MAPLE GROVE FARMERS MARKET

Celebrate Local Food

FRESH PRODUCE | ARTISAN FOODS | POP KIDS CLUB | ENTERTAINMENT

THURSDAYS 3-7PM STARTING

MAY 16

OUTSIDE AT THE MAPLE GROVE COMMUNITY CENTER

www.maplegrovefarmersmarket.com | 12951 Weaver Lake Rd. Maple Grove, MN

SNAP Accepted!
Learning
Interests
Health
Events

Maple Grove Parks and Recreation serves to give you opportunities to learn, engage your interests, improve your health through fitness and wellness options and entertain you at events.

The Parks and Recreation Board office is located at the Maple Grove Community Center, 12951 Weaver Lake Road, Maple Grove, MN and is open 8:00 a.m. - 4:30 p.m., Monday through Friday. Phone number is 763-494-6500. Recreation registration is accepted from 7:00 a.m. to 6:00 p.m., Monday through Friday.

HOLIDAY CLOSURES
The Parks and Recreation Board office will be closed on the following days:
• Monday, May 27 (Memorial Day)
• Thursday, July 4 (Independence Day)

PHONE NUMBERS
Main number ............................................................763-494-6500
Website ..........................................................maplegrovemn.gov
CC Birthday Party Packages .................................763-494-6549
CC Groups, Room Rentals.......................................763-494-6527
Central Park Information ....................................763-494-6474
Central Park Rental Requests ..............................763-494-5958
Picnic Pavilion, Eagle Lk Bldg Reservations........763-494-5958
Ice Arena Office ..................................................763-494-5968
Program/Game Status Recording ........................763-494-5959
Sports Dome Reservations ..................................763-494-6480
Town Green Reservations ..................763-494-6527

PARKS AND RECREATION BOARD
Parks and Recreation Board office .................763-494-6500
Chair: Bill Lewis ...............................................612-845-4638
John Ferm ..................................................612-328-1765
Ken Helvey .................................................763-416-2049
Deb Syhre ..................................................763-420-7258
Kelly Cunningham ........................................612-385-6754
Debbie Coss ..................................................763-420-8204
Kim Sweet ..................................................612-875-1456
Council Representative: Phil Leith ...................763-425-1414

Park Board Meetings
Regular meetings of the Maple Grove Parks & Recreation Board are held the third Thursday of every month at the Maple Grove Community Center beginning at 7:00 p.m. Residents are invited and encouraged to attend these meetings. Anyone wishing to present a topic for discussion should call 763-494-6500.

Parks and Recreation Board Staff
Director ..........................................................Chuck Stifter
Superintendent of Recreation ..................................Aimee Peterson
Superintendent of Parks & Planning ....................Jeff Evenson
Park Supervisor ..................................................Ben Jaszeswki
Recreation Program Specialists:
- Athletics ..........................................................Chris Morrow
- Seniors/55 Forward ........................................Kris Orluck
- Special Events ................................................Tanya Huntley
- Sponsorships/Farmers Market ......................Kirsten Bansen Weigle
- Youth Outreach ...........................................Crystal Anderson
- Youth Programs/Adult Fitness ........................Michelle Debace
Rec. Facilities Operations Supervisor ..................Jeanne Vestal
Community Center Manager ...............................Lisa Jost
Community Ctr Operations Supervisor .................Frank Weber
Community Ctr Facility Maint Coordinator ..Paul Ellingson
Aquatics Coordinator ........................................Lisa Gedker
Community Ctr Aquatics Coordinator .................Adrienne Vassar
Playhouse Preschool Teacher .........................Gayle Selsback

Senior/55 Forward program registration starts on Monday, April 22 at 9:00 a.m.
T-Ball, Kickin' Kids & Lil' Sports Sampler (pg 28-29) registration starts on Tuesday, April 23 at 9:00 a.m.
General program registration starts on Wednesday, April 24 at 9:00 a.m.
Swim and evening Water Aerobic registration begins Thursday, April 25 at 9:00 a.m.

To register, webtrac.maplegrovemn.gov
Register on April 24 for most programs, April 25 for swimming
### Registration Information

**It's all inside! Your recreation destination!**

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### Registration Start Dates (more info. page 86)
- **Seniors/55 Forward** registration begins **Monday, April 22** at 9:00 am.
- **T-Ball, Kickin' Kids & Lil Sports** registration begins on **Tuesday, April 23** at 9:00 a.m.
- **General** program registration begins on **Wednesday, April 24** at 9:00 a.m.
- **Swim and evening Water Aerobics** registration begins **Thursday, April 25** at 9:00 am.

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### Using the WebTrac Registration Site

1. **GO TO** webtrac.maplegrovemn.gov
2. **CREATE AN ACCOUNT** through the site by providing basic information about you and your family.
3. **CREATE A LOGIN** (your email address) and choose a password. Use your login and password to sign up for all activities on the site. If you forget your password, staff can reset it for you.

Try out the Wishlist format! Place the program you're interested in into your wishlist now and then move it to your cart on registration day! If you have questions, contact Parks and Recreation at (763)494-6500.

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### All Parks and Recreation programs are available to register online EXCEPT music, Playhouse Preschool and Defensive Driving.

### General Information

- Residents are citizens who live within the City of Maple Grove boundaries.
- If a class is full, you can waitlist online. If an opening comes up, we will call from the waitlist in the order that they were placed.
- Instructors are not authorized to accept registrations at the activity location.
- Class fees are not prorated for late registrations.
- Parks & Recreation will charge a $15.00 fee for all NSF checks.

### Refund Policy

- **Requests for refunds must be received at least five full business days before the first class session.** There will be a $5.00 processing fee charged for each program. No refunds will be issued after the first class meeting unless for bona fide medical reasons.
- No refunds will be issued for bus trips after the deadline, but you may find someone to take your place - notify the office.
- Full refunds/credits will be issued for all classes or trips cancelled by Parks and Recreation.

### Photo Policy

All participants involved in any department programs or special events are subject to possibly being photographed for promotional purposes. Such photographs may be used by Maple Grove Parks and Recreation without an obligation to provide compensation to those photographed.

### Corrections and Updates

Staff makes every effort to ensure the brochure is free from errors, however sometimes errors or revisions in program details do occur. We appreciate your understanding when this occurs.
Maple Grove Community Center Membership Sale May 1-10

-15% off for the entire family!

ALL-BUILDING MEMBERSHIP
Includes the Grove Cove Aquatic Center (indoor pools and outdoor pool in season), the Maple MAZE Indoor Playground, the gymnasium and ice skating during open skate hours. See page 68.

POOL MEMBERSHIP
Includes the Grove Cove Aquatic Center (outdoor pool in season). See pages 74-75.

Pickleball Membership
Annual pickleball membership for both the Community Center and the MG Middle School Community Gym during Pickleball hours only. See page 56.

SIGN UP ONLINE!
Internet address: webtrac.maplegrovemn.gov. Go to Memberships, then select the type. Payment is made in full with VISA, MasterCard or Discover.

AUTOMATIC RENEWAL
Using the Direct Payment Plan is available through your checking account. You must register in person at the pool desk and bring a voided check with you. Cancellation fee of $25 applies in the first year of the membership.

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Save an ADDITIONAL $10 off when you register online!
Youth Athletic Associations

Many Maple Grove youth sports are administered by volunteer organizations. Each organization has a Board of Directors and is run independently.

BASEBALL/FASTPITCH SOFTBALL
Organization: OMGAA - Osseo Maple Grove Athletic Association
Program: House Leagues - BB/FP Ages 9-18
Traveling Teams - BB Ages 10-15 & FP ages 9-18
Information: at www.omgaa.org

BASKETBALL
Organization: OMGBA - Osseo Maple Grove Basketball Association
Program: House Leagues - Grades K-12
Traveling Teams - Grades 5-8
Information: www.omgba.net

FOOTBALL
Organization: OFA - Osseo Football Assn
MGYFA - Maple Grove Youth Football Assn
Program: House Leagues – Grades 2 - 8
Information: www.osseofootball.org
www.mgyfa.com

HOCKEY
Organization: OMGHA - Osseo Maple Grove Hockey Association
Program: House Leagues - Ages 4-15 (4 by 7/1/17)
Traveling Teams - Ages 9-17
Information: www.omgha.com

LACROSSE
Organization: Maple Grove Girls and Boys Lacrosse Association
Program: Youth, grades K – 8
Information: www.mglax.net
MG Girls Lacrosse email corradih@district279.org
Organization: Osseo Park Center Boys & Girls Lacrosse
Information: www.opcyouthlax.com

SOCCER
Organization: MapleBrook Soccer Association
Program: Traveling Teams - Ages 19 & under
Information: www.maplebrooksoccer.com

SWIMMING
Organization: NHCP Swim Club
Program: Competitive Swimming – Ages 6 – 18
Information: www.teamunify.com/mnnhcp

WRESTLING
Organization: Maple Grove Wrestling Club
Program: Pre-Kindergarten - grade 8
Information: mgwrestlingclub.com
Organization: Osseo, Maple Grove Youth Wrestling
Program: Pre-Kindergarten - grade 6
Information: www.osseoyouthwrestling.org

2019 OMGAA BASEBALL & FASTPITCH SOFTBALL PROGRAM
For information on the 2019 Baseball and Fastpitch Softball season, check out the Osseo-Maple Grove Association website at www.omgaa.org. 2019 registration has already taken place.
Check their website for more information.

OSSEO MAPLE GROVE BASKETBALL ASSOCIATION (OMGBA)
The OMGBA offers the following programs for boys and girls that live in the Osseo/Maple Grove High School attendance area.
• K - 2nd grade – Introduction to Basketball
• 3rd – 6th grade – House League
• 7th - 8th grade – Junior House League
• 9th – 12th grade – Senior League
• 5th – 8th grade – Traveling League
For information regarding these programs, season dates, online registration dates and fees, please see the website at www.omgba.net
OMGBA is a volunteer group that depends on parents to coach and perform other duties. Volunteers are needed to keep a quality experience for the participants.
Mondays at 7:00 pm - Usher in the Week
June 10 North Suburban Concert Band - concert music
June 17 The Tuxedo Band - rock, pop, country covers
June 24 Legacy of the Loud - 80s pop rock
July 1 LaValle Jazz Cats - jazz band
July 8 Salsa del Soul - salsa music
July 15 Chmielewski Fun Time Band - polka
July 22 BlueGroove Bluegrass - bluegrass
July 29 Jeff Dayton - country
August 5 Six Appeal - a capella
August 12 Inside Straight - blues band

Wednesdays at 7:00 pm - Find the Joy
June 12 Maple Grove Marching Crimson and St. Louis Park Community Band
June 19 Shirts and Skins - classic rock, pop, modern country
June 26 Power of Ten - pop/rock cover music
July 3 Javier Matos - jazz
July 10 Bee Gees Tribute Band
July 17 Sawyer’s Dream - Americana, soul, pop, rock
July 24 Phil Kitze and the Resonators - rocking blues
July 31 Medalist Concert Band - concert music
August 7 3 Chord Monte - country
August 14 Minneapolis Commercials - big, a capella chorus
August 21 Chase and Ovation - Prince tribute band

Thursdays at 10:30 am - Kids have Character
June 13 Tricia and the Toonies - fun family music
June 20 Kidpower with Rachael - music for kids
June 27 Wendy’s Wiggle, Jiggle and Jam - music & dance
July 11 Kidsdance - music and dance for kids
July 18 Bob the Beachcomber - beach music for families
July 25 Alphabits - fun family music
August 1 Sticks & Tones - music for kids
August 8 Jollipops - kids music
August 15 The Bazillions - children’s interactive music
August 22 Dollipops - kids music

Fridays at Sunset - Movies at Sunset
July 12 Incredibles 2, rated PG, Maple Grove Days
July 19 Inside Out, rated PG
July 26 BumbleBee, rated PG 13
August 2 The Goonies, rated PG
August 9 The Blindside, rated PG 13
August 16 LEGO Batman, rated PG
August 23 Mary Poppins Returns, rated PG

Special Events
June 21 All Ages Battle of the Bands, 7:00 pm
July 10 Beyond the Yellow Ribbon, Bee Gees Tribute Band
July 11-14 Variety of entertainment, Maple Grove Days
July 19 Relay for Life
July 26 Local Artists Jam Session* (prior to the movie)
August 9 Local Artists Jam Session* (prior to the movie)
August 23 Local Artists Jam Session* (prior to the movie)

*NEW - Friday Night Jam Session before the movie!!
Join us to support our local musicians and garage bands. Stop by the Town Green before the Friday night movie and enjoy local artists and bands perform on stage. Up and coming garage bands and musicians are invited to perform on the prestigious Town Green Stage. This is a free performance. Bands or individuals looking for exposure for themselves or their band have the opportunity to share their passion on stage. All ages are welcome to come showcase their talent. Contact Tanya at thuntley@maplegrovemn.gov for registration information.

Rainout announcements 763-494-5959 and on Facebook.
Events are subject to change.
Look for us on Facebook!
No smoking. No alcohol.
Enjoy summer at Central Park with plenty of amenities to stay active and relax on a warm summer day. For rental requests, call 763-494-5958. See more information on the Central Park web page at maplegrovemn.gov.

**Rental Opportunities**

**The Meeting Room**
Tables and seating for up to 30 people
$25-$30 per hour

**The Bandshell**
Terraced seating walls for 300 people and stage with sound equipment and theatrical lighting
$650-$700

**The Point**
A peninsula with raised pergola
$250-$300

Non-profit rates available
Maple Grove Parks and Recreation offers several areas reservable for private use. For information and photos of these areas, visit [www.maplegrovemn.gov/parks-and-recreation/pavilion-reservations](http://www.maplegrovemn.gov/parks-and-recreation/pavilion-reservations). Picnic pavilions and Eagle Lake Community Building are now available to reserve online. All fees are subject to change and additional charges might apply. All pavilion and building rental fees are due at time of booking.

Visit [webtrac.maplegrovemn.gov](http://webtrac.maplegrovemn.gov), click on one of the links under FACILITIES (bottom right-hand column) for availability. Search your date, then reserve picnic pavilions immediately! Telephone requests can be made to 763-494-5958; however, calls are returned Monday-Friday only during working hours.

**Lions Picnic Pavilion, 12951 Weaver Lake Road (adjacent to Community Center)**
- Resident group less than 100.............. $50.00
- Non-Resident group less than 100........ $80.00

A covered pavilion with picnic tables and grills, seasonal portable toilet and access to Community Center restrooms. Overlooking West Arbor Lake with a playground, volleyball courts and skate plaza on site.

**Arboretum Picnic Pavilion, 9400 Fernbrook Lane**
- Resident group less than 100.............. $50.00
- Non-Resident group less than 100........ $80.00

A covered pavilion with picnic tables and grills and seasonal portable toilet.
Creek side fishing, carry on boat access to Elm Creek, Angel of Hope statue and walking trails are on site.

**Eagle Lake Community Building at Thoresen Park, 6259 Eagle Lake Dr.**
- Resident ......................................... $25.00
- Non-resident ..................................... $200.00

This fully remodeled and air-conditioned WWII Army barracks is available for year-round rentals. The room accommodates 47 people with tables, chairs, kitchenette and restroom.

**Weaver Lake Comm. Park Picnic Pavilion, 8401 Dunkirk Lane**
- Resident group less than 100.............. $90.00
- Non-Resident group less than 100........ $150.00

A covered pavilion with picnic tables and grills, seasonal portable toilet and restroom building. Beach, playground, ballfield, volleyball, basketball and tennis courts on site.

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Maple Grove Park Facilities & Weaver Lake Beach

**RESERVABLE PAVILIONS & BUILDINGS**

**WEAVER LAKE COMMUNITY PARK & BEACH**

8401 Dunkirk Lane

This 80-acre park offers a free, lifeguarded beach with concession stand and restrooms, two parking areas for 300 cars, four tennis courts, three ballfields, two playgrounds, one basketball and two volleyball courts, trails, a shaded picnic area and a picnic pavilion. Beach hours are:

**Dates:** Saturday, June 1 - Sunday, August 18, 2019
**Hours:** Monday - Sunday, 12:00 noon - 7:00 p.m.
Thursday, July 4, 2019, 10:00 a.m. - 8:00 p.m.

Swimming is allowed only when lifeguards are on duty. If you are planning to bring a group of 50 or more persons to the beach, please call 763-494-6500 to assure that adequate lifeguards are on duty. Beach may be closed in inclement weather. There is no charge for parking. No alcoholic beverages or tobacco are allowed in the park.

To register, [webtrac.maplegrovemn.gov](http://webtrac.maplegrovemn.gov)
Maple Grove Days

Events at Maple Grove Community Center (MGCC)/Town Green (TG)/Central Park (CP)

Wednesday, July 10
- A Bee Gee’s Tribute - Mick Sterling – TG

Thursday, July 11
- Kids’ Dance – TG
- Farmers Market – MGCC
- Evening Zumba – CP

Friday, July 12
- Teen 3 on 3 Basketball Tournament – CP
- Children’s Parade, Activities and Entertainment – CP
- Outdoor Movie – TG - Incredibles 2

Saturday, July 13
(at MGCC unless otherwise noted)
- Lions Corn Roast & Other Fair Foods
- Free Kids Events
- Pony Rides, Petting Zoo, Ninja & Inflatable Rides
- Business Expo
- Silent Auction
- Bean Bag Toss Tournament, Blaster Battles – CP
- Bingo & Much More
- Kids’ Fun Run – CP
- Outdoor Exercises (Boot Camp, Jazzercise, Yoga & Zumba) – TG
- Puzzle Challenge – CP

Saturday Entertainment, July 13
- Children’s Performers & Live Entertainment All Day
- Duct Tape Fashion Show – TG
- Street Dance – TBA – MGCC
- Fireworks

Sunday, July 14
- MRPA Volleyball Tournament – MGCC

Events Around Maple Grove:

Thursday, July 11
- Maple Grove Days Parade
  - The Parade begins with political units and vintage fly over at 6:10 pm, followed by the rest of the Parade at 6:30 pm – 89th Avenue
- Pickleball Tournament – Lakeview Knolls & Central Park

Friday, July 12
- Junior Golf Tournament – Three Rivers Eagle Lake Golf Course
- Capture the Flag – Weaver Lake Park
- Maple Grove Ambassador Coronation – MGSH
- Gala in the Grove – Osseo American Legion

Saturday, July 13
- Jim Deane Memorial Rice Lake Run – Freedom Field
- Fishing Clinic – Weaver Lake
- Geocaching – Weaver Lake Elementary Nature Center
- Truck Show – Main Street
- Car Show – Main Street
- Bed Races – Main Street

Sunday, July 14
- MG Historical Society Museum Open House
- Garden Tours -TBD

*Events subject to change

Visit MaplegroveDays.org for additional events and more details
MAPLE GROVE COMMUNITY ORGANIZATION – MGCO
Join in the fun of planning civic events!
Become a member of MGCO and give back to your community.
We invite you to attend our monthly meetings to begin your volunteer adventure and share your ideas.
maplegrovedays.org or 763-494-5985

MEETINGS
4th Tuesday Monthly
7:00pm - Maple Grove Community Center

SHOW YOUR PRIDE
VOLUNTEER IN YOUR COMMUNITY

MAPLE GROVE DAYS
July 10th - 14th

MG AMBASSADOR 20th ANNIVERSARY
“A Sparkling Success” theme celebrates the 2019 Ambassador Coronation, marking the 20th Anniversary of the Maple Grove Ambassador Scholarship Program. All are invited to the Coronation on Friday, July 12, 7:00pm at the Maple Grove Senior High. A special evening is planned with Candidates, Ambassadors, Alumnae, all highlighting the history and vision of the program. Each year three young women are chosen to represent Maple Grove in creating community relationships, volunteering with local non-profits, schools and civic organizations events, gaining confidence in public speaking and networking skills and each rewarded with a $3,000 educational scholarship. Following is the Gala in the Grove at the American Legion in Osseo. You won’t want to miss the excitement! Visit maplegroveambassadors.com or facebook.com/MGAmbassadors for details.

BOULEVARD PLANTERS WANTED!
Volunteers are needed Thursday, May 16, 9:00am-1:00pm and Saturday, May 18, 8:00am-noon to help plant flowerbeds along Weaver Lake Road and Elm Creek Boulevard. Supervised children age 12 and up are welcome to participate. Call 763-494-6512 or email thuntley@maplegrovemn.gov for information. Register at www.signupgenius.com/findasignup.

NATIONAL NIGHT OUT
On Tuesday, August 6, Maple Grove, along with over 15,000 communities nationwide, will be celebrating National Night Out. We invite you to join forces with the Police Department and unite against crime. From 11:00 a.m. – 1:00 p.m., Maple Grove Police and Fire will sponsor a free BBQ lunch and emergency equipment show at the Maple Grove Community Center. You’re also invited to host a block party in your own neighborhood during the evening. These parties are a great way to get to know your neighbors, have fun, and even receive a visit by Maple Grove Police or Fire. To register your neighborhood and receive planning information, visit www.maplegrovemn.gov and click on Departments, then Police or contact Maple Grove Police Crime Prevention at 763-494-6134 or crimeprevention@maplegrovemn.gov.

34th ANNUAL ARBOR DAY CELEBRATION
Come join the Maple Grove Arbor Committee for this year’s Arbor Day festivities. Planned events include the University of Minnesota Raptor Center show and the Reptile and Amphibian Zoo. Educational booths containing information about Emerald Ash Borer, buckthorn, and tree and garden advice will be available. Activities for kids with prizes make it an event for people of all ages to enjoy.
Maple Grove Community Center
Saturday, April 27 12:00 - 4:00 p.m.
Donation and Volunteer Opportunities

VERMETERS MEMORIAL PARK OF MAPLE GROVE
Salute our armed forces by sponsoring an engraved paver at the Veterans Memorial, slated for construction this spring in the southwest corner of Central Park, 12000 Central Park Way. Three paver sizes are available and may be ordered by contacting Maple Grove Parks and Recreation. For more information, go to maplegrovemn.gov/parks-and-recreation/park-sponsorships or call 763.494.5824. Pavers ordered prior to July 15 will be installed in the fall of 2019.

Additional sponsorship and donation opportunities for this new memorial are being coordinated by Maple Grove Beyond the Yellow Ribbon. Visit mveteransmemorial.com for more information.

SPONSORSHIP AND DONATION OPPORTUNITIES
Visit maplegrovemn.gov/parks-and-recreation/park-sponsorships to review all sponsorship opportunities or call (763) 494-5824.

Central Park Benches $1800
A limited number of benches are available for sponsorship in the formal garden at Central Park of Maple Grove. Teakwood benches include an etched bronze plaque.

Arbor Lakes Benches $3,000
Architectural cast-iron benches are placed at various locations around North Arbor Lake and include an etched bronze plaque.

Scattered Site Benches $1,500
Sponsors may request a bench site in a favorite park or trail. Park bench includes customized vinyl plaque.

Angel of Hope Bricks $125
Remember a child of any age by purchasing an engraved brick, to be installed at the foot of the Angel of Hope statue at the Maple Grove Arboretum.

Maple Grove Parks and Recreation Board
The Parks and Recreation Board welcomes donations of any amount. Donations can be for the general support of Parks and Recreation or specified for certain programs or areas.

ADOPT-A-PARK
Adopt-A-Park is an opportunity for volunteers to help keep Maple Grove parks and trails beautiful. Adopt-A-Park is open to schools, community groups, civic organizations, faith communities, businesses, families and individuals. For information on Adopt-A-Park and available areas, please call 763-494-6516 or email mdebace@maplegrovemn.gov.

Thanks to the following groups and individuals for adopting a park or trail. All who use these areas appreciate your help.

Community Events

WALK TO REMEMBER
Saturday, May 4 - Remembrance gathering 10:00 a.m.; Walk 10:30 a.m.
Meet at Maple Grove Arboretum and walk Rice Lake Trails.
Hosted by Friends of the Angel. Register online at www.friendsoftheangel.org.
Originally dedicated in 2001 as a symbol of hope for families who have suffered the loss of a loved one.

MAPLE GROVE MOMENTS PHOTOGRAPHY CONTEST
The City of Maple Grove annual photography contest is a great way to show how special our community is and showcase the talent right here in Maple Grove. Last year over 300 entries were received! Residents are invited to submit their photos (all must be taken in Maple Grove) through a special link on the city website (maplegrovemn.gov). Entries are accepted from June 1 until July 16, 2019.

Photos can be entered in five contest categories: • Going Natural (nature), • Going Places (events, landmarks, buildings), • Going Together (people), • Going Wild (animals), • Youth (submissions from those under 18).

There are two ways to win, and prize amounts range from $25 to $100: 1) Judge’s choice – photos selected by a panel of local media and photographers with 1st, 2nd and 3rd place prizes awarded in each category, 2) Viewer’s choice – one winning photograph selected by the public through online voting.

All photographs submitted are posted on the city’s website and eligible to be featured in citywide communications. Winning photographers are invited to a city council meeting to receive their recognition. Their entries are published in the City Focus newsletter, showcased on city social media, and displayed at the Maple Grove Government Center.

To register, webtrac.maplegrovemn.gov

Register on April 24 for most programs, April 25 for swimming

MOMMY, TEA AND ME – A ROYAL TEA PARTY
A special afternoon is planned for little girls 3 years and older and their special guests. The Maple Grove Ambassadors cordially invite you to attend “Mommy, Tea and Me – A Royal Tea Party” on Sunday, May 5, from 3:30-5:00pm at the Maple Grove Community Center. Hosted along with the Maple Grove Parks & Rec, attendees will enjoy sweet treats, creative activities, an etiquette lesson, door prizes, goodie bags, party dress fashion show and much more. Seating is limited. Register today! Day-of, sign-ins available, if seating allows. No refunds. *Advertised in previous brochure, so spaces are limited!

Maple Grove Community Center
Sunday, May 5
3:30 – 5:00 pm
$15.00/person
Ticket
Tea and Me
Playhouse Preschool is located in the Maple Grove Community Center. We are a Kindergarten Readiness program. This State licensed learning program is designed with the individual child’s development in mind. We involve the children in a wide variety of experiences:

Arouse their curiosity!  
Challenge their physical & intellectual abilities!  
Encourage self-expression!

Playhouse Schedule

| Session 1 | Mondays and Wednesdays  
|-----------|-------------------------  
| 9:00 a.m. - 11:30 a.m. - 4 and 5 year olds  
| 12:15 p.m. - 2:45 p.m. - 3, 4 and 5 year olds  

| Session 2 | Tuesdays and Thursdays  
|-----------|-------------------------  
| 9:00 a.m. - 11:30 a.m. - 3, 4 and 5 year olds  
| 12:15 p.m. - 2:45 p.m. - 4 and 5 year olds  

| Session 3 | Fridays only  
|-----------|-------------------------  
| 9:00 a.m. - 11:30 a.m. - 3 year olds only  
| 12:15 p.m. - 2:45 p.m. - 4 and 5 year olds  

For further information, please contact Jody at 763-494-6505.

Adaptive Recreation

REACH for RESOURCES ADAPTIVE RECREATION

The adaptive recreation program is a cooperative effort of REACH for Resources and the cities of Brooklyn Center, Brooklyn Park, Golden Valley, Plymouth, Maple Grove, Chanhassen, Chaska, Waconia and St. Louis Park. REACH is an agency which serves individuals with developmental disabilities and their families in Western Hennepin County. Services include adaptive recreation, independent living support and counseling. For information and registration procedures, call 952-200-3030.

NOTE: For persons not living in one of the above communities, you are considered a “Non-Resident” and need to add $8 to select registration fees.

Tuition

A $25.00 non-refundable registration fee is charged once during each school year. Payments are made on a monthly basis. Anyone who does not live in Maple Grove will pay a one-time non-resident fee of $5.00 per person.

Check out a full listing of Adaptive Programing at www.reachforresources.org

ADULT ACTIVITIES

Social Groups  
Health and Wellness Classes  
On the Town  
Empowerment Group  
Bowling

TEEN ACTIVITIES (Ages 13-21)

Teen Explorers  
Social Seekers  
Bowling  
Health and Wellness Classes

YOUTH ACTIVITIES

Youth Athletes  
Social Outings  
Bowling  
Health and Wellness Classes

SPECIAL EVENTS

Bingo  
Dances  
Weekend Ventures  
Movies  
Sporting Events  
Talent Show  
& More!!

AMERICANS WITH DISABILITIES ACT NOTICE

In compliance with the Americans with Disabilities Act of 1990, upon request, reasonable accommodations can be provided to allow individuals with a disability to participate in Maple Grove Parks and Recreation Board services, programs and activities. Please call 763-494-6516 or TTY 763-494-6525.
**MAPLE GROVE SKATING SCHOOL**

**LEARN TO SKATE USA PROGRAM**

*An Indoor Ice Skating Program at the Maple Grove Community Center Ice Arena*

The Maple Grove Skating School “Learn to Skate USA” Program is designed for all ages, 3 through Adult, as an indoor ice skating program which provides a simple but progressive method of group ice skating instruction. This program is endorsed by U.S. Figure Skating, USA Hockey, and US Speedskating. Class titles include: Hockey Skating Development, Snowplow Sam, Skating School, Adult, Advanced Skating School, Junior Club 1, Junior Club 2, Senior Club, Bridge Beyond The Basics, High Bridge Beyond The Basics, and Jump To New Heights. Please register for classes as soon as possible, as classes fill quickly. Registrations are NOT accepted at the arena on the first day of the session. Class fees are not prorated for late registration. On the first day of class, all participants MUST check in at the Maple Grove Skating School Participant Check-In located in the Warm Area between the Premier Bank Rink and the West Rink in the lower level of the arena. All participants MUST bring their Class Registration receipt to the first day of class to verify registration. At times, participants may repeat a level before advancing to the next level. Attendance is important in order to learn new skills that build on the skills learned during the previous class. Alternate classes for unattended classes are not offered. Participants will be evaluated on the first day of class to verify that they have been registered for the appropriate level. Participants of any skating level are always welcome to participate. Contact the Skating Director, Mandy Pirich, at 763-494-5967 or email mgskatingschool@maplegrovemn.gov with any questions.

**SKATING EQUIPMENT**

Single blade skates are allowed for classes. Double blade skates are not allowed at any time. During each class, a limited number of skate rentals (sizes youth 8 to adult 12) are available, per pair, for a nominal fee. Sticks, pucks and skate trainers are not allowed at any time.

**CLOTHING RECOMMENDATIONS**

Warm, flexible clothing that includes mittens/gloves, a jacket, snow pants/leggings, and a hockey/bike helmet.

**ON-ICE HARNESS AND OFF-ICE HARNESS**

The Maple Grove Skating School is proud to offer the use of an on-ice harness and off-ice harness to Maple Grove Skating School participants. The on-ice harness and off-ice harness are tools that assist participants by alleviating the fear of falling when learning new on-ice jumps and/or perfecting already consistent on-ice jumps. The Maple Grove Skating School “Learn to Skate USA” Program information includes class descriptions regarding the “JUMP TO NEW HEIGHTS” off-ice harness class and the existing classes that utilize the on-ice harness and off-ice harness. This is truly an exceptional opportunity for the Maple Grove Skating School participants! Register today!

**HOCKEY SKATING DEVELOPMENT**

*Ages 6 – 12 or passed Snowplow Sam 4*

The most important skill in the development of a hockey player is skating technique and it is the primary focus of this hockey program. Participants will learn to maneuver faster and become more agile on the ice. This program is endorsed by USA Hockey. Examples of elements taught include: forward/backward C-Cuts, forward quick starts, forward/backward stops, forward/backward crossovers, etc. There are five levels for this hockey program: Hockey 1 – 4 and Power Skating. Participants who are new to the program will be placed in Hockey 1 and progress through all five levels in order to learn all of the fundamentals. This hockey program will NOT talk about the game of hockey or use sticks or pucks. Each class consists of a 30 minute group lesson and a 30 minute practice time.

~A helmet (hockey) is highly recommended.

~Please arrive at the arena 30 minutes prior to the group lesson on the first day of class.

**Maple Grove Community Center Ice Arena**

**Wednesdays, July 10 – August 14**

<table>
<thead>
<tr>
<th>Time</th>
<th>Fee</th>
<th>Registration Code</th>
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<tbody>
<tr>
<td>5:15 – 5:45 p.m.</td>
<td>$84, $89 NR (6 ses)</td>
<td>303205-01</td>
</tr>
<tr>
<td>5:45 – 6:15 p.m.</td>
<td>practice time</td>
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</table>
SNOWPLOW SAM  
Ages 3 – 5  
Snowplow Sam teaches the Snowplow Sam 1 – 4 levels. It is designed to help young participants develop the coordination and strength necessary to maneuver on skates. Examples of elements taught include: standing up, forward/backward skating, forward/backward swizzles, forward one-foot glides, forward stopping, etc. Each class consists of a 30 minute group lesson and a 30 minute practice time. One parent/guardian is required to participate with his/her participant in the first two classes of the session. Parents/Guardians are required to wear skates if they wish to participate on the ice.

~A helmet (hockey/bike) is highly recommended.
~Please arrive at the arena 30 minutes prior to the group lesson on the first day of class.

Maple Grove Community Center Ice Arena  
Wednesdays, July 10 – August 14  
5:15 – 5:45 p.m.  $86, $91 NR (6 ses)  303103-01
5:45 – 6:15 p.m. practice time

SKATING SCHOOL  
Ages 6 – 12 or passed Snowplow Sam 4  
Skating School teaches the Basic 1 – 3 levels. It is designed to help participants develop the coordination and strength necessary to maneuver on skates. Examples of elements taught include: forward/backward skating, forward/backward swizzles, forward/backward one-foot glides, forward stopping, forward to backward two-foot turns, etc. Each class consists of a 30 minute group lesson and a 30 minute practice time.

~A helmet (hockey/bike) is highly recommended.
~Please arrive at the arena 30 minutes prior to the group lesson on the first day of class.

Maple Grove Community Center Ice Arena  
Wednesdays, July 10 – August 14  
5:45 – 6:15 p.m.  $86, $91 NR (6 ses)  303102-01
5:15 – 5:45 p.m. practice time

ADULT  
Ages 13 – Adult  
Adult teaches the Adult 1 – 6 levels. It is designed to help participants develop the coordination and strength necessary to maneuver on skates. Examples of elements taught include: forward/backward skating, forward/backward swizzles, forward/backward one-foot glides, forward stopping, forward/backward two-foot turns, etc. Each class consists of a 30 minute group lesson and a 30 minute practice time.

~A helmet (hockey/bike) is highly recommended.
~Please arrive at the arena 30 minutes prior to the group lesson on the first day of class.

Maple Grove Community Center Ice Arena  
Wednesdays, July 10 – August 14  
6:15 – 6:45 p.m.  $86, $91 NR (6 ses)  303106-01
5:45 – 6:15 p.m. practice time

ADVANCED SKATING SCHOOL  
Participants who have passed Basic 3  
Advanced Skating School teaches the Basic 4 – 6 levels. Examples of elements taught include: forward/backward crossovers, forward outside/inside three turns, hockey stops, forward spirals, backward to forward two-foot turns, etc. Each class consists of a 45 minute group lesson and a 60 minute practice time.

~Skating attire is highly recommended and jeans are not allowed. Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggins, athletic wear, etc.
~Please arrive at the arena 20 minutes prior to the group lesson on the first day of class.

Maple Grove Community Center Ice Arena  
Wednesdays, July 10 – August 14  
7:00 – 7:45 p.m.  $92, $97 NR (6 ses)  303107-01
5:45 – 6:45 p.m. practice time

JUNIOR CLUB 1  
Participants who have passed Basic 6  
Junior Club 1 teaches the Pre-Free Skate – Free Skate 1 levels. Examples of elements taught include: forward inside open mohawks, basic forward outside/inside consecutive edges, upright spins, waltz jump, half flip jump, toe loop jump, etc. Each class consists of a 60 minute group lesson and a 60 minute practice time.

~Skating attire is highly recommended and jeans are not allowed. Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.
~Please arrive at the arena 20 minutes prior to the group lesson on the first day of class.

Maple Grove Community Center Ice Arena  
Wednesdays, July 10 – August 14  
7:45 – 8:45 p.m.  $98, $103 NR (6 ses)  303108-01
6:30 – 7:25 p.m. practice time

JUNIOR CLUB 2  
Participants who have passed Free Skate 1  
Junior Club 2 teaches the Free Skate 2 – 3 levels. Examples of elements taught include: basic backward outside/inside consecutive edges, alternating mohawk/crossover sequence, beginning/advanced back spins, salchow jump, loop jump, etc. Each class consists of a 60 minute group lesson and a 60 minute practice time.

~Skating attire is highly recommended and jeans are not allowed. Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.
~Please arrive at the arena 20 minutes prior to the group lesson on the first day of class.

Maple Grove Community Center Ice Arena  
Wednesdays, July 10 – August 14  
7:45 – 8:45 p.m.  $98, $103 NR (6 ses)  303109-01
6:30 – 7:25 p.m. practice time
SENIOR CLUB
Participants who have passed Free Skate 3
Senior Club teaches the Free Skate 4 – 6 levels. Examples of elements taught include: forward/backward power three turns, the waltz eight, sit spin, camel spin, flip jump, the axel, etc. Participants will have access to the on-ice harness and off-ice harness. Each class consists of a 60 minute group lesson, 30 minute off-ice group lesson, and a 60 minute practice time. ~*Skating attire is highly recommended and jeans are not allowed. Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.*~
~*Please arrive at the arena 20 minutes prior to the group lesson on the first day of class.*~
Maple Grove Community Center Ice Arena
Wednesdays, July 10 – August 14
7:00 – 8:45 p.m. $110, $115 NR (6 ses) 303110-01
5:45 – 6:45 p.m. practice time

BRIDGE BEYOND THE BASICS
Participants who are ALSO registered for Pre-Free Skate – Free Skate 6
Elements in Pre-Free Skate – Free Skate 6 are difficult and many participants repeat these levels. Participants will receive both group and individualized instruction that will assist participants to pass the Pre-Free Skate – Free Skate 6 levels. The focus of this class will be the individual participant. Each participant will concentrate on the specific elements that must still be achieved by the participant in order to pass the Pre-Free Skate – Free Skate 6 levels. Participants will have access to the on-ice harness at the Free Skate 4 – 6 levels. This is an additional class offered exclusively to participants who are also registered for Pre-Free Skate – Free Skate 6. Participants must continue to be registered for Pre-Free Skate – Free Skate 6 in order to participate in Bridge Beyond The Basics. ~*Skating attire is highly recommended and jeans are not allowed. Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.*~
~*Please arrive at the arena 20 minutes prior to the group lesson on the first day of class.*~
Maple Grove Community Center Ice Arena
Wednesdays, July 10 – August 14
7:00 – 7:45 p.m. $92, $97 NR (6 ses) 303111-01

HIGH BRIDGE BEYOND THE BASICS
Participants who have passed Free Skate 6
High Bridge Beyond The Basics teaches advanced elements and assists in preparing participants for U.S. Figure Skating introductory tests and competitions. Participants will receive both group and individualized instruction. There will be a progression of class levels that will focus on stroking/edges/power skating/spins/jumps, the on-ice warm up and off-ice cool down, proper ice etiquette, U.S. Figure Skating Moves in the Field patterns, U.S. Figure Skating test/competition elements, proper stretching techniques, goal setting/positive thinking, boot/blade education, and parent/guardian education. Participants will have access to the on-ice harness and off-ice harness. Each class consists of a 60 minute group lesson, 30 minute off-ice group lesson, and a 60 minute practice time. ~*Skating attire is highly recommended and jeans are not allowed. Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.*~
~*Please arrive at the arena 20 minutes prior to the group lesson on the first day of class.*~
Maple Grove Community Center Ice Arena
Wednesdays, July 10 – August 14
7:00 – 8:45 p.m. $110, $115 NR (6 ses) 303112-01
5:45 – 6:45 p.m. practice time

To register, webtrac.maplegrovemn.gov Register on April 24 for most programs, April 25 for swimming
Open Freestyle
Participants who have passed Basic 6 or Adult 4
Open Freestyle is a 60 minute session where a participant can make use of additional practice time on a full sheet of ice, and if interested, private lessons with a U.S. Figure Skating Coach. Open Freestyle is available to participants who have passed Basic 6 or Adult 4 and above. Private lessons are available and contracted separately between a participant and a U.S. Figure Skating Coach. The use of the on-ice harness will be available on this session and may be used only by a participant along with a Maple Grove Skating School staff member who has been trained in the use of the on-ice harness. Registration fees submitted here only provide entrance and access to the Open Freestyle ice session. The Maple Grove Community Center All Building Membership or Open Ice Skating Coupons are NOT VALID for Open Freestyle. If you are interested in more information regarding Open Freestyle or private lessons, please contact the Skating Director, Mandy Pirich, at 763-494-5967 or email maskatingschool@maplegrovemn.gov with any questions.
If a participant does not pre-register for Open Freestyle, the fee for each 60 minute session will be $15.00 and payable to the Maple Grove Ice Arena Attendant before the session begins.
~Skating attire is highly recommended and jeans are not allowed. Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.
Maple Grove Community Center Ice Arena
Tuesdays, July 9 – August 13
12:00 – 1:00 p.m. $74, $79 NR (6 ses) 303114-01

Wednesdays, July 10 – August 14
4:15 – 5:15 p.m. $74, $79 NR (6 ses) 303114-02

Jump To New Heights
Off-Ice Harness Class
Participants who have passed Basic 6
Jump To New Heights is an off-ice harness class that teaches proper jump rotation utilizing the off-ice harness. This 15 minute class is limited to 3 participants and will offer off-ice harness instruction and off-ice jump technique instruction. Participants will receive immediate feedback and analysis of his/her jump rotation. Mastering jump rotation is essential when learning new on-ice jumps and/or perfecting already consistent on-ice jumps. Participants may wear either their skates or shoes during this class.
~Skating attire is highly recommended and jeans are not allowed. Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.
Maple Grove Community Center Ice Arena
Sundays, May 26 – June 9
9:00 – 9:15 a.m. $15, $20 NR (3 ses) 303113-01
9:15 – 9:30 a.m. $15, $20 NR (3 ses) 303113-02

Sundays, July 7 – August 11 (ex July 21 & August 4)
9:00 – 9:15 a.m. $20, $25 NR (4 ses) 303113-03
9:15 – 9:30 a.m. $20, $25 NR (4 ses) 303113-04

Tuesdays, July 9 – August 13
11:35 – 11:50 a.m. $30, $35 NR (6 ses) 303113-05

Summertime Clinic
Participants who have passed Basic 6
The Maple Grove Skating School Summertime Clinic is designed for participants who are interested in an expanded training program. The class will be conducted both on the ice and off the ice. Participants will learn Artistry in Motion, Power Skating, Moves in the Field, Strength Training, Body Awareness, and Jump Preparation.
~ In order to be eligible for the 2020 Maple Grove Ice Show’s Artistry In Motion group number, participants must register for the 2019 Summer Training Clinic.
~ Skating attire is highly recommended and jeans are not allowed. Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.
~ Please bring a jump rope, water bottle, healthy snack, and athletic footwear.
~ Please arrive at the arena 15 minutes prior to the Summer Training Clinic on the first day of class.
Maple Grove Community Center Ice Arena
Tuesdays, July 9 – August 13
1:15 – 3:30 p.m. $144, $149 NR (6 ses) 303115-01
MUSIC FOR EVERYONE
This is a program that offers private music lessons and group activities for students of all ages, from pre-schoolers to adults. The cities of Maple Grove, Brooklyn Park, Golden Valley, New Hope and Plymouth have formed this music consortium to present quality music instruction to their residents. Persons not living in one of the above communities have the opportunity to take part in these lessons, but will be charged an additional $10 non-resident fee per program.

PRIVATE LESSONS
Ages 7 – Adult
The private music lesson program is ultimately designed to be a 12 month continuum for the entire year. Registration fees are taken on a quarterly basis. New students can enroll for private lessons at any time during the quarter, as space allows and fees can be pro-rated. Lesson times will be arranged by individual teachers. All private lessons are 30 minutes long and meet once per week. Additional costs will occur for lesson books and materials. In the event that an instructor has to cancel due to an emergency, the instructor will try to make-up the lesson or a refund will be issued at the request of the participant. The lessons are held at the Maple Grove Community Center and the Village Hall at Lakeview Knolls Park, 9401 Fernbrook Lane, (upper Arbor View parking lot).

The summer session begins the week of June 10 and excludes the week of July 3. A variety of days and times are offered. Call Alyssa (763-509-5224) to arrange a private lesson day and time prior to registration.

$198.00 residents, $208.00 non-residents • 9 lessons
(non-resident fees are charged to participants not living in a member city)Registration is available in person during Parks & Recreation business hours, by secure fax 763-494-6456, or by mail.
• Bring receipt to first lesson.

FIRST STEPS IN MUSICLAND
Ages 18 months - 4 years with a parent
This preschool class teaches toddlers basic musical concepts. In this educational class, parents and children will have fun dancing, singing and playing instruments while the children learn valuable skills such as rhythm, eye-hand coordination, gross motor and focused learning. This class is taught by a licensed music educator. Come for fun and leave with a foundation for future musical skills and knowledge. Parents participate with their child. All registration accepted immediately.

Village Hall at Lakeview Knolls, 9401 Fernbrook La N (upper Arbor View parking lot)
Mondays, June 10 – August 5 (ex July 1), 8 lessons
9:30 - 10:15 a.m. $68(R), $76(NR) 304108-01
10:20 - 11:05 a.m. $68(R), $76(NR) 304108-02

PIANO FOR LITTLE MOZARTS
Ages 4 - 6
Find a friend or a sibling to explore beginning steps at the piano with a Little Mozart’s partners lesson. Students will receive a fantastic jump start on the piano with hands-on activities. Each lesson includes music facts, movements, singing, percussion instruments and time on the keyboard. Students will also be exposed to the rich heritage of classical music by some of the greats–Mozart, Beethoven, and many more. Children should know their numbers 1-5 and letters A-G before starting this class. All registration accepted immediately.

Village Hall at Lakeview Knolls, 9401 Fernbrook La N (upper Arbor View parking lot)
Mondays, June 10 – August 5 (ex July 1), 8 lessons
11:15 - 11:45 a.m. $136(R), $144(NR) 304109-01
11:45 - 12:15 p.m. $136(R), $144(NR) 304109-02

GROUP LESSONS
Kids World - Creative Programs Click here for registration link

PRESCHOOL SUMMER ADVENTURE CAMP
Ages 3½ - 5
Explore nature, venture to the outdoors, be a curious scientist, get messy like Picasso! Summer is meant for play, so join other preschoolers while socializing in a fun recreational environment. Children must be fully toilet trained by the start of the program and age 3½ by June 1, 2019. Come join the fun while developing new friendships! Children will be both indoor and outdoor, so please have them wear sunscreen. Instructor, Barb Hiltner.
Maple Grove Community Center
Monday - Thursday, June 24 - 27
1:30 – 3:30 p.m. $64 305306-11

PRESCHOOL ADVENTURES
Ages 3½ - 5 (without a parent)

Flip Flop Fanatics!
Put a little flip in your flops this summer, your feet are sure to love it! Come create a fun “flip flop” project, have fun with friends and enjoy a flipping good snack. Wear your flip flops and you will be a “shoe” in for a great class. Come join us for this fun adventure! Instructor, Barb Hiltner.
Maple Grove Community Center
Monday, June 17
1:00 – 3:00 p.m. $14 305306-01

Fishing Frenzy!
Have you ever gone fishing? Come explore how much fun it is to catch the BIG one! We will use our pretend fishing poles to reel it in! Learn about the many types of fish there are and where they live. At the art table we will create a “fishy” project and enjoy a fun snack! Instructor, Barb Hiltner.
Maple Grove Community Center
Monday, July 15
1:00 – 3:00 p.m. $14 305306-02

Teddy Bear Picnic
What could be more fun than a picnic with your Teddy? Bring your favorite teddy bear or stuffed animal for this special day full of fun! We will prepare a basketful of goodies, grab our blankets/towels, head outside for our “special” picnic. Come and join us. Instructor, Barb Hiltner.
Maple Grove Community Center
Monday, July 29
1:00 – 3:00 p.m. $14 305306-03

We Love Ice Cream!
Who doesn’t love ice cream on a hot summer day! Do you know how ice cream is made? Come explore the many colors and flavors! YUMMY, what is your favorite flavor? We will make a “pretend” ice cream treat followed by eating the real deal! Instructor, Barb Hiltner.
Maple Grove Community Center
Monday, August 5
1:00 – 3:00 p.m. $14 305306-04

Lions, Tigers & Bears!
Who lives at the zoo? Come explore and learn about the many great animals that we see at the zoo. Let’s sing our favorite zoo songs while making all kinds of sounds we might hear at the zoo! Come create a “zoo-pendous” project, while enjoying a special treat! Instructor, Barb Hiltner.
Maple Grove Community Center
Monday, August 12
1:00 – 3:00 p.m. $14 305306-05

BEGINNING SCRAPBOOKING
Entering grades 2 – 6
Come have fun with us as we learn to decorate, journal and save your memories in a scrapbook. The class requires you to bring approximately 24-36 photos of holiday, birthday and/or other fun photos to work with during class; everything else is provided! This is a project that you and your family will treasure for a long time. In the one day classes, kids will each get a coordinated kit that is unique and fun to work with. In the two day class, children will get an album and will have more time to learn additional scrapbooking techniques. Instructor, Joyce Deane.
Kerber Park Shelter Bldg, 9095 Elm Creek Blvd
Monday, June 24
10:00 – 12:00 p.m. $16 305310-01
Maple Grove Middle School Park Shelter Bldg, 7000 Hemlock Ln
Monday, July 29
10:00 – 12:00 p.m. $16 305310-02
Elm Creek School Shelter Bldg, 9820 Revere Lane
Monday & Wednesday, August 19 & 21
10:00 – 12:00 p.m. $32 305310-03
Kidcreate Studio - Ages 1½ - 6 Years Click here for registration link

Kidcreate Studio launches children into the incredible world of art. Their energized classes and camps offer an exciting format for art exploration and focus on art creation and art education. Lesson plans, designed by an art education professional, are age appropriate and devised to inspire the individual child. Teachers provide a positive, fun, self-esteem building atmosphere where children learn to express themselves through the arts. Parents can be assured their child is being educated in a supportive environment where giggles and grins are encouraged. More information can be found at www.kidcreatestudio.com.

Village Hall at Lakeview Knolls, 9391 Fernbrook Ln (upper Arbor View parking lot)

Kidcreate Studio - Ages 3 - 6

The Very Hungry Caterpillar Art Class with Kidcreate Studio
Ages 18 months - 6 years with parent
Eric Carle’s books, such as The Very Hungry Caterpillar and The Grouchy Ladybug, will be the inspiration for this bug filled class! The children will learn how Eric Carle creates his amazing images. They will paint, cut, tear, paste, collage and sculpt, as they create their own masterpieces. Children must be accompanied by a caregiver.
Thursdays, June 6 – 27
9:30 - 10:30 a.m. $56 305304-01

Color Encounter Art Class with Kidcreate Studio
Ages 18 months - 6 years with parent
Give your young artist an opportunity to explore the wonderful world of art. Your child will enjoy learning about primary and secondary colors while getting messy with lots of ooy, gooey sensory play. Each class will involve a sensory encounter and an art project. All art materials used in this class are non-toxic. Children must be accompanied by a caregiver.
Thursdays, July 11 - August 1
9:30 – 10:30 a.m. $56 305304-02

Don't Bug Me! with Kidcreate Studio
3-6 years
Back by popular demand! Did you know that 95% of all species on Earth are insects? Learn cool facts about bugs while creating a bug filled snow globe. Please pack a nut free snack and drink for your child.
Friday, July 19
9:00 a.m. – 12:00 p.m. $33 305304-04

Dinomania with Kidcreate Studio
Ages 18 months - 6 years with parent
Is your child crazy about dinosaurs? Tyrannosaurus Rex, Triceratops and Diplodocus– they love them all! The kids will learn cool facts about our extinct friends and be inspired to create fantastic works of dino art. We’ll create fossils, dino eggs, dioramas and more! A variety of art materials, such as papier mache, clay, and paint, will be used as we study these enormous creatures. Children must be accompanied by a caregiver.
Thursdays, August 8 - 29
9:30 – 10:30 a.m. $56 305304-03

Dinomania with Kidcreate Studio
Ages 18 months - 6 years with parent
Is your child crazy about dinosaurs? Tyrannosaurus Rex, Triceratops and Diplodocus– they love them all! The kids will learn cool facts about our extinct friends and be inspired to create fantastic works of dino art. We’ll create fossils, dino eggs, dioramas and more! A variety of art materials, such as papier mache, clay, and paint, will be used as we study these enormous creatures. Children must be accompanied by a caregiver.
Thursdays, August 8 - 29
9:30 – 10:30 a.m. $56 305304-03

Back to School with Kidcreate Studio
3-6 years
It's almost time for the kids to go back to school! This art project is sure to get them excited! We’ll read the book Franklin Goes to School and create a masterpiece Franklin would be proud of. Please pack a nut free snack and drink for your child.
Friday, August 23
9:00 am – 12:00 p.m. $33 305304-05
### Kidcreate Studio - Ages 4-9

#### KIDCREATE STUDIO
Kidcreate Studio launches children into the incredible world of art. For more information about Kidcreate Studio visit the web site at www.kidcreatestudio.com.

Village Hall at Lakeview Knolls, 9391 Fernbrook La N (upper Arbor View parking lot)

<table>
<thead>
<tr>
<th>Activity Name</th>
<th>Age Range</th>
<th>Description</th>
<th>Dates</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Candy Land 3D with Kidcreate Studio</td>
<td>4-9 years</td>
<td>Every kid loves playing the board game Candy Land by Hasbro®. Whether your Mally Mallo or Giggy Gumdrop you can go down the rainbow path to Peppermint Forest, the Lagoon of Lord Licorice and Princess Frostine's Ice Palace! Let your imagination soar as you make your way to King Kandy's Castle to win! In this class, we will create our own 3D version of the game on a real canvas board. Please pack a nut free snack and drink for your child.</td>
<td>Friday, June 21</td>
<td>9:00 a.m. – noon</td>
<td>$33</td>
</tr>
<tr>
<td>Unicorns and Their Fairy Friends Art Camp with Kidcreate Studio</td>
<td>4-9 years</td>
<td>Unicorns, fairies, and more mystical creatures will inspire us at this magical camp. Your child will dream of swimming with mermaids, flying on the back of Pegasus, fighting a fire-breathing dragon and more! Model Magic®, air-dry clay, paint, glitter and other magical materials will help bring their dreams to life. Please pack a nut free snack and drink for your child.</td>
<td>Monday-Thursday, July 29 – August 1</td>
<td>1:00 – 4:00 p.m.</td>
<td>$119</td>
</tr>
<tr>
<td>Sparkles Spectacular Art Camp with Kidcreate Studio</td>
<td>4-9 years</td>
<td>Is your child silly for sparkles and giddy about glitter? Sparkles simply are spectacular and kids can't get enough of them! In this camp, the kids will go sparkling crazy! They’ll create multiple projects all covered with sparkles and glitter aplenty! They’ll learn to draw, play with clay, and more as they work with a variety of different types of clay, paint and other spectacularly, sparkly art supplies. Please pack a nut free snack and drink for your child.</td>
<td>Monday-Thursday, August 19 - 22</td>
<td>1:00 – 4:00 p.m.</td>
<td>$119</td>
</tr>
<tr>
<td>Insane Slime with Kidcreate Studio</td>
<td>4-9 years</td>
<td>Sign up early for this popular class! It's silly and slimy and insanely fun. Messy Time is one of our most popular activities, and that's exactly what we'll be doing all class long! We'll get silly with silly putty, messy with muck and so much more! This is going to be a messy one, so please dress your child appropriately. Please pack a nut free snack and drink for your child.</td>
<td>Friday, August 9</td>
<td>9:00 am – 12:00 p.m.</td>
<td>$33</td>
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</table>

### Kidcreate Studio - Ages 5-12

#### Fortnite Fanatics with Kidcreate Studio
5-12 years
If your gamer can’t get enough Fortnite, we have the perfect camp for them. We’ll create art inspired by some of the most popular skins of the game, and we’ll use all the best “mats” of the art world: clay, paint, and so much more. We’ve got Brite Bomber, Durr Burger, and P.A.N.D.A Team Leader… and we’ll even make a Liteshow that really glows in the dark! There will be no need for “heals” of any kind at this camp. This is a weapon-free zone, and there will be no depictions of violence in our art. Please pack a nut free snack and drink for your child.

Mon – Thurs. June 17 - 20
1:00 – 4:00 p.m.  $119  305304-10

#### Glitter & Glow Art Camp with Kidcreate Studio
5-12 years
What rules supreme in your child’s world? Art projects that glitter or glow-in-the-dark? No need for your child to choose when you sign them up for this art camp! We will work with a variety of art supplies including clay, glow-in-the-dark paint, and of course, lots and lots of glitter! The kids will create snow globes that glow-in-the-dark, butterflies that shimmer and glimmer, an Eiffel Tower with stars that twinkle, and so much more. Glitter and glow… here we go! Please pack a nut free snack and drink for your child.

Monday-Thursday, July 15 - 18
1:00 – 4:00 p.m.  $119  305304-11

#### How to Draw a Puppy with Kidcreate Studio
5-12 years
In this class, the kids will learn how to draw an adorable puppy using a simple step-by-step process. The final project will be painted on a real canvas board! Register early for this popular class! Please pack a nut free snack and drink for your child.

Friday, July 19
1:00 – 4:00 p.m.  $33  305304-12

#### Art Academy Camp with Kidcreate Studio
5-12 years
Does your child love art? Painting, drawing, clay - it’s all awesome! Then this is the camp for them! We will experiment with many techniques, materials, and styles as we make snow globes, paint on canvas, create clay characters and more. Come ready to have an artsy good time in this highly anticipated camp! Please pack a nut free snack and drink for your child.

Monday-Thursday, August 5 - 8
1:00 – 4:00 p.m.  $119  305304-13

#### Ode to Van Gogh Art Camp with Kidcreate Studio
5-12 years
Swirls of color, starry night skies, and brightly colored sunflowers are just a few things that will inspire your young artist during this camp. We’ll learn about Vincent Van Gogh as we create starry night globes, sunflower “impasto” paintings and more. What’s impasto? Ask your child at the end of this camp! Please pack a nut free snack, lunch and a drink for your child.

Friday, August 16
9:00 am – 3:00 p.m.  $72  305304-14
**August Adventures in the Parks**  
Click here for registration link

**ADVENTURES IN THE PARK**  
Entering grades 1 - 6

Children entering grades 1 - 6 this fall can join the fun this summer. Please wear old clothing to these classes as there may be painting or gluing involved.

Registration deadline is **48 hours prior to class**.

Classes may go outdoors to play when projects are completed, so please have children wear sunscreen if needed.

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**Scavenger Hunt** • The hunt is on - the scavenger hunt, that is! You'll have a blast searching for all sorts of things in this scavenger hunt. A special prize is hiding in plain sight with clues. Can you find it?  
Gleason Fields Park Shelter Bldg, 18815 67th Ave N  
**Thursday, August 1**  
10:00 - 11:30 a.m. **$8**  
305102-01

**Papier Mache Party** • Paper mache is always a hit for kids! Learn new techniques to capture your personality while making paper mache mask. Use your creativity, or samples provided, to create the character or expression that fits YOU! Wear it for a special occasion or use it as an awesome decoration! This class is loads of fun!  
Maple Grove Middle School Park Shelter Bldg, 7000 Hemlock Ln  
**Mondays, August 5 & 12**  
10:00 - 11:30 a.m. **$18**  
305102-02

**Under the Sea!** • Dive into the deep blue sea! The ocean is home to some beautiful creatures. Learn about different zones in the ocean. Do you know what lives on the ocean floor? Kids will create their own glow in the dark jellyfish and colorful oil pastel fish, all while learning and having fun!  
Kerber Park Shelter Bldg, 9095 Elm Creek Blvd  
**Tuesday, August 13**  
10:00 – 11:30 a.m. **$9**  
305102-03

**Sun Catchers** • There are so many unique ways to capture the beauty when the sun is shining on a summer day! Come brighten up your yard, patio or windows with these illuminating spiral sun catchers! Use colorful gems of any color to create your masterpiece. Kids love creating various patterns and design using their creativity.  
Elm Creek Elementary Park Shelter Bldg, 9820 Revere Lane  
**Thursday, August 15**  
10:00 - 11:30 a.m. **$9**  
305102-04

**Glow in the Dark** • Kids love fireflies! Glow in the dark fun never gets old, and it lights up your world, even after the sun goes down! Using a variety of glow in the dark supplies, kids will be amazed at their creations! Come light up your day!  
Maple Grove Middle School Park Shelter Bldg, 7000 Hemlock Ln  
**Monday, August 19**  
10:00 - 11:30 a.m. **$9**  
305102-05

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To register, webtrac.maplegrovemn.gov  
Register on April 24 for most programs, April 25 for swimming
PRAIRIE FIRE CHILDREN’S THEATRE
"Beauty and the Beast"
Entering Grades 2 – 12
An unjust prince, a gypsy curse, and a young girl who sees beyond appearances. Directors’ roles: Poppa/The Beast (dual role) and Serafina the Queen of the Gypsies. Cast includes: Beauty, her sisters & brothers, the Prince, his servants Major & Minor Domo, the painter, the gardener, the cook, the maid, and the doctor, the gypsies, the Madrigals, the Gargoyle, and the Roses.

Auditions are open to pre-registered children entering grades 2-12. All pre-registered auditioners will receive a part. The audition process lasts up to two hours and all auditioners are required to be in attendance the complete time. No preparation is necessary for the audition. Rehearsals for some parts may begin immediately following auditions. Each actor will receive a rehearsal schedule at auditions. Performances are at 7:00 p.m. on Friday and Saturday, July 26 and 27. Performances free of charge. For more information call 763-494-6516.

Maple Grove Middle School, Auditorium, 7000 Hemlock Lane
Mon-Sat, July 22-27 $106 305307-01
Monday 1:00 p.m. – 3:00 p.m., auditions. Short rehearsal for a few cast members immediately following auditions.
Tuesday – Thursday 1:00 p.m. – 5:15 p.m. rehearsal
Friday 3:00 p.m. dress rehearsal, 7:00 p.m. performance
Saturday, 7:00 p.m. performance

POW! GIRLS’ RUNNING TEAM
Entering grades 3 - 5
The POW! Girls’ Running Team is a 9-week summer program for girls. Delivered through an interactive game-based curriculum that promotes play and laughter, POW! combines self-esteem enhancing lessons and growth mindset focused activities to develop each participant physically, mentally, emotionally, and socially. Girls will be empowered with positive self-awareness, increased confidence, individual goal setting strategies, and a sense of achievement by training and completing a 5K all while discovering their inner grit and celebrating what makes them unique! Participants and Junior Coaches will participate in the Gopher to Badger 5K on Saturday, August 10th in Hudson, WI. Instructor, Taren Weyer, “Powered on Well”. Fee includes: T-shirt, daily snack & 5K registration.

Weaver Lake Community Park (8401 Dunkirk Ln N, meet at the picnic pavilion)
Tuesdays & Thursdays, June 11 – August 8 (ex July 4)
10:30 a.m.– 12:00 p.m. $300 (17 ses) 305113-01

POW! GIRLS’ RUNNING TEAM (JUNIOR COACHING)
Entering grades 6th – High School
POW, Girls’ Running Team welcomes girls entering 6th grade – high school to participate as a junior coach! An excellent opportunity to build a leadership portfolio, gain community service experience, maintain or grow her love of running, and have fun while helping others.

Participants and Junior Coaches will participate in the Gopher to Badger 5K on Saturday, August 10th in Hudson, WI. Instructor, Taren Weyer, “Powered on Well”. Fee includes: T-shirt, daily snack & 5K registration.

Weaver Lake Community Park (8401 Dunkirk Ln N, meet at the picnic pavilion)
Tuesdays & Thursdays, June 11 – August 8 (ex July 4)
10:30 a.m.– 12:00 p.m. $150 (17 ses) 305113-02
Camp MG *NEW*  Click here for registration link

DAY CAMP FOR KIDS AGES 8 - 12

CAMP MG

Join us this summer at CAMP MG.

Mon, Aug. 19th – Thurs, Aug. 22nd
8:30am-4:00pm
$155/Camper

Registration code: 305101-01

This inaugural day camp is filled with new excursions each day and is sure to be a hit! CAMP MG will highlight a new location each day and unleash the opportunities for creative camp programming.

Each day a new ADVENTURE!!

Each day will include an afternoon snack. Campers should bring along a water bottle, sunscreen and bag lunch each day.

Registration is on a first come first serve basis. An additional letter will be sent home to give you more specifics of the daily camp details and camp procedures. Camp maximum is 40. Registration closes when full or August 9th.
(Sorry, there is no extended care nor transportation offered for this program.)

Monday, August 19
8:30am-4:00pm
Drop off and pick up at Central Park, 12000 Central Park Way
Today we will explore the award winning Central Park. Highlights of this day include splash pad and playground fun, large group games on The Lawn, obstacle course competitions on The Loop, and a 25’ Climbing Wall experience.

Tuesday, August 20
8:30am-4:00pm
Drop off and pick up at Weaver Lake Park, 8401 Dunkirk Ln N
Surrounded by beach front we will enjoy a day of nature exploring, kayaking and beach volleyball. The picnic pavilion will be our home base. Kids will have the opportunity to explore the trails, play kickball on the baseball fields and enjoy the many other amenities Weaver Lake Park has to offer.

Wednesday, August 21
8:30am-4:00pm
Drop off and pick up at Elm Creek Arboretum Pavilion, 9400 Fernbrook Lane N
We’ll have fun exploring the Elm Creek Arboretum trails and baiting our hooks for some fishing. We’ll take a walking excursion to nearby Lakeview Knolls Park for pickleball, archery and playground fun.

Thursday, August 22
8:30am-4:00pm
Drop off and pick up at Maple Grove Community Center, 12951 Weaver Lake Rd
The last day of camp will land us at the Maple Grove Community Center. We will hit all the favorites - group games in the gym, swim in the pool, explore the Maple Maze and games in the Teen Center. Parents are welcome to join us for at the Lions Pavilion at 3:30pm as we end our camp with an ice cream social and camp awards!
INTRODUCTION TO JAZZ, TAP & BALLET
Ages 5 - 7
Welcome to the world of dance! This Jazz, Tap and Ballet class is for dancers who would like to learn dance routines through a variety of games and activities. Participants will dance to a variety of musical styles to learn techniques. Emphasis will be on having fun. Tap shoes are required, and if needed, they can be purchased at Payless Shoes. Ballet shoes are recommended but not required. Please wear comfortable clothing.
Maple Grove Middle School, Cafeteria, 7000 Hemlock Lane
Tuesdays, June 11 - July 23
6:40 – 7:30 p.m. $49 (7 ses) 305404-01
**Fitness & Movement**

**Tumbling**

**Gymnastics**

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**KIDS IN MOTION**

_Ages 18 month-with a parent & 3½ - 6 without a parent_

Come move with us! This class is all about fitness and movement. Exciting games and fitness activities that develop a child’s mind and body are all included. This class will focus on fun and fitness while achieving a good sense of self-awareness. Instructor, Renae Cole.

Maple Grove Community Center, Gym  
Thursdays, July 11 - August 22 (ex Aug. 8)  
9:30 - 10:15 a.m. $42 (6 ses)  
305108-01

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**TINY TOT GYMNASTICS**

_Ages 2 & 3 with a parent_

Come on little ones, here is your chance to try out your tumbling skills in a safe environment. In this class children will be introduced to a variety of mat exercises, low balance beam, tumbling and games that develop coordination. **Students should wear leotards or shorts, please no tights.**

Maple Grove Middle School, Auxiliary Gym, 7000 Hemlock Lane  
Wednesdays, June 19 – August 14 (ex July 3)  
5:30 - 6:05 p.m. $52 (8 ses)  
6:15 – 6:50 p.m. $52 (8 ses)  
305106-01

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**TINY TOT GYMNASTICS**

_Ages 3½ - 4_

This course is designed to be movement based and will focus on development of coordination. Tumbling, uneven bars, low balance beam and a variety of mat exercises will be introduced. Parent viewing first and last lesson only. Child must be 3½ years of age by the start of class. **Students should wear leotards or shorts, please no tights.**

Maple Grove Middle School, Auxiliary Gym, 7000 Hemlock Lane  
Wednesdays, June 19 – August 14 (ex July 3)  
7:00 - 7:45 p.m. $52 (8 ses)  
305106-03

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**PRE-SCHOOL BEGINNING TUMBLING/GYMNASTICS**

_Ages 4½ - Kindergarten_

This course will include tumbling, low balance beam work and a variety of mat exercises. Child must be 4½ years of age by the start of class. Leotards or shorts may be worn, no tights. Lessons missed by students will not be made up. **Parent viewing first and last lesson only.**

Maple Grove Middle School, Auxiliary Gym, 7000 Hemlock Lane  
Tuesdays, June 18 - August 20 (ex July 2 & August 13)  
6:00 – 6:45 p.m. $52 (8 ses)  
7:00 - 7:45 p.m. $52 (8 ses)  
305107-01  
305107-02

Thursdays, June 20 - August 15 (ex July 4)  
5:30 - 6:15 p.m. $52 (8 ses)  
305107-03

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**ELEMENTARY GYMNASICS**

_Entering grades 1 - 6_

A program designed whereby students complete a variety of skills before moving on to a more difficult level. Students should wear leotards or shorts, please no tights. Lessons missed by students will not be made up. **Parent viewing first and last lesson only.**

Instructor, Jodi Hartwig.  
- **Beginner 1** - No previous experience or limited instruction.  
- **Beginner 2** - Completed Beginner 1 or tested to verify ability.  
- **Intermediate** - Completed Beginner 2 or tested to verify ability.

Maple Grove Middle School, Auxiliary Gym, 7000 Hemlock Lane  
Mondays, June 17 – August 12 (ex July 1)  
6:00 - 7:00 p.m. · **Beginner 1** $56 (8 ses)  
7:05 - 8:05 p.m. · **Beginner 1** $56 (8 ses)  
305105-01  
305105-02

Thursdays, June 20 - August 15 (ex July 4)  
6:20 – 7:20 p.m. · **Beginner 1** $56 (8 ses)  
7:25 - 8:25 p.m. · **Beginner 2/Int** $56 (8 ses)  
305105-03  
305105-04

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**KIDS IN MOTION**

_Ages 18 month-with a parent & 3½ - 6 without a parent_

To register, webtrac.maplegrovemn.gov  
Register on April 24 for most programs, April 25 for swimming
KICKIN KIDS (SOCCER) FOR KIDS AGES 5 & 6
Welcome to MG Park and Rec Kickin Kids! All practices and games will take place at Maple Lake Park centrally located in Maple Grove.

We took your feedback and are excited to launch our improved program. Each team will be made up of an approximately 10 children and two coaches. You may choose to sign up for the 9:30am or 10:45am daytime program or the 5:30pm or 6:45pm evening program. Program location and days of the week will stay consistent! The first 2 weeks will be practices. The following 4 weeks will be a combination of games and practices with a minimum of 4 games. Schedules will be sent to you by email one week in advance to program start date. We will end the season with a parent/child game and participation medals.

This program is an introduction class that focuses on soccer fundamental skills, sportsmanship and fun. Kids will learn soccer skills through interactive games and drills. New dry fit soccer jerseys are included. Bring a water bottle to class each day and wear tennis shoes and shin guards (soccer cleats are optional). Size 3 balls are provided. Team pictures will take place the 2nd week of practice.

Mondays & Wednesdays Daytime – June 12th – July 29th (no program July 1st & 3rd)
Maple Lakes Park, 12191 85th Ave N
Max 40 per time slot (approximately 10 per team)
9:30-10:30 am $115 $120 NR 305202-01
10:45-11:45am $115 $120 NR 305202-02

Mondays & Wednesdays Evening – June 12th – July 29th (no program July 1st & 3rd)
Maple Lakes Park, 12191 85th Ave N
Max 40 per time slot (approximately 10 per team)
5:30-6:30 pm $115 $120 NR 305202-03
6:45-7:45 pm $115 $120 NR 305202-04

LIL SPORTS FOR 4 YEAR OLDS!
Explore t-ball and soccer activities while having fun! Kids will learn through interactive age appropriate skill games. Bring a water bottle to class each day and be ready for some fun! Fee includes a dry fit t-shirt and end of season popsicle and participation ribbon ceremony.

Mondays & Wednesdays Daytime – June 12th – July 29th (no program July 1st or 3rd)
Crosswinds, 15301Weaver Lake Rd
Max 15 per time slot
9:30-10:15 am $115 $120 NR 305203-01
10:30-11:15am $115 $120 NR 305203-02

Mondays & Wednesdays Evening – June 12th – July 29th (no program July 1st or 3rd)
Grove West, 7520 Inland Lane N
Max 15 per time slot
5:00-5:45 pm $115 $120 NR 305203-03
6:00-6:45 pm $115 $120 NR 305203-04
7:00-7:45 pm $115 $120 NR 305203-05

Tuesdays & Thursday Daytime - June 11th – July 25th (no program July 2nd & 4th)
Crosswinds, 15301Weaver Lake Rd
Max 15 per time slot
9:30-10:15 am $115 $120 NR 305203-06
10:30-11:15am $115 $120 NR 305203-07

Tuesdays & Thursday Evening - June 11th – July 30th (no program July 2nd, 4th, & 11th)
Grove West, 7520 Inland Lane N
Max 15 per time slot
5:00-5:45 pm $115 $120 NR 305203-08
6:00-6:45 pm $115 $120 NR 305203-09
7:00-7:45 pm $115 $120 NR 305203-10
T-Ball 1: This is an introduction class that focuses on basic baseball fundamental skills, sportsmanship and fun. Kids will learn skills through interactive games and drills.

Tball 2: (Intro to Coach Pitch): This program will continue and expand on skills learned in Tball 1.

**T-Ball FOR KIDS AGES 5 & 6**

Join us the summer for some TBALL in MG! Each team will be made up of an approximately 10 children with a max of 15 and two coaches. You can select either Mon/Wed or Tues/Thurs options. There are three time slots available with a max of 30 per time slot. The first 2 weeks will be practices. The following 4 weeks will be a combination of games and practices with a minimum of 4 games. Program days of the week will stay consistent! Game times will be either at your scheduled practice time or 6:10pm. Schedules will be handed out the first day of practice. We will end the season with a parent/child game and participation medals. New dry fit jerseys are included. Bring a water bottle to class each day and wear tennis shoes. Team pictures will take place the 2nd week of practice.

**TBALL 1**

**Ages 5 & 6**

Mondays & Wednesdays Evening - June 12th – July 29th (no program July 1st & 3rd)
Lakeview Knolls, 9391 Fernbrook Lane N
Max 30 per time slot

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<tr>
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<tr>
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Tuesdays & Thursday Evening - June 11th – July 30th (no program July 2nd, 4th & 11th)
Maple Creek, 18230 72nd Pl N
Max 30 per time slot

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<td>7:20-8:20 pm</td>
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**TBALL 2**

**Age 6**

Mondays & Wednesdays Evening - June 12th – July 29th (no program July 1st & 3rd)
Lakeview Knolls, 9391 Fernbrook Lane N
Max 30 per time slot

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Tuesdays & Thursday Evening - June 11th – July 30th (no program July 2nd, 4th & 11th)
Maple Creek, 18230 72nd Pl N
Max 30 per time slot

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**Registration starts Tuesday, April 23 at 9:00 a.m. for T-Ball, Kickin’ Kids & Lil’ Sports Sampler!**

To register, webtrac.maplegrovemn.gov

Register on April 23 for T-Ball, Kickin Kids and Lil’ Sports
SCIENCE EXPLORERS

It's All Right Here - Healthy Minds, Healthy Bodies!!
These classes are designed to meet the needs of children by providing them with high quality, hands-on science programs. Class fee includes all supplies.

Dynamite Dinosaurs
Ages 3½ - 6
Enter the Science Explorers' time machine and journey back to a world where dinosaurs ruled the earth. Become a paleontologist to learn how enormous or small these amazing creatures were, plus participate in a "mini" dino dig. You will have a dynamite time with hands-on experiments, studying fossils and much more.
Thoresen/Eagle Lake Community Building, 6259 Eagle Lake Dr.
Tuesday - Thursday, May 28 - 30
9:30 - 11:30 a.m. $56 305702-01

Buggy for Bugs
Ages 3½ - 6
Are you buggy for bugs? Do you like the creepy, crawlers of the immense insect world? Then join us as we investigate the two types of metamorphosis, discover how some bugs live in colonies, and how bugs eat, smell and survive. You will construct your own bugs, weave a web and more in this fun, hands-on class.
Thoresen/Eagle Lake Community Building, 6259 Eagle Lake Dr.
Tuesday - Thursday, June 11 - 13
10:00 a.m. - noon $56 305702-02

Science in the Kitchen
Ages 3½ - 6
Our kitchens can be amazing science labs...so join Science Explorers as we throw open the kitchen cabinets and enjoy fun, "hands-in" science. We will explore states of matter, chemical reactions and more with experiments that bubble, fizzle, crackle and pop. Be sure to dress so you can get messy. Note: Flour, cornstarch, oil and other common kitchen ingredients may be used, but not consumed.
Thoresen/Eagle Lake Community Building, 6259 Eagle Lake Dr.
Tuesday - Thursday, June 11 - 13
1:00 - 3:00 p.m. $56 305702-03

Fascinating Physics
Ages 3½ - 6
In Fascinating Physics, preschoolers will use their natural curiosity to explore physics, the science of motion. We will investigate force, friction, gravity, simple machines and much more with engaging activities and experiments. Lego® and K'NEX® building systems will also be used to enhance our learning. Please join us for this exciting, Jr. STEM class as we take our first steps into the fascinating world of physics.
Thoresen/Eagle Lake Community Building, 6259 Eagle Lake Dr.
Monday - Thursday, July 15 - 18
1:00 - 3:00 p.m. $74 305702-04

Crazy Chemistry
Entering grades 1 - 5
Join Science Explorers as we become crazy chemists! We will investigate the Periodic Table and learn about its families with fun and exciting experiments as we discover the science side of STEM. We will break some chemical bonds, get messy with polymers and much more. Our classes are hands-on...so be sure to dress for a mess!
Thoresen/Eagle Lake Community Building, 6259 Eagle Lake Dr.
Monday - Thursday, August 19 - 22
10:00 a.m. - noon $71 305702-07

Young Inventors
Entering grades 2 - 6
You don't need to have gray hair and wrinkles to be an inventor. Children are natural inventors. Did you know that a child invented the popsicle or that a 16 year old invented the trampoline? Join Science Explorers as we explore electricity and pneumatics, plus modify past inventions by Samuel Morse, the Wright Brothers and others. Then become inspired by other kid inventors as you design and build your own inventions using a wide variety of simple materials.
Thoresen/Eagle Lake Community Building, 6259 Eagle Lake Dr.
Monday - Thursday, August 19 - 22
1:00 - 3:00 p.m. $71 305702-08
Engineering For Kids brings science, technology, engineering, and math (STEM), to kids in a fun and challenging way through classes, camps, clubs, and parties. We are proud to inspire children to build on their natural curiosity by teaching engineering concepts through hands-on learning. Engineering is, after all, one of the fastest growing industries in the world!

**ZOO CAMP**
*Grades K-3*

 Traverse tricky terrain, shake claws with lobsters and design ecosystems in this life science camp! Discover wildlife adaptations, the differences in habitats and what’s necessary for each biome’s survival. Students travel from the sands of the Sahara to the peaks of the Himalayas in search of unique and complex creatures. Zoo Camp delivers an engaging, experience around the Earth’s biospheres and the vital roles animals play.

**MAGIC BEANS CAMP**
*Grades K - 3*

From Jack and the Beanstalk to the golden touch of King Midas, fairy tales have always engaged and captured imaginations. In Magic Beans, exotic, far-away lands, magical powers and the eternal theme of good versus evil come to life in thrilling engineering, language arts and collaborative communication challenges. Inside the world of princesses and wizards, students boost fluency, vocabulary and comprehension as they act out different folktales. Engaging in manipulative-based engineering activities, they’ll work together to build the characters and stage props needed throughout camp. Every day, sprinkle in some imagination, a handful of magic and let fiction fly in Magic Beans Camp.

**JR STEM CAMP: JR INVENTORS WORKSHOP**
*Grades K-3*

Engineers invent things to solve problems! This workshop is a week of fun, creativity, and of course-engineering! Students will invent new machines and explore creative design solutions using the Engineering Design Process. Discover how a wind-up toy works and design your own drawing robot.

**TREASURE HUNTERS**
*Grades 4 - 8*

Jump on board and join the crew to work together to explore everyday engineering challenges to find buried treasure. During this week we focus on mechanical and marine engineering. Campers will explore the ideas of buoyancy and surface area as they design their pirate ships, the sails for their ships, and a system to retrieve sunken treasures! So what do you say; Are you ready to sail the seas? Being a Treasure Hunter involves more than just searching for buried treasure. Our Engineering For Kids campers have to engineer ways to build their ship, load it up and sail around the world. Sometimes, buried treasure isn’t found on an island but in a dark cavern far below the ocean’s surface. Campers take home the projects they build.

**THE SCIENCE OF SUPERPOWERS**
*Grades K-3*

The world of comic books is full of heroes, villains, challenges and triumphs! Students dissect superhero skill-sets to uncover the science behind super powers. Through exercises in biology, engineering and technology, students see what it takes to have Superman and Spider-Man powers and recognize real-life heroes. Dive head first into the pages of comic books.

To register, webtrac.maplegrovemn.gov

Register on April 24 for most programs, April 25 for swimming
Safe, Smart & Strong  Click here for registration link

HOME ALONE - FOR PARENTS & CHILDREN  
Youth & Adults
Is your child prepared to stay home alone? Does he or she know what to do in case of a fire, if there is a stranger at the door, when friends come to play, when using the internet, if they get hungry and want a snack? Be sure that you have the frank conversations and all of the necessary tools in place so your child is well equipped to stay home without an adult. Home Alone is taught by Sheryl Nefstead, a District 279 teacher with significant experience teaching teen safety and home life skills. She will guide you and your child through the important questions to consider and share the tools you need before you make the important decision to leave your child home alone. A Maple Grove Police Officer will provide your family with Hennepin County guidelines, various safety considerations and a child safety checklist. This class will help your child feel comfortable and provide you with the information you need to assure that your family is safe in all settings, but mostly when you prepare for the big step of leaving your child home alone. Instructors, Sheryl Nefstead & Maple Grove Police Officer.
Maple Grove Middle School, Room 131/134, 7000 Hemlock Ln
Monday, August 12
6:30 – 8:00 pm  $14.00 - student  305502-01
$5.00 - parent (required)  305502-01
$5.00 - additional person  305502-01

BABYSITTING WORKSHOPS  
Ages 11 - 15
This course is ideal for current and future babysitters, teaching them the best ways to be safe and keep the children in their care safe. Training for real life, includes essential professional leadership and caregiving skills, safety skills to prevent emergencies, how to manage real-life problems, including emergencies and tips on finding babysitting jobs. No pressure, no stress, just an esteem-building education that participating youth will use throughout their lives. This course is sponsored by the American Red Cross. Students 11 years of age or older who correctly demonstrate all skills and complete all course worksheets are eligible to receive a certificate of completion. This course is based on hands-on skills. No written test will be given. 
Children 10 years of age may take the course, however, they will not receive the certification. Students should bring a bag lunch. The fee includes all supplies.
Maple Grove Community Center
Friday, June 21
9:00 - 4:30 p.m.  $82  305501-01
Thursday, July 18
9:00 - 4:30 p.m.  $82  305501-02
Thursday, August 8
9:00 - 4:30 p.m.  $82  305501-03
Thursday, August 22
9:00 - 4:30 p.m.  $82  305501-04

LOG ROLLING  
Ages 5 - Adult
Join North Star Log Rolling to try one of the most historic sports of Minnesota! You will learn the basics of log rolling, and have the opportunity to compete against other rollers. Log rolling is a wonderful sport for people of all ages and abilities and will give you the chance to work on your balance, coordination, endurance, and core strength. Participants should come dressed in swimwear or athletic clothing that can get wet.
Weaver Lake Community Park, 8401 Dunkirk Ln, meet at beach
Tuesdays, June 18 – August 13 (ex July 2), 8 ses
12:30 - 1:30 p.m. (ages 5-10)  $80  305103-01
1:30 – 3:00 p.m. (ages 10-18)  $100  305103-02
5:30 – 7:00 p.m. (ages 18 +)  $100  305103-03

Thursdays, June 20 – August 15 (ex July 4), 8 ses
3:00 - 4:30 p.m. (ages 10-18)  $100  305103-04
4:30 – 5:30 p.m. (ages 5-10)  $80  305103-05

SAFE ON MY OWN  
Ages 7 - 10
This course is ideal for children 7-10 years of age. Children learn how to prevent and prepare for emergencies, safety when home alone, phone safety, and what to do if someone is choking or bleeding. No pressure, no stress, just an esteem-building education that participating youth can use to keep themselves safe. Fee includes all materials. This course is sponsored by the American Red Cross.
Maple Grove Community Center
Wednesday, July 10
9:30 - 11:00 a.m.  $16  305503-01
**Active Youth & Teens**  Click here for registration link

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**HORSE BACK RIDING LESSONS**  
*Ages 6 – 11*

For those of you who want to try riding for the first time or for the experienced rider that wants to brush up on their skills; join us at Caille Farm. Learn basic care, stable safety, handling and feeding of horses. Lessons will be on well trained horses that give confidence to new riders, yet deliver challenge to the more advanced. Lessons will be held at Caille Farms indoor arena. You provide your own transportation. Parent viewing can be done from 9:00-9:30 a.m. and 2:30-3:00 p.m. or at specific riding time arranged at Caille Farms. For further information or directions contact Barb at 612-598-1696. **Long pants and tennis shoes are required. Attention Parents: A waiver needs to be signed by a parent prior to lessons - access it at [www.caillefarms.com](http://www.caillefarms.com), click on camps. Please bring a bag lunch.** Instructor, Barb Anderson Whiteis and staff.

_Caille Farm, 9209 Iffert Ave NE, Monticello, MN 55362_  
9:00 a.m. – 3:00 p.m  
Wednesday, June 12  $70  305109-01  
Wednesday, June 19  $70  305109-02  
Wednesday, June 26  $70  305109-03  
Wednesday, July 10  $70  305109-04  
Wednesday, July 17  $70  305109-05  
Wednesday, July 24  $70  305109-06  
Wednesday, July 31  $70  305109-07  
Wednesday, August 7  $70  305109-08  
Wednesday, August 14  $70  305109-09  
Wednesday, August 21  $70  305109-10  
Wednesday, August 28  $70  305109-11

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**DISCOVER PICKLEBALL**  
*Ages 10 – 15*

Want to learn the basics and get to know the game of pickleball? We have what you’re looking for. Next time your mom complains about losing a point because she was in the kitchen, you will know what that means! This is a fun introduction to the game of pickleball. You will learn the language, how to keep score and learn all types of pickleball shots. You must have your own paddle to participate. If you don’t already have your own paddle, you can pre-order one for $20 when you register to have it on the first day of class. Bring a water bottle and sunscreen. Wear athletic attire and tennis shoes.

_Lakeview Knolls pickleball courts, 9391 Fernbrook Ln (upper Arbor View parking lot)_  
Tuesdays and Thursdays, June 11 – July 25 (ex July 2 and 4)  
1:00 - 3:00 p.m.  $80 (12 ses)  305204-01  
Paddle  $20  305204-02

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**YOUTH FENCING CLINIC**  
*Ages 7 – 13*

Fencing is a vigorous sport that requires and develops stamina, quick reactions, speed, accuracy of movement and excellent coordination. More than a game, fencing requires a mental attitude of self-discipline involving total manipulation of mind and body in perfect harmony. It utilizes natural body movement to create simple and effective self-protection techniques with the sword. Attacking, defense, timing and intense tactics are all integrated into this beginning class. We provide everything needed to fence (mask, jacket, glove and weapon). *The fencer need only to come dressed comfortably (for freedom of movement) including long sweat pants and running shoes._

_Maple Grove Community Center, Gymnasium_  
Monday - Friday, July 22 - 26  
10:45 – 11:45 a.m.  $72 (5 ses)  305104-01  
Monday - Friday, August 5 - 9  
1:00 – 2:00 p.m.  $72 (5 ses)  305104-02

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**KARATE FOR CHILDREN**  
*Ages 5 – 12*

A program structured to teach children the understanding of respect and discipline while learning basic Taekwondo. Classes start with a basic warm up and stretching. Classes are not progressive. Karate uniforms can be purchased at the school, but are not required. Loose fitting clothing is acceptable. **All registration accepted immediately.**

_Maple Grove World Taekwondo, 6463 Sycamore Court N, Maple Grove, 763-559-7091_  
Mondays, May 13 – June 24 (ex May 27)  
5:30 - 6:15 p.m.  $50.00 (6 ses)  305110-01  
Mondays, July 8 – August 12  
5:30 - 6:15 p.m.  $50.00 (6 ses)  305110-02

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**LITTLE DRAGONS**  
*Karate for ages 3 & 4*

Little Dragons is a program designed for the younger child. The classes will cover basic Taekwondo skills, balance, coordination, self-control, respect and most importantly, the kids will have fun. Uniforms are not mandatory but can be purchased at the school. Wear loose fitting clothing. Classes taught by certified black belts. **All registration accepted immediately.**

_Maple Grove World Taekwondo, 6463 Sycamore Court N, Maple Grove, 763-559-7091_  
Saturdays, May 11 – June 15  
10:30 - 11:00 a.m.  $50.00 (6 ses)  305110-03  
Saturdays, July 13 - August 17  
10:30-11:00 a.m.  $50.00 (6 ses)  305110-04

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To register, webtrac.maplegrovemn.gov  
Register on April 24 for most programs, April 25 for swimming.
Fall Soccer Leagues

YOUTH SPORTS REGISTRATION

Registration Dates:

Start Residents
   Home Zone Registration begins Wednesday, April 24, 2019 at 9:00 a.m.
   Open Registration begins Friday, April 26, 2019.

Start Non-residents
   Non-resident registration begins Friday, April 26. Choose the zone closest to your residence, or any zone of your choice.

End
   All registration ends on Friday, July 26, 2019 at 6:00 p.m. Teams will be formalized and incomplete zones will be combined to form teams. After July 26, registration will be accepted as space is available.

What/where is my Home Zone?
Match your home address/area where you live to the area’s zone number on the sports map. See this brochure on page 35, or online at www.maplegrovemn.gov; “Parks and Recreation,” “Youth Sports”. Click on the Sports Zone link for an enlargeable map.

What if my child wants to play with a friend or friends that live in a different zone?
   Wait until resident Open Registration begins. Beginning Friday, April 26, children can register in any zone that has spaces available.

How does the waitlist work?
   If you choose to put your child on a waitlist, they are contacted only when there is an opening for that particular team. To ensure a spot on a team, please look for a zone that has space available.

Volunteer Coaches Needed!

How do I sign up to be a coach for my child’s team?
   Sign up via webtrac.maplegrovemn.gov, See individual sports for volunteer coach sign-up code. There is no cost for coaches to register; on-line, email cmorrow@maplegrovemn.gov or call 763-494-6511.

All coaches’ clinics are scheduled for August 21.
   See more training information on page 37.

Maple Grove Parks and Recreation is committed to educating youth athletic volunteer coaches about the nature and risks of concussions. Information regarding concussions is available at www.cdc.gov/headsup/youthsports.
Fall Soccer Leagues Click here for registration link

8U GIRLS or BOYS FALL SOCCER  
**Entering grades 1 & 2**
An in-house (various Maple Grove community playfields) recreational soccer program for girls and boys. Shin guards are **REQUIRED**. 
$115.00 (NonRes add $5.00)

**Grades 1 & 2** - Games are on Saturdays with some weekday evening games beginning September 7, 2019. **Practices scheduled by coaches in late August.**

**Girls Soccer, Grades 1 & 2**
**CODE** ................................................305607 + zone #
**Coaches** ............................................305612-04
See Zone Map on page 25 and online at [maplegrovemn.gov/files/1113/3313/1849/Youth_Sports_Zone_Map_1.pdf](http://maplegrovemn.gov/files/1113/3313/1849/Youth_Sports_Zone_Map_1.pdf)

**Boys Soccer, Grades 1 & 2**
**CODE** ................................................305603 + zone #
**Coaches** .............................................305612-05
See Zone Map on page 35 and online at [maplegrovemn.gov/files/1113/3313/1849/Youth_Sports_Zone_Map_1.pdf](http://maplegrovemn.gov/files/1113/3313/1849/Youth_Sports_Zone_Map_1.pdf)

10U GIRLS or BOYS FALL SOCCER  
**Entering grades 3 & 4**
An in-house (various Maple Grove community playfields) recreational soccer program for girls and boys. Shin guards are **REQUIRED**. 
$115.00 (NonRes add $5.00)

**Grades 3 & 4** - Games are on Saturdays with some weekday evening games beginning September 7, 2019. **Practices scheduled by coaches in late August.**

**Girls Soccer, Grades 3 & 4**
**CODE** ................................................305608 + zone #
**Coaches** ............................................305612-06
See Zone Map on page 35 and online at [maplegrovemn.gov/files/1113/3313/1849/Youth_Sports_Zone_Map_1.pdf](http://maplegrovemn.gov/files/1113/3313/1849/Youth_Sports_Zone_Map_1.pdf)

**Boys Soccer, Grades 3 & 4**
**CODE** ................................................305604 + zone #
**Coaches** .............................................305612-07
See Zone Map on page 35 and online at [maplegrovemn.gov/files/1113/3313/1849/Youth_Sports_Zone_Map_1.pdf](http://maplegrovemn.gov/files/1113/3313/1849/Youth_Sports_Zone_Map_1.pdf)

12U GIRLS or BOYS FALL SOCCER  
**Entering grades 5 - 6**
An in-house (various Maple Grove community playfields) recreational girls or boys soccer program. Shin guards are **REQUIRED**. **A minimum of 40 players is needed or league will be cancelled.** 
$115.00 (NonRes add $5.00)

**Games** - Games are on Saturdays with some weekday evening games beginning September 7, 2019. **Practices scheduled by coaches in late August.**

**Girls Soccer, Grades 5 & 6**
**CODE** ................................................305609 + zone #
**Coaches** .............................................305612-08

**Boys Soccer, Grades 5 & 6**
**CODE** ................................................305605 + zone #
**Coaches** .............................................305612-09
See Zone Map on page 35 and online at [maplegrovemn.gov/files/1113/3313/1849/Youth_Sports_Zone_Map_1.pdf](http://maplegrovemn.gov/files/1113/3313/1849/Youth_Sports_Zone_Map_1.pdf)

14U CO-REC FALL SOCCER  
**Entering grades 7-8**
An in-house (various Maple Grove community playfields) recreational Co-Rec soccer program for grades 7-8. **A minimum of 40 players is needed or league will be cancelled.** Shin guards are **REQUIRED**. 
$115.00 (NonRes add $5.00)

**Games** - Games are on Saturdays with some weekday evening games beginning September 7, 2019. **Practices scheduled by coaches in late August.**

- Zones 1, 5, 6, 7, 9, 10, Corcoran.........................305613-01
- Zones 2, 3, 4, 8, 11, 12, Osseo........................305613-02
- Zones 13, 14, 15, 16, 20, 21..............................305613-03
- Zones 17, 18, 19, Plymouth..............................305613-04
- Coaches .............................................305612-11
Coaching Made Easy and Rewarding!

HELP FOR COACHES IS NOW AVAILABLE ON YOUR MOBILE DEVICE!

You don’t know much about soccer but want to help your child’s team? No problem! Coaching made easy with Moti Sports!

MOTI™ 3D Practice Plans to save you time! Each team comes with a pre-defined MOTI practice plan to save you time. All you have to do is add practice dates and consider adding additional training materials in other file formats. Alternatively, you can build your own practice plan from scratch. No matter what you do, you remain paperless and players are better prepared for practice.

Team subscriptions get access to the Practice Plans series you choose, by gender and age. Each Practice Plan was carefully designed by soccer training experts to provide 3D Skills and 3D Drills in a sequential manner to allow for proper player development and skill mastery. Additionally, Coaches can customize or create their own practice plans with our 3D materials and or their own materials (including links to external sources).

You and your players can access your practice plans anywhere with the MOTI Sports Mobile App. Up to two additional coaches and all your players have access. Access everything next to the field, days before practice at home, or off-line when there’s no connectivity. Available in Apple App Store and Google Play Store.

REGISTER TO BE A VOLUNTEER COACH TODAY!

Sign up via webtrac.maplegrovemn.gov. See individual sports for volunteer coach sign-up code. There is no cost for coaches to register; on-line, email cmorrow@maplegrovemn.gov or call 763-494-6511.

All coaches’ clinics are scheduled for August 21.

Maple Grove Parks and Recreation is committed to educating youth athletic volunteer coaches about the nature and risks of concussions. Information regarding concussions is available at www.cdc.gov/headsup/youthsports.
POW! GIRLS’ RUNNING TEAM

Entering grades 3 - 5
The POW! Girls’ Running Team is a 9-week summer program for girls. Delivered through an interactive game-based curriculum that promotes play and laughter, POW! combines self-esteem enhancing lessons and growth mindset focused activities to develop each participant physically, mentally, emotionally, and socially. Girls will be empowered with positive self-awareness, increased confidence, individual goal setting strategies, and a sense of achievement by training and completing a 5K all while discovering their inner grit and celebrating what makes them unique! Participants and Junior Coaches will participate in the Gopher to Badger 5K on Saturday, August 10th in Hudson, WI. Instructor, Taren Weyer, “Powered on Well”. Fee includes: T-shirt, daily snack & 5K registration.
Weaver Lake Community Park (8401 Dunkirk Ln N, meet at the picnic pavilion)
Tuesdays & Thursdays, June 11 – August 8 (ex July 4)
10:30 a.m.– 12:00 p.m. $300 (18 ses) 305113-01

POW! GIRLS’ RUNNING TEAM (JUNIOR COACHING)

Entering grades 6th – High School
POW, Girls’ Running Team welcomes girls entering 6th grade – high school to participate as a junior coach! An excellent opportunity to build a leadership portfolio, gain community service experience, maintain or grow her love of running, and have fun while helping others.
Participants and Junior Coaches will participate in the Gopher to Badger 5K on Saturday, August 10th in Hudson, WI. Instructor, Taren Weyer, “Powered on Well”. Fee includes: T-shirt, daily snack & 5K registration.
Weaver Lake Community Park (8401 Dunkirk Ln N, meet at the picnic pavilion)
Tuesdays & Thursdays, June 11 – August 8 (ex July 4)
10:30 a.m.– 12:00 p.m. $150 (18 ses) 305113-02

LOG ROLLING

Ages 5 -Adult
Join North Star Log Rolling to try one of the most historic sports of Minnesota! You will learn the basics of log rolling, and have the opportunity to compete against other rollers. Log rolling is a wonderful sport for people of all ages and abilities and will give you the chance to work on your balance, coordination, endurance, and core strength. Participants should come dressed in swimwear or athletic clothing that can get wet.
Weaver Lake Community Park, 8401 Dunkirk Ln, meet at beach
Tuesdays, June 18 – August 13 (ex July 2), 8 ses
12:30 - 1:30 p.m. (ages 5-10) $80 305103-01
1:30 – 3:00 p.m. (ages 10-18) $100 305103-02
5:30 – 7:00 p.m. (ages 18 +) $100 305103-03
Thursdays, June 20 – August 15 (ex July 4), 8 ses
3:00 - 4:30 p.m. (ages 10-18) $100 305103-04
4:30 – 5:30 p.m. (ages 5-10) $80 305103-05

Osseo Girls Basketball Clinics

OSSEO GIRLS BASKETBALL INTRO CLINIC

Entering Grades 4-8
4-day girls basketball clinic hosted by Osseo Girls Basketball focused on fundamentals and an introduction to the game of basketball. Campers will receive coaching from the Osseo Girls Basketball team and will improve passing, ball handling and team work. All campers will receive a camp t-shirt. Please indicate t-shirt size when registering.
Osseo Senior High School, Gym, 317 2nd Ave NW, Osseo
Monday - Thursdays, July 8 - 11
9:00 - 11:00 am $50 307302-01

OSSEO GIRLS BASKETBALL OFFENSIVE CLINICS

Entering Grades 4-8
4-day girls basketball clinic hosted by Osseo Girls Basketball specifically focused on offensive concepts. Campers will improve their fundamentals through drills, competition and 5 on 5 team games. This camp is designed primarily to improve each player’s individual skill and will focus on passing, ball handling, shooting and offensive concepts of the game. All campers will receive a camp t-shirt. Please indicate t-shirt size when registering.
Osseo Senior High School, Gym, 317 2nd Ave NW, Osseo
Monday - Thursdays, June 24 - 27
9:00 - 11:00 am $50 307302-02

OSSEO GIRLS BASKETBALL:

Rise & Shoot

Entering grades 7 -12
Early morning workout for all potential Osseo Girls Basketball players. The workouts will consist of position specific drills which are designed to improve a players overall skill level. Additionally, team concepts on offense and defense will be presented. This is an excellent opportunity for players to get to know the coaching staff and to work on their basketball skills in a competitive atmosphere. In addition, speed and strength training will be provided as part of the sessions. Contact Coach Erlien with questions, ErlienD@district279.org.
Osseo Senior High School, Gym, 317 2nd Ave NW, Osseo
Mondays-Thursdays, June 10 - July 31 (ex June 13, July 1-4 & August 1)
7:00 - 11:00 a.m. $50 307302-03
**Youth & Teen - Basketball Clinics**

Click here for registration link

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**BOYS BASKETBALL CLINIC**

*Entering grades 1 - 8*

This *Osseo/Maple Grove Basketball* clinic is designed to improve basketball player fundamentals. Emphasis will be placed on dribbling, shooting, team play and having fun. Participants will receive a t-shirt and basketball bag; please indicate t-shirt size when registering. For program content, call Nick Schroeder 763-213-4241.

**Maple Grove Middle School, Comm. Gym, 7000 Hemlock Ln**

**Monday - Thursday, June 17 - 20**

<table>
<thead>
<tr>
<th>Entering grades 1 - 4</th>
<th>9:00 – 11:00 a.m.</th>
<th>$90</th>
<th>307101-01</th>
</tr>
</thead>
<tbody>
<tr>
<td>Entering grades 5 - 8</td>
<td>12:00 – 2:30 p.m.</td>
<td>$95</td>
<td>307101-02</td>
</tr>
</tbody>
</table>

**MGSH BASKETBALL BOYS TEAM WORKOUT**

*Entering grades 9 - 12*

Maple Grove Team Workout Camp is an advanced camp for players looking to improve through the Maple Grove program. Players will be pushed by Maple Grove coaching staff in all aspects of the game of basketball to help improve their game for the upcoming season and beyond. Please contact Maple Grove Head Coach, Nick Schroeder with any questions at 763-213-4241.

**Maple Grove Senior High, Gyms, 9800 Fernbrook Lane**

**Mondays, Tuesdays & Thursdays, June 10-27 (ex June 17-20 & July 1-4)**

| Entering grades 1 - 4 | 11:00 a.m. – 1:00 p.m. | $100 | 307101-06 |

**MGSH SUMMER BOYS BASKETBALL ACADEMY**

*Entering grades 1 - 8*

The focus of this academy will be fundamental of basketball and how to use them in a team setting. Players will be taught the proper way to shoot, dribble, pass, catch, defend, rebound and most importantly to have fun. Campers will also be able to showcase what they learn in a game setting such as 3 on 3 and 5 on 5. Maple Grove Crimson basketball players and coaching staff will work closely with campers to ensure safety and learning throughout. A camp shirt will be provided, please indicate shirt size when registering. Please contact Maple Grove Head Coach, Nick Schroeder with any questions at 763-213-4241.

**Maple Grove Senior High, Gyms, 9800 Fernbrook Lane**

**Entering grades 1 - 4**

| Mon – Thurs, June 24-27 | 9:00 – 11:00 a.m. | $90 | 307101-04 |

**Entering grades 5 - 8**

| Mon – Thurs, July 8-18 | 9:00 – 11:00 a.m. | $150 | 307101-05 |

**MAPLE GROVE GIRLS BASKETBALL**

**MORNING MAYHEM**

*Entering grades 8 - 12*

These are intense workouts for kids who are serious about playing high school girls basketball for Maple Grove Senior High. These workouts are primarily designed for kids going into grades 8-12. If you have a child that is a high ability 7th grader, please contact Coach Cook, cookmark@district279.org, for approval. The first week will be at the Maple Grove Middle School Community Gyms and run from 7am-9am. The rest of the summer will be at Maple Grove Senior High and run from 7am-9am in the gym and 9am-10am in the Strength and Conditioning Center at the high school. The goal of these workouts is to better prepare kids mentally and physically to compete at the high school level. Instruction will come from members of the high school coaching staff.

**Maple Grove Middle School, Comm. Gym, 7000 Hemlock Ln**

**Tuesday- Thursday June 11-13**

| 7:00 a.m. - 9:00 a.m. | $85 | 307102-04 |

**Maple Grove Senior High Gyms**

**Tuesday- Thursday June 18-20, 25-27, July 9-11, 16-18, 23-25**

| 7:00 a.m. - 10:00 a.m. | $100 | 307102-04 |

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To register, webtrac.maplegrovemn.gov

Register on April 24 for most programs, April 25 for swimming
**TENNIS LESSONS - BEGINNING**

*Ages 5 – 13*

An opportunity for youth with little or no previous tennis experience to learn the sport of tennis. Program is designed to include fun (age appropriate) movement, games and fitness activities. **Class will be held on Friday if rained out earlier in the week.**

**Weaver Lake Park (upper) tennis courts, 17270 82nd Ave N**

Monday - Thursday, June 10 - 20

<table>
<thead>
<tr>
<th>Time</th>
<th>Ages 5-6</th>
<th>Ages 7-8</th>
<th>Ages 9-10</th>
<th>Ages 11-13</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30 - 9:15 am</td>
<td>$105, $110 NR (6 ses)</td>
<td>$105, $110 NR (6 ses)</td>
<td>$105, $110 NR (6 ses)</td>
<td>$105, $110 NR (6 ses)</td>
</tr>
<tr>
<td>9:20 - 10:05 am</td>
<td>$79, $83 NR (6 ses)</td>
<td>$79, $83 NR (6 ses)</td>
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<td>$79, $83 NR (6 ses)</td>
</tr>
</tbody>
</table>

**Maple Grove Middle School tennis courts, 7000 Hemlock Ln**

Monday – Thursday, June 24 – June 27 and Monday, July 1 & Tuesday, July 2 (no class July 3 & 4)

<table>
<thead>
<tr>
<th>Time</th>
<th>Ages 5-6</th>
<th>Ages 7-8</th>
<th>Ages 9-10</th>
<th>Ages 11-13</th>
</tr>
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<td>$79, $83 NR (6 ses)</td>
</tr>
</tbody>
</table>

**Gleason Fields Park tennis courts, 18815 67th Ave N**

Monday – Thursday, July 22 - August 1

<table>
<thead>
<tr>
<th>Time</th>
<th>Ages 5-6</th>
<th>Ages 7-8</th>
<th>Ages 9-10</th>
<th>Ages 11-13</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30 - 9:15 am</td>
<td>$105, $110 NR (8 ses)</td>
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<td>$105, $110 NR (8 ses)</td>
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<tr>
<td>10:10 - 10:55 am</td>
<td>$105, $110 NR (8 ses)</td>
<td>$105, $110 NR (8 ses)</td>
<td>$105, $110 NR (8 ses)</td>
<td>$105, $110 NR (8 ses)</td>
</tr>
<tr>
<td>11:00 - 11:45 am</td>
<td>$105, $110 NR (8 ses)</td>
<td>$105, $110 NR (8 ses)</td>
<td>$105, $110 NR (8 ses)</td>
<td>$105, $110 NR (8 ses)</td>
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</table>

**TENNIS LESSONS – NEXT STEP**

*Ages 5 – 13*

For individual players who have completed beginning tennis lessons, an additional week session of lesson that will expand on skills acquired in the beginning class. Classes are scheduled Monday through Thursday with **Friday being planned for a rain make-up date if necessary.**

**Weaver Lake Park (upper) tennis courts, 17270 82nd Ave N**

Monday - Thursday, July 22 - 25

<table>
<thead>
<tr>
<th>Time</th>
<th>Ages 5-6</th>
<th>Ages 7-8</th>
<th>Ages 9-10</th>
<th>Ages 11-13</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30 - 9:15 am</td>
<td>$55, $60 NR (4 ses)</td>
<td>$55, $60 NR (4 ses)</td>
<td>$55, $60 NR (4 ses)</td>
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<tr>
<td>10:10 - 10:55 am</td>
<td>$55, $60 NR (4 ses)</td>
<td>$55, $60 NR (4 ses)</td>
<td>$55, $60 NR (4 ses)</td>
<td>$55, $60 NR (4 ses)</td>
</tr>
<tr>
<td>11:00 - 11:45 am</td>
<td>$55, $60 NR (4 ses)</td>
<td>$55, $60 NR (4 ses)</td>
<td>$55, $60 NR (4 ses)</td>
<td>$55, $60 NR (4 ses)</td>
</tr>
</tbody>
</table>

**Maple Grove Middle School tennis courts, 7000 Hemlock Ln**

Monday – Thursday, June 24 – June 27 and Monday, July 1 & Tuesday, July 2 (no class July 3 & 4)

<table>
<thead>
<tr>
<th>Time</th>
<th>Ages 5-6</th>
<th>Ages 7-8</th>
<th>Ages 9-10</th>
<th>Ages 11-13</th>
</tr>
</thead>
<tbody>
<tr>
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<td>$105, $110 NR (8 ses)</td>
<td>$105, $110 NR (8 ses)</td>
<td>$105, $110 NR (8 ses)</td>
</tr>
</tbody>
</table>

**JUNIOR TEAM TENNIS**

*Entering grades 5 - 9*

A team tennis program designed to play tennis in a fun, low key environment. Youth grades 5 - 9 for the 2019-2020 school year. Players should have some tennis experience and the knowledge of how to score games/matches. Each age group limited to 20 participants. Matches, one per week. Practices and some matches at Osseo Senior High School tennis courts. Program begins week of June 10 and runs through the week of August 1. Coaches will distribute match schedules at the first practice. Practice, one per week for grades 5 – 9. **Match play will require some travel to other communities. Parents are responsible for their own child’s transportation.**

**Maple Grove Senior High, Tennis Courts, 9800 Fernbrook Lane**

Week of June 10 – August 1 (no matches week of July 1)

<table>
<thead>
<tr>
<th>Grade Range</th>
<th>Cost</th>
<th>Registration Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Entering grades 5 &amp; 6</td>
<td>$125</td>
<td>305208-01</td>
</tr>
<tr>
<td>Practices on Mondays, 12:30 - 1:30 pm</td>
<td>Matches, Tuesdays or Thursdays, 12:30 – 2:30 p.m. (usually once per week)</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Grade Range</th>
<th>Cost</th>
<th>Registration Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Entering grades 7 – 9</td>
<td>$125</td>
<td>305208-02</td>
</tr>
<tr>
<td>Practice, Mondays, 1:30 – 2:30 p.m.</td>
<td>Matches, Tuesdays or Thursdays, 12:30 – 2:30 p.m. (usually once per week)</td>
<td></td>
</tr>
</tbody>
</table>
**YOUTH BEGINNING GOLF**  
*at the Eagle Lake Golf Center*  
*Ages 7 – 12*

This program is designed as an introduction to the lifetime sport of golf. Etiquette, short game and full swing will be covered. Golf fundamentals will be introduced with a focus on fun and safety. PGA/LPGA professionals teach lessons at the new Eagle Lake Golf Center, 11000 County Road 10 in Plymouth (approximately 1 mile west of Highway 169). For further information on the Eagle Lake Golf Center, please go to their website at [www.eaglelakegolf.com](http://www.eaglelakegolf.com).

Eagle Lake Golf Center, 11000 County Road 10, Plymouth, MN 55442

- **Saturdays, June 8 – July 13 (ex July 6)**
  - 1:00 – 2:00 p.m.  
  - $110 (5 ses)  
  - 305201-01
- **Fridays, June 14 - July 19 (ex July 5)**
  - 11:00 – 12:00 p.m.  
  - $110 (5 ses)  
  - 305201-02
- **Monday & Wednesdays, July 8 - 22**
  - 1:00 – 2:00 p.m.  
  - $110 (5 ses)  
  - 305201-03
- **Tuesdays & Thursdays, July 9 - 23**
  - 2:00 – 3:00 p.m.  
  - $110 (5 ses)  
  - 305201-04
- **Saturdays, July 20 - August 17**
  - 10:00 – 11:00 a.m.  
  - $110 (5 ses)  
  - 305201-05
- **Mondays – Friday, July 22 - 26**
  - 10:00 – 11:00 am  
  - $110 (5 ses)  
  - 305201-06
- **Tuesday & Thursdays, July 30 - August 13**
  - 11:00 – noon  
  - $110 (5 ses)  
  - 305201-07
- **Mondays – Friday, August 12- 16**
  - 9:00 – 10:00 a.m.  
  - $110 (5 ses)  
  - 305201-08
- **Monday – Friday, September 9 – 13**
  - 6:00 – 7:00 p.m.  
  - $110 (5 ses)  
  - 305201-09

**OSSEO YOUTH SOCCER CLINIC**  
*Boys and girls entering grades K-6*

Instructional clinic on passing, dribbling, defense and shooting fundamentals. Participants will receive small group and large group instruction in the fundamentals of soccer. Full and small sided scrimmages will be held so participants can practice learned skills in a game like situation. Participants will receive a t-shirt, *please indicate t-shirt size when registering*. Contact Traci Ohlenkamp, Girls Soccer Program Coordinator at Osseo Senior High School for questions on program content, osseogirlssoccer@gmail.com.

Osseo Sr High Stadium Field, behind Osseo Middle School

- **Tuesday – Thursday, July 30 - August 1**
  - 9:00 – 10:30 a.m.  
  - $50  
  - 307311-01

**OSSEO GIRLS SOCCER CLINIC**  
*Girls entering grades 7-12*

This clinic is for high school soccer players who want to improve their conditioning and learn the technical and tactical aspects of the game. Participants will be introduced to drills that will be used in the 2019 Osseo soccer tryouts. All ability levels are welcome! Please contact Traci Ohlenkamp, Girls Soccer Program Coordinator at Osseo Senior High School for questions on program content, osseogirlssoccer@gmail.com.

Osseo Sr High Stadium Field, behind Osseo Middle School

- **Mondays, June 24, July 8, 15 & 22**
  - 9:00 – 10:30 a.m.  
  - $50  
  - 307311-02

**PLANET SPIRIT CHEERLEADING CLINIC**  
*Ages 6 - 14*

Cheers for better health! While this program teaches girls and boys all about the world of cheerleading, it also provides fun while staying fit! Cheers, chants, jumps and basic stunts will be taught be energetic staff from Planet Spirit. Parents are invited to watch a skills performance at 11:00 a.m. the last day of class. All equipment is provided. *Wear comfortable clothing.* Participants will be divided by age.

Maple Grove Middle School, Gym A/B, 7000 Hemlock Lane

- **Monday – Thursday, June 24 - 27**
  - 9:00 – 12:00 p.m.  
  - $65  
  - 307503-01

**MG CHEERLEADING CLASS**  
*Girls & Boys entering Grades 2-6*

Instructional clinic focusing on jumps, stunting, cheers, dance and tumbling. The emphasis will be on skills and techniques used in the Maple Grove Youth Cheerleading Program. There will be a parent performance the last day of class at 7:30pm with a routine of skills put together throughout the classes. All equipment is provided. Wear comfortable clothing. This will prepare girls/boys for the Youth Cheerleading Teams Level 1 and Level 2 offered throughout the school year. If you have any questions about the class please email Kristen Myers, crimsoncheercoach@gmail.com.

Maple Grove Middle School, Gym, 7000 Hemlock Lane

- **Tuesdays, July 9 - August 27**
  - 6:30 – 8:00 p.m.  
  - $130 (8 ses)  
  - 307103-01

**TEEN BEGINNING GOLF**  
*at the Eagle Lake Golf Center*  
*Ages 13 – 17*

This program is designed as an introduction to the lifetime sport of golf. Etiquette, short game and full swing will be covered. Golf fundamentals will be introduced with a focus on fun and safety. PGA/LPGA professionals teach lessons at the new Eagle Lake Golf Center, 11000 County Road 10 in Plymouth (approximately 1 mile west of Highway 169). For further information on the Eagle Lake Golf Center, please go to their website at [www.eaglelakegolf.com](http://www.eaglelakegolf.com).

Eagle Lake Golf Center, 11000 County Road 10, Plymouth, MN 55442

Fridays, June 14 - July 19 (ex July 5)

- **1:00 – 2:00 p.m.**  
  - $110 (5 ses)  
  - 308104-01
OSSEO VOLLEYBALL CLINIC
Entering grades K – 8
Learn the FUNdamentals of volleyball. This is an instructional clinic that emphasizes development of individual skills, passing, setting, attacking, serving and team skills. All levels welcome! Please indicate t-shirt size when registering. For program content, email Mandi Burian mandi0621@gmail.com or call 763-639-3889. Osseo Senior High School, Gym, 317 2nd Ave NW, Osseo Monday - Wednesday, June 17 - 19
Entering grades K – 5
8:00 - 10:00 a.m. $50 307318-01
Entering grades 6 – 8
10:00 – 12:00 p.m. $50 307318-02

MAPLE GROVE VOLLEYBALL CLINIC
Youth ages 5-11
Fun and instructional camp emphasizing basic skills such as passing, setting, hitting and serving as well as game concepts and strategies. Learn from experienced players and coaches through games and drills used to develop skills, increased knowledge of strategy, and a love of the game. Wear comfortable clothes and bring tennis shoes and a water bottle. Please indicate t-shirt size when registering. For program content, contact Courtney Sabot at csabot04@yahoo.com. Maple Grove Senior High, Main Gym, 9800 Fernbrook Lane Ages 5-7
Monday – Wednesday, July 8 - 10
1:00 – 2:00 p.m. $50 307118-01
Ages 8-11
Monday – Friday, July 8 - 10
2:30 – 4:00 p.m. $60 307118-02

MAPLE GROVE/OSSEO/PARK CENTER
DIVE CLINIC
This summer dive clinic is open to all incoming 7th through 12th grade boys or girls who are on their high school dive team or those who are seriously interested in joining the team for next school year (2019-2020). A great opportunity for the high school team members to keep up their skills and to learn new dives. It is also a great way to gain the basics needed for success on the team next year for new divers. If you have any questions please email Coach Laura at laura.dobler@outlook.com. Maple Grove Middle School, Pool, 7000 Hemlock Ln Thursdays, June 27 - July 25 (ex July 4)
5:00 p.m. – 8:00 p.m. $95 307523-01

ORIOLES TENNIS ACADEMY
Boys and girls entering grades 6 - 12
High-energy instruction for tennis players of all levels who have the desire to improve and have their sights on varsity-level tennis. Emphasis is on proper technique for all the basic tennis shots. Includes plenty of point play to improve strategy for both singles and doubles. Our experienced staff will help players improve their footwork, shot-making, and on-court performance. We reserve the right to move players into the appropriate group based on tennis ability. Varsity is for players who have already played varsity matches. JV/C is for everyone else who has already played high school tennis. Quickstart is for new players or C players who want to relearn the basics. Led by Osseo Tennis Coach and USPTA teaching pro, Brian Rusche. For more information, www.brianrusche.com/tennis or twitter @tennisosseo. Osseo Senior High Tennis Courts, next to Osseo Middle School Monday – Thursday, June 10 – July 31 (no camp July 1-4)
8:10 - 10:05 am Varsity $230 307313-01
10:15 am - 12:10 pm JV/C $230 307313-02
12:20 pm - 1:50 pm Quickstart $230 307313-03

MGSH ULTIMATE FRISBEE
Boys and girls entering grades 2-12
Sessions for all levels covering basic techniques through advanced strategies and complex plays based on age and skill. Ultimate Frisbee is a non-contact, self-officiated game that focuses on fair play and mutual respect. Games are played on a rectangular area; points are scored by moving the disc down the field and passing it to a teammate in the endzone. Your child will make friends, develop athletically, learn integrity and dedication - all while having a blast. This program is run by experienced coaches and current and alumni players from the MGSH Ultimate teams. Please wear comfortable clothes, cleats are recommended for Middle School and mandatory for Senior High. Bring a water bottle. If you have questions, email Ryan Krueger, ryan@MapleGroveUltimate.com. Maple Grove Senior High Stadium Field, 9800 Fernbrook Lane Mondays, June 10 - August 26 (ex week of July 4)
6:30 – 8:00 p.m. ~ grades 2-5 $50 307106-01
6:30 – 8:00 p.m. ~ grades 6-8 $60 307106-02
8:00 – 10:00 p.m. ~ grades 9-12 $75 307106-03
**CROSS COUNTRY CAMP**  
*Ages 10-14*

Does your child love to run? Do they enjoy challenge and adventure, personal success through hard dedication and hard work? This camp is perfect for ANY athlete looking to build their aerobic capacity. Improving muscular, cardiovascular and nutritional health, Endurance Cross Country Camp will inspire confidence and independent victories. Progressively built training runs, group games, core conditioning and nutritional guidance. Open to any incoming 5th-8th grader, no running experience necessary. **Instructor: Coach Gifford**  
*Phone: 763-639-6282 for more information about program content.* For further information, go to teamapp.com (or download teamapp to your phone) and search Summer Nordic (MG/Osseo/PC).  
*Various locations in the northwest suburbs. 1st gathering will be at Elm Creek Park Reserve, Acorn area (east of the swim beach), 12400 James Deane Parkway, Maple Grove*

**Mondays, June 17, 24, July 1, 8, 15 & 22, 3:00-4:30 pm**  
**Tuesdays, July 2 & August 6, 8:00 - 9:30 am**  
**Wednesdays, June 19, 26, July 17, 24 & 31, 8:00-9:30 am**  
**Thursdays, June 20, 27, July 11, 25 & Aug 1, 3:00-4:30 pm**  
**Fridays, July 19 & August 9, time varies**  

$222 (20 ses) 307514-01

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**YOUTH NON-COMPETITIVE TRIATHLON TRAINING**  
*Girls & Boys entering grades 7 – 11*

Most kids like to SWIM... BIKE... and RUN, so GO AHEAD, try a tri! This non-competitive class focuses on quality of life, improving, engaging and inspiring vs. competition. In this class, your child will learn the basic fundamentals of triathlon training from experienced triathletes in a safe and encouraging environment. **Children don't have to know how to swim to participate; water levels are shallow, so the athletes can stand in the water.** The primary objective of this class is to expose our youth to new and exciting ways to stay physically active while promoting a lifelong pursuit of health and wellness. Many athletes that train with us learn specific skills to participate in Cycle Health, Breakaway Triathlon* - directed by 7 time World Triathlon Champion, Tony Schiller. *This is optional and is not required to participate in this program.**  
*Instructor: Pam Baker, Generation Endurance.*  
**Fish Lake Regional Park, 14900 Bass Lake Rd (meet at the Pavilion)**  
**Tuesdays, July 9 - 30**  
**8:30 – 10:00 a.m.**  

$82 (4 ses) 307515-01

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**MAPLE GROVE/OSSEO/PARK CENTER NORDIC SKIING SUMMER TRAINING**  
*Girls & Boys entering grades 7 – 12*

This cross training program put on by coaches from the Maple Grove, Osseo, and Park Center Nordic Teams will develop skiers for the winter Nordic ski season. Open to all skill levels for athletes that have Nordic skied for a high school team for at least one season. Workouts will focus on developing skill, form, stamina, endurance, and strength through roller-skiing, running, walking, and strength workouts. Roller-skis are available to rent. Please wear comfortable clothes, shoes suitable for running and bring a water bottle. Knee pads recommended.

An informational meeting is **Monday, April 29** from 6:30 – 7:00 p.m. at Maple Grove Senior High in Coach Gifford’s room (187). Contact Coach Gifford at giffordm@district279.org or 763-639-6282 for more information about program content. For further information, go to teamapp.com (or download teamapp to your phone) and search Summer Nordic (MG/Osseo/PC).  
*Practices will all begin at Maple Grove Senior High, outside the cafeteria.*  
*Maple Grove Senior High, outside the cafeteria*  
**June 10 – July 31 (exclude June 30 - July 6)**  
**Mondays and Tuesdays**  
**6:30 pm - 8:30 pm**

**Wednesdays and Thursdays**  
**10:00 am – noon**

$125 (20 ses) 307509-01  
$160 (20 ses) 307509-02

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**MAPLE GROVE YOUTH WRESTLING SUMMER CONDITIONING**  
*Boys and girls ages 6 - 12*

Strength and conditioning are an important part of any athlete's development, and that doesn't stop once the season ends. This off-season program aims to provide young athletes (wrestlers in particular) ages 6-12 with consistent, focused sessions around cardio and body-weight strength training, including core work (crunches/planks), shoulders and back, plyometrics (jumps (for explosion) and agility exercises (for proper footwork). Workouts will be designed to be something that pushes your young athlete and promotes competition while being something that they look forward to! For program content, contact Troy Seubert by email, mgwrestling99@gmail.com or by phone 763-913-0601.

**Maple Grove Senior High, soccer fields**  
**Sundays, June 2 – August 11 (ex July 7)**  
**6:00 - 7:00 pm**  

$20 (4 ses) 307117-01

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**MAPLE GROVE WRESTLING**  
*Positioning, Pressure, Pinning & Defense, Grades 4-12*

There is no single aspect of wrestling more important than learning how to properly apply your pressure. This program is for wrestlers entering grades 4-12. Wrestlers with some experience and all skill levels (minimal experience - advanced) welcome. For more information contact Troy Seubert by email: mgwrestling99@gmail.com or by phone 763-913-0601.

**Maple Grove Senior High, Wrestling Room**  
**Monday-Thursday, June 10 – June 13**  
**10:00 a.m. - 11:15 pm**  

$20 307117-02

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To register, webtrac.maplegrovemn.gov  
Register on April 24 for most programs, April 25 for swimming
DISCOVER PICKLEBALL
_Ages 10 - 15_
Want to learn the basics and get to know the game of pickleball? We have what you’re looking for. Next time your mom complains about losing a point because she was in the kitchen, you will know what that means! This is a fun introduction to the game of pickleball. You will learn the language, how to keep score and learn all types of pickleball shots. You must have your own paddle to participate. If you don’t already have your own paddle, you can pre-order one for $20 when you register to have it on the first day of class. Bring a water bottle and sunscreen. Wear athletic attire and tennis shoes.
_Lakeview Knolls pickleball courts, 9391 Fernbrook Ln (upper Arbor View parking lot)_
_Tuesdays and Thursdays, June 11 – July 25 (ex July 2 and 4)_
_1:00 - 3:00 p.m. $80 (12 ses) 305204-01_
_Paddle $20 305204-02_

BEGINNER LACROSSE CLINICS
_Ages 5-12_
Learn to catch, throw, scoop and cradle through non-contact lacrosse. Stick and ball will be provided. Children will be divided by age and skill level. Participants should bring a water bottle, snack and sunscreen. Sports Unlimited coaching staff.
_Maple Grove Middle School Lacrosse Field (near the Community Gyms)_
_Monday – Thursday, July 29 - August 1_
_9:00 a.m. – 12:00 p.m. $87 307507-01_

MINI-SPORT & MULTI-SPORT CLINICS
_Ages 4-12_
An introductory program designed for young children to explore baseball, soccer, non-contact lacrosse and flag football in a fun and non-competitive setting. Children participate in multiple activities every day through unique Sports Unlimited games. Participants should bring a water bottle, small group games. Individual skills include: passing, catching and punting along with offensive and defensive strategies. Children will be divided by age and skill level. Participants are asked to bring a water bottle, snack & sunscreen. Sports Unlimited coaching staff.
_Maple Grove Middle School Soccer/Football Field_
_Monday – Thursday, June 24 - 27_
_9:00 a.m. – 12:00 p.m. · Ages 4-6 $87 307519-01_
_1:00 – 4:00 p.m. · Ages 6-12 $87 307519-02_
_Monday – Thursday, August 12 - 15_
_9:00 a.m. – 12:00 p.m. · Ages 4-6 $87 307519-03_
_1:00 – 4:00 p.m. · Ages 6-12 $87 307519-04_

KICKBALL - DODGEBALL
_Ages 5-12_
Kickball: is all about the FUN! Similar to baseball, this playground favorite is played with traditional baseball rules and a few extra quirky rules mixed in. Instead of a bat and ball, kids kick, catch, throw and dodge an 8” playground ball, meaning that anyone can join in and have a great time.
_Dodgeball: _Played with soft Nerf balls. This is the most popular gym game by far for the last 75 years. Variations include Trench ball, Bombardment, Dodge Football, Ga-Ga ball and Mushrooms and Aliens.
_Bring a water bottle, snack & sunscreen. _Sports Unlimited coaching staff.
_Maple Grove Middle School Soccer/Football Field, 7000 Hemlock Lane_
_Monday – Thursday, June 17 - 20_
_9:00 – 12:00 p.m. $87 307519-05_
_Monday – Thursday, July 15 - 18_
_9:00 – 12:00 p.m. $87 307519-06_

QUARTERBACK/RECEIVER/RUNNING BACK FOOTBALL CLINIC
_Ages 8-13_
Learn position skills. Quarterback instruction: Stance, exchange, drops set up, sprint out play action, screens, ball handling, options, reading defenses and field leadership. Receiver instruction: Stance, start, release, route, running, cuts, receiving, blocking and reading defenses. Running Back instruction: Stance/stops, screen steps, hand off, foot work, pass blocking and catching drills. Athletes will be divided by age and skill level. Staff to participant ratio is 1:8. Participants should bring a water bottle and sunscreen. Sports Unlimited coaching staff.
_Maple Grove Middle School, Soccer/Football Field_
_Monday – Thursday, July 22 – 25_
_9:00 – 12:00 p.m. $138 307510-01_
MAPLE GROVE MIDDLE SCHOOL
STRENGTH AND CONDITIONING
Entering grades 6 – 8

A strength and conditioning program for girls and boys entering grades 6 - 8 for fall 2019. This would be a great opportunity for students entering 6th grade to become familiar with the Maple Grove Middle School building and the fitness center. The program is designed to develop proper techniques in weight training and improve physical strength. Cardiovascular conditioning and plyometrics will help improve individual endurance, balance and quickness. For program information contact Gary Stefano at stefanog@district279.org.

Maple Grove Middle School, Weight Room, 7000 Hemlock Lane
Tuesdays, Wednesdays and Thursdays
June 11 - July 18 (ex July 3 & 4)
8:00 – 9:15 a.m. · $80 307212-01
9:30 – 10:45 a.m. · $80 307212-02

OSSEO STRENGTH TRAINING & SPEED DEVELOPMENT
Grades 7 - 12

The Osseo Speed and Strength program offers each athlete the opportunity to increase their athletic performance. This is accomplished through a professionally designed speed and strength development program with certified trainers and coaches. All students from grades 7-12 are welcome. This program has proven to assist its participants to have greater success in their respective sports and general fitness levels. For apparel visit osseos-s.itemorder.com. For details or questions, see coach Stockhaus.

Osseo Senior High, Weight Room & East Gym, 317 2nd Ave NW, Osseo
Monday - Thursday, June 10 - August 1 (ex July 1-4)
8:00 - 9:15 a.m. · JV/Varisty · $100 307312-01
9:30 – 10:45 a.m. · Freshmen/Sophomore · $100 307312-02
11:00 – 12:15 p.m. · Grades 7-8 · $100 307312-03

MAPLE GROVE CRIMSON POWER PROGRAM

All groups are incoming grades for next year

The focus of this program is to prepare athletes for competition and prevention of athletic injuries. Muscular strength, flexibility, speed, agility and acceleration will be emphasized with the help of professionally developed training methods. For program content information contact Coach Lombardi at lombardim@district279.org or Coach Spurrell at SpurrellA@district279.org. Scholarships are available.

Maple Grove Senior High Strength Development Center (SDC) and athletic fields. Use the lower level west entrance, “Door C”.

Mondays, Tuesdays, Wednesdays & Thursdays
June 10 – July 31 (ex July 1 - 5)
7:30 - 10:15 a.m. · $180 307112-01
~ Grades 9-12: High intensity training (football focused) in weights, body positioning, explosion, speed and athleticism. A curriculum based workout is used. (The focus of this training is centered around training for more short spurt, anaerobic sports.)

9:30 - 11:15 a.m. · $130 307112-02
~ Grades 9-12: Professional lifting program, non-sport related. Workouts involve strength, endurance and movement progressions. Lifting will not only center on power, but flexibility and explosiveness as well.

10:30 – 12:15 p.m. · $130 307112-03
~ Grades 7-8: Introduction to the weight room using correct techniques creating a core and foundation for young athletes to build as they head into a life full of training and fitness throughout the rest of their lives. Workouts include 1 hour in the weight room daily followed by 45 minutes of different competitions that increase athleticism.
MAPLE GROVE TEEN CENTER
The Teen Center is open to teens entering grades 6 - 12. The Teen Center is packed with things to do, pool tables, video games, a movie room, lounge area, Xbox ONE, PS4, Switch and more!

HOURS OF OPERATION
School's Out Schedule Beginning June 7, 2019
Monday - Wednesday ...................................... 10:00 a.m. - 8:00 p.m.
Thursday ............................................................. 10:00 a.m. - 9:00 p.m.
Friday & Saturday ............................................. 10:00 a.m. - 10:00 p.m.
Sunday ..................................................................... 12:00 p.m. - 6:00 p.m.

Holidays
Monday, May 27, Memorial Day .......................... 10:00 am-6:00 pm
Thursday, July 4, Independence Day .................. 10:00 am-6:00 pm
Monday, September 4, Labor Day ...................... 10:00 am-6:00 pm

TEEN CENTER BIRTHDAY PARTIES
Grades 7-12
Celebrate your birthday with your friends in our Teen Center. Your birthday is special, so celebrate it at the Maple Grove Teen Center. Call 763-494-6549 to make your reservation.
$120.00 Private teen parties are available on Sunday starting at 6:00 p.m. You will have exclusive use of the Teen Center for 2 hours.

Teen Center and Gym Party Option
For the active party goers you may want to rent out our gymnasium, play a game of basketball, volleyball or your choice of indoor activity.
$140.00 You will have exclusive use of the Teen Center for 3 hours & the gym for 1 hour.

CALLING ALL MAPLE GROVE TEENS!
The Maple Grove Teen Advisory Group wants you! We are an all youth advisory group, we provide feedback on programs and operations of the Maple Grove Teen Center and our goal is to enhance the quality of teen programs in Maple Grove and participate in volunteer activities. We want to hear your voice. TAG meets on Thursdays at 6pm in the Teen Center. Email malekebu@maplegrovemn.gov for more information.

Free Events for Teens

JULY BBQ
Join us for a fun and free BBQ in the Lion's Pavilion by the Community Center! Burgers, hot dogs, pop, watermelon and more!
Community Center, Lions Picnic Pavilion
Saturday, July 6
6:00 - 7:00 p.m. Free

TIE DYE T-SHIRTS
Come Tie Dye a t-shirt or 2 at our Tie Dye event! You bring the t-shirt, we will bring the dye!!
Community Center, Lions Picnic Pavilion (weather permitting)
Tuesday, June 25
6:00 - 7:00 p.m. Free

ROCK ART
Have you found any of the wonderful painted rocks hidden around the city? Join the fun and come paint some rocks to hide to bring joy to the discoverer!
Community Center, Teen Center
Saturday, July 20
6:00 - 7:00 p.m. Free

POP-UP REC
Entering grades 6 - 12
IT'S TIME TO GET OUTSIDE!
Are you looking for more friends so you can get outside and have some fun? This summer Maple Grove Teen Center will be hosting POP-UP REC at local parks. Come on out to try some new games! Each week we will come with activities to engage in! Kickball, Capture the Flag, Bocce Ball, Lightning and many more! Get out of your house and come join the fun! Just look for our big red Pop-Up rec flag!
Every Wednesday at Central Park
Every Thursday - rotate to a new park
June 19 - August 29 (ex July 3, 4 & Aug 14)
4:00-6:00 p.m. Free 308112-01
Register and we will send you reminders! No registration required to participate.
**Free Events for Teens Click here for registration link**

**CHALK ART**
Have you been to chalk fest? Try your hand ay Chalk Art with us!
Meet in the Teen Center
Community Center, Teen Center
Saturday, August 3
4:00 - 6:00 p.m.  Free

**BACK TO SCHOOL TEEN FASHION PREVIEW**
Youth ages 12 - 18

*Back to School Fashion Show*

**MODELS WANTED**
Rehearsal: Tuesday, August 13
Show: August 14

The Maple Grove Parks and Recreation Department and The Shoppes of Arbor Lakes are co-hosting the annual *Back to School Fashion Preview* on Wednesday, August 14. This amateur show will showcase new and upcoming fashion styles for back to school. Participants will model clothing supplied by local retailers. The show will be held at the new Phenow Pavilion at Central Park. Spectators will be charged $5.00 at the door. Come out and enjoy food, beverages, support our youth, win door prizes, pick up coupons for your favorite shops and enjoy the runway show.

**WANTED:** Teen guys and girls between the ages of 12 and 18 to walk the runway and model clothing in the *Back to School Fashion Preview*.

Registrations will be accepted on a first come, first serve basis until all 60 spaces are filled. Deadline for registration is Sunday, July 7 at 4:30 pm. Participants will not be compensated; no head shots please. Indicate shirt, slacks and shoe size, and if you are interested in hair and makeup (if available) when registering.

Central Park, Phenow Pavilion, 12000 Central Park Way
Rehearsal: Tuesday, August 13, 2:00-4:00p.m.
Show: Wednesday, August 14, 5:00 – 8:00 p.m.
Show 5:00 - 8:00 p.m.  Free (models)  308110-01

**Art Corner**

**4th OF JULY CUPCAKE WARS - FONDANT**
*Ages 12 - 17*
Cut, roll and sculpt colorful fondant to create an amazing 4th of July themed cupcakes! Compete against friends to win a prize!
Maple Grove Community Center
Saturday, June 29
10:00 - 11:30 a.m.  $25  308401-01

**PAINT NIGHT**
*Parent/Teen*
Parent/teen paint night! Enjoy a night of painting and root beer floats at the Community Center!
Maple Grove Community Center
Saturday, July 20
6:00 – 8:00 p.m.  $35  308409-01

To register, webtrac.maplegrovenn.gov  Register on April 24 for most programs, April 25 for swimming
CREATIVE HEALTHY COOKING
Ages 11-17
Learn to prepare unique and health-conscious dishes from scratch. Impress your family and friends by making fun healthy snacks and entrees. The final day of the session you can invite your friends and family to taste your creations on the patio overlooking Eagle Lake. (2 guests per student.) Fee includes all supplies.
Eagle Lake Community Building, 6259 Eagle Lake Drive
Fridays, June 28 - July 26 (ex July 12)*
*July 19 class will meet at MG Community Center
10:00 a.m. - noon $60 308105-02

DIGITAL FILM PRODUCTION: SPECIAL EFFECTS
Ages 10-15
Learn film editing basics and how to use Hollywood-style special effects techniques! Animated Lasers, Custom Light Sword, Hyper-drive effects and more! Student photograph release must be signed for the class. Please bring a USB drive to save your work and snack/beverage.
Maple Grove Community Center
Monday - Wednesday, June 10 - 12
1:00 p.m. - 4:00 p.m. $100 308416-02

JAVA GAME CODING
Ages 10-15
New class! Students working on individual computers will be introduced to object-oriented programming and elements of the Java language while learning to code their text-based RPG (Roleplaying Game). No programming experience is necessary, but familiarity with doing common tasks using a computer operating system (text-editing and understanding directory structures) and keyboarding is required. Bring a USB drive, a snack, and a drink each day.
Maple Grove Community Center
Monday – Wednesday, July 29 - 31
9:00 a.m. - noon $100 308416-03

EXTREME ROBOTICS: EV3 BATTLEBOTS
Ages 10 - 15
New class with new builds and challenges! Combining the versatility of the LEGO building system and the Mindstorms EV3 (the most sophisticated microcomputer brick ever made by LEGO), this camp will energize and excite students. Working each day in teams, students will construct fun LEGO models, experiment with programs, and compete in robotic challenges. Robot building, block programming, and teamwork will be part of each day’s activities. Final challenges will be centered around hitting targets and a sumo battle. Please bring a drink and snack daily.
Maple Grove Community Center
Monday - Wednesday, July 29 - 31
1:00 p.m. - 4:00 p.m. $100 308416-04

See more programs for teens on pages 24, 32-33, 36, 38 and 40-41.
CAMPING SKILLS AND OUTDOOR COOKING
Ages 11-17
Learn how to set up your campsite, set up a tent and cook a one-pot meal over a campfire!
French Park, Field Operations Center
Sun., June 30, 1:00-3:00 pm $20 308109-01

KAYAKING 101
Ages 11-17
Come try the fun sport of kayaking! Bring a towel and wear a swimsuit.
Fish Lake Regional Park
Tue., July 2, 10:00 am-noon $25 308109-02

ARCHERY
Ages 11-17
National Archery in the School program trained instructors will guide you in learning how to shoot with a compound bow!
Elm Creek Park Reserve, Archery Range
Mon., July 8, 1:00-3:00 pm $20 308109-03

DISC GOLF
Ages 11-17
Come out with your friends and learn how to play Disc Golf!
Elm Creek Park Reserve, Disc Golf Course
Mon., July 22, 10:00 am-noon $15 308109-04
Fri., August 9, 1:00-3:00 am $15 308109-05

STAND UP PADDLE BOARDING
Ages 11-17
Participants will learn about balance, paddling strokes, water safety and recovering from a fall. Paddle board, paddle and PFD will be provided. Bring a towel and wear a swimsuit.
Fish Lake Regional Park
Wed., August 21, 10:00 am-noon $25 308109-06

CAPTURE THE FLAG
Ages 11-17
Join us for the largest game of Capture the Flag you will ever play! Teens will be divided into teams at Weaver Lake Park, bring a friend and be prepared to have some fun. Participants are encouraged to wear appropriate shoes for running and to bring their own drinking water.
Weaver Lake Park, 8401 Dunkirk Ln N
Friday, July 12
3:00 – 5:00 p.m. Free

3-ON-3 OUTDOOR BASKETBALL TOURNAMENT AT CENTRAL PARK
Ages 11-17
The Central Park courts come alive with friendly competition at the third annual outdoor 3-on-3 Basketball Tournament. This round-robin contest has teams competing in two age groups. Team schedules will be determined the morning of the event. All teams must be pre-registered to participate.
Central Park of Maple Grove, basketball courts, 12000 Central Park Way
Friday, July 12
10:00 a.m. - end of tourny $20/team 308101-01
Maple Grove Skate Plaza

The Maple Grove Skate Plaza is located next to the Maple Grove Community Center. The skate plaza is open daily during park hours from 6:00 a.m. - 11:00 p.m. Skateboards, scooters, in-line skaters and BMX bikes are welcome. Helmets and protective gear are strongly recommended for all participants. This park is unsupervised; users assume all risks inherent in the use of this facility.

Skateboarding Events

**SKATEBOARDING LESSONS WITH 3RD LAIR**
*Ages 7 and older*

Beginners to experts and everybody in between is invited to enroll in this clinic. It will be taught by 3rd Lair Skate Park Instructors. Skaters will learn Ollies, kick flips, heel flips, ramp riding and much more. The instructors will also teach skate park safety and etiquette. Each participant will need his/her own skateboard and helmet. Kneepads, elbow pads and wrist guards are recommended.

**Maple Grove Skate Plaza**
- Monday – Wednesday, June 17 - 19
- 9:00 – noon $120
- Monday – Wednesday, July 22 - 24
- 9:00 – noon $120

**3RD LAIR’S ANNUAL SKATEBOARD CONTEST**
*Anyone who likes to skateboard*

Come on out for our Annual Skateboard Competition! ALL AGES WELCOME! There will be Prizes in each division! (Girls / Beginner / Intermediate / Expert) - Boards, shirts, trucks, wheels, bearings, accessories and MORE!! Contestants will be judged by 3rd Lair’s skateboarding staff. Come on out and show us what you can do! Registration starts at 2:00 p.m.

**Community Center Skate Plaza**
- Saturday, August 10
- 2:00 p.m. - Registration, 3:00 p.m. - Competition FREE

**SKATE PLAZA**

An unsupervised skate plaza. Helmets and protective gear are recommended for all participants. This park is unsupervised; users assume all risks inherent in the use of this facility.

**DUCT TAPE FASHION SHOW AND CONTEST**
*Ages 10 - 17*

Are you a believer you can make anything with duct tape? Then here is your challenge. Design your outfit from duct tape and enter the Duct Tape Fashion Show! Judging is based on creativity, workmanship, originality and quantity of duct tape used. Participants may use any color of duct tape and the outfit may include accessories. Participants will meet at the Town Green at 1:45pm. Participants will be on stage at 2:15 pm.

**Maple Grove Town Green**
- Saturday, July 13
- 2:15 - 2:45 p.m. $10 308415-01
Register on April 24 for most programs, April 25 for swimming. To register, webtrac.maplegrovemn.gov.

**Try Something Out of Your Comfort Zone!** Click here for registration link.

### BATTLE OF THE BANDS 2.0

* Ages 12-25

Maple Grove Parks and Recreation and the Institute of Production and Recording are hosting Battle of the Bands 2.0! We are seeking bands with members who are 12 to 25 years of age to compete in one epic battle!!!

Our sponsor IPR will be judging the event. Prizes for the winning band include an opportunity to play at Maple Grove Days and a recording session with IPR professionals. To register and for more information contact Tanya at thuntley@maplegrovemn.gov.

**Registration accepted immediately.**

Sample music must be provided via recording or a link to a site where your music can be previewed.

* **Maple Grove Town Green**
  * **Friday, June 21**
    - **6:00 - 10:00 p.m.** Free  
    - **Email:** thuntley@maplegrovemn.gov

### LOG ROLLING

* Ages 5 - Adult

Join North Star Log Rolling to try one of the most historic sports of Minnesota! You will learn the basics of log rolling, and have the opportunity to compete against other rollers. Log rolling is a wonderful sport for people of all ages and abilities and will give you the chance to work on your balance, coordination, endurance, and core strength. Participants should come dressed in athletic clothing that can get wet, or swimwear.

**Weaver Lake Community Park, 8401 Dunkirk Ln, meet at beach**

**Tuesdays, June 18 – August 13 (ex July 2), 8 ses**

- **12:30 - 1:30 p.m. (ages 5-10)** $80  
  - **305103-01**
- **1:30 – 3:00 p.m. (ages 10-18)** $100  
  - **305103-02**
- **5:30 – 7:00 p.m. (ages 18+)** $100  
  - **305103-03**

**Thursdays, June 20 – August 15 (ex July 4), 8 ses**

- **3:00 - 4:30 p.m. (ages 10-18)** $100  
  - **305103-04**
- **4:30 – 5:30 p.m. (ages 5-10)** $80  
  - **305103-05**

### ADULT STAND UP PADDLEBOARDING/YOGA

* Kim Olson, owner of Pura Paddle, a company specializing in Yoga and stand up paddleboarding (SUP), is a 200 hour certified Yoga Instructor and WPA Level 1 instructor. Check out www.purapaddle.com for more information. Classes are held at the Eagle Lake Boat Access, 6861 Magda Dr., Maple Grove. Vehicles without trailers can use Woodcrest Neighborhood Park, 6800 Magda Drive for parking.

#### “SUP” STAND UP PADDLEBOARDING: YOGA

Develop better balance, strength, coordination and endurance by linking breath to movement. This is an energizing Vinyasa class where your mat is a stand up paddleboard and your studio is the water. Paddleboard 101 or prior paddleboard experience recommended to participating. Use of regulation paddleboard included.

* **Wednesday, June 12**
  - **7:15 - 8:15 p.m.** $30  
  - **309220-04**

#### “SUP” YOGA SERIES

For those who can’t get enough SUP Yoga and want a challenge. Class #1 will be an introduction to paddling and SUP Yoga, we will do Gentle Wave Yoga. Class #2-SUP Vinyasa, will involve more yoga flow. Class #3-SUP Yoga Sculpt, adding sculpt movements to our Yoga flow; pushups, mountain climbers and rock the rail. Class #4-Yoga Bootcamp, we will incorporate it all; paddling, yoga, and sculpt by doing drills. Paddleboard 101 or prior paddleboard experience recommended to participating. Use of regulation paddleboard included.

* **Wednesdays, August 7, 14, 21 & 28**
  - **6:00 - 7:00 p.m.** $120  
  - **309220-05**
BARRELATES
Join us for a group fitness class that combines Pilates, dance, yoga and sculpting movements. Using bodyweight, this class challenges the entire body, especially the muscles of the legs, butt and core to tighten and tone, without adding bulk. This class will enhance flexibility and both muscular and cardiorespiratory endurance through fast-paced, low-impact movements. Whether performing exercises laying down, seated, or standing, the focus is always on maintaining proper alignment and core stabilization to create a fun, yet challenging, workout experience. This class is designed for healthy individuals with no previous dance experience. Please bring a mat to class. Instructor, Kristie Walker.
Maple Grove Middle School, Cafeteria, 7000 Hemlock Lane
Thursdays, June 13 - August 22 (ex July 4)
7:10 – 8:10 p.m. $70 (10 ses) 309218-01

TABATA FITNESS
Tabata is High Intensity Interval Training (H.I.I.T.) and is the ultimate workout for cardio and fat burning. Tabata is an intense interval training circuit, which gets the body’s major muscle groups involved. With high intensity exercise your body continues to burn fat long after your workout is complete. Each session consists of 20 seconds high intensity work, followed by 10 seconds rest. This pattern repeats for 4 minutes. There are 8 sessions per workout. The class begins with a warm up and ends with a stretch/cool down. Modifications for exercises are offered, so it’s perfect for any fitness level. This full body workout is guaranteed to transform your body! Please bring an exercise mat and medium weight dumbbells.
Maple Grove Middle School, Gym D/E, 7000 Hemlock Lane
Mondays, June 10 – August 19 (ex July 1 & August 5)
6:00 – 7:00 p.m. $70 (10 ses) 309211-01

CARDIO BLAST
An intense program of cardiovascular conditioning covering anything from sport-specific training, obstacle courses, cardio boxing, squats, lunges, running/power walking - modified or intensified to fit your needs. Each class offers a different challenge, combined to offer increased heart rate, burn calories, and boost your metabolic rate with a cardio concentrated - but fun - workout!. Wear appropriate workout shoes and clothes. Instructor, Renae Cole.
Maple Grove Middle School, Gym D/E, 7000 Hemlock Lane
Wednesdays, June 12 - August 21 (ex July 3, 24 & Aug. 7)
7:30 – 8:10 p.m. $44 (8 ses) 309206-01

STRENGTH TRAINING AND TONING
This class is designed for all fitness levels. This program will assist in building bone density, losing weight and strength & energy building. Basic exercises using weights are geared toward individuals’ abilities, and can help with providing for a healthier, more active lifestyle. Authorities suggest that strength training can lower your risk of heart disease, diabetes and osteoporosis. Come join this class for an energy overhaul. Instructor, Renae Cole. Wear comfortable clothing and bring your hand weights and a mat for floor exercises.
Maple Grove Middle School, Gym D/E, 7000 Hemlock Lane
Mondays, June 10 - August 19 (ex July 1 & August 5)
7:15 – 8:05 p.m. $63 (9 ses) 309209-01
Wednesdays, June 12 - August 21 (ex July 3, 24 & Aug. 7)
6:30 – 7:20 p.m. $56 (8 ses) 309209-02
**BEGINNING YOGA**

After a long day, join this relaxing class to reduce stress, increase flexibility and restore a healthy, positive mind and body balance. Recommended for those interested in a slower paced environment or have no advanced yoga experience. Come stretch and relax. Instructor, Dee James. *Bring a mat for floor work.*

Maple Grove Middle School, Cafeteria, 7000 Hemlock Lane
Mondays, June 10 – August 19 (ex July 1)
6:00 – 7:00 p.m. $70 (10 ses) 309204-01

Wednesdays, June 12 - August 21 (ex June 26 & July 3)
6:00 – 7:00 p.m. $63 (9 ses) 309204-02

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**VINYASA FLOW YOGA**

*Intermediate/Advanced*

After a long day, join this relaxing class to reduce stress, and to restore a healthy, positive mind and body balance. This Vinyasa Flow class builds heat in the body with sun salutation and builds strength and flexibility through holding poses. Recommended for those who have done yoga before who are active and want a faster paced practice. Instructor, Dee James. *Bring a yoga mat for floor work.*

Maple Grove Middle School, Cafeteria, 7000 Hemlock Lane
Mondays, June 10 – August 19 (ex July 1)
7:10 - 8:10 p.m. $70 (10 ses) 309212-01

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**PRENATAL YOGA**

Join Laura Honeck (RYT, RPYT), Yoga Alliance Registered Prenatal Yoga Teacher and birth doula for 75 minutes of strength building and birth preparation. This class focuses on connecting with your body and the baby. You'll build endurance and move organically while preparing for birth and the emotional marathon of motherhood. All levels of experience and pregnancy welcome. *Please bring a yoga mat and firm pillow.* Props, tea and aromatherapy provided. This class is for women only.

Healthwise Studio, 11110 86th Ave N, Maple Grove
Mondays, June 17 - July 22
6:45 – 8:00 p.m. $60 (6 ses) 309208-01

Mondays, August 5 - 26
6:45 – 8:00 p.m. $40 (4 ses) 309208-02

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**GENTLE VINYASA FLOW YOGA**

*Morning Class*


Maple Grove Middle School, Gym D/E, 7000 Hemlock Lane
Wednesdays, June 12 - August 21 (ex July 3)
8:30 - 9:30 a.m. $70 (10 ses) 309204-03

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**YOGILATES**

Yogilates combines the slow controlled breathing and stretching of yoga with the core strengthening of Pilates. Yogilates is designed to relieve tension and help calm the mind while also increasing strength, balance, flexibility and coordination. Class sessions will include yoga and Pilates exercises, balance poses, stretching and a stress-reducing, relaxation segment. Options and modifications will be given to include beginner to intermediate levels. *Bring a mat for floor work.* Instructor, Kristie Walker.

Maple Grove Middle School, Cafeteria, 7000 Hemlock Lane
Thursdays, June 13 – August 22 (ex July 4)
6:00 – 7:00 p.m. $70 (10 ses) 309214-01

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**SUN SALUTATION SATURDAYS**

*Saturday Morning Class at Central Park of MG*

A guided experience in a peaceful environment that is powerful, detoxing, energizing and invigorating. Stress less, increase flexibility, restore a healthy mind and body balance. Gentle Vinyasa Flow builds heat, strength and flexibility through holding positions. For those who have some experience with yoga or new to yoga but are active. Instructor, Dee James. *Bring a mat for ground/floor work.* During inclement weather, group will meet inside the building (with the exception of June 15, July 13 and July 27).

Central Park of MG, the Garden, 12000 Central Park Way
Saturdays, April 27 - August 24 (ex May 25)
8:30 - 9:30 a.m. Free-will offering
No registration required
ZUMBA FITNESS
Inspired by high energy and motivating Latin and international music, Zumba is a dynamic, exciting, effective head-to-toe fitness system. Zumba combines fast and slow paced rhythms that tone and sculpt the body using aerobic interval training. Zumba is fun and great for the mind and body. No previous experience necessary. Instructor, Susan Gahan. Bring a water bottle and a sweat towel.
Maple Grove Middle School, Comm. Gym, 7000 Hemlock Ln* Mondays, June 10 - August 19
*Class on July 29 and August 5 held in MG Community Ctr. Gym
6:15 - 7:15 p.m. $77 (11 ses) 309215-01
Maple Grove Middle School, Gyms A/B, 7000 Hemlock Ln Wednesdays, June 12 – August 21 (ex July 3 & August 7)
6:15 – 7:15 p.m. $63 (9 ses) 309215-02

ZUMBA FITNESS PUNCH CARD
Can't decide what Zumba class to attend? Try a quarterly punch card. You may attend any summer Zumba class. Other exercise classes are not included. Punch card sent by mail.
• Fee is $70.00 for 10 punches. 309215-03
• Times not used are not transferable to another quarter. No refunds for punch cards.

TAI CHI EXERCISE
Tai Chi Ch’uan is a traditional Chinese exercise system which has been widely practiced for preventative and therapeutic purposes. Occasionally referred to as “moving meditation” or “moving pole”, it is one of the most popular exercise programs of Chinese tradition for improving personal fitness for people of any age. The primary benefits include postural control and balance, flexibility, coordination, agility, strength and power, sensitivity and awareness, reaction time and confidence. The movements are practiced in the beginning as slow and relaxed to develop strength while eliminating tension and increasing energy. As you advance in practice the movements will offer a practical way to learn to work with others and still reduce stress and tension. Taught by Gold Tai Chi group head instructor, Elaine Schrade.
Maple Grove Middle School, Gym D/E, 7000 Hemlock Lane Tuesdays, June 11 – August 20 (ex August 13)
7:00 – 8:00 p.m. $70 (10 ses) 309210-01

BALLROOM DANCE FOR BEGINNERS
Ages 16 - adult (Children welcome with adult)
If you wish you knew how to dance so you could get on the floor with confidence, then this is the perfect course for you! Learn to dance real ballroom steps in sync with your partner. Be prepared for your next social event, including weddings & parties, or just attend for something new to do! Practice to songs that inspire you to get on the floor, and even bring along your own favorite music to try dancing to in class. Come with or without a partner. Couples keep together and singles rotate with one another. Teens and adults of all ages welcome. Classes are fun and learning is made easy! Free make up lessons if you need to miss class for any reason. For more information call 612-240-8329 or visit www.ConstantineDance.com.
Maple Grove Community Center, Gym Tuesdays, June 25 - July 16
6:30 - 8:00 p.m. $55/person (4 ses) 309101-01

FALL SOFTBALL LEAGUES Ages 18+
Games played at Maple Grove Middle School. 5-week doubleheader league, except 5-Man.
Leagues for teams Class D & below
Mens 5-Man Monday evenings beginning August 19. 6 weeks, 1 game/week
$260.00 (includes tax) per team 310109-01
Mens Wednesday evenings beginning August 21
$435.00 (includes tax) per team 310103-02
Note: Total 3 homeruns per game for the Men’s Leagues. Additional homeruns will be an out.
Co-Rec Tuesday evenings beginning August 20
$435.00 (includes tax) per team 310102-01
Complete roster due by August 23, 2019.
Online and in person registration begins on Wednesday, April 24 and runs through Friday, August 2, 2019.
Note: Teams must provide an email address. All correspondence will be by email only.
ADULT GOLF
Three Rivers Park District
Eagle Lake Golf Center, 11000 County Road 10 (1 mile west of Highway 169 in Plymouth)

Adult Never Ever – Never Ever lessons are designed for the golfer with no experience playing golf. This class will start at the beginning. Clubs are available for use. Equipment, golfer expectations, golf etiquette, simple rules, drills and swing instruction will be a part of each lesson! Lessons will cover irons, driving, chipping and putting. Mondays & Wednesdays, July 8 – 17
6:00 – 7:00 p.m. $89 (4 ses) 309301-01

Adult New Golfer – New Golfer lessons are designed for the golfer with little experience playing golf. New golfers usually have less than three years of playing experience or play less than 10 rounds a season. This class will incorporate golf etiquette, simple rules, drills and swing instruction into each lesson. Lessons will cover irons, driving, chipping and putting. Completion of this course prepares you for the next step class or private lessons. Mondays & Wednesdays, July 8 – 17
7:00 – 8:00 p.m. $89 (4 ses) 309301-02
Tuesdays & Thursdays, July 23 - August 1
6:00 – 7:00 p.m. $89 (4 ses) 309301-03

ADULTS USA TENNIS
1-2-3 FUNDAMENTALS
Adults 19 years & older
An introductory program consisting of 8 sessions to teach basic skills quickly to new players or to tennis players who have not played in some time. Make-up rain date is the following Wednesday.
Maple Grove High School, Tennis Courts, 9800 Fernbrook Ln
Tuesdays, June 11 - August 6 (ex July 2)
6:15 - 7:15 p.m. $90 (8 ses) 309302-01

ADULT LEAGUE USA
TEAM TENNIS MIXED DOUBLES
Adults 19 & older
USA Team Tennis offers adults the opportunity to practice and play organized matches in a friendly atmosphere. The emphasis is on fun, fitness and the social benefits of tennis. This is a mixed doubles league, so you don’t need a partner to sign up! Make-up rain date is the following Thursday.
Maple Grove High School, Tennis Courts, 9800 Fernbrook Ln
Tuesdays, June 11 - August 6 (ex July 2)
7:20 p.m. - 8:50 p.m. $50 (8 ses) 309302-02

MAPLE GROVE TENNIS LADDER
Tennis players of all abilities, senior high through adult
An opportunity to participate in a recreational tennis club. The ladder is a list of players to contact for singles tennis. The ladder will be starting in May and last through the middle of September, with playoffs at the end of the regular season. Players schedule their own matches, and can play as often or seldom as desired. There is no fee to participate. To register go to the website, maplegrove.tencaptennis.com.
**PICKLEBALL**
This popular game is a combination of ping-pong, tennis and badminton and is played with a smaller racquet/paddle and a whiffle ball. Previous experience is not needed; we'll teach you the basics and you'll be hooked! Open gym fees apply. Equipment provided.

**PICKLEBALL – INDOORS**
Ongoing open games. Pickleball Memberships, Coupon Book or Gym fees apply. See page 71 for details.

**Foundation Fitness**
Life Time Fitness and Maple Grove Parks and Recreation join together to offer this fitness class. Foundation Fitness combines strength training, flexibility and cardiovascular conditioning in one class.

**Life Time Fitness Center, Aerobics Room**
Mondays, June 3 – August 26
10:40 – 11:40 a.m. $58 (13 ses) 311207-01
Wednesdays, June 5 – August 28
10:40 – 11:40 a.m. $58 (13 ses) 311207-02
Fridays, June 7 – August 30
10:40 – 11:40 a.m. $58 (13 ses) 311207-03

**PICKLEBALL – OUTDOORS**
As soon as weather allows, pickleball will move from the Community Gyms to the outside courts. Group play is scheduled and listed below.

**Lakeview Knolls Pickleball Courts (6 courts)**
Mon – Sat, 8:00 – 11:30 a.m.
Wed, 6:00 – dark
Sun, 6:00 – dark

**Central Park (4 courts)**
Novice and recreational players (basic understanding of game)
Mon - Sat, 8:00 – noon
Mon & Wed, 6:00 p.m. – 9:30 p.m.

**PICKLEBALL - INTRO LESSONS**
Want to learn the very basics and get to know the game of Pickleball? This once monthly, 2 hour lesson will provide you the chance to learn skills, and play with other like players. It is a fun game, you can learn quickly and improve on the more you play. Register for these lessons online at no cost.

**Lakeview Knolls Pickleball Courts, 9391 Fernbrook Lane N**
Tue, June 11 7:00 – 9:00 p.m. Free 311320-01 | Tue, August 6 7:00 – 9:00 p.m. Free 311320-02

**SWIM FITNESS**
Summer Early Bird Class. Tone your muscles, improve your cardiovascular system, have fun, stay fit and do it with the help and buoyancy of water. A great form of exercise for people with arthritis or water lovers. Instructor is Denise S.

**Maple Grove Community Center Pool**
Tuesdays, June 11 – August 27 (ex July 2)
7:00 – 8:00 a.m. $48 (11 ses) 311212-01
Thursdays, June 13 – August 29 (ex July 4)
7:00 – 8:00 a.m. $48 (11 ses) 311212-02

**FOUNDATION FITNESS**
Life Time Fitness and Maple Grove Parks and Recreation join together to offer this fitness class. Foundation Fitness combines strength training, flexibility and cardiovascular conditioning in one class.

**Life Time Fitness Center, Aerobics Room**
Mondays, June 3 – August 26
10:40 – 11:40 a.m. $58 (13 ses) 311207-01
Wednesdays, June 5 – August 28
10:40 – 11:40 a.m. $58 (13 ses) 311207-02
Fridays, June 7 – August 30
10:40 – 11:40 a.m. $58 (13 ses) 311207-03

**MG WHEELERS - Bike Group**
Are you a biker interested in joining in with others for a weekly group ride? We ride on Thursday mornings, approximately 20 miles, starting with shorter routes (10 – 15) and working our way up to longer rides. Meet at areas around the Twin Cities to explore new trails and make new friends. We are a fun social group, welcoming all riders. Helmets required. Call Kris to get registration information and to join the email list, 763-494-6514.

**MG Wheelers Bike Club**
Thursdays meet at 9:00 a.m. various parks $10.00 (yearly)

**MG WHEELERS "LITE" - Bike Group**
Do you like a more leisurely ride and not quite as far? This group is welcome to all riders interested in a slower pace and shorter distance. Join for a weekly ride Tuesday mornings on area trails. Call Kris for more information 763-494-6514.

**MG Wheelers Lite Club**
Tuesdays meet at 9:00 a.m. various parks $10.00 (yearly)
STRENGTH & BALANCE TRAINING
This program can help increase your energy level, build bone density, lose weight and gain strength along with better balance! Strength training can decrease risk for diabetes, heart disease, osteoporosis and other conditions. Bring your weights to class.
Instructor, Jan O.
Crosswinds United Methodist Church, 15051 Weaver Lake Rd
Thursdays, June 6 – August 29 (ex July 4)
9:30 – 10:30 a.m. $51 (12 ses) 311211-01

EASY YOGA
Build strength, increase flexibility and balance, stretch and relax. All in one class. Must be able to move from standing to floor and back. Instructor, Dee J.
K Hovnanian’s Four Seasons at Rush Creek, Community Clubhouse Ballroom, 7550 Rainier La N, Maple Grove MN 55311
Tuesdays, June 25 – August 27 (ex July 2)
9:00 – 10:00 a.m. $39 (9 ses) 311205-01
10:15 – 11:15 a.m. $39 (9 ses) 311205-02
Thursdays, June 27 – August 29 (ex July 4)
9:00 – 10:00 a.m. $39 (9 ses) 311205-03
10:15 – 11:15 a.m. $39 (9 ses) 311205-04

FITNESS WALKING
Adults, ages 62+ (Residents of Maple Grove)
LifeTime Fitness and Maple Grove Parks and Recreation invite you to join a walking club. Using LifeTime’s walking track, you can get your exercise, chat with your friends while you walk, and enjoy the walking pace you choose. For additional information, call Kris at 763-494-6514. All registrations will be handled at Life Time Fitness, Front Desk.
Life Time Fitness walking track
Monday – Friday, ongoing
9:00 – 11:00 a.m. & 1:00 – 3:00 p.m. $10 monthly

NORDIC WALKING GROUPS
Join Sher or Shelly to explore new parks and trails in and around Maple Grove. Use more muscles, burn more calories, do this and more while enjoying a walk in nature. Times available for active or leisure walkers. A limited number of poles are available to borrow, or bring your own. Contact Kris to get on the email list for announcements of the park meeting places and/or to borrow poles at 763-494-6514.
Active walkers: Monday, Wednesday and Friday
7:59 – 9:30 a.m. $10/year 757 Nordic Walk Club
Leisure walkers: Monday, Wednesday and Friday
8:30 – 9:30 a.m. $10/year 830 Nordic Walk Club

HEALTH INSURANCE HELP
Wondering about your choices with supplemental coverage? Have questions about Part D? Worried about the details in filing a claim or appeal? Trained volunteers will help answer these questions and more in a one on one information session.
Maple Grove Community Center
3rd Thursday monthly
By appointment, starting at 12:30 p.m.
No fee, appointment required by calling Sr. Linkage Line, 1-800-333-2433.
**HAPPY FEET FOOT CARE**
Routine foot care for elder and diabetic feet; their staff is able to meet your special needs. A foot soak and massage are provided with each visit along with the care needed.

Maple Grove Community Center
2nd Thursday, 3rd Wednesday or 4th Monday of each month
9:00 a.m. – 2:00 p.m.  
$40.00 per visit

Appointments required. Call 763-560-5136 for appointment.

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**LIVING WELL WITH DIABETES**
Living Well with Diabetes is designed to help people with type 2 diabetes learn how to live well. Topics include: techniques to deal with the symptoms of diabetes, fatigue, pain, hyper/hypoglycemia, stress, depression, anger, fear and frustration, appropriate exercise for strength and endurance, healthy eating, use of medication and working with healthcare providers.

Maple Grove Community Center
**Wednesdays, July 10 - August 14**
1:00 p.m. – 3:30 p.m.  
$25  
311303-02

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**HEALTH AND SAFETY FAIR**
This is the 5th Annual Senior Health & Safety Symposium, hosted by the Maple Grove Fire-Rescue Department. The day will be filled with great speakers on a variety of topics. All attendees will receive a continental breakfast, snacks & beverages, buffet lunch from The Lookout, door prizes, goodie bags, and the chance to talk to vendors. A variety of free health screenings will be offered. Bring your old medications to turn in to Maple Grove Police and non-perishable food donations for CROSS food shelf! Registration is limited for this learning-filled day, so please register soon! If you have any questions, please call Bethany at 763-494-6096 or Kris at 763-494-6514. Registration deadline is June 20. LIMITED SPACE!

Maple Grove Community Center
**Thursday, June 27**
8:30 a.m. – 3:00 p.m.  
$10  
311316-01

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**ACTIVE LIVING EVERY DAY**
No time or energy for exercise? Physical activity doesn’t need to be time consuming or strenuous to improve your health. Maple Grove’s 55 Forward Program is pleased to offer Active Living Every Day (ALED) classes, learn to make simple lifestyle changes to incorporate activity into your everyday life. This class will give you the tools to: • Overcome barriers to movement • Set realistic goals • Stay motivated • Add simple movement to your life and keep it there for a lifetime!

Maple Grove Community Center
**Tuesdays, June 4 - August 27 (ex July 2)**
1:00 – 2:00 p.m.  
$18 (12 ses)  
311303-01

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**HEALTHY LIVING FOR YOUR BRAIN & BODY**
For centuries, we’ve known that the health of the brain and the body are connected. Science is now able to provide insights into how lifestyle choices may help keep your brain and body healthy as you age. Learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and use hands-on tools to help you incorporate these recommendations into a plan for healthy aging. Free but registration is required.

Maple Grove Community Center
**Wednesday, July 24**
10:00 – 11:30 a.m.  
Free  
311320-03

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**CAREGIVER & FAMILY SUPPORT GROUP**
Build a support system with people who understand. Alzheimer’s Association® caregiver support groups conducted by trained facilitators, are a safe place for caregivers, family and friends of persons with dementia to develop a support system; exchange practical information on caregiving challenges and possible solutions; talk through issues and ways of coping; share feelings, needs and concerns; and learn about community resources.

Maple Grove Community Center
**First Thursday monthly**
6:00 – 7:00 p.m.  
Free/drop in
**Second Wednesday monthly**
10:00 – 11:00 a.m.  
Free/drop in

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**UNDERSTANDING AND RESPONDING TO DEMENTIA-RELATED BEHAVIOR**
Behavior is a powerful form of communication and is one of the primary ways for people with dementia to communicate their needs and feelings as the ability to use language is lost. However, some behaviors can present real challenges for caregivers to manage. Join us to learn to decode behavioral messages, identify common behavior triggers, and learn strategies to help intervene with some of the most common behavioral challenges of Alzheimer’s disease. Register for this discussion online at no cost.

Maple Grove Community Center
**Wednesday, May 22**
10:00 - 11:30 a.m.  
Free  
311320-05

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**EFFECTIVE COMMUNICATION STRATEGIES**
Communication is more than just talking and listening - it’s also about sending and receiving messages through attitude, tone of voice, facial expressions and body language. As people with Alzheimer’s disease and other dementias progress in their journey and the ability to use language is lost, families need new ways to connect. Join us to explore how communication takes place when someone has Alzheimer’s, learn to decode the verbal and behavioral messages delivered by someone with dementia, and identify strategies to help you connect and communicate at each stage of the disease. Register for this discussion online at no cost.

Maple Grove Community Center
**Wednesday, June 26**
10:00 - 11:30 a.m.  
Free  
311320-04

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**HEALTHY LIVING FOR YOUR BRAIN & BODY**
For centuries, we’ve known that the health of the brain and the body are connected. Science is now able to provide insights into how lifestyle choices may help keep your brain and body healthy as you age. Learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and use hands-on tools to help you incorporate these recommendations into a plan for healthy aging. Free but registration is required.

Maple Grove Community Center
**Wednesday, July 24**
10:00 – 11:30 a.m.  
Free  
311320-03
**CAR FIT**
CarFit is an educational program through AARP that offers older adults the opportunity to check how well their personal vehicles “fit” them. At a CarFit event, a team of trained technicians and/or health professionals work with each participant to ensure they fit their vehicle properly for maximum comfort and safety. A CarFit check takes approximately 20 minutes to complete. Register with Kris at 763-494-6514 to schedule your free appointment.

**Maple Grove Community Center, Farmers Market parking lot**

**Tuesday, July 16**
10:00 am - 1:00 pm by appointment  
**Free**

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**SOCIAL SECURITY AND RETIRING WISELY**
When should I apply for Social Security? How can I maximize my benefits? How will this affect my spouse? Will I have enough to retire? Will my retirement income last? Join Michelle Nisbet and Michael Coughlin, Financial Advisors, Thrivent Financial for a presentation, Social Security: Strategize to Maximize and Retire Wisely, to learn how to sort through the options to help ensure the choices you make are tailored to your needs. Register for this discussion online at no cost.

**Maple Grove Community Center**

**Tue, May 7**
6:30 - 8:00 p.m. Free 311320-06

**Tue, June 11**
6:30 - 8:00 p.m. Free 311320-07

**Tue, August 20**
6:30 - 8:00 p.m. Free 311320-08

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**GREAT DECISIONS**
World topics to discover and discuss. Each session will start with a short movie, include a speaker, and time to discuss. Topic books are available for purchase, if desired ($22.00 for yearly topics). For book purchase, see Kris Orluck.

**Maple Grove Community Center**

**The Rise of Populism in Europe**
Mass migration, and the problems associated with it, have directly abetted the rise of populist parties in Europe. Opposition to immigration was the prime driver of support for Brexit, it brought a far-right party to the German Bundestag for the first time since the 1950s, and propelled Marine Le Pen to win a 1/3 of the vote in the French presidential election. In addition to calling for stronger borders, however, these parties are invariably illiberal, anti-American, anti-NATO and pro-Kremlin, making their rise a matter of serious concern for the national security interests of the US.

**Wednesday, May 15**
9:00 – 11:30 a.m.  
**$8**  
**311305-02**

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**Decoding U.S.-China Trade**
Though arguably the most advanced economy in the world, the United States still uses centuries-old numbers to measure trade. These antique numbers mangle understanding of the U.S.-China trade relationship, shrinking America’s true economic size and competitiveness, while swelling China’s. Bad numbers give rise to bad policies that ultimately kill U.S. jobs and cede market share to China. What other tools can the United States employ to counter China’s unfair trade practices? There are several available, yet they remain mostly unused.

**Wednesday, June 19**
9:00 – 11:30 a.m.  
**$8**  
**311305-01**

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**FREEDOM TO LIVE: YOUR NEXT MOVE**
Are you considering the purchase of a new home? Explore this opportunity with mortgage experts ready to assist you in making the move to your next stage in life. Depending on when you purchased your last home, there may have been many changes in the mortgage industry. This seminar will help you answer the following questions: Do I need to sell/refinance my current home before I buy? Can I access the equity in my current home for down payment before selling? Should I rent my current home instead of selling it? What products are available in today’s mortgage market? A light dinner will be provided. Free but registration is required.

**Thur, May 9**
6:00-7:30 p.m.  
**Free**  
**311320-10**

**Tues, June 4**
6:00-7:30 p.m.  
**Free**  
**311320-11**

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**HISTORY HODGE Podge**
Dan Hartman teaches a variety of historical topics this spring. Join in one, or all.

**Spanish Flu Pandemic**
The 1918 flu pandemic (January 1918 – December 2020) was an unusually deadly influenza. It infected 500 million people across the world and resulted in the deaths of 50 to 100 million (three to five percent of the world’s population), making it the deadliest natural disaster in human history. It struck the world’s population three times in 1918 as the “Great War” was coming to a close. We will examine the reasons for it and its impact on Medical Science. Travel back in time to when a virus was unheard of. How do you fight it when you cannot even see it?

**Tuesday, June 4**
10:00 – 12:00 p.m.  
**$12**  
**311318-01**

**Sherlock Holmes & Arthur Conan Doyle**
Sir Arthur Conan Doyle was a Scottish writer and physician, most noted for creating the fictional detective Sherlock Holmes and his friend Dr. Watson. The stories he wrote are considered milestones in the field of crime fiction and police science. The character’s popularity became widespread with the first series of stories totaling four novels and 56 short stories.

**Tuesday, June 11**
10:00 – 12:00 p.m.  
**$12**  
**311318-02**

**Leatherstocking Tales and James Fenimore Cooper**
The complete Leatherstocking Tales (The Deerslayer, The Last of the Mohicans, The Pathfinder, The Pioneers, and The Prairie) during the French and Indian War will be discussed as well as the life of James Fenimore Cooper, America’s first novelist.

**Tuesday, June 18**
10:00 – 12:00 p.m.  
**$12**  
**311318-03**

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To register, webtrac.maplegrovemn.gov

55 Forward registration starts April 22; trips immediately
SMARTPHONE WORKSHOP-1
This two hour introductory workshop covers some of the most common and basic usage of a smartphone. We become familiar with the smart device learning important concepts and uses of the smartphone and answer a few questions you may have. We also look at outside resources to help you learn more about smartphone use. Prerequisite: Must be familiar with smartphone and know how to call or answer phone. Prerequisite: Must be familiar with smartphone and know how to call or answer phone.
Maple Grove Community Center
Monday, June 3
9:00 – 11:00 a.m. $35 311402-01

SMARTPHONE WORKSHOP-2
This two hour workshop is a continuation of Workshop-1 session. It covers more of the most common basic usage of a smartphone features. We briefly review workshop-1 material and dive right into more in-depth use of smart device features and functionalities. Prerequisite: Completed Smartphone Workshop-1, or be familiar with smartphone use.
Maple Grove Community Center
Monday, June 10
9:00 – 11:00 a.m. $35 311402-02

ONLINE & MOBILE BANKING
Enjoy tutorial demonstrating the value and benefits of online access. Our helpful associate will guide you in key actions such as viewing your balance, reviewing your transaction history, and setting up bill pay. We will also go over the essential security aspects that protect you while using mobile banking, providing peace of mind and gaining your trust while you do your banking. Provided by Bank of America. Free, but registration required.
Maple Grove Community Center
Friday, June 14
9:30 – 10:30 a.m. Free 311320-09

MHSRC DRIVING CLASSES
This course is taught by MN Hwy Safety Resource Center certified instructors. The class will explore the latest in vehicle technology, changes in laws and review defensive driving principles. Minnesota state law allows a 10% reduction on auto insurance premiums each year for three years to individuals completing the course. To register, visit the MN Hwy Safety Center website at www.mnsafetycenter.org or call 1-888-234-1294. The instructor will collect fees during class. The 8-Hour class fee is $26.00, and The 4 hour class fee is $22.00.
Maple Grove Community Center

4-Hour Refresher Course: This class is for those who have taken the 8-hour course and eligibility for a 3-year auto insurance discount is expiring.
Wednesday, June 5 5:30 – 9:30 p.m.
Thursday, June 13 12:30 – 4:30 p.m.
Tuesday, June 18 8:30 – 12:30 p.m.
Monday, July 15 8:30 – 12:30 p.m.
Monday, July 29 12:30 – 4:30 p.m.
Monday, August 5 5:30 – 9:30 p.m.
Wednesday, August 14 8:30 – 12:30 p.m.
Thursday, August 22 12:30 – 4:30 p.m.

8-Hour Course: This class is for those who have never attended a defensive driving course.
Wednesday & Thursday, July 22 & 23 5:30 – 9:30 p.m.

AARP 55 ALIVE DRIVER SAFETY COURSE
This is the nation's first curriculum designed specifically for mature drivers to review important safety tips. Taught by trained volunteers, you will learn and review tips and tactics for safe driving on our ever busy roads. Upon completion of the course, persons may apply for a 10% discount on their auto insurance. All registration accepted immediately. The course fee is $17 for AARP members and $22 for non-members. Included in this cost are the AARP materials and a $2 facility fee. – Must present your membership card at registration for the discount!
Maple Grove Community Center

8 Hour Driver Safety Course: This class is for those who have never taken a course.
Saturday, June 15
9:00 a.m. – 5:00 p.m. $17/$22 311701-01

4 Hour Refresher Course: This class is for those who have taken the 8-hour course and whose eligibility for a 3-year auto insurance discount is expiring.
Monday, May 13
12:30 p.m. – 4:30 p.m. $17/$22 211701-02
Thursday, June 27
5:30 – 9:30 p.m. $17/$22 311701-02
Tuesday, July 16
8:30 a.m. – 12:30 p.m. $17/$22 311701-03
Wednesday, August 7
8:30 a.m. – 12:30 p.m. $17/$22 311701-04

ONLINE & MOBILE BANKING
Enjoy tutorial demonstrating the value and benefits of online access. Our helpful associate will guide you in key actions such as viewing your balance, reviewing your transaction history, and setting up bill pay. We will also go over the essential security aspects that protect you while using mobile banking, providing peace of mind and gaining your trust while you do your banking. Provided by Bank of America. Free, but registration required.
Maple Grove Community Center
Friday, June 14
9:30 – 10:30 a.m. Free 311320-09

SMARTPHONE WORKSHOP-2
This two hour workshop is a continuation of Workshop-1 session. It covers more of the most common basic usage of a smartphone features. We briefly review workshop-1 material and dive right into more in-depth use of smart device features and functionalities. Prerequisite: Completed Smartphone Workshop-1, or be familiar with smartphone use.
Maple Grove Community Center
Monday, June 10
9:00 – 11:00 a.m. $35 311402-02

ONLINE & MOBILE BANKING
Enjoy tutorial demonstrating the value and benefits of online access. Our helpful associate will guide you in key actions such as viewing your balance, reviewing your transaction history, and setting up bill pay. We will also go over the essential security aspects that protect you while using mobile banking, providing peace of mind and gaining your trust while you do your banking. Provided by Bank of America. Free, but registration required.
Maple Grove Community Center
Friday, June 14
9:30 – 10:30 a.m. Free 311320-09

MHSRC DRIVING CLASSES
This course is taught by MN Hwy Safety Resource Center certified instructors. The class will explore the latest in vehicle technology, changes in laws and review defensive driving principles.
Minnesota state law allows a 10% reduction on auto insurance premiums each year for three years to individuals completing the course. To register, visit the MN Hwy Safety Center website at www.mnsafetycenter.org or call 1-888-234-1294. The instructor will collect fees during class. The 8-Hour class fee is $26.00, and The 4 hour class fee is $22.00.
Maple Grove Community Center

4-Hour Refresher Course: This class is for those who have taken the 8-hour course and eligibility for a 3-year auto insurance discount is expiring.
Wednesday, June 5 5:30 – 9:30 p.m.
Thursday, June 13 12:30 – 4:30 p.m.
Tuesday, June 18 8:30 – 12:30 p.m.
Monday, July 15 8:30 – 12:30 p.m.
Monday, July 29 12:30 – 4:30 p.m.
Monday, August 5 5:30 – 9:30 p.m.
Wednesday, August 14 8:30 – 12:30 p.m.
Thursday, August 22 12:30 – 4:30 p.m.

8-Hour Course: This class is for those who have never attended a defensive driving course.
Wednesday & Thursday, July 22 & 23 5:30 – 9:30 p.m.

55 Forward Electronic Devices & Driver Safety
Game & Card Clubs at the Community Center

Look for registration for these Craft, Game and Card Clubs online! Go to webtrac.maplegrovemn.gov and click on the link on the front page. All card and game clubs cost $10 per year, excluding ACBL Sanctioned Bridge which is $6.00 per week when participating. Weekly prize money is in addition to the yearly fee.

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<td><strong>GAME</strong></td>
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<td><strong>PRIZE $ /WEEK</strong></td>
<td><strong>CLUB CODE</strong></td>
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<tr>
<td>Cribbage</td>
<td>1:00 - 4:00 pm</td>
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<td>Cribbage Game</td>
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<td><strong>PRIZE $/WEEK</strong></td>
<td><strong>CLUB CODE</strong></td>
</tr>
<tr>
<td>Hand and Foot</td>
<td>8:30 am - noon</td>
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<td>Hand &amp; Foot Card</td>
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<tr>
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<td>11:45 am - 3:30 pm</td>
<td>$.50</td>
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<tr>
<td>Domino’s Mexican Train</td>
<td>1:00 - 4:00 pm</td>
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<tr>
<td>Mah Jong</td>
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<tr>
<td>ACBL Sanctioned Bridge</td>
<td>12:00 - 3:30 pm</td>
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<td>pay Game Director</td>
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<td>500</td>
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<td>Hand &amp; Foot</td>
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<tr>
<td>Scrabble</td>
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<td>Scrabble Game</td>
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FREE MONTHLY BINGO
Join us the first Friday monthly for a fabulous hour of BINGO hosted by Northridge Health and Rehab and the Residence at North Ridge. They are teaming up to bring you an hour of fun and great prizes. This is a free event for everyone 55+. No need to sign up, just come to the Community Center ready to play.
Maple Grove Community Center
First Friday monthly 11:00 a.m. FREE

BINGO
Twice a month come into the Community Center for a round of bingo. We play a variety of games: Crazy T, X, Layer Cake, Railroad Tracks, 9 Patch, Postage Stamps, etc. All will be explained and displayed as we play each different game. (Winner chooses the game.) Play 10 games for an afternoon of fun! No registration required, games start 1:00 sharp, so arrive early to choose your cards.
Maple Grove Community Center
2nd & 4th Friday monthly 1:00-2:30 p.m. $1 per card for 10 games (all proceeds returned to the players)

SINGLES GROUP
A group for singles looking to socialize with other 55-Forward participants. This is not a dating group, but its purpose is to connect people to find common interests in participating with the classes, trips and programs offered through the Community Center.
Maple Grove Community Center
1st Monday monthly 1:00 – 3:00 p.m. $10 (yearly) Singles Club

BOOKS, BOOKS, BOOKS!
Energize your reading, with new and different book selections followed by stimulating discussions! It is a continuous program (meeting monthly); reading and discussing a variety of books. Books will be selected from the Book Kits offered by the Hennepin County Library System. These kits provide a number of books and questions for discussion.
Maple Grove Community Center
1st Wednesday monthly 9:30 – 11:30 a.m. $10 (yearly) Book Club

NON-FICTION BOOK CLUB
We have started a non-fiction book club, meeting monthly and discussing a variety of NF books. If you enjoy reading non-fiction and would like to discuss what you’ve read with others, this group is for you. Meets monthly on the second Monday.
Maple Grove Community Center
2nd Monday monthly 9:30 – 11:30 a.m. $10 (yearly) NF Book Club

ANYTHING GOES CRAFTERS
Whether you knit, crochet, cross stitch, scrapbook, quilt… you are invited to join this informal group! Pull together your supplies and come weekly to share ideas, learn new skills, laugh and enjoy the company while you “work”!
Maple Grove Community Center
Wednesday weekly 9:00 a.m. – Noon $10 (yearly) Crafters Club

THE KNITTING GRANDMAS AND FRIENDS
The Knitting Grandmas of Maple Grove are looking for experienced knitters to make hats for the newborns at Maple Grove Hospital. Since the hospital opened in 2010, we have made more than 35,000 hats. Instructions, yarn and embellishments are provided. If you are interested in joining or would like more information, call Kris 763-494-6514.
Maple Grove Community Center
Mondays weekly, noon - 2:00 p.m.

TIME TO QUILT TOGETHER
Whether you are working on hand piecing, or a machine, or if you are making a placemat or a king size quilt, this informal group allows you to gather to work on projects. Bring your own sewing machine (if needed) and project.
Maple Grove Community Center
1st & 3rd Wednesday month 9:30 – 3:00 p.m. $10 (yearly) Quilting Club

WOODCARVING
Any level of woodcarver is invited to join this group! The purpose of this group is to share ideas and techniques while having fun! If you want to learn, a woodcarver will work on a select project with you. Bring your project and woodcarving tools!
Maple Grove Community Center
Tuesdays weekly 12:30 – 3:00 p.m. $10 (yearly) Woodcarving Club

STORY BOOKS ALIVE!
This is a group who shares the enjoyment of reading with youngsters in a variety of school settings in and around Maple Grove. Story Books Alive will use books to develop scripts, create simple props and then performs the story for the students. There is no memorization! To participate or have questions, contact the coordinator, Kristen Hochmuth, khochmuth66@gmail.com.

COLOR ME HAPPY
One of the latest trends, coloring for adults is good for us. It allows relaxation, gives us a chance to be social, reduces stress and anxiety, trains your brain to focus and allows you to have fun and just be you! Join us as we gather to share tips and socialize as we color. Supplies provided if needed or bring your own.
Maple Grove Community Center
Fourth Monday monthly 9:30 – 11:30 a.m. Free
OIL PAINTING
Complete an oil painting in just four sessions. No prior experience is necessary. The paintings may be viewed at the Maple Grove Community Center, room 112. Purchase all supplies to complete the picture from the instructor for $15.00 (cash). Instructor, Dianne Swanson. Registration deadline one week before class.
Maple Grove Community Center
Wheel Barrow in a Country Garden
Wednesdays, June 5 – 26
1:00 – 3:30 p.m. $45 (4 ses) 311501-01
6:00 – 8:30 p.m. $45 (4 ses) 311501-02
Eagles Nest
Wednesdays, July 10 - 31
1:00 – 3:30 p.m. $45 (4 ses) 311501-03
6:00 – 8:30 p.m. $45 (4 ses) 311501-04
Still Life Painting Using a Painting Knife
Wednesdays, August 7 - 28
1:00 – 3:30 p.m. $45 (4 ses) 311501-05
6:00 – 8:30 p.m. $45 (4 ses) 311501-06

STUDIO ARTS
Move beyond a step by step approach to art, “do your own thing”, but have help when needed. The instructor will help you on perfecting technique, composition, problem solving perspective and other elements. Bring your own supplies and start a new project or finish those projects you’ve tucked away! Instructor, Dianne Swanson. Deadline 1 week before class.
Maple Grove Community Center

MINNEAPOLIS SKYLINE
Enjoy an evening in the city without leaving Maple Grove! In this class, artist Dan McAvoy will walk you through the steps to complete a 16x20” painting of the Minneapolis skyline using acrylic paints. No painting or drawing experience is required to have a fun afternoon and create a work of art you can bring home! All supplies are included in the course fee.
Maple Grove Community Center
Monday, June 17
1:00 – 3:30 p.m. $40 311504-01

WATERCOLOR 2
Want to learn new techniques and skills? This course will give you the opportunity to fine-tune your painting skills. We will work on new and different pictures each week. Come and be surprised. Prerequisite Beginning Watercolor, or similar experience.
Instructor, Dianne Swanson. Registration deadline one week prior to class.
Maple Grove Community Center
Mondays, May 6 - June 17 (ex May 27)
6:00 – 8:30 p.m. $60 (6 ses) 311506-01

THE BASICS OF COILED BASKETRY
Learn a coiling technique by making a coaster. Build a design using a variety of available colors. Learn this traditional Native American method of basketry. See samples of many things that you can build on your own with simple materials. Supply fee of $10 (cash) payable to instructor. Bring a bag lunch. Class open to adults and children 10 years and older.
Maple Grove Community Center
Tuesdays, June 25 - July 2
1:00 p.m. – 3:30 p.m. $28 311510-01

SMALL PAINTINGS, BIG IMPACT - STILL LIFE
Have you always wanted to learn to paint but feel short on time, space, or money to put into it? In this course, we’ll learn how making small paintings can resolve all three of these issues while providing opportunities to make beautiful, complete works of art to colorize your kitchen! We’ll cover acrylic painting fundamentals as well as strategies for working art into your busy life. Students can expect to complete one unique still life painting in each of the five class periods. Supplies are included in the course fee. Instructor, Dan McAvoy.
Maple Grove Community Center
Mondays, June 24 - July 22
1:00 – 3:30 p.m. $70 311504-02
55 Forward Food & Fellowship  Click here for registration link

A time to gather at the Senior Center for a monthly meal, served on the 3rd Thursday each month. Come for a meal and stay for the company and entertainment. The cost of the meal is determined by the menu and entertainment costs.

LUNCH - Gather 11:30, Lunch 12:00, Entertainment follows
DINNER - Gather 4:30 pm, Dinner 5:00 pm, Entertainment follows

Maple Grove Community Center, Banquet Room

Thursday, June 20 – Carole King Wrote That with Mary Hall
Enjoy a turkey or ham sandwich with all the fixings catered from The Lookout. Pasta salad and kettle chips will complete this menu, as well as a chef choice dessert! After lunch, Mary Hall will entertain with her rendition of Carole King. It will be a wonderful afternoon with ‘You Got a Friend’ and more! Last day to register or cancel June 17.
$12 per person  11:30 am  June Luncheon

Thursday, July 18 - Thomas Hipps
Before Tom hits the stage, let’s have the best summertime lunch around with burgers and a delicious dessert to finish it off! Tom has thousands of live performances under his belt, performing well-loved songs from the 1930s through the 1970s, as well as a few of his own, so you’re bound to have an exceptional time. Tapping (or stomping!) your feet and singing along is highly encouraged! Last day to register or cancel July 15.
$12 per person  11:30 am  July Luncheon

Thursday, August 15 – Kent - Party of One
Are you ready for the some of the finest BBQ ribs in town catered from The Lookout today! Kent Appeldoorn will be singing favorites like Roy Orbison, Elvis Presley, The Four Seasons, the Beach Boys, Buddy Holly, Johnny Cash, Frank Sinatra and other hits of the 50s, 60s and 70s. Last day to register or cancel August 12.
$12/person (lunch)  11:30 am  August Luncheon

October - Fashion Flair Models ONLY registration
Model’s registration will be accepted on a first come, first serve basis until all 30 modeling spaces are filled. With registration, you are confirming you’re available for practice on Wednesday, October 23 and the show on October 24. Model participants will receive lunch in return for their contribution. Deadline for volunteer registration is September 25. Lunch registration will appear in the Fall Brochure.

FREE MOVIES, FREE BEVERAGES, FREE POPCORN!
We show movies at the Arbor Lakes Senior Living, 12001 80th Ave N. The theater is located in the far right corner of the main lobby. Show times are 9:30 a.m. or 12:30 p.m. Seating is limited to 25 per time slot! Please reserve your seat by calling Kris, 763-494-6514 or Brenda, 763-494-6499.

Dates of Summer Movies
Mondays, June 10 & 24, July 8 & 22, August 12 & 26

TEA ON THE TERRACE
Join us for this monthly gathering. We enjoy tea and treats including fresh fruit, scones, desserts and candies. Relax on the patio overlooking the Town Green Park (weather permitting) or move inside as needed for more comfort. A casual, conversational and entertaining afternoon! Reservations are required.

Maple Grove Community Center

June 17  1:00 – 2:30 p.m.  $7  311304-01
July 15  1:00 – 2:30 p.m.  $7  311304-02
August 19  1:00 – 2:30 p.m.  $7  311304-03
Adult/55 Forward Trips Click here for registration link

ADULT TRIPS
Trip Registration & Cancellation Policy
Trip registration is accepted online, at the Community Center or through the mail-in process. Participants may cancel trips with refund prior to the registration deadline date (a $5.00 processing fee is charged). If you need to cancel after the registration deadline, a refund will be given only if your spot can be filled from the waiting list. If Maple Grove Parks and Recreation cancels a trip, a full refund check will be sent. All trip registration accepted immediately!

Bus transportation leaves from the Community Center Ice Arena entrance at the time listed. Return times for all trips are approximations and may be adjusted due to weather, traffic or scheduling conflicts.

Trip registrations must be made individually with each person's name, phone, etc. Sorry, we cannot offer group registrations!

REVOLUTION; THE BEATLES SYMPHONIC EXPERIENCE
Orchestra Hall
Start with dinner at Jax Cafe, where you will enjoy your choice of braised short ribs, Norwegian salmon or pasta primavera alfredo, including salad, breads and dessert. Then, grab your ticket to ride in a mesmerizing symphonic journey through the history of The Beatles at Abbey Road that features smart new arrangements of their greatest hits interspersed with never-before-seen images from The Beatles Book Archives. This performance includes gems like “Ticket to Ride,” “Get Back,” “Hey Jude,” “Here Comes the Sun” and “All You Need is Love.” Last day to register or cancel May 10. Hurry this was in the spring brochure - limited openings!

Saturday, June 22
5:00 – 11:00 p.m. $89 211801-10

MINNEAPOLIS POPS ORCHESTRA PARK CONCERT
Nicollet Island
This always popular concert, presented by the Minneapolis Pops Orchestra for will feature light classical and pop music. The pavilion is covered and air conditioned for protection from sun or rain and chairs are provided. The Minneapolis Pops Orchestra is a professional orchestra with its members coming from many professional musical organizations. Also enjoy coffee, punch and treats at this event. Following the concert, we will head to Rock Bottom Brewery for lunch. Here you have your choice of classic cheese burger, club sandwich or chicken cobb salad, served with a dessert. The last day to register or cancel is June 23.

Tuesday, July 9
9:30 – 2:30 p.m. $45 311801-01

TREASURE ISLAND CASINO
Try your luck, watch people, enjoy the food, the choices are yours as we head to Red Wing and Treasure Island Casino. Upon arrival at the casino you will receive $20 in slot play credits and a $3 food coupon to be used at any of their restaurants or cafes. For the fastest and best experience please provide us with your Passport Club number. Note: When you register, you will be asked to provide your Passport Club number or birthdate. When you provide this information you are giving Maple Grove Parks and Recreation permission to share your name, address and birthdate (private data) with the casino. You are welcomed to sign up for the trip and decline to provide permission; however, doing so will eliminate your cash incentives. Last date to register or cancel July 8.

Wednesday, July 17
8:00 am – 3:00 pm $25 311801-02

JEEVES TAKES A BOW
Theater in the Round
Bertie Wooster brings his charms to America! Our hapless hero ventures across the pond, bringing only his handsome fortune, his remarkable manservant Jeeves - and, of course, his talent for trouble. He's soon mixed up with a Broadway chorus girl, the gangster "Knuckles" McCann, and even gets engaged by mistake to the meddling Vivienne Duckworth. Can even the stalwart Jeeves save Bertie from himself this time? Last day to register or cancel is July 8.

Sunday, July 21
1:00 – 5:30 p.m. $35 311801-03
FOOTLOOSE
*Bloomington Civic Theatre*
Start at QCumbers where you will enjoy this relaxing, healthy venue for dinner. Then on to Bloomington for Footloose! “Dancing is not a crime!” When seventeen-year-old Ren McCormack’s father walks out on his family with no explanation and no goodbye, Ren is forced to move from Chicago to a town in the middle of nowhere, Nowheresville, where he has no friends and no prayer of fitting in. Things go from bad to worse when he realizes that the town has outlawed his only outlet – dancing, the girl he likes is the conservative preacher’s daughter, and her boyfriend has a mean right hook and a target on Ren’s head. So our endlessly optimistic hero does the only thing he knows how to do: fight back. And get every kid in school to do it with him. Based on the beloved 1980s film and featuring all the songs that made it famous, this musical is a non-stop dance party with a heart of gold. Last day to register or cancel is June 10.

**Thursday, July 25**
4:30 – 10:30 p.m. $75 311801-04

FORESTVILLE CAVE AND VILLAGE
*Southeastern Minnesota*
Plan to stop for lunch at the Texas Roadhouse in Rochester with your choice of sirloin steak or BBQ chicken breast. Next, head onto the most popular tour at Mystery Cave, where you will see dramatically-lit cave formations along with pools, lakes and long, linear corridors. This tour involves 3/4-mile of walking on paved walkways and bridges. Then cross the landmark Carnegie Bridge and explore a late-1800s store, farm, and homestead with original artifacts. There's much to enjoy at this historically rich site! Stop for a break at Culver’s for a treat on your own. Last day to register or cancel is August 9.

**Thursday, August 22**
9:30 a.m. - 7:30 p.m. $72 311801-07

AL & ALMA’S CRUISE & LUNCH
Enjoy a summer afternoon cruising on Lake Minnetonka. This 1 ½ hour cruise around one of the beautiful metro lakes includes a light lunch of sandwich, salad, chips, dessert and coffee or water. Sit back, enjoy the fresh air, or the air conditioned cabin. To access the boat you must be able to do a few steps. Last day to register or cancel is June 14.

**Monday, July 29**
10:30 – 2:00 p.m. $32 311801-05

CIRCUS JUVENTUS & DEVITO’S LUNCH
Start with lunch at DiGidio’s Italian Restaurant. Enjoy a buffet of caprese salad, pasta, meatballs and dessert. Then on to Circus Juventus where something is amiss in the Black Forest… comedy, magic, and romance abound as we return to the world of international fairy tales. Will Jack conquer his beanstalk? Will the Little Mermaid finally make it to shore? Will Pinocchio achieve real-boy status? Will Sleeping Beauty EVER wake up? The fairy tale world is thrown for a loop when Russian sorceress Baba Yaga and her sisters brew up a devilish plan to tangle the traditional tales and sow the seeds of epic chaos, forcing beloved fairy tale characters to band together and strive to set their stories straight. Last day to register or cancel is June 22.

**Saturday, August 10**
10:15 a.m. – 5:30 p.m. $76 311801-06

MAMMA MIA
*Chanhassen Dinner Theater*
Enjoy a delicious lunch you order off of the menu with 5 choices. Then sit back and enjoy the show! One mom. One daughter. Three possible dads. And a trip down the aisle you’ll never forget! It’s sequins, spandex and feather boas on a Greek island paradise! Get ready to have the time of your life with Mamma Mia! A daughter planning her wedding longs to discover the identity of her father. She brings three men from her mother’s secret past back to the Greek island they’d all visited 20 years ago. The story-telling magic of ABBA’s timeless popular songs propel this delightful story of love, laughter and friendship. Last day to register or cancel is August 5.

**Wednesday, September 4**
10:30 a.m. – 4:30 p.m. $85 311801-08

"Why do you journey? You travel so that you can see the place you came from with new eyes and extra colors. Coming back to where you started is not the same as never leaving."
~ Terry Pratchett
THE TIME TO TRAVEL

LANDMARK TOURS

Whether you are a new to the experience or a seasoned world explorer, the exciting world of escorted travel awaits you. This will be a fully guided powerpoint presentation on the positive and enriching experiences that different types of pre-planned group travel can bring to you, including: Tours, cruises, city getaways, and many more. Learn why people travel and how it can help you. Travel challenges the mind and the senses, as we continue our quest for lifelong learning opportunities. What better way than to see other destinations, try new foods, explore new languages, and to learn from other cultures around the world. Our world has become easier to visit, so let’s explore these possibilities together. Come and learn more about all the programs available from a representative of Minnesota based Company, Landmark Tours. Free, registration required. 

Tuesday, June 11 - Trip information presentation
10:00 Free 311320-18

COLLETTE VACATIONS PRESENT

2019 & 2020 Tours

Join us for a special presentation to learn about upcoming travel with Collette Vacations. Free, but registration required.

Thursday, July 18
10:00 - 11:00 a.m. Free 311320-17

Islands of New England: Sept 26 – Oct 3, 2019. We start in Providence, RI and finish in Boston, MA with stops in Newport, Martha’s Vineyard, Provincetown, Hyannis, and Nantucket. Celebrate the Cape with culinary inclusions of a seafood and lobster dinner, and chef demonstration. Wow at the breathtaking Ocean Drive, experience iconic landmarks in Boston and explore the idyllic island of Nantucket. A great fall trip.


All classes, trips and programs are planned for seniors’ participation, but are open to any adult interested. Call Kris Orluck at 763-494-6514 with any questions.
All About the Community Center

12951 Weaver Lake Road, Maple Grove, MN 55369
Monday-Friday ............................................................... 6:00 a.m. - 10:00 p.m.
Saturday ........................................................................ 8:00 a.m. - 10:00 p.m.
Sunday ............................................................................ 10:00 a.m. - 10:00 p.m.

Community Center Holiday Hours:
Sunday, April 21, Easter ................................................... Closed
Monday, May 27, Memorial Day .................................... 10:00 a.m. - 10:00 p.m.

Telephone numbers
Banquet & Meeting Room Rentals ........................................ 763-494-6527
Birthday Party Packages ...................................................... 763-494-6549
Group Reservations ............................................................. 763-494-6527
Ice Arena Dead Ice Times .................................................... 763-494-7591
Ice Arena Office ................................................................. 763-494-5968
Ice Rentals .......................................................................... 763-494-6465
Main Number .............................................................. 763-494-6500
Membership Support Services ....................................... 763-494-6508
Website ........................................................................ www.maplegrovecommunitycenter.org
Facebook ................................................................. facebook.com/maplegrovecommunitycenter

ALL BUILDING DAILY PASS
The All Building Daily Pass allows access to the Grove Cove Aquatic Center, the Maple Maze indoor playground, gymnasium, open ice skating, and adult open hockey.

**Daily Admission**
- Non-Resident: Youth/Senior $10.00, Adult $12.00, Family $37.00
- Resident: Youth/Senior $9.00, Adult free, Family $32.00

**Coupon Book**
- Non-Resident: $85.00
- Resident: $85.00

Fee Guidelines
**Resident**: Individual that lives or works full-time in Maple Grove. Residency will apply to immediate family members for family memberships and for family admissions when the adult meeting the criteria is paying. Non-resident fees will be charged when an individual cannot provide proof of residency.

Acceptable Forms of ID
- Drivers License or State ID
- ID and current pay stub from Maple Grove business

Age Criteria
- Youth - Age 17 and under
- Adult - Age 18-61
- Senior - Age 62 and above
- Family - consists of immediate family of up to two adults and their children living at the same address and full-time college students ages 18-24 with proof of full-time college status. Multiple families living at the same residence will be charged separately.

**Gift Cards**
Gift cards to the Community Center can be used on admissions, concessions, room rentals, memberships, etc. for any amount.

**COMMUNITY CENTER MEMBERSHIPS**
The Community Center is the perfect place all year long! Select from the All Building Membership for all the recreational areas, the Pool Only Membership or the Pickleball Membership (access to the CC Gym and MG Middle School Community Gyms during Open Pickleball only).

**All Building Memberships**

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**Pool Annual Memberships**

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**Pickleball Memberships**

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<td>$17.92</td>
<td>$16.25</td>
</tr>
</tbody>
</table>

**Military Discount Memberships**

Military personnel need proof of service with a military ID with DD# or DD214 with photo. Military family members and retiree IDs accepted. MUST be done in person.

<table>
<thead>
<tr>
<th></th>
<th>Annual / Monthly</th>
</tr>
</thead>
<tbody>
<tr>
<td>Military Adult</td>
<td>$155.00 / $12.92</td>
</tr>
<tr>
<td>Military Family</td>
<td>$325.00 / $27.08</td>
</tr>
<tr>
<td>All Building Adult</td>
<td>$185.00 / $15.42</td>
</tr>
<tr>
<td>All Building Family</td>
<td>$365.00 / $30.42</td>
</tr>
</tbody>
</table>

**Membership Options**
You can choose from an Annual Membership online or in person by cash, check or credit card or a Continual Membership with the direct payment option from your checking account. To purchase a new or renew an annual membership go to www.maplegrovecommunitycenter.org.

Online purchases for memberships are not available if:
- You plan on paying by check, cash or using the Direct Payment monthly option.
- You work full-time in Maple Grove (with proof) and want to receive the resident rate.
- To receive the MERSC rate, bring a valid company ID or pay stub for proof of current employment.
- To receive the military discount, bring a military ID with DD# or DD214 with photo.

Members are to present ID each visit. If you are using a PCA, nanny or have a full-time college student age 18-24 living at home, you must fill out a Special Request Form every year.

Gift Cards can be used on admissions, concessions, room rentals, memberships, etc. for any amount.

Membership Sale
May 1 - 10
See page 5
COMMUNITY CENTER MEETING ROOM RENTALS & GROUPS

ROOM RENTAL PROCESS

Room rental requests can be made by:
~ On-line at maplegrovecommunitycenter.org. Click Room Rentals, then choose the Room Rental Request form.
~ By email mgccrentals@maplegrovemn.gov.
~ By fax at 763-494-6453.

The Rental Coordinator works from 8:00 am-4:30 pm, Monday-Friday. Rental requests are processed in the order received. You will be contacted within 1-3 business days.

Cancellations require a 30 day notice to receive a refund.

Small meeting room rental fees are due at the time of booking.

MEETING ROOMS

From seminars and meetings to birthday parties, you’ll want to schedule your next event here! The room sizes vary to accommodate 15-40 people, depending on room setup. Rooms are available during Community Center hours. Audiovisual equipment is available to rent.

Fees:
(Monday-Sunday)                Non-Resident                Resident
Private/Business               $35.00/hr.                    $30.00/hr.

Early Morning Room Special

Kick start your weekday with a great deal. Schedule a small meeting room Monday through Friday between 6:00 a.m. - 10:00 a.m. for only $10 an hour. This is ideal for networking groups or businesses to receive a great rate! Call 763-494-6527 for availability. This offer is valid at Community Center meeting rooms. Meetings must be concluded by 10:00 a.m.

The "Fine Print"

~ Parties or gift openings are not allowed in the open lobby areas. Staff will ask you to rent a room or store belongings in your vehicle.
~ Decorations: You may bring your own decorations; however, tape/adhesives, mylar confetti and glitter are prohibited.
~ Food/Beverage: No red beverages or alcohol are allowed in the small meeting/party rooms.

GROUPS & AFTER-HOUR DEALS

The Community Center is available for groups, overnight and after-hours private rentals. Choose from the pool, indoor playground, gym or ice skating. The Teen Center and meeting rooms can be added. Let us customize a package that works for your group. For details call the Rental Coordinator at 763-494-6527.

Group Rates

Group rates are available for 15 or more in all areas. Advance reservations are required for all groups and payment must be made with one transaction. Chaperones are free and are based on a 1:10 ratio of adult/youth; with the exception that the pool supervision policy applies.

Group Rates: single activity

Gym, Ice Skating or Maple Maze..................................................$4.50
Grove Cove Aquatic Center..........................................................$6.00

Group Rates: multiple activities

Two Areas ..................................................................................$7.00
Three Areas ..............................................................................$8.00
All Building Daily Admission .......................................................$8.50

Non-taxable rates available with proof of Tax Exempt status.

Late Night or Overnight Rentals

Private parties are available after regular business hours. Prices will vary, but can start as low as $350 for the Maze and lobby late night rental to a full overnight lock-in. For details call 763-494-6527.

Private Maple Maze Rentals

Rent the Maple Maze indoor playground for your private party on Sundays from 6:15 pm - 8:15 pm or Saturdays from 8:15 pm - 10:15 pm. The fee of $175 plus sales tax includes use of a room for up to 40 people for an hour.

To register, webtrac.maplegrovemn.gov
Register on April 24 for most programs, April 25 for swimming

To make a room rental request, go to www.maplegrovecommunitycenter.org. Select room rentals. Click on fillable form.
Community Center Large Area Rentals

BANQUET ROOM

The Banquet Room serves as a premier banquet and meeting facility seating up to 250 people, formal seating. The warm, attractive decor is inviting for all occasions. This room is sure to meet your needs whether it is for a wedding, anniversary, banquet, company picnic or holiday party, training seminars, conferences, and tradeshows or craft sales. Quality sound and audiovisual equipment offer spectacular presentations and training. Outside, our beautifully landscaped flower garden and picturesque patio are a perfect complement to the large meeting room. Go online or call 763-494-6527 to leave a rental request.

Hours: This room is available Monday - Thursday from 6:00 a.m. to 10:00 pm; Friday and Saturday until 1:00 a.m.; Sunday from 2:00 pm to 10:00 pm.

Table Set-Up: Tables are 5-foot rounds and can seat up to 8 people. Layout is confirmed during the reservation process.

Food/Beverage: Renters must select from four exclusive caterers for food served at events for an additional fee: Lookout Catering, Lynde's Catering, India Spice House and Holy Land. A licensed caterer is required to serve your refreshments and meal. A portable beverage bar with pop is available. Red beverages are not allowed. Rentals are required to use the exclusive liquor provider licensed to have alcohol served at MGCC. When alcohol is served a security guard is required to be present. Call 763-494-6527.

Fees: Non-Resident Resident
Private/Business Function
Mon-Sun (1-7 hours) $50.00/hr. $45.00/hr.
Fri-Sat-Sun (7+ hours) $350.00 $315.00
Senior Center room rental fees are due at the time of booking. A $300 damage deposit may be required depending on the type of event. When applied, the refundable damage deposit is required 30 days prior to the rental date.

ROOM 112

An excellent room for family gatherings, end of season parties, large meetings or seminars, sample sales and much more! The room has seating for up to 80 people, features a walk out patio, a large screen for presentations. Food may be catered or brought in. Licensed caterers have access to the small kitchen facilities. Potluck events are allowed, however, renters will not have access to the kitchen per state health codes. Alcohol is allowed. Ask for guidelines and fees for liquor providers, security services and beverage bar fees.

Fees are due at the time of booking.

Fees: Non-Resident Resident
Private/Business Function
Mon-Sun (1-7 hours) $50.00/hr. $45.00/hr.
Fri-Sat-Sun (7+ hours) $350.00 $315.00

Senior Center room rental fees are due at the time of booking. A $300 damage deposit may be required depending on the type of event. When applied, the refundable damage deposit is required 30 days prior to the rental date.

GYMNASIUM RENTAL

The Maple Grove Community Center Gymnasium has two half courts (one full) gymnasium which offers a great variety of options for your rental needs. Each half court has 3 basketball hoops and is lined for basketball, volleyball and pickleball. Hoops have adjustable heights. Half court rentals are available Tuesday evenings. Full court rentals are available Saturday evenings after 8:00 pm and Sunday evenings after 8:00 pm.

Non-Resident Resident
$55.00 per hour $50.00 per hour

To check availability or make a reservation, contact the Rental Coordinator at 763-494-6527.

Non-profit rates are available.

A non-refundable payment of 50% of the rental fees is due at the time of booking. The balance of the fees and the $300 refundable damage deposit is due 30 days prior to the rental date.

To make a room rental request, go to www.maplegrovecommunitycenter.org. Select room rentals. Click on fillable form.
MAPLE MAZE - INDOOR PLAYGROUND

It’s an AMAZING fun time for children ages 12 and under. Start on the first level by climbing the rock wall, hopping on the pogo stick or enter the tree house and climb to the second level. Four slides entice children to keep crawling back up to discover new routes to slide down, long tubes to push through and hover rings to crawl over. The toddler area for three years and under lets them crawl into a lion’s mouth and back down a slide to venture on to a molded alligator, hippo and more. Activity panels keep the young minds intrigued and active. Let your child be the judge of the fun!

**Hours of Operation**
Monday – Saturday 9:00 a.m. – 8:00 p.m.
Sundays 10:00 a.m. – 6:00 p.m.

**Daily Admission**

<table>
<thead>
<tr>
<th></th>
<th>Non-Resident</th>
<th>Resident</th>
</tr>
</thead>
<tbody>
<tr>
<td>Youth ages 1-12</td>
<td>$6.00</td>
<td>$5.00</td>
</tr>
<tr>
<td>Toddlers under age one</td>
<td>Free</td>
<td>Free</td>
</tr>
<tr>
<td>Socks</td>
<td>$3.00/pair</td>
<td>$3.00/pair</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th></th>
<th>Non-Resident</th>
<th>Resident</th>
</tr>
</thead>
<tbody>
<tr>
<td>10 Coupons/all ages</td>
<td>$45.00</td>
<td>$45.00</td>
</tr>
</tbody>
</table>

**Specials**
**Summer Sizzler Special**
Get out of the hot sun and play indoors in the Maze! Pay only $3.00 between 8:00 am - 2:00 pm, Monday - Friday. This special runs Monday, June 10 - Friday, August 30.

**Indoor Playground Rules**
- Socks must be worn.
- Children 8 years & under must be accompanied by an adult.
- No food or beverages in the playground.
- No pushing or rough play.
- The toddler area is restricted to children 3 and under.
- Wristband must be worn.
- The Indoor Playground is supervised during anticipated HIGH VOLUME USE only.

**Private Maple Maze Rentals**
Rent the Maple Maze indoor playground for your private party on Sundays from 6:15-8:15 p.m. or Saturdays from 8:15-10:15 p.m. The fee of $175 plus tax for an hour includes use of a room that holds 30-80 people based on availability. Contact Rental Coordinator at 763-494-6527 for availability.

---

**Gymnasium**

<table>
<thead>
<tr>
<th>Daily Admission</th>
<th>Non-Resident</th>
<th>Resident</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tots--Parents free with Tot*</td>
<td>$3.50</td>
<td>$3.00</td>
</tr>
<tr>
<td>Single</td>
<td>$6.00</td>
<td>$5.00</td>
</tr>
<tr>
<td>Home School **</td>
<td>$3.00</td>
<td>$3.00</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Coupon Book</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>10 coupons/book-all ages</td>
<td>$45.00</td>
</tr>
</tbody>
</table>

*Parents are free during scheduled tot time only.
**Home School rate during designated times only.

All gym users must pay for and wear a wristband. The gymnasium schedule has specific times for drop-in basketball. Monthly schedules list gym closures; large group use, tot time and resident open gym times.

A zero tolerance policy is enforced.

**Gym Schedules**
Monthly gym schedules are available in racks near the customer service desks or on our website at [www.maplegrovecommunitycenter.org](http://www.maplegrovecommunitycenter.org)
The basic party package cost is $120 for up to 10 youth, including birthday child, and $5 for each additional child. Themed party rates are $140.00. A minimum of one adult is required. The Birthday Party Package base fee plus sales tax is due at the time of booking. No checks will be accepted.

Party packages are offered at the Community Center on Fridays, Saturdays and Sundays and include a private decorated party room for 90 minutes, a t-shirt for the birthday boy/girl, paper products and beverages. Pizza and hot dog options are available.

The party group can choose one or two activities; swimming at the Grove Cove Aquatic Center, Maple MAZE Indoor Playground or ice-skating. Skating is only available most Fridays 7:15 - 8:45 pm and Saturdays & Sundays 1:00 pm - 2:30 pm.

Early Bird Special - Sunday Mornings
$110 for one hour of private time in the Maple MAZE Indoor Playground with two hours of room time Sundays from 9:00 - 11:00 a.m. Includes beverages for first 10 kids and $5 for each additional kid.

Themed Parties
The cost is $140.00 for up to 10 youth including the birthday child and $5.00 for each additional child. The birthday child can choose up to two activities - swimming at the Grove Cove Aquatic Center Pools, the Maple Maze indoor playground or ice skating. Ice skating is available most Fridays 7:15-8:45 pm and Saturdays & Sundays 1:00-2:30 pm. Parties include a private party room for 90 minutes, decorated in the party theme, colored paper products and beverages (soda or juice boxes).

Princess Party
Come celebrate your birthday in royal style at the Community Center. Be a princess for the day! You will also receive a royal 5" pink and purple colored cake and ten cupcakes, tiaras or crowns for everyone and a T-shirt for the guest of honor.

Super Hero Party
Let your child be a super hero for the day! The private party room is decorated in favorite super hero cutouts and decor to set the stage for a super fun birthday! You will also receive a 5" blue and green colored cake with ten cupcakes, super hero masks and a T-shirt for the guest of honor.

Paw Patrol Party
Your child can join the Paw Patrol for the day! The private party room is decorated in Paw Patrol decor to set the stage for a fun birthday! You will also receive a 5" cake with ten cupcakes, badges and a T-shirt for the guest of honor.

To book a Birthday Party with us, submit your request online at maplegrovecommunitycenter.org (room rentals) or call 763-494-6549. Leave your name, phone number and preferred date.

To learn more: maplegrovemn.gov/community-center/parties-rentals/birthday-party-packages/ or on Facebook: facebook.com/MapleGroveCommunityCenter
ICE ARENA

The Ice Arena offers great opportunities to get together with family and friends. Open skating, adult open hockey, low test freestyle skating are available at scheduled times. Open skating schedules are updated monthly and made available at the ice arena office and customer service desks. Pick up an hour of ice time to skate with friends, family or co-workers. Call 763-494-6465 to schedule ice time.

Daily Admission

<table>
<thead>
<tr>
<th></th>
<th>Non-Resident</th>
<th>Resident</th>
</tr>
</thead>
<tbody>
<tr>
<td>Weekend/Evening Open Skate</td>
<td>$6.00</td>
<td>$5.00</td>
</tr>
<tr>
<td>Weekend Open Skate*</td>
<td>$3.00</td>
<td>$3.00</td>
</tr>
<tr>
<td>*Available only through June 6. (Youth 4 and under are free)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Adult Open Hockey</td>
<td>$7.00</td>
<td>$7.00</td>
</tr>
<tr>
<td>Low Test Freestyle</td>
<td>$7.00</td>
<td>$7.00</td>
</tr>
<tr>
<td>Dead Ice</td>
<td>$7.00</td>
<td>$7.00</td>
</tr>
<tr>
<td>Coupon Book Open Skate</td>
<td>$45.00</td>
<td>$45.00</td>
</tr>
<tr>
<td>10 coupons/book-all ages</td>
<td></td>
<td></td>
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</table>

Skating Services

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Skate Rentals</td>
<td>$3.00 per pair</td>
</tr>
<tr>
<td>(sizes youth 8 to adult 12)</td>
<td></td>
</tr>
<tr>
<td>Skate Sharpening</td>
<td>$4.50 per pair</td>
</tr>
</tbody>
</table>

All Building Membership offers year round access to open skating, adult open hockey, Low Test Freestyle and Dead Ice.

Weekday Open Skate through June 6

Tuesday & Thursday                11:30 a.m. – 1:00 p.m.

Weekday Open Skate (Summer Special)

Thursdays, June 13 - August 29    7:15 p.m. - 8:45 p.m.

$2.00 per skater (special summer rate)

Youth ages 4 and under are free. Adult supervision is required.

Weekend Open Skate

Fridays                        7:15 p.m. – 8:45 p.m
(ex May 3, 10, 17, August 2, 16, 23))

Saturdays through June 6

1:00 p.m. – 2:30 p.m
(ex May 4, 11, 18)

Sundays                        1:00 p.m. – 2:30 p.m
(ex May 5, 12, 19 August 4, 18, 25)

Youth ages 4 and under are free. Adult supervision is required.

Adult Open Hockey

Sundays                        11:15 a.m. – 12:45 p.m
(ex May 5, 12, 19 August 4, 18, 25)

Helmets and shin pads are required. Skaters must be 18 years or older.

Low Test Freestyle

Sundays                        10:00 a.m. – 11:00 a.m.
(ex May 5, 12, 19 August 4, 18, 25)

Senior Open Skate (ages 50 and older) through May 28
(Not available in the summer. Will return in September.)

Tuesdays & Thursdays           9:00 a.m. – 10:00 a.m.
No Charge                      9:00 a.m. – 10:00 a.m.

*For exclusion dates please see the monthly schedule available online at www.maplegrovecommunitycenter.org or call the ice arena office at 763-494-5968.

Open Skate Special Events:

Friday, June 14              7:15 p.m. – 8:45 p.m.

Fathers Skate Free - Kick off Father’s Day by ice skating. Fathers skate free and kids accompanying pay only $3.00.

Friday, July 12              7:15 p.m. – 8:45 p.m.

Cool Ray Skate - Wear sunglasses and pay only $3.00.

Ice Rental Rates

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Prime Time Ice (Sept. - May)</td>
<td>$210.00/hour + tax</td>
</tr>
<tr>
<td>Mon – Fri</td>
<td>2:00 p.m. – 10:00 p.m.</td>
</tr>
<tr>
<td>Sat &amp; Sun</td>
<td>6:00 a.m. – 10:00 p.m.</td>
</tr>
<tr>
<td>Non-Prime Time Ice (Sept.-May)</td>
<td>$175.00/hour + tax</td>
</tr>
<tr>
<td>Mon – Fri</td>
<td>10:01 p.m. – 1:59 p.m.</td>
</tr>
<tr>
<td>Sat – Sun</td>
<td>10:01 p.m. – 5:59 a.m.</td>
</tr>
<tr>
<td>Summer Ice (June-August)</td>
<td>$175.00/hour + tax</td>
</tr>
</tbody>
</table>

Dead Ice Hotline

What is Dead Ice? Dead Ice is a block of time that has not been reserved by anyone. No Dead Ice is available on weekends. Skaters may use the ice until the next reserved hour. Admission is $7.00 per skater. For more information call 763-494-5951.

The Premiere Rink will be closed May 20 - June 9 for annual maintenance.

To register, webtrac.maplegrovemn.gov

Register on April 24 for most programs, April 25 for swimming
Admission fee to the Grove Cove provides access to the lap and leisure pools, offering activities for the entire family. The indoor leisure pool features a zero-depth beach area, water spray activities, a 130-foot waterslide and a tot slide. The lap pool features 25-yard lap lanes, a climbing wall and a rope swing that drops into 12.5 feet of water. The outdoor pool features a lazy river, tumble buckets, log walk and water sprays. Pool schedule is listed on page 75. Patrons under the age of 1 are free with a paying adult.

**Daily Admission**

<table>
<thead>
<tr>
<th></th>
<th>Non-Resident</th>
<th>Resident</th>
</tr>
</thead>
<tbody>
<tr>
<td>Single - under 1 free</td>
<td>$8.00</td>
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</tr>
<tr>
<td>Family</td>
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<td>$26.00</td>
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</table>

**Coupon Book**

<table>
<thead>
<tr>
<th></th>
<th>Non-Resident</th>
<th>Resident</th>
</tr>
</thead>
<tbody>
<tr>
<td>10 coupons/book-all ages</td>
<td>$65.00</td>
<td>$65.00</td>
</tr>
</tbody>
</table>

**Hours of Operation**

Pool schedules list hours for open swim, waterslide, rope swing and hours the pools are closed for instructional programs. Lap swim hours are updated weekly. Pool schedules are available at the customer service desks or on our website at www.maplegrovemn.gov/community-center/swimming-pools.

**Group Rates**

Group rates are available for 15 or more swimmers at $5.75 per person. A two-week advance reservation is required and you must pay with one transaction. Groups are scheduled Thursdays and Fridays during the school year from 10:00 a.m. – 12:00 p.m., or after hours any night of the week. Groups may be scheduled after noon on weekends and District #279 no school days. A minimum of 50 swimmers is required to make the water slide, rope swing & climbing wall available. Call 763-494-6527 to schedule your group now.

**Special Events and Family Fun**

**FRIDAY FAMILY FUNDAYS**!

Every Friday from May 3- May 31, 2019 will be a **Friday Family Funday**! You will find admission discounts and concession specials!

**Daily admission** is $6.00/individual or $24.00/family for ALL visitors for Friday Family Fundays and Wild Wednesdays. **Concession specials** will be offered all day, every Friday and Wednesday.

**WILD WEDNESDAYS**!

Every Wednesday from June 12 - August 28, 2019 will be a **WILD WEDNESDAY**! We will offer admission discounts, great concession specials, fun games that the kids love and even fabulous prize drawings! Come join the fun in the sun and stay cool in the Grove Cove pools!

**June 12 . . . Summer Fun**

**July 24 ..... Diving Dolphins**

**June 19 . . . Under the Sea**

**July 31 ........ Pirate Plunder**

**June 26 . . . Duck, Duck, Grey Duck**

**August 7 ...... Fantastic Fish**

**July 3 . . . Firework!**

**August 14 .......... Speedway**

**July 10 . . . Silly Smiles**

**August 21 . . . . Frog Hop**

**July 17 . . . . Rock 'n Roll**

**August 28 . . . Back to School**

**Pool Rules**

- US Coast Guard approved lifejackets are allowed if there is an adult in the water within arms reach. Lifejackets may not be worn on the rope swing, climbing wall, big waterslide, or during lap swim or flotation fun. Lifejackets may not be inflatable. No other flotation devices are allowed, including water wings, noodles, kickboards, tubes and air mattresses, unless approved by the Supervisor on Duty in the case of a therapeutic, instructional or exercise program or a special need.
- Parents are **required** to be in the water with all children under 42” tall, and those wearing lifejackets.
- Swim diapers are required for all non-trained swimmers, and are available to purchase at the lower level customer service desk.
- Small toys, diving rings, and beach balls are allowed if used in a safe manner and do not endanger other swimmers. Footballs, baseballs, tennis balls, hockey pucks and other hard objects are not allowed.
- No diving in any of the pools.
- No diving masks with glass lenses are allowed in the pool.
- No glass, street shoes, food or beverages in the pool area.
- No refunds are issued for pool closure due to defecation, vomit, weather, or other unforeseen situations.

**POOL SUPERVISION POLICY!**

All children under 42” tall or wearing a lifejacket must have an adult in the water within arms reach to use the Grove Cove Aquatic Center Pools. One adult may be responsible for supervising up to 3 children under 42”.

**LIFEGUARDS + PARENTS = SAFE KIDS!**

**Please bring your lifejackets and diving masks to the pool office to be checked before using!**

**Age Limit**

Patrons with children age 4 and older must use the same-sex lockerroom or the family changing rooms.
Come and join the fun at the Grove Cove Aquatic Center! There are activities available for the entire family. The indoor Leisure Pool features a zero-depth beach area, water spray activities, and a 130-foot long waterslide. The Lap Pool features five 25-yard lap lanes, a volleyball net, a climbing wall, and a rope swing. The outdoor Leisure Pool includes a lazy river, water walk, tot slide, and interactive sprays.

**SUMMER SCHEDULE - JUNE 7 to SEPTEMBER 2, 2019**

**Monday-Friday:** Indoor Pools 6:00 am – 8:00 pm, Outdoor Pool 10:00 am – 6:00 pm

**Saturday:** Indoor Pools 8:00 am – 6:00 pm, Outdoor Pool 10:00 am – 6:00 pm

**Sunday:** Indoor Pools 10:00 am – 6:00 pm, Outdoor Pool 10:00 am – 6:00 pm

### LEISURE POOL SCHEDULE

<table>
<thead>
<tr>
<th>Time</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>6:00 am</td>
<td>Open Swim</td>
<td>Open Swim</td>
<td>Open Swim</td>
<td>Open Swim</td>
<td>Pool Closed</td>
</tr>
<tr>
<td>7:00 am</td>
<td>Sr. Swim Fitness</td>
<td>6:00am-8:00am</td>
<td>Sr. Swim Fitness</td>
<td>6:00am-8:00am</td>
<td>Pool Closed</td>
</tr>
<tr>
<td>8:00 am</td>
<td>Swim Lessons ONLY</td>
<td>8:00am-12:00pm</td>
<td>Swim Lessons ONLY</td>
<td>8:00am-12:00pm</td>
<td>Pool Closed</td>
</tr>
<tr>
<td>9:00 am</td>
<td>Swim Lessons ONLY</td>
<td>8:00am-12:00pm</td>
<td>Swim Lessons ONLY</td>
<td>8:00am-12:00pm</td>
<td>Pool Closed</td>
</tr>
<tr>
<td>10:00 am</td>
<td>Swim Lessons ONLY</td>
<td>8:00am-12:00pm</td>
<td>Swim Lessons ONLY</td>
<td>8:00am-12:00pm</td>
<td>Pool Closed</td>
</tr>
<tr>
<td>11:00 am</td>
<td>Swim Lessons ONLY</td>
<td>8:00am-12:00pm</td>
<td>Swim Lessons ONLY</td>
<td>8:00am-12:00pm</td>
<td>Pool Closed</td>
</tr>
</tbody>
</table>

**NOTICE:** The Pools will have Special admission or show a valid pass and obtain a wristband. This applies to swimmers and spectators. The only exceptions are parents/guardians of students in swimming lessons. Those parents/guardians may be on the indoor pool deck to observe during their child’s class time without obtaining a wristband.

### LAP POOL SCHEDULE

<table>
<thead>
<tr>
<th>Time</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>6:00 am</td>
<td>Lap Swim</td>
<td>Lap Swim</td>
<td>Lap Swim</td>
<td>Lap Swim</td>
<td>Pool Closed</td>
</tr>
<tr>
<td>7:00 am</td>
<td>Lap Swim</td>
<td>Lap Swim</td>
<td>Lap Swim</td>
<td>Lap Swim</td>
<td>Pool Closed</td>
</tr>
<tr>
<td>8:00 am</td>
<td>Swim Lessons</td>
<td>Swim Lessons</td>
<td>Swim Lessons</td>
<td>Swim Lessons</td>
<td>LTF Aerobics</td>
</tr>
<tr>
<td>9:00 am</td>
<td>Swim Lessons</td>
<td>Swim Lessons</td>
<td>Swim Lessons</td>
<td>Swim Lessons</td>
<td>LTF Aerobics</td>
</tr>
<tr>
<td>10:00 am</td>
<td>Swim Lessons</td>
<td>Swim Lessons</td>
<td>Swim Lessons</td>
<td>Swim Lessons</td>
<td>LTF Aerobics</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Time</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:00 am</td>
<td>Lap Swim ONLY</td>
<td>Lap Swim ONLY</td>
<td>Lap Swim ONLY</td>
<td>Lap Swim ONLY</td>
<td>Pool Closed</td>
</tr>
<tr>
<td>11:00 am</td>
<td>Lap Swim</td>
<td>Lap Swim</td>
<td>Lap Swim</td>
<td>Lap Swim</td>
<td>Pool Closed</td>
</tr>
<tr>
<td>12:00 pm</td>
<td>Lap Swim</td>
<td>Lap Swim</td>
<td>Lap Swim</td>
<td>Lap Swim</td>
<td>Pool Closed</td>
</tr>
</tbody>
</table>

**OUTDOOR POOL SCHEDULE**

(Special Pre-Season Hours Starting Memorial Day Weekend! See below for more information.)

<table>
<thead>
<tr>
<th>Time</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:00 am</td>
<td>Open Swim</td>
<td>Open Swim</td>
<td>Open Swim</td>
<td>Open Swim</td>
<td>Pool Closed</td>
</tr>
<tr>
<td>11:00 am</td>
<td>Open Swim</td>
<td>Open Swim</td>
<td>Open Swim</td>
<td>Open Swim</td>
<td>Pool Closed</td>
</tr>
<tr>
<td>12:00 pm</td>
<td>Open Swim</td>
<td>Open Swim</td>
<td>Open Swim</td>
<td>Open Swim</td>
<td>Pool Closed</td>
</tr>
<tr>
<td>1:00 pm</td>
<td>Open Swim</td>
<td>Open Swim</td>
<td>Open Swim</td>
<td>Open Swim</td>
<td>Pool Closed</td>
</tr>
<tr>
<td>2:00 pm</td>
<td>Open Swim</td>
<td>Open Swim</td>
<td>Open Swim</td>
<td>Open Swim</td>
<td>Pool Closed</td>
</tr>
<tr>
<td>3:00 pm</td>
<td>Open Swim</td>
<td>Open Swim</td>
<td>Open Swim</td>
<td>Open Swim</td>
<td>Pool Closed</td>
</tr>
<tr>
<td>4:00 pm</td>
<td>Open Swim</td>
<td>Open Swim</td>
<td>Open Swim</td>
<td>Open Swim</td>
<td>Pool Closed</td>
</tr>
<tr>
<td>5:00 pm</td>
<td>Open Swim</td>
<td>Open Swim</td>
<td>Open Swim</td>
<td>Open Swim</td>
<td>Pool Closed</td>
</tr>
<tr>
<td>6:00 pm</td>
<td>Open Swim</td>
<td>Open Swim</td>
<td>Open Swim</td>
<td>Open Swim</td>
<td>Pool Closed</td>
</tr>
<tr>
<td>7:00 pm</td>
<td>Open Swim</td>
<td>Open Swim</td>
<td>Open Swim</td>
<td>Open Swim</td>
<td>Pool Closed</td>
</tr>
</tbody>
</table>

The Pools will have Special Hours on the Following Dates:

- **5/18/19** Pools will open at 11:00 am instead of 8:00 am due to staff training.
- **5/25 – 5/26/19** Outdoor pool open 10:00 am – 6:00 pm. Indoor pools regular hours.
- **5/27/19** All pools open 10:00 am – 6:00 pm. Rope Swing/Climbing Wall open 1:00-6:00 pm.
- **6/1 – 6/2/19** All pools open 10:00 am – 6:00 pm. Outdoor pool open 10:00 am – 6:00 pm. Indoor pools regular hours.
- **7/4/19** All pools open 10:00 am – 6:00 pm. Waterslide open 12:00-6:00 pm. Rope Swing/Climbing Wall open 1:00-6:00 pm.
- **9/2/19** All pools open 10:00 am – 6:00 pm. Waterslide open 12:00-6:00 pm. Rope Swing/Climbing Wall open 1:00-6:00 pm.

**NOTICE:** During the outdoor pool season, May 25, 2019 – September 2, 2019, ALL persons entering the indoor or outdoor pool areas are required to pay admission or show a valid pass and obtain a wristband. This applies to swimmers and spectators. The only exceptions are parents/guardians of students in swimming lessons. Those parents/guardians may be on the indoor pool deck to observe during their child’s class time without obtaining a wristband.

The tentative dates for annual pool maintenance are September 3 - 22, 2019. The pools will be CLOSED during this time.

**POOL SUPERVISION POLICY!**

All children under 42” tall, or wearing a lifejacket, must have an adult in the water within arm’s reach to use the Grove Cove Aquatic Center Pools. One adult may be responsible for supervising up to 3 children under 42” or in lifejackets.

**LIFEGUARDS + PARENTS = SAFE KIDS!**
Learn to Swim  Click here for registration link

RED CROSS CERTIFICATION

Maple Grove Middle School
7000 Hemlock Lane North
Maple Grove Community Center
12951 Weaver Lake Road

Miscellaneous: Lessons missed by students will not be made up. You can purchase a cap for $2.00 and goggles for $6.00 from the Pool Supervisor.

The American Red Cross offers six comprehensive course levels that teach anyone 18 months through adult to be safe in, on and around water. The prerequisite for each level is the successful demonstration of the skills from the preceding level, except for Level 1, which has no prerequisite. Each level of Learn to Swim includes training in basic water safety and helping a swimmer in distress, in addition to swim skills. Exit skills are a combination of skills learned. Instructors will be checking skills the first day of class to confirm that swimmers are placed in the appropriate class. If you have any questions or concerns, contact Adrienne Vassar, 763-494-6493.

SESSIONS

01. Maple Grove Community Center - Mon-Thurs, June 10 - 20 - 8 lessons
02. Maple Grove Community Center - Mon-Thurs, June 10 - 13 - 4 lessons
03. Maple Grove Community Center - Mon-Thurs, June 17 - 20 - 4 lessons
04. Maple Grove Community Center - Mon-Thurs, June 24 - 27 - 4 lessons
05. Maple Grove Community Center - Mon-Thurs, July 8 - 18 - 8 lessons
06. Maple Grove Community Center - Mon-Thurs, July 8 - 11 - 4 lessons
07. Maple Grove Community Center - Mon-Thurs, July 15 - 18 - 4 lessons
08. Maple Grove Community Center - Mon-Thurs, July 22 - August 1 - 8 lessons
09. Maple Grove Community Center - Mon-Thurs, July 22 - 25 - 4 lessons
10. Maple Grove Community Center - Mon-Thurs, July 29 - August 1 - 4 lessons
11. Maple Grove Community Center - Mon-Thurs, August 5 - 15 - 8 lessons
12. Maple Grove Community Center - Mon-Thurs, August 5 - 8 - 4 lessons
13. Maple Grove Community Center - Mon-Thurs, August 12 - 15 - 4 lessons
14. Maple Grove Middle School - Monday Evenings, June 24 - August 5 (ex July 1) - 6 lessons
15. Maple Grove Middle School - Tuesday Evenings, June 25 - August 6 (ex July 2) - 6 lessons
16. Maple Grove Middle School - Wednesday Evenings, June 26 - August 7 (ex July 3) - 6 lessons

Parent/Child - 30 Minute Classes

Ages 18 months - 5 years with adult. Adult and child are in the water together. Skills learned include: ~ Submerging mouth, nose and eyes in water. ~ Floating on front and back. ~ Entering and exiting the water. ~ Glide on front and back with support. ~ Begin leg and arm movement.

<table>
<thead>
<tr>
<th>Skill Level</th>
<th>Time</th>
<th>Cost</th>
<th>Location</th>
<th>Date</th>
<th>Code</th>
<th>Sess</th>
</tr>
</thead>
<tbody>
<tr>
<td>Parent/Child</td>
<td>11:30-12:00 pm</td>
<td>$105</td>
<td>Comm Center</td>
<td>Mon-Thur, June 10 - 20</td>
<td>312101-01</td>
<td>01</td>
</tr>
<tr>
<td>Parent/Child</td>
<td>11:30-12:00 pm</td>
<td>$105</td>
<td>Comm Center</td>
<td>Mon-Thur, July 8 - 18</td>
<td>312101-02</td>
<td>05</td>
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<tr>
<td>Parent/Child</td>
<td>11:30-12:00 pm</td>
<td>$105</td>
<td>Comm Center</td>
<td>Mon-Thur, July 22 – Aug 1</td>
<td>312101-03</td>
<td>08</td>
</tr>
<tr>
<td>Parent/Child</td>
<td>11:30-12:00 pm</td>
<td>$105</td>
<td>Comm Center</td>
<td>Mon-Thur, Aug 5 - 15</td>
<td>312101-04</td>
<td>11</td>
</tr>
<tr>
<td>Parent/Child</td>
<td>7:05-7:35 pm</td>
<td>$80</td>
<td>MG Mid School</td>
<td>Mon, June 24 – Aug 5 (ex July 1) EVENINGS</td>
<td>312101-05</td>
<td>14</td>
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<tr>
<td>Parent/Child</td>
<td>7:05-7:35 pm</td>
<td>$80</td>
<td>MG Mid School</td>
<td>Tue, June 25 – Aug 6 (ex July 2) EVENINGS</td>
<td>312101-06</td>
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<tr>
<td>Parent/Child</td>
<td>7:05-7:35 pm</td>
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<td>MG Mid School</td>
<td>Wed, June 26 – Aug 7 (ex July 3) EVENINGS</td>
<td>312101-07</td>
<td>16</td>
</tr>
</tbody>
</table>
Learn to Swim Click here for registration link

**Age 3 without parent - 30 Minute Classes**
Designed for cautious swimmers. Skills learned includes ~ Submerge face in the water. ~ Glide on front and back with support. ~ Begin arm stroke and kicks. If your child shows he or she is not ready to be without a parent, you and your child **may join the Parent/Child class**. Ratio is 3:1.

<table>
<thead>
<tr>
<th>Skill Level</th>
<th>Time</th>
<th>Cost</th>
<th>Location</th>
<th>Date</th>
<th>Code</th>
<th>Sess</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age 3 w/o parent</td>
<td>8:00-8:30 am</td>
<td>$105</td>
<td>Comm Center</td>
<td>Mon-Thur, June 10 – 20</td>
<td>312102-01</td>
<td>01</td>
</tr>
<tr>
<td></td>
<td>9:10-9:40 am</td>
<td></td>
<td></td>
<td></td>
<td>312102-02</td>
<td></td>
</tr>
<tr>
<td></td>
<td>10:20-10:50 am</td>
<td></td>
<td></td>
<td></td>
<td>312102-03</td>
<td></td>
</tr>
<tr>
<td>Age 3 w/o parent</td>
<td>8:35-9:05 am</td>
<td>$55</td>
<td>Comm Center</td>
<td>Mon-Thur, June 24 - 27</td>
<td>312102-04</td>
<td>04</td>
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<td></td>
<td>9:45-10:15 am</td>
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<td>ONE WEEK</td>
<td>312102-05</td>
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</tr>
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<td></td>
<td>10:55-11:25 am</td>
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<td>312102-06</td>
<td></td>
</tr>
<tr>
<td>Age 3 w/o parent</td>
<td>8:00-8:30 am</td>
<td>$105</td>
<td>Comm Center</td>
<td>Mon-Thur, July 8 - 18</td>
<td>312102-07</td>
<td>05</td>
</tr>
<tr>
<td></td>
<td>9:10-9:40 am</td>
<td></td>
<td></td>
<td></td>
<td>312102-08</td>
<td></td>
</tr>
<tr>
<td></td>
<td>10:20-10:50 am</td>
<td></td>
<td></td>
<td></td>
<td>312102-09</td>
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</tr>
<tr>
<td>Age 3 w/o parent</td>
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<td>$105</td>
<td>Comm Center</td>
<td>Mon-Thur, July 22 – Aug 1</td>
<td>312102-10</td>
<td>08</td>
</tr>
<tr>
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<td>9:10-9:40 am</td>
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<td></td>
<td></td>
<td>312102-11</td>
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</tr>
<tr>
<td></td>
<td>10:20-10:50 am</td>
<td></td>
<td></td>
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<tr>
<td>Age 3 w/o parent</td>
<td>8:00-8:30 am</td>
<td>$105</td>
<td>Comm Center</td>
<td>Mon-Thur, Aug 5 - 15</td>
<td>312102-13</td>
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</tr>
<tr>
<td></td>
<td>9:10-9:40 am</td>
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<td></td>
</tr>
<tr>
<td></td>
<td>10:20-10:50 am</td>
<td></td>
<td></td>
<td></td>
<td>312102-15</td>
<td></td>
</tr>
</tbody>
</table>

**Ages 4-5 without parent - 30 Minute Classes**
Designed for swimmers who are comfortable in the water. Skills learned includes ~ Float independently. ~ Glide on front and back, roll over and float for 5 seconds with support. ~ Combine arm and leg action on front and back with support. ~ Enter and exit the water independently. ~ Use combined arm and leg action for 5 body lengths independently. If your child shows he or she is not ready to be without a parent, you and your child **may join the Parent/Child class**. Ratio is 3:1.

<table>
<thead>
<tr>
<th>Skill Level</th>
<th>Time</th>
<th>Cost</th>
<th>Location</th>
<th>Date</th>
<th>Code</th>
<th>Sess</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age 4-5 w/o parent All Levels</td>
<td>8:00-8:30 am</td>
<td>$105</td>
<td>Comm Center</td>
<td>Mon-Thur, June 10 – 20</td>
<td>312103-01</td>
<td>01</td>
</tr>
<tr>
<td></td>
<td>8:35-9:05 am</td>
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<td></td>
<td></td>
<td>312103-02</td>
<td></td>
</tr>
<tr>
<td></td>
<td>9:10-9:40 am</td>
<td></td>
<td></td>
<td></td>
<td>312103-03</td>
<td></td>
</tr>
<tr>
<td></td>
<td>9:45-10:15 am</td>
<td></td>
<td></td>
<td></td>
<td>312103-04</td>
<td></td>
</tr>
<tr>
<td></td>
<td>10:20-10:50 am</td>
<td></td>
<td></td>
<td></td>
<td>312103-05</td>
<td></td>
</tr>
<tr>
<td>Age 4-5 w/o parent Levels 1 &amp; 2</td>
<td>10:55-11:25 am</td>
<td>$105</td>
<td>Comm Center</td>
<td>Mon-Thur, June 10 – 20</td>
<td>312103-06</td>
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</tr>
<tr>
<td>Age 4-5 w/o parent All Levels</td>
<td>8:00-8:30 am</td>
<td>$105</td>
<td>Comm Center</td>
<td>Mon-Thur, July 8 - 18</td>
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</tr>
<tr>
<td></td>
<td>8:35-9:05 am</td>
<td></td>
<td></td>
<td></td>
<td>312103-08</td>
<td></td>
</tr>
<tr>
<td></td>
<td>9:10-9:40 am</td>
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<td></td>
<td>312103-09</td>
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</tr>
<tr>
<td></td>
<td>9:45-10:15 am</td>
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<td></td>
<td></td>
<td>312103-10</td>
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</tr>
<tr>
<td></td>
<td>10:20-10:50 am</td>
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<td></td>
<td></td>
<td>312103-11</td>
<td></td>
</tr>
<tr>
<td>Age 4-5 w/o parent Levels 1 &amp; 2</td>
<td>10:55-11:25 am</td>
<td>$105</td>
<td>Comm Center</td>
<td>Mon-Thur, July 8 - 18</td>
<td>312103-12</td>
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</tr>
<tr>
<td>Age 4-5 w/o parent All Levels</td>
<td>8:00-8:30 am</td>
<td>$105</td>
<td>Comm Center</td>
<td>Mon-Thur, July 22 – Aug 1</td>
<td>312103-13</td>
<td>08</td>
</tr>
<tr>
<td></td>
<td>8:35-9:05 am</td>
<td></td>
<td></td>
<td></td>
<td>312103-14</td>
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</tr>
<tr>
<td></td>
<td>9:10-9:40 am</td>
<td></td>
<td></td>
<td></td>
<td>312103-15</td>
<td></td>
</tr>
<tr>
<td></td>
<td>9:45-10:15 am</td>
<td></td>
<td></td>
<td></td>
<td>312103-16</td>
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</tr>
<tr>
<td></td>
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<td>312103-17</td>
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</tr>
<tr>
<td>Age 4-5 w/o parent Levels 1 &amp; 2</td>
<td>10:55-11:25 am</td>
<td>$105</td>
<td>Comm Center</td>
<td>Mon-Thur, July 22 – Aug 1</td>
<td>312103-18</td>
<td>08</td>
</tr>
</tbody>
</table>
Learn to Swim [Click here for registration link](#)

**Ages 4-5 without parent - 30 Minute Classes**

Designed for swimmers who are comfortable in the water. Skills learned includes: ~ Float independently. ~ Glide on front and back, roll over and float for 5 seconds with support. ~ Combine arm and leg action on front and back with support. ~ Enter and exit the water independently. ~ Use combined arm and leg action for 5 body lengths independently. If your child shows he or she is not ready to be without a parent, you and your child may join the Parent/Child class. Ratio is 3:1.

<table>
<thead>
<tr>
<th>Skill Level</th>
<th>Time</th>
<th>Cost</th>
<th>Location</th>
<th>Date</th>
<th>Code</th>
<th>Sess</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age 4-5 w/o parent All Levels</td>
<td>8:00-8:30 am 8:35-9:05 am 9:10-9:40 am 10:20-10:50 am</td>
<td>$105</td>
<td>Comm Center</td>
<td>Mon-Thu, Aug 5 - 15</td>
<td>312103-19</td>
<td>11</td>
</tr>
<tr>
<td>Age 4-5 w/o parent Levels 1 &amp; 2</td>
<td>10:55-11:25 am</td>
<td>$105</td>
<td>Comm Center</td>
<td>Mon-Thu, Aug 5 - 15</td>
<td>312103-23</td>
<td>11</td>
</tr>
<tr>
<td>Age 4-5 w/o parent All Levels</td>
<td>6:30-7:00 pm 7:40-8:10 pm</td>
<td>$80</td>
<td>MG Mid School</td>
<td>Mon, June 24 – Aug 5 (ex July 1) EVENINGS</td>
<td>312103-24</td>
<td>14</td>
</tr>
<tr>
<td>Age 4-5 w/o parent All Levels</td>
<td>6:30-7:00 pm 7:40-8:10 pm</td>
<td>$80</td>
<td>MG Mid School</td>
<td>Tue, June 25 – Aug 6 (ex July 2) EVENINGS</td>
<td>312103-26</td>
<td>15</td>
</tr>
<tr>
<td>Age 4-5 w/o parent All Levels</td>
<td>6:30-7:00 pm 7:40-8:10 pm</td>
<td>$80</td>
<td>MG Mid School</td>
<td>Wed, June 26 – Aug 7 (ex July 3) EVENINGS</td>
<td>312103-28</td>
<td>16</td>
</tr>
</tbody>
</table>

**Ages 6 and older - 45 Minute Classes**

Classes are 45 minutes long with 1 teacher to 3 - 6 children. List swim level when prompted. See below for Level selection. Skills are checked the first day of lessons to confirm that swimmers are placed in the appropriate level.

**Level 1 - Introduction to Water Skills**: Designed for beginning swimmers. Skills learned includes: ~ Submerge entire head. ~ Glide on front and back with support. ~ Combine arm and leg action on front and back with support.

**Level 2 - Fundamental Aquatic Skills**: Skills learned includes: ~ Tread water. ~ Glide independently. ~ Float on front and back for 5 seconds independently. ~ Use combined arm and leg action on front and back for 5 body lengths independently.

**Level 3 - Stroke Development**: Builds on skills with practice in deeper water. Skills learned includes: ~ Front crawl for 15 yards. ~ Tread in deep water for 30 seconds.

**Level 4 - Stroke Improvement**: Develops confidence and improves skills. Skills learned includes: ~ Swim front crawl and elementary backstroke for 25 yards. ~ Swim breaststroke, butterfly, sidestroke and backstroke for 15 yards.

**Level 5 - Stroke Refinement**: Develops stroke refinement and endurance. Skills learned includes: ~ Swim front crawl and elementary backstroke for 50 yards. ~ Swim breaststroke, butterfly, sidestroke and backstroke for 25 yards.

**Level 6 - Swimming and Skill Proficiency**: Level 6 has Fitness and Diving menu options in addition to: ~ Endurance for front crawl, back crawl, breaststroke, elementary back stroke, sidestroke and butterfly and open and flip turns. ~ Swim 500 yards continuously using 3 strokes.

<table>
<thead>
<tr>
<th>Skill Level</th>
<th>Time</th>
<th>Cost</th>
<th>Location</th>
<th>Date</th>
<th>Code</th>
<th>Sess</th>
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<tr>
<td>Levels 1-2</td>
<td>10:35-11:20 am</td>
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<td>Comm Center</td>
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<tr>
<td>Levels 1-2</td>
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<td>$105</td>
<td>Comm Center</td>
<td>Mon-Thur, July 8 - 18</td>
<td>312104-02</td>
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</tr>
<tr>
<td>Levels 1-2</td>
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<td>Comm Center</td>
<td>Mon-Thur, July 22 – Aug 1</td>
<td>312104-03</td>
<td>08</td>
</tr>
<tr>
<td>Levels 1-2</td>
<td>10:35-11:20 am</td>
<td>$105</td>
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<td>Mon-Thur, Aug 5 - 15</td>
<td>312104-04</td>
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<tr>
<td>Levels 1-3</td>
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<tr>
<td>Levels 1-3</td>
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<td>Tue, June 25 – Aug 6 (ex July 2) EVENINGS</td>
<td>312104-06</td>
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<tr>
<td>Levels 1-3</td>
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<td>Wed, June 26 – Aug 7 (ex July 3) EVENINGS</td>
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<td>Levels 1-4</td>
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</tbody>
</table>
Learn to Swim Click here for registration link

**Ages 6 and older - 45 Minute Classes**

Classes are 45 minutes long with 1 teacher to 3 - 6 children. List swim level when prompted. See page 78 for Level selection. Skills are checked the first day of lessons to confirm that swimmers are placed in the appropriate level.

<table>
<thead>
<tr>
<th>Skill Level</th>
<th>Time</th>
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<th>Location</th>
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<tr>
<td>Levels 1-4</td>
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<td>Levels 2-4</td>
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<td>Wed, June 26 – Aug 7 (ex July 3) EVENINGS</td>
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To register, webtrac.maplegrovemn.gov
Register on April 25 for swimming

79
Learn to Swim [Click here for registration link]

**Private Lessons - 30 Minute Classes**

Class size is 1 teacher to 1 swimmer for age 18 months and older with any swimming ability. List swim level when prompted. See page 78 for Level selection.

<table>
<thead>
<tr>
<th>Skill Level</th>
<th>Time</th>
<th>Cost</th>
<th>Location</th>
<th>Date</th>
<th>Code</th>
<th>Sess</th>
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<td>312202-11</td>
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<td>Comm Center</td>
<td>Mon-Thurs, Aug 12 - 15 ONE WEEK</td>
<td>312202-25</td>
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</tr>
<tr>
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<td>8:00-8:30 am 8:35-9:05 am 9:10-9:40 am 9:45-10:15 am 10:20-10:50 am</td>
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<td>Comm Center</td>
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<tr>
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<td>$76</td>
<td>Comm Center</td>
<td>Mon-Thurs, June 10 - 13 ONE WEEK</td>
<td>312201-06</td>
<td>02</td>
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<tr>
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<td>$76</td>
<td>Comm Center</td>
<td>Mon-Thur, June 17 - 20 ONE WEEK</td>
<td>312201-11</td>
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<tr>
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<td>Comm Center</td>
<td>Mon-Thur, June 24 - 27 ONE WEEK</td>
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<td>Private all levels</td>
<td>8:00-8:30 am 8:35-9:05 am 9:10-9:40 am 9:45-10:15 am 10:20-10:50 am</td>
<td>$147</td>
<td>Comm Center</td>
<td>Mon-Thur, July 8 - 18</td>
<td>312201-21</td>
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</tbody>
</table>
**Learn to Swim** [Click here for registration link](#)

*Private Lessons - 30 Minute Classes*

Class size is 1 teacher to 1 swimmer for age 18 months and older with any swimming ability. List swim level when prompted. See page 78 for Level selection.

<table>
<thead>
<tr>
<th>Skill Level</th>
<th>Time</th>
<th>Cost</th>
<th>Location</th>
<th>Date</th>
<th>Code</th>
<th>Sess</th>
</tr>
</thead>
</table>
| Private all levels | 8:00-8:30 am
8:35-9:05 am
9:10-9:40 am
9:45-10:15 am
10:20-10:50 am | $76 | Comm Center | Mon-Thurs, July 8 - 11 **ONE WEEK** | 312201-26
312201-27
312201-28
312201-29
312201-30 | 06 |
| Private all levels | 8:00-8:30 am
8:35-9:05 am
9:10-9:40 am
9:45-10:15 am
10:20-10:50 am | $76 | Comm Center | Mon-Thurs, July 15 - 18 **ONE WEEK** | 312201-31
312201-32
312201-33
312201-34
312201-35 | 07 |
| Private all levels | 8:00-8:30 am
8:35-9:05 am
9:10-9:40 am
9:45-10:15 am
10:20-10:50 am | $147 | Comm Center | Mon-Thur, July 22 – Aug 1 | 312201-36
312201-37
312201-38
312201-39
312201-40 | 08 |
| Private all levels | 8:00-8:30 am
8:35-9:05 am
9:10-9:40 am
9:45-10:15 am
10:20-10:50 am | $76 | Comm Center | Mon-Thurs, July 22 - 25 **ONE WEEK** | 312201-41
312201-42
312201-43
312201-44
312201-45 | 09 |
| Private all levels | 8:00-8:30 am
8:35-9:05 am
9:10-9:40 am
9:45-10:15 am
10:20-10:50 am | $76 | Comm Center | Mon-Thurs, July 29 - Aug 1 **ONE WEEK** | 312201-46
312201-47
312201-48
312201-49
312201-50 | 10 |
| Private all levels | 8:00-8:30 am
8:35-9:05 am
9:10-9:40 am
9:45-10:15 am
10:20-10:50 am | $147 | Comm Center | Mon-Thur, Aug 5 - 15 | 312201-51
312201-52
312201-53
312201-54
312201-55 | 11 |
| Private all levels | 8:00-8:30 am
8:35-9:05 am
9:10-9:40 am
9:45-10:15 am
10:20-10:50 am | $76 | Comm Center | Mon-Thurs, Aug 5 - 8 **ONE WEEK** | 312201-56
312201-57
312201-58
312201-59
312201-60 | 12 |
| Private all levels | 8:00-8:30 am
8:35-9:05 am
9:10-9:40 am
9:45-10:15 am
10:20-10:50 am | $76 | Comm Center | Mon-Thurs, Aug 12 - 15 **ONE WEEK** | 312201-61
312201-62
312201-63
312201-64
312201-65 | 13 |
| Private all levels | 6:30-7:00 pm
7:40-8:10 pm
8:15-8:45 pm | $112 | MG Mid School | Mon, June 24 – Aug 5 (ex July 1) **EVENINGS** | 312201-66
312201-67
312201-68 | 14 |
| Private all levels | 6:30-7:00 pm
7:40-8:10 pm
8:15-8:45 pm | $112 | MG Mid School | Tue, June 25 – Aug 6 (ex July 2) **EVENINGS** | 312201-69
312201-70
312201-71 | 15 |
| Private all levels | 6:30-7:00 pm
7:40-8:10 pm
8:15-8:45 pm | $112 | MG Mid School | Wed, June 26 – Aug 7 (ex July 3) **EVENINGS** | 312201-72
312201-73
312201-74 | 16 |
**Learn to Swim** Click here for registration link

---

### Semi-Private Lessons - 30 Minute Classes

These lessons are for **2 swimmers ages 3 years and older of similar skill level taught by 1 teacher**. Sign up for only **ONE** spot and list the name of the second swimmer when prompted. List swim levels when prompted. See page 78 for Level selection.

<table>
<thead>
<tr>
<th>Skill Level</th>
<th>Time</th>
<th>Cost</th>
<th>Location</th>
<th>Date</th>
<th>Code</th>
<th>Sess</th>
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<td>10:55-11:25 am</td>
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<tr>
<td>Levels 1 &amp; 2</td>
<td>11:30-12:00 pm</td>
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<td>Mon-Thurs, June 10 - 13</td>
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<td>ONE WEEK</td>
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<tr>
<td>Levels 1 &amp; 2</td>
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<td>Levels 1 &amp; 2</td>
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Swim Lessons & Water Aerobics Click here for registration link

**Semi-Private Lessons - 30 Minute Classes**

These lessons are for **2 swimmers ages 3 years and older of similar skill level taught by 1 teacher**. Sign up for only **ONE** spot and list the name of the second swimmer when prompted. List swim levels when prompted. **See page 78 for Level selection.**

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**WATER AEROBICS**

Let’s stay in shape! Tone your muscles, improve your cardiovascular system, have fun, stay fit and do it with the help and buoyancy of water to support your joints. A great form of exercise for water lovers.

*Maple Grove Community Center Pool*

- **Mondays, June 10 - August 26**
  - 7:15 – 8:00 p.m. $104 (12 ses) 312401-01
- **Wednesdays, June 12 - August 28**
  - 7:15 – 8:00 p.m. $104 (12 ses) 312401-02

**Note:** The outdoor pool opens at 10:00 a.m. Wristbands are required for the outdoor pool and deck area. There is no charge for indoor viewing of lessons only on the deck.

Like us on Facebook!
www.facebook.com/grovecoveaquaticcenter

To register, webtrac.maplegrovemn.gov Register on April 25 for swimming
WATER SAFETY INSTRUCTOR AIDE CLASS

Here is the opportunity you have been waiting for! This program offers training in the classroom as well in the water to anyone interested in assisting with our American Red Cross Swim Program. In addition to class time each participant is required to perform nine hours of volunteer time with the Maple Grove Parks and Recreation Swim Program. Once you have completed the course, you will be able to interview for a job with our swimming program.

*The first day of the session each student’s swimming skills will be assessed. All participants must have completed the American Red Cross level 4, or has equivalent skills, is at least 14 years of age by the last date of class and is interested in assisting in the teaching of others to swim. Contact Adrienne Vassar, 763-494-6493 with questions.

Maple Grove Community Center
Monday – Thursday, June 10-13 and June 17-20
8:00 – 11:00 a.m. $140.00 (8 ses) 312406-01

AMERICAN RED CROSS WATER SAFETY INSTRUCTOR

The purpose of the American Red Cross Water Safety Instructor Course is to train instructor candidates to teach courses and presentations in the American Red Cross Swimming and Water Safety program by developing their understanding of how to use the course materials, how to conduct training sessions and how to evaluate participants’ progress.

Prerequisites:
To participate in the Water Safety Instructor course, individuals must be at least 16 years of age on or before the final scheduled lesson of this course. Bring proof of age to the first class such as a driver’s license, state identification card, birth certificate, passport or other government-issued photo identification.

You must demonstrate the ability to perform the following swimming skills to continue in this class:
1. Swim the following strokes consistent with the Stroke Performance Charts, Level 4
   - Front crawl – 25 yard, Back crawl – 25 yards
   - Breaststroke – 25 yards, Elementary backstroke – 25 yards
   - Sidestroke – 25 yards, Butterfly – 15 yards
2. Maintain position on back for 1 minute in deep water (floating or sculling).
3. Tread water for 1 minute

Part of this class is online. You will need access to the internet and a printer. After you enroll, you will be given a link to the American Red Cross to have access to the online portion of the class. You will also need to pay a fee of $35 to the American Red Cross when you link up the first time. Minimum required for class is 6 participants or the class will be cancelled. If there are any questions regarding this course, please contact Adrienne Vassar at 763-494-6493. The last day to register is Thursday, June 1 or until spaces fill. Must attend all sessions for certification.

Maple Grove Community Center Pool
Monday – Thursday, June 10-13 and June 17-20
8:00 a.m. – noon $250 (8 ses) 312405-01

NHCP SWIM CLUB

The NHCP Swim Club provides an opportunity for boys and girls, ages 6-18, to acquire the skills for competitive swimming through professional coaching, teamwork and self-discipline. The club is sanctioned by United States Swimming and promotes good sportsmanship, fitness, fun and friendship. Competitive swim meets are held throughout the state of Minnesota, with most in the metropolitan area.

This is a year-round program with fall, winter, spring and summer sessions. Each session has a different schedule. Splash Opportunities (tryouts) are held throughout the year as well as individual assessments for team readiness and placement. For more information or to contact the head coach visit www.teamunify.com/mnnhcp.

INCLUSION NOTICE

If your child has any type of disability such as learning, hearing, is a diabetic, has asthma, etc., please indicate this on your mail-in form. This information will enable us to provide a more positive learning experience for your child. Contact Michelle DeBace at 763-494-6516 to make her aware of any special needs.
BLENDED LEARNING LIFEGUARD TRAINING

The American Red Cross course provides entry-level lifeguards with the knowledge and skills to prevent, recognize and respond to aquatic emergencies and to provide care for breathing and cardiac emergencies, injuries and sudden illnesses.

Prerequisites
1. Must be 15 years old.
2. Swim 300 yards continuously demonstrating breath control and rhythmic breathing using the front crawl, breaststroke or a combination of both only. Swim goggles may be used.
3. Tread water for 2 minutes using only the legs.
4. Complete a timed event within 1 minute, 40 seconds.

The skills evaluation will occur on the first day of the course. Bring proof of age - birth certificate, passport, driver's permit or license. Please bring a swimsuit and towel for every class.

Certification Requirements
• MUST attend and participate in all seven class sessions.
• Demonstrate competency in all required skills and activities.
• Demonstrate competency in all final rescue scenarios.
• Pass both the Section 1 – CPR/AED for the Professional Rescuer and First Aid and Section 2 – Lifeguarding Skills final written exams with minimum grades of 80 percent.

American Red Cross Online and Validity Period
American Red Cross Certificate for Lifeguarding/First Aid/CPR/AED: 2 years. Part of this class is online - you will need internet access and a printer. Contact Adrienne Vassar, 763-494-6493 with questions. Minimum requirement of 6 participants for the class.

Maple Grove Community Center Pool
Thursday, May 2, 7:00 - 9:00 pm; prerequisites
Fridays, May 3 & 10, 6:00 - 8:00 pm; online help
Saturdays, May 4 & 11, 3:30 - 9:00 pm
Sundays, May 5 & 12, 3:30 - 9:00 pm
$250* 212402-01
Last day to register is April 25 or until spaces fill.

Maple Grove Community Center Pool
Thursday, July 25, 7:00 - 9:00 pm; prerequisites
Fridays, July 26 & Aug. 2, 6:00 - 8:00 pm; online help
Saturdays, July 27 & Aug. 3, 3:30 - 9:00 pm
Sundays, July 28 & Aug. 4, 3:30 - 9:00 pm
$250* 312402-01

*Check the website for potential fee discounts for Lifeguard Training courses!

BASIC LIFEGUARD REVIEW CLASS

Here is your opportunity to renew your lifeguarding!

This course is designed to recertify those who have current certification for Basic Lifeguard. You need proof that you are currently certified with your Lifeguard/First Aid/CPR/AED at the time of this class. If your certification has expired, you need to take the full course which is offered at the Maple Grove Community Center. If you are a Waterfront Lifeguard with the American Red Cross you may renew the basic component of your certification with this review. If you want to keep your waterfront certification, you need to take this course and the waterfront module.

You are required to complete the pre-course test listed under the lifeguard training full class to continue the class. There will be a lecture, video and practice time to prepare for the final written tests and scenarios. To complete this class you must attend all sessions, pass the skills and pass the written tests by 80%. When this course is completed you will receive a 2 year certification for Basic Lifeguard/First Aid/CPR/AED. Bring your swim wear, towel, goggles, lifeguard book and snacks or money for concessions. There is a minimum requirement of 6 participants to run the program. Questions may be directed to Adrienne Vassar at 763-494-6493.

Sunday, August 4
noon – 10:00 p.m. $165 312403-01

POOL RENTAL

The Maple Grove Middle School School pool is available on a limited basis for group gatherings. Use of the pool and locker rooms, including supervision and lifeguards begins at $90.00 per hour on week nights and $135.00 per hour on Fridays, Saturdays and Sundays. Maximum pool capacity is 80. For additional information and scheduling, contact Adrienne Vassar, 763-493-6493 or avassar@maplegrovemn.gov at least two weeks in advance of your requested date.

To register, webtrac.maplegrovemn.gov
Register on April 25 for swimming
Registration Dates

**Seniors/55 Forward** program registration starts on **Monday, April 22 at 9:00 am.**

**T-Ball, Kickin Kids & Lil Sports** (page 28-29) registration starts on **Tuesday, April 23 at 9:00 am.**

**General program** registration starts on **Wednesday, April 24 at 9:00 am.**

**Swim and evening Water Aerobics** registration begins **Thursday, April 25 at 9:00 am.**

The fastest and easiest way to register is online at [webtrac.maplegrovemn.gov](http://webtrac.maplegrovemn.gov). All Parks & Recreation programs are available to register electronically **EXCEPT** music, Playhouse Preschool and Defensive Driving. Set up your account BEFORE registration and move classes into your wishlist to save time!

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### Four Easy Ways To Register!

**ONLINE WITH WebTrac**

Log on to [webtrac.maplegrovemn.gov](http://webtrac.maplegrovemn.gov)

Click on Create an Account.

Create a login (your email address) and password.

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**MAIL**

Mail form (below)

to: Maple Grove Parks & Recreation
12951 Weaver Lake Rd, Maple Grove, MN 55369-9409.

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**FAX (processed at random)**

Fax form (below) to secure fax 763-494-6456.

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**WALK-IN REGISTRATION**

Monday through Friday, 7:00 a.m. - 6:00 p.m. at the Maple Grove Community Center.

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Payment must accompany registration; VISA, MasterCard, Discover, American Express, cash or check. Make checks payable to Maple Grove Parks and Recreation. Sorry, we cannot accept registrations over the phone. We do not send enrollment confirmations. You will be contacted only if the program is canceled or changed.

**Reduced Fee Recreation Program:** Through the financial assistance of local community organizations, the Parks and Recreation Board offers reduced fee recreation programs to low income families living in the City of Maple Grove or have children that attend school in the City of Maple Grove. Families that qualify may have each child in the family participate in one program each year for 50% of the normal participation fee (not to exceed $100.00). If you are interested or have any questions about the program, please contact Aimee at 763-494-6510.

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**MAIL-IN AND FAX (763-494-6456) REGISTRATION FORM (processed at random)**

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NAME____________________ GENDER___ AGE___ BIRTHDATE________
ADDRESS________________________ CITY_____________ ZIP__________
PHONE: HOME__________________ BEST DAY NUMBER_____________ CELLPHONE__________
E-MAIL__________________________

ACTIVITY CODE_________ ACTIVITY TITLE ___________________________ SKILL LEVEL (if applicable)_____  

LOCATION____________________ DATE_____________ TIME____________ AMOUNT________

CONSENT TO RELEASE INFORMATION & RELEASE OF LIABILITY

I shall indemnify, defend, and hold the City of Maple Grove and the Parks and Recreation Board harmless from any liability against all claims, losses, damages, person’s injury or worse during participation in registered programs. In accordance with the Minnesota Government Data Practices Act, the Park Board hereby informs you that the personal information we are requesting of you and/or your child or guardian on this form is considered private. This private data is available to you, city staff, coaches and instructors who need this information to perform their duties, but not the public. While you may choose to withhold this data, the consequences could be that you may not receive updated program information such as schedule changes. I further give consent to have any photos or videos taken during the program to be used for promotional materials. Either/both of these consents may be cancelled in writing at any time. The completion of this form signifies your acceptance with the hold harmless agreement and two consents.

________________________________________
Parent’s Signature (if minor) or Participant’s Signature

CHECK NO.__________ Credit Card Authorized Signature_____________________________

VISA/Discover/MC/American Express_________________________ Expiration_______ Security Code on back_______
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NEW SUMMER 2019 youth programs
Maple Grove Parks and Recreation Board
12951 Weaver Lake Road
Maple Grove, MN 55369
maplegrovemn.gov

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CONCERT ON THE LAWN
9.14.19

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CONTACT KIRSTEN AT 763-494-5824 FOR MORE DETAILS
FOR MORE INFORMATION ABOUT THE EVENT, VISIT WWW.MAPLEGROVEMN.GOV/THELAWN