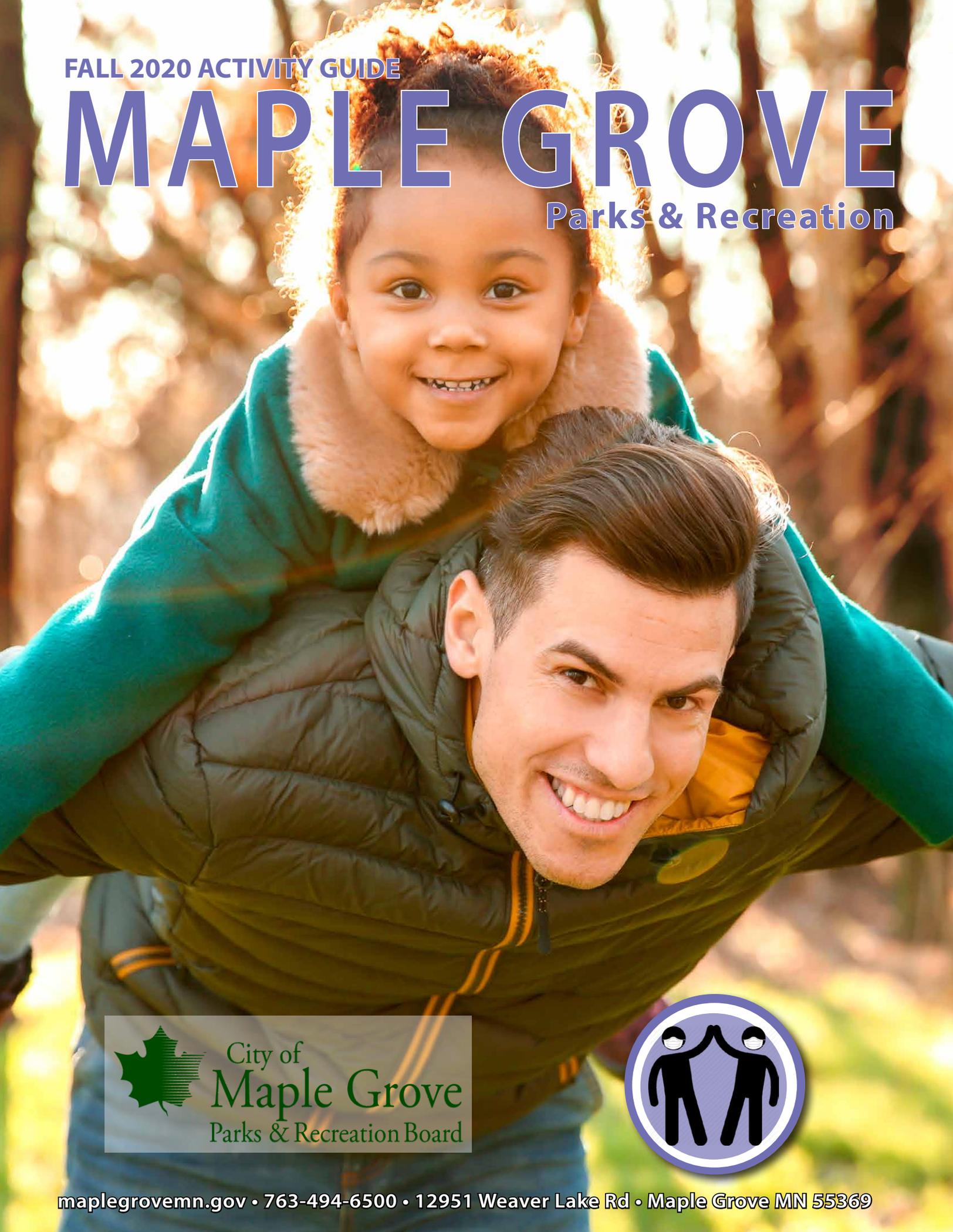


FALL 2020 ACTIVITY GUIDE

MAPLE GROVE

Parks & Recreation



City of
Maple Grove
Parks & Recreation Board





▲ Not a care in the world (Gustafson)

City SPOTLIGHT

MASK UP, MINNESOTA



Executive order requiring Minnesotans to wear face coverings in all public indoor spaces and businesses is effective July 25. All City of Maple Grove facilities are public spaces, and masks are required to be worn. If a visiting member of the public does not have a mask, one will be provided. Click button below for more Maple Grove information as well as MN Dept of Health resources about face coverings.

[Additional face covering info/resources](#)



Calendar of events



Latest News

2020 residents' guide The annual Maple Grove/Osseo Residents' Guide offers a wide variety of info for citizens and soon-to-be citizens.

Voting and COVID-19 Q&A
Recommendations and questions answered for how to vote safely during the pandemic.

COVID-19
Info on city services and resources for residents and businesses.

2020 roadway maintenance projects
Explore the activities within and near Maple Grove.

Most Requested

- ▶ Elections
- ▶ 2020 city meeting calendar
- ▶ Council agendas/minutes
- ▶ Job opportunities
- ▶ Maple Grove Transit
- ▶ Neighborhood Information
- ▶ Property info interactive map

Upcoming Events

- Longevity Health Expo**
Aug 08, 2020 10:00 am - 4:00 pm
 - Planning Commission**
Aug 10, 2020 7:00 pm - 10:00 pm
 - Open to Business**
Aug 11, 2020 10:00 am - 1:00 pm
- [view all upcoming events >](#)

Online Services

- [Pay / view my water bill](#)
- [Register for classes](#)
- [Apply / Search for permits](#)
- [Sign up for eSubscribe](#)



eSubscribe to discover the latest Parks & Recreation offerings!
maplegrovern.mn.gov/esubscribe

Connect With Us...

Maple Grove Parks and Recreation Board Office

12951 Weaver Lake Road
Maple Grove, MN, 763-494-6500
Monday through Friday 8am-4:30pm

Recreation Registration Hours

P&R Office: Monday through Friday 7am-6pm
Online: All day every day at webtrac.maplegrovern.gov

Holiday Closures

The Parks and Recreation office will be closed on:

- Monday, September 7 (Labor Day)
- Wednesday, November 11 (Veterans Day observed)
- Thursday & Friday, November 26 & 27 (Thanksgiving)
- Friday, December 25 (Christmas)

Phone Numbers

Main number 763-494-6500
Website maplegrovern.gov
CC Birthday Party Packages.....temp. not offered
CC Groups, Room Rentals, Town Green Mtg..... 763-494-6527
Central Park Information..... 763-494-6474
Park Bldg/Pavilion Reservations..... 763-494-5958
Program/Game Status Recording..... 763-494-5959
Sports Dome Reservations..... 763-494-6480



PARKS AND RECREATION BOARD

Parks and Recreation Board office..... 763-494-6500
Chair, Bill Lewis..... blewis@maplegrovern.gov
John Ferm jferm@maplegrovern.gov
Ken Helvey khelvey@maplegrovern.gov
Deb Syhre..... dsyhre@maplegrovern.gov
Kelly Cunningham .. kcunningham@maplegrovern.gov
Debbie Coss dcoss@maplegrovern.gov
Andy Mielke amielke@maplegrovern.gov
Council Rep, Phil Leith pleith@maplegrovern.gov

Park Board Meetings

• Regular meetings of the Park Board are held the 3rd Thursday of every month at the Government Center Council Chambers at 7:00 p.m. and can be viewed online. maplegrovern.gov/about/boards-and-commissions

Parks and Recreation Board Staff

Director Chuck Stifter
Superintendent of Recreation Aimee Peterson
Superintendent of Parks and Planning..... Ben Jaszewski
Park Supervisor Rob Heitke
Recreation Program Specialists:
- Athletics..... Chris Morrow
- Seniors/55 Forward Liz Faust
- Special Events..... Tanya Huntley
- Sponsorships/Farmers Market ... Kirsten Bansen Weigle
- Youth Outreach..... Crystal Anderson
- Youth Programs/Adult Fitness..... Michelle Debace
Rec. Facilities Operations Supervisor Jeanne Vestal
Community Center Manager Lisa Jost
Community Ctr Facility Maint Coordinator..... Paul Mertes
Community Ctr Facility Coordinator Sam Ellingson
Aquatics Supervisor..... Lisa Gedker
Community Ctr Aquatics Coordinator Adrienne Vassar

Here at Maple Grove Parks and Recreation, the health and safety of our guests and employees is our top priority. **As of this publish date**, masks are required when entering the Community Center, excluding youth under age 2. Ages 2-5 mask wearing is optional. We are committed to providing a safe environment for our guests and have policies in place to support our employees.

The following pages reflect our current offerings. Check back as we update information!

Registration Information

It's all inside! Your recreation destination!

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MUSIC FOR EVERYONE 20

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Memberships, Facility Rentals, Birthday Parties,
Maple Maze, Gym, Ice Arena, Grove Cove Aquatics Center

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Registration Start Dates

~ **Seniors/55 Forward** registration begins **August 24, 2020 at 9:00 am.**

~ **General** program registration begins on **August 24, 2020 at 9:00 am.**

~ **Swim and evening Water Aerobics** registration begins **Wednesday, September 16 at 9:00 am.**

Using the WebTrac Registration Site

1. GO TO webtrac.maplegrovern.gov

2. CREATE AN ACCOUNT with basic information about you and your family.

3. CREATE A LOGIN (your email address) and choose a password. If you forget your password, staff can reset it for you.

Try out the Wishlist format! Place the program you're interested in into your wishlist now and then move it to your cart on registration day. Questions? Call Parks and Recreation at (763)494-6500.

All Parks and Recreation programs are available to register online **EXCEPT** music, Playhouse Preschool and Defensive Driving.

General Information

- Residents are citizens who live within the City of Maple Grove boundaries.
- If a class is full, you can waitlist online (put in your cart at no cost to complete). If an opening comes up, we will call from the waitlist in the order they were placed.
- Instructors are not authorized to accept registrations at the activity location.
- Class fees are not prorated for late registrations.
- Parks & Recreation will charge a \$15.00 fee for all NSF checks.

Refund Policy

- **Requests for refunds must be received at least five full business days before the first class session.** There will be a \$5.00 processing fee charged for each program. No refunds will be issued after the first class meeting unless for bona fide medical reasons.
- No refunds will be issued for any bus trips, but you may find someone to take your place - notify the office.
- Full refunds/credits will be issued for all classes or trips cancelled by Parks and Recreation.

Photo Policy

All participants involved in any programs or special events are subject to possibly being photographed for promotional purposes. Such photographs may be used by Maple Grove Parks and Recreation without an obligation to provide compensation to those photographed.

Corrections and Updates

Staff makes every effort to ensure the brochure is free from errors, however sometimes errors or revisions in program details do occur. We appreciate your understanding when this occurs.

Youth Athletic Associations

Many Maple Grove youth sports are administered by volunteer organizations. Each organization has a Board of Directors and is run independently.

BASEBALL/FASTPITCH SOFTBALL

Organization: OMGAA - Osseo Maple Grove Athletic Association
Program: House Leagues - BB/FP Ages 9-18
Traveling Teams - BB Ages 10-15 & FP ages 9-18
Information: at www.omgaa.org

BASKETBALL

Organization: OMGBA - Osseo Maple Grove Basketball Association
Program: House Leagues - Grades K-12
Traveling Teams - Grades 5-8
Information: www.omgba.net

FOOTBALL

Organization: OFA - Osseo Football Association
MGYFA - Maple Grove Youth Football Assn
Program: House Leagues - Grades 2 - 8
Information: www.osseofootball.org
www.mgyfa.com

HOCKEY

Organization: OMGHA - Osseo Maple Grove Hockey Association
Program: House Leagues - Ages 4-15 (4 by 8/1/20)
Traveling Teams - Ages 9-17
Information: www.omgha.com

LACROSSE

Organization: Maple Grove Girls and Boys Lacrosse Association
Program: Youth, grades K - 8
Information: www.youth.mglax.net
Organization: Osseo Park Center Boys & Girls Lacrosse
Information: www.opcyouthlax.com

SOCCER

Organization: MapleBrook Soccer Association
Program: Traveling Teams - Ages 19 & under
Information: www.maplebrooksoccer.com

SWIMMING

Organization: NHCP Swim Club
Program: Competitive Swimming - Ages 6 - 18
Information: www.teamunify.com/mnnhpc

WRESTLING

Organization: Maple Grove Wrestling Club
Program: Pre-Kindergarten - grade 8
Information: mgwrestlingclub.com
Organization: Osseo, Maple Grove Youth Wrestling
Program: Pre-Kindergarten - grade 6
Information: www.osseoyouthwrestling.org



OSSEO MAPLE GROVE HOCKEY ASSOCIATION

2020-2021 Registration

The Osseo-Maple Grove Hockey Association provides an organized youth hockey program for boys and girls living or attending school within the Maple Grove and Osseo High School boundaries. The Osseo-Maple Grove Hockey Association is designed to teach basics through advanced skating and hockey skills and to develop teamwork and sportsmanship. *Players must be 4 years old as of September 1, 2020 to participate in OMGHA. All new players must provide a copy of their government-issued birth certificate and/or school enrollment documentation for those living outside District 279 before their registration will be complete.

On-line registration started August 1, 2020 through OMGHA for all new and returning players.

Walk-in registration - check www.omgha.com for details.

See the www.omgha.com website for all your registration questions.



OSSEO MAPLE GROVE BASKETBALL ASSOCIATION

2020-2021 Registration

Offering developmental and competitive basketball opportunities for girls and boys that live or attend school in the Osseo or Maple Grove High School attendance area. Recreational programs are offered for grades K-12 and traveling is offered for grades 4-8. For more information about specific programs please go to www.omgba.net. On-line registration will open in early August for grades 3-8 and early September for grades K-2 and 9-12. Spots are limited in the K-2 programs so check the website for registration dates and register early!

-15%

Maple Grove Community Center Membership Sale November 1-10

ALL-BUILDING MEMBERSHIP

Includes the Grove Cove Aquatic Center (indoor pools and outdoor pool in season), the gymnasium, ice skating during open skate hours and access to the Maple MAZE Indoor Playground (**according to current COVID guideline capacities**).

POOL MEMBERSHIP

The Grove Cove Aquatic Center!
See page 47.

PICKLEBALL MEMBERSHIP

Annual pickleball membership for the Community Center, the MG Middle School Community Gym and another possible location (availability still being arranged) during Pickleball hours only. See page 37.

SIGN UP ONLINE!

Internet address: webtrac.maplegrovern.gov. Go to Memberships, then select the type. Payment is made in full with a credit card.

AUTOMATIC RENEWAL

Using the Direct Payment Plan is available through your checking account. You must register in person at the pool desk and bring a voided check with you. Cancellation fee of \$25 applies in the first year of the membership.



	Sale Rate Annual / Monthly	Sale Rate Annual / Monthly
ALL BUILDING MEMBERSHIP		
RESIDENTS		NON-RESIDENTS
Youth / Senior	\$165.75 / 13.81	\$182.75 / 15.23
Adult	\$182.75 / 15.23	\$216.75 / 18.06
Family	\$361.25 / 30.10	\$446.25 / 37.19
POOL MEMBERSHIP		POOL MEMBERSHIP
RESIDENTS		NON-RESIDENTS
Youth / Senior	\$131.75 / 10.99	\$153.00 / 12.75
Adult	\$153.00 / 12.75	\$174.25 / 14.52
Family	\$318.75 / 26.56	\$361.25 / 30.10
PICKLEBALL MEMBERSHIP		PICKLEBALL MEMBERSHIP
RESIDENTS		NON-RESIDENTS
Adult	\$165.75 / 13.81	\$182.75 / 15.23

Save an
ADDITIONAL
\$10 when
you register
online!

Volunteer Opportunities

2020 MAPLE GROVE AMBASSADORS

Even though there was no Maple Grove Days or Coronation to crown 2020 Ambassadors this past July, the Maple Grove Ambassador Program continues to stay connected and plan for the future. Our 2019 Ambassadors, Grace Mayer, Ella Moroz and Amina Razzaque await the return of their scheduled activities and will represent our City and Program until they crown successors in July 2021. The Ambassador Program offers scholarship opportunities for young women in the Maple Grove and Osseo area, while engaging them in volunteerism, growing in poise and confidence, public speaking and networking skills. Eight young women submitted their applications as part of the 2020 Candidate Experience before the program had to be cancelled due to Covid-19 issues. If you are interested in joining them next summer as a candidate, please send an e-mail to info@maplegroveambassadors.com.

As we all await the return of many activities in our community, businesses, schools, music and sports venues, the Ambassadors plan to participate as much as possible in the upcoming months while observing the health and safety guidelines. To stay informed, please visit www.maplegroveambassadors.com.



ADOPT-A-PARK

Adopt-A-Park is an opportunity for volunteers to help keep Maple Grove parks and trails beautiful. Adopt-A-Park is open to schools, community groups, civic organizations, faith communities, businesses, families and individuals. For information please call 763-494-6516 or email mdebace@maplegrovern.gov.

Thanks to the following individuals and organizations who have adopted parks and trails. All who use these areas appreciate your help.

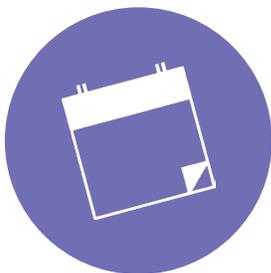
Cub Scout Pack 684, Pruhs Family, LDS Cub Scout Pack 742, Lord of Life Lutheran Church, Maple Grove Middle School, Norman family, Maple Grove TAG, Basswood Elementary 5th graders, Cintas Corporation, Pavek family, Maple Grove North Super Target Team Members, Zaker Group Realty, Manheim, The Church of Jesus Christ of Latter Day Saints, The Tarbuck Family, Wolsky Family, Sandy & Jessica Rocheleau, Timur's family, Great River Energy, Lindley family, Cub Scout Pack 531, Weber family, Rice Lake MOMS Club/North, BSA Troop 211, the CHOICE, Inc. participants, Bob Peterson, Boy Scout Troop 584, The Priebe WM Group, Maple Grove Women of Today, Rice Lake MOMS Club/North, Nelson Family, Wituszynski family, Country Kids 4H Club, Troop #17840

MAPLE GROVE COMMUNITY ORGANIZATION MGCO

Join in the fun of planning civic events!

Become a member of MGCO and give back to your community.

We invite you to attend our monthly meetings to begin your volunteer adventure and share your ideas.



MEETINGS

7:00pm on the 4th Tuesday monthly at Maple Grove Community Center



VOLUNTEER

Show your pride! Join MGCO and volunteer in your community



2021 EVENTS

Maple Grove Days, Halloween Family Fun, and Breakfast & Lunch with Santa

Fall Special Events



Beyond the Yellow Ribbon Veteran's Day Celebration

Veteran's Day ceremony.

November 11, 2020
1:00 p.m.

Central Park, Phenow Pavilion,
12000 Central Park Way

SEPTEMBER 25 | \$20/CAR | STARTS AT DUSK



Register Online at Bit.ly/SeptMovieMG
12601 82ND AVE. NE MAPLE GROVE, MN

OCTOBER 30 | \$20/CAR | STARTS AT DUSK



Register Online at bit.ly/OctoberMovieMG
12601 82nd Ave. NE Maple Grove, MN

Drive-In Movies - at dusk

Admission is \$20/car. Registration required. Parking will open at 7:00 pm and the movie begins at dusk. Movie location is in the grassy area in front of Maple Grove LifeTime, 12601 82nd Ave North, Maple Grove.

September 25 - Big Hero 6 \$20/car 201202-19

October 30 - Coco \$20/car 201202-24

MAPLE GROVE PARKS & RECREATION AND OMNI BREWING PRESENT

HARVEST-TOBER FEST

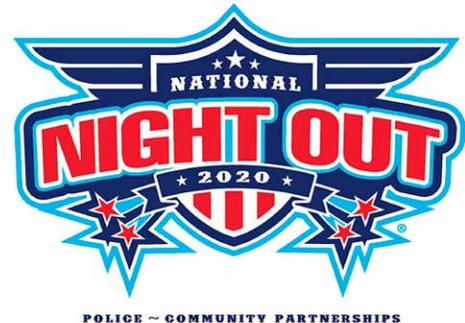
OCTOBER 10 • CENTRAL PARK • 12-6PM

BEER
FOOD
MUSIC

SPONSORED BY
OMNI
Brewing Co.

Tickets \$5 for 2 hr stay. Register online:
www.omnibrewing.com/harvest-tober-fest

Central Park of Maple Grove, 12000 Central Park Way



POLICE ~ COMMUNITY PARTNERSHIPS

NATIONAL NIGHT OUT

The traditional October 6, National Night Out will look different! City staff will not be visiting block parties, but residents are still encouraged to do them. City staff will still be taking registrations and doing what they can to get resources out to residents. To register visit www.maplegrovern.gov/nno. Contact Maple Grove Police Crime Prevention at 763-494-6134 or crimeprevention@maplegrovern.gov.

Upcoming Events

HALLOWEEN FAMILY FUN

Get ready for the best "spooktacular" fun you will have this fall! Maple Grove Community Organization is planning its annual Happy Halloween Family Fun event on Saturday, October 17th. Watch the website (mgco.org) for any COVID-19 related updates. With health and safety measures in place, the kids are sure to have a fun and safe afternoon. Wear your costume for the Halloween Fashion Show and bring your parents! The natural setting of Weaver Lake Park is the perfect backdrop as children enjoy the fun and games and so much more for an eerie and ghostly kickoff to your Halloween. **ONLINE registration only at mgco.org**. Registration begins Oct. 1. Space is limited, so sign up early! For more information call the MGCO voicemail at 763-494-5985.

Weaver Lake Park, 8401 Dunkirk Lane.

1 to 4 pm.

Cost is \$6 per child, ages 2-8 years. Under the age of 2 is free. Adults are free. All games, tricks, treats and rides are included in the cost.

It's the perfect networking opportunity for your business too! Come meet the families, share information about your business and host a game booth. Contact 763-494-5985. Limited space.



BREAKFAST AND LUNCH WITH SANTA

With the cooler weather approaching, thoughts turn to the holidays and the fun they bring. Kids won't want to miss out on their annual visit with Santa! This MGCO sponsored event takes place on Saturday, December 5th. Included are breakfast or lunch, photo opportunities with Santa, face painting, crafts and fun, fun, fun! Pictures: Bring your own camera. Pre-registration is required and space is limited for this very popular event! **ONLINE registration only at mgco.org**. Registration begins Nov. 1. Space is limited, so sign up early. Last year the event sold out quickly!

Breakfast: 8:30am-10:00am \$5 - breakfast pastries, fruit, juice or milk

Lunch: 11:00am-1:00pm \$7 - pizza, pop, cookies

If you are looking for opportunities to share information about your business and would like to meet with families of the community, join us as a host of a game booth. Call the MGCO voicemail at 763-494-5985. Space is limited.



COMMUNITY CENTER Fall Happenings

**Subject to
last-minute
cancellations.**

AUGUST

- 24** American Red Cross
Blood Drive

11-8:30pm, americanredcross.org

SEPTEMBER

- 12** Taste of Maple Grove
Maple Grove Danceline

- 26** Cadybeth Women's Day
Out Expo

9am-3pm, cadybethshows.com

OCTOBER

- 10** Crafts, Arts & Gifts Show
by Cadybeth Shows

9am-3pm, cadybethshows.com

- 24** Halloween Craft and
Gift Show (Free Event)

9:30am-4pm, ccshows.com

NOVEMBER

- 7** Home Improvement Expo

10am-4pm, mediamaxevents.com

- 28** Holiday Crafts, Arts & Gifts
Show by Cadybeth Shows

9am-3pm, cadybethshows.com

DECEMBER

- 5** Breakfast with Santa

8:30am-1pm, MGCO.org



MAPLE GROVE PARKS AND RECREATION PRESENTS

Everything We Missed Trunk or Treat!

October 31 • 1:00pm - 4:00pm • Free
Maple Grove Community Center Parking Lot



CELEBRATE ALL THE HOLIDAYS WE MISSED IN 2020

Costume Contest • Free Treats • Guess the Weight of the Pumpkin • Other Fun Activities



LIGHT UP CENTRAL PARK AND SKATE WITH SANTA

Join the Maple Grove Rotary as they team up with Parks and Recreation to Light Up Central Park for the holiday season. Come enjoy some holiday music, skating on the loop and of course a visit with Santa. Stop in the Phenow Pavilion to warm up or to rent some skates.

Central Park, 12000 Central Park Way

Saturday, December 12

5:00-8:00pm

Free event

Skate rentals \$6



SANTA'S MAILBOX

Santa's mailbox is a special box where letters will be delivered directly to the North Pole. Children can drop off their letters in the Santa mailbox located in the Maple Grove Community Center, 12951 Weaver Lake Road between December 1 and December 13, 2020. Santa's elves will pick up letters each evening to bring to the North Pole. Mr. and Mrs. Claus request that each letter include the **full name and address** of each child so that Santa and his elves can answer each one.

SKATING AT CENTRAL PARK

12000 Central Park Way | 763-494-6474

Ice Loop is tentatively scheduled to open Friday, November 27, weather permitting.

Phenow Pavilion Hours

Includes Skate Rentals, Concessions & Restrooms

Monday-Friday | 4:00pm-9:30pm

Saturday-Sunday | 10:00am-9:30pm

Phenow Pavilion Holiday Hours

Includes Skate Rentals, Concessions & Restrooms

Thanksgiving Day | Closed

Christmas Day | Closed

New Year's Eve and Day | 10:00am-9:30pm

ISD 279 Non-School Days | 10:00am-9:30pm

Skate Rentals | \$6



Enjoy winter at Central Park! The lit, refrigerated ice loop is designed for leisure skating. Skate rentals are available in the pavilion, along with restrooms, concessions, boot cubbies and a cozy fireplace for chilly evenings.

Farmers Market



MAPLE GROVE FARMERS MARKET

FARMERS MARKET STAYS IN SEASON

Nourishing the community since 2004

Fall is the best time to shop for locally grown, locally made foods at the Maple Grove Farmers Market. The Maple Grove Farmers Market continues every Thursday afternoon through October 22 at the Maple Grove Community Center. Market hours are 3:00-7:00 p.m. in September, 3:00-6:00 p.m. in October.

September offers a bountiful array of produce for fresh eating and preserving. *Find apples, raspberries, melons, lettuce, peppers of all colors and heat levels, cabbage, cauliflower, broccoli, onions, garlic, herbs, tons of potatoes, carrots, winter squash and of course tomatoes. Pair your produce with locally raised meats and eggs, artisan breads, and many specialty food items. Find seasonal items including pumpkins and gourds of all shapes and sizes, chrysanthemums, and other seasonal items.*

The farmers market is proud to be your outdoor grocery store during the COVID-19 pandemic. Many safety precautions are in place including one-way foot traffic, modifications to vendor booths, and soap-and-water handwashing stations available on site. Please review the market's COVID response plan and the action steps that you can take to be a safer market shopper at www.maplegrovefarmersmarket.com. Follow the market on Facebook and Instagram or subscribe to our e-newsletter for up-to-the-moment information.



Sponsorships & Donations

Visit maplegrovemn.gov/parks-and-recreation/park-sponsorships to review all sponsorship opportunities or call (763) 494-5824.

Central Park Benches \$1800

A limited number of benches are available for sponsorship in the formal garden at Central Park of Maple Grove. Teakwood benches include an etched bronze plaque.

Arbor Lakes Benches \$3,000

Architectural cast-iron benches are placed at various locations around North Arbor Lake and include an etched bronze plaque.

Scattered Site Benches \$1,500

Sponsors may request a bench site in a favorite park or trail. Park bench includes customized vinyl plaque.

Angel of Hope Bricks \$125

Remember a child of any age by purchasing an engraved brick, to be installed at the foot of the Angel of Hope statue at the Maple Grove Arboretum. Orders received by September 1, 2020 will be installed and dedicated this fall.

Veterans Memorial Park of Maple Grove

Salute our armed forces by sponsoring an engraved paver at the Veterans Memorial, located at Central Park of Maple Grove. Three paver sizes are available. Pavers ordered prior to August 15, 2021 will be installed in the fall of next year.

Maple Grove Parks and Recreation Board

The Parks and Recreation Board welcomes donations of any amount. Donations can be for the general support of Parks and Recreation or specified for certain programs or areas.

PARK FACILITY RENTALS

PAVILION RENTALS

A park is the perfect setting for your next family gathering or event. Consider a private rental at one of our park pavilions: Maple Grove Arboretum pavilion, Lions pavilion at the Community Center, Weaver Lake pavilion and Eagle Lake Community Building. All park pavilion rentals are available for rental online at webtrac.maplegrovern.gov.



Arboretum Picnic Pavilion

CENTRAL PARK OF MAPLE GROVE

Central Park offers a variety of amenities including the playground, walking trail, beautiful gardens, a labyrinth, pickleball courts and basketball courts. Many rental opportunities are available. Rental information: (763) 494-5958.



Central Park of Maple Grove

FERNBROOK FIELDS

This facility was made possible through a partnership with the City of Maple Grove, ISD 279, and local youth sports associations. The facility includes four full artificial turf fields, picnic pavilion and shaded seating area, playground and restrooms. Rental information: (763) 494-6511 cmorrow@maplegrovern.gov



Fernbrook Fields

SPORTS DOME

The winter sports dome generally opens mid November for the winter season. The sports dome includes a large artificial turf field and indoor walking track. Rental information: (763) 494-6480 jvestal@maplegrovern.gov

TOWN GREEN

The Town Green located off of Main Street is a great venue for your next big event. Rental opportunities are available for the meeting room, bandshell and the Point located on the shore of West Arbor Lake. Rental information (763) 494-6527.

Adaptive Recreation



REACH for RESOURCES ADAPTIVE RECREATION

The adaptive recreation program is a cooperative effort of REACH for Resources and the cities of Brooklyn Center, Brooklyn Park, Golden Valley, Plymouth, Maple Grove, Chanhassen, Chaska, Waconia and St. Louis Park. REACH is an agency which serves individuals with developmental disabilities and their families in western Hennepin County. Services include adaptive recreation, independent living support and counseling. For information and registration procedures, call 952-200-3030.

NOTE: For persons not living in one of the above communities, you are considered a non-resident and need to add \$8 to select registration fees.

Check out a full listing of Adaptive programming at www.reachforresources.org

or at www.reachforresources.org/virtual-programs/

Participants must PRE-register with REACH not with the City of Maple Grove

ADULT ACTIVITIES: Social Groups, Health and Wellness Classes, On the Town, Empowerment Group, and Bowling

TEEN ACTIVITIES (Ages 13-21): Teen Explorers, Social Seekers, Bowling, Health and Wellness Classes

YOUTH ACTIVITIES: Youth Athletes, Social Outings, Bowling, Health and Wellness Classes

SPECIAL EVENTS: Bingo, Dances, Weekend Ventures, Movies, Sporting Events, Talent Show and more!!

AMERICANS WITH DISABILITIES ACT NOTICE

In compliance with the Americans with Disabilities Act of 1990, upon request, reasonable accommodations can be provided to allow individuals with a disability to participate in Maple Grove Parks and Recreation Board services, programs and activities. Please call 763-494-6516.





MAPLE GROVE SKATING SCHOOL LEARN TO SKATE USA PROGRAM *An Indoor Ice Skating Program at the Maple Grove Community Center Ice Arena*

The Maple Grove Skating School "Learn to Skate USA" Program is designed for all ages, 3 through Adult, as an indoor ice skating program which provides a simple but progressive method of group ice skating instruction. This program is endorsed by U.S. Figure Skating, USA Hockey, and US Speedskating. Class titles include: Hockey Skating Development, Snowplow Sam, Skating School, Adult, Advanced Skating School, Junior Club 1, Junior Club 2, Senior Club, Bridge Beyond The Basics, High Bridge Beyond The Basics, Jump Zone, and Jump To New Heights. Please register for classes as soon as possible, as classes fill quickly. Registrations are NOT accepted at the arena on the first day of the session. Class fees are not prorated for late registration. At times, participants may repeat a level before advancing to the next level. Attendance is important in order to learn new skills that build on the skills learned during the previous class. Alternate classes for unattended classes are not offered. Participants will be evaluated on the first day of class to verify that they have been registered for the appropriate level. Participants of any skating level are always welcome to participate. Contact the Skating Director, Mandy Pirich, at 763-494-5967 or email mgskatingschool@maplegrovern.gov with any questions.

COVID-19 Pandemic

Any participant registered in the Maple Grove Skating School Learn to Skate USA Program at the Maple Grove Community Center Ice Arena must adhere to the National, State and City COVID-19 guidelines, restrictions and mandates. At times, Maple Grove Skating School instructors will physically assist a participant (i.e. assistance in standing up) but will do so in a limited manner. One (1) parent/guardian may accompany a participant into the arena facility but is encouraged to exit the arena facility while the participant is participating in his/her group lesson. Spectators are discouraged at this time and social distancing is encouraged.

Masks are currently required to enter the building.

SKATING EQUIPMENT

Single blade skates are allowed for classes. Double blade skates are not allowed at any time. During each class, a limited number of skate rentals (sizes youth 8 to adult 12) are available, per pair, for a nominal fee. Sticks, pucks and skate trainers are not allowed at any time.

CLOTHING RECOMMENDATIONS

Warm, flexible clothing that includes mittens/gloves, a jacket, snow pants/leggings, and a hockey/bike helmet.

21st ANNUAL ICE SHOW (AGES 3 – ADULT)

Because of the COVID-19 pandemic, a decision to hold the 2021 Ice Show has not been made. More information will follow at a later date.

ON-ICE HARNESS AND OFF-ICE HARNESS

The Maple Grove Skating School is proud to offer the use of an on-ice harness and off-ice harness to Maple Grove Skating School participants. The on-ice harness and off-ice harness are tools that assist participants by alleviating the fear of falling when learning new on-ice jumps and/or perfecting already consistent on-ice jumps. The Maple Grove Skating School "Learn to Skate USA" Program information includes class descriptions regarding the "JUMP ZONE" on-ice harness class and the "JUMP TO NEW HEIGHTS" an off-ice harness class and the existing classes that utilize the on-ice harness and off-ice harness. This is truly an exceptional opportunity for the Maple Grove Skating School participants!

MAPLE GROVE SKATING SCHOOL OFFICIAL APPAREL

The Maple Grove Skating School and the City of Maple Grove are proud to offer the Official Apparel for the Maple Grove Skating School. Show your pride for the Maple Grove Skating School by wearing the Official Apparel: jacket, sweatshirt, t-shirt, hat, blanket. Contact the Skating Director, Mandy Pirich, at 763-494-5967 or email mgskatingschool@maplegrovern.gov for information.

MAPLE GROVE SKATING SCHOOL ON FACEBOOK

The Maple Grove Skating School is on Facebook. Become a fan and receive Maple Grove Skating School updates. "Like" the official Maple Grove Skating School page on Facebook today!





We want to encourage you, your family and friends to stay healthy and safe. All of the recreation program offerings have preparedness plans in place and follow current MN Department of Health and CDC guidelines. Program specific information will be sent to registered participants prior to class start dates.

SNOWPLOW SAM

Ages 3 – 5

Snowplow Sam teaches the Snowplow Sam 1 – 4 levels. It is designed to help young participants develop the coordination and strength necessary to maneuver on skates. Examples of elements taught include: standing up, forward/backward skating, forward/backward swizzles, forward one-foot glides, forward stopping, etc.

~A helmet (hockey/bike) is highly recommended.

~Please arrive at the arena 10 minutes prior to the group lesson on the first day of class.

Tuesdays, September 15 – October 13
10:15 – 10:40 a.m. \$72.50 (5 ses) 403101-01

Tuesdays, September 15 – October 13
10:45 – 11:10 a.m. \$72.50 (5 ses) 403101-02

Tuesdays, October 20 – December 8 (ex Nov 10)
10:15 – 10:40 a.m. \$101.50 (7 ses) 403101-03

Tuesdays, October 20 – December 8 (ex Nov 10)
10:45 – 11:10 a.m. \$101.50 (7 ses) 403101-04

Wednesdays, September 16 – October 7
6:05 – 6:30 p.m. \$58 (4 ses) 403102-01

Wednesdays, September 16 – October 7
6:35 – 7:00 p.m. \$58 (4 ses) 403102-02

Wednesdays, October 21 – December 9 (ex Nov 11 & 25)
6:05 – 6:30 p.m. \$87 (6 ses) 403102-03

Wednesdays, October 21 – December 9 (ex Nov 11 & 25)
6:35 – 7:00 p.m. \$87 (6 ses) 403102-04

Thursdays, September 10 – October 8
10:15 – 10:40 a.m. \$72.50 (5 ses) 403101-05

Thursdays, September 10 – October 8
10:45 – 11:10 a.m. \$72.50 (5 ses) 403101-06

Thursdays, October 22 – December 10 (ex Nov 12 & 26)
10:15 – 10:40 a.m. \$87 (6 ses) 403101-07

Thursdays, October 22 – December 10 (ex Nov 12 & 26)
10:45 – 11:10 a.m. \$87 (6 ses) 403101-08

Saturdays, September 12 – October 10 (ex Oct 3)
10:45 – 11:10 a.m. \$58 (4 ses) 403102-05

Saturdays, September 12 – October 10 (ex Oct 3)
11:15 – 11:40 a.m. \$58 (4 ses) 403102-06

Saturdays, September 12 – October 10 (ex Oct 3)
11:45 – 12:10 p.m. \$58 (4 ses) 403102-07

Saturdays, October 24 – December 12 (ex Nov 14 & 28)
10:45 – 11:10 a.m. \$87 (6 ses) 403102-08

Saturdays, October 24 – December 12 (ex Nov 14 & 28)
11:15 – 11:40 a.m. \$87 (6 ses) 403102-09

Saturdays, October 24 – December 12 (ex Nov 14 & 28)
11:45 – 12:10 p.m. \$87 (6 ses) 403102-10

HOCKEY SKATING DEVELOPMENT

Ages 6 – 12 or passed Snowplow Sam 4

The most important skill in the development of a hockey player is skating technique and it is the primary focus of this hockey program. Participants will learn to maneuver faster and become more agile on the ice. This program is endorsed by USA Hockey. Examples of elements taught include: forward/backward C-Cuts, forward quick starts, forward/backward stops, forward/backward crossovers, etc. There are five levels for this hockey program: Hockey 1 – 4 and Power Skating. Participants who are new to the program will be placed in Hockey 1 and progress through all five levels in order to learn all of the fundamentals. This hockey program will NOT talk about the game of hockey or use sticks or pucks.

~A helmet (hockey) is highly recommended.

~Please arrive at the arena 10 minutes prior to the group lesson on the first day of class.

Wednesdays, September 16 – October 7
6:05 – 6:30 p.m. \$58 (4 ses) 403205-01

Wednesdays, October 21 – December 9 (ex Nov 11 & 25)
6:05 – 6:30 p.m. \$87 (6 ses) 403205-02

Saturdays, September 12 – October 10 (ex Oct 3)
10:45 – 11:10 a.m. \$58 (4 ses) 403205-03

Saturdays, October 24 – December 12 (ex Nov 14 & 28)
10:45 – 11:10 a.m. \$87 (6 ses) 403205-04

SKATING SCHOOL

Ages 6 – 12 or passed Snowplow Sam 4

Skating School teaches the Basic 1 – 3 levels. It is designed to help participants develop the coordination and strength necessary to maneuver on skates. Examples of elements taught include: forward/backward skating, forward/backward swizzles, forward/backward one-foot glides, forward stopping, forward to backward two-foot turns, etc.

~A helmet (hockey/bike) is highly recommended.

~Please arrive at the arena 10 minutes prior to the group lesson on the first day of class.

Basic 1 - 3

Wednesdays, September 16 – October 7
7:05 – 7:30 p.m. \$58 (4 ses) 403103-01

Wednesdays, October 21 – December 9 (ex Nov 11 & 25)
7:05 – 7:30 p.m. \$87 (6 ses) 403103-02

Thursdays, September 10 – October 8
10:45 – 11:10 a.m. \$72.50 (5 ses) 403104-01

Thursdays, October 22 – December 10 (ex Nov 12 & 26)
10:45 – 11:10 a.m. \$87 (6 ses) 403104-02

Basic 1 - 2

Saturdays, September 12 – October 10 (ex Oct 3)
11:45 – 12:10 p.m. \$58 (4 ses) 403103-03

Basic 2 - 3

Saturdays, September 12 – October 10 (ex Oct 3)
12:15 – 12:40 p.m. \$58 (4 ses) 403103-04

Basic 1 - 2

Saturdays, October 24 – December 12 (ex Nov 14 & 28)
11:45 – 12:10 p.m. \$87 (6 ses) 403103-05

Basic 2 - 3

Saturdays, October 24 – December 12 (ex Nov 14 & 28)
12:15 – 12:40 p.m. \$87 (6 ses) 403103-06



Like us on Facebook!
www.facebook.com/maplegroveskatingschool



Learn To Skate - [Click here for skating registration](#)

ADULT

Ages 13 – Adult

Adult teaches the Adult 1 – 6 levels. It is designed to help participants develop the coordination and strength necessary to maneuver on skates. Examples of elements taught include: forward/backward skating, forward/backward swizzles, forward/backward one-foot glides, forward stopping, forward/backward edges, forward/backward crossovers, etc.

~A helmet (hockey/bike) is highly recommended.

~Please arrive at the arena 10 minutes prior to the group lesson on the first day of class.

Tuesdays, September 15 – October 13
10:45 – 11:10 a.m. \$72.50 (5 ses) 403106-01

Tuesdays, October 20 – December 8 (ex Nov 10)
10:45 – 11:10 a.m. \$101.50 (7 ses) 403106-02

Wednesdays, September 16 – October 7
7:05 – 7:30 p.m. \$58 (4 ses) 403106-03

Wednesdays, October 21 – December 9 (ex Nov 11 & 25)
7:05 – 7:30 p.m. \$87 (6 ses) 403106-04

Saturdays, September 12 – October 10 (ex Oct 3)
12:15 – 12:40 p.m. \$58 (4 ses) 403106-05

Saturdays, October 24 – December 12 (ex Nov 14 & 28)
12:15 – 12:40 p.m. \$87 (6 ses) 403106-06

ADVANCED SKATING SCHOOL

Participants who have passed Basic 3

Advanced Skating School teaches the Basic 4 – 6 levels. Examples of elements taught include: forward/backward crossovers, forward outside/inside three turns, hockey stops, forward spirals, backward to forward two-foot turns, etc.

~Skating attire is highly recommended and jeans are not allowed.

Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.

~Please arrive at the arena 10 minutes prior to the group lesson on the first day of class.

Wednesdays, September 16 – October 7
7:35 – 8:15 p.m. \$62 (4 ses) 403107-01

Wednesdays, October 21 – December 9 (ex Nov 11 & 25)
7:35 – 8:15 p.m. \$93 (6 ses) 403107-02

Saturdays, September 12 – October 10 (ex Oct 3)
9:50 – 10:30 a.m. \$62 (4 ses) 403107-03

Saturdays, October 24 – December 12 (ex Nov 14 & 28)
9:50 – 10:30 a.m. \$93 (6 ses) 403107-04

JUNIOR CLUB 1

Participants who have passed Basic 6

Junior Club 1 teaches the Pre-Free Skate – Free Skate 1 levels.

Examples of elements taught include: forward inside open mohawks, basic forward outside/inside consecutive edges, upright spins, waltz jump, half flip jump, toe loop jump, etc.

~Skating attire is highly recommended and jeans are not allowed.

Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.

~Please arrive at the arena 10 minutes prior to the group lesson on the first day of class.

Saturdays, September 12 – October 10 (ex Oct 3)
8:50 – 9:45 a.m. \$66 (4 ses) 403108-01

Saturdays, October 24 – December 12 (ex Nov 14 & 28)
8:50 – 9:45 a.m. \$99 (6 ses) 403108-02

JUNIOR CLUB 2

Participants who have passed Free Skate 1

Junior Club 2 teaches the Free Skate 2 – 3 levels. Examples of elements taught include: basic backward outside/inside consecutive edges, alternating mohawk/crossover sequence, beginning/advanced back spins, salchow jump, loop jump, etc.

~Skating attire is highly recommended and jeans are not allowed.

Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.

~Please arrive at the arena 10 minutes prior to the group lesson on the first day of class.

Saturdays, September 12 – October 10 (ex Oct 3)
8:50 – 9:45 a.m. \$66 (4 ses) 403109-01

Saturdays, October 24 – December 12 (ex Nov 14 & 28)
8:50 – 9:45 a.m. \$99 (6 ses) 403109-02

SENIOR CLUB

Participants who have passed Free Skate 3

Senior Club teaches the Free Skate 4 – 6 levels. Examples of elements taught include: forward/backward power three turns, the waltz eight, sit spin, camel spin, flip jump, the axel, etc. Participants will have access to the on-ice harness and off-ice harness. Each class consists of a 60 minute group lesson and a 30 minute off-ice group lesson.

~Skating attire is highly recommended and jeans are not allowed.

Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.

~Please arrive at the arena 10 minutes prior to the group lesson on the first day of class.

Saturdays, September 12 – October 10 (ex Oct 3)
7:45 – 9:30 a.m. \$74 (4 ses) 403110-01

Saturdays, October 24 – December 12 (ex Nov 14 & 28)
7:45 – 9:30 a.m. \$111 (6 ses) 403110-02

BRIDGE BEYOND THE BASICS

*Participants who are ALSO registered for
Pre-Free Skate – Free Skate 6*

Elements in Pre-Free Skate – Free Skate 6 are difficult and many participants repeat these levels. Participants will receive both group and individualized instruction that will assist participants to pass the Pre-Free Skate – Free Skate 6 levels. The focus of this class will be the individual participant. Each participant will concentrate on the specific elements that must still be achieved by the participant in order to pass the Pre-Free Skate – Free Skate 6 levels. Participants will have access to the on-ice harness at the Free Skate 4 – 6 levels. This is an additional class offered exclusively to participants who are also registered for Pre-Free Skate – Free Skate 6. Participants must continue to be registered for Pre-Free Skate – Free Skate 6 in order to participate in Bridge Beyond The Basics.

~Skating attire is highly recommended and jeans are not allowed. Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.

Wednesdays, September 16 – October 7
7:35 – 8:15 p.m. \$62 (4 ses) 403111-01

Wednesdays, October 21 – December 9 (ex Nov 11 & 25)
7:35 – 8:15 p.m. \$93 (6 ses) 403111-02

Saturdays, September 12 – October 10 (ex Oct 3)
9:50 – 10:30 a.m. \$62 (4 ses) 403111-03

Saturdays, October 24 – December 12 (ex Nov 14 & 28)
9:50 – 10:30 a.m. \$93 (6 ses) 403111-04

HIGH BRIDGE BEYOND THE BASICS

Participants who have passed Free Skate 6

High Bridge Beyond The Basics teaches advanced elements and assists in preparing participants for U.S. Figure Skating introductory tests and competitions. Participants will receive both group and individualized instruction. There will be a progression of class levels that will focus on stroking/edges/power skating/spins/jumps, the on-ice warm up and off-ice cool down, proper ice etiquette, U.S. Figure Skating Moves in the Field patterns, U.S. Figure Skating test/competition elements, proper stretching techniques, goal setting/positive thinking, boot/blade education, and parent/guardian education. Participants will have access to the on-ice harness and off-ice harness. Each class consists of a 60 minute group lesson and a 30 minute off-ice group lesson.

~Skating attire is highly recommended and jeans are not allowed. Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.

Saturdays, September 12 – October 10 (ex Oct 3)
7:45 – 9:30 a.m. \$74 (4 ses) 403112-01

Saturdays, October 24 – December 12 (ex Nov 14 & 28)
7:45 – 9:30 a.m. \$111 (6 ses) 403112-02

JUMP TO NEW HEIGHTS

Off-Ice Harness Class

Participants who have passed Basic 6

Jump To New Heights is an off-ice harness class that teaches proper jump rotation utilizing the off-ice harness. This 15 minute class is limited to 3 participants and will offer off-ice harness instruction and off-ice jump technique instruction. Participants will receive immediate feedback and analysis of his/her jump rotation. Mastering jump rotation is essential when learning new on-ice jumps and/or perfecting already consistent on-ice jumps. Participants may wear either their skates or shoes during this class.

~Skating attire is highly recommended and jeans are not allowed. Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.

Sundays, August 30 – October 11 (ex Oct 4)
8:55 – 9:10 a.m. \$30 (6 ses) 403113-01
9:15 – 9:30 a.m. \$30 (6 ses) 403113-02

Sundays, November 1 – November 29 (ex Nov 15)
8:55 – 9:10 a.m. \$20 (4 ses) 403113-03
9:15 – 9:30 a.m. \$20 (4 ses) 403113-04

Wednesdays, September 16 – October 7
7:10 – 7:25 p.m. \$20 (4 ses) 403113-05
7:40 – 7:55 p.m. \$20 (4 ses) 403113-06
8:00 – 8:15 p.m. \$20 (4 ses) 403113-07

Wednesdays, October 21 – December 9 (ex Nov 11 & 25)
7:10 – 7:25 p.m. \$30 (6 ses) 403113-08
7:40 – 7:55 p.m. \$30 (6 ses) 403113-09
8:00 – 8:15 p.m. \$30 (6 ses) 403113-10

Saturdays, September 12 – October 10 (ex Oct 3)
8:20 – 8:35 a.m. \$20 (4 ses) 403113-11
9:40 – 9:55 a.m. \$20 (4 ses) 403113-12
10:00 – 10:15 a.m. \$20 (4 ses) 403113-13

Saturdays, October 24 – December 12 (ex Nov 14 & 28)
8:20 – 8:35 a.m. \$30 (6 ses) 403113-14
9:40 – 9:55 a.m. \$30 (6 ses) 403113-15
10:00 – 10:15 a.m. \$30 (6 ses) 403113-16

Sunday, October 4
8:55 – 9:10 a.m. \$5 (1 ses) 403113-17
9:15 – 9:30 a.m. \$5 (1 ses) 403113-18

We want to encourage you, your family and friends to stay healthy and safe. All of the recreation program offerings have preparedness plans in place and follow current MN Department of Health and CDC guidelines. Program specific information will be sent to registered participants prior to class start dates.



JUMP ZONE

On-Ice Harness Class

Participants who have passed Basic 6

Jump Zone is an on-ice harness class that teaches proper jump rotation utilizing the on-ice harness. This 10 minute class is limited to 1 participant and will offer on-ice harness instruction. Participants will receive immediate feedback and analysis of his/her jump rotation. Mastering jump rotation is essential when learning new on-ice jumps and/or perfecting already consistent on-ice jumps. Participants must wear their skates during this class. *~Skating attire is highly recommended and jeans are not allowed. Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.*

Wednesdays, September 16 - October 7

7:40 - 7:50 p.m.	\$40 (4 ses)	403117-01
7:55 - 8:05 p.m.	\$40 (4 ses)	403117-02

Wednesdays, October 21 - December 9 (ex Nov 11 & 25)

7:40 - 7:50 p.m.	\$60 (6 ses)	403117-03
7:55 - 8:05 p.m.	\$60 (6 ses)	403117-04

Saturdays, September 12 - October 10 (ex Oct 3)

8:00 - 8:10 a.m.	\$40 (4 ses)	403117-05
8:15 - 8:25 a.m.	\$40 (4 ses)	403117-06
9:00 - 9:10 a.m.	\$40 (4 ses)	403117-07
9:15 - 9:25 a.m.	\$40 (4 ses)	403117-08
9:55 - 10:05 a.m.	\$40 (4 ses)	403117-09
10:10 - 10:20 a.m.	\$40 (4 ses)	403117-10

Saturdays, October 24 - December 12 (ex Nov 14 & 28)

8:00 - 8:10 a.m.	\$60 (6 ses)	403117-11
8:15 - 8:25 a.m.	\$60 (6 ses)	403117-12
9:00 - 9:10 a.m.	\$60 (6 ses)	403117-13
9:15 - 9:25 a.m.	\$60 (6 ses)	403117-14
9:55 - 10:05 a.m.	\$60 (6 ses)	403117-15
10:10 - 10:20 a.m.	\$60 (6 ses)	403117-16

OPEN FREESTYLE

Participants who have passed Basic 6 or Adult 4

Open Freestyle is a 45 minute session where a participant can make use of additional practice time on a full sheet of ice, and if interested, private lessons with a U.S. Figure Skating Coach. Open Freestyle is available to participants who have passed Basic 6 or Adult 4 and above. Private lessons are available and contracted separately between a participant and a U.S. Figure Skating Coach. The use of the on-ice harness will be available on this session and may be used only by a participant along with a Maple Grove Skating School staff member who has been trained in the use of the on-ice harness. Registration fees submitted here only provide entrance and access to the Open Freestyle ice session. The Maple Grove Community Center All Building Membership or Open Ice Skating Coupons are NOT VALID for Open Freestyle. If you are interested in more information regarding Open Freestyle or private lessons, please contact the Skating Director, Mandy Pirich, at 763-494-5967 or email mgskatingschool@maplegrovmn.gov with any questions.

~Skating attire is highly recommended and jeans are not allowed. Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.

Wednesdays, September 16 - October 7

5:15 - 6:00 p.m.	\$44 (4 ses)	403114-01
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Wednesdays, October 21 - December 9 (ex Nov 11 & 25)

5:15 - 6:00 p.m.	\$66 (6 ses)	403114-02
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Saturdays, September 12 - October 10 (ex Oct 3)

6:45 - 7:30 a.m.	\$44 (4 ses)	403114-03
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Saturdays, October 24 - December 12 (ex Nov 14 & 28)

6:45 - 7:30 a.m.	\$66 (6 ses)	403114-04
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Music for Everyone

MUSIC FOR EVERYONE

This is a program that offers private music lessons and group activities for students of all ages, from preschoolers to adults. The cities of Maple Grove, Brooklyn Park and Plymouth have formed this music consortium to present quality music instruction to their residents.

PRIVATE LESSONS

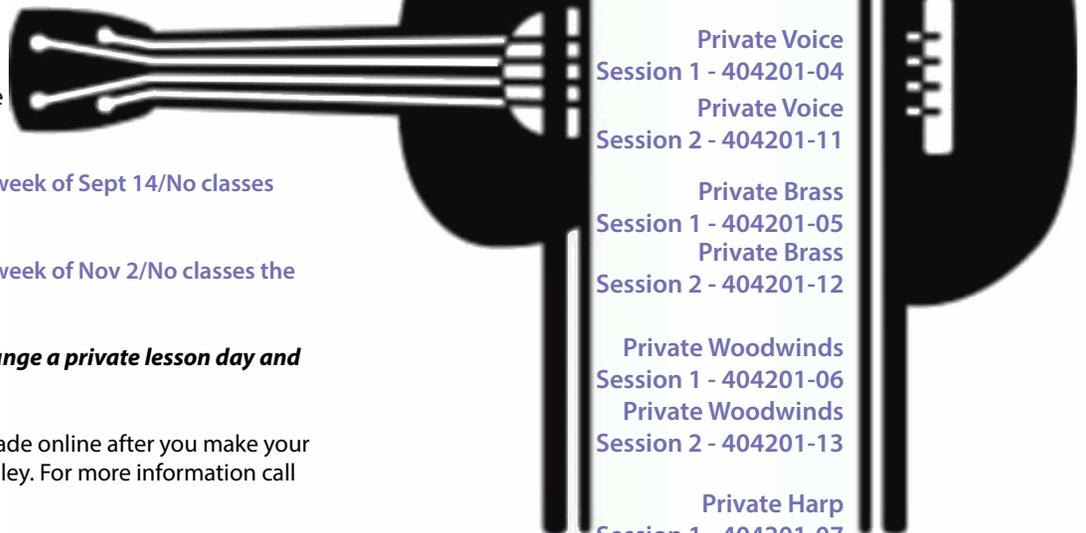
Ages 7 – Adult

The private music lesson program is ultimately designed to be a 12 month continuum for the entire year. Registration fees are taken on a quarterly basis. New students can enroll for private lessons at any time during the quarter, as space allows and fees can be pro-rated. Lesson times will be arranged by individual teachers. All private lessons take place once a week for 30 minutes. Additional costs will occur for lesson books and materials. Choose from a variety of dates and times.

Session 1: Virtual lessons: Begins week of Sept 14/No classes the week of Oct 12 (6 Lessons)

Session 2: Virtual lessons: Begins week of Nov 2/No classes the week of Nov 23 (6 Lessons)

- ♦ **Call Kiley 763-509-5224 to arrange a private lesson day and time prior to registration.**
- ♦ **\$132.00 • 6 lessons**
- ♦ Registration payment can be made online after you make your date/time arrangements with Kiley. For more information call 763-494-6500.



Private Piano
Session 1 - 404201-01

Private Piano
Session 2 - 404201-08

Private Guitar
Session 1 - 404201-02

Private Guitar
Session 2 - 404201-09

Private Violin/Viola
Session 1 - 404201-03

Private Violin/Viola
Session 2 - 404201-10

Private Voice
Session 1 - 404201-04

Private Voice
Session 2 - 404201-11

Private Brass
Session 1 - 404201-05

Private Brass
Session 2 - 404201-12

Private Woodwinds
Session 1 - 404201-06

Private Woodwinds
Session 2 - 404201-13

Private Harp
Session 1 - 404201-07

Private Harp
Session 2 - 404201-14

GROUP LESSONS



NOW AVAILABLE*

FIRST STEPS IN MUSICLAND

Ages 18 months - 4 years with a parent

This preschool class teaches toddlers basic musical concepts. In this educational class, parents and children will have fun dancing, singing and playing instruments while the children learn valuable skills such as rhythm, eye-hand coordination, gross motor and focused learning. This class is taught by a licensed music educator. Come for fun and leave with a foundation for future musical skills and knowledge. Parents participate with their child. All registration accepted immediately.

Forever 21 space at The Shoppes of Arbor Lakes, 12059 Elm Creek Blvd (east bldg. between PF Chang's and Biaggi's)

Mondays, November 2 – December 7

10:00 - 10:45 a.m.

\$52 (6 ses)

404108-01



We want to encourage you, your family and friends to stay healthy and safe. All of the recreation program offerings have preparedness plans in place and follow current MN Department of Health and CDC guidelines. Program specific information will be sent to registered participants prior to class start dates.

KIDS IN MOTION

Ages 18 month-3 years with a parent & 3½-6 years without a parent

Come move with us! This class is all about fitness and movement. Exciting games and fitness activities that develop a child's mind and body are all included. This class will focus on fun and fitness while achieving a good sense of self-awareness. Instructor, Renae Cole.

Maple Grove Community Center, Gym

Thursdays, September 24 – November 5

9:30 - 10:15 a.m.

\$49 (7 ses)

405108-02





TODDLER & ME DANCE CLASS

18 months – 3 years with a parent

Music, movement, balance and the basic dance steps are introduced in a fun, friendly and positive manner. Parent participation required. Great intro to dance!

Genesis Dance Co. Studio, 7351 Kirkwood Ln N, Suite 144

Mondays, September 14 - November 2

9:15 – 10:00 a.m. \$88 (8 ses) 405403-01

SNOW DAYS with Tippi Toes-Mini Session

Ages 3 - 5

Incorporates ballet, tap and jazz techniques while also encouraging self-expression and creativity. Dancers will have a small performance for parents the last day of class. **Ballet shoes recommended, but not required.**

Genesis Dance Co. Studio, 7351 Kirkwood Ln N, Suite 144

Mondays, November 9 - 30

10:15 – 11:00 a.m. \$44 (4 ses) 405402-03

BALLET, TAP & JAZZ COMBO

Ages 2 - 3½

Incorporates ballet, tap and jazz techniques while also encouraging self-expression and creativity. Dancers will have a small performance for parents the last day of class. **Ballet shoes recommended, but not required.**

Genesis Dance Co. Studio, 7351 Kirkwood Ln N, Suite 144

Mondays, September 14 - November 2

10:15 – 11:00 a.m. \$88 (8 ses) 405402-01

DANCE FANTASIA

Ages 3½ - 4

Little ones get ready to move! This introduction to creative movement and ballet will focus on having fun while learning coordination, ballet positions and a few beginning ballet steps. Join the fun! **Parent viewing is first and last lesson only.**

Maple Grove Community Center, Senior Center

Tuesdays, September 15 – November 3 (ex Oct 6)

5:45 – 6:30 p.m. \$49 (7 ses) 405401-01

BALLET, TAP & JAZZ COMBO 2

Ages 3 - 5

For little ones who have taken the Tippi Toes Ballet, Tap, Jazz Combo class previously, our Level 2 class introduces new dance steps. Dancers will have a small performance for parents the last day of class. **Ballet shoes recommended, but not required.**

Genesis Dance Co. Studio, 7351 Kirkwood Ln N, Suite 144

Mondays, September 14 - November 2

10:15 – 11:00 a.m. \$88 (8 ses) 405402-02

INTRODUCTION TO JAZZ, TAP & BALLET

Ages 5 - 7

Welcome to the world of dance! This Jazz, Tap and Ballet class is for dancers who would like to learn dance routines through a variety of games and activities. Participants will dance to a variety of musical styles to learn techniques. Emphasis will be on having fun. **Tap shoes are required. Ballet shoes are recommended but not required. Please wear comfortable clothing.**

Maple Grove Community Center, Senior Center

Tuesdays, September 15– November 3 (ex Oct 6)

6:40 – 7:30 p.m. \$49 (7 ses) 405404-01

We want to encourage you, your family and friends to stay healthy and safe. All of the recreation program offerings have preparedness plans in place and follow current MN Department of Health and CDC guidelines. Program specific information will be sent to registered participants prior to class start dates.



KIDCREATE STUDIO

Kidcreate Studio launches children into the incredible world of art. Teachers provide a positive, fun, self-esteem building atmosphere where children learn to express themselves through the visual arts. For more information about Kidcreate Studio visit the web site at www.kidcreatestudio.com. All classes take place at: **Maple Grove Community Center, Room 125/127, 12951 Weaver Lake Rd.**

Glow Art with Kidcreate

Ages 18 months - 6 years with parent

These art projects will light up your child's world long after the lights go out at night. You guessed it, all the projects your child creates will glow-in-the-dark! Work with a variety of art supplies including clay, paint, and many luminescent materials to create masterpieces your child will be excited to show off in the dark! Come and create right along with your child. Children must be accompanied by a caregiver.

Thursdays, October 8 - November 5 (ex Oct 15)
 9:30 – 10:30 a.m. \$59 405304-02

Mess Fest with Kidcreate

Ages 18 months - 6 years with parent

Big mess means big fun! We'll make clay lions with magnificent manes, birds snuggled down in their nests, a silly green frog, and more! Your little one will love exploring and creating with clay, paint, and more at our best mess fest ever! Come and get messy right along with your child. Children must be accompanied by a caregiver.

Thursdays, November 12 - December 10 (ex Nov 26)
 9:30 – 10:30 a.m. \$59 405304-03

Halloween Craft Party with Kidcreate

Ages 18 months - 6 years with parent

Park your broom at the door and come on in! Together, you and your child will create an adorable picture of a haunted house, complete with spooky handprint ghosts. What a great keepsake! The kids are welcome to wear costumes to class. Children must be accompanied by a caregiver.

Friday, October 23
 9:30 – 10:30 am \$16 405304-04

Thanksgiving Craft Party with Kidcreate

Ages 18 months - 6 years with parent

Those Pilgrims sure were crafty! The kids will celebrate Thanksgiving by creating an adorable turkey that is sure to attract smiles. This is a great class for siblings to attend together! Children must be accompanied by a caregiver.

Friday, November 20
 9:30 – 10:30 am \$16 405304-05

Kidcreate Studio - [Click here for registration link](#)

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KIDCREATE STUDIO

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Maple Grove Community Center, Room 125/127, 12951 Weaver Lake Rd.

Kidcreate Studio - 1½ - 6 Years

Cute Christmas Craft with Kidcreate

Ages 18 months - 6 years with parent

Does your young artist love to get messy with paint? Do you hate to clean up after them? Then this is the perfect class for both of you! Your child will use their fingers to paint a Christmas tree complete with a colorful string of lights. This is going to be a messy one, so please dress your child appropriately. Children must be with a caregiver.

Friday, December 11

9:30 – 10:30 am

\$16

405304-06

Kidcreate Studio - Ages 5 - 12

Messiest Art Class Ever! with Kidcreate

Ages 5 - 12

Does your young artist love to get messy? So do we! We'll paint with plaster, sculpt with gooey gunk, make papier-mâché dragonflies and fling paint like Jackson Pollock. We will even learn some art terms along the way. These are not projects to tackle at home - leave the mess with us. Making a mess is the best! ***Please pack a nut free snack and drink for your child.***

Thursday & Friday, October 15 & 16

1:00 p.m. – 4:00 p.m.

\$76

405304-08

Kidcreate Studio - Ages 4 - 9

Pinch, Slab, Coil Clay Camp with Kidcreate

Ages 4 - 9

It's time for your young artist to roll up their sleeves, make a mess and play with some clay! The children will use a variety of tools and techniques to make animals, castles, bowls and much more. We will work with a variety of different types of clay throughout the camp, including both Model Magic® and air-dry clay. The children will use their fingers to pinch, assemble a slab, and create coils as they learn the basics of working with clay. ***Please pack a nut free snack and drink for your child.***

Thursday & Friday, October 15 & 16

9:00 a.m. – noon

\$76

405304-07

Holiday Ornament Making Party with Kidcreate

Ages 5 - 12

All New Ornaments! Join us for an ornament making party. We will create 4 different ornament projects. These ornaments will make great keepsakes or holiday gifts! This is a great class for siblings to attend together! ***Please pack a nut free snack and drink for your child.***

Friday, December 4

9:00 am – 11:00 am

\$26

405304-09



Science Explorers - Preschool

These classes are designed to meet the needs of children by providing them with high quality, hands-on science programs. Fee include all supplies.

Preschool classes are held at Maple Grove Community Center, Room 125/127

States of Matter!

Ages 3½ - 6

Join Science Explorers as we conduct fun and exciting experiments as we explore the three most common States of Matter in our environment: a solid, liquid and a gas.

Monday, September 28

9:30 - 11:00 a.m. \$16 405702-02

Rainforest Journey!

Ages 3½ - 6

Travel along with Science Explorers as we investigate an environment where it's always warm, the trees are always green, and the animals are very unique. You will learn about the layers of the rainforest as well as some special animals that live there.

Monday, October 26

9:30 - 11:00 a.m. \$16 405702-03

Under the Sea!

Ages 3½ - 6

Don't miss the fun as we journey into the world that exists under the sea. We will investigate the difference between fish and mammals, learn how fish breathe and more!

Monday, November 9

9:30 - 11:00 a.m. \$16 405702-04

Science Explorers Kits - Ages 8+

Young Inventors Kit

The Young Inventors Kit is a first step into tinkering and inventing. Children are natural inventors and are curious and imaginative all on their own. Encourage your child's tinkering spirit with this fun and engaging kit as they build an electrical circuit and learn about pneumatics. The 175+ piece kit contains tools, adhesives, building materials, craft items, and a 16 page Lesson Plan with over 5 activities. It is packed with screwdrivers, screws, pliers, 1.5 volt hobby motor, batteries and holder, wheels, clamps, and more. **Please make sure we have a current mailing address.** Ages 8+ should work with an adult. Ages 12+ work under adult supervision.

\$65 shipping included 405702-05

STEM Kit #1

Have fun with chemistry, aerospace and electricity. First, your budding scientist will explore the most common States of Matter: a solid, liquid and a gas. Next, discover the four forces that allow planes and rockets to fly with fun, hands-on experiments and activities. Then, build and test an electromagnet. Activity Guide included. All you need to supply is water, a half measuring cup, a bowl or tray, 3-clear cups, tape and a table. **Please make sure we have a current mailing address.** Ages 8+ should work with an adult. Ages 12+ work under adult supervision.

\$34 shipping included 405702-06

STEM Kit #2

Have fun with engineering and chemistry. Step into engineering by designing and building your own Art-Bot; fun and silly robots. With detailed picture instructions, build your own Art-Bot with a motor, battery holder and more! Give your robot a personality with the craft supplies included. Then, step into your own science lab to test the pH of six everyday substances. The exciting part of testing for pH is that the mixture changes color. Enough pH indicator will be provided to test other items found around your home. Activity Guide for both topics included. You provide: tape, glue, scissors, paper, 2-7 clear cups and paper towels. **Please make sure we have a current mailing address.** Ages 8+ should work with an adult. Ages 12+ work under adult supervision.

\$34 shipping included 405702-07

MOTITM
SPORTS
**VIRTUAL
SOCCER
TRAINING**



MOTI VIRTUAL SOCCER TRAINING

Ages 6-10 and 11-14

Decide where and when you can receive the instruction from licensed soccer coaches to develop your foot skills or techniques via interactive video conferencing. The MOTI Coach can observe the player and the player can see the Coach (players cannot see other players). Players will require a computer, tablet or other smart device for communicating online during the Virtual Training Session. They will also need a soccer ball and some objects for marking the grid or dribbling pattern. Virtual Soccer Training is offered for either 5 weeks, two days per week (10 sessions) or 5 days, one hour per day (5 sessions). These sessions include the use of our MOTI Mobile Soccer App, giving your player 3D visual and expert audio clues to work on their skills before, during and after the virtual coaching session. **Click photo above for YouTube MOTI video.**

5 weeks, 2 days/week AGES 6-10

Mon/Wed, October 19-November 18
5:00 – 6:00 p.m. \$79 (10 ses) 407611-01
Mon/Wed, October 19-November 18
6:00 – 7:00 p.m. \$79 (10 ses) 407611-02

5 weeks, 2 days/week AGES 11-14

Mon/Wed, October 19-November 18
5:00 – 6:00 p.m. \$79 (10 ses) 407611-03
Mon/Wed, October 19-November 18
6:00 – 7:00 p.m. \$79 (10 ses) 407611-04

5 weeks, 2 days/week AGES 6-10

Tues/Thurs, October 20-November 19
5:00 – 6:00 p.m. \$79 (10 ses) 407611-05
Tues/Thurs, October 20-November 19
6:00 – 7:00 p.m. \$79 (10 ses) 407611-06

5 weeks, 2 days/week AGES 11-14

Tues/Thurs, October 20-November 19
5:00 – 6:00 p.m. \$79 (10 ses) 407611-07
Tues/Thurs, October 20-November 19
6:00 – 7:00 p.m. \$79 (10 ses) 407611-08

5 days, 1 hour/day AGES 6-10

Mon-Fri, November 30-December 4
5:00 – 6:00 p.m. \$49 (5 ses) 407611-09
Mon-Fri, November 30-December 4
6:00 – 7:00 p.m. \$49 (5 ses) 407611-10

5 days, 1 hour/day AGES 11-14

Mon-Fri, November 30-December 4
5:00 – 6:00 p.m. \$49 (5 ses) 407611-11
Mon-Fri, November 30-December 4
6:00 – 7:00 p.m. \$49 (5 ses) 407611-12

5 days, 1 hour/day AGES 6-10

Mon-Fri, December 7-December 11
5:00 – 6:00 p.m. \$49 (5 ses) 407611-13
Mon-Fri, December 7-December 11
6:00 – 7:00 p.m. \$49 (5 ses) 407611-14

5 days, 1 hour/day AGES 11-14

Mon-Fri, December 7-December 11
5:00 – 6:00 p.m. \$49 (5 ses) 407611-15
Mon-Fri, December 7-December 11
6:00 – 7:00 p.m. \$49 (5 ses) 407611-16

5 days, 1 hour/day AGES 6-10

Mon-Fri, December 14-December 18
5:00 – 6:00 p.m. \$49 (5 ses) 407611-17
Mon-Fri, December 14-December 18
6:00 – 7:00 p.m. \$49 (5 ses) 407611-18

5 days, 1 hour/day AGES 11-14

Mon-Fri, December 14-December 18
5:00 – 6:00 p.m. \$49 (5 ses) 407611-19
Mon-Fri, December 14-December 18
6:00 – 7:00 p.m. \$49 (5 ses) 407611-20



MAPLE GROVE YOUTH CHEER PROGRAM

Grades 1 - 8

This is a youth competitive cheer program which includes high level instruction in tumbling, dance, stunting, cheer and performance skills. Choreography combining all of these facets will be taught to create a competitive routine. Three competitive team levels will be offered. Elementary Crimson is offered to beginning level athletes and athletes in grades 1-3. Elementary Gold will be offered to athletes with demonstrated skills in gymnastics, stunting, and competitive cheer or dance and athletes in grades 4 & 5. The Middle School team will be offered to athletes with a high level of previous skills shown and athletes in grades 6-8. It is up to coaches discretion to place athletes in levels as they best see fit, regardless of grade level. Each team will compete their fun and action-packed routine at four to five local cheer competitions. Program costs cover seven months of coaching instruction, competition fees to local events, a practice uniform and bow. Competition uniform and shoes are not included. Please email crimsonyouthcheer@gmail.com for more information.

Maple Grove Middle School, Gym C, 7000 Hemlock Ln

Parent meeting - September 15

Choreography weekend - September 26 and 27

Mandatory Choreography Weekend: September 26 and 27.

Elementary Crimson 9:30-12:30. Elementary Gold 1:30-4:30, Middle School 5:30-8:30

Mandatory Competition Dates: 12/5 (MS only), 12/19, 1/9, 1/24, 1/30

Elementary Crimson (Grades 1-3) \$365 407103-01

Practices Tuesdays, October 4 - January 30, 4:45-6:10 PM
(ex 10/18, 12/22, 12/29)

Elementary Gold (Grades 4-5) \$365 407103-02

Tuesdays, October 4 - January 30, 6:00-7:20 PM and Sundays 4:30-6:00 PM
(ex 10/18, 11/29, 12/20, 12/22, 12/27, 12/29, 1/3, 1/10)



LOG ROLLING

Ages 5 - Adult

Join North Star Log Rolling to try one of the most historic sports of Minnesota! You will learn the basics of log rolling, and have the opportunity to compete against other rollers. Log rolling is a wonderful sport for people of all ages and abilities and will give you the chance to work on your balance, coordination, endurance, and core strength. Participants should come dressed in swimwear or athletic clothing that can get wet.

Maple Grove Community Center, Pools

Sundays, October 11 - November 29

6:30 - 7:30 p.m.

\$110 (8 ses)

405103-01

HORSE BACK RIDING LESSONS

Ages 6 - 11

If you want to try riding for the first time and experience the thrill of being on a beautiful horse, or if you're an experienced rider who wants to brush up on your skills; join us at Caille Farms. Learn basic care, stable safety, handling and feeding of horses. Lessons will be on well trained horses that give confidence to new riders, yet deliver challenge to the more advanced. Lessons will be held at Caille Farms indoor arena. You provide your own transportation. Parent viewing can be done from 9:00-9:30 a.m. and 2:30-3:00 p.m. or at specific riding time arranged at Caille Farms. For further information or directions contact Barb at 612-598-1696. Long pants and tennis shoes are required. **Attention parents: A waiver needs to be signed by a parent prior to lessons - access it at www.caillefarms.com, click on camps. Please bring a bag lunch.** Instructor, Barb Anderson Whiteis and staff.

Caille Farm, 9209 Iffert Ave NE, Monticello, MN 55362

9:00 a.m. - 3:00 pm

Thursday, Oct 15

\$96

405109-01

Friday, Oct 16

\$96

405109-02

Tuesday, Nov 3

\$96

405109-03

Friday, Nov 27

\$96

405109-04

Friday, Dec 4

\$96

405109-05



FENCING FOR YOUTH

Ages 6 – 12

Learn real fencing skills while having fun in this Musketeers Fencing class! This program introduces children to the fundamentals of fencing with the foil weapon and is performed in a non-threatening environment. Classes enhance motor skills, social and perceptual growth by teaching safe, age appropriate foil fencing skills to each child. Fencing may help improve concentration while developing self-control through fun and organized activities that are developmentally correct. We provide everything needed to fence (mask, jacket, glove and weapon).

The fencer need only to come dressed comfortably for freedom of movement, including long sweat pants and running shoes.

Maple Grove Community Center, Gymnasium

Saturdays, October 31 - December 19 (ex Nov 7 & 28)

10:00 – 11:00 a.m. \$75 (6 ses) 405104-02



*Picture depicts pre-COVID spacing arrangement.

TENNIS LESSONS - BEGINNING

Ages 5 – 14

Please note: classes will be reduced to 10 children per time slot. Max 4 kids per court with one instructor. Children will need to bring their own racquets. Hand washing and social distancing will be in place as well as limiting touching of the tennis ball to instructor.

Weaver Lake Park (upper) tennis courts, 17270 82nd Ave N

Saturdays, Sept 12 – Oct 17

9:15 - 10:00 am · Ages 5-6	\$78 (6 ses)	405210-01
10:05 - 10:50 am · Ages 7-9	\$78 (6 ses)	405210-02
10:55 - 11:40 am · Ages 9-11	\$78 (6 ses)	405210-03

Teen Happenings



*Picture depicts pre-COVID spacing arrangement.

TEEN CENTER INFORMATION

If you are a teen, then this place is for you! Hang out with friends, listen to music and play video games! The Teen Center has pool tables, Nintendo Switch, Xbox One, Ps4, lounge area, movie room and more! Most of all, teens can be themselves and have fun in a safe environment.

HOURS OF OPERATION

Current hours of operation can be found at: <https://www.maplegrovern.gov/community-center/teen-center>

FREE EVENTS AT THE TEEN CENTER

Free Pizza Fridays November 6, 13, 20.....6:00 p.m. until pizza is gone!
Pizza in the Pavilion October 174:00 pm until gone

TEEN PROGRAMS

Bold Impressions on Canvas

Would you like to learn how to paint an impressionistic work of art using vibrant colors? You will choose a simple outline for your project and transfer your design onto a blank canvas. Fill your palette with endless colors and let your creativity shine! Have fun learning how to apply patches of paint to your canvas, using a spectrum of color throughout your design.

~~cancelled~~ 10:00 a.m.-12:00 p.m. \$30 408416-02

Candy Art

Do you have a Sweet Tooth? In this edible art class, you will have an opportunity to use a variety of supplies to create your delicious works of art! Learn how to pour candy coating into fetive molds. Have fun dipping, swirling and sculpting tasty treats.

Tuesday, November 24 6:00 p.m.-8:00 p.m. \$30 408416-03

Duct Tape Sculpture

Join us for this fun and creative class as you explore the world of duct tape art! First, you will brainstorm ideas for your special sculptures. You might find that pictures from magazines or photographs will be helpful. Be sure to bring the pictures to class! Then, using flexible wire and other art supplies, you will create your base sculpture to form a solid structure. Choose your favorite duct tape colors and learn how to apply strips of tape to your wire sculpture to make it come to life!

Wednesday, December 30 10:00 a.m.-12:00 p.m. \$30 408416-04

Adult Sports - [Click here for registration link](#)



WOMEN'S UNOFFICIATED VOLLEYBALL

Adults, 18+

Women's Volleyball is unofficiated and recreational. Power volleyball rules are not used. All registration accepted immediately. The registration deadline is Friday, September 25 or until spaces fill. Registration accepted immediately. Questions can be directed to Chris Morrow, cmorrow@maplegrovern.gov or by calling 763-494-6511.

Oakview Elementary, 6710 East Fish Lake Rd

Mondays, October 5 – December 14

Game times TBA

Spiking League	\$105 per team	410106-01
Non-Spiking League	\$105 per team	410106-02

ADULT CO-REC VOLLEYBALL LEAGUE

Power Volleyball for Adults, 18+

Online and in-person registration is accepted immediately. Registration deadline is Friday, September 4. Teams must provide an email address. All correspondence will be by email only. Questions can be directed to Chris Morrow, cmorrow@maplegrovern.gov or by calling 763-494-6511.

Maple Grove Middle School, Gyms, 7000 Hemlock Lane

Wednesday, October 7 – December 16

Game times TBA

Upper Division	\$360	410105-01
Lower Division	\$360	410105-02

3 PERSON BASKETBALL

Adults, 18+

This is a half court unofficiated league. All registration accepted immediately. The registration deadline is Sunday, September 20 or until spaces fill. Questions can be directed to Chris Morrow, cmorrow@maplegrovern.gov or by calling 763-494-6511.

MG Community Center, Gymnasium

Mondays, September 28 – December 14

Game times of 8:00 & 9:00 pm

Over 30 Division	\$95 per team	410101-02
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NEW Adult Fitness - [Click here for registration link](#)

POUND® - ROCKOUT WORKOUT

POUND® is an exhilarating 45-minute full-body workout that combines cardio conditioning, and strength training with yoga and pilates-inspired movements. Using Ripstix®, lightly weighted drumsticks (provided by instructor), POUND transforms drumming into an effective way of working out. Designed for all levels and ages, we'll be sure to put on a good show with good music, good people and an amazing workout! Instructor Tanya Johnson is a certified Holistic Life, Career, Executive Coach and is an AFAA certified Group Fitness Instructor specializing in POUND, strength and dance classes. Are you ready to rock? **Bring a yoga mat, water bottle and towel.**

Forever 21 space at The Shoppes of Arbor Lakes, 12059 Elm Creek Blvd (east bldg. between PF Chang's and Biaggi's)

Saturdays, October 17 - November 21

7:30 – 8:15 am	\$43.50 (6 ses)	409217-01
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DANCE PARTY

Come join the 60-minute DANCE PARTY with some fun moves and tunes. We will learn several styles of dance moves such as salsa, hip hop, Broadway, country line dancing and we may even add in some cardio kickboxing. Designed for all levels and ages. Let's dance and shed those extra pounds away. Instructor Tanya Johnson is a certified Holistic Life, Career, Executive Coach and is an AFAA certified Group Fitness Instructor specializing in POUND, strength and dance classes. **Bring a water bottle and towel.**

Forever 21 space at The Shoppes of Arbor Lakes, 12059 Elm Creek Blvd (east bldg. between PF Chang's and Biaggi's)

Saturdays, October 17 - November 21

8:30 – 9:30 am	\$43.50 (6 ses)	409219-01
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Marketing photo

We found a **NEW** Location!



COVID changed our access to the local school gymnasiums. Through a collaborative partnership with The Shoppes of Arbor Lakes, we have secured an alternate location! We are excited to provide this venue until further notice. Join our fitness classes at the previous Forever 21 space!

STRENGTH TRAINING AND TONING

Designed for all fitness levels and will assist in building bone density, losing weight and strength & energy building. Basic exercises using weights are geared toward individuals' abilities, and can help with providing for a healthier, more active lifestyle. Authorities suggest that strength training can lower your risk of heart disease, diabetes and osteoporosis. Instructor, Renae Cole. *Wear comfortable clothing and bring a mat for floor exercises. Hand weights are required, however, they will not be available for use during class like they have been in the past. Please bring your own hand weights.*

Forever 21 space at The Shoppes of Arbor Lakes, 12059 Elm Creek Blvd (east bldg. between PF Chang's and Biaggi's)
Mondays, September 28 – December 7 (ex Nov 9)
7:15 – 8:05 pm \$72.50 (10 ses) 409209-01

Wednesdays, September 30 – December 16 (ex Nov 11 & 25)
6:15 – 7:05 pm \$72.50 (10 ses) 409209-02

BARRELATES

A group fitness class that combines Pilates, dance, yoga and sculpting movements. Using bodyweight, this class challenges the whole body to tighten and tone, without adding bulk. This class will enhance flexibility and both muscular and cardiovascular endurance through fast-paced, low-impact movements. Designed for healthy individuals, but no previous experience necessary. *Please bring a mat to class.* Instructor, Kristie Walker.

Forever 21 space at The Shoppes of Arbor Lakes, 12059 Elm Creek Blvd (east bldg. between PF Chang's and Biaggi's)
Tuesdays, September 29 - December 15 (ex Nov 3)
6:00 – 7:00 pm \$79.75 (11 ses) 409218-01

TAI CHI EXERCISE

Tai Chi Ch'uan is a traditional Chinese exercise that is widely practiced and is one of the most popular exercise programs for improving personal fitness for people of any age. Benefits include postural control and balance, flexibility, coordination, agility, strength and awareness, reaction time and confidence. The movements start slow and relaxed to develop strength while eliminating tension and increasing energy. Taught by Gold Tai Chi group head instructor, Elaine Schrade.

Forever 21 space at The Shoppes of Arbor Lakes, 12059 Elm Creek Blvd (east bldg. between PF Chang's and Biaggi's)
Tuesdays, September 15 – December 8 (ex Nov 3)
7:00 – 8:00 pm \$87 (12 ses) 409210-01

ZUMBA FITNESS

Inspired by high energy and motivating Latin and international music, Zumba is a dynamic, exciting, effective head-to-toe fitness system. Zumba combines fast and slow paced rhythms that tone and sculpt the body using aerobic interval training. Zumba is fun and great for the mind and body. No previous experience necessary. Instructor, Susan Gahan. *Bring a water bottle and a sweat towel.*

Forever 21 space at The Shoppes of Arbor Lakes, 12059 Elm Creek Blvd (east bldg. between PF Chang's and Biaggi's)
Mondays, September 14 – December 7
6:15 – 7:15 pm \$94.25 (13 ses) 409215-01

Forever 21 space at The Shoppes of Arbor Lakes, 12059 Elm Creek Blvd (east bldg. between PF Chang's and Biaggi's)
Wednesdays, September 16 – December 9 (ex Nov 25)
7:00 – 8:00 pm \$87 (12 ses) 409215-02

Central Park of MG, Great Lawn, 12000 Central Park Way
(If inclement weather, class will be cancelled)
Thursdays, September 10 – October 15
5:45 – 6:45 p.m. \$43.50 (6 ses) 409215-03



MORNING YOGA AT CENTRAL PARK

Saturday Mornings at Central Park of MG

A guided experience in a peaceful environment that is powerful, detoxing, energizing and invigorating. For those who have some experience with yoga or new to yoga, but are active. Instructor, Dee James. *Bring a yoga mat for ground/floor work. (During inclement weather, class will not meet). There will be mornings that will be cool, dress accordingly.*

Central Park of MG, The Garden, 12000 Central Park Way

Saturdays, present - October 17

8:30 - 9:30 a.m.

free-will offering

No registration required

GENTLE VINYASA FLOW YOGA

Morning Class

Reduce stress, increase flexibility, restore a healthy, positive mind and body balance. Gentle Vinyasa Flow builds heat, strength and flexibility through holding positions. Prior yoga experience recommended. Instructor, Dee James. *Please bring a yoga mat.*

Central Park of MG, Phenow Pavilion, 12000 Central Park Way

Wednesdays, September 16 – December 2

9:30 - 10:30 a.m.

\$87 (12 ses)

409204-03

BEGINNING YOGA

After a long day, join this relaxing class to reduce stress, increase flexibility and restore a healthy, positive mind and body balance. Recommended for those interested in a slower paced environment or have not had advanced yoga experience. Come stretch and relax. Instructor, Dee James. *Please bring a yoga mat.*

Central Park of MG, Phenow Pavilion, 12000 Central Park Way

Wednesdays, September 16 – December 9 (ex Nov 25)

5:45 – 6:45 pm

\$87 (12 ses)

409204-02

VINYASA FLOW YOGA

Intermediate/Advanced

Reduce stress, increase flexibility, restore a healthy, positive mind and body balance. This Vinyasa Flow builds heat, strength and flexibility through holding positions. Recommended for those who have done yoga before, who are active and want a faster paced practice. Instructor, Dee James. *Please bring a yoga mat.*

Central Park of MG, Phenow Pavilion, 12000 Central Park Way

Thursdays, September 17 – November 19 (ex Oct 15)

6:00 - 7:00 p.m.

\$65.25 (9 ses)

409204-05

BALLROOM DANCE FOR BEGINNERS

Ages 16 - adult

Youth welcome if dancing with adult

Have a fun-filled weekly date while acquiring a skill to last a lifetime. Dance moves are easy & you're sure to be successful! Practice steps and turns in popular ballroom dances, including swing, waltz, foxtrot, salsa, and more. Enjoy dancing to music frequently played at weddings and other events. Dance exclusively with your own partner, and social distancing maintained in spacious area. All ages of partnered adults & teens 16+ welcome. For more information call 612-240-8329 or visit www.ConstantineDance.com.

MG Community Center, Banquet Room, 12951 Weaver Lake Rd

Sundays, October 18 - November 8 (4 ses)

6:00 - 7:30 pm

\$59/person

409101-01



PICKLEBALL – INDOORS ALL AGES, ALL LEVELS

This game is a combination of ping-pong, tennis and badminton and is played with a smaller racquet/paddle and a whiffle ball. Due to COVID restrictions you **MUST** bring your own equipment. We provide the nets. Please honor other users and practice safe social distancing. Masks are required when you enter the building and when not playing. **Reservations** required through **SignUp Genius** ([link above for CC](#)). Ongoing open games for any age, any level. Coupon Book, Pickleball Memberships, Single Admission Pass or CC Gym Fees apply.

OPEN GYM PICKLEBALL

Maple Grove Community Center - 3 nets

Reservations required through **SignUp Genius**

Mondays - Fridays - 6:30-11:30 a.m.

Saturdays - 10:00-11:30 a.m. **thru Oct. 24. Will resume Jan. 2021**

Sundays - 5:45-7:30 pm. **MUST** check in and pay by 5:45 pm.

MG Middle School, Comm. Gyms, 7000 Hemlock Ln - 9 nets

Starting Monday, **October 5** (ex. Oct 15 & 16, Nov 3, 26 & 27 and Dec 4)

Reservations required through **SignUp Genius**

Mondays-Thursdays - 6:00-7:30 a.m.

Tuesdays & Thursdays - 3:00-5:00 p.m.

Fridays - 6:00 a.m. - 5:00 p.m.

***NEW location! Recreation Studio** (former Forever 21 space) at The Shoppes of Arbor Lakes, 12059 Elm Creek Blvd (east bldg. between PF Chang's and Biaggi's) - 3 nets

Reservations required through **SignUp Genius**

Starting Friday, **October 16**

Fridays - 5:00 p.m. - 8:00 p.m.

Saturdays - 12:00 p.m. - 6:00 p.m.

PICKLEBALL FEES

Play Pickleball in Maple Grove with these payment options. All purchases must be made at the Community Center. **No cash will be handled off-site. Membership or pre-purchased coupons only accepted at the Middle School and Recreation Studio.**

- Community Center Gym (only) Daily Fees: \$5 Res, \$6 NR
- Annual Pickleball Membership: \$195 resident, \$215 non-resident (Fall Sale Nov 1-10)
- 10 pass coupon book: \$45
- Single Admission Pass: \$5 per ticket

We found a **NEW** Location!



Our fitness classes have been seriously hampered by COVID restrictions. Through a collaborative partnership with The Shoppes of Arbor Lakes, we have secured an alternate location! We are presently working with instructors to provide fitness classes at the previous Forever 21 space.

SHIBASHI TAI CHI - INDOORS - *NEW

Shibashi Tai Chi Qigong is designed to improve your general health and wellbeing. The gentle rocking motions and stretching movements improve circulation and digestion. The chest exercises and controlled breathing are good for lung conditions and asthma. The overall effect of the exercise is to reduce mental stress and physical tension carried in the muscles of the body.

Masks are required. Instructor, Karine P.

MGPR Studio Space (formerly Forever 21) at The Shoppes of Arbor Lakes, 12059 Elm Creek Blvd (east bldg. between PF Chang's and Biaggi's)

Tuesdays, October 27 - December 15*

***Alternate location on Nov 24 & Dec 1 - Kirkland's space at The Shoppes, 12153 Elm Creek Blvd**

9:00 – 10:00 am \$64 (88 ses) 411209-02

EASY, BEGINNING YOGA

Until we can resume these classes in person again at Four Seasons, you can continue your yoga practice with Dee James in the comfort of your own home. Classes are offered Tuesday and Thursday mornings at 9:45 am through Zoom. You only pay for the classes you sign-up for and attend. You have the option of viewing the recording if you can't make the time offered. Zoom is an easy, reliable, safe cloud platform. All you need is a tablet or computer that you can see and hear from your yoga mat, placed anywhere in your home that has Wi-Fi. Sign up for classes at www.yogainmaplegrove.com and contact Dee with any questions at deejames@comcast.net.

STRENGTH & BALANCE TRAINING

This program can help increase your energy level, build bone density, lose weight and gain strength along with better balance! Strength training can decrease risk for diabetes, heart disease, osteoporosis and other conditions. **Bring your weights to class.** Instructor, Jan O.

Crosswinds United Methodist Church, 15051 Weaver Lake Rd. Thursdays, September 17 – December 17 (ex Nov 26)

9:30 – 10:30 a.m. \$56 (13 ses) 411211-01



*Picture depicts pre-COVID spacing arrangement.

WATER FITNESS

Tone your muscles, improve your cardiovascular system, have fun, stay fit and do it with the help and buoyancy of water. **Classes will only be offered in the morning for now.**

Maple Grove Community Center Pools - You MUST stay in assigned pool!

Mornings

Tuesdays, Oct 13 – Dec 15, **Lap Pool** with Denise S.
 9:00 - 10:00 a.m. \$40 (10 ses) 411212-01
 Wednesdays, Oct 14 – Dec 16, **Leisure Pool** with Jan O.
 8:00 - 9:00 a.m. \$40 (10 ses) 411212-02
 Thursdays, Oct 15 – Dec 17 (ex Nov 26), **Lap Pool** with Denise S.
 9:00 - 10:00 a.m. \$36 (9 ses) 411212-03

ARTHRITIS FOUNDATION AQUATIC EXERCISE

This class is designed for people with joint pain and follows the standardized format of the Arthritis Foundation. All classes are held in the leisure pool, which is maintained at a warmer temperature. Instructor, Carol Z.

Maple Grove Community Center Leisure Pool

Mondays, October 12 - December 14
 8:00 – 9:00 a.m. \$38 (10 ses) 411203-01
Tuesdays, October 13 - December 15
 8:00 – 9:00 a.m. \$38 (10 ses) 411203-02
Thursdays, October 15 - December 17 (ex Nov 26)
 8:00 – 9:00 a.m. \$35 (9 ses) 411203-03
Fridays, October 16 - December 18 (ex Nov 27)
 8:00 – 9:00 a.m. \$35 (9 ses) 411203-04

We want to encourage you, your family and friends to stay healthy and safe. All of the recreation program offerings have preparedness plans in place and follow current MN department of Health and CDC guidelines. Program specific information will be sent to registered participants prior to class start dates.



MG WHEELERS - BIKE GROUP

Are you a biker interested in joining in with others for a weekly group ride? This group, "MG Wheelers" has been riding through the summer, and welcomes you to join. Ride on Thursday mornings, approximately 15 - 20 miles at approx. 10-12 mph, routes vary. Meet at areas around the twin cities to explore new trails and make new friends. This is a fun social group, welcoming all riders. Helmets required. Email Liz at efaust@maplegrovern.gov for more information and to get on the email list for ride information.

Thursday mornings

Meet at 9:00 a.m. \$10.00 (yearly) MG Wheelers Bike Club

MG WHEELERS "LITE" - Bike Group

Like the MG Wheelers group, only lighter. Still all the fun and friendships! Travel shorter routes at a slower pace, approx. 10 miles at 8 mph. Email Liz at efaust@maplegrovern.gov for more information and to get on the email list. Helmets required.

Tuesdays mornings

Meet at 9:00 am \$10.00 (yearly) MG Wheelers Lite Club

INTRO TO NORDIC WALKING

Sign-up for a private lesson and learn how Nordic Walking (walking with poles) makes an enjoyable stroll an even better physical fitness activity. This one-hour demo will introduce you to Nordic Walking, provide you with the basics and an opportunity to try it out. Once you see how simple and beneficial it is, you'll want to join our Nordic Walking Groups. Once registered, we'll contact you to set-up a time to meet with Sher, CNWI. Weekdays only please.

Maple Grove Community Center

Fall weekdays

\$7

411214-01

Date & time to be arranged with instructor

NORDIC WALKING GROUPS

Join Linda or Shelley and get together with friends to explore new parks and trails in and around Maple Grove. Use more muscles, burn more calories, do this and more while enjoying a walk in nature. Times available for active or leisure walkers. A limited number of poles are available to borrow, or bring your own. **Call Liz 763-494-6514 to get on the email list once registered and/or to borrow poles.**

Active walkers: Monday, Wednesday and Friday

8:00 – 9:30 a.m.

\$10/year

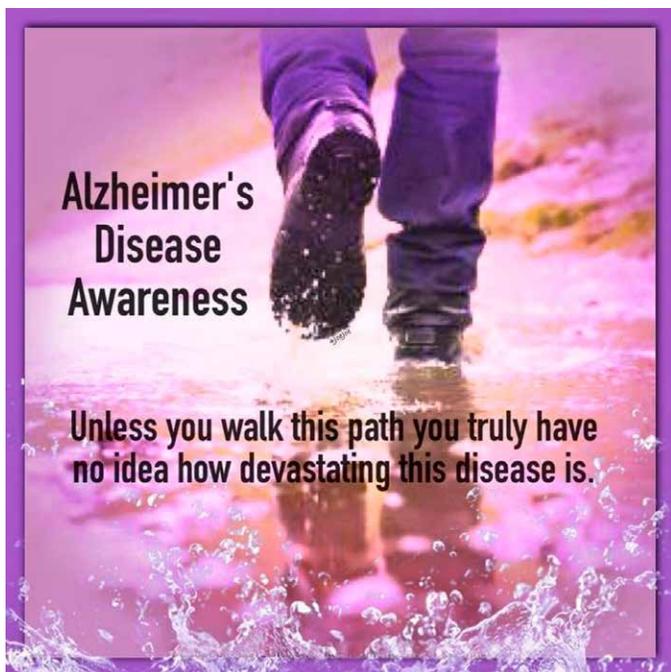
757 Nordic Walk Club

Leisure walkers: Monday, Wednesday and Friday

8:30 – 9:30 a.m.

\$10/year

830 Nordic Walk Club



Alzheimer's Disease Awareness

Unless you walk this path you truly have no idea how devastating this disease is.

CAREGIVER & FAMILY SUPPORT GROUP

Build a support system with people who understand. Alzheimer's Association® caregiver support groups, conducted by a trained facilitator, are a safe place for caregivers, family and friends of persons with dementia to: develop a support system; exchange practical information on caregiving challenges and possible solutions; talk through issues and ways of coping; share feelings, needs and concerns; and learn about community resources. Please contact Deb S. to join: 612-940-4468, dmurphy03@aol.com.

No in-person meetings as of now

1st Thursday monthly

6:00 – 7:00 p.m.

Free - by [Zoom](#)

2nd Wednesday monthly

10:00 – 11:00 a.m.

Free - by [Phone](#)

SENIOR HOCKEY SKATE

Ages 55 and up - all levels of hockey skaters. An informal hockey skate with other skaters might typically include 15 minutes of on-ice warm-up and introductions, followed by some friendly, no-contact pond-style hockey. Nets will be on the ice and pucks will be provided. Skaters must wear a helmet & bring your own stick. Shin pads and gloves recommended. Wear a distinctly dark or light jersey.

Maple Grove Community Center, West Rink

Start Date Tuesday, September 15.

Reservations are required through SignUpGenius. A web link can be found at <https://www.maplegrovern.gov/community-center/ice-arena>

Tuesdays & Thursdays

9:00 - 10:30 a.m.

Free

MHSRC DRIVING CLASSES

Taught by MN Hwy Safety & Research Center, the class will explore the latest in vehicle technology, changes in laws and review defensive driving principles. Minnesota state law allows a 10% reduction on auto insurance premiums each year for three years to individuals completing the course. To register, visit the MN Hwy Safety Center website at www.mnsafetycenter.org or call 1-888-234-1294. The instructor will collect fees during class. **The 8-hour class fee is \$26.00; the 4 hour class fee is \$22.00.**

Maple Grove Community Center Mtg Room TBA

8-Hour Full Course: This 2 session class is for those who have never taken a course.

Wed & Thur, September 9 & 10 5:30 – 9:30 pm \$26

Tues & Wed, November 17 & 18 5:30 – 9:30 pm \$26

4-Hour Refresher Course: This class is for those who have taken the 8-hour course and eligibility for a 3-year auto insurance discount is expiring.

Tuesday, Sept. 15 12:30 – 4:30 pm \$22

Monday, Sept. 21 8:30 am – 12:30 pm \$22

Tuesday, Oct. 6 12:30 – 4:30 pm \$22

Thursday, Oct. 15 8:30 am – 12:30 pm \$22

Monday, Oct. 19 5:30 – 9:30 pm \$22

Monday, Nov. 9 12:30 – 4:30 pm \$22

Monday, Nov. 23 8:30 am – 12:30 pm \$22

Tuesday, Dec. 1 5:30 – 9:30 pm \$22

Monday, Dec. 7 12:30 – 4:30 pm \$22

Monday, Dec. 14 8:30 am – 12:30 pm \$22

FITNESS WALKING - Maple Grove residents, age 62 & older

LifeTime Fitness and Maple Grove Parks and Recreation invite you to join the Fitness Walking program. Using the Athletic Club's walking track, you can get your exercise and enjoy the pace you choose. **All registrations will be handled at LifeTime Fitness, Membership Services.**

LifeTime Fitness walking track

Monday – Friday, ongoing

9:00 – 11:00 am & 1:00 – 3:00 pm

\$10 (monthly)

HAPPY FEET FOOT CARE Now available

Well cared for feet will help your entire body to feel better! Routine foot care for elder and diabetic feet is provided and they are able to meet the special needs you may have. A foot soak and massage are provided with each visit along with the care needed.

Maple Grove Community Center

2nd Thursday, 3rd Wednesday or 4th Wednesday monthly

9:00 a.m. – 3:30 pm, appointments required

\$45.00 per visit, call 763-560-5136, Happy Helpers Inc. for an appointment.



METROPOLITAN AREA AGENCY ON AGING (MAAA)

Metropolitan Area Agency on Aging (MAAA) is excited to announce that ALL of their presentations are now offered in a live, online presentation format, since in-person classes are on hold. These presentations are led by trained staff and volunteers, and topics include Medicare 101, Senior LinkAge Line®—Who We Are and What We Do, Health Care Directives, etc. Be sure to view their upcoming presentations online at www.metroaging.org/upcoming-presentations/. MAAA and the Senior Linkage Line is a free local resource and open for everyone to utilize.

SOCIAL SECURITY AND RETIRING WISELY

When should I apply for Social Security? How can I maximize my benefits? How will this affect my spouse? Will I have enough to retire? Will my retirement income last? You have a lot of questions to answer. Mistakes can be costly. Please join Michelle Nisbet MBA, RICP and Michael Coughlin MBA, RICP, Financial Advisors with Thrivent Financial for this presentation. You'll learn how to sort through retirement options to help ensure the choices you make are tailored to your needs. *Please RSVP to Michelle Nisbet at michelle.nisbet@thrivent.com or 763-316-2037 to get the Zoom link to join this virtual presentation.*

Zoom Presentation

Tues, Oct 6	6:30 - 7:30 p.m.	Free
Tues, Dec 1	6:30 - 7:30 p.m.	Free

PLAN THE PERFECT MOVE

Whether you're thinking about selling your home this fall or winter, now's the time to get thinking about one of your biggest investments and what it means for your future. This senior housing workshop, using video chat on Zoom, brings in experts to teach you about getting your home ready to sell and leaves you inspired for the next step. You will hear from local Realtor, SRES Renee Miller of Keller Williams Classic Realty NW, as she touches on understanding home values, timing your move, market statistics in the area, and how realtors market your home to get you top dollar. You'll learn from a buyer agent on tips of what to expect from a home inspection and how to prepare for it. Finally, what to do with all of your treasures as you downsize and how to prepare for the physical move. Guaranteed to get you inspired and organized for your big move. *RSVP to Susan Swenson, susanswenson@kw.com or 612-524-9833.*

Zoom Virtual Meeting

Thursday, September 10
10:00 – 11:00 a.m. Free



www.agefriendlymaplegrove.org



ESSENTIALS OF ESSENTIAL OILS

Join one or all three classes where you will learn about a variety of ways essential oils can be part of your everyday health. Taught by Jeanne Tierney of doTERRA. All classes will be held at the Maple Grove Senior Center where face coverings and social distancing will provide a safe and comfortable social setting. The \$15 class fee includes all personal take home materials and samples. Participants who enroll in all 3 classes will be entered in a drawing for a door prize (approx. \$30 value).

[Maple Grove Community Center.](#)

[Immune Boost & Virus Protection](#)

Learn which E-Oils and their blends will sanitize your air, skin and counter tops. These E-Oils will also comfort & shorten symptoms of the common cold and flu. E-Oils can also boost your immune system-- learn how. Yes, it is possible to treat these conditions with nature's gifts to us. Although prescriptions and over the counter drugs can be beneficial, they all come with side effects whereas E Oils come with benefits. Each participant will receive a DIY hand sanitizer and recipes to make other DIY products discussed in class.

Thursday, September 24 10:00 - 11:30 a.m. \$15 411301-01

[Essential Oils & Mindfulness](#)

The practice of mindfulness promotes mental clarity, relaxation and a higher level of consciousness. We are all experiencing the stress and anxiety of all 2020 has provided us. This class is for those who are curious about mindfulness and for those who would like to learn and explore new options and techniques to practice mindfulness. Some of the techniques will be discussed while others will be demonstrated and tried out by class members. All will be enhanced by the use of E-Oils. Some techniques included are Focused Breathing, Meditation such as EMT (emotional freedom therapy), Grounding/Earthing, and use of affirmations. Participants are encouraged to share experiences and ask questions. Individual samples of breathing and grounding oils will be provided along with some internet addresses for those who want to continue exploring.

Thursday, October 15 10:00 - 11:30 a.m. \$15 411301-02

[E-Oils for Natural Solutions](#)

Many of us have a laundry list of sometimes chronic health issues to numerous annoying ailments. We want relief but less pills & appointments. We want to be self-empowered to care for ourselves as much as possible, as naturally as possible. From chronic pain to occasional muscle aches: from clinical depression to moodiness, and then there's loss of energy, loss of sleep, loss of memory & loss of hair. So many problems and we're not even going to mention weight gain. In this class you will learn which oils are best for specific problems. Learn the best ways to use the e-oils. Such as inhalation, applying topically or taking internally. Also, which e-oils come with safety cautions like sun or skin sensitivity, or should not be taken internally. Participants will each receive a booklet "12 Promising Health Benefits of Essentials Oils", a sample of doTERRA's Deep Blue Rub, and a choice of an e-oil that best fits their interest.

Thursday, November 19 10:00 - 11:30 a.m. \$15 411301-03



*Picture depicts pre-COVID seating arrangement.

GREAT DECISIONS

Global topics are discovered and discussed. Each session will start with a 30-minute documentary film, include a speaker, and allow time to discuss. Topic books are available to purchase for \$24 from Liz Faust at the Senior Center and contains all eight 2020 topics; email efaust@maplegrovern.gov to arrange pick-up. More sessions may be scheduled this fall, if there's interest.

Maple Grove Community Center, Senior Center

Red Sea Security - *NEW

The Red Sea has remained vital for global trade since the time of ancient Egypt. Once home to the spice trade, the Red Sea now sees millions of barrels of oil a day transported across its waters. With major nations like China, France, Italy, and the U.S. building large ports and bases in the region, what does the future of the region look like? How important is Red Sea security for global security? Can the region be a place of global cooperation?

Wednesday, October 28 (rescheduled from April)

9:00 – 11:00 a.m.

\$10

411305-02

ADVANCE CARE PLANNING

Instructions for a life well-lived. We may not be able to see into the future, but we can plan for it. When you use Advance Care Planning to document your healthcare wishes and needs, you stay in the driver's seat for your own healthcare, no matter what happens. We provide the roadmap – you do the steering. These classes are sponsored by North Memorial Health and Maple Grove Hospital as part of their community Healthy Aging Initiative. In these classes, you will review different Advance Care Planning documents and discuss how to preserve this important conversation. These classes are FREE with remote options offered via online and phone. **Registration is required.** To register visit www.northmemorial.com/events or call 763-581-5556. If you'd like more information about any class, e-mail acp@northmemorial.com.

Class Title	Class Dates/Times
How to Write a Health Care Directive – We will walk you through how to write a legal document called a Health Care Directive using the Honoring Choices Minnesota forms (free).	Oct 6, 2:00pm. Nov 2, 5:30pm. Dec 1, 10:00am.
Becoming a Health Care Agent – Learn how to interpret what is written in a health care directive and make difficult health care decisions on behalf of someone else.	Oct 13, 2:00pm. Nov 9, 5:30pm. Dec 8, 10:00am.
Having an Advance Care Planning Conversation – Learn how to talk about what you value for your health and your future with people in your life most concerned with your health: people you love, trust and your healthcare team.	Oct 20, 2:00pm. Nov 16, 5:30pm. Dec 15, 10:00am.
Advance Care Planning During the COVID-19 Pandemic – What do we need to know and plan for?	Oct 27, 2:00pm. Nov 23, 5:30pm. Dec 22, 10:00am.



STUDIO ARTS

This is the class for the person with some art experience who wants to move beyond a step by step approach to art. In other words, do your own thing, but have help when needed. The instructor will help you on perfecting technique, composition, problem solving perspective and other elements. Bring your own supplies. Instructor: Dianne Swanson.

Tuesdays, September 8 – 29

9:30 – 12:00 pm \$50 (4 ses) 411503-01

NOVEMBER STUDIO ARTS

ADDED NOVEMBER CLASS! Same format as September. Bring your own supplies. Instructor: Dianne Swanson.

Maple Grove Community Center

Tuesdays, October 6 – 27

9:30 – 12:00 pm \$50 (4 ses) 411503-03

Tuesdays, November 3-24 (No class on Nov 17; will be held

MONDAY, Nov 16 instead)

9:30 – 12:00 pm \$50 (4 ses) 411503-05

OPEN STUDIO CLASS - EVENINGS

Join in this one-time opportunity to finish a project you have started, get ideas for a new project or get help with a trouble area on your current work. Please bring your own supplies & project to work on. Instructor: Dianne Swanson.

Maple Grove Community Center

Mon, Sept 21 6:00 – 8:30 pm \$12 411503-02

Just added!

Thur, Oct 22 6:00 – 8:30 pm \$12 411503-04

MINNEHAHA FALLS

Spend an afternoon in Maple Grove while you make a beautiful painting of Minnehaha Falls! In this single-session class, artist Dan McAvey will walk you through the steps to complete a 16x20" painting of this iconic, Minneapolis landmark using acrylic paints. No painting or drawing experience is required to have a fun afternoon and create a work of art you can bring home! All supplies are included in the class fee.

Maple Grove Community Center

Cancelled

Clubs & Zoom Learning

PEOPLE MEETING PEOPLE

Previously called Singles Group

If you're single or looking to meet other 55 Forward individuals, this social group may be right for you! It is not a dating group, but is a great way to connect and socialize with other local individuals with similar interests and experiences. Normally, the group would have a monthly meeting, a monthly game/social afternoon and a lunch or dinner each month, but some things are on hold due to social distance guidelines. Hopefully, members will soon again be able to travel together, play cards, and attend all kinds of social activities together. For now, members can still gather and socialize, while practicing social distancing. **Due to capacity limitations, please RSVP before each meeting to assure your group does not surpass the capacity limit by calling Brenda at 763-494-6499 or email bkrapfl@maplegrovern.gov.**

Maple Grove Community Center

1st Monday & 3rd Friday monthly starting November 2
1:00 – 3:00 p.m. \$10 (yearly) Singles Club

ANYTHING GOES CRAFTERS

Whether you knit, crochet, cross stitch, scrapbook, quilt... you are invited to join this informal group! Pull together your supplies and come weekly to share ideas, learn new skills, laugh and enjoy the company while you craft! **Due to capacity limitations, please RSVP before each meeting to assure your group does not surpass the capacity limit by calling Brenda at 763-494-6499 or email bkrapfl@maplegrovern.gov.**

Maple Grove Community Center

2nd Wednesday monthly starting September 9
10:00 a.m. – Noon \$10 (yearly) Crafters Club

BOOKS, BOOKS, BOOKS!

Do you love to read and want to share and discuss the book? This book club is a continuous program; reading and discussing a variety of books. Books will be selected from the Book Kits offered by the Hennepin County Library System.

Virtual Webex meetings beginning September 2

1st Wednesday monthly

9:30 – 11:30 a.m. \$10 (yearly) Book Club

ZOOM LEARNING

We invite you to an online Zoom Meeting and walk you through the simple tasks of connecting with family, friends, coworkers or a medical appointment. Meetings will be offered twice a month, unless one-on-one sessions are requested. Please register with an email account and we can send you the invite. Facilitators will be Brenda, Liz or volunteer Maple Grove Learning Center instructors.

Monday, September 14

1:00 p.m. Free 411320-01

Monday, September 28

1:00 p.m. Free 411320-02

DRIVE-IN BINGO

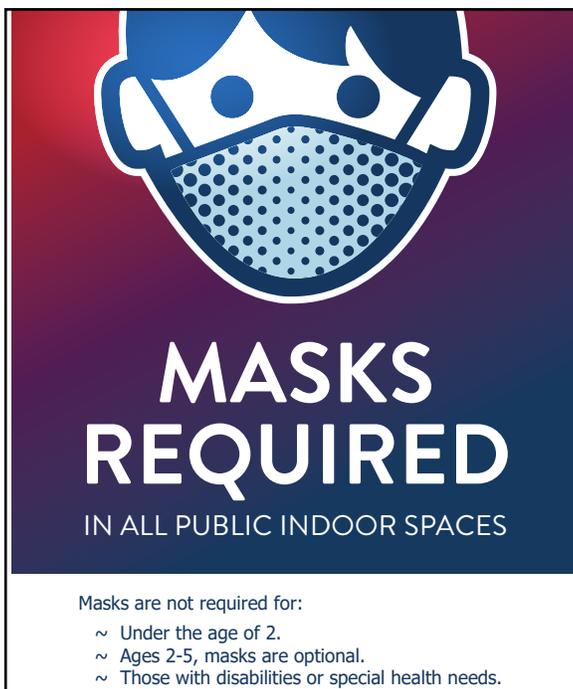
Please join us for our last outdoor bingo session of the season!

Only household members in your car. Space is limited! Bring a marker to mark your bingo games. We will provide paper game sheets. 8 games will be played. Winners will choose from a variety of prizes. No cash. Wear masks when anyone approaches. **Pre-registration required by September 28.**

MG Community Center WEST PARKING LOT

Tuesday, September 29

9:30 a.m. – 11:00 A.M. FREE 201 202-26





OUTDOOR LUNCHEONS

Lunch at 11:30, with entertainer starting at 12:15. Please remember to social distance and wear your masks. We do not encourage carpooling. You may bring a chair to use on the driver's side of car. Pre-registration **required**.

Maple Grove Community Center, Farmers Market Parking Lot

Wednesday, September 16 – Drive-In Lunch with A Party of One. Rain date: September 18, if needed.

Join us outdoors for a drive-in luncheon with the Lookout food truck providing one choice in each category: Main entree, one side, a dessert and a beverage. Be sure to stay while Kent Appeldoorn performs favorites like Roy Orbison, Elvis Presley, The Four Seasons, the Beach Boys, Buddy Holly, Johnny Cash, Frank Sinatra, Glen Campbell and other hits of the 50's, 60's and 70's. Kent has traveled extensively opening for many of these favorite rock and roll artists. Check out his website www.kentappeldoorn.com. Last day to register or cancel, September 14.

\$18 per person 11:30 a.m. September Drive-In Lunch

Wednesday, October 7 – Drive-In Lunch with Coda. Rain date: October 9th if needed.

Join us outdoors for a drive-in luncheon with the Lookout food truck providing one choice in each category: Main entree, one side, a dessert, and a beverage. Coda will fill the air with their smooth sounds from their saxophone and keyboard combination! You just can't get enough of this fabulous duo! Check them out on their website: www.codaduo.com. Be sure to join us on this beautiful fall afternoon. Last day to register or cancel, October 5.

\$18 per person 11:30 a.m. October Drive-In Lunch

A GHOSTLY PRESENTATION AT TOWN GREEN

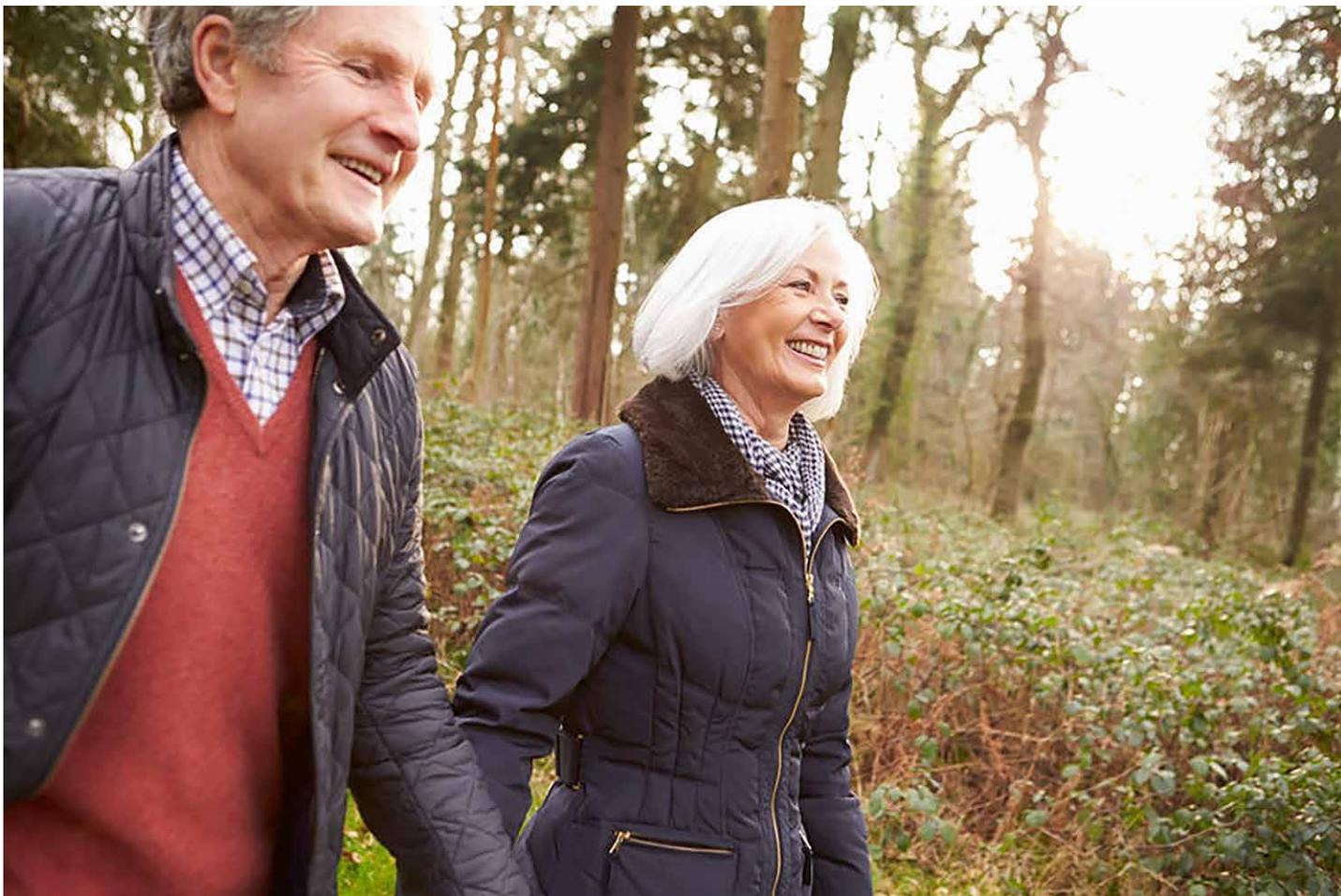
The Haunts of Anoka with June Gossler

Through the magic of Power Point, your guide will take you on a virtual trip through forgotten Anoka to hear the stories of the people who once lived there and, according to some, are still hanging around. She will tell you of long-ago Anoka - of the Jackson Hotel, now Billy's, the old Post Office, Colonial Hall, the Masonic Lodge, and some infamous residences; all haunted, of course. June Gossler Anderson has been an Anoka County Historical Society Ghost Tour Guide for ten years and has taken part in numerous paranormal investigations. As well as being on familiar terms with the Anoka Ghosts, she has traveled to Ireland, England and Romania to meet theirs. Last day to register or cancel September 18. **Registration required.**

Maple Grove Town Green Bandshell

Tuesday, September 22

6:30 p.m. Free 411320-03



2021 TRIP PLANNING

COLLETTE VACATIONS

Join this virtual Zoom presentation to discuss current COVID travel and to learn about Collette's group trip to gorgeous Portugal next year. A Zoom link will be emailed to registrants prior to presentation date.

Sunny Portugal: Feb 23, 2021

\$2899/double

Explore sunny Portugal for 10 days, with its miles of dramatic shoreline and legacy of global discovery. Discover the charms of Lisbon with your choice of included sightseeing. Enjoy a three-night stay in a beautiful resort town on the Portuguese Riviera. Meander its narrow cobblestone streets, oceanfront promenade and quaint bay area. In Evora, step inside a medieval walled city with Roman ruins. Travel to Portugal's scenic "Silver Coast," dotted with charming villages and castles. Revel in country life with an overnight stay in the heart of Alentejo's farms and vineyards. Discover a wealth of Portuguese hand-made crafts. Indulge in Portugal's regional wines during two winery tours. Be swept away by melancholy Fado tunes. Explore the Algarve's soft sandy beaches and classic fishing villages. Questions call 1-877-252-2269 and refer to booking #1013904 or visit www.gocollette.com.

Zoom Virtual Presentation

Wed, September 30

10:00 a.m. – 11 a.m.

Free

411320-04

All About the Community Center

12951 Weaver Lake Road, Maple Grove, MN 55369

Monday-Friday 7:00 a.m. - 6:00* p.m.
 Saturday..... 8:00 a.m. - 6:00* p.m.
 Sunday..... 8:00 a.m. - 6:00* p.m.

* Rentals scheduled until 10:00 pm

Community Center Holiday Hours:

Monday, Sept. 7, Labor Day 10:00 a.m. - 6:00 p.m.
 Thursday, Nov. 26, Thanksgiving..... Closed

Maintenance Closures:

Grove Cove Pools, Sept. 8 - Oct. 4..... Closed
 Maple MAZE Indoor Playground Temporarily Closed

Telephone numbers

Banquet & Meeting Room Rentals 763-494-6527
 Birthday Party Packages (temp. unavailable)..... 763-494-6549
 Ice Arena Dead Ice by Reservation..... 763-494-5951
 Ice Arena Office 763-494-5968
 Ice Rentals 763-494-6465
 Main Number 763-494-6500
 Membership Support Services 763-494-6508
 Website www.maplegrovecommunitycenter.org
 Facebook facebook.com/maplegrovecommunitycenter

ALL BUILDING DAILY PASS

The All Building Daily Pass allows access to the Grove Cove Aquatic Center, the Maple Maze indoor playground (**according to current COVID guideline capacities**), gymnasium, open ice skating, and adult open hockey.

<u>Daily Admission</u>	<u>Non-Resident</u>	<u>Resident</u>
Single, under 1 free	\$10.00	\$9.00
Family	\$37.00	\$32.00
<u>Coupon Book</u>	<u>Non-Resident</u>	<u>Resident</u>
10 coupons/book-all ages	\$85.00	\$85.00

Fee Guidelines

Resident: Individual that lives or works full-time in Maple Grove. Residency will apply to immediate family members for family memberships and family admissions when the adult meeting the criteria is paying. Non-resident fees will be charged if proof of residency can't be provided.

Acceptable Forms of ID

- Drivers License or State ID
- ID and current pay stub from Maple Grove business

Age Criteria

- Youth - Age 17 and under
- Adult - Age 18-61
- Senior - Age 62 and above
- Family - consists of immediate family of up to two adults and their children living at the same address and full-time college students ages 18-24 with proof of full-time college status. Multiple families at same residence charged separately.

Gift Cards

Gift cards to the Community Center can be used on admissions, concessions, room rentals, memberships, etc. for any amount.

COMMUNITY CENTER MEMBERSHIPS

Includes the Grove Cove Aquatic Center (indoor pools and outdoor pool in season), the gymnasium, ice skating during open skate hours and access to the Maple MAZE Indoor Playground (**according to current COVID guideline capacities**).

All Building Memberships:

	<u>Non-Resident</u> <u>Annual / Monthly</u>	<u>Resident</u> <u>Annual / Monthly</u>
Youth/Senior	\$215.00 / \$17.92	\$195.00 / \$16.25
Adult	\$255.00 / \$21.25	\$215.00 / \$17.92
Family	\$525.00 / \$43.75	\$425.00 / \$35.42

Pool Annual Memberships:

	<u>Non-Resident</u> <u>Annual / Monthly</u>	<u>Resident</u> <u>Annual / Monthly</u>
Youth/Senior	\$180.00 / \$15.00	\$155.00 / \$12.92
Adult	\$205.00 / \$17.08	\$180.00 / \$15.00
Family	\$425.00 / \$35.42	\$375.00 / \$31.25

Pickleball Memberships:

	<u>Non-Resident</u> <u>Annual / Monthly</u>	<u>Resident</u> <u>Annual / Monthly</u>
Adults	\$215.00 / \$17.92	\$195.00 / \$16.25

Military Discount Memberships:

Military personnel need proof of service with a military ID with DD# or DD214 with photo. Military family members and retiree IDs accepted. **MUST be done in person.**

	<u>Annual / Monthly</u>
Pool Membership Adult Military	\$155.00 / \$12.92
Pool Membership Family Military	\$325.00 / \$27.08
All Building Member Adult Military	\$185.00 / \$15.42
All Building Membership Family Military	\$365.00 / \$30.42

Membership Options

You can choose from an Annual Membership online or in person by cash, check or credit card or a Continual Membership with the direct payment option from your checking account. To purchase a new or renew an annual membership go to www.maplegrovecommunitycenter.org.

Online purchases for memberships are not available if:

- You plan on paying by check, cash or using the Direct Payment monthly option.
- You work full-time in Maple Grove (with proof) and want to receive the resident rate.
- To receive the MERSC rate, bring a valid company ID or pay stub for proof of current employment.
- To receive the military discount, bring a military ID with DD# or DD214 with photo.

Members are to present ID each visit. If you are using a PCA, nanny or have a full-time college student age 18-24 living at home, you must fill out a Special Request Form every year.

Membership Sale
November 1 - 10
 See page 6

Community Center - Rentals & Groups



*Picture depicts pre-COVID seating arrangement.

To make a room rental request, go to www.maplegrovecommunitycenter.org.
Room rentals are open **according to current CoVid capacity restrictions**.
Select room rentals. Click on fillable form.

ROOM RENTAL PROCESS

Room rentals are open **with capacity restrictions** and requests can be made by:

- ~ On-line at maplegrovecommunitycenter.org. Click Room Rentals, then choose the Room Rental Request form.
- ~ By email mgccrentals@maplegrovern.gov.
- ~ By fax at 763-494-6453.

The Rental Coordinator works from 8:00 am-4:30 pm, Monday-Friday. Rental requests are processed in the order received. You will be contacted within 1-3 business days.

Cancellations require a 30 day notice to receive a refund, with some COVID guideline exceptions.

Small meeting room rental fees are due at the time of booking.

The "Fine Print"

- Parties or gift openings are not allowed in the open lobby areas. Staff will ask you to rent a room or store belongings in your vehicle.
- Decorations: You may bring your own decorations; however, tape/adhesives, mylar confetti and glitter are prohibited.
- Food/Beverage: No red beverages or alcohol are allowed in the small meeting/party rooms.

MEETING ROOMS

From seminars and meetings to birthday parties, you'll want to schedule your next event here! The room sizes vary to accommodate **current COVID capacity restrictions**. Rooms are available during Community Center hours. Audiovisual equipment is available to rent.

Fees:

(Monday-Sunday)	<u>Non-Resident</u>	<u>Resident</u>
Private/Business	\$35.00/hr.	\$30.00/hr.

Early Morning Room Special

Kick start your weekday with a great deal. Schedule a small meeting room Monday through Friday between 7:00 a.m. - 10:00 a.m. for only \$10 an hour. This is ideal for networking groups or businesses to receive a great rate! Call 763-494-6527 for availability. This offer is valid at Community Center meeting rooms. Meetings must be concluded by 10:00 a.m.

Community Center - Large Area Rentals



To make a room rental request, go to www.maplegrovecommunitycenter.org. Select room rentals. Click on fillable form.

BANQUET ROOM

The Banquet Room serves as a premier banquet and meeting facility to accommodate numbers **according to current COVID capacity restrictions**. The warm, attractive decor is inviting for all occasions. This room is sure to meet your needs whether it is for a wedding, anniversary, banquet, company picnic or holiday party, training seminars, conferences, and tradeshow or craft sales. Quality sound and audiovisual equipment offer spectacular presentations and training. Seasonally, our outdoor patio and flower garden are a perfect complement to the banquet room. Go online or call 763-494-6527 to leave a rental request.

Hours: This room is available Monday - Thursday from 6:00 a.m. to 10:00 pm; Friday and Saturday until 1:00 a.m.; Sunday from 2:00 pm to 10:00 pm.

Table Set-Up: Tables are 5-foot rounds and can seat up to 4 people per COVID guidelines. Layout is confirmed closer to event date.

Food/Beverage: Renters must select from four exclusive caterers for food served at events for an additional fee: Lookout Catering, Lynde's Catering, India Spice House and Holy Land. A licensed caterer is required to serve your refreshments and meal. A portable beverage bar with pop is available. Red beverages are not allowed. Rentals are required to use the exclusive liquor provider licensed to have alcohol served at MGCC. When alcohol is served a security guard is required to be present. Call 763-494-6527.

Fees:	Non-Resident	Resident
Private/Business Function		
Monday - Thursday	\$475.00	\$425.00
Friday, Sunday	\$525.00	\$475.00
Saturday	\$850.00	\$800.00
Kitchen	\$75.00	\$75.00

Non-profit rates are available.

A non-refundable payment of 50% of the rental fees is due at the time of booking. The balance of the fees and the \$300 refundable damage deposit is due 30 days prior to the rental date.

ROOM 112

An excellent room for family gatherings, end of season parties, large meetings or seminars, sample sales and much more! The room has seating to accommodate numbers **according to current COVID capacity restrictions**, features a walk out patio, and a large screen for presentations. Food may be catered or brought in. Licensed caterers have access to the small kitchen. Potluck events are allowed by reservation. Ask for guidelines and fees for liquor providers, security services and beverage bar.

Fees:	Non-Resident	Resident
Private/Business Function		
Mon-Sun (1-7 hours)	\$50.00/hr.	\$45.00/hr.
Fri-Sat-Sun (7+ hours)	\$350.00	\$315.00

Senior Center room rental fees are due at the time of booking.

A \$300 damage deposit may be required 30 days prior to the rental date.



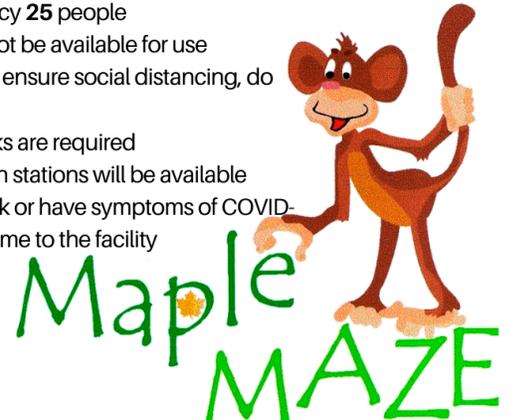
Masks are not required for:

- ~ Under the age of 2.
- ~ Ages 2-5, masks are optional.
- ~ Those with disabilities or special health needs.



Indoor Playground COVID-19 Rules

- Reservations are required to use the Maple Maze
- Maximum occupancy **25** people
- Shoe cubbies will not be available for use
- Seating is placed to ensure social distancing, do not move
- Wristband and socks are required
- Additional sanitation stations will be available
- If you are feeling sick or have symptoms of COVID-19, please do not come to the facility



Hours of Operation

Blocks of time to reserve for playing time will be available on Tuesdays, Thursdays, Saturdays and Sundays through [SignUp Genius](#).

Daily Admission

	<u>Non-Resident</u>	<u>Resident</u>
Youth ages 1-12	\$6.00	\$5.00
Socks	\$3.00/pair	\$3.00/pair

Indoor Playground Rules

Customers will sign up on-line through [SignUp Genius](#) and pay upon arrival.

Groups and parties are currently not being scheduled.

Socks must be worn.

Gymnasium

Daily Admission

	<u>Non-Resident</u>	<u>Resident</u>
Tots-Parents free with Tot	\$3.50	\$3.00
Single	\$6.00	\$5.00
Home School	\$3.00	\$3.00

Coupon Book

10 coupons/book-all ages	\$45.00	\$45.00
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COVID Limit Guidelines & Capacities*:

- Reservations are required to use the gym effective August 18, 2020.
- Everyone must sign the LOG SHEET when paying admissions or when scanning in as a member.
- Must purchase a wristband or scan membership card at the front customer service desk.
- Wristband must be worn on the wrist. Wristband cannot be on ankles or in pockets.
- No more than 6 people or one family per hoop /court
- Customers must bring their own ball/equipment. Customers are responsible to sanitize own equipment.
- NO cross court or full court games allowed. 3 on 3 play will be allowed.
- Groups are to maintain a 6 ft distance from other customers who are not in their group
- A mask/face covering is required in the building any time a patron is not actively playing on the court unless meeting the exemptions per the Governors Order 20-81
- NO REFUNDS – NO EXCEPTIONS.

***These guidelines will be updated when State guidelines change.**

A zero tolerance policy is enforced.

Monthly gym schedules are available in racks near the customer service desks or on website at www.maplegrovecommunitycenter.org



Community Center - Birthday Party Packages



BIRTHDAY PARTIES

The basic party package cost is \$120 for up to 10 youth, including birthday child, and \$5 for each additional child. Themed party rates are \$140.00. A minimum of one adult is required. The Birthday Party Package base fee plus sales tax is due at the time of booking. **No checks will be accepted.**

Party packages are offered at the Community Center on Fridays, Saturdays and Sundays and include a private decorated party room for 90 minutes, a t-shirt for the birthday boy/girl, paper products and beverages. Pizza and hot dog options are available.

The party group can choose one or two activities; swimming at the Grove Cove Aquatic Center, Maple MAZE Indoor Playground or ice-skating. Skating is only available most Fridays 7:15 - 8:45 pm and Saturdays & Sundays 1:00 pm - 2:30 pm.

Early Bird Special - Sunday Mornings

\$110 for one hour of private time in the Maple MAZE Indoor Playground with two hours of room time Sundays from 9:00 - 11:00 a.m. Includes beverages for first 10 kids and \$5 for each additional child.

POOL SUPERVISION POLICY!

All children under 42" tall or wearing a lifejacket must have an adult in the water within arms reach to use the Grove Cove Aquatic Center pools. One adult may be responsible for supervising up to 3 children under 42".

LIFEGUARDS + PARENTS = SAFE KIDS!



Lifeguards +
Parents =
Safe Kids

Themed Parties

The cost is \$140.00 for up to 10 youth including the birthday child and \$5.00 for each additional child. The birthday child can choose up to two activities - swimming at the Grove Cove Aquatic Center Pools, the Maple MAZE indoor playground or ice skating. Ice skating is available most Fridays 7:15-8:45 pm and Saturdays & Sundays 1:00-2:30 pm. Parties include a private party room for 90 minutes, decorated in the party theme, colored paper products and beverages (soda or juice boxes).

Princess Party

Come celebrate your birthday in royal style at the Community Center. Be a princess for the day! You will also receive a royal 5" pink and purple colored cake and ten cupcakes, tiaras or crowns for everyone and a t-shirt for the guest of honor.

Super Hero Party

Let your child be a super hero for the day! The private party room is decorated in favorite super hero cutouts and decor to set the stage for a super fun birthday! You will also receive a 5" blue and green colored cake with ten cupcakes, super hero masks and a t-shirt for the guest of honor.

Paw Patrol Party

Your child can join the Paw Patrol for the day! The private party room is decorated in Paw Patrol decor to set the stage for a fun birthday! You will also receive a 5" cake with ten cupcakes, badges and a t-shirt for the guest of honor.

Unicorn Party

Your child can have a magical day on their birthday. Celebrate in unicorn style! You receive a 5" cake, 10 cupcakes, unicorn headbands and a t-shirt for the guest of honor.

Temporarily paused. Check back!

To book a Birthday Party with us, submit your request online at maplegrovecommunitycenter.org (room rentals) or call 763-494-6549. Leave your name, phone number and preferred date.

To learn more:
maplegrovemn.gov/community-center/parties-rentals/birthday-party-packages/
or on Facebook:
facebook.com/MapleGroveCommunityCenter

Community Center - Ice Arenas

ICE ARENA

The Ice Arena offers great opportunities to get together with family and friends. Open skating, adult open hockey, low test freestyle skating are available at scheduled times. Open skating schedules are updated monthly and made available at the ice arena office and customer service desks.

Daily Admission	Non-Resident.	Resident
Weekend/Evening Open Skate	\$6.00	\$5.00
Weekday Open Skate*	\$3.00	\$3.00
*Not valid during school release days. (Youth 4 and under are free)		
Adult Open Hockey	\$7.00	\$7.00
Low Test Freestyle	\$7.00	\$7.00
Coupon Book Open Skate 10 coupons/book-all ages	\$45.00	\$45.00

All Building Membership offers year round access to open skating, adult open hockey, and Low Test Freestyle.

Ice Rental Rates

Prime Time Ice (Sept. - May)	\$210.00/hour + tax
Non-Prime Time Ice (Sept. - May)	\$175.00/hour + tax
Mon - Fri	2:00 p.m. - 10:00 p.m.
Sat & Sun	6:00 a.m. - 10:00 p.m.

For exclusion dates please see the monthly schedule available online at www.maplegrovecommunitycenter.org or call the ice area office at 763-494-5968.

Open Skate

Capacities will be according to COVID guidelines. Sign ups REQUIRED through SignUp Genius.

Tuesdays	11:30 a.m. - 1:00 p.m.
Thursdays	11:30 a.m. - 1:00 p.m.
Fridays	12:00 p.m. - 1:30 p.m.
Fridays	7:15 p.m. - 8:45 p.m.
Saturdays	1:00 p.m. - 2:30 p.m.
Sundays	1:00 p.m. - 2:30 p.m.

Youth ages 4 and under are free. Adult supervision is required.

Adult Open Hockey*

Sundays	11:15 a.m. - 12:45 p.m.
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*Helmets and shin pads are required. Skaters must be 18 years or older.

Senior Open Skate

Tuesdays	9:00 a.m. - 10:00 a.m.
Thursdays	9:00 a.m. - 10:00 a.m.

*Helmets and shin pads are required. Skaters must be 55 years or older.

Senior Open Hockey

Tuesdays	9:00 a.m. - 10:30 a.m.
Thursdays	9:00 a.m. - 10:30 a.m.

*Helmets and shin pads are required. Skaters must be 55 years or older.

Low Test Freestyle - by reservations

Sundays	9:30 a.m. - 11:00 a.m.
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Open Skating & Hockey are now available



The Maple Grove Ice Arena is now offering times for Open Skating, Open Hockey & Figure Skating.



- Reservations are required for capacity reasons due to COVID19 social distancing and safety guidelines.
- Sign up for a reservation. Check-in and pay at the Arena Office upon arrival
- Masks MUST be worn until you are on the ice.

Go to bit.ly/iceskatingreservations

Grove Cove Aquatic Center



Paid admission to the Grove Cove offers activities for the entire family in the lap and leisure pools. The indoor leisure pool features a zero-depth beach area, water spray activities, a 130-foot waterslide and a tot slide. The lap pool features 25-yard lap lanes. The outdoor pool is open summers only. Pool schedule is listed on page 54. Patrons under the age of 1 are free with a paying adult.

Daily Admission

Single - under 1 free
Family

Non-Resident

\$8.00
\$30.00

Resident

\$7.00
\$26.00

Coupon Book

10 coupons/book-all ages

Non-Resident

\$65.00

Resident

\$65.00

Hours of Operation

Pool schedules list hours for open swim & lesson times. Lap swim hours are updated weekly. Schedules are **subject to change** and can be viewed at www.maplegrovmn.gov/community-center/swimming-pools. **Please note the COVID procedures in place as listed online.**

Pool Rules

- ◆ US Coast Guard approved lifejackets are allowed if there is an adult in the water within arms reach. Lifejackets may not be worn on the rope swing, climbing wall, big waterslide, or during lap swim or flotation fun. Lifejackets may not be inflatable. No other flotation devices are allowed, including water wings, noodles, kickboards, tubes and air mattresses, unless approved by the Supervisor on Duty in the case of a therapeutic, instructional or exercise program or a special need.
- ◆ Parents are **required** to be in the water with all children under 42" tall, and those wearing lifejackets.
- ◆ Swim diapers are required for all non-trained swimmers, and are available to purchase at the lower level customer service desk.
- ◆ Small toys, diving rings, and beach balls are allowed if used in a safe manner and do not endanger other swimmers. Footballs, baseballs, tennis balls, hockey pucks and other hard objects are not allowed.
- ◆ No diving in any of the pools.
- ◆ No diving masks with glass lenses are allowed in the pool.
- ◆ No glass, street shoes, food or beverages in the pool area.
- ◆ No refunds are issued for pool closure due to defecation, vomit, weather, or other unforeseen situations.



POOL SUPERVISION POLICY!

All children under 42" tall or wearing a lifejacket must have an adult in the water within arms reach to use the Grove Cove Aquatic Center Pools. One adult may be responsible for supervising up to 3 children under 42".

LIFEGUARDS + PARENTS = SAFE KIDS!



Lifeguards + Parents = Safe Kids

All Open Swim and Lap Swim patrons **MUST** make a reservation for a time slot using Sign Up Genius.

Age Limit

Patrons with children age 4 and older must use the same-sex lockerroom or the family changing rooms.

Please bring your life jackets and diving masks to the pool office to be checked before using!

The Grove Cove pools will be closed September 8 - October 6 for major mechanical project, reopening **October 7 at 9:00 a.m.**

THE GROVE COVE AQUATIC CENTER

COVID-19 Update: To maintain required social distancing, the pools will have a limited capacity, and will be available for **Maple Grove Community Center** members and **Lifetime Fitness** members and the general public **BY RESERVATION ONLY**. The schedule will be evaluated and adjusted as needed for future weeks.

INDOOR POOL FALL SCHEDULE – OCTOBER 7 to DECEMBER 20, 2020

Monday-Thursday: 6:00 am – 6:00 pm
 Friday: 6:00 am – 8:00 pm
 Saturday: Lap Pool 9:15 am – 6:00 pm
 Leisure Pool 12:00 pm – 6:00 pm
 Sunday: 10:00 am – 6:00 pm

LEISURE POOL SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 am	*6:00 – 7:45	*6:00 – 7:45	*6:00 – 7:45	*6:00 – 7:45	*6:00 – 7:45	Pool Closed	Pool Closed
7:00 am	Adults & Seniors	Swim Lessons ONLY 8:00 – 11:50	10:00 – 11:45 Open Swim				
8:00 am	MGPR Arthritis Class	MGPR Arthritis Class	MGPR Water Fitness	MGPR Arthritis Class	MGPR Arthritis Class		
9:00 am	9:15 – 11:15 Open Swim	12:00 – 1:45 Open Swim/Slide	12:00 – 1:45 Open Swim/Slide				
10:00 am	Open Swim						
11:00 am	11:30 – 1:30	11:30 – 1:30	11:30 – 1:30	11:30 – 1:30	11:30 – 1:30	2:00 – 4:00 Open Swim/Slide	2:00 – 4:00 Open Swim/Slide
12:00 pm	Open Swim						
1:00 pm						4:15 – 6:00 Open Swim/Slide	4:15 – 6:00 Open Swim/Slide
2:00 pm	1:45 – 3:45	1:45 – 3:45	1:45 – 3:45	1:45 – 3:45	1:45 – 3:45		
3:00 pm	Open Swim	6:00 – 8:00 Open Swim/Slide	MGPR Log Rolling Class				
4:00 pm	4:00 – 6:00	4:00 – 6:00	4:00 – 6:00	4:00 – 6:00	4:00 – 5:45		
5:00 pm	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim/Slide		
6:00 pm	Swim Lessons ONLY	Swim Lessons ONLY	Swim Lessons ONLY	Swim Lessons ONLY	6:00 – 8:00 Open Swim/Slide		
7:00 pm							

*Time slot designated for Adults / Seniors / Vulnerable patrons

LAP POOL SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 am	6:00-6:45 Lap Swim	Pool Closed	Pool Closed				
7:00 am	7:00-7:45 Lap Swim	Lifetime Class 9:15 – 9:45 Lap Swim	10:00-10:45 Lap Swim				
8:00 am	*8:00-8:45 Lap Swim						
9:00 am	Lifetime Class	MGPR Water Fitness	Lifetime Class	MGPR Water Fitness	Lifetime Class	11:00-11:45 Lap Swim	11:00-11:45 Lap Swim
10:00 am	10:15-10:45 Lap Swim	12:00-12:45 Lap Swim	12:00-12:45 Lap Swim				
11:00 am	11:00-11:45 Lap Swim	1:00-1:45 Lap Swim	1:00-1:45 Lap Swim				
12:00 pm	12:00-12:45 Lap Swim	2:00-2:45 Lap Swim	2:00-2:45 Lap Swim				
1:00 pm	1:00-1:45 Lap Swim	3:00-3:45 Lap Swim	3:00-3:45 Lap Swim				
2:00 pm	2:00-2:45 Lap Swim	4:00-4:45 Lap Swim	4:00-4:45 Lap Swim				
3:00 pm	3:00-3:45 Lap Swim	5:00-5:45 Lap Swim	5:00-5:45 Lap Swim				
4:00 pm	4:00-4:45 Lap Swim	Pool Closed	Pool Closed				
5:00 pm	5:00-5:45 Lap Swim						
6:00 pm	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	6:00-6:45 Lap Swim		
7:00 pm	MGPR Aerobics	Swim Lessons	MGPR Aerobics	Swim Lessons	7:00-7:45 Lap Swim		

*Time slot designated for Seniors / Vulnerable patrons

The pools may have special hours on the following District #279 No School Days:

Thursday, October 15, 2020	Waterslide Open 11:30 am – 6:00 pm
Friday, October 16, 2020	Waterslide Open 11:30 am – 8:00 pm
Tuesday, November 3, 2020	Waterslide Open 11:30 am – 6:00 pm
Thursday, November 26, 2020	Pools & Community Center CLOSED
Friday, November 27, 2020	Waterslide Open 11:30 am – 8:00 pm
Friday, December 4, 2020	Waterslide Open 11:30 am – 8:00 pm

POOL SUPERVISION POLICY!

All children under 42" tall, or wearing a lifejacket, must have an adult in the water within arm's reach to use the Grove Cove Aquatic Center Pools. One adult may be responsible for supervising up to 3 children under 42" or in lifejackets.

LIFEGUARDS + PARENTS = SAFE KIDS!

**PLEASE NOTE THE COVID-19 PROCEDURES IN PLACE
AS LISTED ON THE WEBSITE!**

Learn to Swim

RED CROSS CERTIFICATION

Maple Grove Community Center
12951 Weaver Lake Road

Miscellaneous: **Lessons missed by students will not be made up.** You can purchase a silicon cap for \$5.00 and goggles for \$6.00 from the Pool Supervisor.

The American Red Cross offers six comprehensive course levels that teach anyone 18 months through adult to be safe in, on and around water. The prerequisite for each level is the successful demonstration of the skills from the preceding level, except for Level 1, which has no prerequisite. Each level of Learn to Swim includes training in basic water safety and in addition to swim skills. Exit skills are a combination of skills learned. Instructors will be checking skills the first day of class. If you have any questions or concerns, contact Adrienne Vassar, 763-494-6493.

Following COVID Guidelines, swim lessons look a little different! Class sizes will be smaller. Time between classes will allow for sanitizing breaks. **All swimmers Level 3 and under MUST be accompanied in the water with a parent or guardian.** Your agreement to this mandate will be required during the registration process. The instructor will be guiding the class according to the current social-distancing directive.

SESSIONS

- 01.** MG Community Center - Mondays **Evening**, October 12 - November 23 (ex Nov 2) - **6 lessons**
- 02.** MG Community Center - Tuesdays **Evening**, October 13 - November 24 (ex Nov 3) - **6 lessons**
- 03.** MG Community Center - Wednesdays **Evening**, October 21 - November 18 - **5 lessons**
- 04.** MG Community Center - Thursdays **Evening**, October 22 - November 19 - **5 lessons**
- 05.** MG Community Center - **Saturdays**, October 24 - November 21 - **5 lessons**
- 06.** MG Community Center - Mondays **Daytime**, October 12 - November 23 (ex Nov 2) - **6 lessons**
- 07.** MG Community Center - Mondays **Late Afternoon**, October 12 - November 23 (ex Nov 2) - **6 lessons**
- 08.** MG Community Center - Tuesdays **Daytime**, October 13 - November 24 (ex Nov 3) - **5 lessons**
- 09.** MG Community Center - Tuesdays **Late Afternoon**, October 13 - November 24 (ex Nov 3) - **5 lessons**
- 10.** MG Community Center - Wednesdays **Daytime**, October 21 - November 18 - **5 lessons**
- 11.** MG Community Center - Wednesdays **Late Afternoon**, October 21 - November 18 - **5 lessons**
- 12.** MG Community Center - Thursdays **Daytime**, October 22 - November 19 - **5 lessons**
- 13.** MG Community Center - Thursdays **Late Afternoon**, October 22 - November 19 - **5 lessons**
- 14.** MG Community Center - Fridays **Daytime**, October 23 - November 20 - **5 lessons**

Registration starts September 16 at 9:00 am.
Some scheduling changes could occur before then. Wishlist option available beginning September 14.
Capacities are according to COVID guidelines.



Learn to Swim - [Click here for registration link](#)

Parent/Child - 30 Minute Classes

Ages 18 months - 5 years with adult. Adult and child are in the water together. Skills learned include ~ Submerging mouth, nose and eyes in water. ~ Floating on front and back. ~ Entering and exiting the water. ~ Glide on front and back with support. ~ Begin leg and arm movement. Ratio: 5-1.

Skill Level	Time	Cost	Location	Date	Code	Sess
Parent/Child	6:15-6:45 pm	\$89	Comm Center	Mon, Oct 12 – Nov 23 (ex Nov 2) Evening	412101-01	01
Parent/Child	6:15-6:45 pm	\$89	Comm Center	Tues, Oct 13 - Nov 24 (ex Nov 3) Evening	412101-02	02
Parent/Child	6:15-6:45 pm	\$75	Comm Center	Wed, Oct 21 – Nov 18 Evening	412101-03	03
Parent/Child	6:15-6:45 pm	\$75	Comm Center	Thurs, Oct 22 – Nov 19 Evening	412101-04	04
Parent/Child	9:20–9:50 am 11:20-11:50 am	\$75	Comm Center	Sat, Oct 24 – Nov 21	412101-05 412101-06	05
Parent/Child	5:30-6:00 pm	\$89	Comm Center	Mon, Oct 12 – Nov 23 (ex Nov 2) Late Afternoon	412101-07	07
Parent/Child	10:10-10:40 am	\$89	Comm Center	Tues, Oct 13 - Nov 24 (ex Nov 3) Daytime	412101-08	08
Parent/Child	5:30-6:00 pm	\$75	Comm Center	Wed, Oct 21 – Nov 18 Late Afternoon	412101-09	11
Parent/Child	10:10-10:40 am	\$75	Comm Center	Thurs, Oct 22 – Nov 19 Daytime	412101-10	12

Age 3 WITH parent - 30 Minute Classes

Designed for cautious swimmers. Skills learned include ~ Submerge face in the water. ~ Glide on front and back with support. ~ Begin arm stroke and kicks. If your child shows he or she is not ready to be without a parent, you and your child **may join the Parent/Child class**. Ratio is 4:1.

Skill Level	Time	Cost	Location	Date	Code	Sess
Age 3 WITH parent	6:55-7:25 pm	\$89	Comm Center	Mon, Oct 12 – Nov 23 (ex Nov 2) Evening	412102-01	01
Age 3 WITH parent	6:55-7:25 pm	\$89	Comm Center	Tues, Oct 13 - Nov 24 (ex Nov 3) Evening	412102-02	02
Age 3 WITH parent	6:55-7:25 pm	\$75	Comm Center	Wed, Oct 21 – Nov 18 Evening	412102-03	03
Age 3 WITH parent	6:55-7:25 pm	\$75	Comm Center	Thurs, Oct 22 – Nov 19 Evening	412102-04	04
Age 3 WITH parent	8:40-9:10 am 10:40-11:10 am	\$75	Comm Center	Sat, Oct 24 – Nov 21	412102-05 412102-06	05
Age 3 WITH parent	4:50-5:20 pm	\$89	Comm Center	Tues, Oct 13 - Nov 24 (ex Nov 3) Late Afternoon	412102-07	09
Age 3 WITH parent	4:50-5:20 pm	\$75	Comm Center	Thurs, Oct 22 – Nov 19 Late Afternoon	412102-08	13

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Ages 4-5 WITH parent - 30 Minute Classes

Designed for swimmers who are comfortable in the water. Skills learned include ~ Float independently. ~ Glide on front and back, roll over and float for 5 seconds with support. ~ Combine arm and leg action on front and back with support. ~ Enter and exit the water independently. ~ Use combined arm and leg action for 5 body lengths independently. If your child shows he or she is not ready to be without a parent, you and your child **may join the Parent/Child class**. Ratio is 4:1.

Skill Level	Time	Cost	Location	Date	Code	Sess
Age 4-5 WITH parent	6:15-6:45 pm 7:35-8:05 pm	\$89	Comm Center	Mon, Oct 12 – Nov 23 (ex Nov 2) Evening	412103-01 412103-02	01
Age 4-5 WITH parent	6:15-6:45 pm 7:35-8:05 pm	\$89	Comm Center	Tues, Oct 13 - Nov 24 (ex Nov 3) Evening	412103-03 412103-04	02
Age 4-5 WITH parent	6:15-6:45 pm 7:35-8:05 pm	\$75	Comm Center	Wed, Oct 21 – Nov 18 Evening	412103-05 412103-06	03
Age 4-5 WITH parent	6:15-6:45 pm 7:35-8:05 pm	\$75	Comm Center	Thurs, Oct 22 – Nov 19 Evening	412103-07 412103-08	04
Age 4-5 WITH parent	8:00-8:30am 10:00-10:30 am	\$75	Comm Center	Sat, Oct 24 – Nov 21	412103-09 412103-10	05
Age 4-5 WITH parent	4:10-4:40 pm 5:30-6:00 pm	\$89	Comm Center	Tues, Oct 13 - Nov 24 (ex Nov 3) Late Afternoon	412103-11 412103-12	09
Age 4-5 WITH parent	4:10-4:40 pm 5:30-6:00 pm	\$75	Comm Center	Thurs, Oct 22 – Nov 19 Late Afternoon	412103-13 412103-14	13



Learn to Swim - [Click here for registration link](#)

Ages 6 and older - 45 Minute Classes

Classes are 45 minutes long with 1 teacher to 3 - 6 children. List swim level when prompted. **See below for Level selection.** Skills are checked the first day of lessons to confirm that swimmers are placed in the appropriate level. Ratio 4:1.

All swimmers Level 3 and under MUST be accompanied in the water with a parent or guardian.

Level 1 - Introduction to Water Skills: Designed for beginning swimmers. Skills learned include ~ Submerge entire head. ~ Glide on front and back with support. ~ Combine arm and leg action on front and back with support.

Level 2 - Fundamental Aquatic Skills: Skills learned include ~ Tread water. ~ Glide independently. ~ Float on front and back for 5 seconds independently. ~ Use combined arm and leg action on front and back for 5 body lengths independently.

Level 3 - Stroke Development: Builds on skills with practice in deeper water. Includes ~ Front crawl for 15 yards. ~ Tread in deep water for 30 seconds. ~ Swim elementary backstroke for 15 yards.

Level 4 - Stroke Improvement: Develops confidence and improves skills. Skills learned include ~ Swim front crawl and elementary backstroke for 25 yards. ~ Swim breaststroke, butterfly, sidestroke and backstroke for 15 yards.

Level 5 - Stroke Refinement: Develops stroke refinement and endurance. Skills learned include ~ Swim front crawl and elementary backstroke for 50 yards. ~ Swim breaststroke, butterfly, sidestroke and backstroke for 25 yards.

Level 6 - Swimming and Skill Proficiency: Level 6 has Fitness and Diving menu options in addition to ~ Endurance for front crawl, back crawl, breaststroke, elementary back stroke, sidestroke and butterfly and open and flip turns. ~ Swim 500 yards continuously using 3 strokes.

Skill Level	Time	Cost	Location	Date	Code	Sess
Levels 1-2 WITH parent	10:10-10:55 am	\$75	Comm Center	Sat, Oct 24 – Nov 21	412104-01	05
Levels 1-3 WITH parent	7:10-7:55 pm	\$89	Comm Center	Mon, Oct 12 – Nov 23 (ex Nov 2) Evening	412104-02	01
Levels 1-3 WITH parent	7:10-7:55 pm	\$89	Comm Center	Tues, Oct 13 - Nov 24 (ex Nov 3) Evening	412104-03	02
Levels 1-3 WITH parent	7:10-7:55 pm	\$75	Comm Center	Wed, Oct 21 – Nov 18 Evening	412104-04	03
Levels 1-3 WITH parent	7:10-7:55 pm	\$75	Comm Center	Thurs, Oct 22 – Nov 19 Evening	412104-05	04
Levels 2-3 WITH parent	8:20-9:05 am 11:05-11:50	\$75	Comm Center	Sat, Oct 24 – Nov 21	412104-06 412104-07	05
Levels 4-6	6:15-7:00 pm	\$89	Comm Center	Mon, Oct 12 – Nov 23 (ex Nov 2) Evening	412110-01	01
Levels 4-6	6:15-7:00 pm	\$89	Comm Center	Tues, Oct 13 - Nov 24 (ex Nov 3) Evening	412110-02	02
Levels 4-6	6:15-7:00 pm	\$75	Comm Center	Wed, Oct 21 – Nov 18 Evening	412110-03	03
Levels 4-6	6:15-7:00 pm	\$75	Comm Center	Thurs, Oct 22 – Nov 19 Evening	412110-04	04
Levels 4-6	9:15-10:00 am	\$75	Comm Center	Sat, Oct 24 – Nov 21	412110-05	05

Learn to Swim - [Click here for registration link](#)

Private Lessons - 30 Minute Classes

Class size is 1 teacher to 1 swimmer for age 18 months and older with any swimming ability. List swim level when prompted. [See page 58 for level selection.](#)

Skill Level	Time	Cost	Location	Date	Code	Sess
Private levels 1-2 WITH parent	8:00-8:30 am 8:40-9:10 am	\$105	Comm Center	Sat, Oct 24 – Nov 21	412202-01 412202-02	05
Private levels 1-2 WITH parent	9:30-10:00 am	\$125	Comm Center	Mon, Oct 12 – Nov 23 (ex Nov 2) Daytime	412202-03	06
Private levels 1-2 WITH parent	4:10-4:40 pm 4:50-5:20 pm 5:30-6:00 pm	\$125	Comm Center	Mon, Oct 12 – Nov 23 (ex Nov 2) Late Afternoon	412202-04 412202-05 412202-06	07
Private levels 1-2 WITH parent	9:30-10:00 am	\$125	Comm Center	Tues, Oct 13 - Nov 24 (ex Nov 3) Daytime	412202-07	08
Private levels 1-2 WITH parent	4:10-4:40 pm 4:50-5:20 pm 5:30-6:00 pm	\$125	Comm Center	Tues, Oct 13 - Nov 24 (ex Nov 3) Late Afternoon	412202-08 412202-09 412202-10	09
Private levels 1-2 WITH parent	9:30-10:00 am	\$105	Comm Center	Wed, Oct 21 – Nov 18 Daytime	412202-11	10
Private levels 1-2 WITH parent	4:10-4:40 pm 4:50-5:20 pm 5:30-6:00 pm	\$105	Comm Center	Wed, Oct 21 – Nov 18 Late Afternoon	412202-12 412202-13 412202-14	11
Private levels 1-2 WITH parent	9:30-10:00 am	\$105	Comm Center	Thurs, Oct 22 – Nov 19 Daytime	412202-15	12
Private levels 1-2 WITH parent	4:10-4:40 pm 4:50-5:20 pm 5:30-6:00 pm	\$105	Comm Center	Thurs, Oct 22 – Nov 19 Late Afternoon	412202-16 412202-17 412202-18	13
Private levels 1-2 WITH parent	9:30-10:00 am	\$105	Comm Center	Fri, Oct 23 – Nov 20 Daytime	412202-19	14
Private all levels	6:15-6:45 pm 6:55-7:25 pm 7:35-8:05 pm	\$125	Comm Center	Mon, Oct 12 – Nov 23 (ex Nov 2) Evening	412201-01 412201-02 412201-03	01
Private all levels	6:15-6:45 pm 6:55-7:25 pm 7:35-8:05 pm	\$125	Comm Center	Tues, Oct 13 - Nov 24 (ex Nov 3) Evening	412201-04 412201-05 412201-06	02
Private all levels	6:15-6:45 pm 6:55-7:25 pm 7:35-8:05 pm	\$105	Comm Center	Wed, Oct 21 – Nov 18 Evening	412201-07 412201-08 412201-09	03
Private all levels	6:55-7:25 pm 7:35-8:05 pm	\$105	Comm Center	Thurs, Oct 22 – Nov 19 Evening	412201-10 412201-11	04
Private all levels	9:20–9:50 am 10:00–10:30 am 10:40-11:10 am 11:20-11:50 am	\$105	Comm Center	Sat, Oct 24 – Nov 21	412201-12 412201-13 412201-14 412201-15	05
Private all levels	10:10-10:40 am 10:50-11:20 am 11:30 am-noon	\$125	Comm Center	Mon, Oct 12 – Nov 23 (ex Nov 2) Daytime	412201-16 412201-17 412201-18	06

Learn to Swim - [Click here for registration link](#)

Private Lessons - 30 Minute Classes

Class size is 1 teacher to 1 swimmer for age 18 months and older with any swimming ability. List swim level when prompted. [See page 58 for level selection.](#)

Skill Level	Time	Cost	Location	Date	Code	Sess
Private all levels	10:10-10:40 am 10:50-11:20 am 11:30 am-noon	\$125	Comm Center	Tues, Oct 13 - Nov 24 (ex Nov 3) Daytime	412201-19 412201-20 412201-21	08
Private all levels	10:10-10:40 am 10:50-11:20 am 11:30 am-noon	\$105	Comm Center	Wed, Oct 21 – Nov 18 Daytime	412201-22 412201-23 412201-24	10
Private all levels	10:10-10:40 am 10:50-11:20 am 11:30 am-noon	\$105	Comm Center	Thurs, Oct 22 – Nov 19 Daytime	412201-25 412201-26 412201-27	12
Private all levels	10:10-10:40 am 10:50-11:20 am 11:30 am-noon	\$105	Comm Center	Fri, Oct 23 – Nov 20 Daytime	412201-28 412201-29 412201-30	14

Semi-Private Lessons - 30 Minute Classes

These lessons are for **2 swimmers ages 3 years and older of similar skill level taught by 1 teacher**. Sign up for only **ONE** spot and list the name of the second swimmer when prompted. List swim levels when prompted. [See page 58 for level selection.](#)

Skill Level	Time	Cost	Location	Date	Code	Sess
Semi-Private levels 1-2 WITH parent	8:00-8:30 am 8:40-9:10 am	\$165	Comm Center	Sat, Oct 24 – Nov 21	412304-01 412304-02	05
Semi-Private levels 1-2 WITH parent	9:30-10:00 am	\$197	Comm Center	Mon, Oct 12 – Nov 23 (ex Nov 2) Daytime	412304-03	06
Semi-Private levels 1-2 WITH parent	4:10-4:40 pm 4:50-5:20 pm	\$197	Comm Center	Mon, Oct 12 – Nov 23 (ex Nov 2) Late Afternoon	412304-04 412304-05	07
Semi-Private levels 1-2 WITH parent	9:30-10:00 am	\$197	Comm Center	Tues, Oct 13 - Nov 24 (ex Nov 3) Daytime	412304-06	08
Semi-Private levels 1-2 WITH parent	4:10-4:40 pm 4:50-5:20 pm 5:30-6:00 pm	\$197	Comm Center	Tues, Oct 13 - Nov 24 (ex Nov 3) Late Afternoon	412304-07 412304-08 412304-09	09
Semi-Private levels 1-2 WITH parent	9:30-10:00 am	\$165	Comm Center	Wed, Oct 21 – Nov 18 Daytime	412304-10	10
Semi-Private levels 1-2 WITH parent	4:10-4:40 pm 4:50-5:20 pm	\$165	Comm Center	Wed, Oct 21 – Nov 18 Late Afternoon	412304-11 412304-12	11
Semi-Private levels 1-2 WITH parent	9:30-10:00 am	\$165	Comm Center	Thurs, Oct 22 – Nov 19 Daytime	412304-13	12
Semi-Private levels 1-2 WITH parent	4:10-4:40 pm 4:50-5:20 pm 5:30-6:00 pm	\$165	Comm Center	Thurs, Oct 22 – Nov 19 Late Afternoon	412304-14 412304-15 412304-16	13
Semi-Private levels 1-2 WITH parent	9:30-10:00 am	\$165	Comm Center	Fri, Oct 23 – Nov 20 Daytime	412304-17	14
Semi-Private all levels	6:55-7:25 pm 7:35-8:05 pm	\$197	Comm Center	Mon, Oct 12 – Nov 23 (ex Nov 2) Evening	412303-01 412303-02	01

Learn to Swim - [Click here for registration link](#)

Semi-Private Lessons - 30 Minute Classes

These lessons are for **2 swimmers ages 3 years and older of similar skill level taught by 1 teacher**. Sign up for only **ONE** spot and list the name of the second swimmer when prompted. List swim levels when prompted. [See page 58 for level selection.](#)

Skill Level	Time	Cost	Location	Date	Code	Sess
Semi-Private all levels	6:55-7:25 pm 7:35-8:05 pm	\$197	Comm Center	Tues, Oct 13 - Nov 24 (ex Nov 3) Evening	412303-03 412303-04	02
Semi-Private all levels	6:55-7:25 pm 7:35-8:05 pm	\$165	Comm Center	Wed, Oct 21 – Nov 18 Evening	412303-05 412303-06	03
Semi-Private all levels	6:55-7:25 pm 7:35-8:05 pm	\$165	Comm Center	Thurs, Oct 22 – Nov 19 Evening	412303-07 412303-08	04
Semi-Private all levels	9:20-9:50 am 10:00-10:30 am 10:40-11:10 am 11:20-11:50 am	\$165	Comm Center	Sat, Oct 24 – Nov 21	412303-09 412303-10 412303-11 412303-12	05
Semi-Private all levels	10:10-10:40 am 10:50-11:20 am 11:30 am-noon	\$197	Comm Center	Mon, Oct 12 – Nov 23 (ex Nov 2) Daytime	412303-13 412303-14 412303-15	06
Semi-Private all levels	10:50-11:20 am 11:30 am-noon	\$197	Comm Center	Tues, Oct 13 - Nov 24 (ex Nov 3) Daytime	412303-16 412303-17	08
Semi-Private all levels	10:10-10:40 am 10:50-11:20 am 11:30 am-noon	\$165	Comm Center	Wed, Oct 21 – Nov 18 Daytime	412303-18 412303-19 412303-20	10
Semi-Private all levels	10:50-11:20 am 11:30 am-noon	\$165	Comm Center	Thurs, Oct 22 – Nov 19 Daytime	412303-21 412303-22	12
Semi-Private all levels	10:10- 10:40 am 10:50-11:20 am 11:30 am-noon	\$165	Comm Center	Fri, Oct 23 – Nov 20 Daytime	412303-23 412303-24 412303-25	14



WATER AEROBICS

Let's stay in shape! Tone your muscles, improve your cardio-vascular system, have fun and stay fit with the help and buoyancy of water to support your joints. This is a great form of exercise for water lovers.

[Maple Grove Community Center Pool](#)

Mondays, October 5 - December 14

7:15 – 8:00 pm \$104 (11 ses)

412401-01

Wednesdays, October 7 – December 16

7:15 – 8:00 pm \$104 (11 ses)

412401-02



Like us on Facebook!

www.facebook.com/grovecoveaquaticcenter

Registration Dates

Seniors/55 Forward program registration starts **Monday, August 24, 2020 at 9:00 am.**

General program registration starts **Monday, August 24, 2020 at 9:00 am.**

Swim and evening Water Aerobics registration begins **Wednesday, September 16 at 9:00 am.**

The fastest and easiest way to register is online at webtrac.maplegrovern.gov. All Parks & Recreation programs are available to register electronically **EXCEPT** music, Playhouse Preschool and Defensive Driving. Set up your account before registration and move classes into your wishlist to save time!

Four Easy Ways To Register!

ONLINE WITH WebTrac

Log on to
webtrac.maplegrovern.gov
Click on Create an Account.
Create a login (your email
address) and password.

MAIL

Mail form (below)
to: Maple Grove
Parks & Recreation
12951 Weaver Lake
Rd, Maple Grove,
MN 55369-9409.

FAX (processed at random)

Fax form (below) to
secure fax
763-494-6456.

WALK-IN REGISTRATION

Monday through Friday,
7:00 a.m. - 6:00 p.m. at
the Maple Grove
Community Center.

Payment must accompany registration; VISA, MasterCard, Discover, cash or check. Make checks payable to Maple Grove Parks and Recreation. Sorry, we cannot accept registrations over the phone. We do not send enrollment confirmations. You will be contacted only if the program is canceled or changed.

Reduced Fee Recreation Program: Through the financial assistance of local community organizations, the Parks and Recreation Board offers reduced fee recreation programs to low income families living in the City of Maple Grove or have children that attend school in the City of Maple Grove. Families that qualify may have each child in the family participate in one program each year for 50% of the normal participation fee (not to exceed \$100.00). If you are interested or have any questions about the program, please contact Aimee at 763-494-6510.

MAIL-IN AND FAX (763-494-6456) REGISTRATION FORM (processed at random)

NAME _____ GENDER ____ AGE ____ BIRTHDATE _____

ADDRESS _____ CITY _____ ZIP _____

PHONE: HOME _____ BEST DAY NUMBER _____ CELLPHONE _____

E-MAIL _____

ACTIVITY CODE _____ ACTIVITY TITLE _____ SKILL LEVEL (if applicable) _____

LOCATION _____ DATE _____ TIME _____ AMOUNT _____

CONSENT TO RELEASE INFORMATION & RELEASE OF LIABILITY

I shall indemnify, defend, and hold the City of Maple Grove and the Parks and Recreation Board harmless from any liability against all claims, losses, damages, person's injury or worse during participation in registered programs. In accordance with the Minnesota Government Data Practices Act, the Park Board hereby informs you that the personal information we are requesting of you and/or your child or guardian on this form is considered private. This private data is available to you, city staff, coaches and instructors who need this information to perform their duties, but not to the public. While you may choose to withhold this data, the consequences could be that you may not receive updated program information such as schedule changes. I further give consent to have any photos or videos taken during the program to be used for promotional materials. Either/both of these consents may be cancelled in writing at any time. The completion of this form signifies your acceptance with the hold harmless agreement and two consents.

Parent's Signature (if minor) or Participant's Signature

CHECK NO. _____ Credit Card Authorized Signature _____

VISA/Discover/MasterCard # _____ Expiration _____ Security Code on back _____



VETERANS MEMORIAL

Visit the newly constructed Veterans Memorial at Central Park, 12000 Central Park Way and pay tribute to our Armed Forces.

Sponsorships Available

Salute our armed forces by sponsoring an engraved paver at the Veterans Memorial, located at Central Park of Maple Grove. Three paver sizes are available, maplegrovern.gov/parks-and-recreation/park-sponsorships. Pavers ordered prior to August 15, 2021 will be installed in the fall of next year.

Maple Grove Parks and Recreation Board
12951 Weaver Lake Road
Maple Grove, MN 55369
maplegrovemn.gov

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