides our guides and expertise, we paddle, and enjoy the beauty that is only visible from the water. We will paddle the Voyager Canoe following the river's 3 – 4 mph current as it winds along the shoreline. The canoe holds up to 10 paddlers, are fast and stable boats, designed for trips on moving water. This is an active trip, but not strenuous. We stop mid-paddle for a delicious boxed lunch break. Come enjoy this early fall adventure trip as we travel from Hidden Falls Regional Park to Harriet Island.

Thursday, September 1 (Trip 311801-09)

9:30 am – 3:00 pm

\$65

REGISTER BY August 15



Paddle the Mississippi Sept. 1 311801-09

Name _____

Address _____

Phone _____ email _____

Enclose \$65 and mail to

Maple Grove Parks and Recreation: 12951 Weaver Lake Road, Maple Grove, MN 55369

Join Fifty-Five Forward

Cabaret

HENNEPIN THEATRE TRUST

ORPHEUM ★ STATE ★ PANTAGES ★ NEW CENTURY



The acclaimed Broadway classic returns! As part of their 50th Anniversary Season, Roundabout Theatre Company is proud to present Sam Mendes (*Skyfall, American Beauty*) and Rob Marshall's (*Into the Woods, Nine* and *Chicago*, the films) Tony Award-winning production of *Cabaret*. Welcome to the infamous Kit Kat Klub, where the Emcee, Sally Bowles and a raucous ensemble take the stage nightly to tantalize the crowd--and to leave their troubles outside. But as life in pre-WWII Germany grows more and more uncertain, will the decadent allure of Berlin nightlife be enough to get them through their dangerous times? Come hear some of the most memorable songs in theatre history, including "Cabaret," "Willkommen" and "Maybe This Time." Right this way, your table's waiting at *Cabaret*. John Kander, Fred Ebb And Joe Masteroff's Tony-winning musical about following your heart while the world loses its way.

PLEASE NOTE:
CABARET CONTAINS
MATURE CONTENT.

Sunday, October 16, 2016	Bus leaves MGCC at 12:00 PM; Returns approx. 4:30 PM	Main Floor Side Seating: Cost: \$54.00 Cost Includes Motor coach and ticket
Last day to Reserve or Cancel: August 15, 2016		

Sunday, October 16, 2016~ 'Cabaret' at the Orpheum Theatre
Code: 311801-13

Name _____ Telephone _____
Address _____
Email Address _____

Enclosed \$54.00 with registration information for each individual registering.
Mail to: Maple Grove Parks & Rec., 12951 Weaver Lake Rd., Maple Grove, MN 55369
Questions? Kris, 763-494-6514 or Brenda, 763-494-6499

Join Fifty-Five Forward

A DAY AT THE VILLA



SOVEREIGN
WACONIA
MINNESOTA *Estate*

Escape the city for the closest thing to Tuscany, the beautiful Sovereign Estate Winery in Waconia welcomes us with wine tasting of five of their top delicious wines along with cheese and crackers. Next, let's have a vineyard and winery tour with Isaac Savaryn and Ben Banks, they wineries top experts! A delicious Chicken parmesan meal complete with your choice of a glass of wine, sangria, beer or soda and a delectable dessert will be served in the lovely tent pavilion! After lunch have time to stroll in Mary's garden or check out the gift store. Plan to stop at the Deardorf Orchard and Parley Lake winery store on the way home! If the season goes as planned they may even have the Honeycrisp apples in stock!



When: Thursday, September 22, 2016
Where: Bus leaves MGCC at 9:30 AM;
Returns approx. 4:00 PM
Cost: \$74.00 Includes; Wine Tastings, Tour,
Lunch, and Motor Coach Bus
Last day to Register: September 14, 2016

A Day at the Villa
Thursday, September 22, 2016
Code: 411801-02

Name _____ Telephone _____
Address _____
Email Address _____

Enclosed is \$74.00 with registration form for each individual registering.

Mail to: Maple Grove Parks & Rec., 12951 Weaver Lake Rd., Maple Grove, MN 55369

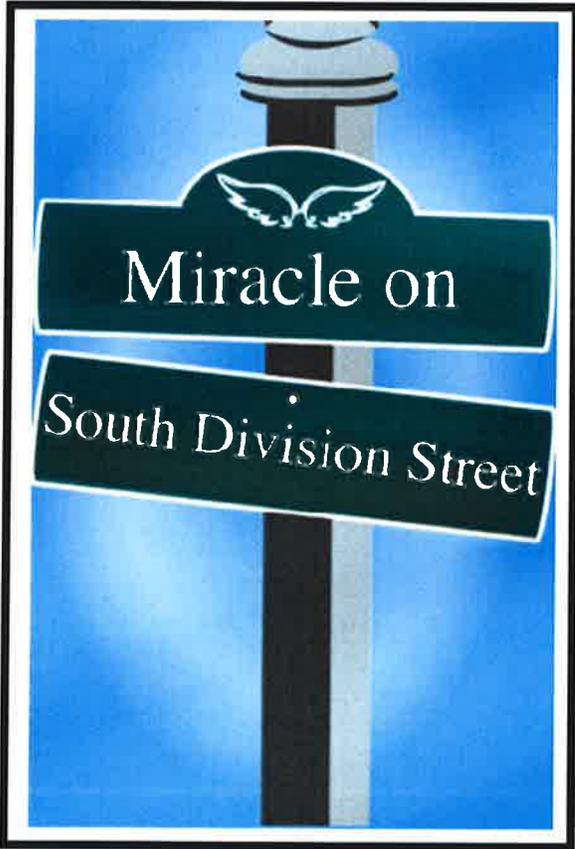
Questions? Kris, 763-494-6514 or Brenda, 763-494-6499



Join Fifty-Five Forward

Miracle On South Division Street

Day Trippers at Bloomington Eagles Club



Start your afternoon out with a delicious lunch including Swedish Meatballs, Chicken Kiev, House Green Salad, Minnesota Macaroni Salad (with peas, cheese and onions), Rice, Rolls and Butter, Mandarin Orange Cake and Coffee or Tea. Following lunch you will enjoy a hilarious and heartfelt play about a “miracle” in the family barbershop. An *All in the Family*-esque comedy delivering a solid message on faith, why we believe what we believe, and how we can adjust to life’s surprises. A family comedy, based on a true story. Meet the Nowaks – a Catholic family living in Buffalo. Clara and her three grown children have always known they were special, ever since the miraculous night in 1942 when the Blessed Mother appeared to grandpa in his barbershop. Since then, the neighborhood has looked upon the Nowak’s 20 foot high commemorative shrine as a beacon of hope and faith in the town. But when daughter Ruth unveils her plan to write a play about the miracle, a long-ago deathbed confession reveals that the family is actually Jewish... and the legend hilariously unravels.

Friday, September 16, 2016	Bus leaves MGCC at 11:30 AM; Returns approx. 4:30 PM	Cost:\$48.00: Includes lunch, show and motor coach
Last day to Register or Cancel: September 2, 2016		

‘Social Security’, Day Trippers Dinner Theatre
Code: 411801-01

Name _____ Telephone _____
Address _____
Email Address _____

Enclosed \$48.00 and registration information for each individual registering.
Mail to: Maple Grove Parks & Rec., 12951 Weaver Lake Rd., Maple Grove, MN 55369
Questions? Kris / 763-494-6514 or Brenda / 763-494-6499

St Croix Off Broadway Dinner Theatre



START WITH FULL HOT LUNCH INCLUDING SLICES OF TURKEY WITH ONION SAGE DRESSING MASHED POTATOES WITH TURKEY GRAVY, FRESH VEGETABLE, MIXED GREENS WITH DRESSING, ASSORTED ROLLS WITH BUTTER, BEVERAGE OF MILK, SODA, TEA OR COFFEE, AND DESSERT.

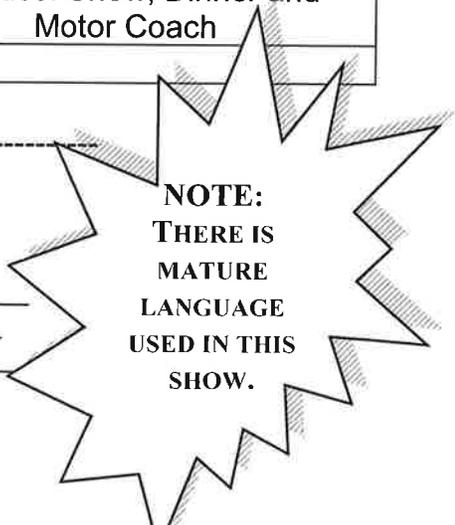
St. Croix Off Broadway Dinner Theatre at Hudson House Grand Hotel offers casual wholesome dining with the best that St. Croix Valley has to offer in musical theatre and comedy. Join **St. Croix Off Broadway Dinner Theatre** for the return of its world premiere *That Lovin' Feelin'*, a musical biography chronicling The Righteous Brothers' life story and featuring 18 of their memorable songs. If you were lucky enough to see it before, it has been revised again by playwright Jim Zimmerman so it is the same, but different. The Righteous Brothers were the musical duo of Bill Medley and Bobby Hatfield. They recorded from 1963 through 1975, and continued to perform until Hatfield's death in 2003. The Righteous Brothers galvanized the link between rock and rhythm & blues so convincingly that they spurred the creation of a new term, "blue-eyed soul."

Saturday, October 1, 2016	Bus leaves MGCC at 11:00 a.m. Returns approx. 4:00 p.m.	Cost: \$55.00 Includes: Show, Dinner and Motor Coach
Last day to register: September 1, 2016		

t Croix Dinner Theatre, Hudson, WI
Saturday, October 1, 2016
Code: 411801-03

Name _____ Telephone _____
Address _____
Email address _____

Enclosed \$55.00 and a registration information for each individual registering.
Mail to: Maple Grove Parks & Rec., 12951 Weaver Lake Rd.,
Maple Grove, MN 55369
Questions? Kris, 763-494-6514 or Brenda, 763-494-6499



**NOTE:
THERE IS
MATURE
LANGUAGE
USED IN THIS
SHOW.**

August 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:00 Computer Users Group 12:00 Knitters 1:00 Cribbage	2 7:00 Swim Fitness 9 – 12:30 Tai Chi 9:00 Hand & Foot 9:30 Studio 10:00 Hearing Screening 12:00 Dup. Bridge 12:30 Mexican Train 12:30 Woodcarvers 5:30 MHSRC 8 Hr. 6:30 Pinochle	3 7:57 Nordic Walking 9:00 Crafters 9:30 Book Club 9 & 10 Strengthening 9:00 Quilting 11:00 Chair Yoga 12:30 Bridge 5:30 MHSRC 8 Hr.	4 7:00 Swim Fitness 8:30 Shibashi Tai Chi 9:00 Mahjongg 12:00 ACBL Bridge 1:00 500 1 & 6 Oil Ptg	5 9:30 Writers Group 11:00 Free Bingo 1:00 Scrabble	6 9:00 AARP 8-Hour Driving
7	8 9:30 & 12:30 Movies 10:30 AI & Alma Trip 12:00 Knitters 1:00 Cribbage	9 7:00 Swimfit 9 – 12:30 Tai Chi 9:00 Hand & Foot 12:00 Dup. Bridge 12:30 Woodcarvers 5:30 AARP Refresher 6:30 Pinochle 7:00 Pickleball INTRO	10 7:57 Nordic Walking 9:00 Crafters 9 & 10 Strengthening 11:00 Chair Yoga 12:30 Bridge 12:30 MHSRC Refresher	11 7:00 Swim Fitness 8:30 Shibashi Tai Chi 9:00 Mahjongg 9:00 Happyfeet 12:00 ACBL Bridge 12:30 Insurance Help 1:00 500 1 & 6 Oil Ptg.	12 1:00 Scrabble 1:00 BINGO	13
14 12:30 Circus Juventas Trip	15 8:30 MHSRC Refresher 12:00 Knitters 1:00 Tea 1:00 Cribbage	16 7:00 Swim Fitness 9 – 12:30 Tai Chi 9:00 Hand & Foot 12:00 Dup. Bridge 12:30 Mexican Train 12:30 Woodcarvers 6:00 Run out of Money? 6:30 Pinochle	17 7:57 Nordic Walking 9:00 Crafters 9:00 Quilting 9 & 10 Strengthening 11:00 Chair Yoga 12:30 Bridge	18 7:00 Swim Fitness 8:30 Shibashi Tai Chi 9:00 Mahjongg 11:30 Lunch & Style Show 12:00 ACBL Bridge 1:00 500 1 & 6:00 Oil Painting 6:30 Social Security	19 9:30 Writers Group 9:00 Happyfeet 1:00 Scrabble	20
21	22 9:30 Color Me Happy 9:30 & 12:30 Movies 12:00 Knitters 1:00 Cribbage	23 7:00 Swim Fitness 9 – 12:30 Tai Chi 9:00 Hand & Foot 9:30 Studio 12:00 Dup. Bridge 12:30 Mexican Train 12:30 Woodcarvers 6:30 Pinochle	24 7:57 Nordic Walking 8:30 Roaming Alexandria Trip 9:00 Crafters 9 & 10 Strengthening 11:00 Chair Yoga 12:30 Bridge	25 7:00 Swim Fitness 8:30 Shibashi Tai Chi 9:00 Mahjongg 12:00 ACBL Bridge 1:00 500 1 & 6 Oil Ptg	26 1:00 Scrabble 1:00 BINGO	27
28	29 12:00 Knitters 1:00 Cribbage	30 9 – 12:30 Tai Chi 9:00 Hand & Foot 9:30 Studio 12:00 Dup. Bridge 12:30 Mexican Train 12:30 Woodcarvers 6:30 Pinochle	31 7:57 Nordic Walking 9:00 Crafters 9 & 10 Strengthening 11:00 Chair Yoga 12:30 Bridge			